TECHNICAL REPORT

75-53-FSL

MICROBIOLOGICAL ANALYSIS OF THE FOOD PREPARATION AND DINING FACILITIES AT FORT MYER AND BOLLING AIR FORCE BASE

by
I
Gerald J. Silverman
I
Edmund M. Powers
I
Durwood B. Rowley

Approved for public release; distribution unlimited.

February 1975

UNITED STATES ARMY
NATICK LABORATORIES
Natick, Massachusetts 01760



Food Sciences Laboratory

Approved for public release; distribution unlimited.

Citation of trade names in this report does not constitute an official indorsement or approval of the use of such items.

Destroy this report when no longer needed. Do not return it to the originator.

SECURITY CLASSIFICATION OF THIS PAGE (When Data Entered)

SECURITY CLASSIFICATION OF THIS PAGE (Michi Zuta Zincres)					
REPORT DOCUMENTATION PAGE	READ INSTRUCTIONS BEFORE COMPLETING FORM				
1. REPORT NUMBER 2. GOVT ACCESSION NO.	3. RECIPIENT'S CATALOG NUMBER				
75–53–FSL					
4. TITLE (end Subtitle)	5. TYPE OF REPORT & PERIOD COVERED				
Microbiological Analysis of the Food Preparation and	#				
Dining Facilities at Fort Myer and Bolling Air Force Base	6. PERFORMING ORG. REPORT NUMBER				
	9450 T				
7. AUTHOR(s)	8. CONTRACT OR GRANT NUMBER(#)				
Gerald J. Silverman; Edmund M. Powers and					
Durwood B. Rowley	ū.				
9. PERFORMING ORGANIZATION NAME AND ADDRESS	10. PROGRAM ELEMENT, PROJECT, TASK AREA & WORK UNIT NUMBERS				
Food Sciences Laboratory	Man a norm om r nome and				
U.S. Army Natick Laboratories, Natick, Mass. 01760	O & MF				
11. CONTROLLING OFFICE NAME AND ADDRESS	12. REPORT DATE				
U.S. Army Natick Laboratories	February 1975				
o.o. / Tilly Thatlett Edwards 190	13. NUMBER OF PAGES 35				
14. MONITORING AGENCY NAME & ADDRESS(it different from Controlling Office)	15. SECURITY CLASS. (of this report)				
	11 1 20 1				
	Unclassified 15a, DECLASSIFICATION/DOWNGRADING				
	15a, DECLASSIFICATION/DOWNGRADING SCHEDULE				
Approved for public release; distribution unlimited. Citation of trade names in this report does not constitute an of the use of such items.	official indorsement or approval				
Destroy this report when no longer needed. Do not return i	t to the originator.				
17. DISTRIBUTION STATEMENT (of the abstract entered in Block 20, if different from	m Report)				
and the state of t	*				
18. SUPPLEMENTARY NOTES					
19. KEY WORDS (Continue on reverse side if necessary and identify by block number)					
Sanitation Food Thermometers					
Military Feeding Food Products Water Temper Military Facilities Temperature Rinse Water T					
Military Facilities Temperature Rinse Water 7 Evaluation Microbial Analyses Warewashing	GIIIPOTALUI G				
Swahbing Thermometers					
20. ABSTRACT (Continue on reverse side if necessary and identify by block number)					
Two feeding facilities, Ft. Myer and Bolling Air Force Baquality of their products and the state of their sanitation.					
With the exception of a cream pie, produced and served at Bolling Air Force Base, all					

With the exception of a cream pie, produced and served at Bolling Air Force Base, all food samples were well within the recommended microbial constraints. Sanitation at Ft. Myer was superior to that at Bolling Air Force Base, whereas the incidence of improper cooking and serving temperatures noted were comparable.

Two additional monitoring aids, a paper thermometer "thermo-label", used to determine the adequacy of the rinse water temperature of the warewasher and a swab technique capable

			SIFIE		N OF	THIS P	AGE(W	ien Data l	Enter	ed)				8 8° 0° 0			
20).	(cor	ıt'd)								ucoful	aide	in	evaluating	canitary	practions	
OI	DE	ang	usea	113	uie	riela	were	Tourid	ιο	De	useiui	aius	111	evaluating	samtai y	practices.	
																8	
												7					
																	25 77

FORWARD

- The U. S. Army Natick Laboratories (NLABS) was requested by the U. S. Army Troop Support Agency, Fort Lee, Va. (USATSA Letter, DALO-TAD-T, 9 August 1973) to evaluate the Food Service Contractual Operations at the Tri-Service Dining Facility at Fort Myer, Arlington, Va., and the Consolidated Dining Facility at Bolling Air Force Base in Washington, D.C. The Food Microbiology Group of the NLABS was subsequently assigned the following responsibilities:
 - 1. To evaluate the sanitation of the facilities.
 - 2. To determine the microbiological quality of foods on the serving line.
 - 3. To obtain time-temperature profiles of the food during preparation and serving.

This study was conducted under the O and MF Program, Modern Army Food Service Systems.

ACKNOWLEDGMENTS

The authors wish to acknowledge the cooperation of the following individuals:

- 1. Mr. Edward J. MacGlone, Mr. Elzie I. Nelson, and Captain David Donofrio at the Veterinary Division, 1st U.S. Army Medical Laboratory, Ft. George Meade, Maryland, for conducting the microbiological analyses in their laboratory.
- 2. The personnel at both Ft. Myer and Bolling Air Force Base who cooperated with our efforts to make this study more effective.

TABLE OF CONTENTS

	Page
List of Tables	v
Introduction	1
Experimental Procedure .	1
Microbiological Analysis	1
Analysis of Food Items Analysis by RODAC Plates Analysis by Swabs Temperature Monitoring Microbiological and Temperature Criteria	3 3 4 4
Sanitation	5
RODAC Plates Swab Temperature Monitoring	5 5 5
Results	6
Microbiological Analysis of Meat Items	6
Microbiological Analysis of Salad Items	6
Coagulase Positive Staphylococci	12
Cooking and Serving Temperatures	12
Sanitation as Determined by RODAC Plates and the Swab Technique	12
Temperature of the Washing Machines	24
Visual Evaluation	24
Relationship Between Visual Evaluation and RODAC Analysis of Sanitation	24

TABLE OF CONTENTS (cont'd)

	8	Page
Discussion	20 (H	27
Recommendations	•	28
Summary .		29
Appendix		30
Visual Evaluation		30
Ft. Myer Bolling Air Force Base		30 32

LIST OF TABLES

	ψ.	Page
1.	Percentage of Meals Served at Ft. Myer and Bolling Air Force Base	2
2.	Microbiological Analysis of Meat Items Sampled at Ft. Myer	7
3.	Microbiological Analysis of Entree Items and Other Menu Items Sampled at Bolling Air Force Base	8
4.	Microbiological Analysis of Raw and Cooked Salad Items Sampled at Ft. Myer and Bolling Air Force Base	9
5.	Reasons for Selecting Particular Food Items for Analysis	10-11
6.	Cooking and Serving Temperatures at Ft. Myer and Bolling Air Force Base	13–19
7.	Evaluation of the Sanitary State of Surfaces by RODAC Plates	20
8.	Distribution of RODAC Plate Counts of Surfaces Examined at Ft. Myer	21
9.	Distribution of RODAC Plate Counts of Surfaces Examined at Bolling Air Force Base	22
0.	Microbiological Examination of Food Contact Surfaces by the Modified Swab-Millipore Technique	23
1.	Temperature Achieved in the Warewasher and Pot/Pan Washer as Measured by Thermolabel Papers	25
12.	A Comparison Between Visual and RODAC Plate Evaluation of Surfaces	26

INTRODUCTION

An effort was made to determine the microbiological quality of some foods being served at the Tri-Service Dining Facility at Ft. Myer and the Consolidated Dining Facility at Bolling Air Force Base. At the same time the time-temperature profiles of the food during preparation and serving was determined and sanitation was evaluated.

An attempt was made to evaluate facilities and clean-up procedures visually and, wherever feasible, to corroborate these observations with more quantitative techniques. These studies also involved an evaluation of innovative monitoring procedures such as a modified swabbing technique and the use of paper thermometers for the warewashing operation.

Ft. Myer and Bolling Air Force Base represented two very dissimilar operations and physical plants. The facility at Ft. Myer was more elaborate and had a spacious, clean and airy appearance. At Ft. Myer approximately 2600 meals were served per day as compared to about 1000 at Bolling Air Force Base (Table 1). There were always one supervisor and at least 2 cooks on duty at all times, plus a stable and adequate clean-up crew with well designated duties; and the contractor was allowed to purchase menu ingredients on the commercial market.

At Bolling Air Force Base the housekeeping was inferior to that at Ft. Myer. The equipment was inadequate, and periodically malfunctioning; there was a large dependency upon part-time high school students for clean-up operation. The contractor at Bolling Air Force Base prepared government furnished food.

EXPERIMENTAL PROCEDURE

The study was conducted over a 6 day period, 28 April through 2 May 1974. The initial three days were spent at Ft. Myer and the remaining 3 days at Bolling Air Force Base. Each base was notified beforehand of the investigators' arrival but no attempt was made by the investigators to describe testing procedures nor the routine to be followed. While it is difficult to evaluate the influence of the monitors on normal activities, any obvious deviations either in procedures or in results which can be ascribed to the monitors activities will be noted.

Microbiological Analysis

All analyses were conducted by personnel of the Microbiological Laboratory, Veterinary Division, 1st U.S. Army Medical Laboratory, Ft. George Meade, Maryland, following procedures prescribed by the authors. Samples for analysis at each facility were placed in sterile plastic Whirl-Pak bags (Scientific Products) and packed in ice chips in an insulated container until delivered to Ft. Meade. The samples were never more than 30 hr. old and usually less than 24 hr. old, at the time of analysis.

Table 1

Percentage of Meals Served at Ft. Myer and Bolling Air Force Base

(4)		Percentage
	Ft. Myer	Bolling Air Force Base
Breakfast-regular	27.2	21.1
Breakfast-continental	0.6	_
Lunch-regular	27.3	31.0
Lunch-short order	5.2	8.6
Dinner-regular	19.8	35.3
Dinner-short order	3.4	н
Dinner-late	9.9	
Breakfast-early	6.6	4.0
Average number of meals served per day	2,596	984

The media employed in this study were prepared, packaged and sent to the laboratory by Hospital Supply Corporation, Andover, Ma. Shipment was by Air Freight, the time for delivery being less than 12 hr. Upon receipt the media were, with the exception of RODAC (replicate organism detection and counting) plates, stored and maintained at 5 C or lower. RODAC plates were stored at room temperature for 24 hr before use.

Analyses of Food Items

The food items were analyzed for the following indices:

- Aerobic Plate Count (APC; CFU/g)
- 2. Confirmed Coliform (MPN/g)
- 3. Fecal Coliform (MPN/g)
- 4. Coagulase Positive Staphylococci (Organisms/g)

The analysis for specific indices was as described in the Bacteriological Analytical Manual (BAM) for Foods of the Food and Drug Administration except as follows: The food samples were homogenized in 0.1% peptone, pH 7 and 0.1 ml aliquots of several dilutions were spread on prepoured plate count agar. To determine coliform and fecal coliform MPN/g 10 ml of the 1:10 food slurry was placed in 20 ml of double strength lauryl sulfate broth for the initial dilution.

Analysis by RODAC Plates

In addition, as noted above, to tempering RODAC plates for 24 hrs. prior to use, excessive moisture on the cover was removed by removing the cover and shaking. After use the plates were usually incubated for 24 hr. at room temperature, whereupon, they were transported to the laboratory and incubated at 35 C for an additional 24 hr. before counting. The number of plates used for an evaluation of the sanitation of a surface was related to the area under consideration with the following guide being employed:

No. of square feet	No. of RODAC plates
$\leq 1 \ (\leq 0.093 \ \text{m}^2)$	1
$1-2 (0.093 - 0.186 \text{ m}^2)$	2
$2-5 (0.186 - 0.465 \text{ m}^2)$	4
$5-25 (0.465 - 2.323 \text{ m}^2)$	8
25-100 (2.323 - 9.290 m ²)	12

Analysis by Swabs

The use of swabs was introduced into the study to enable the examination of surfaces not suitable for testing by RODAC plates. Using the conventional swab technique, requiring serial dilution and plating, would have placed an additional burden on the laboratory.

In collaboration with Millipore Corporation, Bedford, Ma., a field test was devised. This entailed the use of swabs (Swabtube, Lab-Tek, Scientific Products), a buffered rinse solution (Standard Methods: For the Examination of Dairy Products, 12th Ed. pp 142-147, ALPHA N.Y., N.Y.) and the Millipore Total Count Water Tester (MT 00 00025). The procedure for swabbing was to place 10 ml of the rinse solution into the Swab-tube, moisten the swab with diluent and swab an estimated area of 4 in² (25.8 cm²), 25 times, in each of two directions; the two directions being at right angles. The tip of the swab was broken into the 10 ml of rinse solution and shaken 25 times. After the rinse solution was poured into the case of the water tester and the volume adjusted with sterile rinse water to a volume of 18 ml, the water tester was immersed for 30 sec. to allow the absorption of 1 ml. The tester was removed from the case, the rinse solution was discarded, and the tester shaken to remove adhering droplets and reinserted into its case. After use, the testers were kept at room temperature overnight followed by incubation for 24 hr at 35 C. The number of colonies on the tester was multiplied by 18 to give CFU/swab/4 in² (25.8 cm²).

Temperature Monitoring

The temperature of raw materials, and foods during cooking, storage, and serving were measured with Weston dial thermometers (Model 2292), having scale divisions of 2 F (1.1 C) and which were calibrated in boiling water.

Thermolabel temperature indicators (Paper Thermometer Company, Inc., Natick, Mass.) were used to determine the highest temperature attained by china and pots and pans in warewashers and pot and pan washers. The pressure-sensitive adhesive papers were randomly located on china dishes or on a pot or pan. Only those thermolabel papers which completely turned black were considered positive.

Microbiological and Temperature Criteria

The following criteria were employed as a guide:

Aerobic Plate Count:

Entree items, cooked vegetables

and cooked salads: Not more than 1 x 10⁵ Cfu/g

Raw salad ingredients: No criteria

Cream pie: Not more than 5×10^4 CFU/g

Coliform MPN Count:

Cooked items: Not more than $1 \times 10^2/g$

Raw salad ingredients: No criteria

Fecal Coliform MPN Count:

Cooked items: None in 1 g

Raw salad ingredients: No criteria

Coagulase Positive Staphylococci (Staphylococcus aureus):

Cooked items: No criteria

Raw salad ingredients: No criteria

Sanitation

RODAC Plates

A satisfactorily sanitized surface is one for which half or more of the total number of plates used for an evaluation must contain 50 CFU/4 in² (25.8 cm²) or less with no plate exceeding 100 CFU/25.8 cm². This is equivalent to allowing an average of not more than 75 CFU/25.8 cm² when an even number of plates are used for an evaluation. The average of 75 CFU/25.8 cm² is an appropriate but inexact guide when an odd number of plates are used, since the maximum average which can be obtained using an odd number of plates approaches 75 CFU/25.8 cm².

Swab

No criterion proposed at this time.

Temperature Monitoring

The following constraints were also monitored:

Cooking temperature (Internal): 165 F (74 C) except for roasts (beef and pork) which may be cooked to 150 F (66 C).

Serving temperature of chilled items: 45 F (7 C) or below is preferrable; the food temperature should not exceed 55 F (13 C) at any time during the display period.

Temperature of the surface of china during the final rinse in the warewasher and of a pan in the pot and pan washer: 160 F (71 C).

RESULTS

Microbiological Analyses of Meat Items

The analyses of cooked and uncooked meat items served at Ft. Myer is presented in Table 2. The reasons for their selection are presented in Table 5. In most instances the internal temperature of the item after cooking or during serving did not meet the criteria. In some instances samples were obtained of items for which both the cooking and serving temperature were too low. Sixteen entree items, 2 frankfurter samples (served at too low a temperature) and 1 inadequately refrigerated sandwich meat sample were selected for analyses. In no case did the APC exceed 100,000 CFU/g and only 2 samples exceeded 50,000 CFU/g. In only one sample were coliforms detected (sample 28) but at less than the tentative criterion of 100 MPN/g. Fecal coliforms were absent in all samples analyzed.

The same temperature criteria were used to select samples for analyses at Bolling Air Force Base (Table 3). Six meat entree items, 3 potatoes, 1 frankfurther and 1 cream pie were analyzed. The cream pie contained an APC in excess of 50,000 CFU/g (260,000 CFU/g) but had less than 100 coliforms and no fecal coliforms were present. The remaining samples had aerobic plate counts below 10,000 CFU/g and were devoid of coliforms.

Microbiological Analyses of Salad Items

The data in Table 4 indicates the wide variations in microbial counts to be encountered when examining raw vegetables. In all instances the display temperature of raw and cooked salad items was in excess of 45 F (7 C) and 12 out of the 14 samples were above the recommended temperature of 55 F (13 C).

The APC of 8 samples of raw vegetables prepared at Ft. Myer varied from 13 \times 10⁴ CFU/g (Sample 10) to 13 \times 10⁶ CFU/g (Sample 4). Sample 4 consisted of outer leaves which had been separated and made available to customers for sandwiches and were usually displayed with a minimum of refrigeration. Of the 8 samples consisting of lettuce and/or cabbage and carrots, 6 contained coliforms in excess of 100 MPN/g. A carrot (Sample 11) that had not been properly washed and trimmed was found to possess fecal coliforms. The chopped onion was a commercial product, purchased in a dehydrated form, and was of excellent microbiological quality.

The APC of 8 samples of raw salad items from Bolling Air Force Base varied from 1×10^5 to 5.7×10^6 CFU/g. Seven samples had coliforms in excess of 100 MPN/g and three samples contained fecal coliform organisms. Three cooked salad items, even though subjected to temperature abuse during preparation and/or display had an APC of less than 100,000 CFU/g, less than 10 coliforms/g and no fecal coliforms per gram.

Table 2
Microbiological Analyses of Meat^a Items Sampled at Fort Myer

Sample No.	Item	Cook °F		erature Servi °F	ing °C	Aerobic Plate Count (CFU/g)	Coliform ^C (MPN/g)
1	Swiss steak			132	56	400	0
2	Corned beef			118-134	48-57	<100	0
2 5	Ham	168		110-115	43-46	700	0
6 7	Corned beef			116-124	47-51	1,800	0
7	Fried chicken			100	38	900	0
13	Meat loaf	138-170	. 59-77	121-144	49-62	13,000	0
14	Breaded hamburger			136-142	58-61	800	0
15	Meat loaf	138-170	59-77	122	50	21,500	0
16	Meat loaf	138-170	59-77	113-124	45-51	22,500	0
17	Roast beef	128-140	53-60	120	49	94,500	0
20	Corned beef	1 **				300	0
21	Macaroni and beef				9	300	0
23	Roast pork	172-186	78-86	-		44,000	0
24	Roast pork	172-186	78-86	128-132	53-56	250	0
26	Creamed chicken					9,300	0
28	Roast pork					28,500	46
9	Frankfurter			98	37	2,200	0
15	Frankfurter			104	40	3,900	0
18	Ham, Salami ^b			70	21	77,000	0

^aUnless otherwise noted these items were cooked.

^bUncooked.

^CNone of the samples contained fecal coliforms and all had less than 100 Staphylococcus aureus/g.

			Tempe		:*0	Aerobic Plate	O 1111C
Sample		Cook	ing	Servi		Count	Coliform ^C
No.	Item	°F	°C	°F	°C	(CFU/g)	(MPN/g)
35	Roast pork	150-170	66-77	120-130	49-54	8,800	0
	Roast pork			122	50	<400	0
37	ATO CONTRACTOR OF PROCESSION AND	126-142	52-61			600	0
42	Ham	188	87	134	57	300	0
43	Baked chicken	100	0,	114	46	200	0
45	Pork	168	76	160	71	1,000	. 0
48	Turkey roll	100	70		57350	900	0
12	Rehydrated potatoes	400 444	42-46	124	51	2,100	0
25	Fried potato puff	108-114	42-40		43-47	900	0
39	Mashed potato			110-116		800	Ö
41	Frankfurter	6	~	160 	71		24
40	Cream pie			RT ^b		260,000	24

^aUnless otherwise noted the items analyzed were cooked.

^bRoom temperature.

: 00

^cNone of the samples had fecal coliforms and all had less than 100 Staphylococcus aureus/g.

Table 4

Microbiological Analysis^a of Raw and Cooked Salad Items Sampled at Fort Myer and Bolling Air Force Base

						,
Sample No.	Item		ring erature °C	Aerobic Plate Count (CFU/g x 10 ⁶)	Coliform (MPN/g)	Fecal Coliform (MPN/g)
	Fort Myer			74 6		
3 4 8 10 11 10A 19 22 27	Salad - lettuce, cabbage, carrots Lettuce - outer leaves Salad Lettuce Carrot Salad - lettuce and tomato Salad - lettuce Lettuce Chopped onions	58 62-66 58-64 — — 66 52-60 —	14 16-19 14-18 19 11-16	1.9 13.0 2.5 0.13 0.44 0.27 - 0.84 0.011	>1100 >1100 >1100 0.73 >1100 21 >1100 240 0	0 0 0 0 2.3 0 0 0
•	Bolling Air Force Base					
31 32 33 36 38 44 46 47 34 49	Lettuce Salad - lettuce Lettuce, tomato, mayonnaise Salad - lettuce Potato salad Macaroni-Cheese salad Macaroni-Cheese salad	82 60 60 60 54 54 88 86	28 16 16 16 12 12 31 30	0.64 5.70 1.40 0.14 0.29 4.7 2.3 0.10 0.058 0.014 0.004	15 >1100 1100 210 >1100 >1100 1100 460 2.3 9.3 2.3	0 0 0 3.9 15 2.8 0 0 0

^aAll samples had less than 100 *S. aureus*/g.

--

Table 5

Reasons for Selecting Particular Food Items for Analysis

Sample N	No. Time Sampled	Comment
Cooked	Items	. ×
1	1100	Serving temperature (ST) too low
2	1100	ST too low
5	1700	ST too low
6	1700	From dinner, ST too low, sliced
7	1700	From dinner, ST too low
13	1020	ST too low, sliced, no gloves
14	1020	Deep-fat fried
15	1700	From dinner, ST too low
16	1700	From dinner, ST too low
17	1700	Thawed at room temperature, ST and cooking temperature (CT) too low
20		From previous day
21		Stored in refrigerator 3-4 days
23	0810	From slicing machine
24	1010	ST too low
26		Taken off serving line, placed while hot in refrigerator (covered) overnight
35	1630	After slicing
37	0830	From previous day, taken off serving line at 124 F (51 C) covered and refrigerated overnight
42	1500	Immediately after slicing
43	1540	Cooked to a high temperature, ST too low
45	1700	Prepared previous day (sample 35), reheated
48	1500	Sliced on uncleaned machine previously used for raw vegetables
12	0845	Rehydrated at room temperature
25	0010	Breaded, fried in deep fat
39	1115	ST too low
Salad		
3	1100	ST too high, from serving line
4	1100	Lettuce-outer leaves
8	1730	

Table 5 (cont'd)

Reasons for Selecting Particular Food Items for Analysis

Sample No.	Time Sampled	Comment
Salad (cont'd)		y *
10	0645	Lettuce — in the sink, washed
11		Carrot, from Hobart, unwashed
10A	1040	Immediately after display
22	0800	In the sink
31	1000	In the sink — did not wash well
36	1700	Same batch as sample 31
47		Very good appearance
49	1400	Macaroni made in salad area, mixed with vegetables at 100 F (38 C) left at room temperature cooked and displayed
50	1645	Sample 49 displayed on ice
27,32,33,38, 44,46,34		Display temperatures too high

There did not appear to be any direct relationship between the higher APC (> 1 \times 10⁶/g) and the presence of fecal coliforms in salads. Three out of 4 samples containing fecal coliforms had an APC of less than 3 \times 10⁵ CFU/g. While there was a tendency for the higher coliform count to be associated with the higher APC counts (> 1 \times 10⁶/g), there were a number of exceptions (samples 11, 22, 38, 47). All 4 samples (11, 36, 38, 44) containing fecal coliforms also had coliform counts of greater than 100 MPN/g. However, the converse of this was not true.

Coagulase Positive Staphylococci

No coagulase positive staphylococci (*S. aureus*) were found in any food sample. Presumptive isolates from Baird-Parker agar were isolated from salad (sample 8), raw carrots (sample 11), corned beef (sample 20), and shredded pork (sample 28). Representative isolates after purification proved to be either rods or coagulase negative, DNase negative, catalase positive cocci.

Cooking and Serving Temperatures

The cooking and serving temperatures monitored at both facilities are presented in Table 6. Of the 8 items monitored at Ft. Myer for cooking, 5 (63%) were not consistently heated to the recommended internal temperature. Of the 54 cooked items monitored on the serving line, 32 (59%) were found to be below the recommended serving temperature of 140 F (60 C). The temperature of all nine items displayed in the chilled state were in excess of 55 F (13 C).

At Bolling Air Force Base 2 of the 7 (29%) items monitored were not routinely cooked to an internal temperature of 165 F (74 C) or greater. The serving temperature of 11 out of 50 (22%) cooked items were below 140 F (60 C). Three out of 6 chilled salads had display temperatures exceeding 55 F (13 C).

None of the cooks at Ft. Myer and one cook at Bolling Air Force Base employed a thermometer for determining the proper cooking temperature.

Sanitation as Determined by RODAC Plates and the Swab Technique

The sanitary quality as measured by RODAC plates was somewhat superior at Ft. Myer (Tables 7, 8 and 9). Some items at Ft. Myer such as stainless steel tables, interior surface of the Hobart machine, pans, and a steam table on the serving line were unsatisfactory. Of the 14 items evaluated, 3 were unsatisfactory. A higher proportion of surfaces, 9 out of 15 were found to be unsatisfactory at Bolling Air Force Base.

The results of the swab analyses (Table 10) taken at both facilities are not comparable to those obtained with RODAC plates since they were not performed at the same time or on adjacent surface areas. However, note should be taken of the extremely high swab

Table 6

Cooking and Serving Temperatures at Ft. Myer and Bolling Air Force Base

Temperature ^b				atureb			
	9232			Cooki			
	Date	Time	Item	°F	°C	°F	°C
	28 April	1030	Beef (2) ^a Chili-macaroni Swiss steak (1) Chicken Beets Cabbage Mixed vegetables Potato Cottage cheese Mixed green salad (3) (4)	132—156	56-69	118—124 168 130—134 116—154 130 162 164—166 124—126 . 54	48-51 76 54-57 47-68 54 72 73-74 51-52 12
ລີ		1700	Ham (5) Corned beef (from lunch) (6) Swiss steak Chicken (from lunch) (7) Spaghetti sauce Mixed vegetables (from lunch) Cauliflower Potato (mashed) Green salad (8) Frankfurter (9)			110-115 116-124 132-152 98-100 138 126 132-136 100-120 58-64 98	43-46 47-51 56-67 37-38 59 52 56-58 37-49 14-18 37
٠		2100	Fried chicken Spaghetti Green salad (10)	190—204	88–96	140—160 130—156 54—58	60-71 54-69 12-14
	29 April	0645	Cream of wheat Fried potato Sausage			158 144—152 96—116	70 62–67 36–47

Table 6

Cooking and Serving Temperatures at Ft. Myer and Bolling Air Force Base (cont'd)

			Temperature ^b			
Date		Ft. Myer	Cook		Servi	ng
Date	Time	Item	°F	°C	°F	°C
29 April	0830—1345	Meat loaf (13) (15) Corned beef (from 28 April) Hamburger steak (14) Macaroni and cheese Stewed tomato Peas Bean soup	140—174	60—79	124—144 134—160 136—142 150—156 140 155 162	51-62 57-71 58-61 66-69 60 68 72
	1345	Roast beef Stuffing Pork chops and stuffing	122-140 130 170-198	50—60 54 77—92	¥	
	1420	Frankfurter (15) Green salad (10 A)			104 70	40 21
	1705	Roast beef (17) Meat loaf (16) Pork chop & stuffing Corned beef (20) Macaroni and cheese Creamed corn Sandwich meat (ham, salami) (18) Green salad (19)			120—140 113—124 113—156 — 142 134 70 52—60	49—60 45—51 45—69 61 57 21 11—16

Table 6

Cooking and Serving Temperatures at Ft. Myer and Bolling Air Force Base (cont'd)

		Temperature ^b					
Dete	Ft. Myer		Cook	ing	Serving		
Date	Time	Item	°F	°C	°F	°C	
30 April	0810	Fried potato			150	66	
		Pork roast (23)	172—186	78–86			
	0900—1000	Fried potato (25) Stuffing Pork chops (from yesterday) Fried fish sticks Roast pork (24) Mashed potatoes Carrots (canned) Broccoli Vegetable noodle soup	108—114	42–46	122-124 174-186 152-154 160-166 128-132 140-144 142-144 162 170	50-51 79-86 67-68 71-74 53-56 60-62 61-62 72	
	1200	Roast beef (South Post) Roast pork (South Post)			144 136	62 58	
x. 2€	1650	Fried chicken-cream sauce (26) Steak Fried potato Tomato and onion Lima Beans Soup Green salad Chopped onion (27)			132-140 130-140 124-138 160 114 130-146 66 84	56-60 54-60 51-59 71 46 54-63 19	

Table 6

Cooking and Serving Temperatures at Ft. Myer and Bolling Air Force Base (cont'd)

				Temperature ^b			
		_	Bolling Air Force Base	Cookir	ng	Servin	g
	Date	Time	Item	°F	°C	°F	°C
	1 May	1000—1150	Breaded veal chops Meat loaf Noodles, cheese, meat and sauce (from supper)	180—184	82-84	138—146 146—150 162—170	59–63 63–66 72–77
16			Rice Potato Spinach Beans Gravy Soup Green salad (32) (33) (31)			132-148 116 168 148-152 163 188 50-60	56-64 47 76 64-67 73 87 10-16
0,		1310—1530	Meat loaf (drying out) Rice (drying out) Mashed potato String beans Spinach			140 142 132—136 126 140	60 61 56–58 52 60
	1 May	1430	Pot roast	150—170	66-77		
		1530—1745	Roast pork (35) Frankfurter (entree) Noodles Mashed potato Potato salad (34) Spinach Soup Green salad (36)			120-130 130-132 126-148 132-156 52-54 142 130-160 60	49-54 54-56 52-64 56-69 11-12 61 54-71

Table 6

Cooking and Serving Temperatures at Ft. Myer and Bolling Air Force Base (cont'd)

					Temperature ^b			
			Bolling Air Force Base		Cooking		Serving	
	Date	Time	Item		°F	°C	°F	°C
	2 May	1000—1300	Lasagna Spare ribs Sauerkraut Mashed potato (39)	. *	174—190 162—164	79–88 72–73	154—188 156—160 110—182 110—142	68–87 69–71 43–83 43–61
		1130	Gravy Frankfurter (41)				156 160	69 71
		1505	Lasagna (warming oven)				138	59
17		1530	Chicken (warming oven) (43)				188	87
7		1540	Baked chicken Ham (42) Pork (from 1 May) (37) (45) Frankfurter Rice Lima beans String beans Green salad (38) (44)				172—182 132—144 114 186 192 190 192 56—60	78–83 56–62 46 86 89 88 89 13–16
	3 May	1100—12001	Pork chops Swiss steak Mashed potato Cabbage				134—158 188 148 142—166	57-70 87 64 61-74

Table 6

Cooking and Serving Temperatures at Ft. Myer and Bolling Air Force Base (cont'd)

	4			Temperature ^b				
	Date	Time	Bolling Air Force Base Item	°F	oking °C	Servin °F	°C	
	2 May	1000—1300	Lasagna Spare ribs Sauerkraut Mashed potato (39)	174—190 162—164	79–88 72–73	154—188 156—160 110—182 110—142	68–87 69–71 43–83 43–61	
		1130	Gravy Frankfurter (41)		කා ම	156 160	69 71	
		1505	Lasagna (warming oven)			138	59	
ò		1530	Chicken (warming oven) (43)			188	87	
		1540	Baked chicken Ham (42) Pork (from 1 May) (37) (45) Frankfurter Rice Lima beans String beans Green salad (38) (44)			172—182 132—144 114 186 192 190 192 56—60	78—83 56—62 46 86 89 88 89 13—16	
	3 May	1100—1200	Pork chops Swiss steak Mashed potato Cabbage			134–158 188 148 142–166	57-70 87 64 61-74	

-

Table 6

Cooking and Serving Temperatures at Ft. Myer and Bolling Air Force Base (cont'd)

Date Time Item °F °C °F 3 May 1100–1200 Mixed vegetables 145–160 Beans 140 Vegetable soup 160 Sandwich meat 44–52 Green salad (46) (47) 47–62 1400–1650 Roast pork 168 76 Turkey (48) 160 71 132–138 Fried fish cakes 150–164				Bolling Air Force Base		Temperature ^b				
3 May 1100—1200 Mixed vegetables 145—160 Beans 140 Vegetable soup 160 Sandwich meat 44—52 Green salad (46) (47) 47—62 1400—1650 Roast pork 168 76 Turkey (48) 160 71 132—138 Fried fish cakes 150—164 Macaroni and cheese (49) Baked potato (quarters) 180—200 82—93 146 Asparagus 152 Cabbage (from lunch) Mixed vegetable soup 146 Gravy 152		Data	т.					Serving		
Beans Vegetable soup Sandwich meat Green salad (46) (47) 1400—1650 Roast pork Turkey (48) Fried fish cakes Macaroni and cheese (49) Baked potato (quarters) Baked potato (quarters) Asparagus Cabbage (from lunch) Mixed vegetable soup Gravy 140 140 140 140 140 140 140 14		Date	ıme	Item	°F	°C	°F	°C		
Turkey (48) 160 71 132—138 Fried fish cakes 150—164 Macaroni and cheese (49) 164—184 Baked potato (quarters) 180—200 82—93 146 Asparagus 152 Cabbage (from lunch) 140 Mixed vegetable soup 146 Gravy 152		3 May	1100—1200	Beans Vegetable soup Sandwich meat	*		160 44—52	63–71 60 71 7–11 8–17		
1645 Macaroni salad (50) 86	.		1400—1650	Turkey (48) Fried fish cakes Macaroni and cheese (49) Baked potato (quarters) Asparagus Cabbage (from lunch) Mixed vegetable soup	160	71	152 140 146	56-59 66-73 73-84 63 67 60 63 67		
			1645	Macaroni salad (50)			86	30		

^aThese samples were also microbiologically analyzed, the number in parenthesis indicating the sample number in Tables 1, 2 or 3.

^bThe range given for the cooking or serving temperature indicates a variation noted among different units being processed when measured at a given time or at different times during the same serving period.

Table 7

Evaluation of the Sanitary State of Surfaces by RODAC Plates

Surface	Ft. Myer	Bolling Air Force Base
Stainless steel table top	U ^a (6) ^b , S(1)	U(1)
Hobart vegetable cutter (interior)	U(1)	
Hobart — cutting blade	S(1)	8
Hobart — mixing pan	S(1)	
Kettle	S(2)	S(1)
Slicing machine	S(1)	U(2)
Sink	¥	U(1)
Large bowl for making salad	S(1)	
Cutting board in kitchen	S(3)	
Pans — large cooking	S(4)	S(2)
Pans – for stacking dishes	U(1)	
Grill		U(1)
Serving line — Steam Table	S(2), U(1)	U(4)
- Shelf		U(1)
Milk dispenser		U(1)
Dining room table	*	U(2), S(1)
Spatula	S(2)	
Serving spoon	S(5)	
Ladle	S(2)	
Eating utensil — Knife		U(5)
Drink glass		S(10)
Coffee cup		S(5)
Rolling pin		S(1)
Cart for stacking dishes		S(1)
China — dinner plate	×	S(20)

 $^{^{}a}$ U —Unsatisfactory, S — Satisfactory

 $^{^{\}mathrm{b}}\mathrm{Figures}$ in parenthesis indicate the number of items sampled and not the number of RODAC plates.

Table 8

Distribution of RODAC Plate Counts of Surfaces Examined at Fort Myer

Surface	Total No. RODAC Plates		No. RODAC Plate FU/4in ² (25.8 c > 75		Avg. CFU/Plate
Stainless steel table top	60	47	43	34	_
Vegetable cutting machine — slicer	5	5	. 5	5	_
Mixing machine — bowl	8	0	0	0	5
Kettle	10	1	1	0.	21
Slicing machine	6	1	1	0	32
Large salad bowl	3	0	0	0	1
Cutting board	8	0	0	0	14
Large cooking pan	20	0	0	0	2
Pan for stacking dishes	10	3	2	2	
Serving line — steam table	15	3	2	0	_
Serving line — salad, dessert areas	10	9	4	1	_
Spatula	5	0	0	0	5
Serving spoon	5	0	0	0	8
Ladle	5.	0	0	0	4

Table 9

Distribution of RODAC Plate Counts of Surfaces Examined at Bolling Air Force Base

Total No.	No. RODAC Plates			Avg.
Plates	> 50	> 75	> 100	CFU/Plate
8	8	8	8	TNTC
8	0	0	0	2
3	3	3	3	TNTC
10	0	0	0	6
. 8	8	6	4	_
11	9	6	3	_
2	2	2	2.	-
2	2	2	2	· -
2	2	2	2	0
2	2	0	0	63
5	1	0	0	25
2	2	2	2	3
12	10	10	9	
5	3	2	0	54
20	0	0	0	0.2
10	0	0	0	7
5	1	0	0	25
2	0	0	0	45
6	0	0	0	22
5	5	2	1	_
2	0	0	0	32
	RODAC Plates 8 8 8 10 8 11 2 2 2 5 2 12 5 20 10 5 2 6 5	RODAC Plates with C > 50 8 8 8 0 3 3 10 0 8 8 11 9 2 2 2 2 2 2 2 2 1 2 2 2 10 0 5 1 2 0 6 0 5 5	RODAC Plates with CFU/4 in² (25.8 cm) 8 8 8 8 8 0 3 3 10 0 8 8 6 0 11 9 6 2 2 2 2 2 2 2 2 2 10 10 5 3 2 2 20 0 10 0 5 1 2 0 0 0 5 1 0 0 5 1 0 0 5 2	RODAC Plates with CFU/4 in² (25.8 cm²) of > 50 > 75 > 100 8 8 8 8 8 8 0 0 0 0 3 3 3 3 3 10 0 0 0 0 8 8 6 4 4 11 9 6 3 3 2 0

Table 10

Microbiological Examination of Food Contact Surfaces by the Modified Swab/Millipore Tester Technique

		Fort Myer Counts per 4 in ² (2			Iling Air Force Base ts per 4 in ² (25.8 cm ²	,
		Range		No. of	Range	
Surface	No. of Swabs ^a	of Counts	Avg. Count	Surfaces Swabbed	of Counts	Avg. Count
Hobart vegetable cutter (interior)	1	2250	2250	• _	_	<u>-</u>
Can opener	2	162-864	513	2	144—144	144
Kettles	_	_ *	1-1	2	0	0
Kettles – nozzle valve	9	. 0–576	116	1	. 0	0
Meat slicing machine	1	1116	1116	2	TNTCb	10
Cutting board — kitchen	=	· —	4 	3	36-TNTCb	_
Cutting board — sandwich line	1	90	90	-	_	_
Pan – large, cooking	_		-	4	0-396	122
Pot — large	2	0-108	54	_	_	s -
Milk dispenser, nozzle	-			5	36-TNTCb	1.—
Serving spoon	1	216	216	1	>1800	>1800
Ladle	3	72-198	120	1	1476	1476
Teaspoon	=	_	=	3	36–234	162
Table knife	_	-	=	3	36—90	66
Fork	-	-	=	2	18–37	27

^aEach swab represented an individual analysis and indicates the number of surfaces tested.

^bToo numerous to count (TNTC).

counts obtained for the vegetable cutter, can opener, nozzle valves of steam kettles, food contact surfaces of the meat slicing machine, cutting board, nozzles of milk dispensers, the serving spoon and the ladles.

Temperature of the Washing Machines

The warewasher and the pot and pan washer at the Ft. Myer facility consistantly delivered water that was hotter than that produced at Bolling Air Force Base (Table 11).

When initially tested the final rinse of the warewashing operation at Ft. Myer was adjusted to heat china to slightly below 160 F (71 C) as determined by the thermolabel papers. After readjustment, temperatures in excess of 160 F (71 C) were routinely attained. For this reason no RODAC sampling of china or glassware at Ft. Myer was conducted.

The warewashing operation at Bolling Air Force Base was never properly operative and china plates seldom attained a final temperature of 150 F (66 C). On the third day of the study the warewashing operation was discontinued due to a breakdown in the steam line and paper plates, containers and plastic eating utensils were used. Evaluation of china and glassware by RODAC plates indicated that they were in a satisfactory sanitary condition whereas some eating utensils, such as knives (Tables 7, 8 and 9) were found to be unsatisfactory.

Visual Evaluation

Visual evaluation involved observing the sanitary state of the equipment and facilities processing conditions, personnel, appearance and habits, etc. Infractions noted of either specific regulations or accepted practices for both bases are listed in the appendix. A large number of infractions and poor manufacturing practices were found in both facilities. The main problems at Ft. Myer concerned the use of left-overs, personnel not changing to work clothes, lack of proper certification of food handlers, defrosting practices and the improper dating of dairy products. The criticisms of practices at Bolling Air Force Base included many of those noted at Ft. Myer in addition to an inadequate amount of hot water for warewashing, poor sanitation and the presence of roaches.

Relationship Between Visual Evaluation and RODAC Analysis of Sanitation

A limited study was made to determine the relationship between visual evaluation and RODAC plate analyses of surfaces, Table 12. Of the 20 visual evaluations, 5 were not verified by RODAC analyses. Two surfaces considered to be visually acceptable were unacceptable by RODAC (the grill and serving counter surfaces). The converse was true for the other three disparities. Of the remaining 15 visual observations the RODAC

Table 11

Temperature Achieved in the Warewasher and Pot/Pan Washer as Measured by Thermolabel Papers

			¥.	A 100 A	jhest erature
Date	Location	Time	Equipment	°F	°C
28 April	Ft. Myer	1000	Pot/Pan	180	82
		1140	Warewasher ^a	150	66
		1800	Warewasher ^a	150	66
29 April	Ft. Myer	0800	Warewasher	150	66
		0845	Pot/Pan	180	82
	9	1140	Warewasher ^a	150	66
		1705	Warewasher	160	71
30 April	Ft. Myer	0810	Warewasher	160	71
		1700	Warewasher	160	71
1 May	Bolling AFB	0910	Warewasher	140	60
	x	1145	Warewasher	140	60
		- 2	Pot/Pan	140	60
		1630	Pot/Pan	160	71
			Warewasher b	140	60
2 May	Bolling AFB	0930	Warewasher b	140	60
		1120	Pot/Pan	180	82
		1300	Warewasher b	150	66
3 Мау			Washers not operative		

 $^{^{\}rm a}\,\text{The 160 F}$ (71 C) thermolabel tape was slightly negative.

 $^{^{\}mbox{\scriptsize b}}$ The 150 F (66 C) thermolabel tape was ±.

Table 12 A Comparison Between Visual and RODAC Plate Evaluation^a of Surfaces

	Visual	RODAC
Stainless steel table	U	U
	U	S
	U	U
	U	U
Meat cutter	U	U
Steam kettle	S	S
Grill	S	U
Serving counter	S	U
, # 	S	Ś
Pan	U	S
	S	S
Dinner plate	S	S
	S	S .
Coffee cup	S	S
Glass	S	S
Knive	U	U
Rolling pin	S	S
Dining table	U	U
	U	S
	U	U

a U — Unsatisfactory S — Satisfactory

technique verified 7 unsatisfactory surfaces and 8 satisfactory surfaces. Considerably more of this type of data is necessary before statistically valid conclusions may be drawn.

DISCUSSION

In examining the menu items prepared at both facilities it is apparent that the present day cook was devoting considerably less time to formulations and preparation, and was now less concerned with the problems of left-overs, trimmings, and shrinkage. Entree items were obtained from commercial sources already trimmed and/or preportioned. Seasonings were stabilized and sauces, gravies, etc., were often purchased completely formulated. Potatoes and vegetables were received trimmed, cut, blanched and either dehydrated, frozen or canned. While most foods have the potential to cause food poisoning or infection there are only a minimal number of items which initially present a microbiological problem in a feeding system where the food is served directly from an adjacent or integral kitchen facility. In order for food items to present a health hazard, a combination of abuses would have to occur. For this reason the main emphasis was placed on analyzing entree items and items to which specific temperature abuses occurred in order to evaluate the extent and consequences of possible post-processing contamination. No attempt was made to monitor time in relation to temperature. Future studies should include this variable.

In comparing the two facilities visually from the viewpoint of microbiological safety one would be tempted to conclude that Ft. Myer had a much lower risk hazard than Bolling Air Force Base. The Ft. Myer facility gives one the impression of a well organized, modern, sanitary, and efficient operation, whereas Bolling Air Force Base suffered by comparison. To a large extent the analyses of the sanitary condition of the facilities verified these impressions, but it might be incorrect to assign a higher hazard factor to the Bolling facility based on sanitation alone. Except for the sample of a cream pie, all of the other samples of cooked food from both bases were within the suggested microbiological constraints. The cooking and serving temperatures at Bolling were, generally, much higher than those of Ft. Myer. The use of such high temperatures may have adversely affected quality and this aspect should be studied by others. Nevertheless, the inferior sanitary quality at Bolling was, in part, a reflection of a poor physical plant. The warewasher did not operate correctly; the supply of hot water was inadequate; the kitchen facilities were not properly designed; there were no stoves; the oven was not functioning properly; the number of sinks were inadequate, and the warming ovens and refrigerated holding units were not functioning properly. The serving counter was electrically heated, and temperature control was difficult. Other problems are listed below. These mechanical problems tend to decrease managerial efficiency and overcooking and quality deterioration may result.

Particular attention was devoted to the salad operation. At Ft. Myer raw salad ingredients were purchased twice weekly from local commercial sources and all salads were

prepared by one person. The outer leaves were washed and separated to be used specifically for sandwiches and the remaining leaves were soaked in a commercial antioxidant solution (Potato Whitener, Monarch Consolidated Foods Corp). However, the responsible employee used considerably less than the recommended concentration of one tablespoon per gallon. Salads were made twice daily and were attractively displayed over ice.

The salad operation at Bolling was not as well regulated. The vegetables were government issued, and appeared to be of a poorer quality. No antioxidant was employed, and on a number of days different employees made the salads. However, there was little, if any difference in the microbiological quality of the raw salads between the two bases. At both bases the temperature of display was usually around 60 F (16 C). This data and data from other NLABS' studies indicate that coliform organisms appear to be natural contaminants of lettuce purchased from commercial sources. The incidence of natural fecal coliform contamination in salads awaits further study.

It is extremely difficult at this time to propose microbial criteria for salads. Of the 15 samples analyzed in this study 7 (47%) exceeded 10⁶ CFU/g. Considering salads made on different days, each day being considered as a production unit, of the 6 units analyzed, 4 had microbial populations in excess of 10⁶ CFU/g. A great deal of additional data, obtained under carefully controlled conditions, will be required to decide whether microbial criteria are necessary and if so, what are meaningful criteria.

RECOMMENDATIONS

- 1. That a publication on sanitary food service, supplemented with a specific training course, be made available to supervisory personnel.
- That microbiological and sanitary constraints be made clear and concise to supervisory personnel and that a monitoring system be redirected toward effectively correcting abuses rather than toward being limited to reporting abuses.
- 3. That the mechanical equipment for any given installation be monitored on a routine basis, undergo preventive maintenance and maintained operational.
- 4. That a certain amount of self-monitoring be conducted at each installation, with some of the monitoring being more quantitative (time-temperature profiles, microbial counts) rather than only subjective (visual inspection).
- 5. That a task force be established for the purpose of promulgating uniform standards for certifying facilities.

SUMMARY

Two feeding facilities were evaluated at (1) Ft. Myer, Arlington, Va. and at (2) Bolling Air Force Base, Washington, D.C. for their ability to conform to recommended microbiological and sanitary constraints. In addition, visual evaluation was conducted on specific processing operations and on the effectiveness of sanitizing procedures.

At Ft. Myer all cooked menu items were within the microbiological constraints even though many were not cooked to an internal temperature of 160 F (71 C) or were served below 140 F (60 C). One sample of cream pie at Bolling Air Force Base was the only sample of processed food found in this study to contain an excessive number of microorganisms although the product was acceptable as regards to coliform, fecal coliform, and *Staphylococcus aureus*. In this study there did not appear to be any direct relationship between low cooking or serving temperatures and the resultant total microbial population.

The temperature of raw salads during their display was usually higher than the recommended temperatures of 45 F (7 C) or 55 F (13 C). The APC varied from 10^5 to 10^7 CFU/g, coliforms and/or fecal coliforms were present in a large percentage of the samples obtained in various stages of preparation.

Sanitation and housekeeping were better at Ft. Myer than at the Bolling Air Force Base, where much of the difficulty appeared to be due to a lack of personnel training and to inadequate equipment.

Two new innovations in monitoring were examined. Thermolabel papers were used to evaluate the highest temperature attained by china in the warewashing machines and a modified swab technique was examined as a means of evaluating sanitation. Both techniques proved to be capable of being extremely useful for this type of field work. The temperature of the warewasher at Ft. Myer produced china having temperatures in excess of 160 F (71 C) while the china at the Bolling Air Force Base was consistently rinsed to a temperature below 150 F (66 C).

Certain surfaces considered to be acceptably cleaned by visual evaluation were found to be unacceptable by the RODAC plate technique. Also, there were surfaces (stainless steel table, pan, and a dining table) that were microbiologically clean, as determined by RODAC plates, but were visually dirty (dried food, detergent).

A variety of practices were observed which violated recommended procedures either in food material handling or in sanitation and these implications are discussed.

APPENDIX

Visual Evaluation

The following infractions were noted when the two bases were evaluated visually.

Ft. Myer

A. Personnel Hygiene

- 1. Hats, caps or hair restraints were not worn by all personnel.
- 2. Health examinations were annual instead of semi-annual as called for in the contract.
 - 3. Some employees were without health certificates.
 - 4. Uniforms were worn by female but not by male employees.

B. Food Handling Practices

- Gloves were not used consistently for handling foods and food contact surfaces.
- 2. Only designated employees were authorized to discard left-overs and left-overs were generally placed on trays, covered and refrigerated for further use. In a number of cases food was removed directly from the steam table, covered and refrigerated. The rate of cooling was very slow.
- 3. Frozen hamburger at the South Post Annex was defrosted at room temperature.
- 4. The initial defrosting of frozen raw hamburger, roast beef, and turkey rolls was done at room temperature. The final stages were done in a refrigerator. One container of turkey roll dripped blood onto the kitchen floor.

C. Food Preparation Areas

- 1. Tables in the kitchen and baking areas were frequently not cleaned between use for different menu items.
- 2. Transporters were used interchangeably for the storage of either salads, cakes, etc., without sanitizing between use.

- 3. Most of the surfaces were washed and wiped with disposable towels but a few sponges were in evidence. The cleaning of surfaces and equipment was done with a minimum amount of detergent solutions and depended mainly on wiping with disposable towels. It was noted that personnel used the same towel to clean equipment and to dry their hands.
- 4. It was not unusual to slice sausage meat and ham or raw vegetables on the slicing machine and then, without sanitizing, to use the machine to slice roasts.
- Sandwiches were made on cutting boards used for other food preparations.The cutting boards were often not sanitized between use.
- Vegetable sink containing lettuce was also used for washing parts of the Hobart slicer.
- 7. Bakery equipment and utensils not in use were often left dirty for long periods of time.
- 8. While salads were generally made daily, a large portion was stored for week-end use.

D. Serving Line

- 1. Food was not protected by sneeze guards.
- 2. Overhead lights (4) not protected by explosion proof globes.
- 3. No thermometer in refrigerated holding cabinet and its door was in need of repair.

E. Dining Area

- 1. Spills not cleaned up rapidly.
- 2. Dining tables were streaked and spotted.
- 3. Crumbs were noted on chairs.
- 4. Soap for washing surfaces was not used until suggested by NLABS personnel.

F. Refrigerated Storage

1. No date on some milk and egg mix cartons, and some containers were found to be leaking. The expiration date for ice cream and chocolate mixes was past. These outdated items were eventually used.

- Cooked items being stored (leftovers, items for the annex) uncovered and outdated.
 - 3. Sleeves on shirts and jackets were dirty.
- 4. The outside of the ice machine was dirty, and the scoop for ice cubes was stored on the uncleaned top surface of the machine.

G. Other

- Shelves in dry storage area were not positioned away from the wall and were dirty.
- 2. Dishes from the warewasher were handled with cloths used for other cleaning purposes.
 - 3. Window screens and panes needed replacement.
- 4. Containers were not stacked in the freezers to allow for adequate air circulation.

Bolling Air Force Base

A. Personnel

- 1. Hair restraints or caps were not worn by all personnel.
- 2. Health certificates were not issued for all employees.

B. Food Handling Practices

- Receiving area was dirty.
- 2. Cartons of frozen meat were stacked on the rear platform, the bottom carton being placed directly on a pool of water.
- 3. Left-overs maintained in warming oven until next meal or refrigerated overnight for use next day, often with poor temperature control. Salisbury steaks from lunch being held for supper in warming ovens at 132 F (56 C). The serving line often ran out of entree items during serving, and it was not unusual for 2 or more left-overs to be rapidly rewarmed and then sequentially served.

4. Large amounts of cooked macaroni and cheese were stored in the refrigerator, most likely for the week-end.

C. Food Preparation Areas

- 1. The tables and equipment were not always cleaned after use.
- 2. Hot water was often in vicinity of 135 F (57 C). Pots and pans washed in inadequately heated water were not chemically sanitized.
- 3. The labor force was inadequate for consistently maintaining proper sanitation.
- GSA rags were used in place of disposable towels. The rags were stored improperly, and their sanitary condition and the duration of their use were not controlled.
 - 5. No handwashing facility was available.
- 6. The sinks used for food preparation were also used for handwashing and the dumping of mop water.
 - 7. Roaches were observed in the kitchen.
- 8. The general impression of the kitchen, bakery, salad, warewashing and serving areas was that of neglect.
 - 9. The air curtain over the rear door blew insects into the kitchen.
 - 10. Some portions of lettuce used for salad making were not washed.
 - 11. Pastry transporters were not cleaned before loading.

D. Serving Line

- 1. Serving line surfaces were not cleaned well.
- 2. The milk dispensers' spout and the area surrounding the spouts and the dispenser itself were often not sanitary. The temperature indicators were often in the danger zone for extended periods of time.
- The silverware was washed incorrectly. It was sent through the washer, flat, in a basket, and then stacked vertically by hand in a dispenser without gloves. It was not rewashed.

- 4. Dish dispensers did not work well; excessive amounts of handling was required to remove dishes.
- 5. Area behind serving counter had a constant litter of food particles--even after cleaning.
- 6. Some warming ovens used to store cooked food and left-overs had their thermometers broken, and others could not be adjusted. One oven was at 190 F (88 C).
 - 7. Coffee urn was dusty.
 - 8. Filters in the steam exhaust hood were not properly installed.
 - 9. Soft drink dispensing machines were not clean.

E. Dining Area

- 1. Tables and chairs were not clean.
- 2. Condiment containers were coated with caked material.
- 3. Dinner plates were spotted, soiled and chipped.
- 4. Silverware spotted and soiled: spoons (30%), knives (100%), and forks (30%).

F. Refrigerator Storage

- 1. Refrigerators #1 and #3 were dirty, disorderly, wet and rusted.
- 2. Food was not spaced to provide adequate air circulation.
- 3. Scoop was stored on uncleaned top surface of the ice machine.

G. Freezer Storage

- 1. Coils needed defrosting because of faulty (leaking) compressor.
- 2. Food was not stored to provide adequate air circulation.

H. Dry Storage

1. Food was routinely stored on floor. The floor was dirty.

- Shelves were not positioned away from wall to provide adequate ventilation and discourage the nesting of insects and rodents.
 - Storage Rooms for Supplies and Equipment
- This area was unsatisfactory in that it was not kept clean; empty cartons were in evidence; supplies were not stored in an orderly manner.
 - J. Restrooms and Locker Rooms
- These rooms were not maintained in a satisfactory manner. Neither soap nor towels were supplied; waste containers were emptied infrequently; soiled clothing was heaped on the floor, and food and drink littered the area.
 - 2. Workers handled both dirty and clean dishware.
 - 3. Some workers touched the center of washed plates when handling.
- 4. Ten percent (5 out of 50) of plates were found to be spotted with egg after being washed and stored.
 - 5. Ten percent (6 out of 58) glasses were spotted and streaked.
 - L. Garbage and Trash Areas
 - 1. Area was dirty and disorderly.
 - 2. Platform and ground surface were dirty.
 - 3. Spilled food and debris were in front of dumpster.
 - Garbage containers were not closed with tightfitting lids.
 - 5. Trash was not confined to proper receptacles.
 - 6. Puddles containing food particles were observed.

DISTRIBUTION LIST

Commander U.S. Army Materiel Command ATTN: AMCRD—TI 5001 Eisenhower Avenue Alexandria, VA 22333	1	Commander U.S. Army Medical Research and Development Command ATTN: SGRD-MDI-N Washington, DC 20314	1
Commanding Officer Navy Food Service Systems Office ATTN: Mrs. Marjorie Kehoe		Commander LAIR PSF, CA 94129	2
Building 166 Washington Navy Yard Washington, DC 20374	1	Commandant of the Marine Corps Headquarters, U.S. Marine Corps ATTN: Code LFS-4	2
Commandant of the Marine Corps Headquarters U.S. Marine Corps ATTN: Code RD—44 Washington, DC 20380	2	Washington, DC 20380 Director AF Hospital Food Service Headquarters USAF/SGB-1	۷
Commander U.S. Army Foreign Science and		6B153 James Forrestal Bldg. Washington, DC 20314	1
Technical Center ATTN: AMXST—CE (Victoria Dibbern) 220 7th Street N.E. Charlottesville, VA 22901	1	Commander 1st U.S. Army Medical Laboratory Ft. George Meade, MD	1
Library USDA, Southern Regional Research Center P.O. Box 19687		D. F. Davis USDA ARS P.O. Box 14565 Gainesville, FL 32601	1
New Orleans, LA 70179 U.S. Department of Agriculture Animal and Plant Health and	1	Headquarters, 12th Support Brigade ACofS Services ATTN: Food Advisor Ft. Bragg, NC 28307	2
Inspection Service ATTN: Director, Standards and Services Division Washington, DC 20250	5	Dr. K. C. Emerson Assistant for Research Office of Assistant Secretary of	у.
USDA, National Agricultural Library Current Serial Record Beltsville, MD 20705	1	the Army (R and D) Department of the Army Washington, DC 20310	1

DISTRIBUTION LIST (cont'd)

Administrator Agricultural Research Service		Subsistence and Culinary Arts Dept. U.S. Army QM School	
U.S. Dept. of Agriculture ATTN: Dr. Fred Senti	W/	Ft. Lee, VA 23801	1
Washington, DC 20250	1	HQDA (DALO-TSS) WASH DC 20310	2
Dr. I.A. Wolff, Director Eastern Marketing and Nutrition Research Division Agricultural Research Service U.S. Dept. of Agriculture Wyndmoor, PA 19118	1	Dr. Frank R. Fisher Executive Director, ABMPS National Academy of Sciences National Research Council 2101 Constitution Ave. Washington, DC 20418	2
Mary E. Carter, Acting Director Southern Regional Research Center Agricultural Research Service U.S. Dept. of Agriculture P.O. Box 19687 New Orleans, LA 70179	1	CDR Harold J. Janson, MSC, USN Head, Food Service Branch Bureau of Medicine and Surgery Navy Department Washington, DC 20390	1
HQDA (DARD-ARL) WASH DC 20310 Subsistence Management Policy Director ATTN: OASD (I and L)	1	Dr. C. H. Harry Neufeld, Director Southeastern Marketing and Nutrition Research Division Agricultural Research Service U.S. Dept. of Agriculture P.O. Box 5677	
Pentagon 2B323 Washington, DC 20301 Office of the Coordinator of Research Univ. of Rhode Island	1	Athens, GA 30604 Commander U.S. Army Test and Evaluation Command ATTN: AMSTE—BC	1
Kingston, RI 02881	3	Aberdeen Proving Ground, MD 21005	1
Exchange and Gift Division Library of Congress Washington, DC 20540 Headquarters, USAF (AF/RDPS)	3	Technical Service Branch Technical Operations Division, Directorate Subsistence Defense Personnel Support Center ATTN: Director of Subsistence	
DSC/Research and Development Washington, DC 20330	1	DPSC—STS 2800 South 20th Street Phila., PA 19101	1

DISTRIBUTION LIST (cont'd)

U.S. Dept. of Agriculture		Headquarters	
Consumer and Marketing Service		Air Force Systems Command (DLH)	
ATTN: Chief, Product Standards		Andrews AFB, MD 20331	1
Branch		₽	
		Air Force Services Office	
Standards and Service Division		DPKF	
Washington, DC 20250	1	2800 South 20th Street	
		Phila., PA 19101	4
Logistics Library		Filla., FA 19101	1
Bunker Hall		0 5	
Ft. Lee, VA 23801	1	Government Documents Department	
		Univ. of California Library	
Dr. Edwin M. Foster		Davis, CA 95616	1
Director, Food Research Inst.			
23 Bacteriology		Food Service School	
Univ. of Wisconsin		Service Support Schools	
Madison, WI 53706	1	Marine Corps Base	
Wadisoff, WI 55700	d.	Camp Lejeune, NC 28542	1
De William II Berry			
Dr. William H. Brown		Chief, Food Service Division	
President, American Bacteriology		Walter Reed General Hospital	
and Chemical Research Corp.		Washington, DC 20012	5
P.O. Box 1557		washington, DC 20012	. 5
Gainesville, FL 32601	1	Managan Analytical	
	· · · · · · · · · · · · · · · · · · ·	Manager Analytical and	
CINCSAC/LGSV		Technical Services	
ATTN: Capt. Frank Dooley		RJR Foods, Inc.	
Offut AFB, Nebraska 68113	1	Dept. of Food Science and	
NAMES OF THE PARTY		Technology	
Connander		P.O. Box 3037	
LAIR		Winston-Salem, NC 27102	1
ATTN: Col. James L. Fowler, VC			
	4	Eastern Regional Research Center	
PSF, CA 94129	1	ARS, USDA	
1100 0		600 E. Mermaid Lane	
NRC Committee Members	20	Phila., PA 19118	3
		1111a., 1A 19110	3
Commander		Western Decimal Decimal Library	
U.S. Army Troop Support Agency		Western Regional Research Laboratory	
ATTN: DALO-TA-D		ARS, USDA	
Ft. Lee, VA 23801	4	Berkeley, CA 94710	2
Section 2 decision of the section of			
Dr. Jack E. Roberts		8	
Manager Research and Development			
Ore-Ida Foods, Inc.			
Technical Center			
P.O. Box 10	4		
Ontario, Oregon 97914	1		

INTERNAL DISTRIBUTION LIST

Military Requirements and Development Programs Office, Food Sciences Laboratory, NLABS (12 for transmittal to Defense Documentation Center)	24
Technical Library, NLABS	2
Division and Branch Chiefs, Food Engineering Laboratory, NLABS	20
Marine Liaison Officer, NLABS	2
Air Force Liaison Officer, NLABS	3
Special Assistant for DOD Food Program, NLABS	1
US Army Representative for DOD Food Program, NLABS	1
US Air Force Representative for DOD Food Program, NLABS	1
US Navy Representative for DOD Food Program, NLABS	1
Chief, Engineering Programs Management Office, ATTN: Standardization Management Section (Mr. Richman), NLABS	2
Director, Food Sciences Laboratory, NLABS	6
Food Microbiology Group, Food Sciences Laboratory	60