# **Insider Threat Program Evaluation (ITPE)**

Insider Threat Vulnerability Assessment (ITVA)

**Overview** 

CERT Insider Threat Center – www.cert.org/Insider\_Threat

Software Engineering Institute Carnegie Mellon University Pittsburgh, PA 15213





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# Introduction to the CERT **Insider Threat Center**





### What Is the CERT Insider Threat Center?

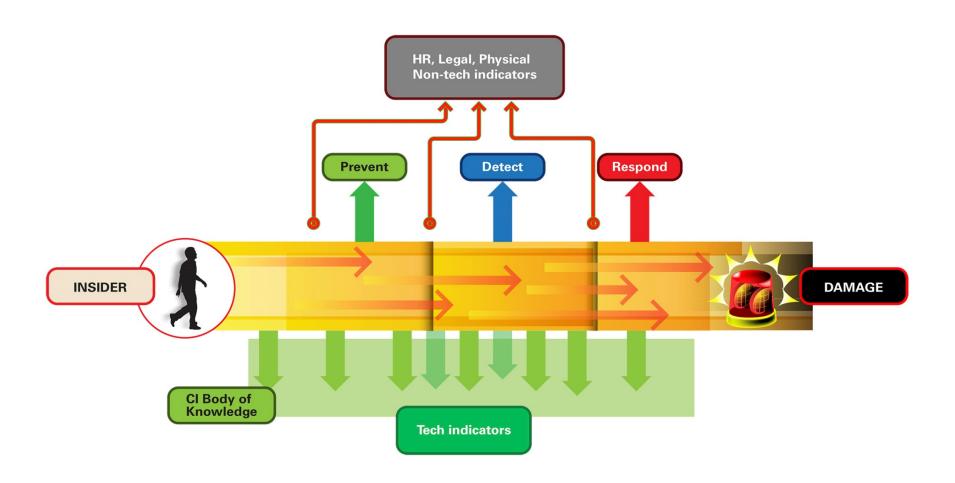
Center of insider threat expertise
Began working in this area in 2001
with the U.S. Secret Service



Our mission: The CERT Insider Threat Center conducts empirical research and analysis to develop and transition socio-technical solutions to combat insider cyber threats.



# **CERT Insider Threat Center Objective**



#### **Our Insider Threat Portfolio**

#### **Awareness**

- cert.org/insiderthreat
- Insider Threat **Awareness Training**
- **Insider Threat Blog**
- **Industry-Specific** Studies
- **Threat Applicability** Studies
- **Common Sense Guide to Mitigating** Insider Threats

#### **Evaluation**

- **Insider Threat** Vulnerability Assessment
- **Insider Threat Program Evaluation**
- **Insider Threat Self-**Assessment

#### **Assistance**

- **Program Building** 
  - **Planning**
  - Stakeholder Identification
  - Achieving **Executive** Support
  - Risk Management Integration
  - Governance and **Policy Development**
  - Communication Plan Development

#### **Support**

- Control **Development and** Measurement
- Indicator **Development and** Measurement
- **Hub Architecture** and Design
- Sentiment and **Linguistic Analysis**
- Insider Incident Management
- Insider Threat Tool **Evaluation**
- Metrics **Development**

#### **Transition**

- **Executive Workshop**
- **Team Workshop**
- **Program Building Facilitated** Workshop
- **Insider Threat Program Manager** Certificate
- **Insider Threat** Vulnerability **Assessor Certificate**
- Insider Threat **Program Evaluator** Certificate











# **Insider Threat Stewardship**

Insider Incident Collection and Analysis

Ontology **Development** and Maintenance

Modeling and Simulation

Customized Research

Mitigation Pattern Language

**Exploration** 





# **CERT Insider Threat Center Assessment Types**





#### CERT Insider Threat Center Assessment Instruments

The CERT Insider Threat Center developed two types of Insider Threat related assessment instruments:

- The Insider Threat Program Evaluation (ITPE)
- The Insider Threat Vulnerability Assessment (ITVA)

We are in the planning stages of a certificate program for licensing and learning how to conduct the ITPE.

We currently have the certificate program for the ITVA.



### The Evaluations Have a Different Focus and Purpose -2

#### The ITPE

- Benchmarks an insider threat program against our criteria built on the National Insider Threat Task Force (NITTF) minimum standards and CERT Insider Threat Center, government, and industry best practices
- Looks at the organization's program via an enterprise perspective



### The Assessments Have a Different Focus and Purpose -1

#### The ITVA

- Is more narrowly focused on a particular part of the organization
- Specifically looks at critical assets and business processes that support key services related to the mission of the organization
- Looks across a broad range of potential vulnerabilities that might impact the system, asset, or process being assessed
- Is limited to only areas of concern observed in the hundreds of cases in the CERT insider threat database

An organization may have good controls and processes in place for certain assets and services but not others. This is why the ITVA is a focused assessment, not an enterprise-wide one.



# **Overview of ITPE**





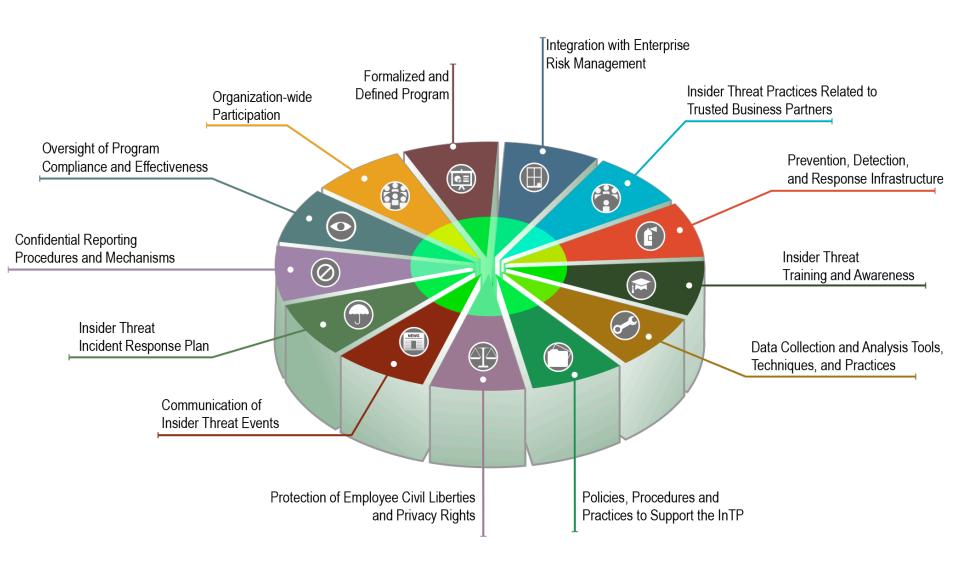
# ITPE Purpose and Benefit

The Insider Threat Program Evaluation assesses the robustness of the organization's program to prevent, detect, and respond to insider threats and provides recommendations for enhancing the program's effectiveness.

The long-term benefit is to assist organizations in reducing exposure to damage from potential insider threats.



# **Evaluation of Program Components\***



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### **ITPE Workbooks**

**Program Management** 

Personnel and Training

Collection and Analysis

**Human Resources and Legal** 



# **ITPE Capabilities**

Program Management	Personnel and	Collection and Analysis	Personnel and Training	
	Training		Human Resources and	
			Legal	
Formalized Program	Organization-wide Training	Access Control	Employee Lifecycle: Hiring,	
			Onboarding, and Separation	
InTP Policy	InTP Team Composition	Modification of Data or Disruption	Employee Investigations	
		of Services or Systems		
Insider Threat Response Plan	Insider Threat Awareness	Unauthorized Access, Download, or	Confidential Reporting	
	Training for Organization	Transfer of Assets		
Insider Threat Program	InTP Team Training	Detection and Identification	Identifying At-Risk Employees	
Communication Plan				
ERM Integration	Role-based Training for	Incident Response	Intellectual Property	
	Organization			
Critical Asset Identification	Manager and Supervisor	Termination	Employee Support Programs	
	Training			
InTP Governance			InTP Access to HR Information	
Quality, Effectiveness, and			User Monitoring Policy	
Performance of the InTP				
			Physical and Personnel Security	





# ITPE Indicators Often Have Special Notations

Indicators within capabilities that are marked with a

- "[NITTF]" mean that the indicator came from the NITTF minimum standards
- "[NISPOM]" are those required to meet National Industry Security Program (NISPOM) standards

Those preceded by "[For U.S. Federal Government Only]" mean

- that the indicator only applies if the organization being evaluated is a U.S. Federal government agency or department
- if not then those indicators should not be evaluated or included in the scoring.



# **Example of Special Indicator Notation**





# Capability Examples

#### PM1.1: Formalized Program

A formal insider threat program has been established.

#### CA2.5: User Activity Monitoring

 The organization established and maintains a program to monitor, log, and audit the activities of employees and other users on its networks and systems, based on its defined requirements and in keeping with any legal or privacy rules.



# Capability Sequence # PM1.1



A formal insider threat program has been established



Establishing and institutionalizing the Insider Threat Program



Organizational structure and authority

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By implementing a formal InTP, the organization can be prepared to handle an insider threat in an effective, confidential, and timely manner. .



Visible management support; designated senior official; built in consultation with legal, civil liberties, and privacy officials; defined authority; assigned staff; yearly budget; defined charter

# Capability Sequence # PM1.1



# Capability Sequence # CA2.5



The organization monitors user activity on its networks and systems.



The organization established and maintains a program to monitor, log, and audit the activities of employees and other users on its networks and systems, based on its defined requirements.



Monitoring performed on classified and unclassified systems as appropriate.

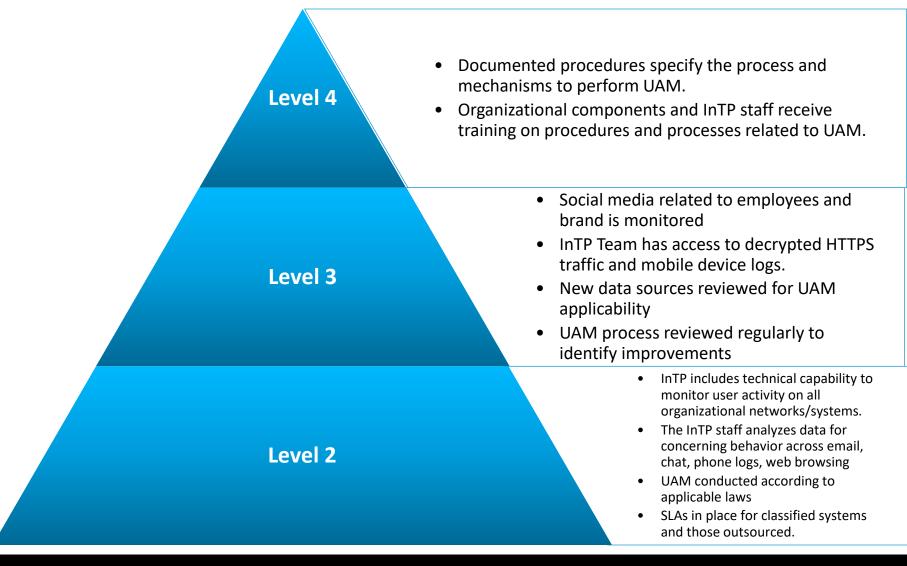


Insiders may insert malicious code during software development.



Ability to identify anomalous or suspicious insider behavior; detect investigate, and mitigate quickly.

# **Capability Sequence # CA2.5**



# **Overview of ITVA**





# **ITVA Purpose**

the Insider Threat Vulnerability Assessment (ITVA) method evaluates an organization's preparedness to prevent, detect, and respond to insider threats.

The ITVA is focused on identifying insider threat vulnerabilities in a very broad context, across both classified and unclassified systems, data, and processes.

It looks for vulnerabilities related to IT Sabotage, IP Theft, and Fraud.

The methodology is designed to review policies, practices, controls, and technologies in place that are focused on particular critical business services and their supporting processes.



#### **ITVA Benefit**

To help identify potential vulnerabilities that can be exploited by malicious insiders

To provide the organization with business justification for implementing improvements and revising resources based on the output

The ITVA long-term benefit is to assist organizations in reducing exposure to damage from potential insider threats.



## **General Scope of ITVA**

#### Vulnerability assessment only

- Not an audit.
- Not a compliance exercise or performance review.
- Not a maturity model
- Not looking for malicious insiders.
- Only assessing how well an organization would do against the vulnerabilities exploited in the CERT database cases.

#### Intentional - Only

- The ITVA is focused on "intentional" insider activities.
- It does not include vulnerabilities exploited unintentionally (accidentally) by end-users at this time.

Vulnerabilities are both **Technical** and **Behavioral** including but not limited to

- Psychological
- Process-based
- Policy-based
- Control-based





### **ITVA Workbooks**

**Data Owners** 

**Human Resources** 

Legal/Contracts

**Physical Security** 

Information Technology

Software Engineering

**Trusted Business Partners** 



# **ITVA Capabilities**

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Data Owners	Human	Information	Legal	<b>Physical Security</b>	Software	Trusted
	Resources	Technology			Engineering	Business
						Partners
Access Control	Recruitment	Access Control	Agreements to	Facility Security	Technical Policies	Screening/Hiring
			Protect Sensitive		and Agreements	of
			Information			Applicants
Modification of	Policies and	Modification of	Restrictions on	Physical Asset	Modification of	Management of
Data, Systems, or	Practices	Data or Disruption	Outside	Security	Data or Systems	<b>Business Partners</b>
Logs		of Services or	Employment			
		Systems				
Unauthorized	Training and	Unauthorized	Employee		Asset	Asset
Access, Download,	Education,	Access, Download,	Behaviors in the		Management	Management
or Transfer of	Evaluation	or Transfer of	Workplace			
Assets		Assets				
Incident Response	Policy and Practice	Detection and	Conditions of Hire			Incident Response
	Monitoring and	Identification				
	Enforcement					
	Programs					
Termination	Enforcement and	Incident Response	Property Lending			Contractor/
	Termination		Agreements			Business Partner
						Agreements
		Termination	Contractor/			
			Business Partner			
			Agreements			

# **Capability Examples**

#### SE1.4: Software Development Peer Review

 The organization uses peer reviews to prevent, detect, and respond to malicious code insertion during software development.

### LG1.6: Intellectual Property Ownership

 The organization has policy regarding ownership of the organization's intellectual property (IP) to reduce the likelihood of disputes and insider threats.



# Capability Sequence # SE1.4



The organization uses peer reviews to prevent, detect, and respond to malicious code insertion during software development.



Conducting peer reviews



Software code

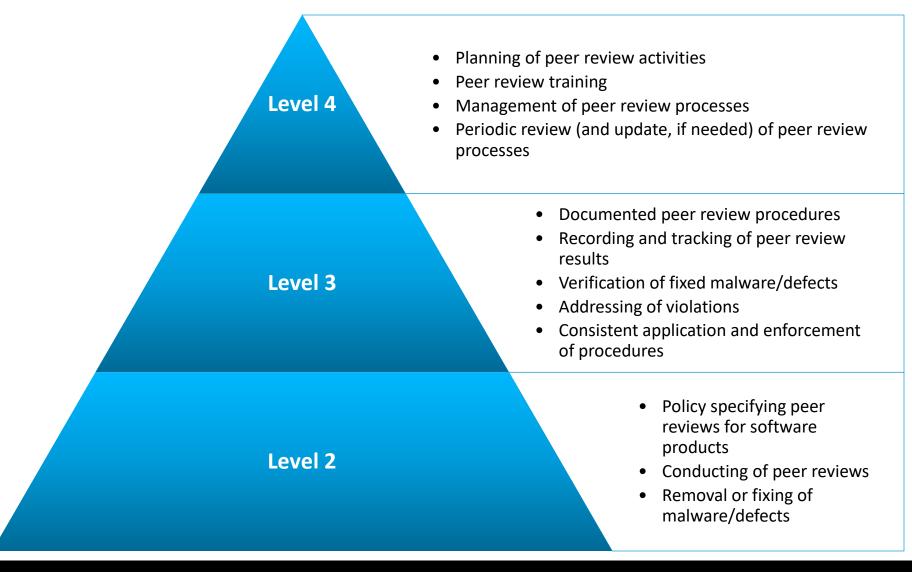


Insiders may insert malicious code during software development.



Includes policies, procedures, and training of developers on conducting peer reviews for malware detection

# Capability Sequence # SE1.4



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# Capability Sequence # LG1.6



The organization has policy regarding ownership of the organization's intellectual property (IP) to reduce the likelihood of disputes and insider threats.



Detecting and preventing IP theft



Intellectual property agreements



Communication and enforcement of IP agreements aid in prevention and response to the theft of IP.



Includes non-disclosures, non-competes, appropriate marking of IP, and reporting of violations



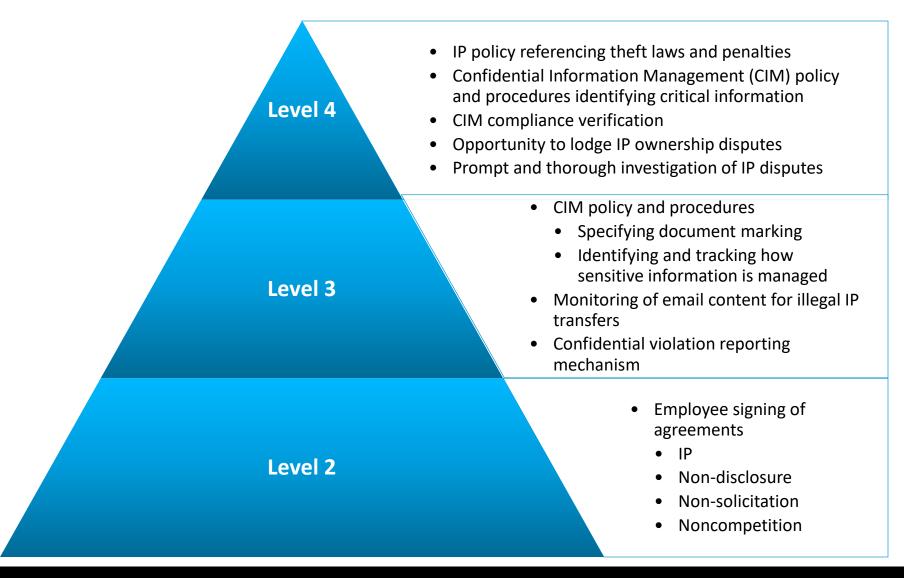
Caution: Policies alone are insufficient without communication/agreement to the policies.

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# Capability Sequence # LG1.6



# **General Methodology**





# Methodology is Similar

The basic methodology is followed for both assessment types.



#### The Process has four activities:

- 1. Planning
- 2. Pre-work (Initial documentation review, data gathering questions, data collection planning)

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- 3. On-site Data Collection (3-5 days)
- 4. Post-work
- Develop summary report (~10 days)
- Review and finalization (10-20+ days)



# **Workbook Format and Scoring Rules**





### Workbook Terminology -1

### **Capability**

 A capability is a question that determines whether an organization has the appropriate controls or practices in place to address a specific vulnerability.

### Level

- Levels are measures of preparedness for preventing, detecting, and responding to insider threats or specific vulnerabilities that may be exploited by insiders.
- Most capabilities have four levels.
- Each level within a capability has a set of indicators that must be met to achieve that level.



### Workbook Terminology -2

#### **Indicators**

 Individual questions related to controls, practices, processes, or other activities that must be met and substantiated to meet a level.

### Score

- Capability scores are given in terms of the level of preparedness achieved.
- The score for a capability is based on the highest level where all the indicators in that level are met.



# **Capability Indicator Example**

Scoring Criteria
Level 1
A score of Level 1 indicates failure to meet the requirements for the higher levels.
Doc Rev
Dir Obs
latine
Level 2
☐The organization has a documented policyth at describes the TBP's obligation to report policy
violations.
Doc Rev
Dir Obs.
latine
Level 3
☐The policy outlines specific reporting options and procedures.
Doc Rev
Dir Obs
latine
Level 4
☐The organization or contracting agency trains TBPs on the reporting procedures and requirements.
Doc Rev
Dir Obs
latine
☐The organization follows-up on policy violation reports from TBPs.
Doc Rev
Dir Obs
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### **Capability Scores**

Capability scores are the Level that the organization is determined to be at:

- Level 1
- Level 2
- Level 3
- Level 4

Scores for capabilities can also be

- Not Applicable (NA) The capability is out of scope, or is not something that would be provided by the organization assessed.
- Not Observed (NO) The capability may be provided, but the assessment team was not able to talk to anyone or collect evidence to evaluate the capability.





## **Scoring Levels Are Different for Each Assessment**

### **ITPE Scoring Levels**

### ITVA Scoring Levels

Level 4 –	Exceptional measures or practices are in place.	Level 4 –	Exceptional countermeasures are in place to address vulnerabilities. The organization prevents, detects, and responds to threats.
Level 3 –	Above average measures and practices are in place.		
Level 2 –	The organization meets the		
	NITTF minimum standards and general CERT Insider Threat Center best practices	are in place.	The organization detects and
Level 1 –	Inadequate or no practices are in place.		responds to threats.
		Level 2 –	Minimal countermeasures are in place. The organization detects threats.
		Level 1 –	Inadequate or no countermeasures are in place.



## Capability Scoring

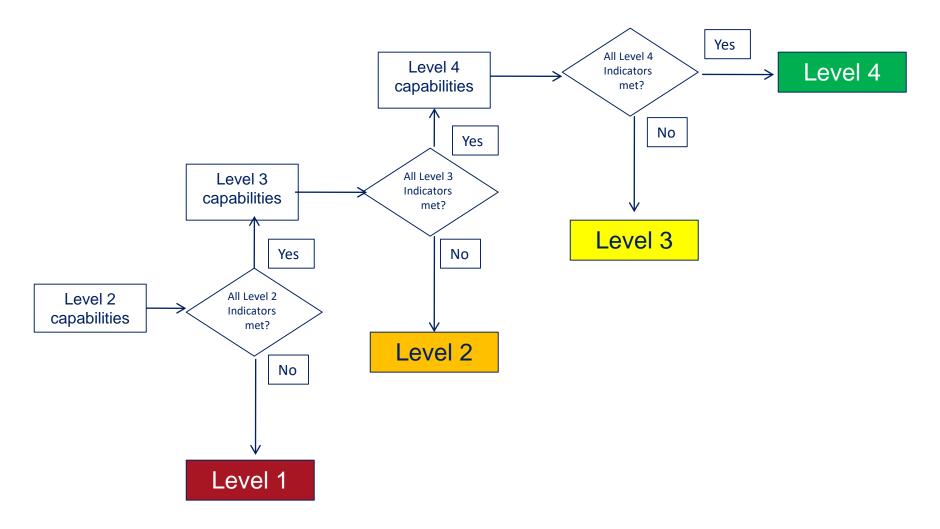
After all the indicators for a capability have been evaluated and substantiated, then the capability can be scored.

A capability is scored based on the indicators that are met.

To achieve a specific level of preparedness, ALL the indicators in that level must be met AND all the indicators in the preceding levels MUST ALSO be fully met.



## **Capability Scoring Flowchart**







### Substantiation of Evidence

Capability values are assigned based on the evidence collected.

Evidence must be substantiated according to the following rules that require either

1 document + 1 observation

1 document + 2 or more interviews

1 observation + 2 or more interviews

3 or more interviews (if interviews alone)

If there are problem area additional substantiation is obtained.



# **Sample ITVA Scoring Matrix**

Capability ID	Description	Score	Rationale
DO1.02	The organization ensures that critical processes are not completed by a sole individual without the appropriate level of checks and balances.		
DO4.02	The organization manages employees' access after they announce their pending resignation or termination.		
HR1.01	The organization confirms the identities and personal and professional histories of job candidates.		
HR1.18	The organization has documented policy for targeted monitoring.		



### **Sample Report Content**

### Assessment reports can include

- determination of which capabilities are
  - done well
  - not done at all
  - need some improvement
- identification of key observations obtained during assessment activities
  - key strengths
  - key gaps
  - constraints
- additional components or follow-on components based on assessment team resources and mission could include
  - improvements and recommendations
  - prioritized implementation plan
  - roadmap





### **Sample ITVA Report Outline**

#### **Executive Summary**

#### Introduction

- ITVA Background
- Scope
- Method
- Structure of this Report

#### **Data Owners**

- Observations
- Recommendations

#### **Human Resources**

- Observations
- Recommendations

#### Information Technology

- Observations
- Recommendations

#### Legal

- Observations
- Recommendations

#### **Physical Security**

- Observations
- Recommendations

#### Software Engineering

- Observations
- Recommendations

#### **Trusted Business Partners**

- Observations
- Recommendations

#### Appendices

- Appendix A: Scores for Data Owners
- Appendix B: Scores for Human Resources
- Appendix C: Scores for Information Technology
- Appendix D: Scores for Legal
- Appendix E: Scores for Physical Security
- Appendix F: Scores for Software Engineering
- Appendix G: Scores for Trusted Business Partners



### **For Licensed Partners**

# There is a very specific report development process used for licensed partners:



- The licensed partner database manager exports an anonymized file from the JAT containing the indicator and capability scores for the capabilities assessed.
  - There is a special export option for this.
  - A .csv file is created for exporting
- This file is uploaded ITVA part of the Partner Network Portal (PNP).
- The CERT Insider Threat Center obtains the exported file and generates the draft assessment report.
- A quality review is completed by the CERT Insider Threat Center.
- Any problems or issues found are discussed with licensees.
- A copy of the draft report is put into your folder on the PNP for downloading.
- Additional information can also be added by you to the standardized body of the report that you downloaded.

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### **Questions and Discussion**

