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Norman C. Dalkey

October 1967

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## DELPHI

Norman C. Dalkey\*

The RAND Corporation, Santa Monica, California

### 1. INTRODUCTION

Delphi is the name of a set of procedures for eliciting and refining the opinions of a group of people. In practice, the procedures would be used with a group of experts or especially knowledgeable individuals.

The significance of the Delphi technique should be examined in the context of what I call the Advice Community. Both industry and government are served by a large group of consultants who purvey information, predictions, and analyses to aid the formation of policy and making decisions. The community is a highly miscellaneous assortment of "in-house" advisors, and external consultants from academia, other industries, nonprofit corporations, and, of course, any other walk of life that appears relevant to the problem facing the decisionmaker. Some of this advice is based on solid generalizations from observation, either of the "crude" empirical variety or somewhat more prestigious deductions from established scientific principles. A great deal of it is "opinion."

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This paper was prepared for presentation to the Second Symposium on Long-Range Forecasting and Planning, Almagordo, New Mexico, October 11-12, 1967.

The notion of opinion is extremely fuzzy, but with your indulgence, I would prefer not to try to make it precise. With respect to the interests of this conference, I believe you will agree that in the area of long range forecasting of technological and social developments there is an especially large admixture of opinion. For this area, the creation of techniques for refining opinion is of particular interest.

Pragmatically, a basic characteristic of opinion as opposed to more solid knowledge is the fact that if you interrogate several equally competent individuals, you are likely to get a divergence of answers. This is obviously not a defining characteristic, since uniformity of response does not guarantee the solidity of that response. From the standpoint of the decisionmaker, a divergence of estimates creates a problem of how to use the estimates in fashioning his policies. There are several heuristic devices that are traditional in the advice community. One is to select a single advisor on some grounds (ranging all the way from personal friendship to lustre within the community). This usually guarantees a certain uniformity. Another is to involve several knowledgeable individuals and employ some method of group interaction to arrive at a common opinion. The most popular of such methods is that of the committee, or commission, with a variety of informal ways to arrive at the "sense of the committee."

Selection of a single advisor in "soft" areas is clearly fraught with danger, on the other hand, committees have certain drawbacks which have been dramatized by a large number of investigations by psychologists and small-group sociologists over the past two decades (1). One major drawback is the influence of the dominant individual. A quite convincing group of studies have shown that the group opinion is likely to be highly influenced, if not determined, by the views of the member of the group who does the

most talking, and that there is no significant correlation between success in influencing the group and competence in the problem being discussed. Another difficulty which has not received as much attention in the literature is "noise"—irrelevant or redundant material that obscures the directly relevant material offered by participants. A third difficulty is group pressure that puts a premium on compromise.

## 2. DELPHI PROCEDURES

The Delphi procedures have been designed to reduce the effects of these undesirable aspects of group interaction. The procedure has three distinctive characteristics:

1. Anonymity.
2. Controlled feedback.
3. Statistical "group response."

Anonymity is a device to reduce the effect of the socially dominant individual. It is maintained by eliciting separate and private answers to prepared questions. Ordinarily, the procedure is carried out by written questionnaire; on-line computers have been used for some exercises. All other interactions between respondents is through formal communication channels controlled by experimenters.

Controlled feedback is a device to reduce noise (among other things). A Delphi exercise will usually consist of several iterations where the results of the previous iteration are "fed back" to the respondents, normally in summarized form.

As a representative of the group opinion, some form of statistical index is reported. For cases where the group task is to estimate a numerical quantity, the median of individual estimates has turned out to be the most useful index tried to date. Thus, there is no particular attempt to arrive at unanimity among the respondents, and a spread of opinions on the final round is the normal outcome. This is a further device to reduce group pressure toward conformity.

A typical exercise is initiated by a questionnaire which requests estimates of a set of numerical quantities, e.g., dates at which technological possibilities will be realized, or probabilities of realization by given dates, levels of performance, and the like. The results of the first round will be summarized, e.g., as the median and inter-quartile range of the responses, and fed back with a request to revise the first estimates where appropriate. On succeeding rounds, those individuals whose answers deviate markedly from the median (e.g., outside the inter-quartile range) are requested to justify their estimates. These justifications are summarized, fed back, and counter-arguments elicited. The counter-arguments are in turn fed back and additional reappraisals collected. This basic pattern has, of course, many possible variants, only a few of which have been tried.

The procedure has been exercised with material where there is no immediate way to evaluate the results—e.g., long range technological and social developments—and also with material where there is the possibility of checking, such as short range economic predictions and estimates of quantities where the actual figures are obtainable, typically "almanac type" material. For material where confirmation is possible, typical outcomes are that opinions tend to converge during the experiment, and more frequently than not, the median response moves in the direction of the true answer. In the case of material where confirmation is not possible, all we can say is that opinions do converge during the exercise (2) (3).

One additional feature of present Delphi procedures should be mentioned. Respondents are requested to make some form of self-rating with respect to the questions. Several different kinds of self-ratings have been tried—ranking the questions in the order of the respondents judgment as to his competence to answer them; furnishing an

absolute estimate of the respondent's confidence in his answer; estimating a relative self-confidence with respect to some reference group. In general there has been no significant correlation discovered between such self-ratings and individual performance for confirmable estimates. However, it has usually been possible to use the self-ratings to select a subgroup of relatively more confident individuals where the performance of the subgroup has been slightly, but consistently better than the group as a whole. In one very thorough study, the improvement was obtained only by combining two self-rating indexes—ranking of questions, and absolute estimates of confidence (4).

### 3. RESULTS OF EXPERIMENTS

There are many things we do not understand as yet about the information processing going on during a Delphi exercise. Thus, we cannot as yet determine how much of the convergence is due to three different factors which are clearly at work: (1) social pressure, (2) "rethinking" the problem, (3) transfer of information during feedback. Several exercises have been conducted that throw some light on this. In one (5), a set of twenty almanac type questions were posed to a group of 23 respondents. A control group of 11 respondents were given the same questions, but on the second round were simply asked to reassess their answers, with no feedback whatsoever. They were not even told what their previous responses had been. In general, except for two questions, the amount of convergence was comparable for the two groups, and the accuracy of responses for the control group was as good as for the second-round responses of the experimental group. This would appear to indicate that a major factor in this exercise was "rethinking." However, the effect of social

pressure and/or information transfer is also indicated by the fact that for the experimental group the interquartile ranges of the second round responses were uniformly contained in the interquartile ranges of the initial responses, whereas for the control group the second-round ranges were contained in the initial ranges for only thirteen out of the twenty questions.

To try to pin down a little more the factors involved, we conducted an experiment, this summer comparing the performance of structured face-to-face discussion groups and the anonymous questionnaire technique. The experiment was guided by two presumptions: (Hypotheses is too pretentious a notion in this rather unstructured subject.) The first presumption was that in a face-to-face situation, information transfer is likely to be much greater than in the anonymous controlled communication situation. This would presumably tend toward greater accuracy on the part of the conference estimates. The second presumption was that the effect of undesirable social interactions could be meliorated by imposing a specific format for the discussions. The format employed was: for each question a new discussion leader was selected by chance; the leader listed on a blackboard all relevant information (including "opinions") suggested by members of the group; he then listed as many different approaches (little "models") for answering the question as the group could devise; estimates were made by each approach; and finally a group consensus was arrived at by informal agreement.

The presumption to be tested was that a structured conference of this sort would produce more accurate estimates than the questionnaire technique. The experiment was performed using a group of graduate students engaged in summer consultant activities at RAND. There were ten participants, divided into two groups of five. There were twenty questions, of the almanac sort, divided into four sets

of five. Each participant group answered ten of the questions by questionnaire, and ten by structured discussion. The only innovation in the Delphi procedure was to interpose a pure information round between the first and second estimation round. Each respondent was allowed to ask the group two questions and the group replies were fed back before the second estimate was made.

The major outcome of the experiment was that the presumption that the structured discussion would turn in a better performance was not born out; in fact, the questionnaire responses were, if anything, somewhat more accurate than the structured conference responses. The difference was not significant except for one measure, namely the sums of ranks of standard scores,\* in which the questionnaire technique showed up as better.

For the discussion groups, no adequate measure was obtained for the role of dominant members, noise, and pressure for consensus; but it was clear from observation of the discussions that the structure imposed was inadequate to eliminate these effects.

An interesting anomaly appeared in the performance of the questionnaire groups; namely, the responses on the second round were more accurate than the responses on the fourth (and final) round. Whether this was due to fatigue—for each set of five questions, the entire set of responses was obtained in one afternoon session—or due to a saturation effect (all of the relevant information elicited by the second round, and simply "wandering" estimates from then on) cannot be determined from the data.

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\* Standard scores were computed by dividing the group estimate by the true answer. The 40 responses were ranked in order of accuracy, and the sums of these ranks taken for each configuration (group, method, question set). The analysis of variance for the sums of ranks indicated a difference between the two methods significant at the .05 level.



Perhaps the significance of the experiment can be most sharply summed up by the following conclusion: if the conference groups had been requested to open their session with anonymous individual "guestimates" of the answer to each question, the median of these off-the-cuff guesses would have been more accurate than the group consensus obtained after a more or less thorough discussion of the subject.

#### 4. DISCUSSION

Delphi procedures are still in an experimental stage with regard to applications to the advice process. The evidence is mounting that systematic processing of expert opinion can produce significant improvements both in accuracy and reliability (using the notion of reliability to refer to the range of estimates). However, the role of Delphi procedures within the corpus of forecasting techniques—extrapolation, simulation, demand analysis, gaming, etc.—has not been established. In particular, there are no cases that I know of where Delphi procedures have been explicitly employed to support specific policy decisions. Hence, there are no direct comparisons of the relative effectiveness of the procedures vs. other more traditional forms of advice. The studies that I am familiar with in areas relevant to policy have been more like exploratory exercises to test the feasibility and "manageability" of the procedures with extensive subject matters and geographically scattered experts. In this respect, the procedures have turned out to be manageable, but often rather cumbersome.

A common reaction is to imagine Delphi as a method of obtaining inputs for some kind of formal estimating structure—e.g., inputs for a simulation model. I must confess that at times I find this an appealing notion, but it cannot be the full story. Most often, for those areas where data

is lacking, a formal model is lacking as well. As a matter of fact, the Delphi procedure is one of the most efficient I know for "uncovering" the implicit models that lie behind opinions in the "soft" areas. One of the most valuable side-products of a Delphi exercise concerned with strategic bombing was the skeleton of a model which was later fleshed out in great detail (2).

There are several tautologies which are directly relevant to the group estimation process: (a) The total amount of information available to a group is at least as great as that available to any member. (b) The median response to a numerical estimate is at least as good as that of one half of the respondents. (c) The amount of misinformation available to the group is at least as great as that available to any member. (This one is usually overlooked in discussions of the advantages of groups vs. individuals.) (d) The number of approaches (or informal models) for arriving at an estimate is at least as great for the group as for any member. (e) Corresponding item for approaches is as (c) for information. For simplicity I have included noise in misinformation and poor approaches.

These tautologies do not add up to anything like a "theory" of the group estimation process, but they are suggestive. For example, (c) and (e) hint that there may be an optimal size of group for a given kind of estimation. This would be in accordance with some experimental results with small discussion groups. They also suggest that part of the group estimation process should be concerned with active suppression of misinformation as well as "filling voids" in information.

We have no way at present of determining whether the questionnaire-feedback procedure is anything like an optimal use of the information available to a group, or whether it includes a mechanism for reducing the effect of misinformation. Nor can we say that it is most effectively used in

isolation, or within the context of other methodologies. In short, there is a very large field waiting for the plough.

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