



# MEDCOM SUSTAINABILITY

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Report Documentation Page					Form Approved OMB No. 0704-0188	
maintaining the data needed, and c including suggestions for reducing	lection of information is estimated t completing and reviewing the collect this burden, to Washington Headqu uld be aware that notwithstanding an DMB control number.	ion of information. Send commen- arters Services, Directorate for Inf	ts regarding this burden estimate formation Operations and Reports	or any other aspect of t s, 1215 Jefferson Davis	his collection of information, Highway, Suite 1204, Arlington	
1. REPORT DATE MAY 2009		2. REPORT TYPE		3. DATES COVE 00-00-2009	ered 9 to 00-00-2009	
4. TITLE AND SUBTITLE			5a. CONTRACT NUMBER			
MEDCOM Sustain	nability	5b. GRANT NUMBER				
			5c. PROGRAM ELEMENT NUMBER			
6. AUTHOR(S)			5d. PROJECT NUMBER			
					5e. TASK NUMBER	
		5f. WORK UNIT NUMBER				
US Army Center fo	ZATION NAME(S) AND AI or Health Promotion us and Medical Was	n and Preventive	leen Proving	8. PERFORMIN( REPORT NUMB	G ORGANIZATION ER	
9. SPONSORING/MONITORING AGENCY NAME(S) AND ADDRESS(ES)				10. SPONSOR/MONITOR'S ACRONYM(S)		
			11. SPONSOR/MONITOR'S REPORT NUMBER(S)			
12. DISTRIBUTION/AVAIL Approved for publ	LABILITY STATEMENT ic release; distribut	ion unlimited				
13. SUPPLEMENTARY NO Presented at the Ni held 4-7 May 2009	DIA Environment, l	Energy Security &	Sustainability (E2	S2) Symposi	um & Exhibition	
14. ABSTRACT						
15. SUBJECT TERMS						
16. SECURITY CLASSIFICATION OF:			17. LIMITATION OF	18. NUMBER	19a. NAME OF	
a. REPORT <b>unclassified</b>	b. ABSTRACT unclassified	c. THIS PAGE unclassified	ABSTRACT Same as Report (SAR)	OF PAGES <b>24</b>	RESPONSIBLE PERSON	

Standard Form 298 (Rev. 8-98) Prescribed by ANSI Std Z39-18





#### AGENDA

**PURPOSE**: To provide information on the MEDCOM Sustainability Strategy – Development & Implementation.

> Sustainability Overview Health Care Footprint Phased Approach Phase Status Moving Forward





## SUSTAINABILITY GOALS

- Develop and Implement Sustainability Strategic Plan to:
- Sustain mission readiness
- Improve care for warfighters
- Improve quality of life for patients and healthcare staff
- Strengthen community relationships
- Ecological stewardship
- Reduce total costs of operation and ownership

# HEALTHCARE FOOTPRINT



#### In the United States:

- 16% of U.S. economy devoted to healthcare (\$2 trillion in 2005)
- Consumes 8% of national energy (\$8.3 billion/yr)
  - MEDCOM = 94M/yr
- 4<sup>th</sup> Highest energy user by building type
- 4% of national square footage
- Largest user of water in a community
  - MEDCOM = \$6M/yr (water & wastewater)
- 5 million tons of solid waste per year
  - MEDCOM = \$600K/yr (hazardous waste)
- 750K tons/yr Regulated Medical Waste
  - MEDCOM = 1,500 tons/yr (\$2M/yr)





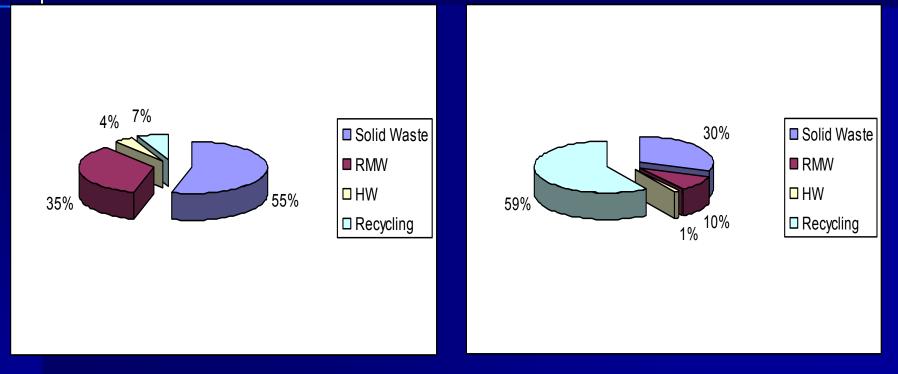
#### **Waste Reduction**







#### **HOSPITAL WASTE STREAMS\***



#### Typical Hospital Waste Stream

#### **Optimal Hospital Waste Stream**





## MEDCOM SUSTAINABILITY -PHASED APPROACH

- Phase I: Policy Memorandum, Community and Marketing
- Phase II: Boundary Development, Benchmarking & Surveying
- Phase III: Sustainability Strategic Plan





#### MEDCOM SUSTAINABILITY Commitment-

Key ingredients:

- Leadership/Command Emphasis
- Coordination
- Communication
- Education
- Accountability





#### PHASE I STATUS

#### Phase I: Policy Memorandum, Brochure, Community and Marketing

- Sustainability Policy signed 20 Feb 09
- Marketing Brochure under development
- Community involvement
  - Practice Greenhealth Corporate Membership (Feb 09)
    - Method to interact/learn from other health care facilities
    - Awards programs
    - Signing Ceremony
    - Training opportunities



### PHASE II STATUS



Phase II: Boundary Development, Benchmarking, Surveying

Workshop #1 – 2 April 09

- Stand up HQ MEDCOM Sustainability Meeting Team (Memo for CoS signature)
- Team Building
  - Develop Shared Vision
  - Develop Mission Statement
  - Develop Brand, Logo, and Strategic Communication Plan
  - Begin Developing Sustainability Initiatives for Functional Areas





#### PHASE II STATUS

- External benchmarking will begin May 09
   2<sup>nd</sup> MEDCOM sustainability FONCON-22 Apr 09
- Internal surveys and site visits will begin June 09





#### **GREEN TEAMS**

- Cross-functional leadership
- Two levels
  - HQ MEDCOM Sustainability Team
    - Establishes measurable goals for Sustainability Strategy Plan
    - Develops policy changes to help achieve goals
    - Provides leadership for the MTF Sustainability Teams





#### **GREEN TEAMS**

- Second level
  - MTF Sustainability Teams
    - Local sustainability initiatives
    - Helps establish measurable goals for Sustainability Strategy Plan
    - Establishes and implements specific sustainability goals for each MTF





#### PHASE III STATUS

# Phase III: Sustainability Strategic Plan Completion by late CY 2009 or early 2010 Balanced Score Card Metrics





# Looking back....

- Evaluation of alternates to incineration throughout MEDCOM hospitals due to EPA proposed more stringent emission standards.
- Distillation of solvent waste from hospital laboratories.
  - Product not consistently of sufficient quality for reuse.
  - Manpower intensive
  - Not maintained in any facility



# MEDCOM SUSTAINABILITY

- Process change from wet chemical x-ray processing to digital x-ray processing.
- Chemical/HM reviews
  - Review of hospital handling/labeling/storage/ disposal of chemicals and expired pharmaceuticals
- H2E Mercury-Free hospitals
  - MEDCOM Mercury Reduction Plan
  - Mercury inventories
  - Systemic review and phase-out



# **MEDCOM SUSTAINABILITY INITIATIVES-Current**



Process change from wet chemical mammogram processing to digital mammogram processing-due to recent FDA approval.

Replacement of inefficient lighting with high efficiency lights which are recycled after use.





## MEDCOM SUSTAINABILITY INITIATIVES-Current

- MEDCOM joined Practice Green Health
   Developed MEDCOM sustainable policy (02/09)
- MEDCOM assembled a "Gren Team"
  - 1<sup>st</sup> mtg (HQ only) in April to announce sustainability strategy
- Developed a questionnaire to benchmark our current status (e.g. energy, water, waste, etc). Sent to each facility.





## **FUTURE ACTIONS**

- LEED implementation
- Facility Energy Audits
- Department of Energy's Energy Star Portfolio
- Green house gas surveys
- MTF Solid Waste Management Studies
- Water conservation plans





#### **FUTURE ACTIONS**

- Digital Mammography-system wide
- Piloting Neptune System for operating room waste
- Piloting Vyleater for waste consolidation & HIPPA issues
- Presentations to communicate strategy: AUSA, ASHE, ASHES etc





### **MOVING FORWARD**

- Send Internal Questionnaire as Tasker
- External Benchmark
- Strategic Communications Develop series of Sustainability articles
- MEDCOM Sustainability Workshops
- Establish Sustainability work group
- Analyze Questionnaire results
- Develop Sustainability Strategy
- Implement best management practices
- Develop Strategy Map- Balance Score Card/Metrics







Increase Recycling
Regulated medical waste reduction
Hazardous waste reduction
Energy conservation

- Water conservation
- Greenhouse gases emission reduction



Go

Back

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#### Where to obtain more information http://ofee.gov/eo/eo13423 main.asp

Address All http://ofee.gov/eo/eo13423\_main.asp



Sustainable Environmental Stewardship Waste Prevention and Recycling Green Purchasing Electronics Stewardship Environmental Management Systems Sustainable Buildings Industrial Ecology

#### Office of the Federal Environmental Executive

Promoting sustainable environmental stewardship throughout the federal government

E	
Executive Order 13423	

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E.O. 13423

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USA.gov

On January 24th, 2007, President George W. Bush signed Executive Order 13423, "Strengthening Federal Environmental, Energy, and Transportation Management." The order sets goals in the areas of energy efficiency, acquisition, renewable energy, toxics reductions, recycling, renewable energy, sustainable buildings, electronics

"Strengthening Federal Environmental, Energy, and Transportation Management."

stewardship, fleets, and water conservation. In addition the order requires more widespread use of Environmental Management Systems as the framework in which to manage and continually improve these sustainable practices.

- E.O. 13423
- <u>E.O. 13423 Fact Sheet</u>
- E.O. 13423 Implementing Instructions
- Federal Register Notice of Availability of E.O. 13423 Implementing Instructions
- White House Press Release
- Guidance on Counting Waste-to-Energy in Waste Diversion Goals
- USDA Sustainable Operations Council
- Water Efficiency and Conservation Guidance





#### http://www.practicegreenhealth.org/

