REPORT	DOCU	MENTATI	ON PAGE	Form Approved OMB NO. 0704-0188				
The public reporting burden for this collection of information is estimated to average 1 hour per response, including the time for reviewing instructions searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggesstions for reducing this burden, to Washingtor Headquarters Services, Directorate for Information Operations and Reports, 1215 Jefferson Davis Highway, Suite 1204, Arlington VA, 22202-4302 Respondents should be aware that notwithstanding any other provision of law, no person shall be subject to any oenalty for failing to comply with a collection of information if it does not display a currently valid OMB control number. PLEASE DO NOT RETURN YOUR FORM TO THE ABOVE ADDRESS.								
1. REPORT DATE (DD-MM-YYYY)		2. REPORT TYPE			3. DATES COVERED (From - To)			
27-08-2014		,	Related Material			-		
4. TITLE AND SU	BTITLE				5a. CONTRACT NUMBER			
		te Deformatio	n due to Controlle	d	W911NF-10-1-0276			
Localized Tissue Surrogate Deformation due to Controllec Single Bubble Cavitation					5b. GRANT NUMBER			
					5c. PROGRAM ELEMENT NUMBER			
						611102		
6. AUTHORS			1		5d. PRO.	ROJECT NUMBER		
Hong Yu, Malisa Sarntinoranont, Saranya Canchi, Michael A. King, GhatuSubhash					5e. TASK NUMBER			
					5f. WORK UNIT NUMBER			
7. PERFORMING	ORGAN	ZATION NAMI	ES AND ADDRESSES	5		8. PERFORMING ORGANIZATION REPORT		
University of Flori 339 Weil Hall	da Office					NUMBER		
Gainesville, FL			1 -6550					
9. SPONSORING/ (ES)	MONITO	RING AGENCY	S 1	10. SPONSOR/MONITOR'S ACRONYM(S) ARO				
U.S. Army Researc P.O. Box 12211		22200 2211		Ν	11. SPONSOR/MONITOR'S REPORT NUMBER(S)			
Research Triangle	Park, NC	27709-2211			5	58232-EG.17		
12. DISTRIBUTION								
Approved for public			imited.					
The views, opinions	13. SUPPLEMENTARY NOTES The views, opinions and/or findings contained in this report are those of the author(s) and should not contrued as an official Department of the Army position, policy or decision, unless so designated by other documentation.							
possible damage control single bu investigated. The wave (with over	mechan oble cav experin and und	ism for soft br itation and its nent utilized a er pressure con	ain tissues. A nove collapse, and the in Hopkinson pressu nponents) to a flui	el exp nfluer re bar d-fill	erimental sc nce of this p system whi ed test cham	e to blast waves, was investigated as a heme was developed to visualize and rocess on a nearby tissue surrogate was ch transmits a simulated blast pressure ber implanted with a seed gas bubble.		
15. SUBJECT TEF	15. SUBJECT TERMS Cavitation; Traumatic brain injury; Agarose hydrogel; Shock wave, brain tissue							
						19a. NAME OF RESPONSIBLE PERSON Ghatu Subhash		
a. REPORT b. ABS	DI KAU I	UU	UU			19b. TELEPHONE NUMBER 352-392-7005		

Г

٦

## **Report Title**

Localized Tissue Surrogate Deformation due to Controlled Single Bubble Cavitation

## ABSTRACT

Cavitation-induced shock wave, as might occur in the head during exposure to blast waves, was investigated as a possible damage mechanism for soft brain tissues. A novel experimental scheme was developed to visualize and control single bubble cavitation and its collapse, and the influence of this process on a nearby tissue surrogate was investigated. The experiment utilized a Hopkinson pressure bar system which transmits a simulated blast pressure wave (with over and under pressure components) to a fluid-filled test chamber implanted with a seed gas bubble. Growth and collapse of this bubble was visually recorded during passage of the blast wave with a high speed camera. To investigate the potential for cavitation damage to a tissue surrogate, local changes in strain were measured in hydrogel slices placed in various configurations next to the bubble. The strain measurements were made using digital image correlation technique by monitoring the motion of material points on the tissue surrogate. In one configuration, bubble contact dynamics resulted in compression contact (>60 ?s) followed by inertially-driven tension (>140 ?s). In another configuration, the influence of local shock waves emanating from collapsed bubbles was captured. Large compressive strains (0.25 to 0.5) that were highly localized (0.18 mm2) were measured over a short time period (<24 ?s) after bubble collapse. High bubble collapse pressures 29 to 125 times that of peak blast overpressure are predicted to be the source of these localized shock waves. Consistent with theoretical predictions, these cavitation-based strains are far larger than the strains imposed by passage of the simulated blast wave alone. Finally, the value of this experimental platform to investigate the single bubble cavitation-induced damage in a biological tissue is illustrated with an example test on rat brain slices.

# Localized Tissue Surrogate Deformation due to Controlled Single Bubble Cavitation

Yu Hong<sup>a</sup>, Malisa Sarntinoranont<sup>a</sup>, Saranya Canchi<sup>a</sup>, Michael A. King<sup>b</sup>, and Ghatu Subhash<sup>a</sup>

<sup>a</sup> Department of Mechanical & Aerospace Engineering, University of Florida, Gainesville, FL
 <sup>b</sup> Department of Pharmacology & Therapeutics, University of Florida, Gainesville, FL

# **Corresponding Author**

Ghatu Subhash, Ph.D. Department of Mechanical & Aerospace Engineering University of Florida NEB 129 Gainesville, FL 32611 Office Phone: (352) 392-7005 Fax: (352)392-7303 E-mail: subhash@ufl.edu

#### Abstract (250 words)

Cavitation-induced shock wave, as might occur in the head during exposure to blast waves, was investigated as a possible damage mechanism for soft brain tissues. A novel experimental scheme was developed to visualize and control single bubble cavitation and its collapse, and the influence of this process on a nearby tissue surrogate was investigated. The experiment utilized a Hopkinson pressure bar system which transmits a simulated blast pressure wave (with over and under pressure components) to a fluid-filled test chamber implanted with a seed gas bubble. Growth and collapse of this bubble was visually recorded during passage of the blast wave with a high speed camera. To investigate the potential for cavitation damage to a tissue surrogate, local changes in strain were measured in hydrogel slices placed in various configurations next to the bubble. The strain measurements were made using digital image correlation technique by monitoring the motion of material points on the tissue surrogate. In one configuration, bubble contact dynamics resulted in compression contact (>60 µs) followed by inertially-driven tension (>140 µs). In another configuration, the influence of local shock waves emanating from collapsed bubbles was captured. Large compressive strains (0.25 to 0.5) that were highly localized (0.18 mm<sup>2</sup>) were measured over a short time period ( $<24 \mu s$ ) after bubble collapse. High bubble collapse pressures 29 to 125 times that of peak blast overpressure are predicted to be the source of these localized shock waves. Consistent with theoretical predictions, these cavitation-based strains are far larger than the strains imposed by passage of the simulated blast wave alone. Finally, the value of this experimental platform to investigate the single bubble cavitation-induced damage in a biological tissue is illustrated with an example test on rat brain slices.

Keywords: Cavitation; Traumatic brain injury; Agarose hydrogel; Shock wave, brain tissue

# Introduction

Blast-induced traumatic brain injury (bTBI) has sometimes been referred to as the 'signature injury' of the Iraq and Afghanistan wars, with estimates of 10 to 20% of returning military personnel having suffered from bTBI<sup>1</sup>. Patients often present a complex response to bTBI, and persistent symptoms can lead to long-term disabilities. One key concern is that pathogenesis of bTBI and initial mechanisms of injury are still unclear. Numerous possible mechanisms, including diffuse axonal injury due to rapid accelerating – decelerating forces, skull deformation with elastic flexure, multiple wave reflections, impedance mismatch between heterogeneous tissue types, and cavitation, have been proposed <sup>2</sup>. Brain injury mechanisms based on cavitation are rooted on the concept of shock loading <sup>3</sup> where blast waves consist of large overpressure (compressive) and smaller underpressure (tensile) components. Propagating blast waves traveling through air impinge on the head, leading to a portion of the wave being transmitted into cerebrospinal fluid (CSF) and brain tissue. Within the short time period of blast wave transmission, there is potential for cavitation bubbles to form, grow and collapse within fluid spaces inside the head. Cavitation occurs spontaneously when liquid of approximately constant temperature is subjected to a sufficiently rapid decrease in pressure. Vapor bubbles form when pressure falls below the saturated vapor pressure as may occur during the passage of underpressure phase of a blast wave. CSF carries dissolved gasses, and cavitation can be induced within CSF or other fluid compartments within the brain when exposed to relatively low blast underpressure <sup>4</sup>. Nucleation of cavitation bubbles may occur through heterogeneous nucleation, initiating at junctions of liquid-solid boundaries, e.g. particulate surfaces. However, pre-existing gas nuclei can act as another source <sup>5</sup>. Previous hyperbaric decompression and ultrasound studies suggest that bubbles originate from microscopic gas nuclei present in biological tissues <sup>6-</sup> 9

Spatial displacement associated with formation and growth of vapor bubbles with cavitation could be sufficient to damage brain tissue. Furthermore, considerable energy is released with bubble collapse, and this generates additional local shock waves that can be of very high frequency and magnitude <sup>10, 11</sup>. Bubble collapse pressures, which drive these local shock waves, have been reported over a wide range (15 MPa to 2.5 GPa) <sup>11-14</sup>. These pressures are potentially much greater than blast overpressures. Another characteristic feature of bubble collapse is the

generation of a high-speed fluid jet <sup>15, 16</sup> which may cause additional damage as it impinges on tissue. Resulting collapse events can mediate highly localized tissue deformation and damage. Such cavitation damage of material surfaces is well established since the original work of Rayleigh who first studied pitting of ship propeller blades or water turbine blades <sup>17, 18</sup> which is commonly referred to as 'cavitation erosion'. Thus, collapsing cavitation bubbles in the brain may cause local damage to nearby tissues or blood vessels.

While limitations of current imaging techniques make in vivo cavitation measurements challenging, previous studies suggest that extensive cavitation caused by explosive blast might occur in the CSF surrounding human brain <sup>19-21</sup>. For example, negative pressures have been reported in CSF following exposure to blast waves generated by shock tubes in cadaver and animal models <sup>22</sup>. Other studies using simplified fluid models of the head or head-neck have also shown negative pressure to be induced at the coutrecoup position when exposed to a high pressure blast wave directed at coup <sup>3, 23, 24</sup>. In vitro impact and blast studies also show visual evidence of cavitation<sup>3, 25</sup>. TBI impact studies using transparent, fluid-filled head models showed visual evidence of bubble formation, growth and collapse within CSF spaces <sup>24</sup>. In shock tube blast tests, Goeller et al.<sup>3</sup> also showed cavitation at contrecoup regions that coincided temporally with periods of negative pressure. Collapse of cavitation bubbles and elastic rebound of the skull resulted in significant pressure spikes in CSF fluid regions. Other computational studies of blast propagation through the head and surrounding CSF spaces predict regions of negative pressure in contrecoup regions which also suggest cavitation may occur during blasts <sup>13</sup>, <sup>14, 19-21</sup>. Tissue studies using ultrasound shock waves also support cavitation induced damage, e.g. hemorrhage and cellular membrane poration <sup>26-28</sup>. In addition, cavitation in blood vessels has been shown to result in air emboli that can reach the brain causing cerebral infarct <sup>29, 30</sup>.

There are numerous studies of bubble dynamics during cavitation. The most common theoretical model is the Rayleigh-Plesset model <sup>17, 18</sup>. Plesset and Chapman were the first to calculate liquid jet formation with collapse of an empty spherical bubble due to the high surrounding fluid pressure <sup>18</sup>. Experimental evidence of cavitation is often given by acoustic measurements <sup>31</sup> and/or optical imaging <sup>11</sup>. Pressure amplitudes during cavitation bubble collapse have been experimentally determined to be between 15 MPa <sup>14</sup> to 1 GPa <sup>12</sup> using pressure measurement systems. By using Rayleigh-Plesset theory with bubble imaging data, maximum collapse pressures over a wide range between 8 MPa <sup>13</sup> to 2.5 GPa <sup>11</sup> have also been calculated.

A fundamental problem in the study of cavitation is that a testing platform does not readily exist to control bubble growth and collapse. In this study, a novel experimental system capable of investigating single bubble cavitation was developed. This experiment utilized a polymer Hopkinson pressure bar system to transmit a simulated blast pressure wave to a fluid-filled test chamber<sup>32</sup>. By controlling the gas content in the fluid chamber, either bulk or single bubble cavitation tests can be performed. For single bubble tests, controlled cavitation was produced by introducing a seed gas bubble which underwent growth and collapse with blast wave passage. Cavitation was then investigated as a possible damage mechanism for soft tissues by quantifying the dynamic behavior of a nearby tissue surrogate (ballistic gel or 0.5% agarose hydrogel). Deformation of speckled hydrogel slices were recorded with a high speed camera, and a digital image correlation (DIC) technique was used to calculate strain fields during bubble growth and collapse. The subsequent response of the tissue surrogate to the local blast wave resulting from single bubble collapse was captured and quantified. Implications for localized high strain due to bubble collapse are discussed. Such a test system may be used to better isolate damage and injury due to cavitation bubbles and, in future studies, this system will be extended to biological tissues such as brain tissue slices.

# Methodology

### High strain rate test system

A split Hopkinson pressure bar (SHPB) is traditionally used to test metallic and ceramic materials at high strain rates in the range of 500-5000/s<sup>33, 34</sup>. In this study, a polymer SHPB (PSHPB) system <sup>32, 35-37</sup> was used to generate lower magnitude stress and pressure waves that mimicked shock waves within the head. A schematic of the test system is given in Figure 1. The striker bar (0.0254 m diameter and 0.38 m in length) was launched from a gas gun towards the incident bar (0.0254 m diameter and 2.44 m in length). This impact sent a stress wave through the incident bar, and upon reaching the piston, the stress wave accelerated the piston rapidly. After the initial compression, a momentum trap pulled back the incident bar in order to avoid multiple loading of the test cell <sup>34</sup>. This loaded the fluid in the test chamber and generated a pressure profile similar to a blast wave.

The 90 mm x 55 mm x 42 mm transparent acrylic test cell consisted of an interior rectangular chamber filled with 6 ml of distilled water to house the fluid and gel slices. The interior chamber

was connected to a cylindrical chamber in which the piston was fit. The cylindrical chamber was machined for a tight fit with the piston rod, also O-rings mounted on the piston provided a leak-proof seal. The pressure inside the chamber was measured utilizing a high rate pressure sensor (113B24, PCB Piezotronics Inc., Depew, New York) with a sample rate of 100 kHz. In addition, a high speed digital camera (Vision Research 710, Ametek Company, Wayne, New Jersey) was aligned above the test cell to view cavitation events with a frame rate of 80,000 frames/second.



**Figure 1**. Schematic of the momentum-trap PSHPB experimental set-up used for cavitation testing of tissue surrogates. The seed bubble and hydrogel slice specimen were placed in the fluid filled test cell and loaded by the incident bar of PSHPB. The striker bar was launched by a gas gun.

#### **Cavitation testing**

For bulk cavitation testing, specimen samples were submerged in the test cell and tested with the PSHPB system. No bubbles were visible in the test cell before testing. In test cells and samples that were not degassed or partially degassed, numerous bubbles were seen to form, grow and collapse within the test cell.

For single bubble cavitation tests, the fluid-filled test chamber was degassed to prevent the formation of multiple bubbles. To accomplish this, all parts of the test chamber were submerged in distilled water in a large beaker and degassed within a vacuum pump (model 150, Precision scientific Inc., Winchester, Virginia) for 10 minutes. An ultrasonic bath (model FS20, Fisher Scientific Inc., Hampton, New Hampshire) was then used to release and remove remaining small bubbles from all surfaces. A single seed bubble with a diameter of less than 50 µm was picked up with a spatula from outside the chamber and then placed along an inside wall of the submerged test cell. To ensure proper placement, either a small piece of tape was adhered to the chamber

wall or a small region of the chamber wall was coated with petroleum (model p-16, Panef Co., Milwaukee, Wisconsin) to act as a surface anchor for the seed bubble, see Figure 2.



**Figure 2**. Schematic of the degassed test chamber with a single seed bubble (top view as seen by the high speed camera).

### Gel slice testing

Gel slices were introduced into the test cell to determine the effect of cavitation on soft tissue response. While initial tests were conducted using ballistic gel (10%, product 1347, VYSE, Addison, IL), the majority of tests were conducted with agarose-based hydrogel (0.4-0.6%, Trevigel 5000 powder, Trevigen, Inc. Gaithersburg, Maryland). Hydrogels were prepared in a Petri dish and cut into approximately 11 mm × 9 mm × 1 mm slices. Agarose-based hydrogels have been previously used for brain surrogate studies <sup>38, 39</sup>. Modulus values for this concentration (~0.27 kPa) are slightly higher than measured for brain tissue slices <sup>35, 38</sup>. To allow tracking of deformation, hydrogel slices were speckled with black ink (Accu stamp, Cosco Industries Inc., Harwood Heights, Illinois) with an air brush (model 200nh, Badger Air-Brush Co., Franklin Park, Illinois).

Two bubble placements were tested: (i) at the edge and (ii) underneath slices. With edge placement (i), the seed bubble was placed near the edge of a hydrogel slice at a distance of approximately 1 mm within the plane of the hydrogel slice. This allowed for quantification of edge deformation during bubble growth and collapse. In the other test configuration (ii), the seed bubble was placed beneath the hydrogel close to the center of the slice. This placement resulted

in better visualization of the local shock wave response of the tissue due to bubble growth and collapse.

#### **Digital image correlation (DIC)**

Digital image correlation is a well-established experimental technique to measure full-field displacements on any test sample which has been speckled with dye or ink. These speckles move with the object upon loading and by capturing the time resolved images of the deformed specimen, allow measurement of the displacement on the entire specimen. This technique has been employed by Subhash et al. <sup>35</sup> to measure tensile deformation of agarose gel at various concentrations as well as our previous brain slice testing <sup>32</sup>. In the current study, high speed camera images of the deforming hydrogels were used to calculate displacement and strain of the hydrogel slices using the DIC method. 2D-DIC was used to track the movement of material points between consecutive images. Reference undeformed hydrogel slice images were divided into an evenly spaced grid of dimension (0.05 mm  $\times$  0.05 mm) corresponding to the pixel size in each image. Each pixel had a different gray value intensity due to speckling. A sum of squared differences correlation criterion, zero-normalized sum of square differences (ZNSSD) correlation criterion  $^{40}$ , was employed to track the displacement of each pixel. For this method, a 29  $\times$  29 pixel subset centered about an object pixel was selected within the reference image, and its corresponding location in the deformed image at the next time point ( $\Delta t=12-20$  s) was determined using the ZNSSD correlation function to evaluate the similarity between reference and target subsets. Newton-Raphson method with bicubic spline interpolation was employed to solve for the correlation function. Once the minimum correlation value was determined, differences between the corresponding positions of reference and deformed subset centers yielded in-plane displacements. Strain fields were calculated from displacement fields using twodimensional Savitzky-Golay digital differentiation<sup>41</sup>. The DIC algorithm was implemented using DIC software (MOIRE, v. 0.955b, Opticist.org) based on Pan et al.<sup>41</sup>.

#### Estimation of bubble collapse pressure

The Rayleigh-Plesset equation <sup>18</sup> was used to estimate bubble collapse pressure in order to quantify the local shock wave effect. The simplified model is based on an isolated spherical bubble cavitation in an infinite, incompressible liquid and does not account for surface tension or

viscous effects. The dynamic bubble behavior is governed by the following differential equation <sup>18</sup>.

$$R\ddot{R} + \frac{3}{2}\dot{R}^{2} = \frac{P_{R} - P_{\downarrow}}{r}$$
(1)

where *R* is the bubble radius, *P<sub>R</sub>* is the pressure in the liquid at the boundary of the bubble, *P*<sub>∞</sub> is the environmental pressure, and  $\rho$  is the density of surrounding fluid. For each test, *R(t)* was determined from high speed digital images. The central difference method was used to calculate time derivatives,  $\dot{R}(t)$  and  $\ddot{R}(t)$ . *P*<sub>∞</sub>(*t*) was set as the far-field fluid pressure as measured by the pressure transducer. The time point of bubble collapse was also determined from imaging data as the point at which the bubble shrank to its smallest measurable radius.

# Results

### Single bubble cavitation

Figure 3A shows temporal evolution of a typical bubble with exposure to the simulated blast pressure wave shown in Figure 3B. The seed bubble was compressed during the compressive overpressure phase (a-c); the bubble grew during the tensile underpressure phase (d-h); the bubble collapsed (n); then there was secondary growth (o) followed by secondary collapse of the bubble (p-r). The bubble remained approximately spherical throughout the test until collapse. The time from when the bubble started to grow until collapse ranged from 270 to 350  $\mu$ s. The corresponding pressure profile measured within the chamber was similar to a blast shock wave with an overpressure peak phase followed immediately by a negative pressure phase and subsequent smaller oscillations. Minimum bubble size occurred at approximately the time of Maximum bubble size coincided with the minimum maximum overpressure,  $P_o max$ . underpressure,  $P_{u \min}$ . There was a time lag (50 to 63 µs) between true minimum pressure and maximum bubble size. This delay was attributed to (i) the time required for the pressure wave to travel the distance between the bubble and sensor and (ii) inertial delay of bubble growth. Bubble collapse was noted at point (n) and corresponded to disintegration of the original bubble into multiple smaller bubbles.



**Figure 3**. Dynamic behavior of a single bubble in response to a simulated blast wave. (A) Sequence of images showing evolution of a single bubble cavitation. The gas seed bubble had an initial diameter  $< 50 \ \mu\text{m}$ . (B) Corresponding pressure profile showing overpressure and underpressure phases. *t*=0 corresponds to the start of the PSHPB experiment.

Table 1 summarizes pressure and bubble behavior during PSHPB testing. For this test system,  $P_{o max}$  ranged between 800 and 1200 kPa.  $P_{u min}$  ranged between -50 and -250 kPa. The average ratio of overpressure to underpressure ( $P_{o max} / |P_{u min}| = 5.12 \pm 0.45$  SD) was relatively constant. Overall, increasing magnitude of air gun pressure increased the magnitude of  $P_{u min}$  and resulted in increasing bubble size, see Figure 4. As a result of this dependence, bubble behavior was grouped based on  $P_{u min}$  into low, medium and high groups, see Table 1. Bubble collapse was consistently observed after the second overpressure peak (point 1 in Fig. 3, 85 ± 17 kPa) as pressure was falling. The measurable bubble collapse radius varied between 0.2 to 0.5 mm. It should be noted that bubble radius at collapse was difficult to determine as the bubble size approached the limit of image resolution. Therefore, it was not possible to identify the pressure at the exact time of collapse of the bubble from the images. To overcome this limitation, we have

plotted the instantaneous bubble radius *R* during its growth and collapse as shown in Figure 5(A). A fifth-order polynomial was fit to this data from which one can calculate the corresponding  $\dot{R}(t)$  and  $\ddot{R}(t)$  functions and then determine the boundary pressure  $P_c$  in the fluid for each bubble radius based on Rayleigh-Plesset relation as shown in Fig. 5(B). Because the radius at the instance of bubble collapse (i.e., at R=0) is unknown, we fit an exponential curve ( $P_c = ke^{-R}$ ) for this data. The curve-fit equations for the growth and collapse of three typical bubble sizes are shown in Figure 5(B). By setting R=0, we determined the elusive collapse pressure  $P_c$  at the time of bubble collapse i.e.,  $P_c=k$ . Typical collapse pressure for a large size bubble (i.e., large negative or tensile pressures) were as high as 100 MPa. For comparison, note from Fig.3(B) that a typical value of incident blast overpressure in our set up was only around 1 MPa, and the blast under pressure was approximately 250 kPa. Thus the local pressure at the time of bubble collapse could be as high as 100 times the incident over pressure or approximately 400 times the blast under pressure. In our experiments,  $P_c$  was determined to be 29 to 125 times higher than the measured peak overpressure.



**Figure 4**. Bubble radius variation with minimum underpressure,  $P_{u min}$ . A linear function was fit (R<sup>2</sup> =0.90).



**Figure 5**. Bubble time history and calculated collapse pressure. (A) Typical bubble growth and collapse during testing. Radial profiles for three bubbles corresponding to low, medium and high underpressure groups are shown. 5th order polynomials were fit to experimental data ( $R^2 > 0.95$ ). (B) Collapse pressure estimation method. Bubble pressure was calculated at each bubble radius for the low, medium and high underpressure tests shown in (A). Exponential equations were fit and pressure at *r*=0 was estimated to be the bubble collapse pressure, *P<sub>c</sub>* ( $R^2 > 0.90$ ).

Underpressure group (sample size)	Low (n=10)	Medium (n= 8)	High (n=9)
P <sub>u min</sub> (kPa)	-86±11	-166±39	-315±21
Air gun pressure (kPa)	69	130	207
P <sub>o max</sub> (kPa)	851±49	943±71	1178±22
Over/underpressure duration* (µs)	586±23/157±14	643±31/168±22	723±24/184±13
Lag time <sup>†</sup> (µs)	53±2	58±7	60±3
Maximum radius of bubble (mm)	0.47±0.12	1.08±0.15	1.45±0.11
Collapse radius (mm)	0.21±0.11	0.24±0.13	0.23±0.09
$P_{\infty}$ at collapse <sup>‡</sup> (kPa)	6.51±3.32	3.38±7.44	0.51±4.65
$P_c$ (kPa)	$25.1x10^3 \pm 4.2x10^3$	$68.6 \times 10^3 \pm 5.3 \times 10^3$	$123.9 \text{ x}10^3 \pm 10.2 \text{ x}10^3$
P of P o max	~29.5	~72.7	~125.2

**Table 1**. Summary of test parameters and bubble behavior during single bubble cavitation tests.

\* Initial phases

† Between *P*<sub>*u min*</sub> and maximum bubble radius

**‡** Chamber pressure measured away from the bubble

### Hydrogel deformation: High pressure cavitation testing

Initial gel studies were conducted at high blast pressures using fluid chambers that were not degassed. PSHPB testing of these test cells resulted in multiple bubble formation and cavitation within the test chamber. Figure 6 shows bubble initiation (b) and growth (c & d) near a gel edge in a degassed test chamber. These experiments showed clear evidence of shock wave generation with bubble collapse (f) that resulted in hydrogel indentation (g-i) well after the bubble has collapsed. Thus, this test showed proof of bubble collapse and local shock wave deformation at high pressure; other tests (next section) were conducted with more controlled bubble conditions and revealed the effect of cavitation at lower blast pressures.



**Figure 6**. Bulk cavitation and tracking of a single bubble near a ballistic-gel edge. Figure (a) shows the incident blast wave direction traveling from right to left (blue arrows), (b) bubble initiation (circled), (c&d) growth, (f) collapse, and the effect on an adjacent gel slice (f-i). A local shock wave following bubble collapse resulted in highly localized hydrogel deformation (red arrows).  $P_{o max} = 2800$  kPa and  $P_u$  min=-380 kPa.

#### Hydrogel deformation: Single bubble at an edge

Single cavitation bubble tests in degassed chambers provided more consistent bubble placement ~1 mm from the side edge of the hydrogel slice. Single bubble dynamics (growth and collapse) were similar to that described in the previous section conducted using a similar blast profile (see Fig. 1B). Hydrogel deformation with direct bubble contact was captured with blast wave propagation, while the effect of local shock waves from bubble collapse was not detected. Measured strains in the vicinity of the bubble were much larger than those which occurred during passage of the compressive 1D overpressure wave through the hydrogel (< 0.002, detectable strain limit). Figure 7 shows typical hydrogel deformation during bubble growth and collapse. As the bubble grew, the hydrogel edge was deformed by direct contact with the expanding bubble. Radial strain ( $\varepsilon_{rr}$ ), circumferential strain ( $\varepsilon_{\theta\theta}$ ) and von Mises strain ( $\varepsilon_{VM}$ ) are shown in Figure 7. It should be noted that deformation and strain fields were not calculated in regions where the bubble overlapped the edge of the hydrogel (masked regions) since there was distortion of the observed speckle field due to the overlapping bubble. As these regions experience maximum strain, the values close to the edge could not be calculated. Overall, large deformations were captured and magnitude of calculated strains decreased with distance from the bubble center.



**Figure 7**. Single bubble cavitation at the edge of an agarose hydrogel slice. (Top row) High speed images showing initial seed bubble at edge, maximum growth and collapse at selected times;  $(2^{nd} \text{ row})$  radial strain,  $(3^{rd} \text{ row})$  circumferential strain and  $(4^{th} \text{ row})$  von Mises strain at the same time points. Regions at the edge were excluded due to masking by the impinging bubble. Test chamber was degassed before gas seed bubble (< 50 µm diameter) was placed to the side of the hydrogel (~1 mm gap distance). *t*=0 corresponds to the start of the PSHPB experiment. Simulated blast wave traveled from right to left with  $P_{o max} = 1260$  kPa and  $P_{u min} = -189$  kPa.

To show dynamic behavior, radial strain of a material point along the edge and nearest to the bubble is shown in Figure 8.  $\varepsilon_{rr}$  increased in magnitude and became more compressive during bubble growth, reaching a peak value (-0.15±0.03, see Table 2) when the bubble grew to maximum size (1230±162 µs). The collapse process of the bubble was much faster compared to the retraction time of the hydrogel due to the inertia associated with the higher density of hydrogel. As the bubble shrank, compressive  $\varepsilon_{rr}$  strains of the hydrogel returned to zero. Due to inertial effects, the hydrogel edge continued to deform past its original position, resulting in tensile  $\varepsilon_{rr}$ . Another peak of inertially-driven tensile strain (0.12±0.02) occurred 65±5 µs after the time point of maximum compressive  $\varepsilon_{rr}$  was slightly greater than the maximum tensile  $\varepsilon_{rr}$ , and the ratio of strain magnitudes for maximum inertial tensile strain to maximum compressive strain was 0.87±0.05.

The effect of local shock wave generation following bubble collapse was not seen by changes in  $\varepsilon_{rr}$  for this bubble configuration (no compressive strains after bubble collapse). This was because either the edge of the hydrogel was not sufficiently close to the center of the bubble to sense the shock wave, or the expanding bubble pushed the entire hydrogel slice away from the bubble rather than inducing local deformation.



**Figure 8.** Inertially-driven changes in radial strain in the hydrogel during bubble growth and collapse. The nearest hydrogel point to the seed bubble that was not covered by growing bubble was selected. The graph shows results for 6 different experiments. Gas seed bubbles (< 50  $\mu$ m diameter) were placed to the side of the agarose hydrogel (~ 1 mm gap distance). *t*=0 corresponds to the start of the PSHPB experiment.

#### Hydrogel deformation: Single bubble underneath a tissue slice

To better capture effects of the local shock wave generated with bubble collapse, a single seed bubble was placed underneath the hydrogel slice to provide more continuous contact with the tissue surrogate during the simulated blast. Figure 9 shows a series of high speed images for a typical experiment of bubble growth (b-c) and collapse (d-e) on the left side of each image, and the calculated strain field in the hydrogel at that moment on the right side of each image. Bubble growth was captured due to transparency of hydrogel. The von Mises strain field was determined to be radially symmetric, and a clear circumferential ring pattern evolved with time. The strain amplitude at the center of the bubble reached a peak value with maximum bubble expansion (at c) and then decreased as the bubble collapsed (e). After the bubble collapsed (f), the local strain again increased at the center of the hydrogel. These large compressive strains are attributed to a localized shock wave originating from the collapsed bubble and propagating through the hydrogel.



**Figure 9**. Typical hydrogel deformation behavior for bubble cavitation underneath a speckled hydrogel slice. Left half of each of the high speed images show bubble growth (b & c) and collapse (d & e) at select time intervals and right half of each of the images show von Mises strain maps calculated using DIC. The dark region corresponds to the bubble overlap which causes distortion in the image and so no strains were calculated in this region. Large compressive strains due to localized shock waves are measured at the bubble center after collapse (f). Strains greater than 0.2 were measured as listed in Table 2; the selected strain range highlighted patterns over the time range selected. *t*=0 corresponds to the start of the PSHPB experiment.



Figure 10. Maximum strain due to collapsed bubble shock wave. Maximum von Mises strain,  $\varepsilon_{VM}$ , following bubble collapse is plotted against the calculated collapse pressure which drives the localized shock wave. Line corresponds to a linear fit ( $R^2 = 0.87$ ).

Group (size)	Edge placement (n=6)	Underneath placement (n=7)
Air gun pressure (kPa)	207	207
$P_{o max}$ (kPa)	1100±113	1088±86
$P_{umin}$ (kPa)	-207±32	-223±49
Lag time (µs)	61±7	53±6
Maximum R (mm)	2.35±0.34	2.54±0.63
$P_c$ (kPa)	$116.3 \times 10^3 \pm 8.8 \times 10^3$	$129.1 \text{ x} 10^3 \pm 12.2 \text{ x} 10^3$
$P_{c}/P_{o max}$	~105.7	~118.7
Maximum <sup>*</sup> $\varepsilon_{rr}$	-0.15±0.03	-0.23±0.06
with bubble expansion		
Maximum $\varepsilon_{rr}$	$0.12 \pm 0.02$	
inertially-driven tension		
$Maximum^* \varepsilon_{ heta  heta}$	$0.06 \pm 0.01$	0.17±0.03
with bubble expansion		
Maximum <sup>*</sup> $\varepsilon_{VM}$	0.17±0.05	0.27±0.16
with bubble expansion		
Maximum $\hat{\epsilon}_{VM}$		0.35±0.16
after bubble collapse		
Local shock area <sup>†</sup> (mm <sup>2</sup> )		0.18±0.03

 Table 2.
 Summary of cavitation and hydrogel slice test parameters.

\*Maximum strain values in masked regions were not calculated †Based on strain threshold of  $\varepsilon_{VM} > 0.15$ 

A summary of strain field data is given in Table 2. During bubble growth, radial strains at the bubble edge are compressive. Circumferential strains at the bubble edge are tensile. Following collapse, highly localized compressive deformation resulted in maximum strain values ( $\varepsilon_{VM}$  ranged from 0.21 to 0.51) over a short duration (<24 µs) at the location of the bubble center. These strains are larger than those determined during maximum bubble expansion. These strains are also much greater than during passage of the compressive 1D overpressure wave only (below detectable strain limit). Comparing with the previous test bubble configuration (edge placement, Figures 7 and 8), these localized shock strains are slightly larger but over a shorter time period.

For each test, the calculated bubble collapse pressure was plotted against the maximum measured strain after bubble collapse, see Figure 10. The local shock wave emanating from the collapsed bubble is driven by this bubble collapse pressure, and the corresponding maximum strain was shown to clearly increase with this pressure value.

# Discussion

In this study, we were able to visually capture single bubble growth and collapse as well as the effect of this single bubble cavitation on a nearby soft tissue surrogate. Overpressure and underpressure were controlled by gas gun pressure of a PSHPB system. By using this test system, we were able to approximately mimic the blast wave profile that would be transmitted to intracranial fluids. The high overpressure magnitudes and durations were within relevant ranges for blast injury <sup>42, 43</sup>. Underpressure magnitudes were larger than those reported for blasts <sup>1, 44</sup> but within a relevant order of magnitude for injury. We were able to capture major modes of potential cavitation bubble-tissue interaction including (i) compression contact of the bubble growth during the growth phase, (ii) tensile rebound during bubble collapse, and (iii) compressive strains generated by local shock waves after bubble collapse.

Bubble growth and collapse were monitored in degassed test chambers (single bubble tests) as well as chambers that were not degassed (bulk cavitation). PSHPB testing in non-degassed chambers show initiation of bubbles and bulk cavitation with numerous bubbles. In this case, 'spontaneous' bubbles most likely nucleated or grew from microbubbles that were not initially visible but acted as natural seeds. Under similar test conditions, 'spontaneous' bubbles showed similar dynamic behavior to bubbles that were seeded, indicating that seeded single bubble cavitation tests capture relevant cavitation effects needed for investigating deformation and injury in tissues. However, maximum radii were smaller for the 'spontaneous' bubbles. Thus, lower collapse pressures are predicted for these bubbles.

In single bubble testing, maximum bubble size directly depended on the minimum underpressure,  $P_{u \ min}$ , applied which was in turn directly dependent on the applied PSHPB air gun pressure. Increasing magnitude of  $P_{u \ min}$  resulted in larger bubble size. Secondary oscillatory bubble behavior was observed with coincident oscillations in the blast pressure profile. Bubble duration was short (~ 300 µs), and collapse was visually marked by fragmentation of the single bubble into clusters of multiple smaller bubbles. Calculated values for collapse pressure at the surface of the bubble also showed an approximately linear dependence with  $P_{u \ min}$ . Thus, underpressure determines the level of tissue-bubble interaction due to bubble growth and the effect of localized shock waves due to bubble collapse.

To appreciate the potential for cavitation to mediate blast injury, it is important to emphasize that even though the underpressure magnitude is significantly lower than the overpressure magnitude in the incident blast wave, the bubble collapse pressure is potentially much higher than the applied overpressure. This test system is uniquely suited to generate parametric conditions and test theoretical predictions about cavitation effects on tissue. For example, in Figure 5(B) the predicted collapse pressures were up to the order of 100 times that of overpressure for tested conditions, and the test system was able to capture material surface deformation and strain fields corresponding to local shock effects. These local shock waves emanate from the bubble site and decay rapidly over a short distance <sup>11</sup>. Corresponding tissue surrogate response was highly localized (~0.18 mm<sup>2</sup>) and of short duration ( $<24 \mu s$ ). Direct evidence of local shock waves was seen only when the tissue surrogate was in close proximity and when bubbles were placed underneath slices. Magnitude of these localized strains was found to be dependent on seed bubble distance and collapse pressure. Because of the novel nature of these experiments, comparative strain values for soft materials is lacking. Strain magnitude is also dependent on mechanical properties of the tissue surrogate. Localized strains were large (0.25 to 0.50) and predicted to be much larger than the compressive strains generated at earlier time points with passage of the simulated blast wave through the hydrogel. Large strains can contribute to localized damage. Such direct strain measures are useful since strain thresholds are often what have been reported for brain tissue injury <sup>46-48</sup>.

The test system can also be adapted to study tissue injury by replacing the hydrogel surrogate with cultured cells or tissue slices. Figure 11 shows the effect of cavitation events on a rat brain tissue slice during a simulated blast with bubble initiation and growth and collapse. Note that the maximum bubble size occurs at t=1248  $\mu$ s where the tissue tearing starts to occur well after the bubble has collapsed at time t=1704  $\mu$ s when localized tissue tearing was observed. These observations reveal the potential for collapse events to deform and injure soft brain tissues.



**Figure 11**. Effect of cavitation on a rat brain tissue slice which was speckled and suspended in artificial cerebrospinal fluid. A simulated blast wave traveled from right to left with  $P_{o max} = 1045$  kPa and  $P_{u min} = -203$  kPa. PSHPB testing showed bubble initiation (b), growth (b-d) and collapse (f). Cavitation-based damage with bubble collapse was observed in the hypothalamus region (box). Tissue tearing was observed well after bubble collapse (f-h). Prior to testing, cell viability in 350 µm thick tissue slices were maintained by keeping them in artificial cerebrospinal fluid with 95% O<sub>2</sub> and 5% CO<sub>2</sub>.

Local deformations induced by direct bubble contact were also captured. Bubbles placed adjacent to the hydrogel slices rapidly expanded and then contracted, producing local deformations in the tissue surrogate. This resulted in compression of the hydrogel as well as tension due to dynamic rebounding of the impinged boundary. Maximum tensile strains were on the order of 80% of the maximum compression strain. Comparing with the other test bubble configuration (underneath placement), these compressive and tensile strains are lower but over a longer time period. Such a dynamic response may be important when considering soft tissues which are more sensitive to damage in tension than compression. It is anticipated that in counter coup regions where cavitation was noted in previous *in vivo* impact studies <sup>3, 49</sup>, tissue damage is more severe and this severity may be related to the either localized shock wave compression or the tensile component of the strain at the free boundaries of the brain where the tissue rebounds after the bubble collapse. The current experiments provide clear evidence predicting such damage to occur in brain tissue during IED blasts.

Cavitation characterization relied on high speed imaging which was optimized to provide high resolution images at frame rates required to capture bubble dynamics. Pixel size resolution was limited when measuring initial seed bubble size and size of the collapsed bubble. Bubble overlap was also an issue in predicting maximum strains, since these regions were masked. DIC strain mapping also assumed 2D in-plane deformation; however, some out-of-plane effects were noted when bubbles were placed underneath the slice. As a result, predicted strains were underestimated. Measured strains are also smaller than would be expected in brain tissues since the modulus of the hydrogels is slightly larger than for brain tissues <sup>38</sup>.

The novel system developed for cavitation testing generated pressure pulses that mimicked a shock wave induced by an explosive blast, i.e. IED. Single bubble cavitation conditions were created and tested using a soft tissue surrogate. High speed bubble and hydrogel imaging data were used to elucidate cavitation effects including bubble impingement and secondary localized shock waves more powerful than blast overpressures. Both cavitation effects resulted in far greater strains than seen with initial passage of the overpressure component. Thus cavitation effects should be further investigated in tissues as a localized source of tissue injury. Future studies will further focus on testing effects of cavitation on brain tissue slices. Computational studies may also use deformation and strain maps to predict stresses within the tissue substrate.

#### Acknowledgement:

This research was funded by the Army Research Office award number W911NF-10-1-0276.

#### References

- 1. G. A. Elder and A. Cristian, *Mt. Sinai J. Med.*, 2009, **76**, 111-118.
- 2. J. V. Rosenfeld, A. C. McFarlane, P. Bragge, R. A. Armonda, J. B. Grimes and G. S. Ling, *Lancet Neurology*, 2013, **12**, 882-893.
- 3. J. Goeller, A. Wardlaw, D. Treichler, J. O'Bruba and G. Weiss, *J. Neurotrauma*, 2012, **29**, 1970-1981.
- 4. W. Goldsmith, Crit. Rev. Biomed. Eng., 2001, 29, 441-600.
- 5. C. E. Brennen, *Cavitation and bubble dynamics*, Oxford University Press, 1995.
- 6. E. N. Harvey, Bull. N. Y. Acad. med., 1945, 21, 505-536.
- 7. R. E. Apfel and C. K. Holland, *Ultrasound Med. Biol.*, 1991, **17**, 179-185.
- 8. J. E. Blatteau, F. Jean, J. M. Pontier, E. Blanche, J. M. Bompar, E. Meaudre and J. L. Etienne, *Ann. Fr. Anest. Reanim.*, 2006, **25**, 874-883.
- 9. J. Gateau, N. Taccoen, M. Tanter and J. F. Aubry, Ultrasound Med. Biol., 2013, 39, 1812-1825.
- 10. A. Shima, T. Tsujino, J. W. Hoyt and J. Taylor, J. Fluids Eng.-Trans. ASME, 1981, 103, 370-372.
- 11. A. Vogel, W. Lauterborn and R. Timm, J. Fluid Mech., 1989, 206, 299-338.
- 12. I. R. Jones and D. H. Edwards, J. Fluid Mech., 1960, 7, 596-&.
- 13. Y. Tomita and A. Shima, J. Fluid Mech., 1986, 169, 535-564.
- 14. Y. C. Wang, C. H. Huang, Y. C. Lee and H. H. Tsai, *Exp. Fluids*, 2006, **41**, 365-373.
- 15. T. B. Benjamin and A. T. Ellis, *Philosophical Transactions of the Royal Society of London Series a-Mathematical and Physical Sciences*, 1966, **260**, 221-&.
- 16. M. Kornfeld and L. Suvorov, J. Appl. Phys., 1944, 15, 495-506.
- 17. Rayleigh, *Philos. Mag.*, 1917, **34**, 94-98.
- 18. M. S. Plesset and R. B. Chapman, J. Fluid Mech., 1971, 47, 283-&.
- 19. D. F. Moore, A. Jerusalem, M. Nyein, L. Noels, M. S. Jaffee and R. A. Radovitzky, *Neuroimage*, 2009, **47**, T10-T20.
- 20. W. C. Moss, M. J. King and E. G. Blackman, *Phys. Rev. Lett.*, 2009, **103**.
- 21. M. K. Nyein, A. M. Jason, L. Yu, C. M. Pita, J. D. Joannopoulos, D. F. Moore and R. A. Radovitzky, *Proc. Natl. Acad. Sci. U. S. A.*, 2010, **107**, 20703-20708.
- 22. J. K. Shridharani, G. W. Wood, M. B. Panzer, B. P. Capehart, M. K. Nyein, R. A. Radovitzky and C. R. d. Bass, *Frontiers in neurology*, 2012, **3**, 70.
- 23. V. H. Kenner and Goldsmit.W, *Journal of Biomechanics*, 1973, **6**, 1-11.
- 24. P. Lubock and W. Goldsmith, *Journal of Biomechanics*, 1980, **13**, 1041-&.
- 25. A. G. Gross, J. Neurosurg., 1958, 15, 548-561.
- 26. M. Delius, Eur. Surg. Res., 2002, 34, 30-36.
- 27. F. Prat, T. Ponchon, F. Berger, J. Y. Chapelon, P. Gagnon and D. Cathignol, *Gastroenterology*, 1991, **100**, 1345-1350.
- 28. C. D. Ohl, M. Arora, R. Ikink, N. de Jong, M. Versluis, M. Delius and D. Lohse, *Biophys. J.*, 2006, **91**, 4285-4295.
- 29. S. Okie, N. Engl. J. Med., 2005, 352, 2043-2047.
- 30. M. A. Mayorga, *Toxicology*, 1997, **121**, 17-28.
- 31. M. Harrison, J. Acoust. Soc. Am., 1952, 24, 454-454.
- 32. M. Sarntinoranont, S. J. Lee, Y. Hong, M. A. King, G. Subhash, J. Kwon and D. F. Moore, J. Neurotrauma, 2012, **29**, 418-429.
- 33. G. Ravichandran and G. Subhash, J. Am. Ceram. Soc., 1994, 77, 263-267.
- 34. G. Subhash, presented in part at the ASM International, 2000.
- 35. G. Subhash, Q. Liu, D. F. Moore, P. G. Ifju and M. A. Haile, *Experimental Mechanics*, 2011, **51**, 255-262.
- 36. Q. L. Liu and G. Subhash, *Mechanics of Materials*, 2006, **38**, 1105-1117.
- 37. G. Subhash, Q. L. Liu and X. L. Gao, *International Journal of Impact Engineering*, 2006, **32**, 1113-1126.

- 38. S. J. Lee, J. Sun, J. J. Flint, S. Guo, H. K. Xie, M. A. King and M. Sarntinoranont, *J. Biomed. Mater. Res. Part B*, 2011, **97B**, 84-95.
- 39. J. A. W. Van Dommelen, T. P. J. Van der Sande, M. Hrapko and G. W. M. Peters, J. Mech. Behav. Biomed. Mater., 2010, **3**, 158-166.
- 40. B. Pan, H. M. Xie, Z. Q. Guo and T. Hua, Opt. Eng., 2007, 46.
- 41. B. Pan, K. M. Qian, H. M. Xie and A. Asundi, *Measurement Science & Technology*, 2009, 20.
- 42. R. Nakase-Richardson, S. McNamee, L. L. Howe, J. Massengale, M. Peterson, S. D. Barnett, O. Harris, M. McCarthy, J. Tran, S. Scott and D. X. Cifu, *Archives of Physical Medicine and Rehabilitation*, 2013, **94**, 1861-1869.
- 43. K. Kato, M. Fujimura, A. Nakagawa, A. Saito, T. Ohki, K. Takayama and T. Tominaga, J. *Neurosurg.*, 2007, **106**, 667-676.
- 44. J. B. Long, T. L. Bentley, K. A. Wessner, C. Cerone, S. Sweeney and R. A. Bauman, J. Neurotrauma, 2009, 26, 827-840.
- 45. S. F. Moosavi-Nejad, S. H. R. Hosseini, M. Satoh and K. Takayama, *Cancer Sci.*, 2006, **97**, 296-304.
- 46. D. K. Cullen and M. C. LaPlaca, J. Neurotrauma, 2006, 23, 1304-1319.
- 47. D. K. Cullen, C. M. Simon and M. C. LaPlaca, *Brain Res.*, 2007, **1158**, 103-115.
- 48. D. M. Geddes, R. S. Cargill and M. C. LaPlaca, J. Neurotrauma, 2003, 20, 1039-1049.
- 49. Y. Kurosawa, K. Kato, S. Saito, M. Kubo, T. Uzuka, Y. Fujii and H. Takahashi, *Conference proceedings : ... Annual International Conference of the IEEE Engineering in Medicine and Biology Society. IEEE Engineering in Medicine and Biology Society. Conference*, 2009, **2009**, 7224-7227.