#### 2011 Military Health System Conference

#### Optimizing Referral Management

A Multiple Service Health System Perspective Anyone Can Use

The Quadruple Aim: Working Together, Achieving Success

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26 January 2011











San Antonio Military Medical System

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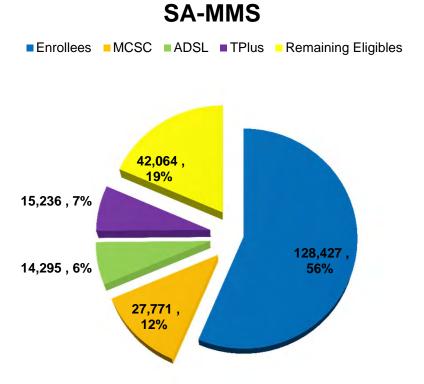
**Report Documentation Page** 

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## **SA Military Medical System**



- Any given month
  - 200K encounters
  - 75K managed calls
  - 22K referrals processed
    - 3000 Network referrals
    - 800 Other MTFs referrals
    - 600 Right of First Refusal
    - 3000 DME requests



#### Sense of Purpose



- Stephen Covey in his book First Things First uses the example of filling a beaker with rocks – big ones vs. little ones first
- Priorities need to be based upon the significance or importance of expected outcomes
  - 1st always "Great Patient Care"
  - 2<sup>nd</sup> readiness sustainment and force readiness – DOD/MTF mission skill sets
  - 3<sup>rd</sup> cost accountability

## **Priority Management**



- Trade offs
- Importance
  - Partnerships with MCSC
  - Checks/balances and communication
- Not always as timely or accessible as desired
  - Available resources
  - Patient priorities
  - Provider needs
- Effective referral management from start to finish can close many of the gaps

#### **Referral Mgmt Macro Perspective**



- Includes timely access:
  - With or without review by specialty clinics
  - Regardless of the location of specialty care
- Includes follow up as needed to:
  - Ensure care is available and provided,
     meeting both patient and provider needs
  - Give assistance in negotiating the system
- Concludes with clear and legible results to the ordering provider

## **Tracking**



- The robustness of a tracking mechanism will influence ease of success in your RM System
  - Whether RMS/RMSTR
  - Homegrown
  - Or other
- Six pit stops to facilitate effective management and tracking of referrals
- It does little good to track if there is no intention to intervene when necessary

## The Six Pit Stops



- Every referral MUST be entered into CHCS;
   100% visibility & accountability of demand
- Quality control: accuracy, completeness, capability and/or capacity, standard operating procedures
- Patient contact
- Kept appointment or verified resolution
- Completed Results
- Ordering provider receives results

But what about admin closure... you can't track what you can't see.

## **Admin Closure Functionality**



- No tool is effective with admin closure functionality enabled in CHCS
  - Can't track what no longer exists
  - Can't link results to referrals
  - Frustrates staff and patient
- Elimination of Admin Closure functionality
  - Provides long term network referral visibility
  - Reduces ordering provider intervention and frustration

## **Tool Box Requirements**



- Provide snapshot at macro AND granular level to permit monitoring by MTF/ref type/ ordering clinic/specialty clinic, even provider
  - Review timeliness
  - Booking timeliness
  - Appt timeliness (ATC)
  - Results completion
  - Results timeliness
- Visibility/capability to manage timeline of each step in the referral process

## **Tool Box Examples**

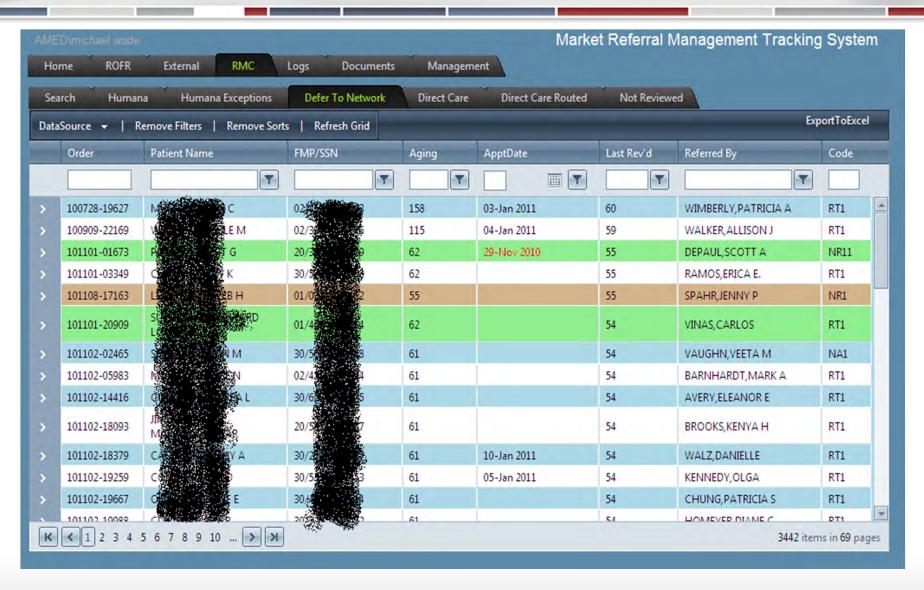


#### User friendly tools are a must

- CAMO Referral Mgt application
  - Source for patients to call on status
  - Resulting verification
  - Referral follow up process flow
  - Consult log overview
- Demand management tools
  - TCON process
  - Appt availability tool
- Effective AHLTA training
- Patient reminder cards in the clinic

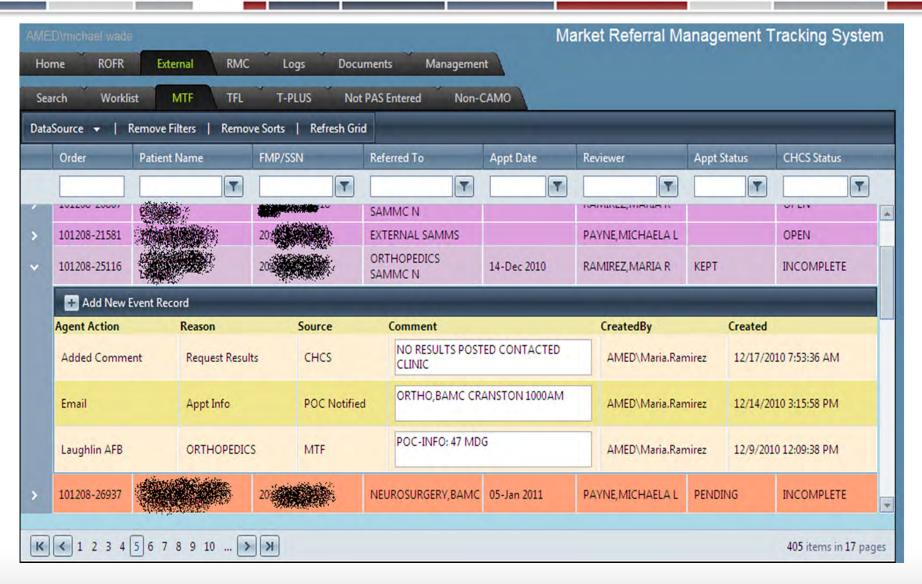
#### **Referral Mgmt Tracking App**





#### **Referral Mgmt Tracking App**

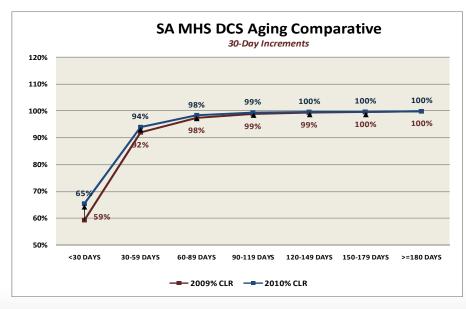


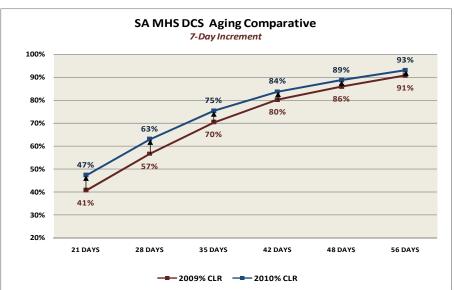


## **Enhancement via Team Approach**



- SA MHS MOA Collaboration
  - Admin Closure disabled
  - Standardized Operating Procedures
  - Liaison team established w/in MTF

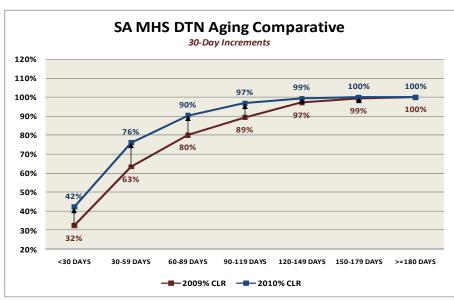


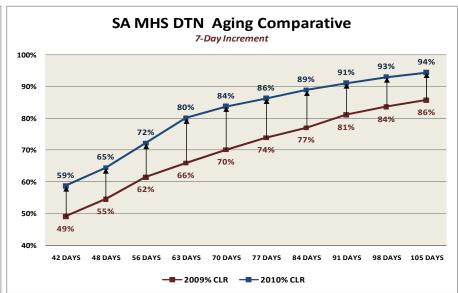


#### **Enhancement via Team Approach**



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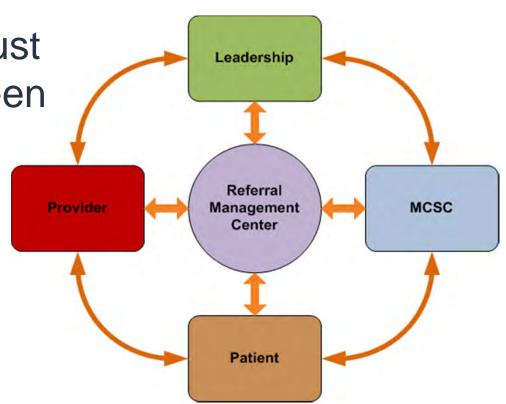
#### **Communication as a Tool**



 Communication must reliably exist between

Provider

- Patient
- RMC
- Leadership



## **Referral Mgmt Booking Tool**



CON	SULTS								
AS OF:	CAMO TOTAL TOTAL		TOTAL	Today + 30Da	ay CAMO only	Permissable	FROM	то	
23-Dec-10	0100	UNBOOKED	UNBOOKED	OPEN APPTS	CAMO APPT	APPT TYPES	23-Dec-10	22-Jan-11	
CLINIC	APPT-TO-MTF	CONSULTS	AGE >14	FOR CAMO	ADEQUACY	PER SOPs	#OPEN_SPEC	#OPEN_GRP	#OPEN_PROC
ADOLESCENT MED FSH	2	2	1	22	20	S	22	NONE	NONE
ALLERGY CLINIC, BAMC	3	3	2	1	-2	S-P	1	NONE	NONE
ALLERGY,WHMC	41	62	9	59	18	S-P-G	18	NONE	41
AUDIOLOGY,BAMC	25	27	7	128	103	S	128	NONE	NONE
AUDIOLOGY,WHMC	6	8	1	268	262	S	268	NONE	NONE
CARDIOLOGY BAMC	18	44	4	32	14	NA	32	NONE	NONE
CARDIOLOGY,WHMC	7	24	2	18	11	S	18	NONE	NONE
CHIROPRACTIC CLINIC WHMC	29	30	9	11	-18	S	11	NONE	NONE
DERMATOLOGY SAMMC S	192	203	11	609	417	S	609	NONE	NONE
DERMATOLOGY,BAMC	2	4	3	302	300	S	302	NONE	NONE
DIABETES CENTER OF EXCELLENCE	18	33	20	21	3	S-G	21	NONE	NONE
ECHO BAMC	9	33	1	156	147	Р	NONE	NONE	156
ENDOCRINOLOGY,WHMC	8	9	NONE	NONE	-8	S	NONE	NONE	NONE
EPIDEMIOLOGY DIS CLINIC BAMC	1	2	1	39	38	S	39	NONE	NONE
GASTROENTEROLOGY,BAMC	55	82	12	83	28	S	83	NONE	NONE
GASTROENTEROLOGY,WHMC	41	59	12	89	48	S-G	83	6	NONE
GEN SURGERY,BAMC	35	49	10	85	50	S	85	NONE	NONE
GENERAL SURGERY, WHMC	2	2	NONE	96	94	S	96	NONE	NONE
GENETICS SAMMC	2	5	2	10	8	S	10	NONE	NONE
GYNECOLOGY CLINIC,WHMC	32	50	15	49	17	S	49	NONE	NONE
				***	44		***	- 2	

#### **Access to Care Forecast Tool**



REF CONVERSION	NA = no pending	unbooked consult	s in "Appoint to M	ITF" status for CAN	MO to book			
	<b>NEGATIVE INTEG</b>	ER INDICATES MO	RE CONSULT DEMA	AND THAN APPOIN	ITMENT SUPPLY FI	ROM A CAMO PER	SPECTIVE	
DEMAND TREND PAST 7 DAYS								
	6-Jan-11	3-Jan-11	23-Dec-10	21-Dec-10	20-Dec-10	17-Dec-10	16-Dec-10	15-Dec-10
CLINIC	ADEQUACY	ADEQUACY	ADEQUACY	ADEQUACY	ADEQUACY	ADEQUACY	ADEQUACY	ADEQUACY
ADOLESCENT MED FSH	6	11	20	22	25	28	4	5
ALLERGY CLINIC,BAMC	-3	-1	-2	-20	-24	-24	-23	-22
ALLERGY,WHMC	-33	-6	18	17	38	24	1	10
AUDIOLOGY,BAMC	149	160	103	98	109	86	79	77
AUDIOLOGY,WHMC	391	387	262	236	256	223	236	256
CARDIOLOGY BAMC	22	33	14	5	8	-12	-12	-12
CARDIOLOGY,WHMC	57	51	11	-16	-18	-18	-37	-39
CHIROPRACTIC CLINIC WHMC	38	37	-18	4	6	-5	-21	-23
DERMATOLOGY SAMMC S	675	779	417	401	442	372	352	344
DERMATOLOGY,BAMC	412	386	300	272	310	267	NA	262
DIABETES CENTER OF EXCELLENCE	34	31	3	16	22	2	0	4
ЕСНО ВАМС	259	153	147	136	148	139	132	132
ENDOCRINOLOGY,WHMC	-4	-2	-8	-19	-19	-22	-24	-20
EPIDEMIOLOGY DIS CLINIC BAMC	39	42	38	34	34	32	NA	35
GASTROENTEROLOGY,BAMC	70	82	28	-12	-8	5	12	0
GASTROENTEROLOGY,WHMC	214	169	48	30	16	16	0	-4
GEN SURGERY,BAMC	45	39	50	67	86	45	52	38
GENERAL SURGERY, WHMC	67	82	94	NA	NA	NA	NA	NA
GENETICS SAMMC	12	10	8	-3	5	-2	3	1
GYNECOLOGY CLINIC, WHMC	1	44	17	-9	-2	-3	-15	-10
GYNECOLOGY,BAMC	297	285	92	47	85	69	34	32
HEALTH & WELLNESS CENTER, RAFB	9	16	-5	-1	-1	-1	-1	-1
HEMATOLOGY ONCOLOGY, WHMC	26	33	22	19	22	17	11	8
IMC DM-EDUCATION,BAMC	-13	-7	-8	-22	-25	-30	-33	-30
NEPHROLOGY,WHMC	-1	-3	0	0	0	0	0	-1
NEUROLOGY,BAMC	239	161	154	157	164	162	157	150
NEUROLOGY,WHMC	32	24	-24	-17	-17	-14	-11	-20
NUTRITION,BAMC	11	0	-18	-37	-46	-42	-40	-52

#### **Communication Methods**

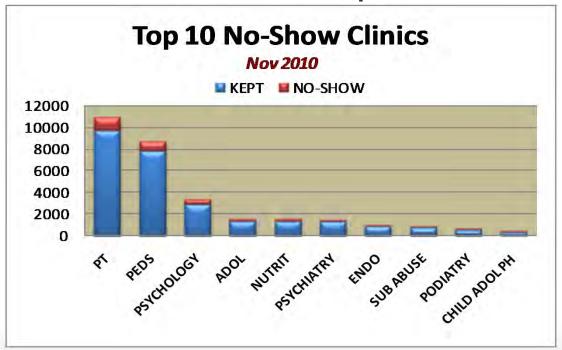


- Individual reports designed to facilitate matching patients with needed care and improving awareness
  - No show reports
  - Appt availability reports
  - ATC reports
  - Aging analysis reports
  - Follow up reports
  - Ongoing education and training

## **No Show Reports**

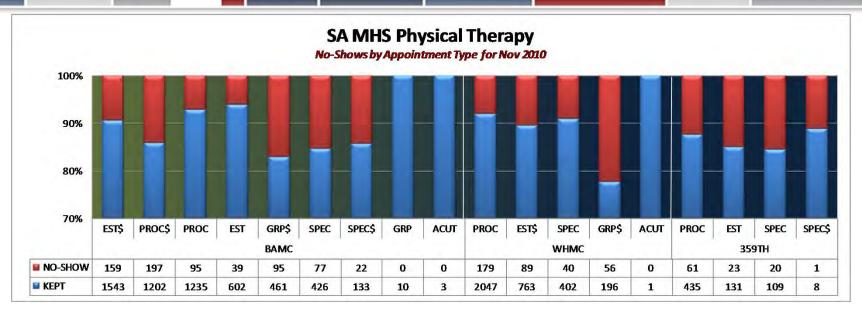


- Top 3 No Show services consist of Pediatrics, Mental Health, and Physical Therapy
- Impacts access and recapture



## **No Show Reports**





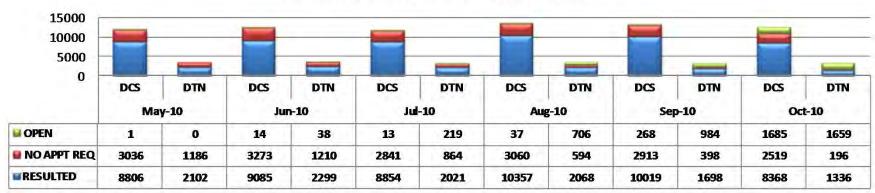
Repeat Offenders by Appt	:								
Туре									Grand
		GRP\$	PROC\$	EST\$	PROC	SPEC\$	EST	SPEC	Total
4-8647	USA ACTIVE DUTY ENLISTED	5	0	7	0	0	0	0	12
5-3658	USA ACTIVE DUTY ENLISTED	0	7	1	0	0	0	0	8
3-2493	USAF ACTIVE DUTY	0	0	0	8	0	0	0	8
2-2799	USA ACTIVE DUTY ENLISTED	3	0	4	0	0	0	0	7
8-5668	USA RET LOS OFFICER	5	0	1	0	1	0	0	7
2-8701	USA ACTIVE DUTY ENLISTED	0	6	0	0	1	0	0	7
3-2589	USAF ACTIVE DUTY	7	0	0	0	0	0	0	7
Grand Total		20	13	13	8	2	0	0	56

## **DCS/Network Aging Analysis Rpts**



#### **SA MHS Specialty Care Consults by Volume/Status**

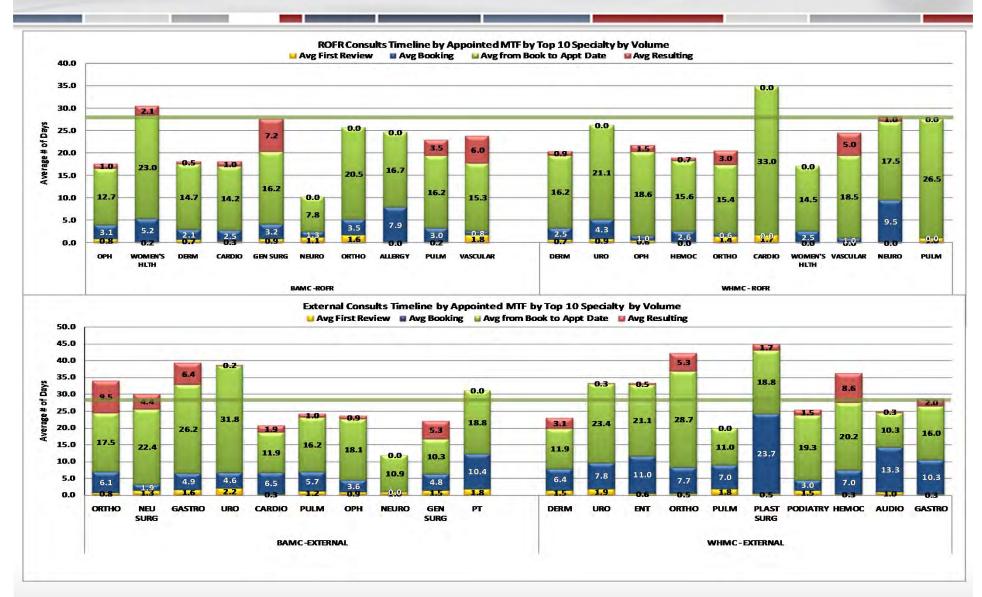
No DME, Case Management or Ancillary Services



										% DTN			% DCS			% SA MHS	
Top 10 DTN by Con Spec	359TH	BAMC	WHMC	DTN	359TH	BAMC	WHMC	DCS	DCS/DTN Total	359TH	BAMC	WHMC	359TH	BAMC	WHMC	DTN	DCS
PT	105	560	377	1042	101	687	378	1166	2208	4.8%	25.4%	17.1%	4.6%	31.1%	17.1%	<b>47.2%</b>	52.8%
SLEEP LAB	40	86	124	250	17	95	85	197	447	8.9%	19.2%	27.7%	3.8%	21.3%	19.0%	<b>55.9%</b>	44.1%
MENTAL HLTH	13	136	100	249	6	282	110	398	647	2.0%	21.0%	15.5%	0.9%	43.6%	17.0%	<b>38.5%</b>	61.5%
PAIN MGT	17	114	56	187	4	88	42	134	321	5.3%	35.5%	17.4%	1.2%	27.4%	13.1%	<b>58.3%</b>	41.7%
GASTRO	26	89	39	154	120	423	340	883	1037	2.5%	8.6%	3.8%	11.6%	40.8%	32.8%	O 14.9%	85.1%
PODIATRY	15	42	82	139	49	164	112	325	464	3.2%	9.1%	17.7%	10.6%	35.3%	24.1%	<b>0</b> 30.0%	70.0%
PEDS SPEECH	12	52	42	106	6	29	13	48	154	7.8%	33.8%	27.3%	3.9%	18.8%	8.4%	<b>68.8%</b>	31.2%
NEPHROLOGY	7	55	35	97	4	16	26	46	143	4.9%	38.5%	24.5%	2.8%	11.2%	18.2%	<b>67.8</b> %	32.2%
ENT	10	32	48	90	45	197	269	511	601	1.7%	5.3%	8.0%	7.5%	32.8%	44.8%	<b>0</b> 15.0%	85.0%
NEURO	2	38	49	89	2	5	14	21	110	1.8%	34.5%	44.5%	1.8%	4.5%	12.7%	0 80.9%	19.1%

#### **Access to Care Charts**





#### **Pitfalls Abound**



- Challenges exist throughout RM process
  - Constant need for training anyone who touches a referral
    - AHLTA Upgrades
    - Staff turnover (MTF & RMC)
    - Patient education
  - Process turfing and blaming
  - Accountability
  - Changes
  - A host of others

#### Recapture



#### **MTF Recapture Needs**

- GME Training
- Patient loyalty
- Contractual obligation
- Professional partnering
- Sustainment Training
- Available Capacity
- Purchased care management

# Patient Perceptions of Need

- Access/Enrollment
- Service loyalty
- Service & Satisfaction
- Professional partnering
- Contractual requirement
- Quality

#### **Priorities**



- MHS Leadership priority on WT and WW
- Readiness based Fitness For Duty
- MTF and regional leadership must establish the remaining priorities
- Communicate priorities for <u>all</u>
  - Processing clerks
  - Individual providers
- Manage to established business rules

#### **Business Rules**



- SA MMS has clearly established rules for follow up
  - Call after 30-60-90 days includes after hours, DEERS research
  - Letter after 90 days
  - Close referral after 120 days
- Rules may differ slightly but apply to all referrals whether DCS or Network
- Effective follow up produces provider required results

#### Clear and Legible Results



- Anticipating T-3; SA CAMO started aggressive result retrieval over a year ago
  - Turn off admin closure
  - Aggressive f/u with patient and providers
  - Continued tracking, monitoring, reporting through 180 days
- Goal to return result of some kind to provider
  - Specialty care result
  - Definitive resolution of referral if care not received

#### Resulting



#### **Direct Care System**

- Usually w/in AHLTA
   but not always timely
- Important to communicate
- Important to drive accountability

#### **Network**

- Getting there is a matter of tenacity
- SA MMS posts in clinical notes, AHLTA
- Must keep ordering provider aware

Ultimately result timeliness, availability and accountability are the ordering provider's responsibility

## **Result Management**



- Direct Care System
  - Use consult log
- Network results
  - Use consult log
  - Use T-Cons
  - Print and have provider sign
- Does it matter?

#### **Putting It All Together**



- The collective Military Healthcare System notably provides "Great Patient Care", evidenced by countless surveys, successful assessments, and notable achievements shared at this conference
- Building on great patient care, establishing a robust RM System facilitates recapture, and ultimately reduces system wide costs
- SA MHS has succeeded through collaboration
- The key, start to finish, is an easy to use system



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