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# UNITED STATES AIR FORCE RESEARCH LABORATORY

# Sound Basics: A Primer in Psychoacoustics

**Bartholomew Elias** 

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Human Effectiveness Directorate Crew System Interface Division 2610 Seventh Street Wright-Patterson AFB OH 45433-7901

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FOR THE COMMANDER

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Chief, Crew System Interface Division Air Force Research Laboratory

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# PREFACE

This report contains materials for human factors professionals who may on occasion be called upon to provide consultation on psychoacoustic problems such as the assessment of occupational and residential noise exposure, prediction of speech intelligibility in noisy environments, and the design and integration of auditory displays. The materials were compiled for a workshop conducted by AFRL's Aural Displays and Bioacoustics Branch (AFRL/HECB). Bartholomew Elias of AFRL/HECB was the principal investigator.

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## COURSE DESCRIPTION

#### <u>Need</u>

Hundreds of human factors professionals are called upon each year to provide consultation and solve problems relating to human hearing and the perception of sound. However, many of these individuals have no formal training in psychoacoustics and have received only a cursory overview of human hearing and acoustics in their education and training. These individuals may be called upon to make assessments of occupational noise exposure, establish guidelines for the design and testing of auditory displays, and predict the intelligibility of speech transmissions in noisy environments to name a few of the many tasks involving applied psychoacoustic research that a human factors professional may be asked to perform. The objective of this course is to provide participants with the knowledge, skills, and ability to address basic applied problems in psychoacoustics. The materials provided to the participant will serve as an invaluable reference tool that can serve as a starting point for detailed research of specific applied psychoacoustic consultations. Since human factors professionals in a variety of fields from industrial and occupational health to aviation to computer science may be called upon to address problems in applied psychoacoustics, it is important that these individuals are afforded the opportunity to obtain formal training to assist them in consulting on these matters. This workshop will allow interested individuals in the human factors profession to gain a basic knowledge of psychoacoustic metrics and methods. The workshop will also expose these individuals to standard acoustic metrics and measurement practices, so that they are better perpared to make appropriate and accurate evaluations of acoustic phenomena and assessments of their impact on humans.

### **Participants**

### Prerequisite Experience and Educational Background

Since this is an introductory course, participants are not expected to have any prior knowledge or instruction in acoustics or psychoacoustics. This workshop is an introduction to psychoacoustics for human factors professionals that may occasionally provide consultation on psychoacoustic problems but have no formal educational background in psychoacoustics. Human Factors as a profession attracts individuals of diverse educational backgrounds including engineers, psychologists, sociologists, and individuals with concentrations in basic and applied science. All of these fields of concentration provide the necessary background in analytical thinking and problem solving using the scientific method that is expected for this workshop. Since acoustics and psychoacoustics necessarily involve the introduction of mathematical concepts, participants will be expected to be familiar with basic algebraic problem solving and algebraic notation. If participants have not recently studied or applied these basic mathematical methods, it is recommended that they review some of these concepts prior to the workshop. Since sound intensity is expressed in decibels, a logarithmic quantity, participants should be familiar with mathematical operations involving logarithms and if necessary should review this topic prior to attending the workshop. Participants will be expected to bring a calculator with logarithmic function keys to the workshop as some of the exercises will involve solving simple mathematical problems to derive acoustical quantities such as decibel values. The mathematical principles introduced in this workshop do not go beyond basic algebra and the use of logarithmic scales taught in high schools. Therefore, it is expected that essentially all human factors professionals will have the appropriate experience and educational background to participate in and learn from this workshop.

## Knowledge and Skills To Be Acquired

Through participation in this course, individuals will gain broad exposure to the basic concepts and terminology of physical acoustics. Participants will also learn basic practices and procedures for sound measurement. Through a variety of interactive class exercises in problem solving, participants will learn how to set up a basic sound measurement survey and calculate basic sound descriptors from the collected data. Participants will also gain a general understanding of the physiology and psychology of hearing and an awareness of the various research methods employed in psychoacoustic testing. Participants will gain general knowledge and familiarization with key psychoacoustic topics including the perception of loudness and pitch, the perception of temporal patterns in acoustic signals, the assessment of auditory localization capabilities, and the perception of speech. In the second half of the workshop, students will gain the knowledge and skills to apply psychoacoustic methods in the analysis of real world human factors consulting problems. Through class lecture, discussion, and interactive group exercises, participants will learn basic methods for noise analysis in industrial and residential settings as well as methods for assessing the impact of noise on hearing, speech intelligibility, task interference, and annoyance. Participants will be introduced to the practice and procedures of modeling and predicting noise exposure in occupational and residential settings. Additionally, participants will learn about various noise mitigation alternatives such as passive and active noise reduction, noise education, and hearing conservation programs, and will participate in group exercises to help them develop basic skills in evaluating noise problems and making recommendations for mitigation. Finally, students will learn basic concepts, guidelines, and issues regarding auditory display design, and through participation in group exercises will gain experience in designing basic auditory displays and evaluating the effectiveness of auditory displays in complex systems. Since this workshop is an introduction to the basic methods and metrics of psychoacoustics, it is anticipated that participants will be able to use this newly acquired knowledge and skills as a framework to build upon through independent reading and research.

# Instructional Methods

#### The Course

The course will consist of lecture, classroom group problem solving and group exercises, and demonstrations using the Interactive Sound Information System (ISIS) described below. The course will begin with a background discussion of the fundamentals of psychoacoustics, which will describe the physical properties of sound, basic physiology of hearing, and an overview of psychoacoustic methods and metrics. The second half of the course will involve discussion and class exercises to demonstrate the application of

psychoacoustic methods to real world consulting problems. Applied issues to be considered include general measurement and assessment of occupational and residential noise exposure, noise modeling, and noise mitigation procedures including the use of passive and active noise reduction devices, education, and the implementation of hearing conservation programs. Finally, applications of psychoacoustics to the design and integration of auditory displays will be discussed.

# Fundamentals of Psychoacoustics

In order to provide the participant with a knowledge base of acoustic and psychoacoustic terminology, methods, and metrics, these items will be introduced through lecture and classroom exercises.

### The Sound Source

The basic characteristics of sound (its intensity, frequency, and temporal properties) and the measurement of these physical properties will be discussed. The design and use of basic auditory measurement equipment such as microphones, noise level meters, and spectral analyzers will be discussed. Class group exercises will give students experience in computing basic acoustic quantities such as decibel (dB) values.

#### The Receiver

Basic physiology of the human ear and theories of neural transduction and neural coding will be discussed. Basic psychophysical methods and their application to the study of hearing and the perception of sound will be considered. The measurement and interrelationships between psychoacoustic parameters such as loudness, pitch and temporal patterning will be discussed. Psychoacoustic measurement of auditory localization and theories of spatial hearing will be discussed. Finally, an overview of speech perception at the phonetic level will be discussed and related to topics of speech intelligibility and speech interference in noisy environments which will be revisited in greater detail in the second half of the course. The presentation of these topics will form the groundwork for discussing the application of psychoacoustic methods in human factors consulting projects.

## **Applied Psychoacoustics**

Building upon the fundamental knowledge of acoustic methods and metrics and psychoacoustic procedures, the application of psychoacoustics to real world human factors issues will be considered.

### Noise Analysis

Basic metrics of noise analysis will be considered. Building on the concept of the decibel as a sound intensity descriptor, participants will be introduced to the concepts of weighting, summation and spectral analysis. Consideration of weighting will focus on the A-weighting and C-weighting of noise levels and describe how they act in a complementary manner to best reflect the human perception of loudness. Methods of summation will describe the time averaging of intensity metrics to derive quantities such as sound exposure level (SEL), equivalent sound level (LEQ), peak level, and time-above threshold metrics. Procedures for analyzing the spectral content of noise will be discussed, including consideration of octave and one-third octave band analysis, and the relationship between spectral characteristics of noise and human response will be considered.

## Applications of Noise Analysis

The application of psychoacoustic methods and metrics to real world issues of industrial/occupational noise exposure and residential noise exposure will be considered through lecture and class discussion. Discussion of industrial/occupational noise exposure will describe exposure limits and standards for occupational noise exposure, the potential for hearing loss, and the maintenance of records in workplace hearing conservation programs. Discussion will also consider the potential impact of noise in the workplace on communications effectiveness and task performance. Consideration of residential noise exposure will discuss various environmental noise sources such as aircraft, trains, highways, powerplants, and industrial facilities and the assessment of their impact on affected communities. Various computer models of noise propagation and noise impact analysis will be discussed, and the use of these modeling tools for design and planning of workplaces and communities will be considered. Finally, discussion will focus on a consideration of noise mitigation techniques including mitigation of noise at the source, in the transmission path, and at the receiver's location. Passive methods such as baffling, noise barriers, and ear plugs and muffs will be used to demonstrate how noise can be attenuated at any of these three locations. Similarly, the principle of active noise cancellation, and the use of source based active noise reduction (ANR) devices, transmission based ANR, and receiver based ANR device such as ANR headsets will be discussed. Finally, a discussion of worker and public education and the implementation of hearing conservation programs will be discussed as potential mitigation alternatives. Classroom exercises will engage the participants in small group discussions to consider and decide on appropriate methods and metrics to analyze existing noise problems, propose various mitigation alternatives, and determine which alternative should be adopted for implementation.

#### Auditory Displays

The application of psychoacoustic methods and human factors principles to the design and integration of auditory displays will be considered. Discussion will focus on the advantages and disadvantages of using auditory presentations and the environmental and task factors to be considered in determining whether auditory display presentations should be used. Factors limiting the number and use of auditory displays such as the information load placed upon the auditory channel and discriminability of the auditory display signal in the specific task environment will also be considered. Finally, the emerging technology of spatial auditory displays used to create virtual localized sounds and its potential application for auditory displays will be discussed. Class exercises will engage participants in small group discussions of hypothetical scenarios that will allow the participants to gain experience in evaluating methods of auditory display presentation in a variety of complex systems and work environments.

#### Class Exercises

Classroom exercises will consist of discussion and group problem solving. To learn the skills required to compute acoustic metrics, the group will complete basic calculations of acoustic parameters. Class discussions will focus on the application of psychoacoustic methods to set up a simple study to test the human perception of noise. Classroom discussion and problem solving in the areas of applied psychoacoustics will use hypothetical scenarios to engage the class in exercises to apply the methods and metrics explained in classroom lectures to address potential real world psychoacoustic problems. For example, participants will be given a hypothetical scenario of an industrial facility with high noise levels where there is a need to protect workers from potentially dangerous noise levels and maintain compliance with Occupational Safety and Health Administration (OSHA) guidelines and exposure limits and there is also a need to maintain clear communications among workers for team coordination and safety in the facility. Participants will be asked to engage in a class exercise to consider and decide on appropriate methods and metrics to analyze the problem and propose various mitigation alternatives and determine which alternative should be adopted for implementation. To demonstrate the skills of using psychophysical principles in the evaluation, design, and integration of auditory displays, participants will be divided into small groups of approximately four individuals and will engage in exercises to evaluate the appropriateness of various methods of auditory presentation (e.g., tones, speech, spatial auditory displays) in complex systems and make critical decisions to improve or replace the current auditory displays in an existing system such as an aircraft cockpit.

The Interactive Sound Information System (ISIS). An integral part of the class presentations will consist of sound demonstrations played on the US Air Force's Interactive Sound Information System (ISIS). ISIS is a multimedia system for recreating high quality sound recordings at appropriate levels (i.e., as they would be heard in the real world) and integrating them into multimedia presentations to explain various topics in acoustics. The ISIS system was originally developed by David Dubbink Associates under contract to Armstrong Laboratory for educating Air Force planners, pilots, civil engineers, and the general public about noise created by Air Force operations and to recreate the noise generated by aircraft flights. The system is easily modified to perform a variety of functions to teach fundamental characteristics of sound and general principles of acoustics and psychoacoustics. The backbone of ISIS is a multimedia authoring tool and multimedia scripting language that allows the presentation developer to integrate full motion digital movies taken from video tape, film, or computer generated images with high fidelity digital audio reproductions of sound recordings. The use of the ISIS system will provide participants will high quality simulations of environmental sounds coupled with multimedia explanations using graphics and video presentations thereby allowing a better understanding of acoustic phenomena. The ISIS system will also allow participants to evaluate first hand the potential benefit of noise mitigation alternatives such as attenuation due to hearing protectors or sound barriers.



# THE INSTRUCTOR



Bart Elias is a Research Psychologist with the USAF Armstrong Laboratory, Noise Effects Branch at Wright-Patterson AFB, Ohio. Bart's interests include psychoacoustics, visual perception and the design and integration of auditory and visual displays in aviation and aerospace systems. Bart graduated from Franklin and Marshall College in Lancaster, PA in 1989 where he majored in Psychology. He received his M.S. in 1991 and his Ph.D. in 1994, both from Georgia Tech. His doctoral dissertation examined the use of dynamic spatial auditory cues for visual target acquisition. Currently, Bart is working on research programs to address the effects of environmental noise on outdoor recreationalists, and the effects of noise on speech patterns.













Notes :











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Notes :

soun	d intensity
RMS Integration Ti	mes
Impulsive sound: Fast Slow	35 msec 1/8th second 1 second
POWER Sound power is re	lated to the sound pressure
squared (ρ²) measured in Pasca	ls (Pa)
measured in Pasca	ls (Pa)





















CO	MPUTING SOUND LEVEL
Problem:	
You have out in lbs It records How louc	a very sensitive pressure gauge that reads /in <sup>2</sup> attached to a microphone. an event of 0.000042 lbs/in <sup>2</sup> l was the event in dB (re: 0.00002 Pa) ?
Given:	$1  \text{lb/in}^2 = 6711  \text{Pa}$
Calculatio	ons:
Answer:	



, •

E C	·	Ming Joand Pears	
Answer:		0.000042 lb/in <sup>2</sup>	
	x	6892 Pa per lb/in²	
	=	0.289464 Pa	
		0.289464 Pa / 0.00002 Pa	
	=	14,473	
		Log (14,473)	
		4.1605	
	x	20	
		<u>83.21 dB</u>	







decibel ad	dition	
To get a quick estimate (accurate within one dB)		
if the difference between $L_1$ and $L_2$ is:	Add this to the greater of L <sub>1</sub> or L <sub>2</sub>	
0 to 1 dB	3 dB	
2 to 3 dB	2 dB	
4 to 9 dB	1 dB	
>10 dB	0 dB	








annan 200 far den sense and a sense and	DEC	ibel additig	
Answers :	=	10 Log (10 <sup>8.6</sup> - 10 <sup>8.0</sup> )	
	=	<u>84.74 dB</u>	
	diffe	rence = 6dB, so -1dB	86-1 = <u>85 dB</u>
	=	10 Log (10 <sup>7.3</sup> - 10 <sup>5.0</sup> )	
	=	<u>72.98 dB</u>	
	diffe	rence = 23 dB, so -0dB	73 - 0 = <u>73 dB</u>
		·	

































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adaa ah a	
Physiology	of the ear
Outer Ear	
Pinna	
Ear Canal	Resonant Freq. 2000 Hz
Inner Ear	
Tympanic Memb	rane
Ossicles	
Malleus	-Hammer
Incus	-Anvil
Stapes	-Stirrup
Cochlea - hearing	
Otoliths (semiciro	cular canals)- vestibular
Auditory Nerve	
-	

ASC- 03-1756





































Notes :





	a ga da kana. Ya ta 'ii pama i ak imama mari manakaka i kana mari i manana kana ri . Ia wana mana ka ma gaman, a manakabah a
PSY	Choacoustic Stimuli
Pure Tones:	Sinusoidal wave of a single frequency
White Noise:	Broadband noise where the energy level is uniform over the audible frequency spectra
Pink Noise:	Broadband noise whose spectral level decreases with increasing frequency to yield constant energy per octave band (Note: Octave bands widen with increasing frequency)
Filtered Noise:	Filtered by Octave Band, 1/3 Octave Band
Duration:	Continuous or Short Bursts Bursts: Onset Rate, Decay
Waveform:	Envelopes, Carrier Frequencies (Modulation)
Impulses	Presentations with rapid onset (>35 msec to peak) and Short duration (<500 msec)
Click Trains	Series of short, low intensity impulses (clicks) used especially in spatial hearing

	psychophysical metrics		
	OF PERCEIVED LOUDNESS		
Phon :	A measure of loudness equivalent judged equally as loud as the decibel level of a 1000 Hz pure tone		
Sone :	One <i>sone</i> is equivalent to the <i>loudness</i> of a 1000 Hz pure tone presented at 40 dB. A sound judged twice as loud has a loudness of 2 <i>sones</i> , three times as loud - three <i>sones</i> , 1 <i>Sone</i> = 40 <i>Phons</i> +1 <i>Sone</i> = +10 <i>Phons</i>		
Noy :	One <i>noy</i> is equivalent to the <i>annoyance</i> of a 1000 Hz pure tone presented at 40 dB		
Perceive	ed Noise Level (PNdB) = 40 + 33.3 log N where N = perceived noisiness in noys (broadband noise)		
Effective	Perceived Noise Level (EPNdB or EPNL): PNdB corrected for tones (aircraft noise)		
Mark V	II Sones : Perceived loudness relative to sound of 1/3 octave band noise centered at 3150 Hz		












































Notes :













		e sport de
Reverber	ation Times	<i>,</i>
	Carnegie Hall,	Symphony Hall
	New York	Boston
125 Hz	1.8 s	2.2s
250 Hz	1.8 s	2.0s
500 Hz	1.8s	1.8s
1000 Hz	<b>1.6s</b>	1.8s
2000 Hz	1.6s	1.7s
4000 Hz	1.4s	1.5s
from Kinsler, et	al. (1982)	







## PERCEIVING MOTION

Problem:

You are riding a bike at 10 mph, heading north along a road that parallels train tracks. A southbound train traveling at 60 mph blows its horn. The horn is dominated by a 800 Hz tone. What is the change in frequency at 800 Hz? What is the resulting frequencies as it approaches and as it recedes?

The speed of sound for that day is 760 mph



Notes :





		ister u	vryb pi		
Cons	sonants		:	Vow	els
р	pull	S	sip	i	heed
b	bull	Z	zip	Ι	hid
m	man	r	rip	e	bait
w	uvill	Š	should	3	head
f	fill	Z	plea <i>s</i> ure	æ	had
v	vet	с	chop	u	who'd
θ	<i>th</i> igh	i	gyp	U	put
	thy	ý	yip	L	but
t	tie	k	kale	0	boat
d	<i>d</i> ie	g	gale		bought
n	near	ň	ĥail	a	hot
1	lear	n	sing		sofa
			Ū.	i	many

PERCEIVING	Phonemes
formats :	steady frequency bands vowels
formant transitions:	rapid frequency shifts consonants dependent on vowel the precedes or follows
articulation pattern:	stop fricatives voicing unique for each phoneme
Applied Topic: Speech Intellig	ibility and Speech Interference

ASG- 03-1750





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W	reighting of sound levels
A we	eighting (dB(A)) Frequency dependent adjustments (weighting) of sound level to approximate the sensitivity of the human auditory system
	Based on equal-loudness countours
C we	eighting (dB(C)) Frequency dependent adjustments (weighting) of sound level that retain greater power in the lower frequency ranges (below 20 Hz), to account for building resonances which lead to rattling

.

















Notes :







Notes :

## **DESCRIPTORS** Problem: A house is situated in the approach path of a busy airport. Sixty 737s overfly the house on a given day at a nominal SEL of 93. Thirty-five L-1011s overfly the house producing an SEL of 95 dB each. The house is also overflown by Fifty-five Fokker F-100s at SELs of 88 dB each. What is the 24 hr LEQ at the house on that day?





NOIS	e descriptors
Exceedance	e Percentile Sound Level - L <sub>n</sub>
The sou n % of t measure	nd level that is exceeded he time over the sound ement period.
Common value	es of n:
90	Background/Ambient
50	Median Sound Level
10	Common Traffic Noise Metric
1	Infrequent Loud Events



Notes :

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Notes :










## OCCUPATIONAL MOISE EXPOSURENoise Sources:<br/>Industrial/Manufacturing, Heavy Machinery,<br/>Aircraft, Sound Systems (Musicians), etc.Prolonged Exposure leads to Threshold Shifts<br/>temporary threshold shifts (TTS): temporary loss of<br/>hearing measured at a fixed interval after exposure

to the noise. Typical interval is 2 minutes (TTS<sub>2</sub>)

Audiometric Testing:

pre-exposure post-exposure







occup	A	tional noise	exposure
<i>Guidelines</i> (se Noise dose  =	et by C sum (	Occupational Safety and Health of partial doses (% of permi	n Administration (OSHA)): ssible dose)
Partial dose	= ma	exposure time to given lev ximum permissible time at g	vel*100 given level
Sound Level /	dB(A	) max. permi	ssible time (hrs)
<80	•		N/A
80			32
85			16
90			8
100			2
110			0.5
115			0.25
120	***]	evels above 115 dB(A)***	0.125
125	***	are not permissible ***	0.063
130		-	0.031

	• •
ise dose	
TWA (dB(A)) =	$16.61 \log D + 90$
	$\overline{100}$
Dose	TWA
10	73
25	80
50	85
75	88
100 ****************permis	sible dose********* 90
115	91
130	92
150	93
175	94
200	95
400	100





## **OCCUPATIONAL NOISE EXPOSURE**

Problem:

A factory repair technician works on a faulty generator for 2 hrs. at a continuous exposure level of 95 dB(A). She later works on repairing a hydraulic lift for 3 hours at a level of 82 dB(A). That day the technician also gets called to diagnose problems with equipment in the machine shop for 1.5 hours and is exposed to 85 dB(A). The remainder of her workday is spent in his office doing paperwork where the noise level is 65 dB(A).

> What is her total noise dose for this day? What is the TWA for this noise dose?





Impulsive noise	es: rise time less than 35 msec to peak intensity duration less than 500 msec from peak to 20 dB down
Max. number p	$er 8 hr workday = 10^{160-P/10}$
where P	= peak SPL
Peak SPL	Max. number of events
150	10
140	100
130	1000
120	10000
115	31623
112	63096 - continuous

Notes :





HEA	rsaf 2000
Cooperative research program b tool for hearing conservation pro- Advector intervention of the server of the serve	between industry and NIOSH to develop a ograms (Currently under development)













audiom	ETRIC SCREENING
Initial Screening:	Determine pre-exposure hearing levels
Periodic Screening:	Periodic, routine hearing exams and audiometric screening to identify any permanent hearing loss
Traumatic Events:	Special hearing exams and audiometric testing after trauma to the ear caused by a noise event or non-acoustic trauma.
Termination:	Screening upon termination, retirement, etc.

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Notes :







Notes :

















		Articulati	on Index	(AI)	
Band	Speech Peak	RMS Noise	S/N Ratio	Weight	Weighted S/N
200	78	74	4	0.0004	0.002
250	79	69	10	0.0010	0.010
315	80	67	13	0.0010	0.013
400	79	55	24	0.0014	0.034
500	78	52	26	0.0014	0.036
630	77	51	26	0.020	0.052
800	76	52	24	0.0020	0.048
1000	74	53	21	0.0024	0.050
1250	72	54	18	0.0030	0.054
1600	70	52	18	0.0037	0.067
2000	68 .	53	15	0.0037	0.056
2500	66	51	15	0.0034	0.051
3150	64	58	6	0.0034	0.020
4000	62	54	8	0.0024	0.019
5000	60	48	12	0.0020	0.024
				AI =	0.536



Speech in	telligibility
Articulatic	on Index (AI)
Relationship of AI to Usabili < 0.3 0.3 - 0.5 0.5 - 0.7 > 0.7	ity of a Communication System: Unacceptable Acceptable Good Very Good





Type of Noise Controllability & Sense of Control Tasks Motor Skills Vigilance Visual Search Semantic Processing Intellectual Tasks	Noise and performance	
Controllability & Sense of Control Tasks Motor Skills Vigilance Visual Search Semantic Processing Intellectual Tasks	Type of Noise	
Tasks Motor Skills Vigilance Visual Search Semantic Processing Intellectual Tasks	Controllability & Sense of Control	
Motor Skills Vigilance Visual Search Semantic Processing Intellectual Tasks	Tasks	
Vigilance Visual Search Semantic Processing Intellectual Tasks	Motor Skills	
Visual Search Semantic Processing Intellectual Tasks	Vigilance	
Semantic Processing Intellectual Tasks	Visual Search	
Intellectual Tasks	Semantic Processing	
	Intellectual Tasks	



Notes :












Notes :

	- <u> </u>		
Description	Typical Range DNL in dB	Ave DNL in dB	Population Density People/Sq.Mi
Quiet Suburban Residential	48-52	50	630
Normal Suburban Residential	53-57	55	2,000
Urban Residential	58-62	60	6,300
Noisy Urban Residential	63-67	65	20,000
Very Noisy Urban Residential	68-72	70	63,000
ource: U.S. EPA 1974			



ffects of Noise	on People (Resi	dential Land Uses O	nly)		reaction
	Lffec	ts:			
Dov.Niekt	Hearing Loss	Анкоуансе	Average Community Reaction	General Community Attitude Towards Area	73 -
Average Sound Level in Decibels:	Qualitative Description	% of Population Highly Annoyed			
75 and above	May Begin to Occur	37%	Very Severe	Noise is likely to be the most important of all adverse aspects of the community environment.	
70	Not Likely	22%	Severe	Noise is one of the most important adverse aspects of the community environment.	romplaint
65	Will Not Occur	12%	Significant	Noise is one of the important adverse aspects of the community environment.	
60	Will Not	7%	Moderate	Noise may be considered an adverse aspect of the community environment.	
55 and	will		to	Noise considered no more	
below	Not Occur	3%	Slight	important than various other environmental factors.	



## Environmental noise and Annoyance

Factors influencing annoyance:

- Time of Day
- Impulsive sounds
- Onset Rate
- Strong Low Frequency Content
- Significant Tonal Components
- Ambient/Background Noise Levels ?

## ERVIRONMENTAL NOISE AND ANNOYANCE Time of Day: Day-Night Average Sound Level (DNL): • A single number measure of community noise exposure. • A modified 24 hr LEQ with a 10 dB penalty applied to nighttime sound levels from 10 pm until 7 am Community Noise Equivalent Level (CNEL): • Includes a 5 dB penalty to evening sound levels occurring between 7pm and 10 pm • Used in California



Notes :

environmental n	oise and
annoyan	7 <i>6</i>
Adjustment Factors (based on pend S12.9-199x - Part 4) :	ding ANSI Standard
,	dB adjustment
<ul> <li>General Broadband Sound</li> </ul>	0
• Onset Rate (R):	
R < 15 dB/s	0
$15 \le R \le 150 \text{ dB/s}$	$11 \log (R/15)$
$R \ge 150 \text{ dB/s}$	11
• Impulsive	
Regular Impulsive	5
Highly Impulsive	12
Tonal Component	5

















ENVIR	ONMENTAL NO	91se and Ance
Sleep States (EEG):     Awake     Stage 1     Stage 2     Stage 3     Stage 4     PEM	Alpha and Beta activity Theta activity Spindles, K-complexes Delta activity strong Delta activity Theta and Beta activity	<ul> <li>low amp., high freq.</li> <li>slow waves <ul> <li>(low freq., increasing amp.)</li> <li>paradoxical sleep</li> </ul> </li> </ul>
• Noise Levels ab produce a chang	ove the ambient required to ge in sleep states:	aroused EEG pattern low amp., high freq.
• Stage 2 (Lig • Stage 3 (De • Stage 4 (Ve	ght) to Stage 1 (Shallow) ep) to Stage 2 (Light) ry Deep) to Stage 3 (Deep)	30 dB(A) 50 dB(A) 80 dB (A)





Notes :

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## Environmental Noise and Health

Claims of adverse health effects from environmental noise include:

- Hearing Damage
- Cardiovascular Disorders
- Effects on the Unborn
- Mental and Social Well Being
- Physiological Stress Effects
- •Interference with Learning
- Controversial Topics

M	dise modeling
Increased computer po	ower has made noise modeling more accurate:
Components:	
Noise Source:	Point source (monopole) - simplest Line source Area source
• Attenuation:	Inverse square law +/- 6 dB spherical spreading
Propagation:	Air absorption frequency dependent weather (temperature, humidity) Ground attenuation reflected signal impedance hard vs. soft surface terrain
	Surfaces walls, ceilings, barriers





Points of C	<b>ODELING</b> ontact
FAA Integrated Noise Model (INM)	<u>US Air Force Noise Models</u>
Dr. Jake Plante	(Aircraft Noise and Sonic Boom)
FAA Office of Environment & Energy	Mr. Robert Lee
AEE-120	AL/OEBN
800 Independence Ave SW	2610 Seventh Street
Washington, DC 20591	Wright-Patterson AFB, OH 45433-7901
(202) 267-3539	(937) 255-3605
<u>US Army Noise Models (Blast)</u>	DOT Highway Transportation Noise Models
Dr. Larry Pater	Dr Greg Fleming
US Army	DOT Volpe Center
Construction Engineering Research Labo	ratory Kendall Square
PO Box 9005	Mail Code DTS75
Champaign, IL 61826-9005	Cambridge, MA 02142-1093
(217) 352-6511 x375 or (800) USA-CERL	(617) 494-2372













Iteconditionaca n	naoor noise	Levels
Location/Activity	All Sources (LEQ - dB(A))	Continuous Interior Sources (Level - dB)
Community:		<u></u>
Sleeping	45	40
Residential	50	40
Classrooms, Libraries	50	40
Churches, Hospitals		
Office:		
Private Office, Conference Room	45	40
Workspaces w/ Telephone Use	55	45
Workspaces w/ Occasional Speed	ch 60	55
Communication and Telephone I	Jse	
Workspaces w/ Infrequent Speed	.h <b>7</b> 0	60

noise mitigation	
Noise Level Reduction Values for Ty Building Materials	ypical
Construction	<u>NLR in dB</u>
<ul> <li>Conventional Wood Frame (Windows Open)</li> </ul>	15-20
<ul> <li>Conventional Wood Frame (Windows Closed)</li> </ul>	25-30
<ul> <li>Conventional Wood Frame (No Windows or 1/4" Sealed Glass Windows)</li> </ul>	30-35
<ul> <li>1/8" Sealed Glass Window</li> </ul>	20-25
• 1/4" Sealed Glass Window	25-30
• Walls and Roof (20-40 lbs. / ft $^{2}$ )	35-40
• Walls and Roof (40-80 lbs. / ft <sup>2</sup> )	40-45
<ul> <li>Heavy Walls and Roof (&gt;= 80 lbs. / ft<sup>2</sup>)</li> </ul>	45-50







Notes :





















RECOMMENDATIONS FOR AUDITORY	
ALARM AN	D MARNING DEVICES
from Human Engineerin	g Guide to Equipment Design
Conditions	Design recommendations
If distance to listener is great	Use high intensities and avoid high frequencies
If sound must bend around obstacles and pass through partitions	Use low frequencies
If background noise is present	Select alarm frequency in region where noise masking is minimal
To demand attention	Modulate signal to give intermittent "beeps"
Fo acknowledge warning	Provide signal with manual shutof so that it sounds continuously




























Notes :



# AUDITORY DISPLAYS

Class Exercises

A nuclear power plant currently has 20 auditory displays. They are all tones that vary in their pitch and temporal patterning. All were shown by psychophycical testing to be highly descriminable in laboratory settings. The control room where these displays are presented has a high ambient noise levels. Would you consider changing these displays? Why? What alternative displays would you consider? Why? What potential limitations are there with these alternatives ?

# AUDITORY DISPLAYS

Class Exercises

A large communications firm wants to develop an on-line internet customer service center. In order to make the technology user friendly, they want to incorporate voice and sound displays to assist users in navigating the web site. Discuss what displays you would consider. What types of displays do you think would be most "user friendly"? What types of information can be provided by auditory displays ?











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## APPENDIX A

## SUGGESTED COURSE SCHEDULE

#### SOUND BASICS: A PRIMER IN PSYCHOACOUSTICS TIME TOPIC 0830-0845 Introduction/Welcome **Fundamentals of Psychoacoustics** 1. 0845-1015 a) The Sound Source Physical Properties of Sound i) Descriptors of Sound a) Intensity (1) Frequency (2) (3) Time \*\*\*\*\* BREAK \*\*\*\*\* 1015-1030 1030-1200 ii) The Receiver Physiology a) (1) The Ear (2) Neural Pathways Psychoacoustics **b**) Methods (1) Loudness (2) Pitch (3) (4) **Temporal Patterning** (5) Spatial Hearing (6) Speech Perception \*\*\*\*\* LUNCH \*\*\*\*\* 1200-1300 2. **Applied Psychoacoustics** 1300-1400 a) Noise Analysis Weighting i) Summation ii) iii) Spectral Analysis iv) Bands \*\*\*\*\* BREAK \*\*\*\*\* 1400-1415

b) Applications of Noise Analysis

i)

Summary/Wrap-up

### 1415-1530

- Industrial/Occupational Noise Exposure
  - a) Exposure Limits
  - **b**) Hearing Loss
  - c) Hearing Conservation Programs
  - Speech Intelligibility/Speech Interference đ)
  - Task Interference e)
- Residential Noise Exposure ii)
  - Annoyance a)
  - Sleep Disturbance **b**)
  - Stress and Health Effects c)
- iii) Noise Modeling
- Noise Mitigation iv)
  - Passive Noise Reduction a)
  - b) Active Noise Reduction
  - **Education and Hearing Conservation** c)

#### \*\*\*\*\* BREAK \*\*\*\*\* 1530-1545 Auditory Displays 1545-1645 c) Why? :Advantages/Disadvantages of Audio Presentation i) When? :Environment and Task Factors ii) iii) How? :Tones, Speech, etc. Discriminability a) b) Spatial Auditory Displays 1645-1700

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