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Standard Methods to Assess Human  
and Community Response to Impulse Noise

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# Expedient Methods for Rattle-Proofing Certain Housing Components

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Occupants of buildings located in areas of high-level impulse noise usually report that the main annoyance factor is the rattle produced by house components upon vibration. This type of noise is associated with helicopter flybys and blast overpressure from artillery and other military training operations. Methods are needed for mitigating rattles in both existing structures and future construction.

This report analyzes several different building elements to identify individual components contributing to rattle. Elements studied include windows, doors, wall-mounted objects, bric-a-brac, ductwork, gutters, and light fixtures, among others. In general, the primary source of rattle is any small gap between two hard surfaces that are subject to vibration from an exterior noise source. Upon excitation, these surfaces can impact each other, producing the sound. Other rattle sources are identified and methods are recommended for eliminating or reducing noise from the individual elements.

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## FOREWORD

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# EXPEDIENT METHODS FOR RATTLE-PROOFING CERTAIN HOUSING COMPONENTS

## 1 INTRODUCTION

### Background

The recent trend toward siting off-installation housing and other noise-sensitive land uses in areas exposed to high impulsive noise levels has produced a major concern among Army planners. Noise impact due to off-installation land uses must be minimized in accordance with the Installation Compatible Use Zone (ICUZ) program, as described in Army Regulation (AR) 200-1.<sup>1</sup> The ICUZ program uses blast noise zone maps generated by the blast noise computer prediction program BNOISE, which was developed by the U.S. Army Construction Engineering Research Laboratory (USA-CERL).<sup>2</sup>

Impulsive noise presents unique problems compared with common, continuous noise sources such as fixed-wing aircraft, vehicles, trains, and factories. Long-term research by USA-CERL and other organizations has indicated that the main annoyance factor for impulsive blast noise is the rattle it produces when it excites building components.<sup>3</sup> This rattle can be caused by vibrating windows, bric-a-brac, light fixtures, doors, and structural elements.

Elimination of these rattles could eliminate some, if not all, of the annoyance for building occupants. Quantitatively, quieting the rattles could produce a 10-dB or greater noise reduction; in terms of the ICUZ program, this reduction would be enough to change a zone from completely unacceptable for housing to completely acceptable.

Technology is available for shielding structures against common, continuous noise sources. However, while the impulse noise problem is not an entirely new area, research into mitigation of this noise has failed to produce effective control methods. Many of

<sup>1</sup>Army Regulation (AR) 200-1, *Environmental Quality: Environmental Protection and Enhancement* (Headquarters, Department of the Army [HQDA], 15 June 1982).

<sup>2</sup>P. D. Schomer, et al., *Blast Noise Prediction, Vol I: Data Bases and Computational Procedures, and Vol II: BNOISE 3.2 Computer Program Description and Listing*, Technical Report N-98/ADA099440 and ADA099335 (U.S. Army Construction Engineering Research Laboratory [USA-CERL], March 1981).

<sup>3</sup>P. D. Schomer and R. D. Neathammer, *Community Reaction to Impulse Noise: A 10-Year Research Summary*, Technical Report N-167/ADA159455 (Revised) (USA-CERL, 1985); P. D. Schomer, *Predicting Community Response to Blast Noise*, Technical Report E-17/ADA773690 (USA-CERL, December 1973); P. D. Schomer and R. D. Neathammer, *The Role of Vibration and Rattle in Human Response to Helicopter Noise*, Technical Report N-85/14/ADA162486 (USA-CERL, July 1985); P. N. Borsky, *Community Reactions to Sonic Booms in the Oklahoma City Area, Vol II, Data on Community Reactions and Interpretations*, AMRL-TR-65-37 (U.S. Air Force, 1965); K. D. Kryster, P. J. Johnson, and J. P. Young, *Psychological Experiments on Sonic Booms Conducted at Edwards Air Force Base*, Final Report, Contract No. AF49(638)-1758 (National Sonic Boom Evaluation Office, Arlington, VA, 1968); G. A. Luz, R. Raspet, and P. D. Schomer, "An Analysis of Community Complaints to Noise," *Journal of the Acoustical Society of America*, Vol 73, No. 4 (April 1983).

these theoretical analyses were done in the late 1960s and early 1970s to study structural response to sonic booms. In general, the theoretical procedures did not take into account nonlinear effects of large impulse noise and therefore resulted in idealized data. The most complicated structure analyzed was a simple box with an opening.

Techniques are needed for rattle-proofing structures located in areas of high-level impulse noise. The technology should cover both retrofitting of existing structures and preventive measures for new buildings.

### **Purpose**

The overall purpose of this work is to develop methods for preventing rattles inside housing located in areas of blast noise. This report identifies expedient methods the Army can use to help solve existing problems. The development and refinement of an experimental test facility and procedures for studying the impulse noise problem systematically and empirically are reported in USA-CERL IR N-87/25.

### **Approach**

USA-CERL surveyed the literature and several companies that manufacture different building elements. The focus was on doors, windows, picture frames, bric-a-brac, and similar items. Findings were analyzed with respect to the Army's specific needs and the most promising methods were recommended as an immediate solution to existing problems. These results will be combined with those in IR N-87/25 for supporting further research and development.

### **Mode of Technology Transfer**

Recommendations developed in this volume will have direct impact on implementation of the ICUZ program. Information will be summarized in a pamphlet that will be disseminated at ICUZ training courses and used by the U.S. Army Environmental Hygiene Agency (USA-EHA) in assisting installations with operational noise problems.

## 2 ANALYTICAL METHODS

### Identification of Major Rattle Sources

For this study, the rattling in homes was assumed to be excited by large-impulse noise--specifically, that from helicopter overflights or blast overpressure due to ground blasting or artillery.

Next, elements within structures which are subject to low-frequency excitation were identified. This information was based on earlier work that quantified building vibration and rattle levels using experimental data; these data were collected during tests on USA-CERL's Biaxial Shock Testing Machine (BSTM).<sup>4</sup> For these tests, USA-CERL had modified the BSTM so that sonic pulses simulating low-frequency blast overpressure could be generated. Inside the BSTM facility and about 12 ft from the actual test platform, a 19 ft 8 in. by 14 ft 6 in. residential-type building was constructed using conventional materials and methods. However, it was built on a small scale, consisting of only one room, the overhead roof structure, and the foundation.

Data from the tests were analyzed using a dynamic response model (the classical method for predicting modal response) and empirical methods. The study concluded that the primary modal vibration pattern for walls depends greatly on the bending stiffness of the vertical studs; the pattern for floors and ceilings depends on the bending stiffness of the horizontal joists. Resonance frequencies that were excited ranged from 10 to 40 Hz.

Models were then developed to quantify the sound-pressure-induced rattle of windows and doors, picture frames, and bric-a-brac. Figure 1\* shows the model used to predict window and door rattle due to the gap normally present between the window/door and frame (especially in sliding glass windows and doors). Rattle occurs when the following relationship is true:

$$p(f) > (6.28 \times f)^2 [mX_R/J(f)T(f)] \quad [\text{Eq 1}]$$

where  $p(f)$  is sound pressure,  $f$  is frequency,  $m$  is window mass,  $X_R$  is the rattle space,  $J(f)$  is a vibroacoustic coupling factor, and  $T(f)$  is the sinusoidal response of the window at frequency  $f$ . At low frequencies,  $T(f)$  and  $J(f)$  approach unity and the critical sound pressure increases as the square of the frequency. This trend is approximated in Figure 2 based on experimental work by Tokita and Nakamura.<sup>5</sup>

Picture frames and hanging mirrors can be modeled as shown in Figure 3; Figure 4 shows measured rattle thresholds for wall plaques.<sup>6</sup> At low frequencies (below 100 Hz), wall accelerations of less than 0.03 G are required to make the plaque move away from

<sup>4</sup>L.C. Sutherland, *Low Frequency Response of Structures*, Wyle Research Report WR 82-18 (Wyle, Inc., May 1982).

\*Tables and figures are located at the end of the report, starting on p 23.

<sup>5</sup>Y. Tokita and S. Nakamura, "Frequency Weighting Characteristics for Evaluation of Low Frequency Sound," *Proceedings, 1981 International Conference on Noise Control Engineering, 6-8 October 1981* (1981).

<sup>6</sup>H. D. Carden and W. H. Mayes, *Measured Vibration Response Characteristics of Four Residential Structures Excited by Mechanical and Acoustical Loadings*, NASA TN D-5778 (National Aeronautics and Space Administration, April 1970).

the wall and rattle. These data agree with Wyle's models for hanging angles of 0.13 to 0.4 degrees.

Dishes, cups, saucers, and other bric-a-brac placed on shelves can be caused to rattle if the objects are stacked and their surfaces are not in full contact so that they can rotate or rock relative to each other. Acceleration loading (vertical) of less than 1 G can produce the rocking. On the other hand, for objects resting in full contact at all points, an acceleration of more than 1 G is required to cause a vertical deflection or gap to generate the rattle. The sound power from a point-driven infinite plate has been derived (Equation 2):

$$W_{\text{approx.}} = 0.84V^2 \rho C_L t^2/c \quad [\text{Eq 2}]$$

where  $V$  is the root mean square velocity of the driving point,  $\rho$  is the mass density of the plate,  $C_L$  is the longitudinal speed of sound in the plate material,  $t$  is the plate thickness, and  $c$  is the speed of sound in air. No experimental data supporting or calibrating this plate rattle model have been found.

Windows or doors can be directly excited by blast overpressure or helicopter low-frequency sound. However, their interior spaces are excited only by the transmitted wave, which is attenuated by the building structure. During summer, with the windows and possibly doors open, the interior sound pressure will tend to be dominated by direct sound transmission through the open door or window. In the winter, interior sound may be influenced by wall transmission loss.

When considering outer wall openings (windows and doors), in the case of low-frequency components of the outdoor blast wave or helicopter sound for which the wavelength is well below the perimeter of the opening, the transmission loss will be on the order of about 3 dB or less. For the excitation frequency range where the wavelength is approximately comparable to the perimeter of the opening, an amplification can occur and the transmission loss can be considered negative, with a value of -3 dB. At high frequencies, the attenuation approaches zero and no loss occurs at the opening.

For this study, the main elements considered subject to excitation from large-impulse noise were windows, doors, ceilings, building accessories such as gutters and downspouts, and miscellaneous decorator items such as hanging pictures and bric-a-brac. Table 1 lists each category with specific components that are likely to rattle.

### Manufacturer Survey

For the major items identified in Table 1, several manufacturers were contacted to obtain product information. (Appendix A lists these manufacturers.) The general comment from most companies was that their product does not rattle. No manufacturer designs these items with rattle reduction as a specific goal; however, careful analysis of the product literature has revealed that some items are designed with features that are superior to others in reducing the potential to rattle. Items for which information was received are analyzed in Chapters 3 through 5. Results from the literature were used as input to this analysis.<sup>7</sup>

<sup>7</sup>L. C. Sutherland; L. C. Sutherland, B. H. Sharp, and R. A. Mantey, *Preliminary Evaluation of Low Frequency Noise and Vibration Reduction Retrofit Concepts for Wood Frame Structures*, Wyle Research Report WR 83-26 (June 1983).

### 3 WINDOWS

There are seven basic types of windows: fixed, casement, awning (or hopper), sliding, double-hung, jalousie, and pivoting. Figure 5 shows these window types. Each window was analyzed for sources of rattle and possible solutions. In addition, the range of Sound Transmission Class (STC) was estimated for each window type. The STC values are based on information in the literature;<sup>9</sup> manufacturers did not provide these data.

#### Fixed Window

The main source of rattle is the gap between the glazed stationary sash and the fixed frame. Calking and/or weatherstripping and installation of a mechanical clamp should eliminate most of the rattling. The STC value is rated at 29 to 47. These windows are judged to be acceptable for use on Army housing in areas of high-level impulse noise.

#### Casement Window

Details for this window are in Figure 6. Potential rattle sources are the spaces between the closed hinged sash and fixed frame and between two hinged sashes when they are closed but not clapped (dogged). Possible solutions are: (1) install weatherstripping along the perimeters of both hinged sashes (use rubber, open-cell foam, or soft elastomeric weatherstripping); (2) keep windows closed tightly so that the weatherstripping is clamped, or leave them completely open (i.e., not in contact with the frame). The STC rating is 29 to 47. These windows can be considered acceptable.

#### Awning

The sources of rattle, possible solutions, STC rating, and acceptability are the same as those for casements. An awning is depicted on a fixed window in Figure 5.

#### Double-Hung Window

Figure 7 shows details of this type of window. The primary sources of rattle are: (1) the gap between the sash and track, (2) counterbalances (spring or weights), (3) hardware for locking upper and lower windows together, and (4) the gap where the two windows meet. The STC value is estimated at 29 to 47. These windows should be avoided for new construction and as replacements in areas of high-level impulse noise. To reduce problems on existing structures, the following measures can be taken:

- Eliminate the gap between the sash and track using plastic inserts or weatherstripping
- Place the spring or weights inside a soft, plastic jacket

<sup>9</sup>S. F. Weber, et al., *Method for Assessing Costs of Noise Control Requirements in Multifamily Residential and Educational Buildings*, PB82-140047 (U.S. Department of Commerce, December 1981).

- Mount hardware solidly with firmly secured screws
- Place weatherstripping on the upper or lower window to fill in the gap when windows are closed.

Windows designed with thermal protection against heat loss will tend to rattle less as surface-to-surface contact is eliminated. All surfaces that may contact the windows or the fixed frame should be covered with a soft, elastomeric material or weatherstripping.

### Sliding Window

These windows essentially have the same problems as double-hung windows except that the sliding type does not have counterweights. They also should be avoided for new construction and as replacements. Possible solutions are the same as for double-hung windows (Figure 8).

### Jalousie

Figure 9 shows details of the jalousie window. These windows have numerous surfaces (edges of individual window elements) that are in contact when the unit is closed. If these surfaces do not make smooth, consistent contact, vibration of the elements will cause rattling. In addition, the opening/closing mechanism has gears and linkages that can contact each other and produce a rattle. These windows should be avoided on new construction and as replacements. To reduce rattling on existing windows, each end of the individual glass elements should be encased in a clear, soft plastic sleeve which is bonded to the glazing. The operating mechanism, however, is almost impossible to silence without major redesign. All bushings should be snug, gears should have no backlash, linkages should be encased in soft, plastic sleeves, and the mechanism should be well maintained. No STC value was estimated for this window.

### Pivoting Window

When this type of window is open, any clearance in the pivot between the bushing and the shaft will be a source of rattle. When the window is closed, but not completely snug, the rotating sash frame can contact the fixed frame and produce rattling (see Figure 10). The STC range is from 29 to 47. Pivoting windows should be avoided in new construction and as replacements. To reduce rattling on existing windows, the bushing should have minimum clearance. Teflon® bushings are easy to operate and also minimize the sound excitation. Weatherstripping should be placed along the fixed frame to eliminate metal-to-metal (or wood) contact when the window is almost closed.

### Skylights

Roof skylights that can be opened (Figure 11) are to be avoided for two reasons: (1) their sound transmission loss is very poor and (2) the mechanism used to open these units for ventilation is difficult to quiet because it consists of a long rod and a linkage. In addition, the window hinge and opening/closing mechanism have clearances so that the hinge pin and socket and the mechanism linkage, gears, and bushings can make contact

and thus rattle. The window perimeter is large and, if not tightly secured when closed, window elements can impact the frame when the skylight is excited by an impulse.

The solution for reducing rattle of a skylight's hinges and operating mechanism is similar to that for a jalousie window. All possible contact between the glazing and the frame must be eliminated by using weatherstripping or gaskets.

### **Shutters**

Shutters used in conjunction with windows can be a source of rattle. Some shutters are for decorative purposes only and are fixed permanently to the home's exterior. If the shutter is well made and attached properly and securely to the structure, the rattle should be minimal. But, if the shutter is operable (i.e., can be opened and closed), it is a potential source of rattle.

Specifically, the individual wooden shutter elements can vibrate in their grooves and also contact adjacent shutter elements. Hinges that have excessive clearance also can rattle. In addition, the shutter in either the open or closed position can impact against the outer wall of the window frame.

Operable shutters should not be considered for new construction or as enhancements to existing structures in the high-impulse noise areas. To reduce rattles on existing structures, some type of elastomeric cushion must be installed along the perimeter of the shutter and individual shutter elements. The hinge must be well made, and plastic inserts to reduce hinge pin clearance should be used. The opening/closing mechanism should be treated in a way similar to that for a jalousie window.

### **Triple-Track Storm/Screen Window**

A special type of sliding window--the triple-track storm and screen--is used commonly throughout the United States. The quality of manufacture for these units varies from high to very poor.

Inherent in the design of the triple-track storm and screen windows is the ease by which each unit slides in its tracks. There are large clearances between the window and the groove or channel. The window is held in the track by a spring-loaded detent that snaps into one of several grooves in the window frame so that the individual window can be positioned at different heights.

The individual glazing or screen is installed using a bead of plastic or rubber to hold it in the aluminum window. No window putty or sealant is used. Thus, the glazing or screen can vibrate and impact the window and the window can vibrate and impact the frame.

Triple-track storm and screen windows should be avoided on structures located in blast noise areas. A complete redesign would be required to reduce or eliminate the potential rattling of these units. Glazings would have to be installed securely in the window and the window should slide in a channel that has a soft, plastic insert to eliminate metal-to-metal contact. The spring-loaded locking mechanisms would need to be redesigned so that individual parts do not rattle. It would be difficult to retrofit homes with triple-track screen and storm windows to prevent rattling.

## 4 DOORS

The doors analyzed in this study were categorized by the way in which they operate: swinging, bypass sliding, surface sliding, pocket sliding, and side-hinge folding. Figure 12 briefly describes each operating category. Garage doors and cellar doors are included in this discussion (Figure 13 and 14). There are 10 physical types of doors: flush, paneled, French, glass, sash, jalousie, louvered, shutters, screen, and Dutch. Figure 15 briefly describes each type.

Exterior doors can be excited directly by a blast wave whereas interior doors are excited by wall, ceiling, and floor vibrations. The discussion of rattle sources and solutions is divided into the seven door types by operating mode followed by the 10 physical types.

### Doors Grouped by Function

#### *Swinging Door*

Figure 16 shows this type of door. Rattle sources are: (1) perimeter contact points between the door and the jamb and sill, (2) the clearance at hinge pins, and (3) hardware, including automatic door-closing mechanisms. The STC value is rated at 20 to 51. These doors are acceptable when the following measures are taken during installation or retrofitting:

- Weather-proof the jamb and sill to eliminate contact during vibration
- Jacket the hinge pins in soft plastic
- Improve hardware as discussed in detail below under **Hardware**.

#### *Bypass Sliding Door*

Rattling can occur in these doors at perimeter contact points between the two doors and between the individual doors and channels in which they slide (Figure 17). Doors that hang from ceiling channels have free play that allows the two door sections to make contact easily. These doors are acceptable for use in areas of high-level impulse noise. However, the following steps should be taken in installation or retrofitting:

- Install a weather-proof material at all possible points of contact
- Use plastic channels, preferably with a Teflon® liner to reduce friction and counteract the snug fit between the door (or rollers) and channel required to eliminate the rattling
- Do not hang doors from rollers or wheels in ceiling tracks.

#### *Surface Sliding Door*

This type of door has a major source of rattle in that any part of the unit can make contact with the wall. In addition, floor and ceiling vibration can produce rattling because these doors slide directly on a floor track or inside an overhead track directly or from a roller mechanism (Figure 12).

Surface sliding doors should be avoided. If they are used, some material must be installed on the back of the door to keep the door away from the wall, yet allow relative motion between the two. Felt, weatherstripping, rubber, or similar materials should be used to minimize this contact. Roller or wheel mechanisms that connect the door to the ceiling to allow it to hang and slide should not be used. Floor tracks should be very snug and, if possible, lined with a Teflon® insert.

#### *Pocket Sliding Door*

These doors are essentially the same as surface sliding doors except that the pocket sliding type can also contact both walls (Figure 18). These doors are not recommended for areas of blast noise. If they are used, the same preventive measures described for surface sliding doors apply.

#### *Side-Hinged Folding Door*

Figure 19 shows this type of door. Rattling can occur if the hinges connecting the doors to each other and to the wall are constructed poorly and if there is excessive clearance between hinges and pins. In addition, when closed, the door can contact the jamb and/or the edge of the mating door; when it is open, the two door sections are folded against each other and can make contact at any point on the surfaces. These doors must be supported by an overhead channel where, as with sliding doors, the support element and channel can come into contact upon vibration. Side-hinged folding doors can be used when the following measures are used:

- Keep doors separate from the jamb and from each other using buttons of elastomeric material such as weatherstripping
- Make sure hinges are installed with minimal clearance
- Install plastic sleeves around the hinge pins
- Avoid loose overhead support that allows the doors to have excessive swinging motion; use snug channels in the floor to support the door and reduce rattle due to the overhead structures.

#### *Single-Section Garage Door*

When closed, this door contacts the building jamb and could rattle along that point. This type of garage door hangs from a curved overhead rail (Figure 13). The weight of the door is counteracted by two large springs that are stretched when the door is closed and compressed when it is open. These springs are retained in a loose swivel joint so that they can rotate relative to the door and to the support structure. In addition, if an electric garage door opener is used, this appliance is a further source of rattle.

Single-section garage doors are acceptable when the following steps are taken to reduce the potential for rattling:

- Install weatherstripping to eliminate the contact between the door and jamb
- Make sure the overhead track and track roller are installed with minimal clearance
- Install a plastic insert in the track or use plastic wheels and rollers

- Encase the springs in plastic sleeves and insure that the swivel joint bushings have minimum clearance; if not, install a plastic insert
- Use electric garage doors designed with minimal linkage clearance and make sure all bushings are snug. Loose linkages can be jacketed with plastic and plastic bushing inserts can be used.

### *Multiple-Section Garage Door*

These doors have most of the same rattle sources as the single-section door. An added source is the hinge elements between sections. These doors should be avoided for construction in areas of impulse noise. If they are used, all of the same rattle-proofing measures described above should be done. In addition, hinge pins should be jacketed in plastic and clearance should be minimized.

### *Cellar Door*

Cellar doors can be considered essentially in the same way as swinging doors. The solutions to reduce rattle also are the same. Figure 14 shows a typical cellar door.

### *Doors Grouped by Physical Type*

In general, doors with inserts can rattle when the inserts are installed loosely, as is often true with decorative panels. All panels, glass, jalousie, shutter, and louver elements should be installed firmly and permanently. If they are not, a rubber or plastic coating can be placed on the edge that contacts the door to help reduce rattles. One manufacturer's approach to thermal sealing is an example of a design that would also reduce rattling (Figure 20).

### *Flush Door*

Figure 16 shows details of this type of door. If the flush door is solid, there are no sources of rattle. With a hollow-core door, outer panels can vibrate against the inner frame if the panels are not bonded firmly to the frame. These doors are acceptable for use on structures located in blast noise zones. The STC rating is estimated at 20 to 51. To reduce rattles in the hollow-core type, make sure the outer panels are bonded firmly to the frame.

### *Panel Door*

This type of door is basically the same as the flush door (Figure 15) except that an additional rattle source can occur if panel inserts are not installed properly and can contact the frame. Loose panels can be excited to rattle at their resonance frequencies. These doors are acceptable when the same rattle-reducing step is followed as described for the flush door; in addition, if the panels are loose, install a plastic or rubber coating to weight the panel and use damping techniques where the panel's inner surface edge makes contact with the door.

### *French Door*

This type of door has all of the same rattle sources described for the panel door. In addition, the vertical surface of one door contacts the other door's jamb, providing

another source of rattle. The hardware connecting the two door sections also can rattle upon excitation. The French door is not recommended for housing located in blast noise areas. If it is used, all steps prescribed for the panel door must be followed and weatherstripping should be installed on one section's jamb. Moreover, the hardware should be rattle-proofed as discussed under **Hardware** below.

#### *Glass Door*

This door can be considered to be the same as a panel-type door. It is acceptable and the same measures can be taken to reduce rattling.

#### *Sash Door*

This door also can be considered to be the same as a panel door. It, too, is judged to be acceptable and the same rattle-reducing methods apply.

#### *Jalousie Door*

These doors rattle due to the same sources described for panel doors. However, additional rattle sources make this design unacceptable for use in areas of blast noise. The jalousie elements can contact each other if the clearance between them is too small; also, if the jalousie is operated by an opening/closing mechanism, another rattle source is produced, similar to that of a jalousie window. If this door is used, the rattle prevention techniques for the panel door plus all those described for the jalousie window must be applied.

#### *Louvered Door*

This door is not recommended. It has all the same rattle sources as the panel door, requiring the same retrofitting measures in addition to those for the louvered window. However, louvers that have large spaces between the elements (i.e., the type used for ventilation) are satisfactory.

#### *Shutter-Type Door*

This door can be considered to have all the same properties and requirements as the louvered door. It is judged to be unacceptable for new construction or as a replacement; existing doors of this type can be rattle-proofed following the steps described for the louvered door.

#### *Screen Door*

Screen doors usually are lightweight units placed outside main entry doors. Screen wire can emit sound upon vibration. Also, the door hardware and the safety chain are rattle sources. These doors are not recommended. If they are used, the screen material should be made of plastic instead of aluminum. Hardware should be treated as described in **Hardware** below. The safety chain should be encased in plastic to eliminate contact with the door and between chain links.

#### *Dutch Door*

Rattle sources for this type of door are the same as those for the flush door, with two additions. The horizontal surface on one door section can contact the other section's jamb. The hardware connecting the upper door section to the lower section is the other

source. Dutch doors are unacceptable for use in high-level impulse noise zones. If they are used, the same antirattle methods described for French doors apply, except that the surfaces are horizontal instead of vertical.

### **Hardware**

Door hardware consists of locksets, closers, hinges, mail slots, bolts, holders, and floor stops (Figure 21 through 23). These units can rattle under impulse loading. Hardware should be well made, which unfortunately increases its cost. Clearances should be minimized. Linkages should be coated with a soft plastic and rotating members should have minimum pin and bushing clearances. Hinge pins should be coated with a plastic material.

Little can be done to silence lockset tongues that must fit into the jamb. When they are too tight, it is difficult to secure the door; when they are too loose, the tongue-and-groove clearance allows contact upon vibration. A soft plastic insert in the groove will help reduce rattles.

Improperly seated locksets will allow the door to loosely contact the jamb, which is another source of rattle. The best arrangement is to use a level handle that, when closed, applies a compressive load on the door's weatherstripping to insure good contact. Level handles are unsightly, however, and probably will not be used by the home owner.

Hinge pins and potentially contacting hinge surfaces should be coated with a soft plastic material to eliminate the contact but allow relative motion between elements.

## 5 CEILINGS AND MISCELLANEOUS ITEMS

### Dropped Ceilings

Standard home ceilings constructed of plasterboard nailed to horizontal joists should not rattle. Some owners, however, may install dropped acoustical tile ceilings. The frame for the individual acoustical tiles and the wire connection from the ceiling joist to the frame may be sources of rattle. In addition, individual ceiling tiles, when placed loosely in channels of the frame, can vibrate and excite the frame. Also, a frame improperly welded or secured (bolted) at the joints can vibrate and emit sound. Figure 24 shows typical dropped ceiling construction.

Dropped ceilings should be avoided. To reduce rattle in existing dropped ceilings, the direct contact between the vertical wire and the joist and frame must be eliminated by placing elastomeric material at each end of the wire. Ceiling tile vibration can be reduced if the tile-to-frame fit is "forced."

Lighting fixtures on a dropped ceiling also can rattle. A metal lighting enclosure will rattle if the joints between sections are not well connected, that is, if the spot welds are far apart and the metal between them can make contact. Also, loose electrical connectors and junction boxes can vibrate against each other. Finally, a fluorescent lamp could be loosened by the impulse and vibrate in its socket.

A well built, properly installed lighting fixture should not be a source of rattle. Continuous welds or more numerous spot welds are required. Electricians must tighten all connections properly.

Other types of lighting fixtures hung from standard plasterboard ceilings are discussed under **Light Fixtures** below.

### Picture Frames and Mirrors

Picture frames and mirrors hung from a single nail or other object by a loosely strung wire were addressed in the Wyle studies.<sup>9</sup> These items impact the wall when the wall's horizontal vibration produces enough acceleration for the frame or mirror to move from its position of rest against the wall. To eliminate this noise, a soft, open-pore plastic foam or rubber material should be glued to the wall side of the picture frame or mirror. Small pieces of weatherstripping with contact cement on one side can be used. The soft plastic foam or rubber material will not prevent the frame from moving from the wall but it will reduce or eliminate the sound emitted by the impact.

### Bric-a-Brac, Dishes, and Items Placed on Shelves and Tables

One solution to the elimination of noise from bric-a-brac, dishes and cups, and other items placed on horizontal surfaces that contact the walls and floor is to isolate the shelf, bookcase, or closet from vibration. For example, rubber coasters could be placed under the legs of a table or cabinet. However, isolating a complete shelf or bookcase system is not feasible for home owners--particularly in homes where these units

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<sup>9</sup>L. C. Sutherland; L. C. Sutherland, B. H. Sharp, and R. A. Mantey.

have already been installed. A possible way to reduce rattling of these items is to glue felt or soft, open-cell plastic foam pads on the underside of the bric-a-brac. Items stored one on top of the other can be isolated from each other using a doily made of felt or soft, open-cell plastic foam.

### **Light Fixtures**

Light fixtures that hang from the ceiling by a chain or flimsy structure (e.g., the type used with chandeliers) will vibrate and rattle when the ceiling vibrates due to impulse noise. Therefore, this type of light fixture should be avoided. Light fixtures should be secured firmly to the ceiling or wall. Lights with intricate metalwork or loose items also should be avoided. Little can be done to eliminate rattle from these light fixtures.

### **Curtain Rods, Shades, and Venetian Blinds**

All types of curtain rods are inherently noisy upon vibration. The loose fittings that allow the curtains or drapes to be moved will vibrate in the curtain rod channel or along the tubular rods (such as shower curtain rods). To reduce rattle, the curtain rod channels should be lined with a plastic insert; a Teflon<sup>®</sup> insert will allow the elements to move in the channel if the fit is snug. Or, plastic tubular curtain rods and plastic or rubber rings for holding the curtain could be used.

Roller shades are preferred over blinds since the shades will not rattle. Venetian blind components will vibrate at their resonance frequency and, if close enough to an adjacent blind, will make contact. To reduce venetian blind rattle, open-pore plastic foam or rubber buttons can be placed at contact points. However, the inhabitants may find this addition unattractive, making the solution to venetian blind rattle difficult. Venetian blinds and similar blinds made of metal or hard plastic should be avoided.

### **Wall and Window Air-Conditioners**

These units contain tubing and other elements, including the air-conditioner case, which will rattle when excited. The unit must be removed from its housing and, at every location where metal-to-metal contact is possible, open-cell plastic foam, similar to weatherstripping, should be placed. Some tubing could be wrapped in plastic; however, care must be taken not to interfere with the air flow. The fan clearance should be checked to insure that it does not contact the condenser.

Louvers in the air-conditioner housing should be separated. If there is a possibility that the louvers will make contact when closed, small foam buttons should be cemented to them.

### **Central Heating/Air-Conditioning Ducts**

Central heating and air-conditioning ducts usually are constructed of light-gauge sheet metal in a circular or rectangular cross section. Most home ducts are rigid, although some parts of the ducting may be flexible (Figure 25). Locations where registers are attached to ceilings, floors, or walls are loading points which can excite the ducts to vibrate at their resonance frequency or excite components such as grilles, dampers, and joints to rattle.

Loosely assembled ducting should be avoided. All joints should be sealed with duct putty and covered with duct tape. Dampers should be covered with felt or covered with foam strip (similar to weatherstrip) at the contact points. Long runs and large rectangular ducts should be stiffened with an angle iron or other elements to minimize the drumming effect. If possible, register boots should be vibration-isolated from their contact points. At locations where ducts pass through walls, ceilings, or floors, the opening should be large enough to provide ample clearance and the cover plate, if used, should have its underside lined with foam plastic.

### **Gutters and Downspouts**

These units will rattle when the individual components are connected loosely. Individual sections should be inserted tightly into their mates. Each section can be secured with a sheet-metal screw and the area, including the screw, should be wrapped with duct tape. It is preferable to use plastic, rather than metal, downspouts and gutters to reduce rattle noise. Downspouts and gutters should be attached firmly to the building to avoid loose contact with the walls and roof.

## 6 CONCLUSIONS AND RECOMMENDATIONS

Several housing components have been studied to find ways of reducing their tendency to rattle upon excitation by high-level impulse noise. This analysis has revealed some general conditions that contribute to an object's potential for rattling:

1. Small gaps between two hard surfaces allow the surfaces to impact upon vibration, which causes a rattle. Examples include the spaces between a door and jamb, a window and its track, and a shutter and the house exterior. Gaps also occur when hinges have too much clearance and hinge pins do not fit snugly. Certain types of components contain these gaps due to design; for example, French doors are designed such that several points of rattle are possible. Any part of a fixture which is not fastened securely will become a rattle source because of the space left between surfaces.

2. Hard objects attached directly to a wall or those placed on shelving which is fixed to a wall will rattle when the wall vibrates. In addition, cabinets and tables used to hold objects such as bric-a-brac will vibrate when the floor is excited by impulse noise, allowing the objects to rattle.

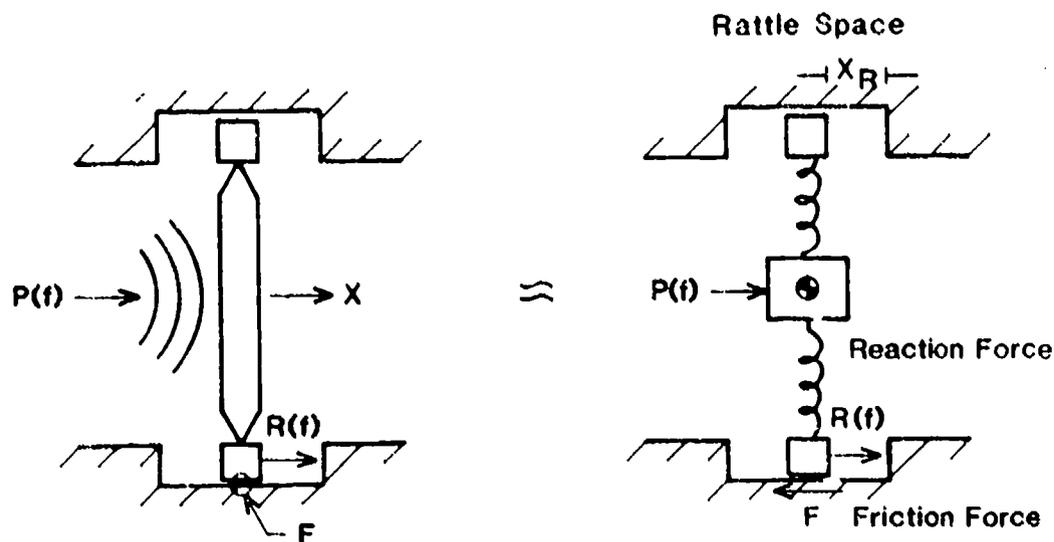
3. All objects hung from a ceiling by chains, wires, or rods are potential sources of rattle when the ceiling vibrates.

Based on these findings, methods for rattle-proofing these components are recommended. Appendix B contains a detailed list of "do's and don't's" for reducing rattles in a home. To summarize:

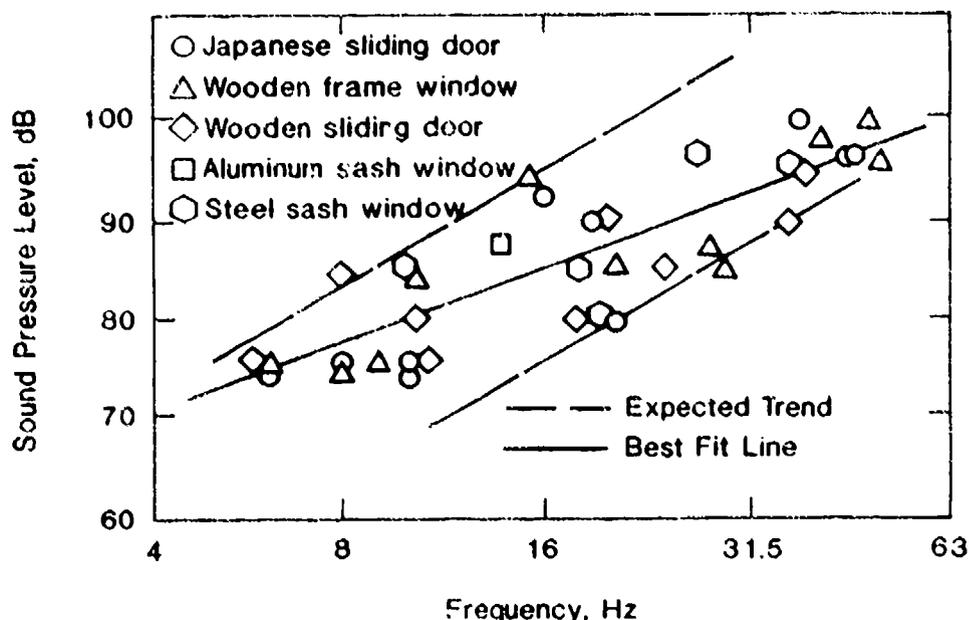
1. Eliminate small gaps wherever possible by using material such as weatherstripping and plastic encasements. Secure all loose parts or, again, use some kind of padding between the spaces. Small felt "buttons" can be used in many cases to quiet objects inconspicuously. Use plastic inserts in window and sliding door tracks to make the fit as close as possible while still allowing movement; Teflon<sup>®</sup> inserts work well because this material has a low friction value.

2. Picture frames, mirrors, and similar objects attached to the wall should have felt or foam weatherstripping cemented to the backside. Although this technique will not eliminate the vibration, rattling will not occur. Objects placed on shelves and tables or inside cabinets should have felt doilies or pads placed between contact surfaces, including those between stacked items.

3. Light fixtures, room dividers, and other ornamental objects should be attached firmly to the ceiling. However, to rattle-proof hanging fixtures which are already in place, small foam or felt buttons can be used to separate the links in a chain; or, chains, wires, and rods can be encased in a soft, clear plastic sleeve to prevent some of the rattling.



**Figure 1. Conceptual dynamic model for a rattling window driven by an acoustic pressure  $P(f)$ .** (Source: L. C. Sutherland, *Low Frequency Response of Structures*, Wyle Research Report WR82-18 [Wyle Laboratories, May 1982]. Used with permission.)



**Figure 2. Experimental data on rattle threshold for windows and doors.** (Source: Y. Tokita and S. Nakamura, "Frequency Weighting Characteristics for Evaluation of Low Frequency Sound," *Proceedings, 1981 International Conference on Noise Control Engineering* [Netherlands Acoustical Society, 1981]. Used with permission.)

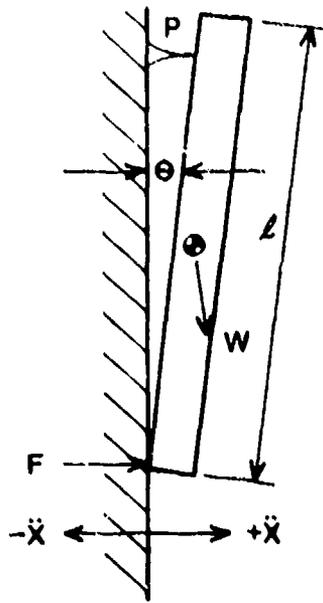


Figure 3. Mirror or picture hanging by suspension at P against vibrating wall. (Source: L. C. Sutherland, *Low Frequency Response of Structures*, Wyle Research Report WR82-18 [Wyle Laboratories, May 1982]. Used with permission.)

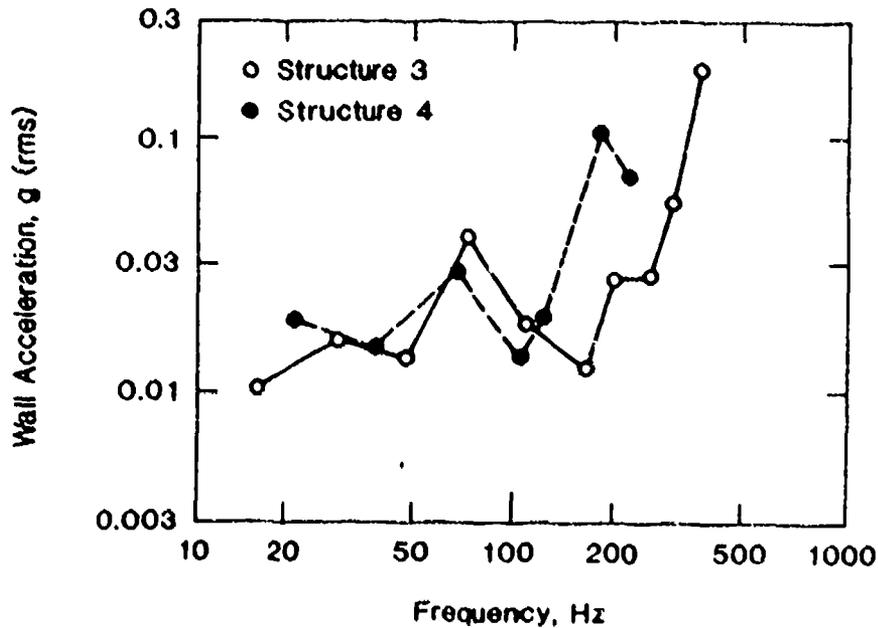


Figure 4. Wall accelerations at the rattle threshold for wall-hung plaques. (Source: H. D. Carden and W. H. Mayes, *Measured Vibration Response Characteristics of Four Residential Structures Excited by Mechanical and Acoustical Loadings*, NASA TN D-5778 [National Aeronautics and Space Administration, April 1970].)

**Table 1**

**Specific Components Subject to Excitation by Large-Impulse Noise**

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**Window and window systems**

Double-hung windows with springs or counterweights  
Window systems with loosely attached hardware  
Decorative inserts  
Internal shades or blinds  
Window elements sliding in oversized grooves  
Double- or triple-track storm and screen windows  
Worn weatherstripping, seals, and sealing materials

**Door and door systems**

Sliding doors and screens  
Garage doors  
Windows in doors  
Door chains  
Doorknobs and locks  
Storm and screen doors  
Worn weatherstripping, seals, and sealing materials

**Ceilings**

Dropped ceiling with loose tiles  
Encased ceiling-light fixtures  
Tin or light material facade installed on ceiling

**Outdoor items**

Shutters--both operating and decorative  
Patio and carport roofs  
Antennas  
Mail boxes and mail slots  
Gutters and downspouts

**Indoor items**

Shades and rods  
Curtain and drapery rods  
Light fixtures and chandeliers  
Picture frames and singly supported mirrors  
Bric-a-brac  
China  
Curios  
Vertical and horizontal venetian blinds  
Movable room dividers (folding)  
Room and wall panels  
Loose items on counters and shelves (e.g., toaster, mixer)  
Poorly constructed furniture  
Material stored in closets (e.g., brooms and mops, tools, cans)  
Ventilation ducts and dampers  
Plenums and diffusers  
Cabinet doors  
Workshop tools and loose items on shelves and benches  
Closet and room doors (bifold, metal, and wood types)

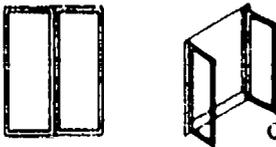
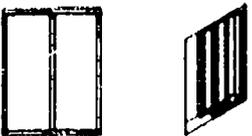
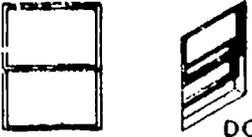
	<b>FIXED</b>	ventilation 0%	<ul style="list-style-type: none"> <li>consists of a frame and glazed stationary sash</li> <li>when used in conjunction with operable window unit, thickness of fixed sash should approximate cross-sectional dimensions of the adjacent operating sash</li> </ul>
	<b>CASEMENT</b>	100%	<ul style="list-style-type: none"> <li>operating sash side-hinged, usually swinging outward</li> <li>pair of operating sash may close on themselves or on a vertical mullion</li> <li>able to direct incoming ventilation</li> </ul>
	<b>AWNING</b>	100%	<ul style="list-style-type: none"> <li>similar to casement windows but hinged at top (awning type) or bottom (hopper type)</li> <li>may be stacked vertically with sash closing on themselves or on meeting rails</li> <li>able to direct incoming ventilation</li> </ul>
	<b>HOPPER</b>	100%	
	<b>SLIDING</b>	50-66%	<ul style="list-style-type: none"> <li>may consist of 2 sash of which one slides horizontally (50% ventilation) or 3 sash of which the middle is fixed while the other 2 slide (66% ventilation)</li> </ul>
	<b>DOUBLE-HUNG</b>	50%	<ul style="list-style-type: none"> <li>sash move vertically, held in desired position by friction fit against the window frame or by various balancing devices</li> <li>single-hung windows are similar with one sash fixed</li> </ul>
	<b>JALOUSIE</b>	100%	<ul style="list-style-type: none"> <li>similar to awning type windows</li> <li>may be opaque or transparent</li> <li>used generally in warm climates where ventilation is desired along with a flush appearance</li> <li>able to direct ventilation</li> </ul>
	<b>PIVOTING</b>	100%	<ul style="list-style-type: none"> <li>similar to casement window but a top and bottom pivot is used instead of hinges</li> <li>screening not possible</li> </ul>

Figure 5. Window types by operation. (Source: F. D. K. Ching, *Building Construction Illustrated* [Van Nostrand Reinhold, New York, 1975]. Used with permission.)

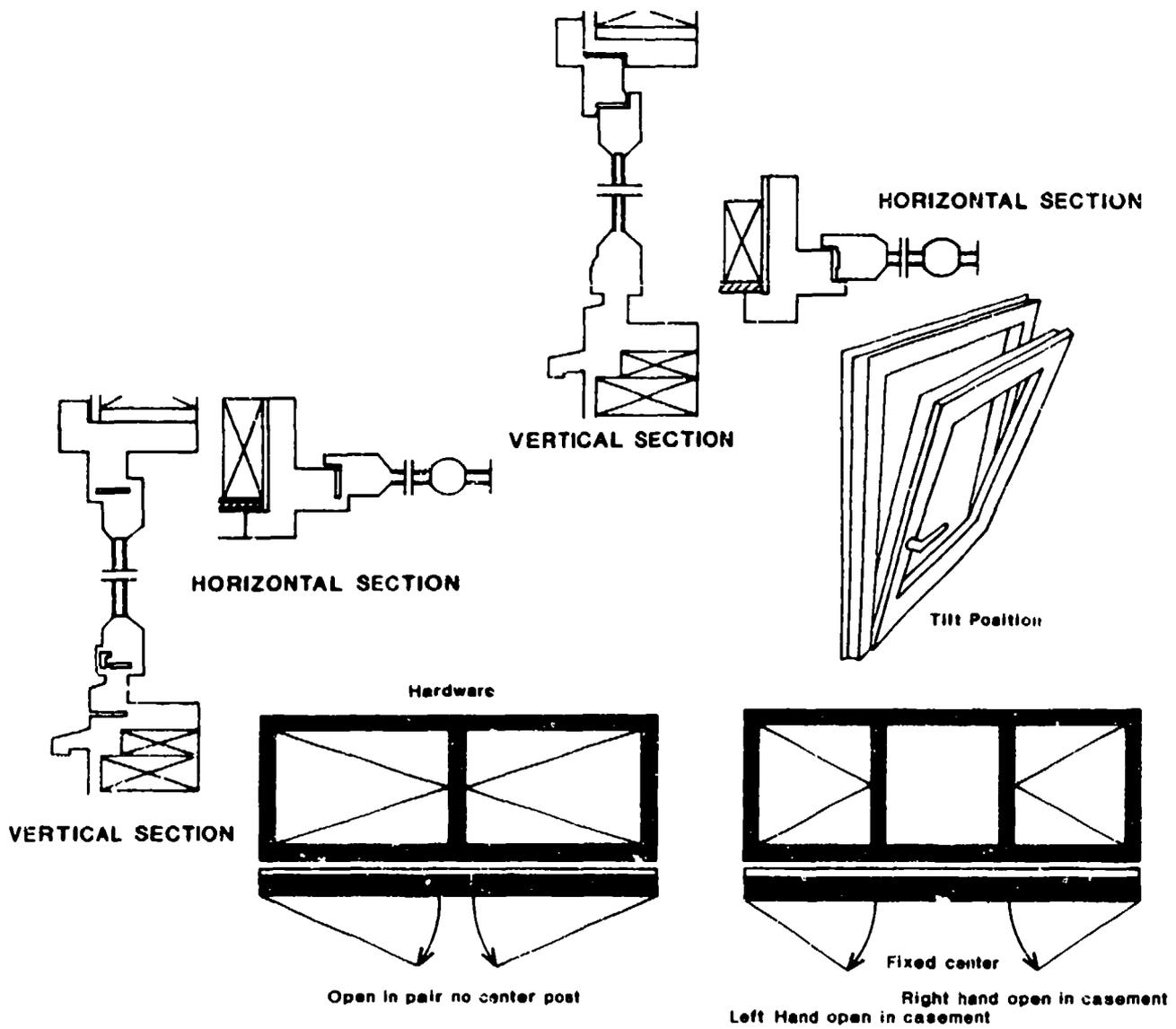


Figure 6. Casement window details.

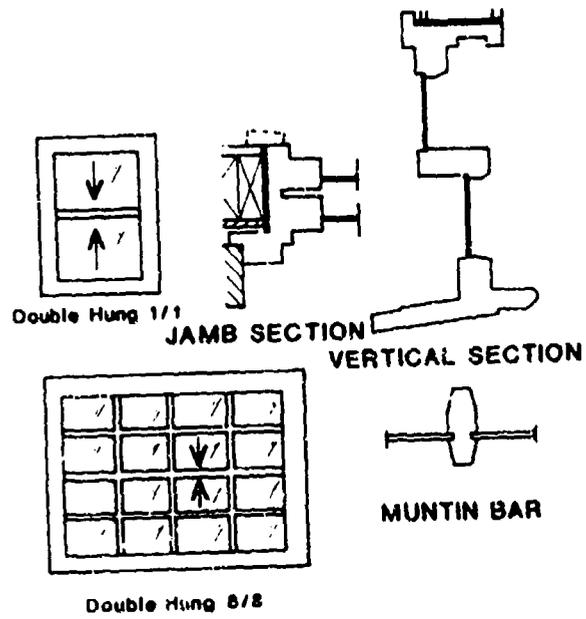


Figure 7. Double-hung, single-glazed window details.

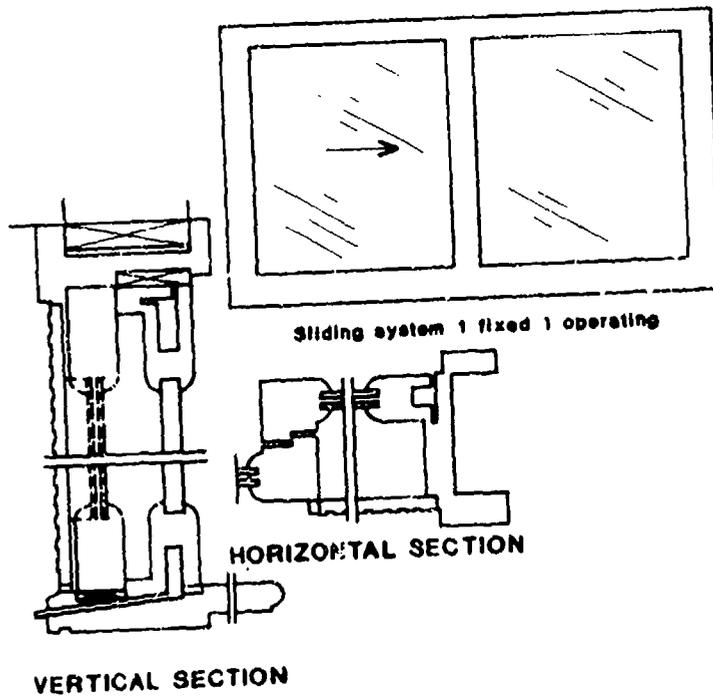
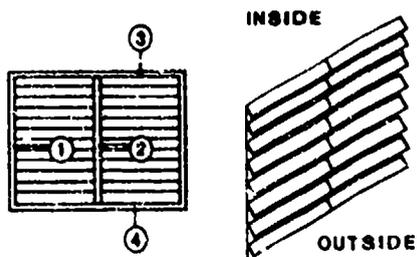


Figure 8. Sliding window details.



**JALOUSIE**

A JALOUSIE WINDOW (ALUMINUM) consists of a series of operable overlapping glass louvers which pivot in unison. It may be combined in the same frame with a series of operable opaque louvers for climate control. It is used mostly in residential type constructions in southern climates, where maximum ventilation and fresh exterior and interior appearance is desired.

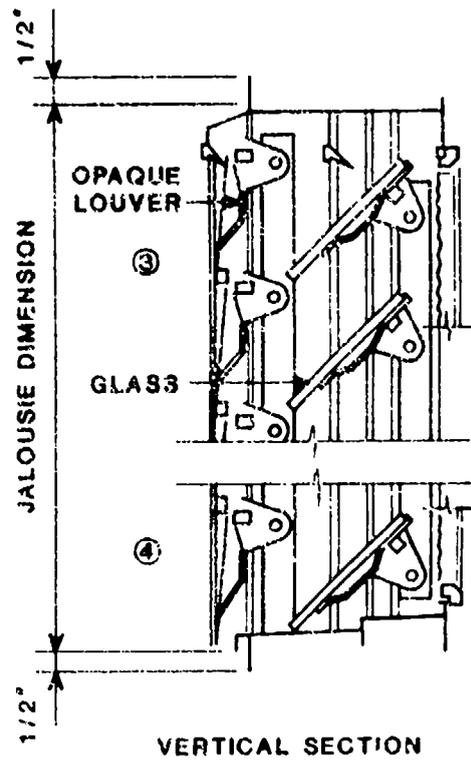
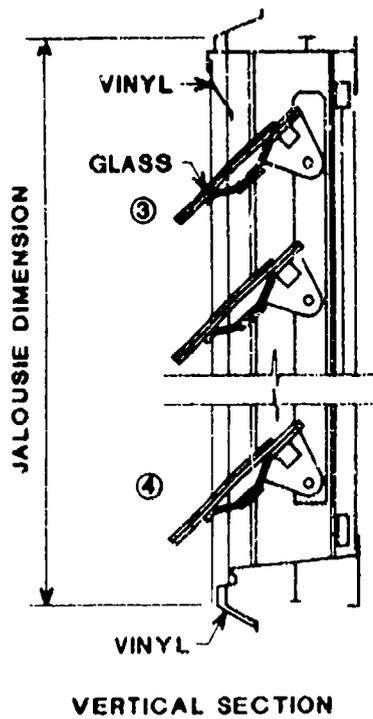
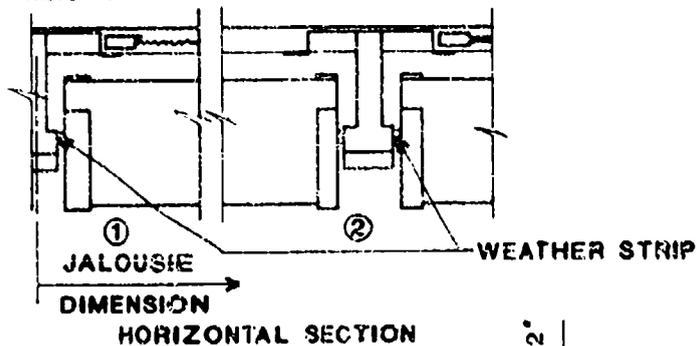


Figure 9. Jalousie window details.

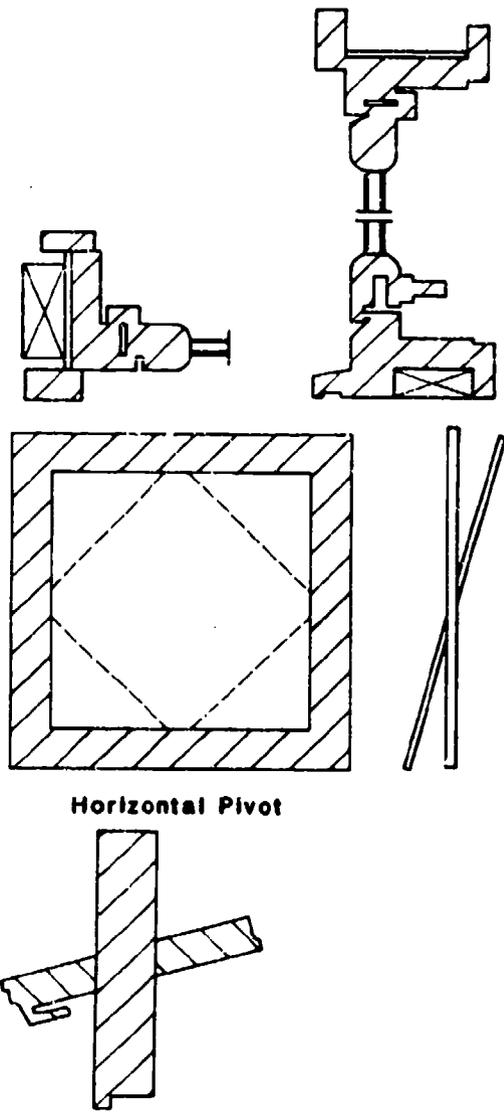
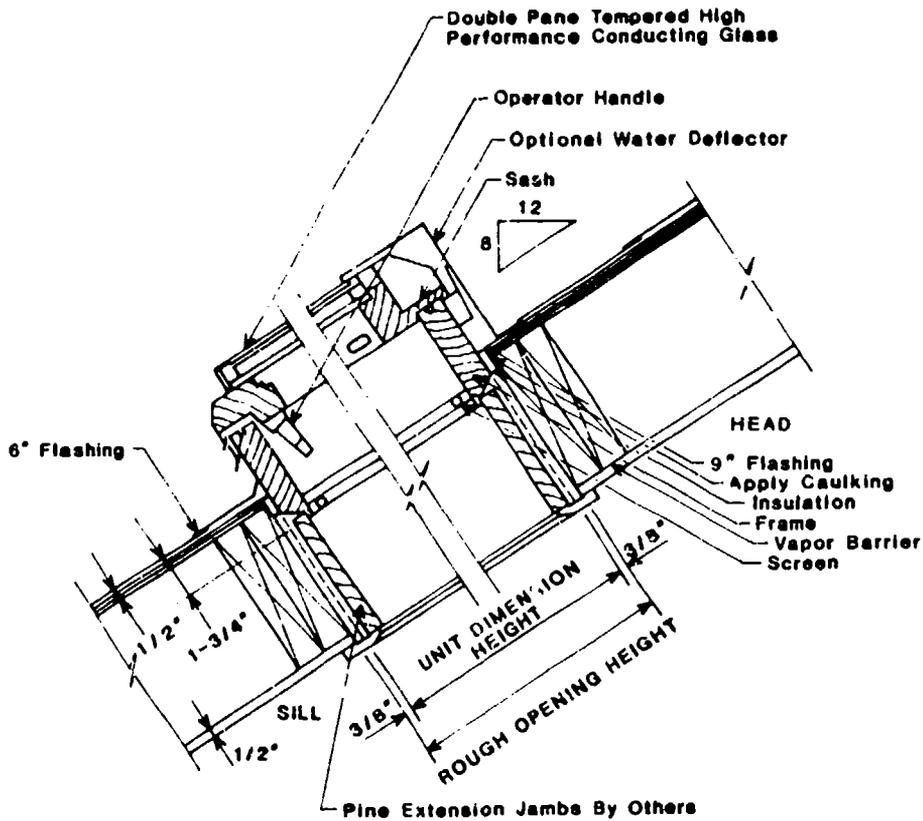
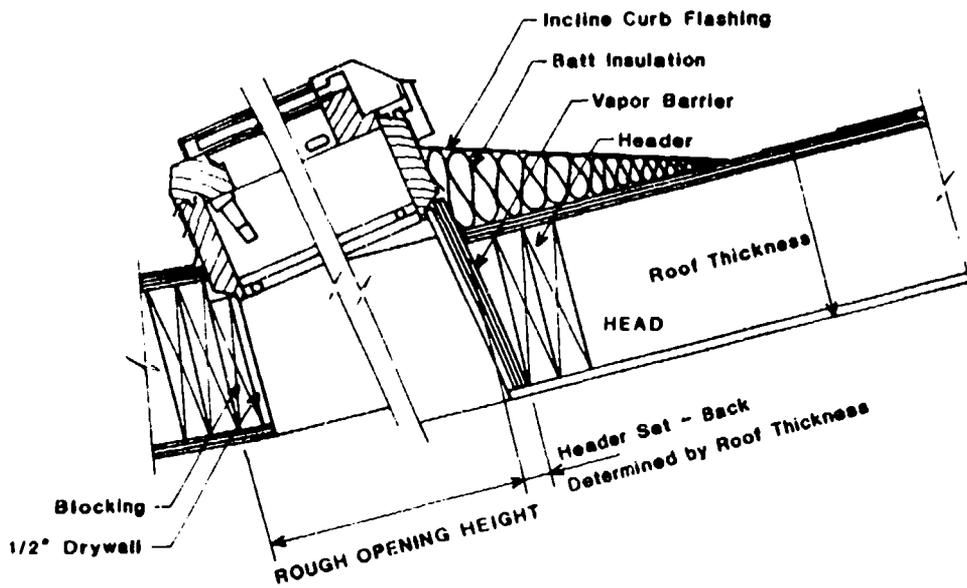


Figure 10. Pivoting window details.



SECTION A-A



VERTICAL DETAIL

Figure 11. Opening skylight ("roof window").

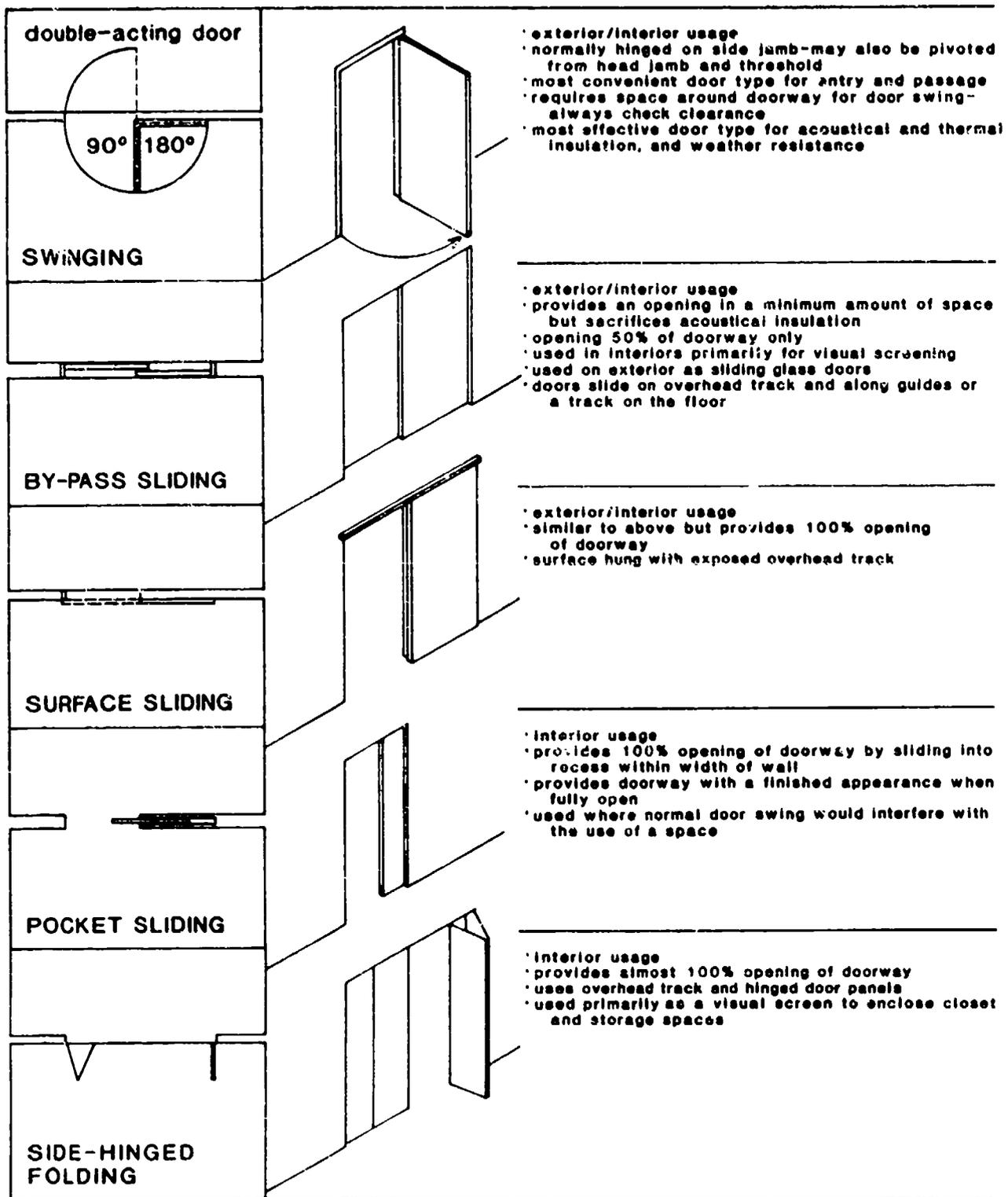
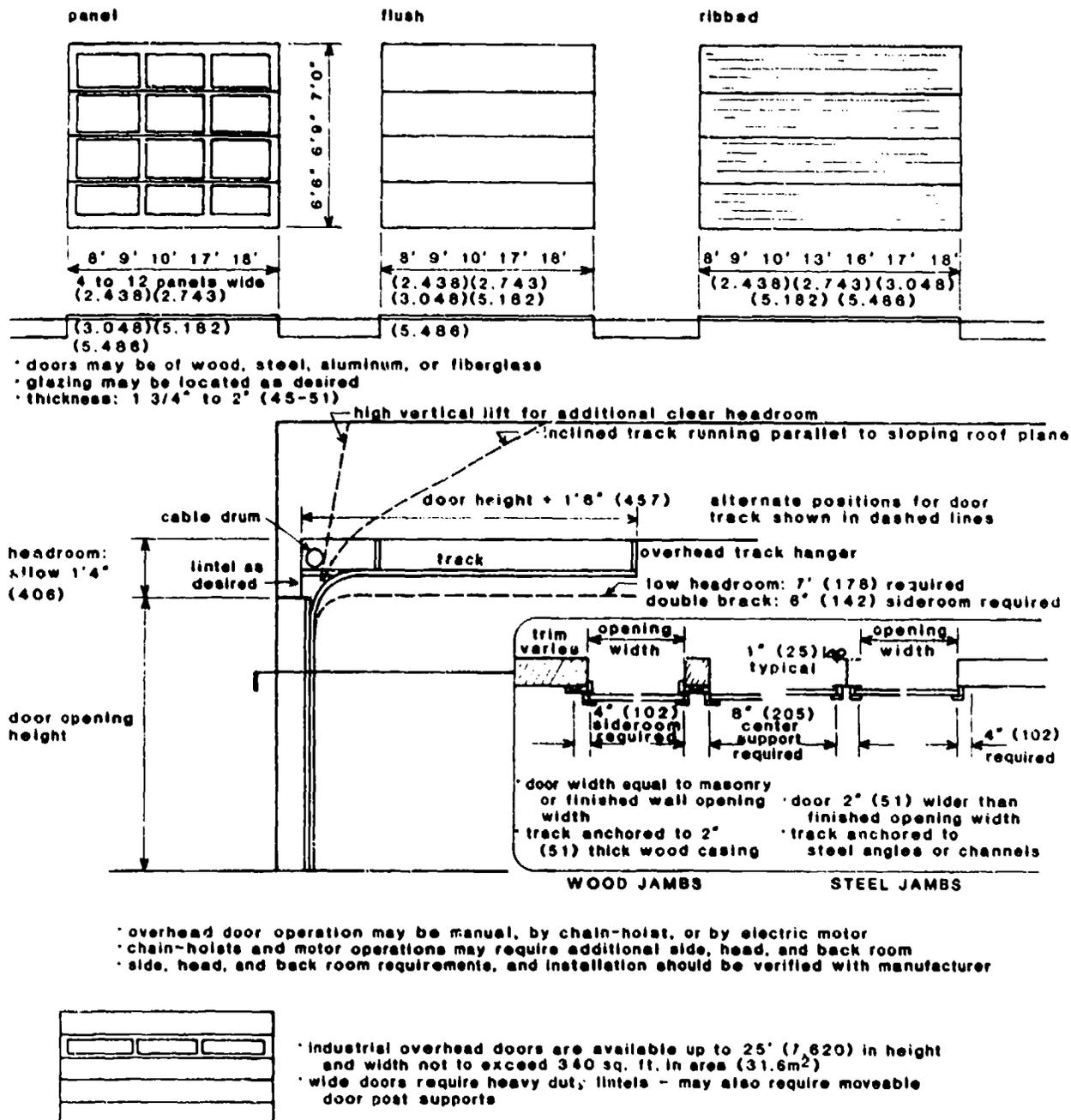
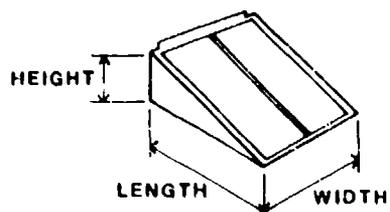


Figure 12. Door types by operation. (Source: F. D. K. Ching, *Building Construction Illustrated* [Van Nostrand Reinhold, New York, 1975]. Used with permission.)



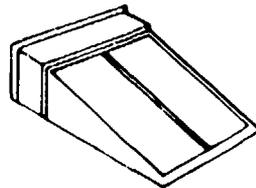
**Figure 13. Garage and overhead doors.** (Source: F. D. K. Ching, *Building Construction Illustrated* [Van Nostrand Reinhold, New York, 1975]. Used with permission.)

**Typical Installation Using Standard Door and Stair Stringers**

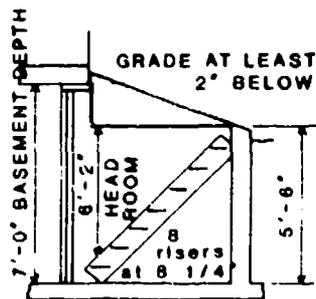


**SIZE B BILCO DOOR**

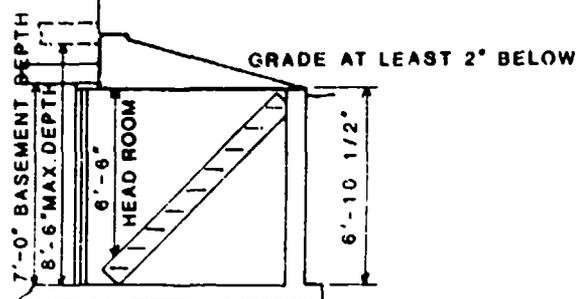
**Typical Installation Using Door and Stringer Extensions**



**SIZE C BILCO DOOR WITH 12° EXTENSION**

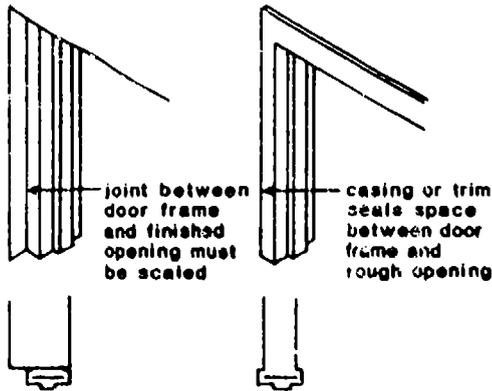


**SIZE B BILCO STAIR STRINGERS**  
(2" x 10" WOOD TREADS by OTHERS)



**SIZE C BILCO STAIR STRINGERS WITH SIZE E EXTENSIONS**  
(2" x 10" WOOD TREADS by OTHERS)

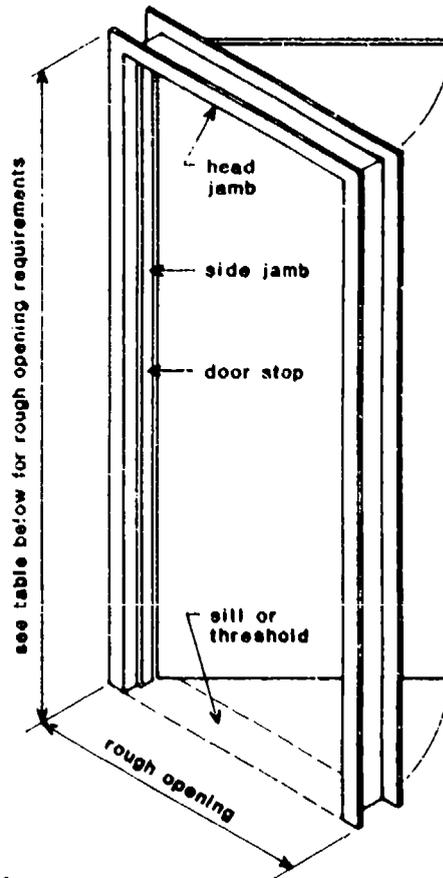
**Figure 14. Typical cellar door.**



- the door frame detail determine the appearance of the opening, whether the frame is set within a finished opening or wrapped around a rough opening
- the type, size, and location of a door is related to the following:
  - physical access requirements
  - amount of usage anticipated
  - traffic pattern desired
  - weather-resistance, insulation, and durability requirements
  - acoustical privacy desired
  - code (fire and exit) requirements
  - visual appearance desired

- the exact rough or masonry openings required depends on the manner in which the door frame is detailed - as a guideline, the following may be used:

- rough openings (r.o.) in stud walls:
  - width nominal door width + 3 1/2" (89)
  - height nominal door height + 3 1/2" (89)
- masonry openings (m.o.):
  - width nominal door width + 4" (102)
  - height nominal door height + 2'-4" (51) - (102)



#### BASIC ELEMENTS

- ① door frame
  - head and side jambs with stops
  - sill or threshold
  - casing or trim if applicable
- ② the door itself
- ③ door hardware: primarily hinges and locksets - others include closures, panic hardware, weather-stripping, etc.

#### PHYSICAL DOOR TYPES:

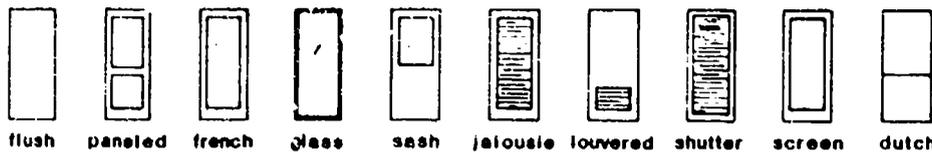
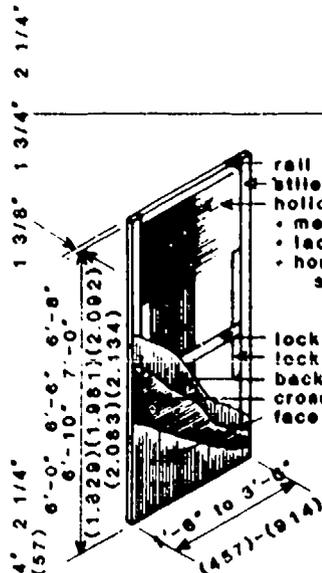
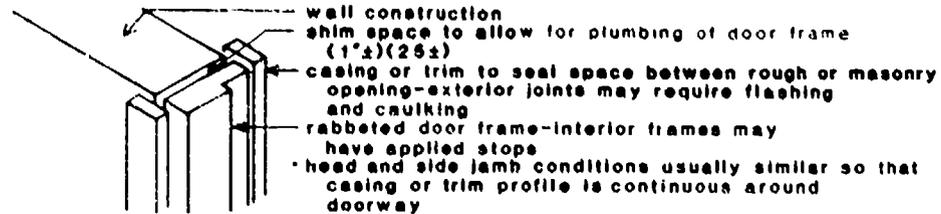


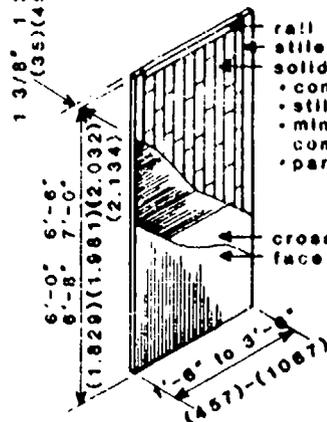
Figure 15. Door types by physical design. (Source: F. D. K. Ching, *Building Construction Illustrated* [Van Nostrand Reinhold, New York, 1975]. Used with permission.)

## DOOR OPENINGS IN: WOOD STUD WALL

the above sections depict generalized situations—  
where details repeat themselves, they are noted only once



### HOLLOW CORE DOORS



### SOLID CORE DOORS

door sizes increase in 2" (51) increments  
maximum overall: 4' x 8' (1.219 x 2.438)

- primarily for interior use
- may be used for exterior doors if bonded with waterproof adhesive
- light in weight
- has little inherent heat or sound insulation value
- susceptible to warping

- used primarily as exterior doors
- may be used wherever increased fire resistance, sound insulation, or dimensional stability is desired
- continuous block core most economical
- mineral composition core lightest but has low screw holding strength and cutouts are difficult

### GRADES AND FINISHES:

#### hardwood veneer grades:

- premium: for natural, transparent finish
- good: for transparent or paint finish
- sound: for paint finish - requires 2 coats

plastic: high pressure plastic laminate bonded to face

hardboard: hardboard face panels for paint finish

doors may be factory finished partially with a seal coat or completely including prefitting and premachining for hinges and locksets

### SPECIAL DOORS:

#### fire-rated doors

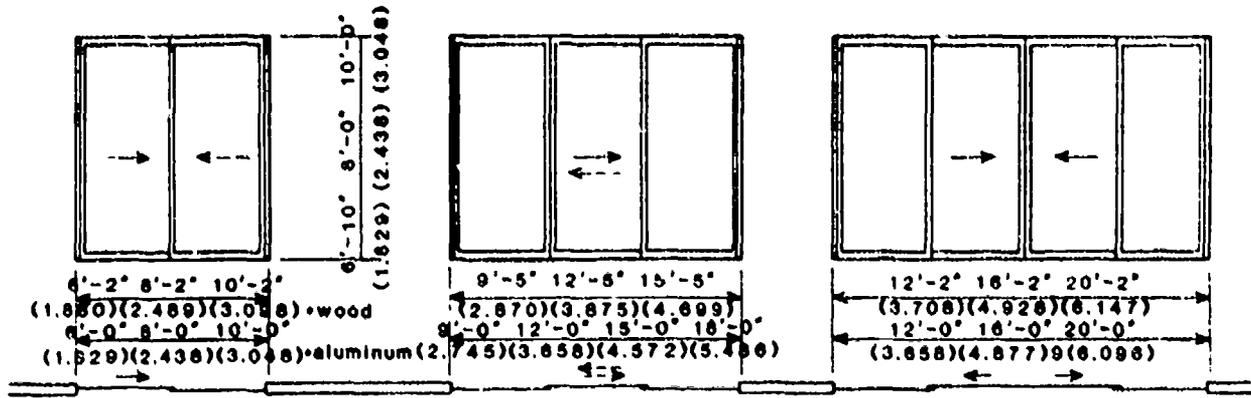
- usually with mineral composition cores
- B label: 1 hour and 1 1/2 hour UL approved rating
- C label: 3/4 hour UL approved rating

#### acoustical (sound insulation insulating) doors

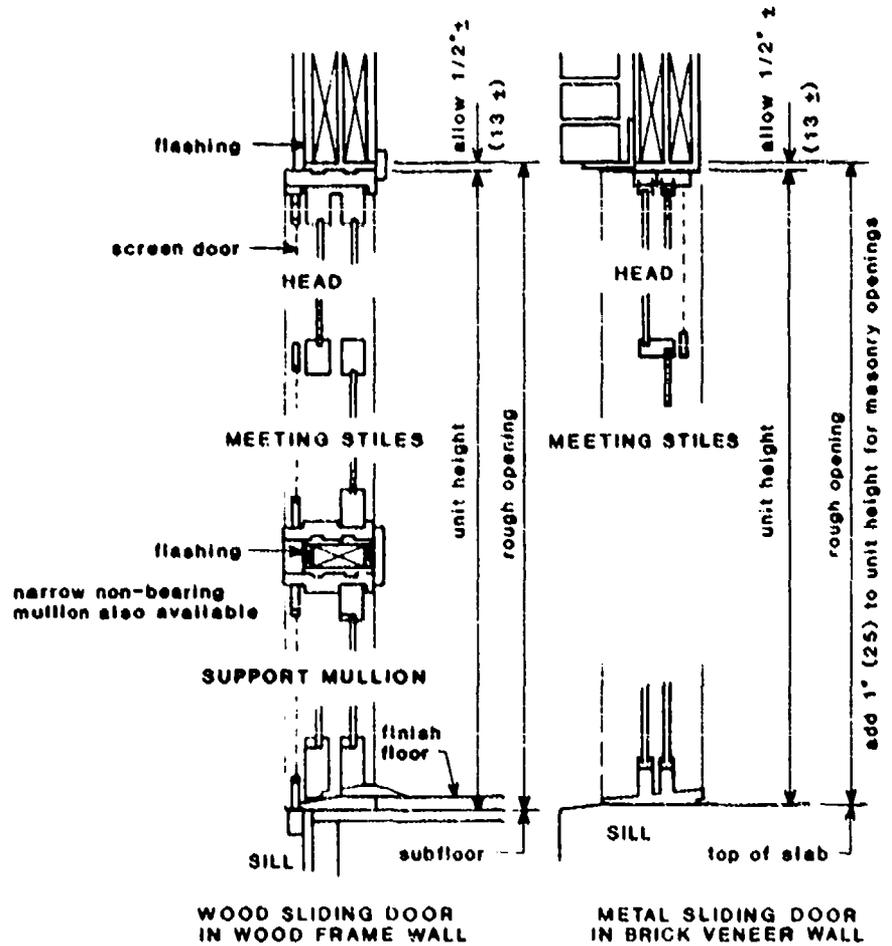
- core includes a void or damping compound
- special stops, gaskets and thresholds required

lead lined and copper shielded doors are also available

Figure 16. Wooden flush door details. (Source: F. D. K. Ching, *Building Construction Illustrated* [Van Nostrand Reinhold, New York, 1975]. Used with permission.)



- above dimensions are nominal stock sizes - check with manufacturer for rough or masonry openings required
- as a guide: add 1" (25) to nominal width for rough openings, and 3" (76) for masonry openings



(hatched frame sections normally supplied by manufacturer)

Figure 17. Sliding glass door details. (Source: F. D. K. Ching, *Building Construction Illustrated* [Van Nostrand Reinhold, New York, 1975]. Used with permission.)

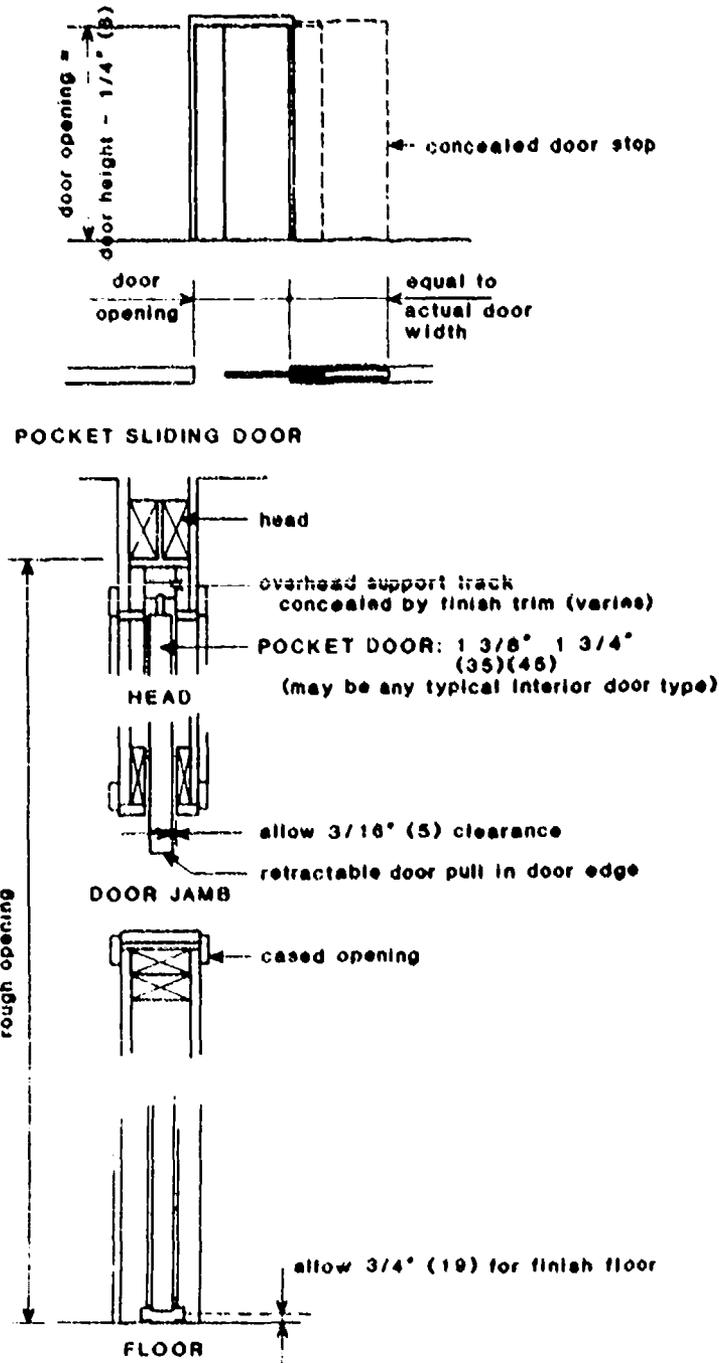


Figure 18. Pocket sliding door details. (Source: F. D. K. Ching, *Building Construction Illustrated* [Van Nostrand Reinhold, New York, 1975]. Used with permission.)

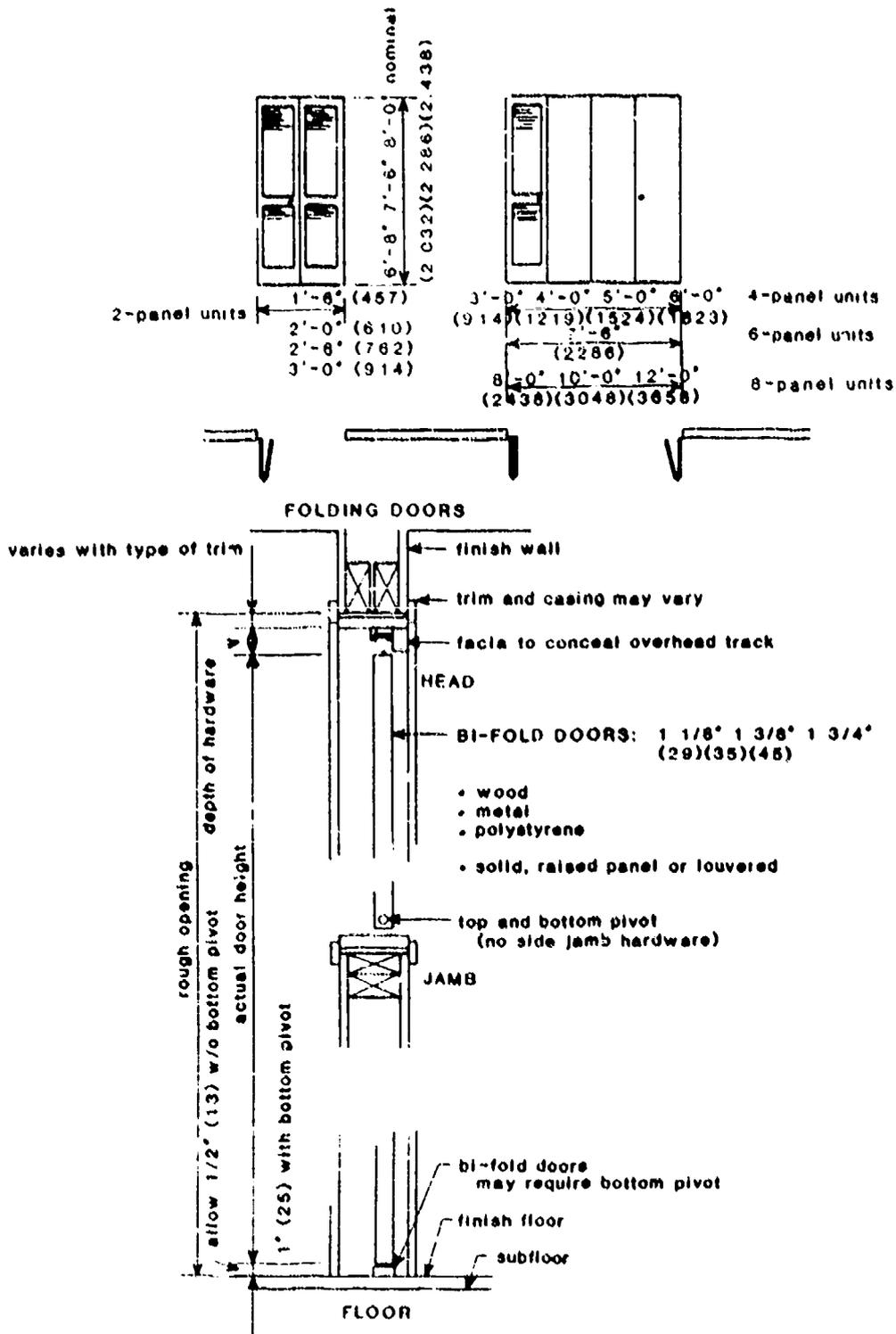


Figure 19. Folding door details. (Source: F. D. K. Ching, *Building Construction Illustrated* [Van Nostrand Reinhold, New York, 1975]. Used with permission.)

HORIZONTAL SECTION

SCALE 3" = 1'-0"

TWO PANEL DOOR

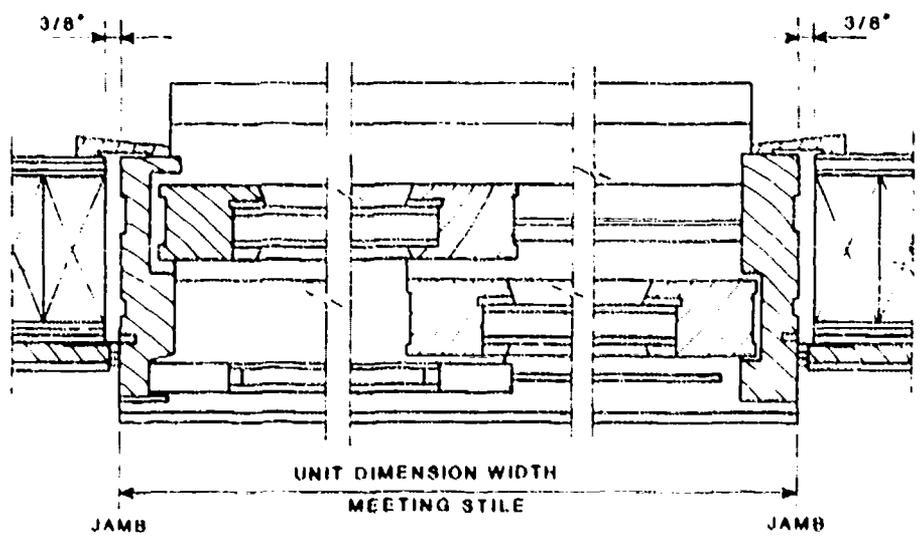


Figure 20. Example approach to thermal seals (weatherstripping).

LOCKSETS: consult manufacturer's data for lockset functions and installation requirements

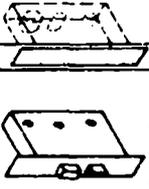
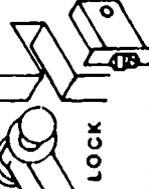
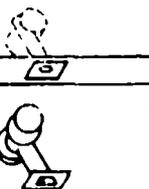
CONCEALED LOCK TYPES			OPERATING TRIM		
 <p><b>MORTISE LOCK</b></p> <p>backset: for 1 3/8" (35) doors-2 1/2" (64) 1 3/4" (43) doors-2 3/4" (70)</p> <ul style="list-style-type: none"> <li>fits into mortise or cavity in edge of door</li> <li>concealed except for face at edge, knob or lever, cylinder and operating trim</li> <li>most secure</li> </ul>	 <p><b>UNIT LOCK</b></p> <p><b>INTEGRAL LOCK</b></p> <p>backset: unit lock=2 3/4" (70) integral lock=2 1/4" (57)</p> <ul style="list-style-type: none"> <li>unit lock fits into door cutout</li> <li>integral lock fits into door mortise</li> <li>combines security advantages of mortise lock with the economy of a cylinder lock</li> </ul>	 <p><b>CYLINDER LOCK</b></p> <p>backset: standard duty: 2 3/8" (60) heavy duty: 2 3/4" (70)</p> <ul style="list-style-type: none"> <li>fits into holes drilled into edge and lock stile of door</li> <li>inexpensive and easy to install</li> <li>standard and heavy duty types available</li> </ul>	<p><b>DOOR KNOBS</b></p> <p>knob diameter: 2" to 2 1/4" (51-57)</p> <p>projection: 2 1/4" to 2 1/2" (57-64)</p> <p>rose: 2 3/8" to 2 3/4" (60-95) (round or square)</p>	<p><b>LEVER HANDLES</b></p> <p>projection: 1 3/4" to 2 1/2" (44-64)</p> <p>length: 3 1/2" to 4 1/2" (89-114)</p> <p>escutcheon may be substituted for rose</p>	<p><b>DOOR PULLS</b></p> <p><b>PUSH PLATES</b></p>

Figure 21. Door locks, knobs, levers, and push/pull plates. (Source: F. D. K. Ching, Building Construction Illustrated [Van Nostrand Reinhold, New York, 1975]. Used with permission.)

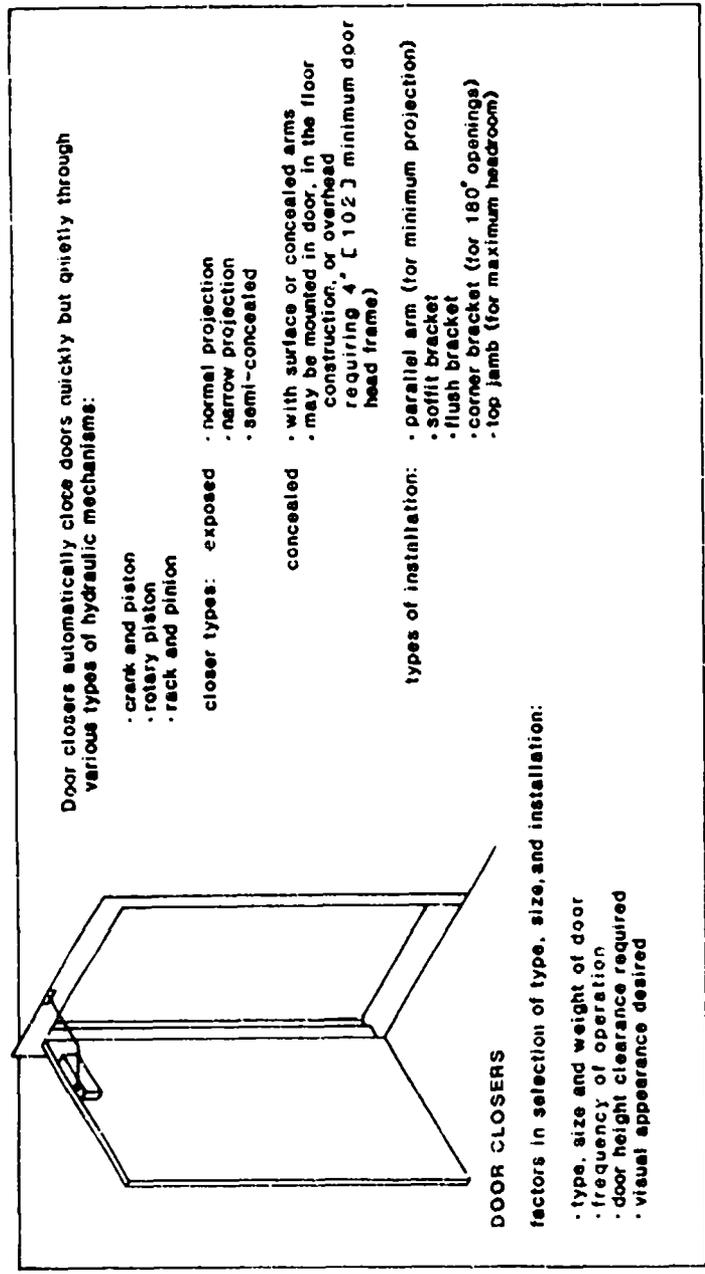
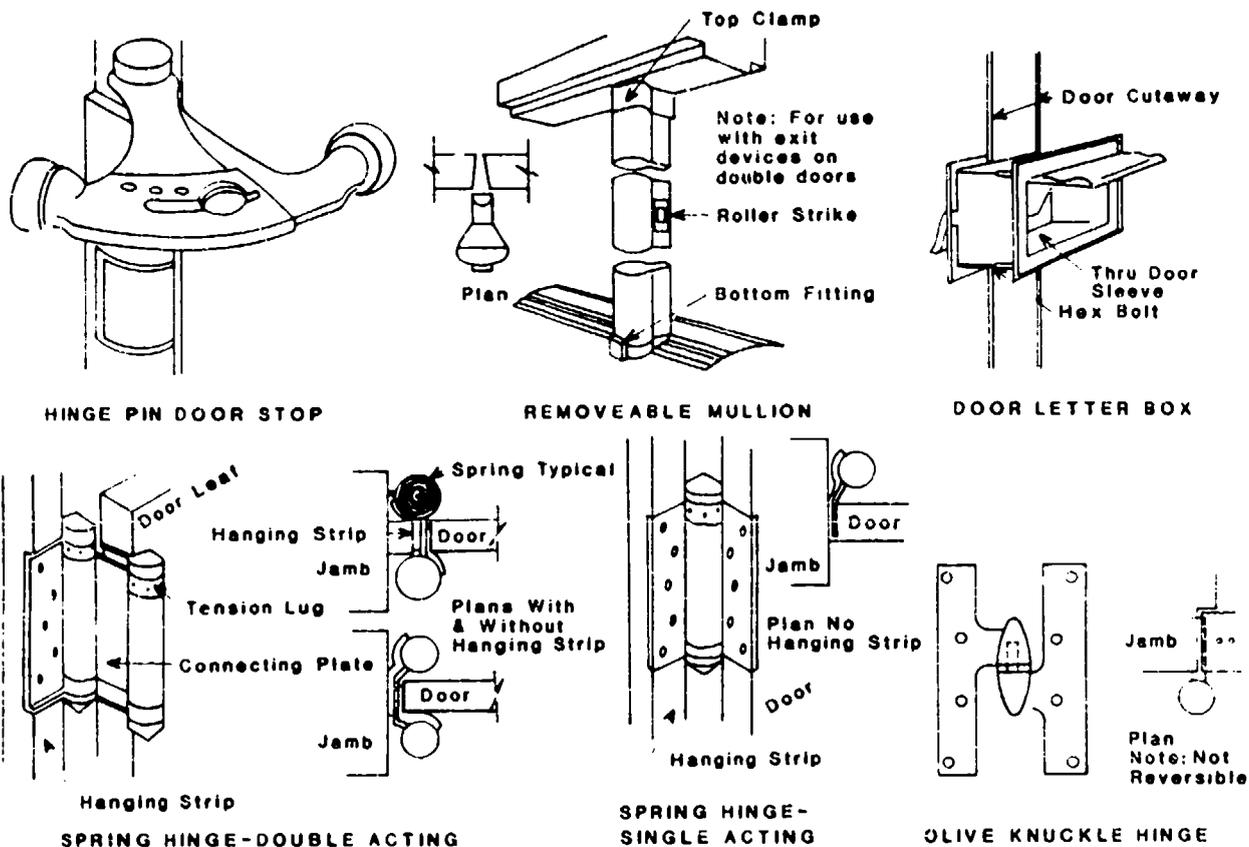
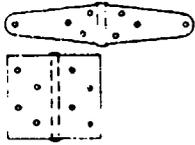
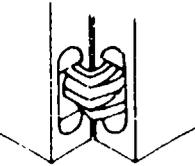


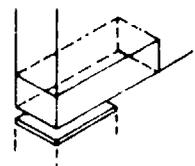
Figure 22. Door closer. (Source: F. D. K. Ching, Building Construction Illustrated [Van Nostrand Reinhold, New York, 1975]. Used with permission.)

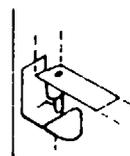


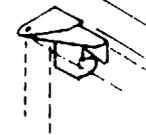
Several types of hinges are made for special purposes. They include the following:

- 

• surface hinges:  
 • where mortising of door or jamb is not possible (i.e. channel iron jambs, kalameln doors) or where the visual appearance is desired
- 

• invisible hinges:  
 • completely concealed when door is closed  
 • mortised in to door edge and jamb
- 

• floor hinges:  
 • used with mortise pivots at door heads for double acting doors  
 • may be provided with door closer mechanism
- 

• gravity type pivots:  
 • used with double acting swing doors (i.e. cafe or dwarf doors)
- 

• pivot hinges:  
 • for use with cabinet doors  
 • usually supplied by manufacturer with pre-hung doors

**Figure 23. Miscellaneous door hardware.** (Source: F. D. K. Ching, *Building Construction Illustrated* [Van Nostrand Reinhold, New York, 1975]. Used with permission.)

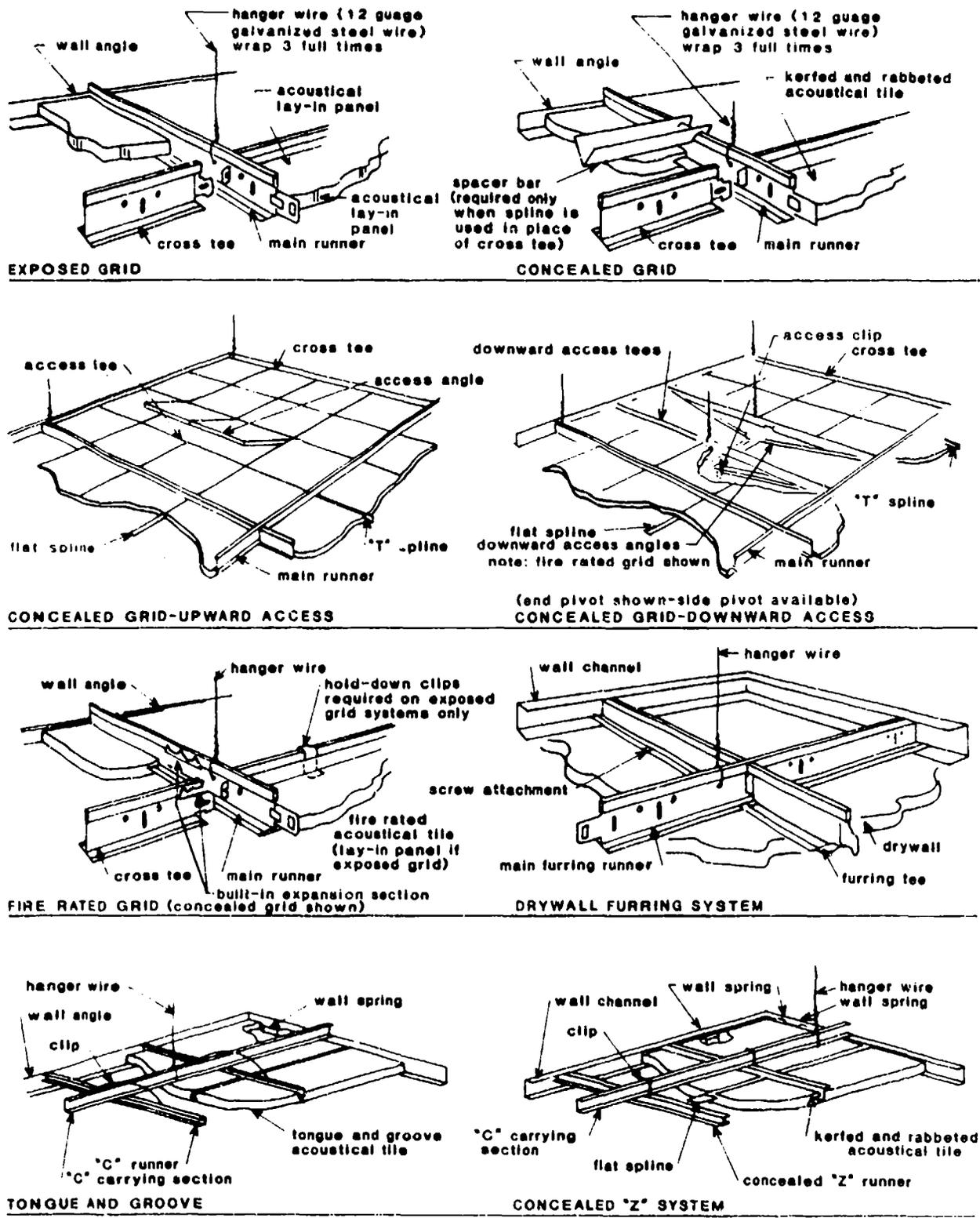


Figure 24. Acoustic dropped ceiling details.

ATTIC VIEW

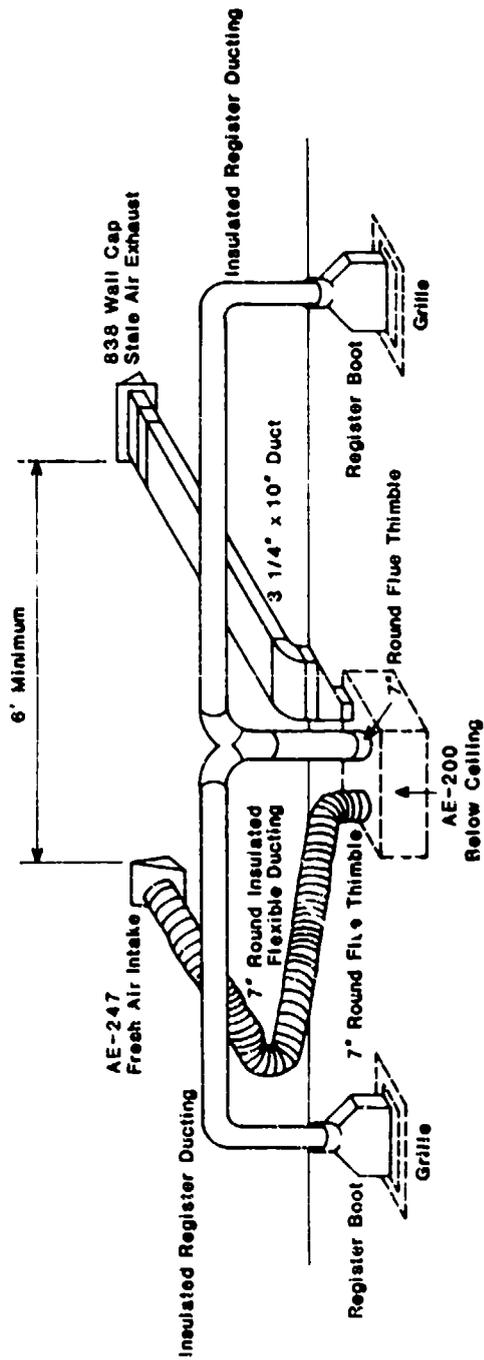


Figure 25. Heating duct details.

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## **APPENDIX A:**

### **MANUFACTURERS CONTACTED IN SURVEY**

#### **Ceilings**

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(213) 710-1225

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American Standards Co.  
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(317) 529-1450

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Interior Products  
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(800) 643-1514

**Kinkead Industries, Inc.**  
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#### **Exterior Walls**

**Gold Bond Building Products**  
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(705) 365-0950

**Hemisphere Steel Product Corp.**  
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(718) 388-6705

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**Selectra, Inc.**  
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## **APPENDIX B:**

### **STEPS FOR PREVENTING BUILDING RATTLE**

This information comprises a list of DO's and DON'T's for eliminating or reducing building rattle caused by low-flying helicopters and blast sound waves (e. g., artillery, quarrying, surface explosive charges). Many parts of the home are designed to slide, contact hard surfaces, or hang loosely. The low-frequency sound emitted from blasts and helicopters can cause vibration of walls, windows, doors, hanging mirrors and pictures, and tric-a-brac, which generates the familiar rattle sound.

Both the manufacturer and building occupant can take steps to improve home elements to reduce or eliminate the rattle. The occupant may not be able to accomplish as much as a manufacturer can, but he or she can look for the proper design when purchasing new or replacement products.

#### **Windows**

There are seven basic types of windows: fixed, casement, awning, sliding, double-hung, jalousie, and pivoting.

- DO use a fixed window if outdoor air is not required.
- DO use a casement or awning window which can be secured firmly against a gasket.
- DO use gasket material liberally to reduce the gap between the sash and track and to soften the impact when these two components make contact. A second advantage is the improved reduction in heat loss.
- DO encase the double-hung window sash weights in a soft plastic jacket to soften the contact when the weight vibrates.
- DO apply a small felt disk to the lower edge of each jalousie window element to prevent window to window contact. Manufacturers should bond a soft plastic sleeve to the window edge to prevent heat loss and rattle.
- DON'T allow the jalousie window opening mechanism to become loose and worn. All shafts should rotate in soft plastic bushings. All gear clearances should be minimized. Linkage should be encased in soft plastic sleeves.
- DON'T allow the window hardware to loosen. Inspect the hardware periodically and apply preventive maintenance.
- DON'T use a sliding, double-hung, jalousie, or pivoting window as a new or replacement window due to the gaps which exist between the sash and track.

## **Doors**

Doors operate by swinging, bypass sliding, surface sliding, pocket sliding, and side-hinge folding. There are flush, paneled, French, glass, sash, jalousie, louvered, shuttered, screen, and Dutch doors.

- DO** use swinging paneled doors for the home exterior. Swinging and side-hinged folding doors should be used in the home.
- DO** use a single- rather than a multiple-element garage door. Weatherstrip the building jamb and allow minimum clearance between the overhead track and the roller. Encase the springs in soft plastic jackets.
- DO** avoid French, Dutch, jalousie, louvered, and shutter doors. If used, separate the door elements using soft plastic foam or weatherstripping-type materials.
- DO** use a plastic screen instead of a metal screen.
- DO** insure that the door hardware is in good repair. Minimize the gaps in lockset tongues where the tongue fits into the jamb. Insure that hinge pins are tight and coated with plastic. Place a soft plastic foam or felt strip on door mail slots to prevent hard contact.
- DON'T** use lightly constructed screen doors. Enclose the safety chain in a soft plastic sleeve and insure that the hardware is tight and in good repair.
- DON'T** use sliding doors, particularly the pocket sliding type. If sliding doors must be used, do not hang the door loosely from the ceiling but use a bottom track also. The gap between the track and the door should be minimized. A track liner of soft plastic or weatherstripping-like material will minimize contact.

## **Ceiling Systems**

- DO** insure that enclosed lighting fixtures are well made with minimum gaps. Insure that the sheet metal housing is stiff and well secured at its contact points.
- DON'T** use a dropped acoustical tile ceiling. If one is used, insure that contact between vertical wires and joist and metal frame is eliminated.
- DON'T** use light fixtures that hang from the ceiling by a chain or similar device. Also, avoid light fixtures with loose elements.

## **Miscellaneous Items Including Bric-a-Brac**

- DO** install soft plastic foam or weatherstripping-like material to the lower edge of the back of the hanging mirrors and picture frames to prevent direct contact by the frame or mirror with the wall.
- DO** separate small items placed on shelves, in closets, or on other horizontal surfaces from these surfaces by using small felt or foam disks or strips glued to the underside of the item.

- DO** separate plates placed horizontally on shelves using soft plastic foam doilies.
- DO** insure that window air-conditioners are installed properly. The refrigeration coils should be separated. Air intake and exhaust louvers should be separated by foam strips or disks.
- DO** keep downspouts and gutters in good repair. Insure that all seams are tight and covered with duct tape.
- DON'T** allow home heating ducts and registers to loosen. Use duct tape around all seams.

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Wright-Patterson AFB, OH 45433  
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Human Engr. Laboratory 21010

Naval Undersea Center, Code 401 92132

Bureau of National Affairs 20037

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