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Health Care Studies

United States Army

Clinical Investigation Activity

and

BATTLE STRESS SURVEY

A. David Mangelsdorff, Ph.D, M.P.H. MAJ James M. King, Ph.D. MAJ Donald E. O'Brien, Ph.D.

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BATTLE STRESS SURVEY

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 \sim Much has been written about how combat produces stress and of the possible levels of psychological casualties in combat. Commanders need to be reminded both of the threat of psychological casualties and of how to prepare to deal with those casualties. In addition, commanders need to be able to assess the readiness of their units, particularly in terms of morale and cohesion. High levels of cohesion and morale impart resistance to combat stress. <

Cohesion and morale are critical to the success of units both in combat and in peacetime. Critical discussions of the effect of cohesion and morale have been presented by Baynes (1967), Marshall (1947), and Keegan (1976). Work by the Walter Reed Army Institute of Research has contributed substantially to the literature on cohesion as well (Fullerton and Manning, 1984; Gal, 1983a, 1983b; Gal and Manning, 1984; Ingraham and Manning, 1980, 1981; Manning, 1979, 1980, 1984; Manning and Fullerton, 1984; Manning and Ingraham, 1983).

Manning and Ingraham (1983) investigated the value of unit cohesion in peacetime. The results of interviews conducted between late 1979 and early 1980 of 300 junior enlisted soldiers in Europe were reported. These results were correlated with several measures of unit performance (annual general inspection, physical fitness testing, operational readiness tests, skills qualification tests). The correlation between battalion cohesion with an overall performance measure was .81. These interviews were used for constructing questionnaires to measure various aspects of unit cohesion. Among the surveys developed were: the Company Perceptions questionnaire, the Command Climate survey, and the E1-E4 Squad/Platoon Perceptions survey (in Mangelsdorff, King, and O'Brien, 1983).

Manning and Fullerton (1984) found that Special Forces soldiers reported being more satisfied with their life, health, and career than soldiers from paratroop or conventional infantry units. The Special Forces soldiers reported more cohesion with, and support from, their units. Attitudes were assessed using the General Well Being scale (Dupuy, 1978), the Army Satisfaction Inventory (Datel, 1978), the Health Perceptions Inventory (Ware, 1979), the Command Climate Survey (in Mangelsdorff et al, 1983), and the Marital Satisfaction Scale (Roach, 1981). Fullerton and Manning (1984) suggest that membership in elite units provides a significant source of morale and assistance to its members.

Sperling (1983) found that cohesion at squad and platoon levels is more intense than cohesion at company and battalion levels. Little (1964) suggested that cohesion was highest within a platoon.

Gal (1983a) traced the history of morale surveys in the Israeli Defense Forces. The morale surveys are administered on a regular basis by trained field psychologists. The surveys are coordinated with the unit commander and the significance of the findings is discussed with the commander. Ezrahi (1982) reported the findings obtained with the morale survey in combat units in the Golan Heights in May, 1981. The interrelationships between the morale-related variables showed several factors. The individual soldier's level of morale was affected by: (1) unit cohesiveness, (2) confidence in commanders, (3) confidence in weapons and in oneself as a soldier, and (4) perceived legitimacy of the war (or military operation). The strength of unit cohesiveness significantly affects the morale and combat efficiency of the soldiers. The balance between sense of cohesion and belonging to unit, trust in peers and leaders, and in self affects the individual soldier's performance. Ways to maximize these factors so as to enhance the individual soldier's

performance under stressful conditions has been the subject of considerable research.

There are a variety of programs developed to help manage stress. At the Psychology in the Department of Defense Symposium (1982), a session on stress management documented the variety of civilian and military efforts being undertaken to deal with stress (Swiney, 1982). Stress programs may focus on individual responses, group responses, organizational responses, situational factors, or some combination of the factors. The workshop program conducted by the Health Care Studies and Clinical Investigation Activity was developed in response to repeated requests for information on how to develop training programs for the management of combat stress reactions.

The first Users' Workshop on Combat Stress in 1981 attempted to address the needs of the mental health care providers in several key Army combat units (the 82nd Airborne Division, the 101st Airborne Division, the 2nd Armor Division, and the 1st Cavalry Division). These needs included: (1) presenting authoritative information on current threat estimates, concepts on countering and defeating the threat, and casualty estimates; (2) discussing the projected tasks and functions of line and health care personnel who will identify, refer, treat, and/or prevent combat stress casualties; and (3) setting goals, establishing methodologies to achieve these goals, and deciding upon means for evaluating goal attainment.

Participants from the combat units were asked to bring and to describe whatever training programs, handouts, packets, or written ideas they had for training soldiers, leaders, medical, and mental health personnel. The mental health staffs were to be prepared to: identify their unique training needs, commit themselves to developing and conducting their own training

programs, evaluate their own programs, and share the results of their programs and evaluations with the other workshop participants.

Task groups were formed and instructed to define their goals, decide how to reach the goals, and determine how to evaluate the progress toward achieving those goals. Most goals focused on establishing training programs and reorganizing resources to achieve maximum effects.

A training program developed for the community Mental Health Activity at Fort Knox, Kentucky, entitled Project COPE (Combat Operations and Psychiatric Effectiveness) was run for the workshop participants. The three task groups were dissolved into three mixed groups which were required to role play medical personnel at Battalion Aid Stations. Participants were required to triage psychiatric and medical casualties (represented by analog field medical cards), provide effective interventions with soldiers presenting stress reactions, maintain effective radio communications, and cope with increasingly stressful situational demands. Evaluators provided feedback to participants on the effectiveness of their treatment and dispositions. After the exercise, the experiences of the participants were processed for feelings and insights into how a training program might be developed.

Participants were asked to work toward achieving the goals defined in their task groups. A network of resources had been established. Contributions from the participants were collected, edited, and assembled into a proceedings which was sent to each participant (Mangelsdorff and Furukawa, 1981). The collected proceedings were intended to serve several functions: (1) as a reference resource, (2) as a commitment toward disseminating information, and (3) as a reminder of intended goals and proposed methodologies. It became clear that additional workshops were needed to reach other Army units. This lead to the second Users' Workshop

on Combat Stress.

The Second Users' Workshop in 1982 brought together both line officers with command or training responsibilities and mental health officers. Participants were asked to exchange their training materials. This diverse group allowed for modifications in the manner and type of presentations.

Task groups were formed. Each group was asked to assess the needs of the members in terms of concerns, problems, or issues related to combat stress. Solutions for the needs were to be developed. Organizational Effectiveness consultants were used to facilitate the task group process. The most common themes were: (1) development and presentation of an effective combat stress program, (2) determination of who needed the program, and (3) determination of where the program was needed.

Participants were tasked with returning to their respective posts and developing effective training programs. As in the First Users' Workshop, contributions from the participants were assembled into a proceedings (Mangelsdorff and Furukawa, 1982). The proceedings from the Second Users' Workshop were sent to all participants in both the First and Second Users' Workshops. The intent was to remind participants of their commitments and to enlarge the network of individuals working on the problems of combat stress.

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OBJECTIVES

The objectives of this study were to:

1. Conduct literature searches to determine relevant reports and articles on cohesion, morale, and organizational factors.

2. Conduct a workshop to assess: (a) what elements are involved in the development of cohesion, (b) what research was being done on developing battle stress and organizational surveys, and (c) what were the needs of commanders.

3. Consult with units engaged in combat training missions.

4. Conduct symposia at the American Psychological Association convention and at the Psychology in the Department of Defense Symposium.

5. Develop and analyze a survey instrument for assessing cohesion and organizational factors.

METHOD

A Third Users' Workshop on Combat Stress was devoted to unit cohesion (a crucial determinant of both individual and unit psychological readiness). Participants were tasked with a number of goals.

As a result of the workshop, consultations were arranged to assist the mental health personnel at Fort Hood and at Fort Carson. Surveys of units at Fort Hood and at Fort Carson had been conducted to assess unit morale and cohesion. After the survey data had been collected, HCSCIA assistance was requested for analyzing and interpreting the findings. These findings are reported here.

Symposia were conducted at the Psychology in the Department of Defense Symposium and at the American Psychological Association convention. The symposia presented opportunities for further discussions of factors affecting cohesion.

The surveys developed to assess morale and cohesion by the Walter Reed Army Institute of Research, by the mental health personnel at Fort Hood, and at Fort Carson were examined for psychometric properties. Reliability estimates were calculated.

FINDINGS

Third Users' Workshop on Combat Stress

The Third Users' Workshop was held at Fort Sam Houston, Texas from 21 to 23 September, 1983. Representatives of the 4th Infantry Division, the Walter Reed Army Institute of Research, the Soldier Support Center, the Army Research Institute for the Behavioral and Social Sciences, the 9th Infantry Division, the 82nd Airborne Division, the Academy of Health Sciences, and the Israel Defense Force met to discuss their ongoing activities with respect to the assessment and development of unit cohesion. The participants were tasked to: (1) define the elements of cohesion, (2) determine what commanders need to know about the cohesiveness of their units, (3) identify the indicators and/or crucial aspects of unit cohesion, (4) determine how best to provide feedback to commanders about the cohesiveness of their units, and (5) to develop suggestions to assist in the development of unit cohesion.

Groups were formed to address these tasks. Facilitators from the Health Care Studies and Clinical Investigation Activity (HCSCIA) assisted in the group process. The results from the individual groups were presented to all of the participants for further discussion and reflection. The multiple definitions of unit cohesion, and the many instruments available to meet these definitions suggested that unit cohesion is a multi-faceted entity. Contributions from the participants were assembled into a proceedings (Mangelsdorff, King, and O'Brien, 1983).

The Third Users' Workshop identified some of the many facets of cohesion and summarized the survey instruments available to measure some elements of unit morale and cohesion. Military unit cohesion is composed of the following elements: (1) horizontal bonding (the relationships, trust, and loyalty established among peers), (2) vertical bonding (the relationships between leaders and followers), (3) confidence (in self, in peers, in weapons and equipment, in leaders, in supporting units, in nation), (4) commitment to legitimate goals of unit, (5) morale, (6) identity as soldier, and (7) command climate (leadership, competence, tactical and technical situations). These elements are also affected by time, experience, training, and the tactical situation. To measure cohesion, different instruments are required to assess specific aspects and specific units. Some suggested instruments and scoring keys are included in the Annexes. These instruments were developed by workers at Walter Reed Army Institute of Research, the Israeli Defense Force, the 4th Infantry Division, the 101st Airborne Division, and the 1st Cavalry Division.

Consultations with the mental health personnel at Fort Hood and at Fort Carson were conducted to analyze and interpret the findings of their surveys to assess unit morale and cohesion.

Consultation with Fort Carson

The Fort Carson consultation (Mangelsdorff, King, and O'Brien, 1985a) analyzed the use of the 4th Infantry Division Combat Stress Survey (see Annex H) both before (Phase I) and then after deployment (Phase II) to the National Training Center. Two brigades were administered the Combat Stress Survey before (n=721) and after (n=615) deployment to the National Training Center. Principal components factor analyses of the 20 item surveys were conducted for each phase. Three factors with eigenvalues greater than 1.0

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20) Have you been stable and sur (DURING THE PA	e of :	yourse		11y	2 3 4 5 6	A good Some A 11t None	of the d bit of the the of the	e tine of the time e time f the time e time
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(22,23) How concern (DURING THE PA			led ab	out you	ir healt	h hav	e you	been?
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Not concerned at all								Very conce.
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(28,29)How DEPRESS	ED or	CHEEP	RFUL h	ave you	ı been?	(DURI	NG TH	E PAST MONTRY
	0 1	2	3	4 5	67	8	9	10 .
Very depressed	1							Very Che In
(30) Do you discuss any members of					3? 2.	Yes-	and i	t helps a los t helps scal t does not slip

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- 3) How happy, satisfied, or pleased have you been with your personal life? (DURING THE PAST MONTH)
- .4) Have you had any reason to wonder if you were losing your mind,or losing control over the way you act,talk, think, feel,or of your memory? (DURING THE PAST MONTH)
- 15) Have you been anxious, worried or upset? (DURING THE PAST MONTH)
- 16) Have you been waking up fresh and rested? (DURING THE PAST MONTH)
- 17) Have you been bothered by any illness, bodily disorder, pains, or fears about your health? (DURING THE PAST MONTH)
- (18) Has your daily life been full of things that were interesting to you? (DURING THE PAST MONTH)
- (19) Have you felt downhearted and blue? (DURING THE PAST MONTH)
- 1. Extremely happy could not have been more satisfied or pleased 2._ Very happy 3. Fairly happy 4. Satisfied - pleased. 5.____Somewnac uses 6.____Very dissatisfied Somewhat dissatisfied 1.___Not at all 2.___Only a little 3. Some-but not enough to be concerned or worried about 4. Some and I have been a litcle concerned 5. Some and I am quite concerned 6. Yes, very much so and I am very concerned 1. Extremely so - to the point c being sick or almost sick. 2.___Very much so. 3. Quite a bit. 4.____Some - enough to bother ma 5. A little bit 6. Not at all 1. Every day 2: Most every day 3. Fairly often 4. Less than half the time 5. Rarely 6. None of the time All the time 1.__ 2. Most of the time 3. A good bit of the time 4. Some of the time 5. A little of the time 6. None of the time 1. All the time 2. Most of the time 3. A good bit of the time 4. Some of the time 4 .____ 5. A little of the 6. None of the time A little of the time 1. All of the time 2. Most of the time 3. A good bit of the time 4.____Some of the time 5._ A little of the time 6. None of the time

)21	TN (2) CMPNY (3-5)BN GRAD GENERAL WELL BE FOR EACE QUESTION MARK WITH AN X THE	ING
)	How have you been feeling in general? (DURING THE PAST MONTH)	<pre>1. In excellent spirits 2. In very good spirits 3. In good spirits mostly 4. I have been up and down in spirits a lot 5. In low spirits mostly 6. In very low spirits</pre>
	Have you been bothered by nervousness or your "nerves?" (DURING THE PAST MONTH)	 Extremely so - to the point where could not work or take care of things Very much so Quite a bit Some-enough to bother Mg A little Not at all
0.)	Have you been in firm control of your behavior, thoughts, emotions or feelings? (DURING THE PAST MONTH)	 Yes, definitely so Yes, for the most part Generally so Not too well No, and I am somewhat di No, and I am very distu:
1)	Have you felt so sad, discouraged, hopeless, or had so many problems that you wondered if anything was worthwhile? (DURING THE PAST MONTH)	 Extremely so - to the point I have just about given up Very much so Quite a bit Some - enough to bother up A little bit Not at all
2)	Have you been under or felt you were under any strain,stress,or pressure? (DURING THE PAST MONTH)	 Yes - almost more than I could bear or stand Yes - quite a bit of preco Yes, some more than usual Yes - some but about the stand Yes - a little Not at all
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Annex A

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General Well Being (WRAIR)

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RECOMMENDATIONS

تعاجر لاختذ ومخ

Cohesion is not a simple concept; it is a multi-faceted construct and must be assessed from a variety of perspectives. Any comparison of cohesion instruments with objective measures of unit performance must be multi-dimensional. It is recommended that all assessments of cohesion be made from multiple perspectives.

Target audiences must be determined and only specific instruments employed. A battery of survey instruments which focus on different levels of units should be used to allow more complete assessment of a unit's cohesion. It is recommended that specific survey instruments with specific targets be used in developing a multi-dimensional assessment using a battery of survey instruments. The survey instruments available from Walter Reed Institute of Research should be included in the assessment battery. The Company Perceptions Questionnaire (Annex C) should be used for assessing company perceptions. The E1-E4 Squad/Platoon Perceptions survey (Annex D) should be used for platoons. The Command Climate Survey (Annex B) should be used as a global survey of attitudes toward command. The General Well Being scale (Annex A) should be used for individual perceptions.

Commanders at all levels should be educated as to what the findings of a battery of survey instruments assessing cohesion indicate. These assessments should be part of a prevention program conducted by the mental health section of the unit as part of its command consultation program. The assessments are intended to assist in creating changes that foster unit cohesion; the assessments must be provided in a supportive context. The assessment and interpretation should be conducted by trained mental health professionals.

Feedback of survey findings to commanders and to individual personnel should be conducted by qualified personnel. Commanders should receive timely reports to assess potential problem areas and allow for changes. It is recommended that feedback of results be timely, comprehensive, and an integral part of a unit's preparedness and prevention program.

DISCUSSION

Cohesion is a not a simple construct; it represents a multi-faceted concept which includes a variety of elements: horizontal bonding, vertical bonding, confidence (in self, in peers, in weapons and equipment, in leaders, in support units, and in nation), commitment to unit goals, morale, and command climate. These constructs are in turn affected by time, experience, training, and the tactical situation.

Specific survey instruments are required to assess morale and cohesion depending upon the unit level and the target audience. The Company Perceptions Questionnaire (Annex C) is most appropriate for assessing company perceptions. The E1-E4 Squad/Platoon Perceptions survey (Annex D) is appropriate for smaller sized units. The General Well Being scale (Annex A) is a more global instrument for individual well being. The Command Climate Survey (Annex B) is a global survey. The Unit Questionnaire for Soldiers and Junior Leaders (Annex F) is oriented toward company size units and smaller. Feedback of results to commanders must take into account the target unit for the surveys and the extent to which the findings can be generalized to other units. The survey instruments from the Walter Reed Army Institute of Research have acceptable psychometric properties and appear effective when used as part of a battery to assess unit cohesion. The Fourth Infantry Division (Annexes H and I) and the 1st Cav Survey (Annex J) instruments generally have acceptable psychometric properties, although further research is needed.

of the conditions. The commanders may have needed more information on why their units were being asked to participate in the Fort Hood study. Psychology in the Department of Defense Symposium (April, 1984)

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A presentation was made at the paper session on "Mental Health and Morale" at the Psychology in the Department of Defense Symposium held at the Air Force Academy 18 to 20 April, 1984 (Lee and Ulrich, 1984). The paper discussed the workshops for management of combat stress conducted by the Health Care Studies and Clinical Investigation Activity (Mangelsdorff, King, and O'Brien, 1984). The workshop model was suggested as a means of bringing together diverse groups and allowing for a mixture of formal lectures, discussions, and exchange of ideas. The networking of participants from the different workshops allowed for continued updating of new developments. Future directions were proposed.

American Psychological Association Convention (August, 1984)

A symposium entitled "Cohesion and Motivation: Multinational Efforts in the Armed Forces" was conducted at the APA convention in Toronto, Ontario held in August, 1984. The session brought together representatives from the Federal Republic of Germany, the Israel Defense Force, the Canadian Armed Forces, and the United States to discuss the programs being developed in the military forces of their respective countries. The discussion focused on the overlap between the problems and the available solutions to developing motivation and morale in military forces (Mangelsdorff and King, 1984). Concepts developed in one nation were tested in the military forces of other countries for applicability. Differences between organizational structures in the nations may have accounted for some of the differences in findings. National programs, viewed with respect to the uniqueness of the cultures and societies, were presented.

exercise in field exercises in Central America, a control group not deploying, and individuals scheduled to be deployed on the training mission but who learned they were cut at the last moment. The 1st Cav Survey was developed using many of the items from the 4th Infantry Division Combat Stress Survey (Annex H). The responses to the 1st Cav Survey from 303 soldiers were submitted to a principal components factor analysis. Nine factors with eigenvalues greater than 1.0 were obtained, accounting for 73.1% of the cummulative variance. A Varimax rotation was performed. Eight item clusters were extracted and subjected to reliability estimates calculating coefficient alphas (Kuder Richardson).

The 1st Cav Survey had acceptable psychometric properties: the reliability estimates for the eight subscales ranged from .778 to .964. Reliability estimates for the other cohesion measures were: General Well Being scale (.903), Company Perceptions Questionnaire (.940), and for the E1-E4 Squad/Platoon Perceptions Survey (.804). Using Pearson Product Moment correlations, the 1st Cav Survey subscales were significantly related to the General Well Being scale, the E1-E4 Squad/Platoon Perceptions survey, and the Company Perceptions questionnaire; this was interpreted as indicating good convergent validity for the subscales. There were significant differences between the mean scores of the three soldier groups using analysis of variance; the 1st Cav Survey successfully discriminated the soldiers who were scheduled to participate in the field exercise from those who learned they were cut. The 1st Cav Survey appears sensitive to assessing soldier morale.

Some cautions about the 1st Cav Survey should be noted. The sample size was rather limited. The use of a variety of response formats may have been responsible for the large number of factors. More complete data on respondents was needed. There was a need for assessing all soldiers under all

were obtained, accounting for 48.8% (Phase I) and 50.4% (Phase II) of the cummulative variance. A Varimax rotation was performed on the correlation matrix. The three item clusters extracted using the factor analyses were subjected to reliability estimates using the Kuder Richardson procedure to calculate coefficient alphas. The item clusters had coefficient alphas which ranged from .615 to .900 (for Phase I) and from .613 to .902 (in Phase II). The maximum possible reliability estimate could be a coefficient alpha of 1.00. In addition, four empirically derived subscales (team, leader, self, and unit) were assessed for reliability estimates (the coefficient alphas ranged from .613 to .844). The Combat Stress Survey had acceptable psychometric properties: the reliability estimates of the four empirically derived subscales did not differ from the three item clusters derived from factor analytic techniques which accounted for greater than 50% of the cummulative variance. Summary reports were customized for each company sized unit; feedback was provided to unit commanders on the unit scores across the two phases and in comparison with other units. A major problem was no other measures of cohesion were used to validate the Combat Stress Survey. It would have been preferable to have had all of the same subjects take the surveys in both phases of the Fort Carson study.

Consultation with Fort Hood

The consultation with the First Cavalry Division at Fort Hood (Mangelsdorff, King, and O'Brien, 1985b) analyzed the use of the 1st Cav Survey (Annex J), the General Well Being scale (Annex A), the Company Perceptions questionnaire (Annex C), and the E1-E4 Squad/Platoon Perceptions survey (Annex D). These instruments were administered to three brigades. There were three groups: soldiers about to deploy to a training

Annex B

Command Climate Survey (WRAIR)

Card Column (1-4) Booklet # (5) C

فتعتدون

COMMAND CLIMATE SURVEY

Please indicate your answer to the following questions about your unit (Company or equivalent) by putting an X in the appropriate column (yes or No). Check Yes if you think the real answer should be "Mostly."

•*	•	(1) YES	(2) <u>NO</u>
6.	Are the policies in your unit fair?		
7.	Does your boss tell you when you've done a good job?		
8.	Does your boss listen to your explanation when some thing goes wrong?		
9.	Do you have confidence in your leaders?		
10	Do you have confidence in your equipment?		
11.	Are you satisfied with teamwork in your team or section?		
12 .	Would you prefer to deploy to war with this unit (instead of some other one)?		
13.	Is the information you get through channels timely, accurate, and complete?		
14.	Does the information you get, or decisions you receive, include the purpose, the reason, the "why" of the decision?		
15.	Do you think you are getting enough realistic training?		
16.	Can you tell your boss, "Hey, that's dumb so let's don't do it?"		
17.	Do you get to influence the training schedule?		

18. Are you allowed to do your job the way you think it should be done?

19-33 What's the best thing you like about your unit?

ANSWER HERE:

34-48 • What do you dislike most about your unit?

ANSWER HERE:

49-63 What should the chain of command <u>start</u> doing that it is not doing now?

64-78 What should the chain of command <u>stop</u> doing that it is doing now?

	ANSWER THE FOLLOWING ONLY IF YOU ARE MARRIED:	(1) <u>YES</u>	(2) 0 <u>0</u>
79.	Do you often feel torn between job and family?		
80.	Do you and your spouse ever get into arguments over the Army, or your present job?		

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          ARRAY CLI_TBL CLI1--CLI13 CLI18 CLI19;

CLICNT = 0;

DO OVER CLI_TBL;

IF CLI_TBL < 0 OR CLI_TBL > 1

THEN_CLI_TBL = .; ELSE CLICNT = CLICNT + 1;
                                                                                                                                                                                                                                                                                                              IF CLICNT > 10 THEN CCS_SUMC = CLICNT = CLICNT > 10 THEN CCS_SUMC =
(SUM(OF CLI1-CLI13)/CLICNT)#13;
IF CLICNT = 13 THEN CCS_SUM = SUM(OF CLI1-CLI13);
COMM DEC = (CLI8 + CLI9 + CLI11 + CLIA2 + CLI13);
TRN EQP = (CLI6 + CLI9 + CLI11 + CLIA2 + CLI13);
TEAM SAT = (CLI6 + CLI7);
LDR LD = (CLI18 + CLI7);
LDR LD = (CLI18 + CLI19);
     الانتثني
                                                                                                                                                                 SAVED AS SAS.SCORES(CMDCLI);
                                                                                                                                                                                                 COMMAND CLIMATE SURVEY;
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Annex C

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Company Perceptions Questionnaire (WRAIR)

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Name:		Compar	ny:	Bumper Number:
There are five possibl	e answer	s to eac	ch state	ement. They are:
		ongly Ag		
	2 Agr 3 Don	ee 't Know		,
	4 Dis	agree		
		ongly Di	-	
Please circle the number	er which	best sh	lows how	you feel about each statement
1. This company is one	e of the	best in	the U.	S. Army.
1	2	3	4	5 Character Discourse
Strongly Agree				Strongly Disagree
2. People in this comp	bany alre	ady fee	l very o	close to each other.
1	2	3	4	5
Strongly Agree				Strongly Disagree
3. The officers in thi	s compan	y really	y seem t	to know their stuff.
1		3	4	5 Characha Diagona
Strongly Agree				Strongly Disagree
	v would	do a bet	ter job	o in combat than most
4. I think this company other Army units				
	S.	3	4	5
other Army unit		3	4	5 Strongly Disagree
other Army units 1 Strongly Agree	2			Strongly Disagree
other Army units 1 Strongly Agree 1 trust the men I wo 1	2			Strongly Disagree to do a good job. 5
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other Army units 1 Strongly Agree 5. I trust the men I wo 1 Strongly Agree	2 ork with 2	to alwa 3	ys try 4	Strongly Disagree to do a good job. 5 Strongly Disagree
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1 Strongly Agree 5. I trust the men I wo 1 Strongly Agree 6. The NCOs in this com 1	2 ork with 2 npany rea 2	to alwa 3 ally see 3	ys try 4 m to kn 4	Strongly Disagree to do a good job. 5 Strongly Disagree ow their stuff. 5 Strongly Disagree

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3. There are too many people in this company who are just out for themselves and don't care about the troops. 2 3 4 5 1 Strongly Agree Strongly Disagree 9. I tend to spend my after duty hours with other people in this company. 2 3 1 4 5 Strongly Agree Strongly Disagree 10. My closest friendships are with the people I work with. 1 2 3 5 Strongly Agree Strongly Disagree 11. The officers in this company don't spend enough time with the troops. 2 3 4 5 1 Strongly Agree Strongly Disagree 12. I am impresses by the quality of leadership in this company. 2 3 5 1 4 Strongly Agree Strongly Disagree 13. If I have to go to war, the men I regularly work with are the ones I want with me. 2 4 3 5 Strongly Agree Strongly Disagree 14. The NCOs in this company really don't spend enough time with the troops. 2 5 1 3 4 Strongly Agree Strongly Disagree 15. I really like the work I do. 2 3 Strongly Agree Strongly Disagree 16. I think the job this company is supposed to do is one of the most important in the Army. 2 3 4 1 Strongly Disagree Strongly Agree

30
17. There are several people in the Chain of Command in this company I would go to for help with a personal problem.

Strongly	l Agree	2	3	4	5 Strongly Disagree
18. I have real	confiden	ce in ou	r weapons	and	our ability to use them.
Strongly	l Agree	2	3	4	5 Strongly Disagree
19. I think the	level of	training	g in this	comp	any is very high.
Strongly	l Agree	2	3	4	5 Strongly Disagree
20. If I have to personal	o go into L skills a	combat, and train	I will h hing.	ave gi	reat confidence in my
Strongly	l Agree	2	3	4	5 Strongly Disagree
21. Whites and b at work.		this com	pany mix	after	duty hours as well as
Strongly .	l Agree	2	3	4	5 Strongly Disagree
22. Almost all o	f the peo	ple in t	his compa	any ca	n really be trusted.
Strongly i	l Agree	2	3	4	5 Strongly Disagree
23. I really want	t to spen	d my enti	ire tour	in th	e Army in this company.
Strongly A	l Agree	2	3	4	5 Strongly Disagree
24. My superiors	really ma	ake an at	tempt to	know	me and treat me as a person.
Strongly A	l gree	2	3	4	5 Strongly Disagree
25. I really beli in any di				compa	any will stand by me
Strongly A	l gree	2	3	4	5 Strongly Disagree
26. I think people	e in this	company	will get	t tigh	nter as time goes on.
Strongly A	l gree	2	3	4	5 Strongly Disagree

31

27. I really enjoy being a member of this company.

		1	2	3	4	5	
	Strongly A	lgree				Strongly Disa	igree
28. 1	This company possessio	is a sec ons in th	ure plac e compar	ce. You Ny area.	don't	have to watch	your
	Strongly A	l gree	2	3	4	5 Strongly Disa	gree
29. P	eople really	look ou	t for ea	ch other	in m	work group.	
	Strongly A	l gree	2	3	4	5 Strongly Disa	gree
30. I	think we are	e better	trained	than ot	her co	mpanies in the	Army.
	Strongly Ac	l gree	2	3	4	5 Strongly Disag	jree

```
SAVED AS SAS.SCORES(COMPER2);

COMPANY PERCEPTIONS;

THERE ARE 30 QUESTIONS THAT RANGE IN VALUE FROM 1 TO 5;

ARRAY COMPER COMPER01-COMPER30;

COUNT2 = 30;

DO OVER COMPER + 1 OR COMPER > 5

THEN DO;

DO OVER COMPER + 1 OR COMPER > 5

THEN DO;

COUNT2 = COUNT2 - 1;

COUNT2 = COUNT2 - 1;

COMPER + 1 OR COMPER > 5

THEN DO;

COMPER = 1;

COMPER = 1;

END;

FROM T = THEN

COMPER 11 NOT = THEN

COMPER 11 = 6 - COMPER 11;

IF COMPER 11 NOT = THEN

COMPER 14 NOT = THEN
```

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Annex D

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E1 - E4/Squad Platoon Perceptions (WRAIR)

IF YOU ARE ES OR ABOVE, DISREGARD THIS PAGE

E1/E4 SQUAD/PLATOON PERCEPTIONS

Please circle the answers that best describe your response to each question.

					•	•	
(8)	How do you like being in this platoon?	(1)	Like it	(2)	It's alright	(3)	Hate it
(9)	How do you like the guys in your squad?	(1)	Tight	(2)	They're OK	(3)	Hate them
(10)	Who do you spend time with after duty hours?	(1)	Same squad	(2)	Same Company but not same squad	(3)	Other
(11)	Is there much mixing of races after duty, or do the blacks tend to hang with black, whites with whites, and so on?	(1)	Mixing	(2)	It all depends	(3)	Blacks with blacks etc.
(12)	Is your squad leader ever included in after duty activities?	(1)	Yes	(2)	Once in awhile	(3)	No
(13)	Do you like the work you're doing?	(1) (1)	Yes, it's what I came in for	(2)	No, but or Yes, but	(3)	Мо
(14)	Who would you go to first if you had a personal problem like being in debt?		the same		Someone in the same CO or Bn but not in the same plt	(3)	Other
(15)	Is there anyone in your squad you might lend money in an emergency?	(1)	Yes	(2)	It all depends	(3)	No
(16)	Do the officers in the CO seem to know their stuff?	(1)	Yes	(2)	Yes, but or No, but	(3)	Хо
(17)	How often, aside from meet- ings, does your Plt Sgt talk with you personally?	(1)	Often (weekly)		Once in awhile (twice a month)		Never or hardly even
(18)	How often aside from meet- ings, does your Plt leader talk with you personally?	(1)	Often (weekly)	(2)	Once in awhile (twice a month or so)	(3)	Never or hardly ever
(19)	How often aside from meet- ings, does the CO talk with you personally?	(1)	Twice a month or more	(2)	Monthly or so	(3)	Never or hardly eve:
(20)	Do the NCOs in the platoon seem to know their stuff?	(1)	Yes	(2)	Yes, but or No, but	(3)	No

(2]) If we went to war comorrow, (1) Woulda't would you feel confident going with this squad or would you rather go with another?

change

Annex G

Unit Readiness Questionnaire (101st Airborne "ivision)

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Background Information

,	
Squadron	
Troop	
Platoon	
MOS	
Rank	
Year in Service	
Previous experience in combat	yes no
How many months have you been in y	your present troop?
Education	
8 yrs	
9-11	
12 (High School Diploma)	<u></u>
GED	
12-15	
College Degree	
Marital Status	
Single	
Married	<u> </u>
Divorced/Separated	<u></u>
Other (please specify)	
If you are currently married, is t	this your first marriage? yes no
Number of children (if applicable))
Age	(age at last birthd

49

17. How often do the soldiers talk to each other about these worries?

- 1. very often
- 2. often
- 3. occasionally
- 4. hardly ever
- 5. never
- 18. How often do your leaders talk to their troops about possible wartime issues?
 - 1. very often
 - 2. often
 - 3. occasionally
 - 4. hardly ever
 - 5. never
- 19. How much stress do you typically undergo because of separation from family/wife/girlfriend due to field training?
 - 1. None
 - 2. Minimal
 - 3. Average
 - 4. Moderate
 - 5. Extreme
- 20. How much of a contribution do you feel you are making to the security of the United States by serving in the Army?
 - 1. very great contribution
 - 2. great contribution
 - 3. some contribution
 - 4. little contribution
 - 5. very little contribution

21. What is the level of your personal morale?

- 1. very high
- 2. high
- 3. moderate
- 4. a little low
- 5. low

- 11. How would you rate your own skills and abilities as a soldier (using your weapons, operating and maintaining your equipment, etc.)?
 - 1. very high
 - 2. high
 - 3. moderate
 - 4. a little low
 - 5. very low

12. In general, how would you rate yourself as a soldier?

- 1. excellent
- 2. above average
- 3. average
- 4. below average
- 5. poor

13. In general, how would you rate the Warsaw-Pact soldiers?

- 1. excellent
- 2. above average
- 3. average
- 4. below average
- 5. poor
- 14. How would you describe your unit togetherness in terms of the relationships among its members?
 - 1. very high
 - 2. high
 - 3. moderate
 - 4. a little low
 - 5. very low
- 15. The relationships between the officers and the men in your unit are:
 - 1. very good
 - 2. good
 - 3. not so good
 - 4. poor
- 16. To what extent do you worry about what might happen to you personally, if and when your unit goes into combat?
 - 1. very often
 - 2. often
 - 3. occasionally
 - 4. hardly ever
 - 5. never

- 6. In your opinion, what is the probability that your unit will be in combat during the next year?
 - 1. very high
 - 2. high
 - 3. moderate
 - 4. low

- 5. very low
- 7. Now would you describe your confidence in the tactical decisions of:

		very high	high	moder- ate	a little low	very low
a.	your Squadron Commander	1	2	3	4	5
ь.	your Brigade Commander	1	2	3	4	5
c.	your Division Commander	1	2	3	4	5
d.	your Corps Commander	1	2	3	4	5
c.	The Army General Staff	1	2	3	4	5

8. How familiar are you with the General Defense Plan (GDP) of your unit?

		very fami- -liar	fami- liar		not so fami- liar	not fami liar at all
a.	Terrain	1	2	3	4	5
ь.	Location of Friendly Forces	1	2	3	4	5
c.	Location of Enemy Forces	1	2	3	4	5
d.	Expected missions	1	2	3	4	5

9. How much of the time does your unit spend on useful training?

nearly all the time
 most of the time
 part of the time
 very little

10. How much confidence do you have in your unit's major weapon system (tanks, APC's etc.)?

very high
 high
 moderate
 a little low
 very low

1. What is the level of morale in your company?

very high
 high
 moderate
 a little low
 low

2. How would you describe your company's readiness for combat?

- very high
 high
 moderate
 a little low
- 5. unprepared/not ready at all
- 3. How would you describe the condition of your unit's major weapon systems (Tanks, APC's etc)? What kind of shape are they in?
 - 1. very good
 - 2. good
 - 3. not so good
 - 4. poor/unworkable
- 4. How would you describe your friends' readiness to fight, if and when it is necessary?
 - l. very high
 - 2. high

- 3. moderate
- 4. a little low
- 5. very low/not ready at all
- 5. In the event of combat how would you describe your confidence in:

		very high	high	moder- ate	a little low	very low
a.	your platoon leader	1	2	3	4	5
ხ.	your Troop Commander	1	2	3	4	5
c.	your crew/squad members	1	2	3	4	5
d.	yourself	1	2	3	4	5

THE UNIT QUESTIONNAIRE FOR SOLDIERS AND JUNIOR LEADERS

The U.S. Army wants to know what soldiers think and how they feel about various subjects related to their service.

Please read each of the following questions and <u>circle</u> the number of the answer which best describes your thoughts and feelings.

This questionnaire is meant to be anonymous, so please <u>do</u> <u>not</u> include your name.

Thank you for your cooperation!

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Annex F

Unit Questionnaire for Soldiers and Junior Leaders

(IDF and WRAIR)

DISSATISFIED with Mostly DISSATISFIED with NEUTRAL/UNDECIDED Mostly SATISFIED with Completely SATISFIED with Completely About DENTAL CAPE CN THIS POST **a**m 52 I the overall quality of Post dental care (for myself). the extent of dental services available to dependents. the length of waiting periods to receive dentul care. CAREER ASPECTS Iam the fairness of Army pay. 5€ the opportunities for advancement/promotion. tour stabilization opportunities. the job security one has in the Army. the opportunities for professional achievement and fulfillment. the standard-of-living one has in the Army. leave/time-off policies. the Army's retirement benefits. family life in the Army. the opportunity one has to acquire civilianrelated skills in the Army. the Army as a career for me.

🗕 Card Column

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Completely DISSATISFIED with Mostly DISSATISPIED vith About. NEUTRAL/UNINECTOED MOBELY BATISPIED WILH Completely SATISFIEL with 32. 1 the furniture and furnishings in. 33. 1 the freedom I have to decorate. 34. 1 the freedom I have to entertain quests in. 35. 1 the Army chow I as served. POST ENVIRONMENT the social and recreational opportunities 36. 1 on this Post. 37. 1 the club I belong to (Officers, NCO, Soldiers'). 38. 1 the Post commissary. 39. 1 the Post Exchange (7%). 40. 1 on-Post transportation resources. 41. 1 transportation resources to and from Post. 42. 1 the security precautions on Post. 43. 1 the military discipline on this Post. 44. 1 race relationships on this Post. 45. 1 the local schools for children. MIDICAL CARE CN 77125 PCST 46. 1 the overall quality of Post medical care. 47. 1 the length of waiting periods to receive care. 48. 1 the responsiveness of the medical personnel. 49. 1 the continuity of the care given. 50. 1 the physical facilities. 51. 1 the CEAMPUS program.

Carc 2 Column

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		Cumpletely DISSATISFIED with	Mast ly DISSATISFIED with	About NEUTIAL,/ONDECLDFD	Mostly SATISFIED with	Completely SATISFILD with	
•	15	1	2	3	4	5	the frequency with which I do work I an trained for.
	16	1	2	3	4	5	the quality of training/supervision 1
	17	1	2	3	4	5	the amount of "make work" assignments I 2 given.
	18	1	2	3	4	5	the amount of time I spend on extra detai
	19	1	2	З	4	5	By duty hours.
	20	1	2	3	4	5	my tour of duty so far here.
•	<u>17</u> 49	XCERS	217 CC	NDITIC	NS_		
•	21	1	2	3	4	5	the leadership and efficiency in my pressure unit.
	22	1	2	3	4	5	the state of discipline in by present un:
	23	1	2	3	4	5	the management and efficiency in by prese duty section.
	24	1	2	3	4	5	the amount of concern shown by my leader for my personal velfare.
	25	1	2	3	4	5	the amount of mitual trust and respect in my duty situation.
	26	1	2	3	4	5	the extent to which I am kept informed.
	27	1	2	3	4	5	the extent to which I am required to "hum up and wait."
•	<u></u>	7855	277 127	VING Ç	CARCER	<u>s</u>	
•	28	1	2	3	4	5	the overall pleasantness and confort of.
	29	1	2	3	4	5	the maintenance and state of repair of.
	30	1	2	3	4.	5	the amount of space I have in.
	31	1	2 -	3	4	5	the degree of privacy I have in.

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Cand Column (1-4) Booklet # (5) 2

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ARMY SATISFACTION INVENTORY (ASI)

Below is a list of incomplete statements organized under topical headings. Complete each statement by selecting <u>one and only one</u> Dissatisfaction/ Satisfaction rating for each statement.

A rating of "1" indicates you are <u>completely dissatisfied with</u>. A rating of "5" indicates you are <u>completely satisfied with</u>. A rating of "2", "3", or "4" falls burseen these two extremes.

The numerical ratings you assign are interpreted as representing the direction and strength of your feelings.

Please circle your responses.

	Completely Completely DISSATISFIED with	10341 Y WILL	About WENTRAL/UNIXCIDED	· Hostly • SATISFIED with	Conpletely w BATISFIED with	
I AT 5		2	3	4	5	the idea of having an all-voluncest homy.
7	1	2	3	4	5	this Post's progress in improving leadership, training, professionalism.
٤	1	2	3	4	5	this Post's progress in improving living conditions for its demokrs.
9	1	2	3	4	5	the public image of the Army.
10		2	3	4	5	Army recruiter practices and information.
~						
	1	2	3		5	the interestingness of my present jub.
12	1	2	?	4	5	the annunt of respect paid by work.
15	1	2	3	4	5	how much I am relied upon by others.
1-	1	2	3	4	5	the extent to which what I do hetably dounts



Army Satisfaction Inventory (WRAIR)

```
32
DO OVER SQPLTN;
DO OVER SQPLTN;
IF SQPLTN NOT = . THEN
SQPLTN = 4 - SQPLTN;
END;
IF COUNT 3 - 10 THEN
E1E4SCR = (SUMCOF SQDPLN01-SQDPLN14)) /COUNT3;
ELSE E1E4SCR = .j
 ARRAY SQPLTN SQDPLN01-SQDPLN14;
COUNT3 = 14;
DO OVER SQPLTN;
IF SQPLTN < 1 OR SQPLTN > 3
THEN DO;
COUNT3 = COUNT3 - 1;
SQPLTN = .;
END;
                                                                                    SAVED AS SAS.SCORES(SQUADPER);
                                                                                                                   E1/E4 SQUAD/PLATOON PERCEPTIONS;
 ****
                                                                             ×
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UNIT READINESS QUESTIONAIRE 101st AIRBORNE DIVISION (AIR ASSAULT)

To improve unit combat effectiveness, Division Mental Health requests your cooperation in answering the following questions. The questions relate to readiness and unit morale. It is very important that you answer these questions honestly as they apply to you. Confidentiality is assured. The data will be used only on a unit basis and will not reflect individual responses. PLEASE CIRCLE THE RESPONSE TO EACH QUESTION WHICH IS CLOSEST TO YOUR PRESENT FEELINGS ABOUT YOUR UNIT. E6 - upPlease check your rank: $E1 - E3 \Box$ $E4 - E5 \Box$ 1. How are your relations with other members of your unit? VERY GOOD GOOD BAD VERY BAD 0.K. 2. How are your relations with your chain of command? VERY GOOD GOOD BAD VERY BAD **O.K**. 3. How are your relations with your commander? VERY GOOD GOOD O.K. BAD VERY BAD 4. The methods of discipline used in my unit are: **O.K**. VERY FAIR FAIR NOT FAIR VERY POOR

5. How much does your commander set an example of leadership for you to follow?

VERY GREAT GREAT O.K. LITTLE NOT AT ALL 6. Rate the ability of your NCO's to command.

EXCELLENT VERY GOOD O.K. BAD VERY BAD

7. Rate the ability of your officers to command.

EXCELLENT VERY GOOD O.K. BAD VERY BAD

8. How do you rate your equipment?

EXCELLENT VERY GOOD O.K. BAD VERY BAD

9. How is the morale in your unit? (Do your friends feel good about the unit?)
 VERY HIGH HIGH O.K. LOW VERY LOW

10. How much pride do you have in yourself as a soldier?

VERY MUCH MUCH O.K. LITTLE VERY LITTLE 11. How proud are you to be a member of your unit?

VERY MUCH MUCH O.K. LITTLE VERY LITTLE

12.	How willing is yo	our chain of co	mmand to help w	ith your perso	nal problems?
	VERY	MOSTLY	SORT OF	LITTLE	NOT AT ALL
13.	Do unit NCO's tal	lk with troops	atout the soldi	er's feelings	and ideas?
	REGULARLY	MANY TIMES	SOMETIMES	FEW TIMES	NOT AT ALL
14.	Do unit officers	talk with troo	ps about the so	ldier's feelin	gs and ideas?
	REGULARLY	MANY TIMES	SOMETIMES	FEW TIMES	NOT AT ALL
15.	How ready is your	unit to go to	combat?		
	VERY HIGH	HIGH	O.K.	LOW	VERY LOW
16.	How capable are y	your officers t	o lead the unit	in combat?	
	VERY HIGH	HIGH	О.К.	LOW	VERY LOW
17.	How secure do you	feel going in	to combat with	your NCO's?	
	VERY MUCH	MUCH	SORT OF	LITTLE	VERY LITTLE
18.	How secure do you	i feel going in	to combat with	your officers?	
	VERY MUCH	MUCH	SORT OF	LITTLE	VERY LITTLE
19.	How secure do you	feel going in	to combat with	your squad?	
	VERY MUCH	MUCH	SORT OF	LITTLE	VERY LITTLE
20.	How willing are y	ou to fight if	the need exist	s?	
	VERY MUCH	MUCH	SORT OF	LITTLE	VERY LITTLE
21.	How willing to fi	ight are your f	riends in the u	nit, if the ne	ed exists?
	VERY MUCH	MUCH	SORT OF	LITTLE	VERY LITTLE
22.	In a combat situa than they are wor		people in your	unit would be	more trouble
	NONE	VERY FEW	HALF	MANY	MOST
23.	Overall, how do y	ou think your	unit would perf	orm in a comba	t situation?
	EXCELLENT	VERY GOOD	О.К.	NOT GOOD	VERY POOR
24.	What is the major	problem in yo	ur unit?		
25.	What is the secon	nd major proble	m in the unit?		
26.	What is your most	important per	sonal problem?		
27.	What is your seco	ond major perso	nal problem?		
28.	Write any comment	s about your u	nit you wish to	make! You ma	y use the rest

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28. Write any comments about your unit you wish to make! You may use the rest of the page or additional paper to make any comments you wish. About anything.

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Thank vou, Division Mental Health

Annex H

Combat Stress Survey (4th Infantry Division)

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DIVISION MENTAL HEALTH

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COMBAT STRESS SURVEY (CSS)

THIS QUESTIONNAIRE IS INTENDED TO PROVIDE INFORMATION ABOUT HOW THE MEMBERS OF YOUR ORGANIZATION WORK TOGETHER. THE INFORMATION YOU PROVIDE WILL BE USED TO IMPROVE THE EFFECTIVENESS OF THE UNIT/ORGANIZATION.

IF THE RESULTS ARE TO BE HELPFUL, IT IS IMPORTANT THAT YOU ANSWER EACH QUESTION AS THOROUGHLY AND FRANKLY AS POSSIBLE. THIS IS NOT A TEST, THERE ARE NO RIGHT OR WRONG ANSWERS.

THE COMPLETED QUESTIONNAIRES WILL BE PROCESSED BY AUTOMATED EQUIPMENT WHICH WILL SUMMARIZE THE ANSWERS IN STATISTICAL FORM SO THAT INDIVIDUALS CANNOT BE IDENTI-FIED. PLEASE DO NOT WRITE YOUR NAME ANYWHERE ON THE QUESTIONNAIRE OR ANSWER SHEET.

INSTRUCTIONS

1. Mark all responses on the machine-readable answer sheet. If you do not find the exact response that fits your case, use the one that is closest to it.

2. Remember, the value of the survey depends upon your being straightforward in answering the questionnaire. Your answer sheets are processed by automated equipment and no one from your command will see them.

3. The answer sheet is designed for automatic scanning of your responses. Items are answered by marking the appropriate response rectangle (\Box) on the answer sheet as illustrated in the following example.

Item # \mathfrak{D} : When I am in the field my unit tells me what is going on and what to expect.

Ξ

(ع) (م) (م) (a) (a) (2) (م) (م) (2)

Response Scale for Questions 85-104

- (1) I strongly disagree
- (2) I somewhat disagree
- (3) I am neutral

- (4) I somewhat agree
- (5) I strongly agree

In this example, the response is $\begin{bmatrix} 2 \\ -2 \end{bmatrix}$, I somewhat disagree that my unit tells me what is going on and what to expect when I am in the field.

4. Please use a pencil (No. 2 is best), and observe carefully these important requirements:

- Make heavy marks that fill in the number rectangle.

- Erase cleanly any answer you wish to change.

- Make no stray markings of any kind.
- Do not write your name or social security number anywhere on the questionnaire or the answer sheet.

5. The particular meaning of the term "this unit" will be announced by the person administering the questionnaire. For example, "this unit" may refer to vour company, battalion, brigade, etc. Ouestions about "your supervisor" refer to the person to wnom you report directly. Questions about "your co-workers' refer to the people you associate with from day to day in order to get the job done -- they usually report to the same supervisor. Questions about "your work group" refer to the entire team of people, including your co-workers and your supervisor(s) who work for a common goal.

COMBAT STRESS SURVEY

Section A

1. This background information is necessary to get a complete picture of your unit and may be used to sort responses into selected subgroups.

2. Please answer all the questions unless you have extreme reluctance to answer a particular statement.

 Begin your responses with statement number 116 on your answer sheet. (On side two - Green Side)

116. Have you taken this survey before in this unit?

1. No. 2. Yes.

117. Sex.

Male.
 Female.

118. Education.

- 1. No High School Diploma.
- 2. High School Diploma or G.E.D.
- 3. College Work, less than a 4-year degree.
- 4. College Work, 4-year degree.
- 5. Graduate Degree.

119. How long have you been in the Army?

- 1. 6 months or less.
- 2. 7 to 18 months.
- 3. 19 months to 4 years.
- 4. 5 to 10 years.
- 5. Over 10 years.

120. How long have you been at this installation?

- 1. 6 months or less.
- 2. 7 to 12 months.
- 3. 13 to 18 months.
- 4. 19 months to 2 years.
- 5. More than 2 years.

121. How long have you been in this unit?

- 1. 6 months or less.
- 2. 7 to 12 months.
- 3. 13 to 18 months.
- 4. 19 months to 2 years.
- 5. More than 2 years.

122. Ethnic Background.

- 1. White.
- 2. Black.
- 3. Hispanic.
- 4. Asian American.
- 5. Other (e.g., American Indian, Filipino, Korean).

123. Which of the following best describes your career intentions at the present time?

I will definitely stay until retirement.
 I will probably stay until retirement.
 I am undecided about staying.
 I will stay for now but will probably leave before retirement.
 I will definitely leave at the earliest opportunity.

124. Military Pay Grade.

1.	E-1 to	E-4.	4.	W-1	to W-4.
2.	E-5 to	E-6.	5.	0-1	to 0-3.
3.	E-7 to	E-9.	6.	0-4	and above.

125. Which military branch corresponds the closest with your primary MOS?

- 1. Infantry.
- 2. Field Artillery, Air Defense Artillery.
- 3. Armor.

- 4. Corps of Engineers.
- 5. Signal Corps.
- 6. Military Police/Military Intelligence.
- 7. Logistics (Ordinance, Quartermaster, Transportation).
- 8. Adjutant General/Finance.
- 9. Other (Medical, Dental, Chaplain, etc.).

126. Which corresponds the closest to your supervisory level?

- 1. Supervisory.
- 2. Non-supervisory.

RESPONSE SCALE

- (1) Strongly Disagree.
- (2) Somewhat Disagree.
- (3) Undecided.
- (4) Somewhat Agree.
- (5) Strongly Agree.

85. My individual training has been good in preparing me for combat.

86. My unit training has been good in preparing my unit to work together in combat.

87. I am confident in the abilities of the enlisted people (E-1 to E-4) in my unit to perform their duties in a combat situation.

88. I am confident in the abilities of the NCO's (E-5 and above) in my unit to effectively manage the people under them in a combat situation.

89. I am confident in the ability of the company grade officers (LT and CPT) in my unit to lead me in a combat situation.

90. I am confident in the ability of the field grade officers (MAJ and above) over me to lead me in a combat situation.

91. In a combat situation, I would feel I could completely trust and depend upon the people I work with.

92. In a combat situation, most people in my unit would be more trouble than they are worth.

93. In a combat situation, my equipment would function well.

94. I can use my weapons effectively in a combat situation.

95. When I am in the field my unit tells me what is going on and what to expect.

96. When I am in the field, my leaders insure that I am properly fed, warm, and rested whenever possible.

97. The NCO's over me have much concern for my well-being.

98. The officers over me have much concern for my well-being.

99. My unit has good training on caring for and evacuating our own wounded in combat.

100. I am proud of my unit.

101. My unit values what I do.

102. I choose to spend my free time with the people in my unit.

103. My family members are well prepared to take care of themselves if my unit should suddenly have to go into combat.

104. My chances are very good of staying alive if my unit went into combat against the Russians in Europe.

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Combat Stress Survey Instrument

Items in Combat Stress Survey clusters

Item clusters derived from factor analyses:

5.554

STATES STATES

cluster number	items in Combat Stress Survey	content of cluster
1	86 88 89 90 95 96 97 98 99 100 101 104	unit
2	85 86 87 88 91 92 99 102 104	confidence, training
3	85 93 94 103 104	combat

Item clusters empirically derived:

cluster number	items in Combat Stress Survey	content of cluster
1	87 88 91 92	team
2	88 89 90 96 97 98	leader
3	85 93 94 103 104	self
4	86 99 100 101 102 104	unit

Note: item 92 is reverse scored

Annex I



BATTLEFIELD INTERVIEW

The purpose of this interview is to help us measure certain aspects of your unit's readiness for combat. We are interested in how this exercise is affecting your readiness. You will not be personally identified in any way. Your responses to the interview will not be reported individually to anyone. We are only interested in the overall collective opinions of your unit. If you have strong reservations about answering any particular question please say so. Obviously, your <u>honest</u> opinion is what we need and our work will be useless without it.

1. Since this exercise began, has your confidence in yourself as a soldier:

Increased? _____ Decreased? _____ Stayed the same? _____

- 2. How would you rate your own fighting ability?
- 3. Since this exercise began, has your confidence in your <u>unit's</u> fighting ability: Increased? _____ Decreased? _____ Stayed the same? _____
- 4. How would you rate your <u>unit's</u> fighting ability now?
- 5. Since this exercise began, has your opinion of your company grade officers: Increased? _____ Decreased? _____ Stayed the same? _____

6. How would you rate your company grade officers overall now?

- 7. Since this exercise began, has your opinion of your NCO's (E-5 and above): Improved? _____ Gotten worse? _____ Stayed the same? _____
- 8. How would you rate your NCO's overall now?
- 9. Since this exercise began, how your opinion of the enlisted people (E-1 E-4) in your unit:

Improved? _____ Gotten worse? _____ Stayed the same? _____

10. How would you rate the enlisted people overall now?

11. Since this exercise began, has your confidence in your weapons:

Increased? _____ Decreased? _____ Stayed the same? _____

12.	How would you rate your weapons now?
13.	Since this exercise began, has your confidence in your other equipment:
	Increased? Decreased? Stayed the same?
14.	How would you rate your equipment now?
15.	Since this exercise began, has your personal morale:
	Improved? Gotten worse? Stayed the same?
16.	How would you rate your morale now?
17.	How many hours have you slept in the last three days?
	How tired are you?
	Extremely tired? Very tired? O.K.
19.	Have your leaders shown a concern for your physical and mental state during this exercise? Which leaders (NCO/Officer)?
	Are your concerns for your family or personal matters back home keeping you giving 100% here?
21.	How does your family (if applicable) handle your absence:
	Well? 0.K.? Not too good?
22.	How do you feel about facing the real Russians in combat at this point?

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Annex J lst Cav Survey (1st Cavalry Division) Ċ 63 N.

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1ST CAV SURVEY

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	Circle the answer which best fits with how you see this your unit. Circle only one answer for each question.	ngs in yourself or
	The CAV needs you to answer all of the questions:	
(1)	How long have you been in the Army?	
	1. 6 months or less4. 5 to 10 years2. 7 to 18 months5. Over 10 years3. 19 months to 4 years	LJ
(2)	How much education have you had?	[[(2)
	 No high school diploma High school diploma or G.E.D. College work but less than a 4-year degree College work with a 4-year degree More than a 4-year college degree 	
3)	What is your sex?	[] (2)
	l. Female 2. Male	(3)
4)	How long have you been in the lst CAV Division?	[] (4)
	1. 6 months or less 4. 19 months to 2 y 2. 7 to 12 months 5. More than 2 year 3. 13 to 18 months 5. More than 2 year	years LJ
5)	How long have you been in your present squad or aircrat	ft crew? [] (5)
	 6 months or less 7 to 12 months 13 to 18 months 19 months to 2 years More than 2 years 	
5)	What is your marital status?	[] (6)
	1. Single3. Divorced or Separated2. Married4. Widowed	

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•)	How many child	ren do yo	ou have liv	ing with	you?		(7)
	1. None	2. One	3.	More tha	n one	、	
8) .cob	How worried are lems, problems w	e you abo with the	out things kind, and/	at home (or money	for exampl worries)?	e, marriage	(8)
	1. Very worrie	ed 2.	Somewhat	worried	3. Not	worried	
) Tems	How sure are yo selves while you	ou that y are on	our family this exerc	members ise?	can take c	are of	(9)
	l. Very sure	2.	Somewhat	sure 3.	Not sure	at all	
:0)	What is your m	nilitary	rank?				[] (10)
	1. E-1 to E-2		5.	W-1 to W			
	2. E-3 to E-4 3. E-5 to E-6		6. 7.	0-1 to 0 0-4 and			
	4. E-7 to E-9						
1)	What is your e	ethnic ba	ckground?				[] (11)
	l. White 2. Black		4. 5.	Asian Am Other	erican		
	3. Hispanic		у.	ocher			
¹ 2)	What is your l	eadershi	p position	?			[] (12)
2)	1. I have no 1	eadershi					(12)
2)	-	.eadershi er		6. Pla	toon Leade craft Comm		(12)
·2)	 I have no l Squad Leade Platoon Ser Aircraft Cr 	eadershi r geant ew Chief	p position	6. Pla 7. Air 8. Com	craft Comma pany Comma	ander nder	IJ
	 I have no l Squad Leade Platoon Ser Aircraft Cr 1st Sergean 	eadershi r geant ew Chief t	p position	6. Pla 7. Air 8. Com 9. Bat	craft Comm pany Comma talion Com	ander	IJ
	 I have no l Squad Leade Platoon Ser Aircraft Cr 	eadershi geant wew Chief nt spirit	p position or morale	6. Pla 7. Air 8. Com 9. Bat in your u	craft Comm pany Comma talion Com nits?	ander nder mander or h	IJ
	 I have no l Squad Leade Platoon Ser Aircraft Cr 1st Sergean 	eadershi r geant ew Chief t	p position	6. Pla 7. Air 8. Com 9. Bat	craft Comm pany Comma talion Com	ander nder	IJ
:at	 I have no l Squad Leade Platoon Ser Aircraft Cr 1st Sergean is the level of 	eadershi geant ew Chief t spirit <u>Poor</u>	p position or morale Not so <u>Good</u>	6. Pla 7. Air 8. Com 9. Bat in your u <u>Fair</u>	craft Comma pany Comma talion Comma nits? <u>Good</u>	ander nder mander or h Very <u>Good</u>	igher
	 I have no l Squad Leade Platoon Ser Aircraft Cr 1st Sergean 	eadershi geant wew Chief nt spirit	p position or morale Not so	6. Pla 7. Air 8. Com 9. Bat in your u	craft Comm pany Comma talion Com nits?	ander nder mander or h Very	IJ
:at	 I have no l Squad Leade Platoon Ser Aircraft Cr 1st Sergean is the level of Your Squad or Aircraft Crew 	eadershi geant ew Chief t spirit <u>Poor</u>	p position or morale Not so <u>Good</u> 2	6. Pla 7. Air 8. Com 9. Bat in your u <u>Fair</u>	craft Comma pany Comma talion Comma nits? <u>Good</u>	ander nder mander or h Very <u>Good</u> 5	igher (13)
:at	 I have no l Squad Leade Platoon Ser Aircraft Cr 1st Sergean is the level of Your Squad or Aircraft 	eadershi geant ew Chief t spirit <u>Poor</u>	p position or morale Not so <u>Good</u>	6. Pla 7. Air 8. Com 9. Bat in your u <u>Fair</u>	craft Comma pany Comma talion Comma nits? <u>Good</u>	ander nder mander or h Very <u>Good</u>	igher
al 3)	 I have no l Squad Leade Platoon Ser Aircraft Cr 1st Sergean is the level of Your Squad or Aircraft Crew Your Platoon 	eadershi geant ew Chief t spirit <u>Poor</u> 1	p position or morale <u>Not so</u> <u>Good</u> 2 2	6. Pla 7. Air 8. Com 9. Bat in your u <u>Fair</u> 3	craft Comma pany Comma talion Com nits? <u>Good</u> 4 4	ander nder mander or h Very <u>Good</u> 5 5	igher (13)
:aL 3)	 I have no l Squad Leade Platoon Ser Aircraft Cr 1st Sergean is the level of Your Squad or Aircraft Crew 	eadershi geant ew Chief spirit <u>Poor</u> 1	p position or morale Not so <u>Good</u> 2	6. Pla 7. Air 8. Com 9. Bat in your u <u>Fair</u> 3	craft Comma pany Comma talion Comm nits? <u>Good</u> 4	ander nder mander or h Very <u>Good</u> 5	igher (13)

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		Poor	Not so <u>Good</u>	<u>Feir</u>	Good	Very <u>Good</u>	
7)	Your Brigade	1	2	3	4	5	(17)
8)	The Division	1	2	3	4	5	(18)
โกพ พ	ould you descr	ibe your	units' rea	diness fo	or combat?	· .	
9)	Your Squad or Air Craft Crew	1	2	3	4	5	(19)
~))	Your Platoon	1	2	3	4	5	(20)
(11)	Your Company	1	2	3	4	5	(21)
(† 2)	Your Battalio	n 1	2	3	4	5	(22)
' , '';)	Your Brigade	1	2	3	4	5	(23)
э×)	The Division	1	2	3	4	5	(24)
	ould you descr	ibe the	condition o	f your u	nits' weapon	n s?	
)	Your Squad's or Aircraft's	1	2	3	4	5	(25)
)	Your Platoon'	s 1	2	3	4	5	(26)
\mathcal{O}	Your Company'	s 1	2	3	4	5	(27)
3)	Your Battalion	' s 1	2	3	4	5	(28)
.)	Your Brigade'	s 1	2	3	4	5	(29)
(c)	The Division'	s 1	2	3	4	5	(30)

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	Poor	Not so <u>Good</u>	<u>Fair</u>	Good	Very <u>Good</u>	
) How would yo describe your ends readiness and when it is	to fight,	2	3	4	5	(31)
your unit would fidence or fait	ever have h in:	to fight,	how wou	ld you desc	rib e your	
) Squad Leader or Aircraft Crew Leader	1	2	3	4	5	(32)
) Platoon Lead	er l	2	3	4	5	(33)
) Company CO	1	2	3	4	5	(34)
Battalion CO	1	2	3	4	5	(35)
Brigade CO	1	2	3	4	5	(36)
> Division CO	1	2	3	4	5	(37)
How well do this field exe	you know y rcise?	our squad'	s or air	craft's mis	sion	(38)
l. Know it v 2. Know it w 3. Know it s	ell		4. Kn 5. Do	ow it only . n't know it	a little at all	
How much of aring you for	your units this exerc	' training ise?	, has bee	n useful in		(39)
l. Nearly al 2. Most of i 3. Some of i	t			ry little o ne of it	f ít	
	<u>Poor</u>	Not so <u>Good</u>	<u>Fair</u>	<u>Good</u>	Very <u>Good</u>	
How would yo your skills a ldier?		2	3	4	5	(40)
How would yo your squad's raft crew's to or closeness	or gether-	2	3	4	5	(41)
AF ATAGUEDO			67			

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T CAV SURVEY

for would you describe the relationships between the officers and the in your unit?

	Poor	Not so <u>Good</u>	Fair	Good	Very Good		
		0000			0000		
2) Your Platoon or Aircraft Crew	1	2	3	4	5	(42)	
(3) Your Company	1	2	3	4	5	(43)	
4) Your Battalio	n l	2	3	4	5	(44)	
(65) Your Brigade	1	2	3	4	5	(45)	
(6) The Division	1	2	3	4	5	(46)	
7) How often do and when your un				appen to y	ou,	[] (47)	
l. Always 2. Often 3. Occasional	ly		4. Har 5. Nev	dly Ever Ver			
48) How often do galk to each other				aircraft	CTEW	(48)	
l. Always 2. Often 3. Occasional	ly		4. Han 5. Nev	dly Ever Ver			
(49) How important	are you t	o the suc	cess of t	the lst CAV	Division?	[] (49)	
1. Not Import 2. Slightly I 3. Somewhat I	nportant			oortant y Importan	ıt		
50) How good is y	our own sp	irit or m	orale rig	ht now?		[] (50)	
1. Poor 2. Not so Goo 3. Fair	đ		4. Goo 5. Ver	d y Good			

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	Strongly Disagree		<u>Undecided</u>	Somewhat _Agree	Strongly Agree	
51) My individual raining has prepare ne for this exercise	ed	2	3	4	5	(51)
52) My squad's or ircraft's training prepared us to work ogether in this exe	has	2	3	4	5	(52)
53) I am confiden hat the enlisted eople (E1-E4) who ork with me in thi xercise will do the	will s	2	3	4	5	(53)
54) I am confiden hat the NCO's (E5 bove) who will wor e in this exercise o their duties.	and k with	2	3	4	5	(54)
55) I am confiden hat the officers w ill work with me i xercise will do th	ho n this	2 s.	3	4	5	(55)
56) In this field xercise or in comb can completely tr nd depent upon the nd officers I work	at, ust soldiers	2	3	4	5	(56)
57) When I am in he field, my leade ell me what is goi nd what to expect.	ng on	2	3	4	5	(57)

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PLEASE PRINT YOUR ANSWERS TO EACH OF THE FOLLOWING QUESTIONS:

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What is your Social Security Number?	(58)
How old are you?	(59)
What is your Squad or Aircraft?	(60)
What is your Platoon?	(61)
What is your Company?	(62)
What is your Battalion?	(63)
What is your Brigade?	(64)

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1st Cav Survey

55555 (2255)

Items in 1st Cav clusters

cluster number	items in 1st Cav survey	content of cluster
1	25 26 27 28 29 30	weapons
2	34 35 42 43 44 45 46	faith and relations
3	13 14 19 20 21 22 31 32 33 40 41 52	morale and readiness
4	23 24 32 33 34 35 36 37	faith and readiness
5	13 14 15 16 17 18 43 50	morale
6	41 51 52 53 54 55 56 57	confidence,
7	16 17 18 19 20 21 22 23 24 49	preparedness morale and readiness
8	31 R38 R39 40 49 50 51 52	personal preparedness

Note: Two items are reverse scored in cluster 8: items 38 and 39.

- Army Library, ATTN: ANR-AL-RS (Army Studies), Rm 1A518, The Pentagon, Washington, D.C. 20310 (1)
- Cdr, Defense Technical Information Center, ATTN: DDA, Cameron Station, Alexandria, VA 22314 (2)
- Commandant, Academy of Health Sciences, Bldg. 2840, Fort Sam Houston, TX 78234 (1)

Defense Logistics Studies Information Exchange, USA Logistic Management Center, ATTN: Mrs. Alter, Fort Lee, VA 23801 (1)

Dir, Joint Medical Library, Offices of the Surgeons General, USA/USAF, RM 1B-473, Washington, D.C. 20310 (1)

Headquarters, Department of the Army, ATTN: DASG-HCD-S, Washington, D.C. 20310 (1)

Medical Library, Brooke Army Medical Center, Reid Hall, Bldg. 1001, Fort Sam Houston, TX 78234 (1)

Stimson Library, Academy of Health Sciences, Bldg. 2840, Fort Sam Houston, TX 78234 (1)

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