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NAVY WIVES' VIEWS ON THE REENLISTMENT DECISION: REASONS FOR AND REASONS AGAINST

Barbara L. Weinstein and Lee Roy Beach

University of Washington

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(Lee Roy Beach and Jay J. J. Christensen-Szalanski, Investigators)

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Navy Wives' Views on the Reenlistment Decision: Reasons For and Reasons Against

> Barbara L. Weinstein and Lee Roy Beach University of Washington

This study is part of a project aimed at producing an automated system for helping Naval enlisted personnel carefully consider their decision about whether to reenlist. As part of this project, conversations were held with each of 99 Naval enlisted persons to discover the reasons that weighed for and the reasons that weighed against reenlistment. In the course of these conversations it became clear that the opinions of spouses (usually wives because 90% of the participants were male and 50% were currently married), were extremely important in the decisions. Often, however, it appeared that the participants were less able to articulate their spouses' concerns than they were their own, even though they said that their spouses' concerns were exerting an influence upon the decision. In light of this, it seemed prudent to see if the spouses' concerns were similar to those of the participants; if they were not, it would be necessary to design the decision aiding system to take the dissimilarities into account and to provide a way to give spouses' concerns appropriate influence in the decision process.

As a result, it was decided to conduct the present, rather informal study. The format involved group discussions rather than individual interviews because it proved difficult to obtain access to individual spouses. This, together with the fact that the present participants were self selected and were involved in ongoing organized wives' groups, means that what follows is not truly representative of what a broader sample of Navy wives might yield. However, in view of the difficulties involved in getting participants, it probably is the best that can be done under the circumstances.

Method

Cooperation of two groups of wives was obtained through the Family Service Center at a large Naval installation in the Puget Sound area of Washington State. (We appreciate the cooperation of the Center and of the Command of the installation.) The groups were asked by a Center coordinator if they would be willing to talk with a researcher from the University of Washington about their views on Navy life as it pertained to reenlistment. Although the discussions were to be tape recorded, anonymity was promised and only first names were used; those who did not wish to participate simply did not attend the session. The Center coordinator was not present during the hour-long sessions and the tapes were erased immediately after this report was written.

There were 16 participants in all. The first group consisted of 9 wives; all but one had been married to their present husbands for several years and had spent all of their married lives as Navy wives. The one exception was a newly married woman who already had become an accepted part of the group. The second group consisted of 7 wives; again, all but one had been married to their present husbands for

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several years and had been Navy wives for that time. The one exception was engaged to a Naval enlisted man and was accepted as part of the group. Because there were no particular differences between the groups in terms of what was discussed, they will be treated as one group.

The discussion was relatively unstructured to encourage spontaneity. However, to insure that the same set of topics was touched upon by both groups, the researcher consulted the following list and steered the discussion in the necessary directions to cover the topics on the list. Aside from this, the style was informal, friendly, open-ended, and pretty much restricted to issues concerning reenlistment.

The list of topics was:

1 N N

1. Good things about Navy life.

2. Bad things about Navy life.

3. Effects of separation (cruises, etc.).

4. Effects of moving (relocation).

5. Finances.

6. Other resources (commissary, medical/dental, etc.).

7. Reenlistment decision preference.

Results

The following summarizes the major concerns and comments expressed by the 16 women who took part in the informal discussion sessions.

Good things about Navy life. The best things about Navy life

were job security and assurance of a paycheck every two weeks. The wives also liked the travel opportunities afforded by the Navy and they appreciated the medical, dental, and other benefits. They liked the relaxed atmosphere of work when their spouses were stationed on shore, saying that their husbands often could get time off when needed, as compensation for long hours on duty, something that usually was not possible in civilian life. They liked the idea of early retirement and the possibility of their spouses having a second career upon retirement from the Navy. They liked the opportunity to meet different kinds of people in the Navy and in their travels, and felt that Navy friends were "their family." They also liked the possibilities for continued education and training for their spouses as well as the opportunities for advancement with corresponding increases in pay.

Bad things about Navy life. The worst thing about Navy life was separation because of sea duty; spouses often were absent at holidays and on other special occasions. However, short separations had their compensations in the form of increased appreciation of their husbands and "honeymoon reunions." As might be expected, long separations were difficult. Often they resulted in financial problems and the wife having to assume the role as the head of the family, which led to difficulties both for the children and for the parents. (One wife said that it took about six weeks to adjust to the role change.) All felt that Navy wives lead especially stressful lives, and in order to survive, they had to learn to accommodate to various circumstances as they arcse.

Effects of separation. Wives said that how they react to

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separation can make or break a marriage. Navy life made them stronger because they had to learn to be independent when their husbands were away. At the same time, many thought that wives often feel isolated when their husbands are away because they do not understand what their husbands are doing and why it is important. Not Knowing why the separation is necessary makes it harder to accept, especially for the less educated wives who often do not understand the bigger picture of the Navy's mission. One wife described the emotional stages wives go through when their husbands leave for sea duty: First was loneliness, then resentment, then a feeling of rejection and anger toward the husband and the cruise, and finally acceptance and adjustment. All wives agreed that the first cruise is particularly difficult for young wives with young children and that the resulting depression was a normal reaction.

<u>Effects of moving.</u> Some wives said that they liked moving--they got used to it and became restless if they stayed more than three years in one place. Others were less enthused. These wives disliked the packing and unpacking, the necessity of having to clean up the old house and then clean up a new one, the loss of deposit money if the old house was not clean enough or if things were broken, etc. A major concern was the cost of moving. Even though the Navy seems to think that the move is covered financially, everyone agreed that there are substantial out-of-pocket expenses that take time to recover from after the move.

Moves were seen as especially hard on the children, although it was felt that, on the whole, Navy children are better adjusted than most children. Because each school's standards are different, in one

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school a child might be at the top of his or her class and in the next he or she might have to struggle to keep up. One participant said that the first two years in a new location were particularly difficult for her - it took her family three years to really feel comfortable and then it was almost time to move again.

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The participants also spoke of discrimination on the part of civilians resulting from frequent moves. Examples were employers refusing to hire Navy wives because they would soon move again and merchants refusing to cash checks or extend credit lest the Navy family be in the process of moving. Moving also brought up the issue of shortages in and inadequacies of base housing. However, most wives prefer base housing because it is affordable, it is easier to make friends among the other Navy wives, and, of course, there is no discrimination because of their connection with the Navy.

<u>Finances.</u> The wives were concerned about poor pay, while acknowledging that medical and commissary benefits helped stretch their income. Young families in particular never experience the sense of freedom that an adequate income can provide. However, money is a problem for all families (most live from one paycheck to another) and they learn to budget, look for low cost entertainment, and generally learn to make do. Many were concerned about their inability to save for their children's educations. Resentment was expressed about reenlistment bonuses; it was felt that all the men worked hard and deserved the bonuses that were available to the few that the Navy especially wanted to retain.

<u>Other resources.</u> The wives said that the Family Service Centers should be used more by families. They wanted mandatory classes about

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available resources, including Navy Relief, base facilities, community resources, and low cost or free entertainment in the area. Food stamp information for lower ranks also would be helpful. Classes held about one month prior to the husband leaving on a cruise (particularly a first cruise) also would be helpful in assisting wives in completing the necessary paperwork, budgeting, etc. There was little specific discussion of other resources (the commissary, medical care, etc.) because they were mentioned in the context of other topics. Most wives generally seemed to be satisfied with such resources (although the enlisted personnel in our earlier research often complained that such resources did not provide the great financial advantages they were generally assumed to provide).

Reenlistment decision preference. The wives were asked whether they would choose for their husbands to remain in the Navy. Of the 16 participants, 12 responded yes, 3 responded no, and 1 didn't respond because she and her husband were too new to the Navy for her to have formed an opinion. As was mentioned at the beginning of this report, this sample is not representative of Navy wives in general. Nonetheless, it is interesting that in spite of all of the negative aspects of Navy life that these women brought up, 12/15 = 80% were in favor of reenlistment. (Because of anonymity we could not compare the wives' preferences with their husbands' preferences.)

Conclusion

The issues raised by these wives are similar in most respects, although different in emphasis, to those raised by the 99 Naval

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enlisted personnel who took part in our earlier research. The major difference is that the enlisted personnel focused much more closely upon the concrete aspects of their jobs and how they felt about them, although the effects of their Naval careers upon their families were not overlooked. The reasons for and against reenlistment that were obtained from Navy wives in the present study will be used in conjunction with those obtained in the earlier study in designing a scheme for helping enlisted personnel thoroughly consider their reenlistment decisions.

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Footnote

The authors wish to express their gratitude to the wives who participated in this study and to the Family Service Center staff who helped make the study possible. Manpower R&D Program - List A

(One copy to each addressee except as otherwise noted)

Director Technology Programs Office of Naval Research (Code 200) Arlington, VA 22217

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Commanding Officer Naval Research Laboratory Code 2627 Washington, DC 20375

Psychologist Office of Naval Research Detachment 1030 East Green Street Pasadena, CA 91106

Special Assistant for Projects Office of the Assistant Secretary of the Navy (Manpower & Reserve Affairs) 50800, The Pentagon Washington, DC 20350

Assistant for Long Range Requirements CNO Executive Panel (Op-OOK) 2000 North Beauregard Street Alexandria, VA 22311

Head, Manpower, Personnel, Training and Reserve Team
Office of the CNO (Op-914D)
4A578, The Pentagon
Washington, DC 20350

Asst. for Personnel Logistics Planning Office of the CNO (Op-987H) 5D772, The Pentagon Washington, DC 20350

Assistant for Planning and MANTRAPERS Office of the DCNO(MPT) (Op-0186) Department of the Navy Washington, DC 20370

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Manpower R&D Program.

Head, Workforce Information Section Office of the DCNO(MPT) (Op-140F) Department of the Navy Washington, DC 20370

Head, Family Support Program Branch Office of the DCNO(MPT) (Op-156) 1300 Wilson Boulevard, Room 828 Arlington, VA 22209

Headquarters U.S. Marine Corps Code MPI-20 Washington, DC 20380

Program Manager for Manpower, Personnel, and Training Maval Material Command/Office of Naval Technology (Code 0722) Arlington, VA 22217

Director, Decision Support Systems Div. Naval Military Personnel Command (N-164) Department of the Navy Washington, DC 20370 iecnnical Director
NPRDC (Code 01)
San Diego, CA 92152

Deputy Technical Director NPRDC (Code 01A) San Diego, CA 92152

Fleet Support Office NPRDC (Code 301) San Diego, CA 92152

Asst. for Evaluation, Analysis, & MIS Naval Military Personnel Command (N-6C) Department of the Navy Washington, DC 20370

Director, Overseas Duty Support Program Naval Military Personnel Command (N-62) Department of the Navy Washington, DC 20370 Director, Manpower and Personnel Laboratory NPRDC (Code 06) San Diego, CA 92152

Navy Recruiting Command (Code 22) 4015 Wilson Boulevard Arlington, VA 22203

Director, Research & Analysis Division

Naval School of Health Sciences National Naval Medical Center (Bldg. 141) Washington, DC 20814 Attn: CDR Karen Reider

Manpower R&D Program

Director, Human Factors and Organizational Systems Laboratory NPRDC (Code C7) San Diego, CA 92152

Department of Administrative Sciences Naval Postgraduate School (Code 54Ea) Monterey, CA 93940

Department of Operations Research Naval Postgraduate School (Code 55mt) Monterey, CA 93940

Manpower Research & Advisory Services Smithsonian Institution 801 North Pitt Street Alexandria, VA 22314

Military Assistant for Training and Personnel Technology Office of the Under Secretary of Defense for Research and Engineering 3D129, The Pentagon Washington, DC 20301

Personnel Analysis Division AF/MPXA 50360, The Pentagon Washington, DC 20330

- 3-

Technical Director U.S. Army Research Institute for the Behavioral and Social Sciences 5001 Eisenhower Avenue Alexandria, VA 22333

Director, Manpower Support and Readiness Program Center for Naval Analyses 2000 North Beauregard Street Alexandria, VA 22311

Scientific Advisor to the DCNO(MPT) Manpower Support and Readiness Program Center for Naval Analyses 2000 North Beauregard Street Alexandria, VA 22311

Dr. Irwin G. Sarason Department of Psychology (NI-25) University of Washington Seattle, WA 98195

Dr. Michael Borus
Center for Human Resource Research
The Ohio State University
5701 North High Street
Columbus, OH 43085

Dr. Richard C. Morey Graduate School of Business Admin. Duke University Durham, NC 27706

Dr. Eric Flamholtz Graduate School of Management UCLA Los Angeles, CA 90024

Dr. David G. Bowers Institute for Social Research The University of Michigan P.O. Box 1248 Ann Arbor, MI 48106

Dr. David Kieras Department of Psychology University of Arizona Tucson, AZ 85721

List A

Manpower R&D Program

Dr. R. Darrell Bock National Opinion Research Center University of Chicago 6030 South Ellis Avenue Chicago, IL 60637

Center for Research College of Business Administration, BABII The Pennsylvania State University University Park, PA 16802

Dr. Brian K. Waters Human Resources Research Organization 1100 South Washington Street Alexandria, VA 22314

Dr. Lee Roy Beach Department of Psychology (NI-25) University of Washington Seattle, WA 98195

Dr. Cynthia D. Fisher Texas A&M Research Foundation Texas A&M University College Park, TX 77843

Dr. Barbara Means Human Resources Research Organization 1100 South Washington Street Alexandria, VA 22314

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