



National Institute
for Psychosocial
Factors and Health



World Health Organization
Collaborative Research and
Training Centre on Psycho-
social Factors and Health



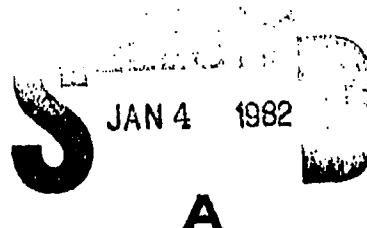
Laboratory for Clinical
Stress Research

LIST OF PUBLICATIONS

1980-1981

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1 December 1981

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Addressees are requested to reply no later than 1 February 1982. Failure to do so will automatically remove your name from our mailing list. Your cooperation is appreciated. Please reply to:

Lennart Levi, M.D.
Professor and Chairman
Laboratory for Clinical Stress Research
Box 60205
S-104 01 STOCKHOLM
Sweden

.....
Signature



LABORATORY FOR CLINICAL STRESS RESEARCH

KAROLINSKA INSTITUTET
Box 60205
S-104 01 STOCKHOLM 60, SWEDEN

Date December 14, 1981



Your reference

Your date

Our reference
LL/gn:esOur previous date
December 8, 1980

Dear Colleague:

As in previous years, our annual circular letter is to inform you about our ongoing and future activities in the area of psychosocial factors and health. This is in accordance with one of the tasks given to us in the World Health Organization's letter of designation.

1. The Laboratory, the WHO Centre and the National Institute

The Laboratory for Clinical Stress Research of the Karolinska Institutet, Stockholm, was founded in 1959 and designated the WHO Psychosocial Centre in December 1973.

Last year, in recognition of the importance of the problem area, the Government and Parliament of Sweden have also created a new National Institute for Psychosocial Factors and Health (Statens institut för psykosocial miljömedicin).

It is envisaged that this new Institute will concentrate on practical problems of Sweden, the WHO Centre on practical problems in developing countries, and the Laboratory on fundamental problems, and that these three approaches will be complementary and closely integrated.

2. Objectives

We have prepared a medium-term programme for combined laboratory and field studies of the psychosocial environment-stress-health system. The objective is to establish

- which psychosocial stimuli are pathogenic, under what circumstances ("high risk situations"), and to whom ("high risk groups");
- which physiological and other mechanisms ("high risk reactions") promote disease, ensuing from psychosocial stimuli;

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Affiliated to	Office address	Telephones (Stockholm)	Telegrams	National Giro account
Karolinska Institutet Stockholm	(Mail address — see above) Tomtebodavägen 7 B, Solna	33 75 75 (Director) 33 64 58 33 59 72 33 22 83	stresslab stockholm	50 26 99-2

- what socioenvironmental modifications will increase health and wellbeing, and which should be avoided, and by whom (evaluation of health action).

3. Current research activities

Our joint research projects concern the psychosocial environment, stress and health of

- preschool and school children (evaluation of environmental improvements, with follow-ups three and six years later);
- elementary-school teachers (cross-sectional epidemiological study in four countries, complemented by longitudinal, intensive studies);
- metropolitan police officers (cross-sectional epidemiological studies followed by interdisciplinary evaluation of shift system improvements);
- engine-drivers working in shifts (neuroendocrine and EEG studies of understimulation, fatigue, performance, stress, and sleep patterns); and
- pensioners (interdisciplinary evaluation of interventions aimed at reducing isolation and inactivity);

with the aim to identify, and wherever possible to modify, high-risk situations, high-risk groups and high-risk reactions, and to evaluate these modifications.

Additional studies concern

- evaluation of psychosocial complements to medical care for patients with myocardial infarction;
- psychophysiological characteristics and occupational exposures of subjects developing high blood pressure;
- myocardial infarction risk in relation to psychosocial and physical work stress;
- psychosocial and physical risk factors in cardiac arrhythmias and sudden cardiac death;
- methods for measuring wellbeing/quality of life in various populations.

4. Collaboration with WHO and other organizations and institutions

The Centre has assisted the World Health Organization in the presentation and formulation of its program on psychosocial factors and health to its Executive Board, Advisory Committee on Medical Research and World Health Assembly.

Within the framework of its programme on "psychosocial factors and health", the World Health Organization headquarters in Geneva has requested (a) a position paper on life style modification strategies in multiple risk factors interventions; (b) a review on the concept of quality of life and its assessment, and (c) a review of recognition and control of adverse psychosocial factors in working life. Such documents have been or are being prepared.

The Regional Office for the Western Pacific of the World Health Organization has requested a review of "the influence of rapid urbanization on family function and child mental health", as a basis for a collaborative project in the People's Republic of China, Singapore and possibly other countries. Such a review has been prepared, in collaboration with Professor Wen Shing Tseng, Honolulu, and the national staff in China and Singapore.

The Laboratory has further taken part in a Steering Committee to study "Research on Stress in Health and Disease", at the request of the US National Academy of Sciences, Institute of Medicine. A chapter has been prepared on "Work Stress Related to Social Structures and Processes", in collaboration with Drs. Marianne Franken-haeuser and Bertil Gardell.

We are further collaborating with the Institute of Gerontology of the Academy of Medical Sciences of the USSR to conduct complementary research on social activity and health of the aged living in and outside old people's homes. The project focuses on evaluation of interventions aiming at improvement of the situation.

5. Papers and publications from 1980 and 1981

./. Enclosed please find a list of recent reports and reprints from our Laboratory/Centre and Institute. Please feel free to order from the list our reports and - if you can't obtain them in any other way - reprints and items, other than books. You may wish to know about two books that have been published quite recently and can be obtained through libraries and bookstores:

Levi, L. (ed.): Society, Stress and Disease: Volume 4: Working Life. Oxford, New York, Toronto: Oxford University Press, 1981. 379 pp. ISBN 0-19-264421-1. (This is the fourth volume in a series of five on various aspects of the interaction between man and his psychosocial environment.)

Levi, L.: Preventing Work Stress. Reading: Addison-Wesley Publishing Company. 1981. 151 pp. ISBN 0-201-04317-3.

6. Feed-back

We would like to take this opportunity to review our mailing list so, please, complete the enclosed short questionnaire as soon as possible and return it to me.

Please note that if your questionnaire is not returned within six weeks, your name will automatically be deleted from our mailing list.

Needless to say, we would very much appreciate obtaining your own reports and reprints within the general area of psychosocial factors and health and a continued contact with you in the New Year.

With best wishes.

Sincerely yours,

Lennart Levi, M.D.
Professor and Chairman

Director, National Institute of Psychosocial Factors and Health

PREFACE

This list of Publications is a supplement to a cumulative list dating from 1958. It covers 1980-1981 publications from The National Institute for Psychosocial Factors and Health and The Laboratory for Clinical Stress Research/WHO Research and Training Centre on Psychosocial Factors and Health.

How to use this list

The list is arranged alphabetically by author. All items have an accession number which is to be found in the left margin.

Due to shortage of funds we regret that we are not able to meet routine requests for journal articles or monographs. These should be obtained through libraries and bookstores. If, however, there is genuine difficulty in doing this, we will be able to help you with reprints of journal articles.

Items from the joint Report series of the Laboratory for Clinical Stress Research and the National Institute for Psychosocial Factors and Health can be obtained free of charge from our Documentation Department if there is no mention of a price. When ordering items from the List of Publications, please quote the accession number in the left margin. Requests should be sent to

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- 419 ADAMSSON U, ENEROTH P
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CONTEXT OF THE BREAST CANCER STUDY
REPORT NO. 129 FROM THE LABORATORY FOR CLINICAL STRESS RESEARCH,
STOCKHOLM 1980, 22PP
BREAST CANCER, HORMONES, CORTICOSTEROIDS
- 471 AHLBOM A, KARASEK R, THEORELL T
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LÄKARTIDNINGEN. 1980, 77, 46, 4243-4245
OCCUPATIONAL STRESSORS, CARDIOVASCULAR DISEASES, AUTONOMY,
BLOOD PRESSURE
- 434 AHNVE S, FRÖBERG J, HALBERG F, THEORELL T, AKERSTEDT T
CIRCADIAN VARIATIONS IN CARDIOVASCULAR PARAMETERS DURING SLEEP
DEPRIVATION. A NONINVASIVE STUDY OF YOUNG HEALTHY MEN.
EUR. J. APPL. PHYSIOL. 1981, 46, 1, 9-19
SLEEP DEPRIVATION, SLEEP, CIRCADIAN RHYTHM,
BLOOD PRESSURE, HEART RATE, ELECTROENCEPHALOGRAPHY,
BALLISTOCARDIOGRAPHY, EPINEPHRINE, NOREPINEPHRINE
- 412 ALABY G, LEVI L
VAR LIVSKVALITET.
SKANDIAS SERIE VAR HÄLSA STOCKHOLM 1980, 35 S
BESTÄLLS FRÅN SKANDIA, FÖRLAGSAVD. 103 50 STOCKHOLM
QUALITY OF LIFE
- 512 ALFREDSSON L, HANSAGI H, LINDBERG NAVIER I, THEORELL T, VÄGERÖ D
UNGDOM OCH ARBETSLÖSHET - ETT EXPERIMENT I SOCIALMEDICINSK
UNDERVISNING.
LÄKARTIDNINGEN 1981, 78, 4, 214
UNEMPLOYMENT
- 421 ANDER S, EDGREN B
ARBETSFRÄNVARO PROJEKT: FÖRKLARINGSMODELLER. DELRAPPORT F1.
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INFORMATION FRÅN PTI NR 112, 1980.
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ABSENTEEISM, COPING, FEMALE,
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- 404 ANDER S, EDGREN B
ARBETSFÄRÄNVARO. SLUTRAPPORT ÖVER STUDIER SÄRSKILT INRIKTADE PÅ
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FAKTORENS I OCH UTANFÖR ARBETET OCH INDIKATORER PÅ HÄLSA. EN
TEORETISK MODELL BASERAD PÅ RESULTATEN.
RAPPORT NR. 122 FRÅN LABORATORIET FÖR KLINISK STRESSFORSKNING,
STOCKHOLM 1980, 51S
ABSENTEEISM, WORKING CONDITIONS, FEMALE,
OCCUPATIONAL HEALTH, MODEL
- 452 ANDERSSON L, WALCK C
SOME FACTORS RELATING TO SOCIABILITY - A STRUCTURAL EQUATION
MODEL APPROACH.
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2. THEMATIC SESSIONS PP 358
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MODEL
- 451 ANDERSSON L
WORKING LIFE AND RETIREMENT: DESCRIPTION OF A PROJECT AND SOME
RESULTS CONCERNING LEISURE.
REPORT NO. 147 FROM THE LABORATORY FOR CLINICAL STRESS RESEARCH,
STOCKHOLM 1981, 17 S
LEISURE TIME, RETIREMENT, OCCUPATIONAL STRESSORS,
WORKING CONDITIONS
- 438 ARNETZ B, HJEMDAHL P, LEVI L, STJÄRNE L
EMOTIONAL STRESS INCREASES PLASMA ADRENALINE AND CYCLIC AMP IN
UNRESTRAINED RATS.
ACTA. PHYSIOL. SCAND. SUPPL. 1980, 477, 2, D59
AVOIDANCE CONDITIONING, RATS, CYCLIC AMP,
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SHUTTLE BOXES, AUDITORY STIMULATION
- 437 ARNETZ B, HJEMDAHL P, LEVI L, STJÄRNE L
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IN UNRESTRAINED RATS.
IN: PROCEEDINGS OF THE XI INTERNATIONAL CONGRESS OF THE
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AVOIDANCE CONDITIONING, RATS, CYCLIC AMP,
EPINEPHRINE, NOREPINEPHRINE, ELECTRICAL STIMULATION,
SHUTTLE BOXES, AUDITORY STIMULATION
- 511 ARNETZ B, KALLNER A, THEORELL T
HEMOGLOBIN A1C (HBA1C) SOM MÄTT PÅ BLODSOCKERNIVAN HOS ÄLDRE
UNDER EN LÄNGRE TIDSPERIOD.
I: XXXVIII LÄKARESÄLLSKAPETS RIKSSTÄMMA ANORDNAD AV SVENSKA
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DEFENSE MECHANISMS, MYOCARDIAL INFARCTION, DEPRESSION,
ANXIETY, SEX DIFFERENCES
- 465 BILLING E, LINDELL B, SEDERHOLM M, THEORELL T
FÖRNEKANDE OCH ANDRA PSYKOLOGISKA REAKTIONER PÅ HJÄRTINFARKT.
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ANXIETY, SEX DIFFERENCES
- 462 BRENNER S-O, WALLIUS E
ARBETE, HÄLSA OCH VÄLBEFINNANDE FÖR LÄRARE OCH SKOLLEDARE INOM
GRUNDSKOLAN SAMT FÖR LÄRARE INOM BARNOMSORGEN. XI: EN
INTENSIVSTUDIE AV LÄRARES PSYKOSOCIALA ARBETSMILJÖ INOM TVA
REKTORSOMRÅDEN I EN KOMMUN: 1. EN ENKÄTSTUDIE
RAPPORT NR. 138 FRÅN LABORATORIET FÖR KLINISK STRESSFORSKNING,
STOCKHOLM 1981
ELEMENTARY SCHOOL TEACHERS, OCCUPATIONAL STRESSORS, SURVEYS,
SOCIOECONOMIC STATUS, SELF RATINGS
- 463 BRENNER S-O
ARBETE, HÄLSA OCH VÄLBEFINNANDE FÖR LÄRARE OCH SKOLLEDARE INOM
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INTERVJUER.
RAPPORT NR. 139 FRÅN LABORATORIET FÖR KLINISK STRESSFORSKNING,
STOCKHOLM 1981
ELEMENTARY SCHOOL TEACHERS, OCCUPATIONAL STRESSORS, INTERVIEWS,
PSYCHOSOMATIC SYMPTOMS
- 460 BRENNER S-O, WALLIUS E
WORK, HEALTH AND WELL-BEING FOR TEACHERS IN SWEDISH COMPREHENSIVE
SCHOOLS X : TEACHER STRESS: A CRITICAL REVIEW OF TEACHERS WORK,
HEALTH AND WELL-BEING.
REPORT NO. 137 FROM THE LABORATORY FOR CLINICAL STRESS RESEARCH,
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ELEMENTARY SCHOOL TEACHERS, PRESCHOOL TEACHERS, SCHOOL PRINCIPALS,
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REVIEW, OCCUPATIONAL MENTAL HEALTH, PSYCHOSOMATIC SYMPTOMS
- 393 BRENNER S-O, TELLENBACK S, WALCK C
WORK, HEALTH AND WELL-BEING FOR TEACHERS IN SWEDISH COMPREHENSIVE
SCHOOLS. VI: STRUCTURAL MODELS OF TEACHER STRESS IN SWEDISH
COMPREHENSIVE SCHOOLS.
REPORT NO. 111 FROM THE LABORATORY FOR CLINICAL STRESS RESEARCH,
STOCKHOLM. 1981, 21S
MODEL, ELEMENTARY SCHOOL TEACHERS, OCCUPATIONAL STRESSORS,
PSYCHOSOMATIC SYMPTOMS, STATISTICAL ANALYSIS

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- 473 BRITTON M, ORTH-GOMER K, REHNQVIST N
PATIENT BENEFITS FROM MEDICAL MEASURES: RESULTS IN AN OUTPATIENT CLINIC FOR INTERNAL MEDICINE.
SOC. SCI. MED. 1980, 14A, 6, 481-484
QUALITY OF HEALTH CARE
- 508 CEDERBLAD M, HÖÖK B
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- 403 CEDERBLAD M, HÖÖK B
DAGHEMSVÅRD FÖR TREARINGAR - EN TVÄRVETENSKAPLIG EXPERIMENTELL STUDIE. 10. SAMMANFATTNING.
RAPPORT NR. 121 FRÅN LABORATORIET FÖR KLINISK STRESSFORSKNING, STOCKHOLM 1980, 16S
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- 346 DE ALENCAR F, BORGSTRÖM M, QUINTANA L
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REPORT NO. 101 FROM THE LABORATORY FOR CLINICAL STRESS RESEARCH, STOCKHOLM 1981
SOCIAL PSYCHIATRY, MENTAL HEALTH, BIBLIOGRAPHY, LATIN AMERICA
- 504 DE FAIRE U, DAHLEN I, LILJEFORS T, LUNDMAN T, THEORELL T
PRE-BETA1-LIPOPROTEIN IN PATIENTS WITH ISCHEMIC HEART DISEASE. GENETIC DETERMINATION AND RELATION TO EARLY INSULIN RESPONSE.
ACTA. MED. SCAND. 1981, 209, 65-68
GENETICS, LIPOPROTEIN, TWINS, CARDIOVASCULAR DISEASES
- 307 EDGREN B, OLHAGEN G
STRESS I ARBETSLIVET. DELRAPPORT 3. ALDER OCH ARBETSTILLFREDSTÄLLELSE HOS EN GRUPP METALLARBETARE INOM VERKSTADSINDUSTRIN.
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AGE FACTORS, JOB SATISFACTION, BLUE COLLAR WORKERS, WORKING CONDITIONS, OCCUPATIONAL STRESSORS

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- 308 EDGREN B, OLHAGEN G
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RAPPORT NR. 85 FRÅN LABORATORIET FÖR KLINISK STRESSFORSKNING,
STOCKHOLM 1980, 48 S
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- 309 EDGREN B, OLHAGEN G
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AGE FACTORS, BLUE COLLAR WORKERS, PSYCHOSOMATIC SYMPTOMS,
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- 405 EDGREN B, LARSSON T
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RAPPORT NR. 123 FRÅN LABORATORIET FÖR KLINISK STRESSFORSKNING,
STOCKHOLM 1980, 52S
WHITE COLLAR WORKERS, ATTITUDES TO RETIREMENT, LIFE SATISFACTION,
HEALTH
- 495 EDGREN B, OLHAGEN G
THE ASSOCIATION BETWEEN INDICATORS OF PERCEIVED HEALTH FOR
WORKERS AND WORK OF DIFFERENT CHARACTER.
IN: LEVI, L. ED. SOCIETY, STRESS, AND DISEASE. VOLUME 4. WORKING
LIFE. OXFORD UNIVERSITY PRESS, OXFORD, NEW YORK, TORONTO 1981, PP
94-101
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BLUE COLLAR WORKERS, SKILFULNESS, PIECE WAGES
- 491 EINHORN J, LEVI L, WALLGREN A
PROTOCOL FOR EVALUATION AND COMPARISON OF PSYCHOSOCIAL SUPPORT AS
AN ADJUVANT TO STANDARD TREATMENT OF BREAST CANCER PATIENTS. A
PROSPECTIVE STUDY ON PHYSICAL, PSYCHOLOGICAL AND SOCIAL HEALTH
AND QUALITY OF LIFE.
REPORT NO. 97 FROM THE LABORATORY FOR CLINICAL STRESS RESEARCH,
STOCKHOLM 1981
BREAST CANCER, SOCIAL SUPPORT, QUALITY OF LIFE,
EVALUATION

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- 439 GILLBERG M, AKERSTEDT T
POSSIBLE MEASURES OF "SLEEPINESS" FOR THE EVALUATION OF DISTURBED AND DISPLACED SLEEP.
IN: REINBERG, A., VIEUX, N., AND ANDLAUER, P. EDS. NIGHT AND SHIFT WORK. BIOLOGICAL AND SOCIAL ASPECTS. PROCEEDINGS OF THE FIFTH INTERNATIONAL SYMPOSIUM ON NIGHT AND SHIFT WORK: SCIENTIFIC COMMITTEE ON SHIFT WORK OF THE PERMANENT COMMISSION AND INTERNATIONAL ASSOCIATION ON OCCUPATIONAL HEALTH (PCIAOH) ROUEN, 12-16 MAY 1980. PERGAMON PRESS, OXFORD ETC. 1981 PP 155-160
SLEEP DEPRIVATION, SLEEP, TRAIN DRIVERS, VIGILANCE, SLEEPINESS, SLEEP STAGES, EPINEPHRINE, ELECTROENCEPHALOGRAPHY, ELECTRO OCULOGRAPHY, BODY TEMPERATURE, PERFORMANCE, SELF RATINGS
- 337 KAGAN A, LEVI L, OLSSON A, SHALIT B
ASSESSMENT OF "WELLBEING" IN PEOPLE UNDE...GOING TREATMENT FOR SERIOUS CHRONIC DISEASE: 1. BREAST CANCER, POST MASTECTOMY. REPORT NO. 96 FROM THE LABORATORY FOR CLINICAL STRESS RESEARCH, STOCKHOLM 1980, 18PP
BREAST CANCER, MASTECTOMY, CHRONIC DISEASE, WELLBEING, QUALITY OF LIFE MEASUREMENT
- 424 KAGAN A, LEVI L, OLSSON A, SHALIT B
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REPORT NO. 131 FROM THE LABORATORY FOR CLINICAL STRESS RESEARCH, STOCKHOLM 1980, 5S
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- 414 KAGAN A, LEVI L, OLSSON A, SHALIT B
IDENTIFICATION OF "NEEDS" FOR PSYCHOSOCIAL SUPPORT IN POST MASTECTOMY (CARCINOMA OF BREAST) PATIENTS.
REPORT NO. 124 FROM THE LABORATORY FOR CLINICAL STRESS RESEARCH, STOCKHOLM 1980, 3S
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- 330 KAGAN A, GOODMAN A
INTERACTIONS BETWEEN PSYCHOSOCIAL FACTORS, BREAST CANCER AND ITS TREATMENT
REPORT NO. 95 FROM THE LABORATORY FOR CLINICAL STRESS RESEARCH, STOCKHOLM 1980, 35PP
BREAST CANCER, COPING, REVIEW
- 315 KAGAN A, LEVI L
PSYCHOSOCIAL FACTORS, STRESS AND DISEASE.
IN: PSYCHOSOMATIC, OBSTETRICS AND GYNECOLOGY. PROCEEDINGS OF THE FIFTH INTERNATIONAL CONGRESS OF PSYCHOSOMATIC, OBSTETRICS AND GYNECOLOGY. ACADEMIC PRESS INC., LONDON 1980, PP 7-11
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312 KAGAN A

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IN: TOBIAS, J. V., JANSEN, G. AND DIXON WARD, W EDS. NOISE AS A PUBLIC HEALTH PROBLEM. PROCEEDINGS OF THE THIRD INTERNATIONAL CONGRESS, FREIBURG , WEST GERMANY 25-29 SEPT. 1978. ASHA REPORT 10. THE AMERICAN SPEECH- LANGUAGE-HEARING ASSOCIATION, ROCKVILLE MARYLAND 1980, PP 237-240

NOISE, METHODOLOGY, PHYSICAL STRESSORS

338 KAGAN A

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TRAFFIC NOISE, HEALTH, MENTAL HEALTH,
REVIEW, NOISE, WELLBEING,
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498 KAGAN A

A COMMUNITY RESEARCH STRATEGY APPLICABLE TO PSYCHOSOCIAL FACTORS AND HEALTH.

IN: LEVI, L. ED. SOCIETY, STRESS, AND DISEASE. VOLUME 4. WORKING LIFE. OXFORD UNIVERSITY PRESS, OXFORD, NEW YORK, TORONTO 1981, PP 339-342

METHODOLOGY, RESEARCH PROPOSALS, PSYCHOSOMATIC RESEARCH

493 KAGAN A

A PRACTICAL MODEL OF THE PSYCHOSOCIAL-STRESS-HEALTH SYSTEM.

IN: LEVI, L. ED. SOCIETY, STRESS, AND DISEASE. VOLUME 4. WORKING LIFE. OXFORD UNIVERSITY PRESS, OXFORD, NEW YORK, TORONTO 1981, PP 8-11

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