

46 POPULATION DIFFERENCES AND CORRELATES OF POST-TREATMENT EFFECTIVENSS IN ALCOHOL REHABILITATION FACILITIES AD A 07 ul terin rept. 10 D./KOLB .! E. K. E./GUNDERSON tricia COBEN NOV 14 1979 WAVHLTHRSCHC REPORT NO. 78-48 pg96PN 10096PN\$\$ DDC FILE COPY This document has been approved for public release and sale; its distribution is unlimited. NAVAL HEALTH RESEARCH CENTER P. O. BOX 85122 SAN DIEGO, CALIFORNIA 92138 NAVAL MEDICAL RESEARCH AND DEVELOPMENT COMMAND

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Population Differences and Correlates of Post-Treatment

Effectiveness in Alcohol Rehabilitation Facilities

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and

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SUMMARY

<u>PROBLEM</u>: The U.S. Navy provides treatment for alcoholism in three types of facilities. Alcohol Rehabilitation Centers (ARC) and Alcohol Rehabilitation Services (ARS) provide approximately 6 weeks of residential treatment. Services, formerly called Units, are located in medical facilities. Alcohol Rehabilitation Drydocks (ARD) provide outpatient counseling services and, in some instances, short-term residential treatment. Upon completion of rehabilitation most participants return to normal duty assignments and complete their obligated tours of Navy service successfully. Failure to control alcohol abuse problems is costly to the individual and to the Navy because of the absenteeism, morbidity, reduced proficiency, and premature attrition that results. Residential treatment is expensive, however, and should only be offered when the liklihood of benefit is reasonably good. The social and psychological characteristics of participants may be important factors in determining appropriate program content and program effectiveness. An evaluation of population characteristics and differences in relation to post-treatment outcomes is a necessary first step toward meaningful comparisons of rehabilitation programs in terms of success or failure of treatment.

<u>OBJECTIVE</u>: A major purpose of this study is to compare characteristics of the populations treated at the three types of rehabilitation facilities, determine differences in post-treatment outcome, and relate population differences to differences in post-treatment outcome. A second objective was to examine the consistency of predictors of post-treatment outcome among types of facilities and among individual facilities. Consistency in predictive validities would tend to support the proposition that population characteristics generally are important in determining program effectiveness (success or failure rates) and that program differences are of less importance in determining rehabilitation results.

<u>APPROACH</u>: Participants were 4,908 Navy enlisted men admitted to Alcohol Rehabilitation Centers, Services, and Drydocks during the period from late 1974 through early 1977. The population was divided into a younger group (age 25 or younger) and an older group (age 26 or older). Data were extracted from the DARTS computerized system which includes extensive biographical and service history information as well as psychological testing (Comrey Personality Scales) gathered on all individuals admitted to alcohol rehabilitation facilities. Analyses were conducted for younger and older populations separately to determine differences among types of facilities on all biographical and service history characteristics. Post-treatment effectiveness also was determined for each subgroup. Effectiveness was defined as active duty status or receipt of a favorable discharge with no recommendation against reenlistment 180 days or more following completion of treatment. Regres-

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sion equations predicting post-treatment effectiveness were derived for younger and older groups separately treated at Centers, and these equations were used to predict post-treatment effectiveness at other types of facilities and at individual facilities of all types.

<u>RESULTS</u>: The overall effectiveness rate for younger men was 59%. Differences among the three types of facilities in outcome for younger men were significant with Centers having the lowest effectiveness rate (54%), Services somewhat higher (58%), and Drydocks the highest (63%). At the same time Center participants had the most severe disciplinary histories and Drydock participants the least severe. Within types of facilities, that is, among the four individual Centers, nine Services, and seven Drydocks studied, differences in post-treatment effectiveness were not significant for younger participants.

Effective outcome for younger men was best predicted by pay grade at the time of admission to rehabilitation. Other items that increased prediction were satisfaction with job specialty, negative history of family alcoholism, and fewer times "on report" or less time spent in the brig. The predictive equation developed on Centers participants only predicted effectiveness not only for all four Centers but for seven of the nine Services and seven individual Drydocks as well.

The overall effectiveness rate for older men was considerably higher (89%) than that for younger men. Effectiveness rates for the three types of facilities were 86% and 87% for Centers and Services, respectively, and 91% for Drydocks. Differences in outcome between Drydocks and the other two types of facilities were significant for older men. Again, disciplinary and alcohol abuse histories of men treated in Centers and Services were more severe than those of men treated in Drydocks. For older participants, differences in post-treatment effectiveness were not significant among the four individual Centers or the nine individual Services. Among the seven Drydocks, however, one had a significantly lower effectiveness rate than the others; this Drydock also reported a much higher incidence of drinking during rehabilitation than other Drydocks.

Pay grade at the time of admission to rehabilitation was the best predictor of post-treatment effectiveness for older men. Additional predictive items were: stating that the Navy was a career, low number of high school suspensions, and high coffee consumption. Prediction equation values correlated significantly with post-treatment effectiveness for the four Centers, eight of the nine individual services, and five of the seven Drydocks.

<u>CONCLUSIONS</u>: Differences in post-treatment outcome among the three types of facilities were related to characteristics of the participants at the time of admission. Post-treatment differences among individual facilities within type generally were not significant suggesting basic similarity in the effects of rehabilitation programs of the same type. Prediction equations for the two age groups were similar, and pay grade was the most important predictor of post-treatment outcome for both groups. Furthermore, for both younger and older populations, there was remarkable stability or generality of results when the prediction equations were applied to other types of rehabilitation facilities and to individual facilities.

The results overall lend support to the conclusion that rehabilitation programs within type of facility tend to be homogeneous in their effects.

RECOMMENDATIONS:

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1. Referral to specific type of facility was partially based upon severity of alcohol abuse problems in the present study, that is, more severe cases were referred to Centers and Services and less severe to Drydocks. Clearer diagnostic criteria should be developed to enhance differential referral based upon the severity of alcohol problems and to increase the homogeneity of participants within type of facility.

2. Evaluations of post-treatment effectiveness should be extended to include information on drinking behavior and associated problems after treatment.

3. Population characteristics of the various rehabilitation facilities should be continuously monitored to detect changes that might affect rehabilitation effectiveness.

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INTRODUCTION

Background

Previous studies have detailed the characteristics of Navy enlisted men admitted to alcohol rehabilitation facilities and have identified predictors of post-treatment outcome (1-3). In subsequent years overall rehabilitation services have been expanded both in the number of Alcohol Rehabilitation Services (formerly called Units) which are located in medical facilities, and the number of Alcohol Rehabilitation Drydocks. Drydocks offer outpatient counseling, but many also provide inpatient services for a 2-week period with outpatient follow-up.

The Navy's alcohol treatment programs rely heavily on the Alcoholics Anonymous (AA) approach. Attendance at AA meetings is mandatory and presentation of AA philosophy is incorporated in the day-to-day programs. Other therapeutic modalities include group therapy. Antabuse is administered regularly to program participants. Rehabilitation staffs may include civilian and military personnel, both recovered alcoholics and nonalcoholics. The Navy operates a counselor training program for its staff personnel so that a common understanding of individuals with alcohol problems and a common philosophy of treatment pervade all facilities.

Objective

The purposes of the present study are: (1) to examine population differences among the three types of rehabilitation facilities---Centers, Services, and Drydocks; (2) to determine differences in post-treatment outcome; (3) to relate population differences to differences in outcome, and (4) to identify correlates of post-treatment effectiveness at each type of facility.

METHOD

Sample

Participants were 4,908 active duty Navy enlisted men admitted to Alcohol Rehabilitation Centers, Services, and Drydocks during the period from late 1974 through early 1977. The population was divided into younger participants, age 25 and younger (45%), and older participants, age 26 and older (55%). This division essentially separated career-oriented sailors from others. The population of younger men was distributed among the three types of facilities as follows: Centers - 31%, Services - 27%, and Drydocks - 42%. For older men the distribution was: Centers -44%, Services - 26%, and Drydocks - 30%. Four Centers, nine Services, and seven Drydocks were included in the study.

Procedure

On admission to rehabilitation participants completed a battery of tests including a 112-item

biographical questionnaire. Items pertained to pre-service school and community adjustment; family history, including alcohol problems; service history; health history; alcohol use, and alcoholrelated problems. At the end of treatment, staff assessments were obtained on items pertaining to drinking during treatment and prognosis for post-treatment adjustment. Post-rehabilitation status was determined from Bureau of Naval Personnel records, and participants were classified as effective or noneffective. Effectiveness was defined as active duty status or receipt of a favorable discharge from service with no recommendation against reenlistment at least six months following completion of rehabilitation. Noneffective status was the receipt of an unfavorable discharge from service more than 30 days after rehabilitation or a negative recommendation for reenlistment at the time of discharge.

Analyses were conducted on all biographical items for the younger and older populations separately in order to determine differences among the three types of facilities in these characteristics. Post-rehabilitation effectiveness also was determined for each subgroup.

Five special variables were created from questionnaire responses. These were labeled: (1) Alcoholic by Behavioral Criteria; (2) Family Alcohol History; (3) Sociopathy; (4) Earliest Age for Major Alcohol Problem, and (5) Socioeconomic Status. The derivation of these variables is described in Appendix A.

Correlations were computed between all biographical items and the effectiveness criterion for younger and older men separately at Centers. Items that correlated significantly (p < .01) with the criterion were entered into regression analyses for each subgroup. The equations derived were then used to compute predicted effectiveness scores for individual rehabilitation facilities, and these scores were correlated with actual post-rehabilitation effectiveness status.

RESULTS

Significant differences among the three types of facilities on biographical items are shown separately for younger and older populations in Appendix B, Tables 1 and 2. The younger populations at the three types of facilities did not differ on age, pay grade, or length of service. Younger men assigned to Centers had more severe disciplinary records than men at Services or Drydocks as evidenced by numbers of times on report, captain's masts, courts-martial, times in the brig, and demotions (Appendix B, Table 1). They also were more often absent without leave and disciplined because of drinking than men at other facilities. However, men at Drydocks were more likely to report a current disciplinary problem, that is, pending at the time of referral to rehabilitation, than men at Centers or Services. For all of these items, except discipline pending, there were linear trends with the Centers' population having the highest rates and Drydocks the

the lowest. Because of these problems related to alcohol, the Centers' group obtained a higher mean score on the derived variable Alcoholic by Behavioral Criteria than the other groups.

Younger men treated at Services differed from those treated at Centers and Drydocks in more often reporting physical or health problems. They not only reported more hospital admissions specifically for drinking but more hospitalizations for all reasons. Larger percentages of younger Services' participants reported being advised by a physician to stop drinking or indicated having physical reactions to alcohol abuse--"shakes," blackouts, severe hangovers, vomiting blood, and/or hallucinations. This group also reported family histories of alcoholism more often than the other groups.

The overall effectiveness rate for younger men was 59%. Differences in outcome among facilities were significant ($\chi^2(2) = 14.22$, p < .01). The percentages of younger participants meeting the effectiveness criterion were: Centers - 54%, Services - 58%, and Drydocks - 63%.

Among the four individual Centers, nine Services, and seven Drydocks, differences in postrehabilitation effectiveness were not significant.

Although differences in age and years of service were significant among types of facilities for older personnel, the magnitudes of these differences were small; for example, the mean age for Centers was 33.1 years; for Services, 32.4 years, and for Drydocks, 32.0 years. Differences in pay grade were not significant.

Older men treated at Centers reported higher rates of "being put on report," captain's masts, and reduction in pay grade than men treated at Services and Drydocks. They also reported more arrests for felonies committed since age 16 and more time spent in civilian jails. For most of these disciplinary items, the Drydock population reported the lowest incidence.

Men treated at Services indicated being hospitalized because of drinking and missing work because of drinking more often than men in the other groups. They reported higher frequencies of specific symptoms resulting from alcohol abuse--"shakes," blackouts, and hallucinations. However, men at Services reported less often than men at Centers that they had seen a doctor or other professional person to help stop drinking or that a doctor had said they had liver problems or pancreatitis. For all of these items the Drydock population had lowest frequencies and fewer met the behavioral criteria for alcoholism than the Centers' or Services' populations.

The overall post-rehabilitation effectiveness rate for older men was 89%. Rates were significantly different for populations at the three types of facilities ($\chi^2(2) = 7.95$, p < .05). Effectiveness rates were: Centers - 86%, Services - 87%, and Drydocks - 91%. The differences between Drydocks and Centers and Services were significant, but the difference between Centers and Services

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was not.

Among the four individual Centers and the nine Services, differences in post-rehabilitation effectiveness were not significant. Among the seven Drydocks, however, one had an effectiveness rate of only 78% while the others ranged between 89% and 96% ($\chi 2(6) = 22.90$, p < .01). It was noteworthy that the Drydock with the lowest effectiveness rate had a much higher proportion of participants reported by the treatment staff to be drinking during rehabilitation than other Drydocks (68% versus 26% or less).

A step-wise multiple regression equation predicting post-rehabilitation effectiveness was derived for all younger men treated at Centers. The results are shown in Table 1. Seven variables entered the equation yielding a multiple correlation of .437. The variable making the greatest contribution to predicting effectiveness was pay grade, that is, the higher the pay grade, the more likely the outcome met the criterion of effectiveness. Effectiveness was further associated with expressing satisfaction with one's occupational specialty, less frequent sick call visits during the year preceding admission to rehabilitation, fewer times on disciplinary report, fewer times in the brig since entering service, more often experiencing seasickness (probably reflecting more time at sea), and less often having a family history of alcoholism.

Table 1

Prediction Equation for Noneffectiveness

for Young Alcohol Rehabilitees*

Variables	r	Beta Weight	<u>t</u>	
Pay Grade	361	282	-7.477	
Family Alcohol History	.132	.107	3.030	
Satisfaction with Job	200	119	-3,223	R = .437
Times Seasick	109	121	-3.406	df = 7, 658
Times on Report	.181	.098	2.671	F = 22.241
Sick Call Visits	.118	.083	2.317	
Times in the Brig	.144	.074	2,043	

*Variables are listed in the order in which they entered the equation.

The regression equation results derived for the older population treated at Centers are shown in Table 2. Four variables entered the equation yielding a multiple correlation of .462. Pay grade again made the greatest contribution to the prediction equation, that is, men who had

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Table 2

Prediction Equation for Noneffectiveness

for Older Alcohol Rehabilitees*

Variables	r	Beta Weight	<u>t</u>	
Pay Grade	435	363	11.732	R = 462
Navy as a Career	.301	.136	4.454	df = 4, 1024
Number of Cups of Coffee per Day	129	068	- 2.400	F = 69.538
Number of School Suspensions (Pre-service)	.093	.062	2.223	

*Variables are listed in the order in which they entered the equation

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Table 3

Correlations of Prediction Equations with

Criterion for Individual Facilities

	Young	g Men	<u>Older Men</u>		
	(<u>≤ 25 y</u>	ears Old)	(<u>≥ 26 Y</u> €	ears Old)	
Rehabilitation Facility	N	r	N	r	
Center A	127	.396	218	.404	
Center B	209	.410	303	.426	
Center C	234	.515	365	.475	
Center D	96	.371	142	.586	
All Services (formerly Units)	582	.365	689	.442	
Service A	66	.418	65	.629	
Service B	38	.495	72	.439	
Service C	63	.469	70	.251*	
Service D	41	ns	54	.321*	
Service E	60	.412	52	.423	
Service F	77	.304	101	.551	
Service G	45	ns	43	.495	
Service H	70	.407	63	.489	
Service I	42	.482	60	ns	
All Drydocks	894	.346	756	.300	
Drydock A	113	.365	75	.377	
Drydock B	61	.326*	55	.328*	
Drydock C	48	.414	45	.587	
Drydock D	81	.405	58	ns	
Drydock E	50	.437	62	.498	
Drydock F	115	.340	133	.247	
Drydock G	61	.552	47	ns	

*p < .05; all others p < .01.

achieved higher pay grades at the time of their admission were more likely to effectively complete their service obligations following alcohol rehabilitation. Further, men who indicated that they considered naval service a career, who reported fewer suspensions during school years, and who consumed many cups of coffee per day were more effective.

As shown in Table 3, the derived equations for younger and older participants were applied to prediction of outcome at individual Centers, Services, and Drydocks. The predicted values correlated significantly with actual post-rehabilitation effectiveness at all four Centers, all seven Drydocks, and seven of the nine Services for the younger population. For the older population, correlations based upon the prediction equation were significant for all Centers, eight of the Services, and five of the Drydocks. Thus, there was remarkable stability or generality in the predictors of effectiveness over individual facilities for both younger and older populations. Pay grade was the most consistent predictor in that it correlated significantly with outcome for younger groups at all individual facilities where the equation predicted significantly and for all older groups except at one facility.

DISCUSSION

The overall effectiveness rates for both older men (88%) and younger men (59%) treated in Navy alcohol rehabilitation facilities during the period of the current study compared favorably with rates reported for an earlier time period, i.e., 89% and 55%, respectively (3). The increase in effectiveness rate for the younger population probably reflects the fact that larger numbers of younger men with less severe alcohol problems were referred to Drydocks for treatment during the more recent time period. A large proportion of the younger men treated in Drydocks were not alcoholic by the behavioral criteria used in the present study.

The differences in outcome for younger men among the three types of facilities---Centers, Services, and Drydocks--appeared to reflect characteristics of the populations rather than differences in programs. Men from Centers had the least favorable disciplinary histories as reflected in times on report, numbers of demotions, and captain's masts and had the lowest effectiveness rate. Men treated in Services had less severe disciplinary records and somewhat more favorable outcomes. Drydock program participants had least severe disciplinary records and most favorable outcomes. The failure to find significant differences in effectiveness rates among facilities within major types tended to support the contention that outcome was related to population differences in military and social history rather than to differences in types or qualities of programs offered.

Among older men, differences in outcome were significant only for men seen in Drydocks as opposed to those seen in both Centers and Services. Here, too, more severe disciplinary histories were characteristic of the Center population which had the lowest effectiveness rate.

The association between increased physical symptomatology due to alcohol abuse and referral to a Service is explained by the fact that Services are located within large medical facilities and are likely to receive referrals directly from other medical services. This association was present for both the younger and older populations.

The equations predicting favorable outcome for the two age groups were similar. For both groups pay grade made major contributions to the equations. Men who had advanced in pay grade despite difficulties with alcohol abuse were most likely to perform satisfactorily in the Navy following rehabilitation and to receive favorable discharges and recommendations for reenlistment at the completion of their obligated service. For both groups a positive orientation toward the Navy was predictive of favorable outcome. For the younger man this was expressed by satisfaction with his job specialty; for the older man it was stating the service was his career. Other variables contributed to the equation for younger men including disciplinary and health indicators. For older men an item related to pre-service history, number of school suspensions, contributed to the prediction equation. This item previously had demonstrated value in predicting successful military adjustment for first-term enlistees (4); all of the older men in this study were beyond their first enlistments.

An association between coffee consumption and favorable outcome for older men suggested that positively motivated individuals may have compensated for abstention from alcohol by drinking more coffee. Anecdotally, coffee drinking is part of the Navy way of life and consumption of large quantities not unusual for senior Navy personnel.

The outcome criterion of the present study, overall performance effectiveness, was not based upon post-treatment adjustment alone but also reflected pre-treatment service history. A more complete analysis is needed of pre-treatment and post-treatment disciplinary records, promotions and demotions, and other performance indicators to demonstrate the specific effects of alcohol rehabilitation programs on quality of performance. A second limitation of the present study was the absence of specific data on drinking behavior after treatment. Thus, it is not known to what extent drinking patterns <u>per se</u> were modified by the treatment experience.

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APPENDIX A

Derivation of Special Variables

1. Alcoholic by Behavioral Criteria

A scale of behavioral problems related to alcoholism was determined by responses to nine questions contained in the biographical questionnaire. A man received a score of 1 for each positive response when asked if, because of drinking, he had been demoted, separated from his spouse, told by his doctor he had pancreatitis, told by his doctor he had a liver problem, or had had convulsions; he received a score of 1 for any three positive responses to four additional questions indicating he had been absent without leave (AWOL), had an auto accident, had disciplinary action because of drinking, or had been arrested for drunk driving. The positive responses were summed to create an alcoholism problems score with a possible range of 0 to 6.

2. Family Alcohol History

Family alcohol history was obtained from responses to questions asking how many close relatives (real parents, full brothers, full sisters) had how many of the following problems because of their own drinking: marital separation or divorce; laid off from work or fired; two or more drunk driving arrests; two or more arrests for public intoxication, drunk and disorderly conduct, etc., and physician said that alcohol had harmed their health. The possible range of scores was 0 to 60.

3. Sociopathy

The sociopathy score was derived from responses to six questions. A subject received a score of 1 for each yes response to two questions: Had he been suspended or expelled from school and had he run away from home prior to age 15. He was scored 1 for a yes response to either, but not both, of two questions: Did he have a police or arrest record prior to age 16 and was he ever placed in a reform school. He was scored 1 for a yes response to either, but not both, of two additional questions: Had he wandered from place to place for more than three months and had he used an alias. The possible range of scores was 0 to 4.

4. Earliest Age Major Problem Due to Alcohol

The earliest age an individual had a major problem because of alcohol was determined by his responses to five questions. First, the earliest age at which an individual had had all three of the following problems was recorded: absent without leave, auto accident, and picked up for drunk driving. This age was compared with the age he had been demoted and the age he had been separated or divorced. The earliest age was selected. The range was l to 7 representing ages grouped from 17 or younger to 28 or over.

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5. Socioeconomic Status

Socioeconomic status was based on years of schooling reported for the subject's father, years of schooling reported for his mother, and the father's occupation. Values for years of schooling were assigned as follows: \leq 9 years = 0, 10 or 11 = 1, and \geq 12 years = 2. Values for father's occupation were assigned: unskilled, unemployed, other = 0; skilled/semiskilled, farming, forestry, service = 1, and professional, managerial, clerical, sales = 2. Values were summed for a range of 0 to 6.

Biographical Questionnaire Variables that Discriminated among Younger Men Treated in Alcohol Centers, Services, and Drydocks

Items	Centers	Services	Drydocks	Chi Square	Total N
HAVE YOU EVER BEEN REDUCED IN RANK OR PAY GRADE?				26.73	2,195
A. NoB. Yes, only onceC. Yes, 2 or more times	63.6 26.9 9.5	70.1 23.4 6.5	75.3 18.4 6. 3	df = 4,	p < .001
TO WHAT COMMAND WERE YOU ATTACHED WHEN YOU WERE ADM TO THE ALCOHOL PROGRAM THIS TIME?	IITTED			26.15	2,186
A. Ship B. Shore C. Squadron	58.4 27.0 14.6	54.1 35.5 10.4	48.5 37.8 13.6	df = 4,	p < .001
IF YOUR NAVY SPECIALTY IS NOT LISTED, PLEASE ANSWER	R (J = Other)			46.99	2,197
A. BM B. HM C. RM D. CS E. EN F. YN G. BT H. SK I. MM J. Other	$14.4 \\ 4.6 \\ 3.4 \\ 4.0 \\ 3.3 \\ 1.1 \\ 6.4 \\ 1.8 \\ 7.9 \\ 53.0$	12.0 8.5 3.5 3.2 1.5 5.8 1.2 7.0 54.1	9.52.83.93.31.04.91.17.763.2	df = 18	, p < .001
HOW SATISFIED ARE YOU WITH YOUR SPECIALTY?				22.21	2,192
 A. I'm very dissatisfied B. I'm somewhat dissatisfied C. I don't care about it either one way or anot I'm indifferent D. I'm satisfied E. I'm very satisfied F. I don't know 	ther $-$ 7.5 25.8 23.8 8.2	$ \begin{array}{r} 17.0 \\ 15.0 \\ 6.0 \\ 26.5 \\ 24.7 \\ 10.8 \\ \end{array} $	15.5 12.8 6.9 29.2 21.7 14.0	df = 10	, p < .05
HOW MANY TIMES DURING THE PAST YEAR WERE YOU ON THE LIST OR HOSPITALIZED?	E SICK			16.27	2,199
A. None B. One time C. Two times or more	50.1 25.9 24.0	45.2 29.0 25.8	54.9 25.9 19.3	df = 4,	p < .01
HOW MANY DAYS (TOTAL) WERE YOU ON THE SICK LIST OR HOSPITALIZED DURING THE PAST YEAR?				29.02	2,200
 A. No days B. 1 to 2 days C. 3 to 5 days D. 6 to 10 days E. 11 to 15 days F. 16 to 25 days G. 26 to 35 days H. 36 to 45 days I. 46 or more days 	$\begin{array}{c} 49.0 \\ 15.5 \\ 10.3 \\ 7.8 \\ 3.7 \\ 4.2 \\ 2.4 \\ 1.5 \\ 5.7 \end{array}$	44.5 18.8 11.5 7.7 3.5 3.5 3.0 2.8 4.7	54.3 16.3 9.6 6.6 3.8 3.3 2.5 1.3 2.5	df = 16	, p < .05
SINCE YOU HAVE BEEN IN THE SERVICE, HOW MANY TIMES	HAVE YOU:				
BEEN PUT ON REPORT?				61.38	2,197
<pre>A. Never B. Once C. Twice D. 3 times E. 4 times F. 5 times G. 6 times H. 7 times I. 8 times or more</pre>	$13.8 \\ 12.7 \\ 14.4 \\ 14.8 \\ 10.5 \\ 9.2 \\ 5.7 \\ 2.9 \\ 16.0 \\ 100$	17.9 16.6 16.9 13.7 8.8 8.3 5.3 1.7 10.9	$ 18.8 \\ 21.8 \\ 15.6 \\ 11.9 \\ 10.2 \\ 5.9 \\ 4.6 \\ 3.1 \\ 8.1 $	df = 16	, p < .001

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APPENDIX B, Table 1

SINCE YOU HAVE BEEN IN THE SERVICE, HOW MANY TIMES HAVE YOU:	Centers	Services	Drydocks	Chí Square	Total N
HAD A CAPTAIN'S MAST?				49.64	2,201
 A. Never B. Once C. 2 or 3 times D. 4 to 8 times or more 	24.3 24.0 31.6 20.0	34.3 23.3 27.7 14.7	37.4 25.6 26.4 10.6	df = 6,	p < .001
BEEN COURT-MARTIALED?				7.07	2,205
A. Never B. 1 or more times	90.2 9.8	91.9 8.1	93.8 6.2	df = 2,	P < .05
SPENT TIME IN THE BRIG?				14.02	2,205
A. Never B. 1 or more times	82.1 17.9	85.9 14.1	88.7 11.3	df = 2,	P < .001
DO YOU HAVE A CIVILIAN POLICE OR ARREST RECORD FOR ANY MISDEMEANOR (OTHER THAN A TRAFFIC TICKET) SINCE AGE 16?				9.80	2,199
A. No B. For one incident or more	50.4 49.6	58.2 41.8	57.1 42.9	df = 2,	p < .01
WERE YOU EVER PLACED IN A REFORM SCHOOL?				6.79	2,197
A. Yes B. No	13.9 86.1	13.6 86.4	10.1 89.9	df = 2,	p < .05
WHAT IS THE LONGEST TIME YOU'VE EVER SPENT IN A CIVILIAN JAIL?				24.39	2,205
 A. Never B. Less than 24 hours C. 1 to 3 days D. 4 to 7 days E. 8 days or more 	28.5 33.1 18.2 8.6 11.6	34.1 34.1 18.2 5.3 8.3	35.0 36.0 16.5 5.1 7.5	df = 8,	p < .01
HAVE YOU EVER WANDERED ABOUT FROM PLACE TO PLACE FOR MORE THAN THREE MONTHS WITH NO JOB?				10.80	2,202
A. No B 1 or more times	82.2 17.8	74.8 25.2	77.6 22.4	df = 2,	p < .01
ARE THERE ANY DISCIPLINARY ACTIONS PENDING AGAINST YOU AT THIS TIME?				15.92	2,189
A. Yes B. No	19.9 80.1	22.8 77.2	28.3 71.7	df = 2,	p < .001
HOW MANY TIMES HAVE YOU BEEN MARRIED (INCLUDING PRESENT MARRIAGE)?				10,56	2,197
A. Never B. Once C. 2 or more times	69.0 28.8 2.2	69.8 28.4 1.8	74.0 22.9 3.0	df = 4,	p < .05
HOW MANY CLOSE RELATIVES (PARENTS, <u>FULL</u> BROTHERS OR <u>FULL</u> SISTERS) HAVE EVER SEEN A PSYCHIATRIST, PSYCHOLOGIST, OR OTHER MENTAL HEALTH WORKER FOR A NERVOUS OR MENTAL PROBLEM?				6,27	2,186
A. None B. 1 or more close relatives	74.1 25.9	70.6 29.4	76.3 23.7	df = 2,	p < .05

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APPENDIX B, Table 1

THE FOLLOWING IS A LIST OF PROBLEMS THAT PEOPLE MIGHT HAVE BECAUSE OF THEIR OWN DRINKING:	Centers	Services	Drydocks	Chi Square	Total <u>N</u>
MARITAL SEPARATION OR DIVORCE LAID OFF FROM WORK OR FIRED TWO OR MORE DRUNK DRIVING ARRESTS TWO OR MORE ARRESTS FOR PUBLIC INTOXICATION, DRUNK AND DISORDERLY CONDUCT, ETC. PHYSICIAN SAID THAT ALCOHOL HAD HARMED THEIR HEALTH					
HOW MANY OF YOUR CLOSE RELATIVES (REAL PARENTS, FULL BROTHERS OR FULL SISTERS) HAVE HAD <u>ONLY FOUR</u> OF THOSE TYPES OF PROBLEMS?	3			8.29	2,181
A. None B. 1 or more close relatives	87.3 12.7	89.2 10.8	91.7 8.3	df = 2,	p < .05
HOW MANY OF YOUR CLOSE RELATIVES (REAL PARENTS, FULL BROTHERS OR FULL SISTERS) HAVE HAD <u>ONLY THREE</u> OF THOSE TYPES OF PROBLEMS?	3			8.17	2,184
A. None B. 1 or more close relatives	86.1 13.9	83.4 16.6	88.6 11.4	df = 2,	p < .05
HOW OLD WERE YOU THE FIRST TIME ANY OF THE FOLLOWING PROBLEMS OCCURRED BECAUSE OF ALCOHOL?					
WERE DEMOTED BECAUSE OF DRINKING.				38.18	2,190
 A. Never B. 17 or younger C. 18 to 19 D. 20 to 21 E. 22 to 23 F. 24 to 25 G. 26 to 27 H. 28 or more 	69.1 3.7 11.2 9.1 4.2 2.4 .3 0	77.3 2.8 8.5 6.2 2.8 2.3 0 0	80.9 2.0 7.5 5.9 2.9 .6 .2 0	df = 12, expected < 5	p < .001, frequency
WENT AWOL BECAUSE OF DRINKING.				31.70	2,191
 A. Never B. 17 or younger C. 18 to 19 D. 20 to 21 E. 22 to 23 F. 24 to 25 G. 26 to 27 H. 28 or more 	62.6 2.2 13.5 11.7 6.1 3.6 .3 0	67.1 2.3 12.8 8.8 6.2 2.8 0 0	73.0 2.7 8.4 9.6 4.0 2.4 0 0	df = 12, expected < 5	p < .01, frequency
HAD DISCIPLINARY ACTION, CAPTAIN'S MAST, OR COURT- MARTIAL BECAUSE OF DRINKING.				59.49	2,192
 A. Never B. 17 or younger C. 18 to 19 D. 20 to 21 E. 22 to 23 F. 24 to 25 G. 26 to 27 H. 28 or more 	34.3 4.9 22.5 20.5 11.8 5.7 .2 .2	44.0 2.8 22.3 15.2 11.2 4.3 .2 0	51.4 3.3 19.2 15.9 6.6 3.5 .1 0	df = 14, expected < 5	p < .001, frequency
HAD TO GO INTO THE HOSPITAL BECAUSE OF DRINKING.				254.81	2,192
A. Never B. 17 or younger C. 18 to 19 D. 20 to 21 E. 22 to 23 F. 24 to 25 G. 26 to 27 H. 29 or pare	69.4 3.4 8.2 9.3 5.7 4.0 0	49.0 4.3 11.8 14.3 12.3 7.7 .3	85.7 2.1 4.0 5.0 1.8 1.4 0	df = 14, expected < 5	p < .001, frequency
n. 20 or more	0	. 4	0		

APPENDIX B, Table 1

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HOW OLD WERE YOU THE FIRST TIME ANY OF THE FOLLOWING PROBLEMS OCCURRED BECAUSE OF ALCOHOL?	Centers	Services	Drydocks	Chi Square	Total N
A DOCTOR TOLD YOU TO STOP DRINKING.				61.30	2,192
 A. Never B. 17 or younger C. 18 to 19 D. 20 to 21 E. 22 to 23 F. 24 to 25 G. 26 to 27 H. 28 or over 	73.7 2.5 9.1 6.9 4.3 3.4 0 0	67.7 3.5 9.5 8.3 3.7 0 0 .2	$ \begin{array}{r} 83.0 \\ 2.3 \\ 5.2 \\ 5.1 \\ 2.6 \\ 1.6 \\ .2 \\ 0 \end{array} $	df = 14, expected < 5	p < .001, frequency
HOW MANY YEARS DO YOU THINK YOU HAVE HAD A DRINKING PROBLEM?				44.84	2,190
 A. Never B. 1 year or less C. 1 to 2 years D. 3 to 5 years E. 6 to 10 years F. 11 years or more 	12.716.922.931.414.71.5	7.2 18.7 25.5 35.3 12.5 .8	15.3 21.9 25.1 27.4 9.3 1.0	df = 10,	p < .001
WHAT IS THE LONGEST PERIOD OF TIME YOU HAVE PARTICIPATED IN ALCOHOLICS ANONYMOUS?				116.73	2,188
A. NeverB. 1 month or lessC. 2 to 3 monthsD. 4 months or more	37.6 42.7 15.0 4.8	48.5 40.5 7.8 3.2	$62.0 \\ 30.9 \\ 4.8 \\ 2.4$	df = 6, j	p < .001
WHAT IS THE LONGEST TIME YOU HAVE STAYED ON THE WAGON (ABSTAINED) SINCE YOU BEGAN HAVING PROBLEMS WITH ALCOHOL	?			42.43	2,184
 A. Never B. 1 month or less C. 2 to 3 months D. 4 months or more 	$ 19.4 \\ 41.7 \\ 29.5 \\ 9.4 $	23.6 46.5 20.7 9.2	27.5 47.3 16.9 8.3	df = 6, j	p < .001
FOLLOWING QUESTION.* A. No E. Once C. 2 or 3 times D. 4 or 5 times E. 6 or 7 times F. 8 or 9 times G. 10 to 15 times H. 16 times or more					
SHAKES THE "MORNING AFTER"?				17.24	2,190
No 1-3 times 4-15 times 16 times or more	37.1 22.0 18.0 22.9	30.8 23.0 20.0 26.3	$\begin{array}{r} 40.3 \\ 22.9 \\ 16.3 \\ 20.5 \end{array}$	df = 6, 1	p < .01
HALLUCINATIONS?				23.01	2,187
No ≥ Once	78.8 21.2	70.5 29.5	80.7 19.3	df = 2, 1	p < .001
VOMITING BLOOD?				6.60	2,192
No > Once	80.4 19.6	78.7 21.3	83.7 16.3	df = 2,	P < .05
BLACKOUTS - CAN'T REMEMBER WHAT YOU DID WHILE DRINKIN	<u>G</u> ?			46.61	2,184
No Once 2-3 times 4-5 times 6-7 times 8-9 times 10-15 times 16 times or more	$15.1 \\ 6.9 \\ 16.6 \\ 12.4 \\ 8.2 \\ 6.3 \\ 8.8 \\ 25.7$	8.3 6.2 17.2 12.0 7.7 7.4 7.4 33.8	14.7 9.2 18.8 12.6 8.7 7.5 7.7 20.9	df = 14,	p < .001

*Responses were grouped based on frequency distribution. 4

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APPENDIX B, Table 1

USING THE APPROPRIATE NUMBER BELOW, PLEASE ANSWER THE FOLLOWING QUESTION.*	Centers	Services	Drydocks	Square	N N
 A. No B. Once C. 2 or 3 times D. 4 or 5 times E. 6 or 7 times F. 8 or 9 times G. 10 to 15 times H. 16 times or more 					
DOCTOR SAID YOU HAD LIVER PROBLEMS?				18.32	2,191
No ≥ Once	91.6 8.4	93.0 7.0	96.5 3.5	df = 2,	p < .001
SAW A DOCTOR, PSYCHOLOGIST, SOCIAL WORKER, OR COUNSELOR TO HELP YOU STOP DRINKING?				44.80	2,192
No Once 2 or 3 times ≥ 4 times	49.6 27.5 15.5 7.5	49.0 32.5 11.7 6.8	61.0 26.7 8.1 4.2	df = 6,	p < .001
UNTIL YOUR 25TH BIRTHDAY (OR PRESENT IF YOU ARE NOT YET 25, WHEN YOU GOT DRUNK, HOW BAD WAS YOUR HANGOVER?				28.51	2,189
 A. Terrible - The worst you could imagine B. Pretty bad - A little worse than average C. Average (for most people) D. Present but less than average - Not bad E. Have never had a hangover 	19.6 22.0 20.6 27.1 10.8	22.6 28.8 17.5 25.3 5.8	16.0 24.7 21.8 28.5 9.0	df = 8,	p < .001
OVER THE PAST THREE YEARS, WHEN YOU GOT DRUNK, HOW BAD WAS YOUR HANGOVER?				24.68	2,191
 A. Terrible - The worst you could imagine B. Pretty bad - A little worse than average C. Average (for most people) D. Present but less than average - Not bad E. Have never had a hangover 	18.1 24.0 19.9 27.5 10.5	21.8 29.1 17.8 25.1 6.3	15.0 25.1 21.8 29.2 8.9	df = 8,	p < .01
WHEN DRINKING OVER THE LAST YEAR, HOW MANY DRINKS DID YOU USUALLY HAVE IN 24 HOURS? (1 drink = 1 beer or 1 glass of wine, 1 single mixed drink, or 1 shot) (If you are not sure, try to guess as closely as possible)				8.47	2,166
A. None to Five B. Six or more	16.3 83.7	16.8 83.2	21.4 78.6	df = 2,	p < .05
WHAT TYPE OF ALCOHOL DO YOU DRINK MOST OFTEN?				6.05	2,189
A. Beer and Wine B. Hard Liquor (Bourbon, Scotch, Vodka, etc.)	71.5 28.5	65.9 34.1	71.1 28.9	df = 2,	p < .05
HOW MANY TIMES IN YOUR LIFE HAVE YOU BEEN EXTREMELY SEASICK?				16.24	2,191
A. Never B. Once C. 2 or more times	77.0 13.5 9.5	71.1 16.3 12.6	79.7 10.8 9.5	df = 4,	p < .01
WHEN YOU ARE ILL, AS WITH A COLD OR THE FLU, IS YOUR STOMACH USUALLY UPSET?				19.51	2,187
 A. Almost always B. Usually C. Sometimes D. Never or almost never 	13.9 16.8 34.3 35.0	15.3 20.0 38.4 26.3	$ 13.5 \\ 14.4 \\ 40.5 \\ 31.6 $	df = 6,	p < .01

APPENDIX B, Table 1

	Centers	Services	Drydocks	Chi Square	Total N
WHAT WAS YOUR FATHER'S ATTITUDE TOWARD ALCOHOL?				26.14	1,790
 A. Opposed to use of alcohol by anyone B. Abstainer, but not opposed to others drinking C. Light to moderate drinker D. Heavy drinker E. Alcoholic or chemically dependent F. Not applicable 	8.0 12.6 29.0 26.9 15.4 8.0	3.4 12.9 38.1 22.6 16.9 6.1	6.9 13.0 38.1 21.6 14.1 6.3	df = 10,	p < .01
DID YOU EVER GET INTO TROUBLE IN SCHOOL DUE TO ALCOHOL?				17.47	1,781
A. Yes B. No	34.4 65.6	36.2 63.8	26.0 74.0	df = 2,	p < .001
DO YOU WANT TO SEE A PSYCHIATRIST?				9.43	1,745
A. Yes B. No	14.7 85.3	18.8 81.2	21.4 78.6	df = 2,	p < .01
WHAT WERE YOUR ARRIVAL ORDERS?				440.21	1,775
A. PCS B. TAD C. TEMDU D. ASMRO E. Other	5.6 35.8 55.8 .7 2.1	10.4 59.4 19.8 .9 9.6	20.8 60.4 7.2 .4 11.2	df = 8, expected < 5	p < .001, frequency
WHAT WAS THE IMPORTANCE OF RELIGION IN YOUR CHILDHOOD?				16.95	1,786
A. Very important B. Important C. Moderate D. Unimportant E. None	12.3 22.9 36.7 16.5 11.6	15.2 16.7 37.4 22.8 7.8	12.9 19.1 37.8 21.1 9.1	df = 8,	p < .05
WHO REFERRED YOU TO THE CLINIC?				51.59	1,779
 A. CO B. XO C. Division Officer D. Medical Officer E. Chaplain F. Ex-patient G. Self H. Clinic Counselor I. Other 	20.3 7.4 6.2 17.1 3.0 3.7 25.1 8.7 8.5	13.6 5.1 8.0 18.9 1.3 4.5 29.9 7.2 11.5	12.98.49.212.11.44.932.86.112.4	df = 16,	p < .001
ALCOHOLIC BY BEHAVIORAL CRITERIA				58.22	2,181
0 1 2-3 4-6	38.3 36.4 23.6 1.8	46.5 33.6 18.0 2.0	56.4 29.1 13.7 .9	df = 6,	p < .001
FAMILY ALCOHOL HISTORY				9.63	2,169
0 1-3 4-60	51.5 23.6 24.9	47.7 27.2 25.1	54.3 25.4 20.3	df = 4,	p < .05
EARLIEST AGE FOR ALCOHOL PROBLEMS				56.67	2,187
0 1 2 3 4 5 6 7	53.8 6.0 16.9 12.0 7.5 3.6 .3 0	62.4 6.8 12.8 9.5 4.7 3.5 .2 0	71.3 4.4 9.8 7.8 4.4 2.3 .1 0	df = 12, expected < 5	p < .001, frequency
SUCCESS/FAIL				14.22	2,142
Success Fail	53.9 46.1	58.1 41.9	63.3 36.7	df = 2,	p < .001

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APPENDIX B, Table 1

	Centers	Services	Drydocks	Square	N
WHAT IS THE PATIENT'S DISCHARGE PROGNOSIS?				33.34	1,490
A. Excellent B. Good C. Fair D. Poor	5.4 36.1 40.1 18.5	4.8 26.3 42.3 26.6	5.6 42.2 32.6 19.6	df = 6,	p < .001
HOW OFTEN DID THE PATIENT DRINK IN CLINIC?				40.23	1,503
A. Never B. 1 or more times	73.4 26.6	86.5 13.5	69.6 30.4	df = 2,	p < .001

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Biographical Questionnaire Variables that Discriminated among Older Men Treated in Alcohol Centers, Services, and Drydocks

	Centers	Services	Drydocks	Chi Total Square N
PRESENT AGE				28.91 2,541
26-29 30-34 35-39 40-44 45-49 50-61	26.8 36.9 28.0 6.0 1.9 0.4	33.5 35.2 24.0 5.6 1.3 0.4	33.6 40.2 20.3 4.7 1.2 0	df = 10, p < .01 expected frequency < 5
WHAT DO YOU CONSIDER TO BE YOUR ETHNIC ORIGIN?				17.09 2,652
 A. Mexican-American B. Oriental C. Other Caucasian (White) D. Negro (Black) E. American Indian 	3.8 .9 82.5 9.8 3.1	3.7 1.0 84.7 6.3 4.3	3.0 1.6 85.7 6.0 3.7	df = 8, p < .05
HOW MANY YEARS HAVE YOU BEEN ON ACTIVE DUTY? ACTUAL YEARS	•			46.83 2,666
 A. 2 years or less B. 3 to 4 years C. 5 to 6 years D. 7 to 8 years E. 9 to 10 years F. 11 to 12 years G. 13 to 14 years H. 15 to 16 years I. 17 to 18 years J. 19 to 20 years 	$\begin{array}{c} 4.3 \\ 4.9 \\ 8.0 \\ 7.8 \\ 9.2 \\ 12.2 \\ 12.8 \\ 15.6 \\ 16.8 \\ 8.6 \end{array}$	$\begin{array}{c} 4.7\\ 5.5\\ 9.9\\ 10.9\\ 10.1\\ 12.3\\ 8.2\\ 12.8\\ 14.9\\ 10.6 \end{array}$	4.2 4.6 10.4 11.1 10.6 13.8 14.0 13.8 11.1 6.3	df = 18, p < .001
WHAT IS YOUR PRESENT PAY GRADE?				25.43 2,610
A. E-1 B. E-2 C. E-3 D. E-4 E. E-5 F. E-6 G. E-7, E-8, E-9	.6 2.9 8.8 11.6 24.7 34.1 17.3	.9 1.7 10.6 12.0 23.0 34.4 17.4	.4 1.0 8.1 10.2 27.4 39.2 13.7	df = 12, p < .05
HAVE YOU EVER BEEN REDUCED IN MANK OR PAY GRADE?				17.04 2,661
A. No B. Yes, only once C. Yes, 2 or more times	63.9 20.5 15.6	68.0 19.1 12.9	71.6 18.5 9.9	df = 4, p < .01
TO WHAT COMMAND WERE YOU ATTACHED WHEN YOU WERE ADMITTED TO THE ALCOHOL PROGRAM THIS TIME?				36.61 2,650
A. Ship B. Shore C. Squadron	48.9 38.7 12.5	50.8 39.2 10.0	37.6 51.1 11.3	df = 4, p < .001
HOW MANY YEARS OF REGULAR SCHOOLING, INCLUDING TRADE SCHOOLS, DID YOU COMPLETE <u>BEFORE ENTERING</u> THE SERVICE?				12.42 2,663
 A. 11 years or less B. 12 years or High School Graduate C. Some college - college graduate 	47.7 41.5 10.8	41.4 43.9 14.7	42.0 45.2 12.8	df = 4, p < .05
IF YOU DID NOT GRADUATE FROM HIGH SCHOOL, DID YOU PASS A HIGH SCHOOL EQUIVALENCY TEST?				10.16 2,647
A. Yes B. No C. Not applicable	39.3 13.9 46.8	36.4 11.4 52.3	37.0 10.6 52.5	df = 4, p < .05
HOW MANY TIMES DURING THE PAST YEAR WERE YOU ON THE SICK LIST OR HOSPITALIZED?				14.75 2,660
A. None B. One time C. Two times or more	53.6 30.8 15.7	56.5 26.9 16.6	61.4 26.2 12.4	df = 4, p < .01

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APPENDIX B, Table 2

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	Centers	Services	Drydocks	Chi Total Square N
HOW MANY DAYS (TOTAL) WERE YOU ON THE SICK LIST OR HOSPITALIZED DURING THE PAST YEAR?				55.94 2,660
 A. No days B. 1 to 2 days C. 3 to 5 days D. 6 to 10 days E. 11 to 15 days F. 16 to 25 days G. 26 to 35 days H. 36 to 45 days I. 46 or more days 	52.5 10.8 12.3 6.3 6.5 3.7 2.4 1.6 3.9	$56.3 \\ 13.2 \\ 9.7 \\ 5.7 \\ 4.4 \\ 1.6 \\ 2.4 \\ 2.6 \\ 4.1 \\ \end{array}$	$59.6 \\ 15.0 \\ 10.4 \\ 6.1 \\ 2.4 \\ 1.8 \\ 1.7 \\ 0.6 \\ 2.5 $	df = 16, p < .001
SINCE YOU HAVE BEEN IN THE SERVICE, HOW MANY TIMES HAVE YOU:				
BEEN PUT ON REPORT?				37.03 2,657
<pre>A. Never B. Once C. Twice D. 3 times F. 4 times F. 5 times G. 6 times H. 7 times I. 8 times</pre>	16.5 17.2 17.8 14.1 8.9 6.3 4.4 1.9 13.0	$ \begin{array}{c} 16.5 \\ 21.5 \\ 18.2 \\ 11.1 \\ 9.7 \\ 6.6 \\ 5.4 \\ 1.3 \\ 9.7 \\ \end{array} $	18.0 20.6 19.3 11.2 11.9 5.1 3.2 2.7 8.1	df = 16, p < .01
HAD A CAPTAIN'S MAST?				36.26 2,662
A. Never B. Once C. 2 to 3 times D. 4 times or more	24.3 20.4 32.8 22.6	27.5 26.0 27.3 19.2	30.2 27.6 25.6 16.7	df = 6, p < .001
HOW MANY MOVING TRAFFIC VIOLATIONS HAVE YOU HAD DURING THE <u>PAST THREE YEARS</u> ?				11.08 2,665
A. None B. One or two C. Three or more	43.8 38.8 17.5	48.7 38.2 13.1	42.7 42.3 15.1	df = 4, p < .05
DO YOU HAVE AN ADULT POLICE OR ARREST RECORD FOR ANY FELONY COMMITTED SINCE AGE 16?				6.73 2,662
A. None B. One or more times	87.3 12.7	91.0 9.0	89.6 10.4	df = 2, $p < .05$
WHAT IS THE LONGEST TIME YOU'VE EVER BEEN IN A CIVILIAN JAIL?				15.99 2,665
 A. Never B. Less than 24 hours C. 1 to 3 days D. 4 to 7 days E. 8 days or more 	23.4 44.4 16.8 7.6 8.0	28.3 43.8 14.1 5.7 8.1	28.343.716.34.67.2	df = 8, p < .05
THE MAN WITH WHOM YOU LIVED LONGEST UNTIL AGE OF 16 WAS?				20.48 2,596
A. Real (Biologic) father B. Foster C. Step D. Adoptive E. Other	79.9 7.1 10.0 2.8 .2	83.3 3.0 9.4 3.5 .7	82.8 4.5 9.2 2.8 .7	df = 8, p < .01
THE WOMAN WITH WHOM YOU LIVED THE LONGEST UNTIL AGE OF 16 WAS?				15.99 2,618
A. Real (Biologic) mother B. Foster C. Step D. Adoptive E. Other	91.6 4.6 2.0 1.8 .1	91.5 2.3 3.0 2.6 .6	92.1 3.3 2.0 2.5 .1	df = 8, p < .05

APPENDIX B, Table 2

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				Chi	Total
THE FOLLOWING IS A LIST OF PROBLEMS THAT PEOPLE MIGHT HAVE BECAUSE OF THEIR OWN DRINKING:	Centers	Services	Drydocks	Square	N
MARITAL SEPARATION OR DIVORCE LAID OFF FROM WORK OR FIRED TWO OR MORE DRUNK DRIVING ARRESTS TWO OR MORE ARRESTS FOR PUBLIC INTOXICATION, DRUNK AND DISORDERLY CONDUCT, ETC. PHYSICIAN SAID THAT ALCOHOL HAD HARMED THEIR HEALTH					
HOW MANY OF YOUR CLOSE RELATIVES (REAL PARENTS, FULL BROTHERS OR FULL SISTERS) HAVE HAD ALL FIVE OF THOSE TYPES OF PROBLEMS?				7.57	2,650
A. No close relatives B. 1 or more close relatives	86.7 13.3	89.6 10.4	90.6 9.4	df = 2,	p < .05
HOW MANY OF YOUR CLOSE RELATIVES (REAL PARENTS, FULL BROTHERS OR FULL SISTERS) HAVE HAD ONLY FOUR OF THOSE TYPES OF PROFLEMS?				10.98	2,648
A. No close relatives B. 1 or more close relatives	87.0 13.0	90.7 9.3	91.3 8.7	df = 2,	p < .01
HOW MANY OF YOUR CLOSE RELATIVES (REAL PARENTS, FULL BROTHERS OR FULL SISTERS) HAVE HAD ONLY TWO OF THOSE TYPES OF PROBLEMS?				7,43	2,643
A. No close relatives B. 1 or more close relatives	78.2 21.8	82.6 17.4	82.3 17.7	df = 2,	p < .05
HAS YOUR PRESENT WIFE OR HUSBAND HAD A DRINKING PROBLEM?				8.43	1,901
A. Yes B. No - Have no wife	13.9 86.1	8.5 91.5	11.8 88.2	df = 2,	p < .05
HAVE ANY G.º YOUR PREVIOUS WIVES OR HUSBANDS HAD A DRINKING PROBLEM?				7.60	1,390
A. Yes B. No - Had no previous wives	18.6 81.4	16.0 84.0	12.2 87.8	df = 2,	p < .05
USING THE APPROPRIATE NUMBER BELOW, PLEASE ANSWER THE FOLLOWING QUESTIONS.					
 A. Never B. 17 or younger C. 18 to 19 D. 20 to 21 E. 22 to 23 F. 24 to 25 G. 26 to 27 H. 28 or over 					
MISSED TIME ON THE JOB BECAUSE OF DRINKING				28.01	2,654
Never 17 or younger 18 to 19 20 to 21 22 to 23 24 to 25 26 to 27 28 or over	31.4 7.8 9.9 8.2 10.6 9.3 5.1 17.8	$27.7 \\ 5.3 \\ 13.0 \\ 10.0 \\ 11.4 \\ 9.3 \\ 6.3 \\ 17.1 $	35.5 4.7 12.8 7.3 9.8 8.3 5.8 15.8	df = 14,	p < .05
WERE DEMOTED BECAUSE OF DRINKING				40.25	2,656
Never 17 or younger 18 to 19 20 to 21 22 to 23 24 to 25 26 to 27 28 or over	71.9 .8 2.6 2.9 4.2 3.3 4.9 9.5	77.3 .1 3.4 4.0 3.4 3.3 2.3 6.2	79.6 .6 3.2 3.2 2.8 3.2 2.2 5.1	df = 14,	p < .00

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APPENDIX B, Table 2

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USING THE APPROPRIATE AND ADDRESS BELOW, PLEASE ANSWER THE FOLLOWING QUESTIONS.	Centers	Services	Drydones	Chi Total Square <u>N</u>
A. Never B. 17 or bungs C. 18 to 5 D. 20 to 1 E. 22 to 1 F. 24 to 5 G. 26 to H. 28 or 5 r				
WENT AWOL BELLS E. OF 200 DAKING.				32.92 2,652
Never 17 or you 18 to 19 20 to 21 22 to 23 24 to 25 26 to 27 28 or over	62.5 .5 4.4 4.2 4.1 5.1 5.2 13.9	62.3 .6 3.3 3.2 4.9 5.4 6.2 14.2	72.2 2.8 4.3 2.8 3.8 4.3 9.4	df ≈ 14, p < .01 expected frequency < 5
HAD TO GO INI				231.99 2,651
Never 17 or youn 18 to 19 20 to 21 22 to 23 24 to 25 26 to 27 28 or over	62.5 .4 .7 .9 1.6 3.2 4.5 26.4	47.4 .6 .1 .6 1.6 2.0 9.3 38.4	82.6 .4 .1 .4 .6 1.4 2.6 12,0	df = 14, p < .001 expected frequency < 5
A DOCTOR TOLD YC 200 CF ; KING				76.51 2,656
Never 17 or younger 18 to 19 20 to 21 22 to 23 24 to 25 26 to 27 28 or over	62.4 .8 1.7 1.9 1.9 4.4 26.2	62.6 .3 .6 1.1 1.7 2.3 5.7 25.7	78.1 .2 .1 1.0 1.5 2.5 2.8 13.7	df = 14, p < .001 expected frequency < 5
THE FIRST TIME YOU BE COME RIED TO STOP DRINKING				49.18 2,649
Never 17 or younger 18 to 19 20 to 21 22 to 23 24 to 25 26 to 27 28 or over	19.5 .6 2.1 2.2 4.0 8.0 11.6 51.9	20.3 .6 0 2.2 6.0 8.6 15.7 46.6	27.8 .6 1.1 2.0 4.5 8.2 10.8 45.1	df = 14, p < .001 expected frequency < 5
HOW MANY YEARS DO YOU WAVE HAD A DRINKING PROBLEM?				38,17 2,652
 A. Never B. 1 year or less C. 1 to 2 years D. 3 to 5 years E. 6 to 10 years F. 11 Years or more 	7,7 6,6 8,1 20,3 25,5 31,8	5.6 7.2 8.2 23.4 27.9 27.8	10.8 9.1 10.9 22.1 23.9 23.3	df = 10, p < .001
WHAT IS THE LONGEST PLANE OF THE YOU HAVE PARTICIPATED IN ALCOHOLICS ANONYMOU				100.00
 A. Never B. 1 month or less C. 2 to 3 months D. 4 months or more 	35.9 33.3 16.6 14.1	48.7 30.6 9.7 11.0	57.1 25.9 8.5 8.5	df = 6, p < .001

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APPENDIX E. Table 2

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WHAT IS THE LONGEST PERIOD OF TIME YOU HAVE	Center	Services	Drydocks	Square	N
PARTICIPATED IN ALCOHOLICS ANONYMOUS?				22.48	2,651
A. Never B. 1 month or less C. 2 to 3 months D. 4 months or more	11.2 27.5 29.8 31.6	11.8 32.5 24.6 31.1	16.5 29.9 24.8 28.9	df = 6,	p < .001
USING THE APPROPRIATE NUMBER BELOW, PLEASE ANSWER THE FOLLOWING QUESTION.*					
A. No B. Once C. 2 or 3 times D. 4 or 5 times E. 6 or 7 times F. 8 or 9 times G. 10 to 15 times H. 16 times or more					
HAVE YOU EVER HAD ANY OF THE FOLLOWING PROBLEMS BECAUSE OF ALCOHOL?					
SHAKES THE "MORNING AFTER"?				22.64	2,650
Never 1 to 3 times 4 to 15 times 16 times or more	33.1 17.5 17.4 31.9	32.4 14.4 19.9 33.4	40.0 13.7 19.9 26.4	df = 6,	p < .001
HALLUCINATIONS?				10.56	2,657
Never One or more times	79.5 20.5	78.7 21.3	84.5 15.5	df = 2,	p < .01
BLACKOUTS - CAN'T REMEMBER WHAT YOU DID WHILE DRINKING?				27.96	2,642
Never Once 2 or 3 times 4 or 5 times 6 or 7 times 8 or 9 times 10 to 15 times 16 times or more	$ 19.4 \\ 6.3 \\ 15.1 \\ 12.3 \\ 6.0 \\ 4.3 \\ 6.3 \\ 30.3 $	$14.2 \\ 5.8 \\ 15.5 \\ 12.4 \\ 6.8 \\ 5.2 \\ 9.9 \\ 30.2$	20.5 5.2 16.9 11.2 5.8 6.7 7.0 26.7	df = 14,	p < .05
DOCTOR SAID YOU HAD PANCREATITIS?				14.01	2,646
Never One or more times	95.6 4.4	96.7 3.3	98.6 1.4	df = 2,	p < .001
DOCTOR SAID YOU HAD LIVER PROBLEMS?				32.53	2,654
Never One or more times	85.3 14.7	87.5 12.5	93.6 6.4	df = 2,	p < .001
SAW A DOCTOR, PSYCHOLOGIST, SOCIAL WORKER, OR COUNSELOR TO HELP YOU STOP DRINKING?				50,30	2,652
Never Once 2 to 3 times 4 or more times	42.6 32.4 16.0 9.1	48.0 33.2 14.2 4.6	55.5 29.2 11.3 4.0	df = 6,	p < .001
OVER THE PAST THREE YEARS, WHEN YOU GOT DRUNK, HOW BAD WAS YOUR HANGOVER?				19.44	2,657
 A. Terrible - The worst you could imagine B. Pretty bad - A little worse than average C. Average (for most people) D. Present but less than average - Not bad E. Have never had a hangover 	24.0 26.5 20.1 22.7 6.7	24.5 28.5 18.5 22.8 5.9	$ 18.6 \\ 25.0 \\ 24.5 \\ 25.6 \\ 6.3 $	df = 8,	p < .05
DO YOU WANT TO SEE A PSYCHIATRIST?				8.19	2,041
A. Yes B. No	11.0 89.0	15.4 84.6	15.3 84.7	df = 2,	p < .05

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*Responses were grouped based on frequency distribution.

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APPENDIX B, Table 2

	Centers	Services	Drydocks	Chi Total Square N
WHAT WERE YOUR ARRIVAL ORDERS?				553.72
A. PCS B. TAD C. TEMDU D. ASMRO E. Other	3.8 41.2 51.0 1.7 2.3	$8.5 \\ 61.8 \\ 22.6 \\ .8 \\ 6.4$	30.4 58.5 4.6 .3 6.2	df = 8, p < .001
WHO WERE YOU BROUGHT UP BY?				28.71 2,079
 A. Mother and Father B. Mother C. Father D. Stepmother and Father E. Stepfather and Mother F. Relatives G. Foster Parents H. Other 	$61.4 \\ 16.0 \\ 2.5 \\ 2.4 \\ 8.6 \\ 4.1 \\ 1.6 \\ 3.3$	$ \begin{array}{c} 63.3\\ 13.1\\ 1.1\\ 4.3\\ 8.6\\ 5.4\\ 1.9\\ 2.3\\ \end{array} $	65.2 11.8 2.3 1.8 8.4 7.5 1.3 1.8	df = 14, p05
WHO REFERRED YOU TO THE CLINIC?				54.75 2,071
 A. CO B. XO C. Division Officer D. Medical Officer E. Chaplain F. Ex-patient G. Self H. Clinic Counselor I. Other 	$ \begin{array}{r} 13.6 \\ 7.0 \\ 6.3 \\ 17.2 \\ 2.2 \\ 3.5 \\ 35.9 \\ 6.3 \\ 8.0 \\ \end{array} $	$13.4 \\ 5.1 \\ 7.9 \\ 16.0 \\ 1.1 \\ 4.1 \\ 38.4 \\ 5.7 \\ 8.3 \\$	9.7 8.6 11.7 9.1 1.8 4.6 37.8 4.6 12.2	df = 16, p < .001
WHAT IS THE PATIENT'S DISCHARGE PROGNOSIS?				58.41 1,673
A. Excellent B. Good C. Fair D. Poor	7.6 50.5 35.0 6.9	7.6 41.2 35.1 16.2	12.6 54.8 23.5 9.2	df = 6, p < .001
HOW OFTEN DID THE PATIENT DRINK IN THE CLINIC?				23.79 1,717
A. Never B. One or more times	91.6 8.4	91.8 8.2	83.6 16.4	df = 2, p < .001
ALCOHOLIC BY BEHAVIORAL CRITERIA				46.51 2,616
0 1 2-3 4-6	31.7 31.2 33.4 3.7	31.2 35.5 30.6 2.7	43.4 31.0 23.8 1.7	df = 6, p < .001
FAMILY ALCOHOL HISTORY				12.75 2,629
0 1-3 4-60	$ 48.9 \\ 24.5 \\ 26.6 $	55.0 23.7 21.3	52.5 26.5 21.0	df = 4, p < .05
EARLIEST AGE FOR ALCOHOL FROBLEMS				31.77 2,629
0 1 2 3 4 5 6 7	$45.7 \\ 1.7 \\ 5.7 \\ 6.2 \\ 7.0 \\ 7.1 \\ 9.2 \\ 17.4$	$ \begin{array}{r} 48.3\\ 1.2\\ 5.9\\ 6.9\\ 9.2\\ 6.9\\ 5.9\\ 15.8\\ \end{array} $	55.3 1.6 4.3 6.2 5.6 7.1 5.9 14.1	df = 14, p < .01
SUCCESS/FAIL				7.95 2,615
Success Fail	86.4 13.6	87.4 12.6	90.6 9.4	df = 2, $p < .05$

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APPENDIX B, Table 2

REPO	ORT DOCUMENTATION	PAGE	READ INSTRUCTIONS
REPORT NUMBER		2. GOVT ACCESSION NO.	3. RECIPIENT'S CATALOG NUMBER
78	-48		
TITLE (and Subtitle)		L	5. TYPE OF REPORT & PERIOD COVERED
Population Dif	ferences and Correla	tes of Post-	Interim
Treatment Effe	ctiveness in Alcohol	Rehabilitation	
Facilities			6. PERFORMING ORG. REPORT NUMBER
AUTHOR(S)			8. CONTRACT OR GRANT NUMBER(S)
Douglas Kolb, Coben	E. K. Eric Gunderson	n, and Patricia	
PERFORMING ORGAN	NIZATION NAME AND ADDRESS		10. PROGRAM ELEMENT, PROJECT, TASK
Naval Health R	esearch Center		P.O. #N0002278F088AFZ
P.O. Box 85122			W.U. #M0096-PN.001-1034
San Diego, Cal	ifornia 92138		
1. CONTROLLING OFF	Decenaria and ADDRESS	mont Command	12. REPORT DATE
Rethesda, Marv	land 20014	ment command	13. NUMBER OF PAGES
beenesuu, nary			27
14. MONITORING AGEN	CY NAME & ADDRESS(If different	t from Controlling Office)	15. SECURITY CLASS. (of this report)
Department of	the Navy		UNCLASSIFIED
Washington, D.	C. 20372		154. DECLASSIFICATION DOWNGRADING
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tiveness was best predicted by pay grade at the time of admission to rehabilitation. Favorable attitudes toward the service and fewer disciplinary difficulties contributed to the prediction equations as well. Prediction equations for younger and older populations were remarkably stable when applied to prediction of outcome at individual facilities.

