

Carrier Tracking of Phase Modulated Signals with a Phase-Lock Loop

by Michael L Don

Approved for public release: distribution unlimited.

NOTICES

Disclaimers

The findings in this report are not to be construed as an official Department of the Army position unless so designated by other authorized documents.

Citation of manufacturer's or trade names does not constitute an official endorsement or approval of the use thereof.

Destroy this report when it is no longer needed. Do not return it to the originator.





Carrier Tracking of Phase Modulated Signals with a Phase-Lock Loop

Michael L Don Weapons and Materials Research Directorate, DEVCOM Army Research Laboratory

Approved for public release: distribution unlimited.

	REPORT D	OCUMENTATIO	N PAGE		Form Approved OMB No. 0704-0188
Public reporting burden data needed, and comple burden, to Department o Respondents should be a valid OMB control num PLEASE DO NOT	for this collection of informat eting and reviewing the collect of Defense, Washington Headd aware that notwithstanding any ber. RETURN YOUR FORM	ion is estimated to average 1 ho ion information. Send commen uarters Services, Directorate fo y other provision of law, no pers 4 TO THE ABOVE ADD	ur per response, including th ts regarding this burden estin r Information Operations and son shall be subject to any pe RESS.	e time for reviewing in nate or any other aspe d Reports (0704-0188) enalty for failing to co	nstructions, searching existing data sources, gathering and maintaining the ct of this collection of information, including suggestions for reducing the , 1215 Jefferson Davis Highway, Suite 1204, Arlington, VA 22202-4302. mply with a collection of information if it does not display a currently
1. REPORT DATE ((DD-MM-YYYY)	2. REPORT TYPE			3. DATES COVERED (From - To)
January 2022		Technical Note			August 2021–October 2021
4. TITLE AND SUB	TITLE				5a. CONTRACT NUMBER
Carrier Tracking of Phase Modulated Signals with			a Phase-Lock Loc	op	
					5b. GRANT NUMBER
					5c. PROGRAM ELEMENT NUMBER
6. AUTHOR(S)					5d. PROJECT NUMBER
Michael L Dor	1				
					5e. TASK NUMBER
					5f. WORK UNIT NUMBER
7. PERFORMING (ORGANIZATION NAME	(S) AND ADDRESS(ES)			8. PERFORMING ORGANIZATION REPORT NUMBER
DEVCOM Arr	mv Research Labo	oratory			
ATTN: FCDD	-RLW-WE	5			ARL-TN-1102
Aberdeen Prov	ving Ground, MD	21005			
9. SPONSORING/MONITORING AGENCY NAME(S) AND ADDRE			SS(ES)		10. SPONSOR/MONITOR'S ACRONYM(S)
					11. SPONSOR/MONITOR'S REPORT NUMBER(S)
12. DISTRIBUTION	I/AVAILABILITY STATE	MENT			
Approved for j	public release: dis	tribution unlimited.			
13. SUPPLEMENTA ORCID ID: M	ARY NOTES ichael L Don, 000	0-0002-8021-9066			
14. ABSTRACT					
Oscillator disc	repancies and Dor	opler shifts can cau	se a mismatch be	tween transm	itter and receiver carrier frequencies in
wireless comm	nunications. A pha	se-lock loop is typi	ically employed t	o recover the	carrier and remove any frequency mismatch.
This technical	note demonstrates	the use of a Costa	s loop for phase r	ecovery of a	quadrature phase-shift keying signal, paying
special attention	on to characterizat	ion of the frequenc	y offset. Full sim	ulation source	e code is provided.
15. SUBJECT TERN	ЛS				
phase-lock loo	p, Doppler, phase	modulation, Costa	s loop, frequency	measuremen	t
16. SECURITY CLASSIFICATION OF:			17. LIMITATION OF	18. NUMBER OF	19a. NAME OF RESPONSIBLE PERSON
			ABSTRACT	PAGES	NICRAEL L DON 19b TELEPHONE NUMBER (Include area code)
Inclossifie 1	Unalogaified	Unalogaified	UU	21	(110) 206 0775
Unclassified	Unclassified	Unclassified			(410) 300-0773

Standard Form 298 (Rev. 8/98) Prescribed by ANSI Std. Z39.18

Contents

List	ist of Figures iv	
1.	Introduction	1
2.	QPSK Signal Model	1
3.	Carrier Recovery	3
4.	Conclusion	8
5.	References	9
Арр	endix. Simulation Code	10
List	of Symbols, Abbreviations, and Acronyms	14
Dist	tribution List	15

List of Figures

Fig. 1	Constellation diagram of symbols (left) and up-sampled signal (right) 2
Fig. 2	Symbols (top), IQ data of up-sampled signal (middle), and IQ data of shifted signal with added noise (bottom)
Fig. 3	Spectrum of original up-sampled signal and the shifted signal
Fig. 4	Constellation diagram of the shifted signal (left) and the recovered signal (right)
Fig. 5	Spectrum of original up-sampled signal and the recovered signal 5
Fig. 6	History of the estimated frequency offset
Fig. 7	Recovered constellation diagram
Fig. 8	The original and recovered symbols
Fig. 9	A comparison of Costas loop convergence for three values of α
Fig. 10	Example of estimating a time-varying frequency offset

1. Introduction

In wireless communications, radio signals are typically modulated to encode information and up-converted to a desired carrier frequency for transmission. During reception, the signal must be correctly down-converted from the carrier frequency for demodulation. This process is complicated by differences between the transmitter and receiver oscillators, as well as Doppler shifts, which cause a mismatch between the up-conversion and down-conversion frequencies. Typically, a phase-lock loop is employed to accurately recover the carrier frequency and correct this mismatch.¹

This technical note describes and simulates a simple phase-lock loop for carrier recovery of a quadrature phase-shift keying (QPSK) signal. Unlike many applications where only the resulting corrected signal is of interest, attention is paid to the calculation of the frequency offset for Doppler shift or oscillator mismatch characterization. Simulation code is included in the Appendix.

2. QPSK Signal Model

To demonstrate carrier recovery, a QPSK signal with random data was simulated with a symbol rate of 10 kHz. Figure 1, on the left, shows the typical QPSK constellation diagram of the symbols, each point representing the four possible QPSK phases. These symbols were up-sampled by a factor of 8 using a raised cosine filter, giving the constellation diagram on the right of Fig. 1. Down-conversion carrier mismatch is modeled by shifting the frequency by 1 kHz and channel noise is modeled by a complex Gaussian random variable CN(0,0.02). Figure 2 illustrates the signal in the time domain. The top plot shows the symbols drawn from the set {0,1,2,3}, the middle plot shows the up-sampled in-phase, quadrature (IQ) data, and the bottom plot shows the shifted signal with noise. Figure 3 shows the up-sampled signal with the shifted signal in the frequency domain. The 1-kHz shift in frequency is clearly visible.



Fig. 1 Constellation diagram of symbols (left) and up-sampled signal (right)



Fig. 2 Symbols (top), IQ data of up-sampled signal (middle), and IQ data of shifted signal with added noise (bottom)



Fig. 3 Spectrum of original up-sampled signal and the shifted signal

3. Carrier Recovery

Carrier recovery is implemented here using a Costas loop.² For each sample, the recovered signal y_k is calculated by correcting the shifted signal x_k by the current estimated phase $\hat{\phi}_k$

$$y_k = x_k e^{-i\phi_k} . (1)$$

For the fourth-order signal QPSK, the phase offset estimate is calculated as

$$g_k = \frac{\Im(y_k^4)}{|y_k^4|} \,. \tag{2}$$

The estimated angular frequency update is then

$$\widehat{\omega}_{k+1} = \widehat{\omega}_k + \beta g_k. \tag{3}$$

The estimated phase update is calculated as

$$\hat{\phi}_{k+1} = \hat{\phi}_k + \alpha g_k + \hat{\omega}_{k+1}. \tag{4}$$

Typically, $\beta = \sqrt{\alpha}$, with $\alpha = 0.015$ for this simulation.

Figure 4 shows the constellation of the shifted signal on the left and the recovered signal on the right. The frequency offset has the effect of rotating the constellation, leaving no visible trace of the original symbols in the plot on the left. Once this offset has been removed through carrier recovery, the symbol grouping can be distinguished in the plot on the right. Figure 5 shows the recovery result in the frequency domain, showing that the spectrum of the recovered signal now matches that of the original signal. The frequency in hertz can be calculated from the angular frequency ω as $\omega F_s/(2\pi)$, where F_s is the sampling frequency. Given the original data rate of 10 kHz and the factor of 8 up-sampling, the sampling frequency is 80 kHz. Using this calculation, the estimated frequency offset history of the Costas loop is plotted in hertz in Fig. 6, showing convergence to the correct value. Figure 7 shows a constellation diagram of the down-sampled signal using a matched filter and Fig. 8 compares the original data to the recovered data. The few outlying points are caused by filtering end effects and can be ignored.



Fig. 4 Constellation diagram of the shifted signal (left) and the recovered signal (right)



Fig. 5 Spectrum of original up-sampled signal and the recovered signal







Fig. 7 Recovered constellation diagram



Fig. 8 Original and recovered symbols

Figure 9 shows the Costas loop's convergence to the frequency offset for three values of α . Larger values of α lead to faster convergence as shown in the top plot, but also have greater variance as shown in the bottom plot. The Costas loop can measure and correct time-varying frequency offsets as well as the constant offsets shown in the previous examples. Figure 10 shows the results of tracking a signal with the frequency offset varying between 1 and 2 kHz using $\alpha = 0.02$.



Fig. 9 Comparison of Costas loop convergence for three values of α



Fig. 10 Example of estimating a time-varying frequency offset

4. Conclusion

Oscillator discrepancies and Doppler shifts can cause a mismatch between the transmitter and receiver carrier frequency in wireless communications. A phase-lock loop is typically employed to recover the carrier and remove any frequency mismatch. This technical note has demonstrated how to use a Costas loop for phase recovery of a QPSK signal, paying special attention to characterization of the frequency offset. Full source code has been provided in the Appendix to reproduce all of the results in this report.

5. References

- 1. Abramovitch D. Phase-locked loops: a control centric tutorial. In: Proceedings of the 2002 American Control Conference; 2002 May 8. IEEE 2002;1:1–15. IEEE cat. No. CH37301.
- 2. Costas JP. Synchronous communications. Proc IEEE. 2002 Aug;90(8):1461–1466.

Appendix. Simulation Code

```
%% PLL QPSK
clear
close all;
rng(2) %init random number gen
set(0,'defaultAxesFontName','Times')
set(0, 'defaultTextFontName', 'Times')
set(0, 'defaultTextFontSize', 12)
set(0, 'defaultAxesFontSize', 12)
%% Parameters
n=3000; %n symbols
data rate=10e3;
k=8; %samples/symbol
phi offset=0; %init phase (rad)
f offset=le3; %freq offset (Hz)
w=0.1; %noise
a=0.015; %filter constant
nfft=8; %2^nfft size fft
nplot=100; %number of symbols to plot
fs=data rate*k; %sampling rate
dt=1/fs; %sample period
ns=k*n; %num samples
ts = 0:1/fs:(ns-1)/fs; %samping time
tsym = 0:1/data rate: (n-1)/data rate; %symbol time
omega offset=f offset*2*pi/fs; %(rads/sample) offset
samp plot index=(ns-nplot*k+1:ns); %index of samples to plot
sym plot index=(n-nplot+1:n); %index of symbols to plot
%% Create QPSK signal
s=randi([0 3],1,n); %symbols
x=exp(1i*2*pi*s/4); % QPSK
x save=x; %save original symbols for later
figure(1) %plot constellation diagram
subplot(1,2,1)
plot(x(sym plot index),'.')
xlabel('I')
vlabel('Q')
xlim([-1.5 1.5])
ylim([-1.5 1.5])
%% up-sample with raised cosine filter
x=upfirdn(x,rcosdesign(0.25,6,k),k)*2; %transmit filter
x=x(1:ns);
subplot(1,2,2) %plot constellation diagram
plot(x(samp_plot_index),'.')
xlabel('I')
ylabel('Q')
xlim([-1.5 1.5])
ylim([-1.5 1.5])
figure(2) %plot time domain signals
subplot(3,1,1)
stem(tsym(sym plot index),s(sym plot index))
ylabel('Symbol')
ylim([0 3])
subplot(3,1,2)
```

```
plot(ts(samp plot index), real(x(samp plot index)))
hold on
plot(ts(samp plot index), imag(x(samp plot index)))
ylabel('Amp.')
figure(3) %plot freq. domain
X = fft(x(end-2^nfft+1:end), 2^nfft)/2^nfft;
f = fs/2*linspace(0,1,2^nfft/2+1);
plot(f,2*abs(X(1:2^nfft/2+1)))
xlabel('Frequency (Hz)')
ylabel('|X(f)|')
figure (5) %use later to compare recovered results
plot(f,2*abs(X(1:2^nfft/2+1)))
xlabel('Frequency (Hz)')
ylabel('|X(f)|')
%% offset freq. and add noise
x=x.*exp(li*(phi offset +
fs*ts*omega offset))+w*(randn(1,ns)+randn(1,ns)*1i); %freq/phase
offset
figure(2) %plot time domain shifted signal
subplot(3,1,3)
plot(ts(samp plot index), real(x(samp plot index)))
hold on
plot(ts(samp plot index), imag(x(samp plot index)))
xlabel('Time (s)')
ylabel('Amp.')
figure(3) %plot freq. domain shifted signal
hold on
X = fft(x(end-2^nfft+1:end),2^nfft)/2^nfft;
f = fs/2*linspace(0,1,2^nfft/2+1);
plot(f,2*abs(X(1:2^nfft/2+1)),'--')
legend('Original','Shifted','Location','NorthEastOutside')
figure(4) %Constellation diagram of shifted signal
subplot(1,2,1)
plot(x(samp plot index),'.')
xlim([-1.5 1.5])
ylim([-1.5 1.5])
xlabel('I')
ylabel('Q')
%% PLL
b=a^2; %beta
phi hat=zeros(1,ns); %pre-allocate estimated phi
phi error hat=zeros(1,ns); %pre-allocate estimated phi error
omega hat=zeros(1,ns); %pre-allocate estimated carrier
y=zeros(1,ns); %pre-allocate output signal
for i=1:ns-1
      y(i)=x(i) * exp(-li*(phi hat(i))); %carrier sync
      v=y(i).^4; % 4th-order, detect phase error
      phi error hat(i)=imag(v) / abs(v);
      omega hat(i+1)=omega hat(i)+b*phi error hat(i); %loop
filter
```

```
phi hat(i+1)=phi hat(i)+a*phi error hat(i)+omega hat(i+1);
end
%% Plot Results
figure(4) %constellation diagram
subplot(1,2,2)
plot(y(samp_plot_index),'.')
xlim([-1.5 1.5])
ylim([-1.5 1.5])
xlabel('I')
ylabel('Q')
figure(5) %frequency domain of recovered signal
Y = fft(y(end-2^nfft+1:end),2^nfft)/2^nfft;
hold on
plot(f,2*abs(Y(1:2^nfft/2+1)),'--')
xlabel('Frequency (Hz)')
ylabel('|X(f)|')
legend('Original', 'Recovered', 'Location', 'NorthEastOutside')
figure(6) %pll freq. estimate history
f hat=omega hat*fs/(2*pi); %Hz
plot(ts,f hat)
xlabel('Time (s)')
ylabel('Frequency (Hz)')
%% downsample
y=upfirdn(y,rcosdesign(0.25,6,k),1,k)/2; %receiver filter
figure(7) %downsampled constellation diagram
y=y(7:end);
plot(y(sym_plot_index),'.')
xlabel('I')
ylabel('Q')
figure(8) %data recovery
s2=real(round(4*log(y)./(1i*2*pi)));
s2(s2<0)=4+s2(s2<0); %correct for phase rollover
stem(tsym(sym plot index),s(sym plot index))
hold on
plot(tsym(sym plot index),s2(sym plot index),'*')
legend('Original', 'Recovered', 'Location', 'NorthEastOutside')
xlabel('Time (s)')
ylabel('Symbols')
```

List of Symbols, Abbreviations, and Acronyms

ARL	Army Research Laboratory
DEVCOM	US Army Combat Capabilities Development Command
IQ	in-phase, quadrature
QPSK	quadrature phase-shift keying

1	DEFENSE TECHNICAL
(PDF)	INFORMATION CTR
	DTIC OCA

- (PDF) FCDD RLD DCI TECH LIB
- 1 DEVCOM ARL (PDF) FCDD RLW WE M DON