# Threat Mitigation Workshop – Cybersecurity Overview

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### Agenda

Cybersecurity Overview Cybersecurity Requirements Role of the CISO in Enterprise Risk Role of the Human in Cybersecurity

## Fundamental Concepts in Cybersecurity

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### What Is Cybersecurity?

*"Measures taken to protect a computer or computer system (as on the Internet) against unauthorized access or attack."* 

-Merriam-webster.com

"Cyberspace is composed of hundreds of thousands of interconnected computers, servers, routers, switches, and fiber optic cables that allow our critical infrastructures to work.

• Thus, the healthy functioning of cyberspace is essential to our economy and our national security."

-The National Strategy to Secure Cyberspace, 2003

### Confidentiality, Integrity, Availability



The ability to use the resource when it is needed

### **Increasing Pace**

Information is an indispensable component of virtually all organizations and their ability to conduct business.

Information security (IS) is becoming an increasingly critical program.

It has become an integral part of enterprise management.

- affects an organization's leadership, structure, and processes
- is now a responsibility of executive management, with oversight from the board of directors



### Information Security vs. Information Technology Security

IT security is a component of information security

Information security

- Encompasses ALL aspects of information: content, meaning, knowledge
- includes all aspects of risks, benefits, and processes involving information
- is governed by executive management

Information technology security

- focuses on the security of information within the boundaries of the technological domain
- is governed at the chief information officer (CIO) level

### **Operational Balance**

The security of these functions cannot override the ability to operate them.

Risk analysis helps identify security requirements based on operational needs, threats, and impact from those threats:

- a database with no outside connectivity could be considered secure, but the operational effect of denying access to it makes the security pointless.
- a cost-benefit analysis can help you avoid "building a \$10,000 fence around a stack of quarters."

### Focus Cybersecurity on Business Objectives



People: those who operate and monitor the service

Information: data associated with the service

**Technology**: tools and equipment that automate and support the service **Facilities**: where the service is performed

Assets derive their value from their importance in meeting the service mission.

### Cybersecurity Goal: Enhance Resilience

Resilience is the physical property of a material when it can return to its original shape or position after deformation that does not exceed its elastic limit. [wordnet.princeton.edu]

Operational resilience is the emergent property of an organization that can continue to carry out its business objectives after disruption that does not exceed its operational limit [CERT-RMM]

### The disruption comes from realized risk.

### **Balance Protection and Sustainment**



The first principle of risk management is to focus on the critical few.

- Find out what is most important to your organization.
- Figure out where it lives.
- Build your strategy around it.

### A lack of proper asset management is a key reason organizations cannot get a handle on cybersecurity.

### Security vs. Survivability

Security	Survivability
Focus on protecting information	Focus on continuity of operations
Systems are seen as bounded and under central administrative control.	Are seen as open, unbounded, with distributed administrative control.
Considered an overhead expense	Considered an investment; essential to the business of the organization
Narrow technical specialty with technology-based solutions	Part of enterprise risk management; business driven, management-based solutions
Protect system components	No component is immune; ensure business objectives sustained

### Cybersecurity Threats



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### Cybersecurity Threat Actors



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### **Classes of Cybersecurity Controls**

Class	Family
Management	Certification, Accreditation, and Security Assessments
	Planning
	Risk Assessment
	System and Services Acquisition
Operational	Aw areness and Training
	Configuration Management
	Contingency Planning
	Incident Response
	Maintenance
	Media Protection
	Personnel Security
	Physical and Environmental Protection
	System and Information Integrity
Technical	AccessControl
	Audit and Accountability
	Identification and Authentication
	System and Communications Protection

Source: NIST Special Publication 800-53, "Recommended Security Controls for Federal Information Systems"

### **Control Function Categories**



### Defense in Depth

### There is no cyber "silver bullet." Security must be applied in layers.



- strong passwords, backup and restore strategy
- application hardening
- operating system hardening, authentication, security update management, antivirus updates, auditing
- network segments
- firewalls, virtual private networks
- guards, locks, tracking devices

### Cybersecurity Requirements

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### Cybersecurity Requirements Overview

Federal Information Security Management Act (FISMA)Federal Acquisition Regulation (FAR)Defense Federal Acquisition Regulation (DFAR)Executive Order on Improving the Nation's Cybersecurity

### Standards and Frameworks

NIST Cybersecurity Framework

**NIST 800 Series Special Publications** 

Control Objectives for Information and Related Technologies (COBIT)

ISO 27000 and 31000 Standards Families

CERT Resilience Management Model (RMM)

### Common Cybersecurity Roles

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### Cybersecurity Roles and Responsibilities

**Executive Committee** 

• Provides oversight; sets tone at the top

Senior Management

- Implements effective governance and defines strategic information security objectives
- Sets cultural "acceptance" of information security

Information Security Steering Committee

• Ensures all stakeholders impacted by security considerations are involved

Chief Information Security Officer

- Commonly reports directly to senior management
- Managers who have security responsibilities as their core focus, working with appropriate business/operations personnel

### Senior Management Commitment

Senior management should have a commitment to

- Treat cybersecurity as a critical business issue and create a positive environment regarding security
- Demonstrate to third parties that the organization deals with cybersecurity professionally
- Apply fundamental principles such as
  - Assuming ultimate responsibility for cybersecurity
  - Implementing controls that are proportionate to risk
  - Achieving accountability

### Information Security Steering Committee

Used to ensure that all stakeholders impacted by security considerations are involved Normally comprised of senior representatives of affected groups

- Facilitates achieving consensus on priorities and tradeoffs
- Serves as an effective communications channel
- Ensures alignment of the security program with business objectives
- Is instrumental in achieving modification of organizational behavior toward a conducive security culture

### **Chief Information Security Officer**

CISO or equivalent executive position

- Ensures security risks are appropriately communicated to executive management
- Establishes and manages a budget to conduct all infosec activities
- Ensures appropriate and timely development of security policies, procedures, baselines, standards, and guidelines
- Develops and provides a security awareness training program
- Ensures compliance with applicable regulations
- Remains current on emerging technologies and threats

### **Business and Operations Personnel**

- Are critical in implementing business operations that meet security needs as well as identifying, escalating security incidents, and handling other concerns
- Must recognize and meet their responsibilities in ensuring day-to-day operational security
- Should be represented on the information security steering committee

### Four Key Functions of CISO Responsibilities

**Protect, shield, defend, and prevent:** Ensure that the organization's staff, policies, processes, practices, and technologies proactively protect, shield, and defend the enterprise from cyber threats, and **prevent the occurrence and recurrence of cybersecurity incidents** commensurate with the organization's risk tolerance.

Monitor, detect, and hunt: Ensure that the organization's staff, policies, processes, practices, and technologies monitor ongoing operations and actively hunt for and detect adversaries; report instances of suspicious and unauthorized events as expeditiously as possible.

**Respond, recover, and sustain**: When a cybersecurity incident occurs, minimize its impact and ensure that the organization's staff, policies, processes, practices, and technologies are rapidly deployed to **return assets to normal operations as soon as possible**. Assets include technologies, information, people, facilities, and supply chains.

**Govern, manage, comply, educate, and manage risk**: Ensure that the organization's leadership, staff, policies, processes, practices, and technologies provide **ongoing oversight, management, performance measurement, and course correction of all cybersecurity activities**. This function includes ensuring compliance with all external and internal requirements and mitigating risk commensurate with the organization's risk tolerance.

Source: Allen, J., Crabb, G., Curtis, P., Fitzpatrick, B., Mehravari, N. and Tobar, D. (2015). *Structuring the Chief Information Security Officer Organization*. [online] Software Engineering Institute - Carnegie Mellon University - CERT Division of Carnegie Mellon's Software Engineering Institute. http://resources.sei.cmu.edu/asset\_files/TechnicalNote/2015\_004\_001\_446198.pdf

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## Role of the Human in Cybersecurity

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### Security Awareness and Training Programs



People, who are all fallible, are usually recognized as one of the weakest links in securing systems.

The purpose of computer security awareness, training, and education is to enhance security by

- improving awareness of the need to protect system resources
- developing skills and knowledge so computer users can perform their jobs more securely
- building in-depth knowledge, as needed, to design, implement, or operate security programs for organizations and systems

Security awareness and training programs may also be required by law.

Employees need to understand the value of the company's information assets.

### The State of Information Security Policy Awareness



According to a 2018 Kaspersky survey of over 8,000 fulltime employees:

- 12% claimed to be fully aware of their organization's information security policies.
- 24% of employees indicated that they believe their organization does not have any established security policies.

https://www.techrepublic.com/article/88-of-employees-have-no-clue-about-their-organizations-it-security-policies/

## **Developing Awareness and Training Program**

Security teams should be methodical in developing and implementing the education and awareness program.

Consider various aspects:

- Who is the intended audience?
  - management, business managers, IT staff, users
- What is the intended message?
  - policies, procedures, recent events
- What is the intended result?
  - improved policy compliance, behavioral change, and better practices
- What communication method will be used?
  - computer-based training (CBT), all-hands meeting, intranet, newsletters, etc.
- What is the organizational structure and culture?

### Training by "Target"

Training is most effective when it is targeted to a particular group.

Organizations should segment user populations into groups based on threats specific to those groups; for example

- Executives: prevalent use of mobile devices, targets of spear phishing (whaling)
- Administrators; privileged accounts, potential for insider abuse
- End users; heavy Internet usage with no awareness of "dangers"; targets of phishing and social engineering

For maximum effectiveness, build training targeted to each group.

### **End-User Training**

Appropriate employee training can have significant impact in mitigating risks.

End-user training should include

- purpose, explanation, and importance of adhering to security policies/procedures
- clean desk policy
- response to emergencies
- requirements of privacy/confidentiality
- significance of logical access in the IT environment

Training should be initial, periodic, and ongoing, and should include assessments and quality assurance on training and trainers.

In an organization, information systems security is the responsibility of all personnel.

### Key Takeaways

- Cybersecurity is NOT a technical or IT issue -> it is an enterprise risk issue
- Threats and technology will change much more rapidly than business strategies
- Executives need to have a solid understanding of cybersecurity principles in order to provide effective oversight

Q&A



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