

Spotlight on Insider Fraud in the Financial Services Industry

Sarah Miller, CISSP, CIPT, CIPP/US
National Insider Threat Center
CERT® Division

Software Engineering Institute Carnegie Mellon University Pittsburgh, PA 15213



Copyright 2021 Carnegie Mellon University.

This material is based upon work funded and supported by the Department of Defense under Contract No. FA8702-15-D-0002 with Carnegie Mellon University for the operation of the Software Engineering Institute, a federally funded research and development center.

The view, opinions, and/or findings contained in this material are those of the author(s) and should not be construed as an official Government position, policy, or decision, unless designated by other documentation.

NO WARRANTY. THIS CARNEGIE MELLON UNIVERSITY AND SOFTWARE ENGINEERING INSTITUTE MATERIAL IS FURNISHED ON AN "AS-IS" BASIS. CARNEGIE MELLON UNIVERSITY MAKES NO WARRANTIES OF ANY KIND, EITHER EXPRESSED OR IMPLIED, AS TO ANY MATTER INCLUDING, BUT NOT LIMITED TO, WARRANTY OF FITNESS FOR PURPOSE OR MERCHANTABILITY, EXCLUSIVITY, OR RESULTS OBTAINED FROM USE OF THE MATERIAL. CARNEGIE MELLON UNIVERSITY DOES NOT MAKE ANY WARRANTY OF ANY KIND WITH RESPECT TO FREEDOM FROM PATENT, TRADEMARK, OR COPYRIGHT INFRINGEMENT.

[DISTRIBUTION STATEMENT A] This material has been approved for public release and unlimited distribution. Please see Copyright notice for non-US Government use and distribution.

This material may be reproduced in its entirety, without modification, and freely distributed in written or electronic form without requesting formal permission. Permission is required for any other use. Requests for permission should be directed to the Software Engineering Institute at permission@sei.cmu.edu.

Carnegie Mellon® and CERT® are registered in the U.S. Patent and Trademark Office by Carnegie Mellon University.

DM21-0169

## Presenter Biography

Sarah Miller (CISSP, CIPT, CIPP/US) is an Insider Threat Researcher supporting the CERT® Division's National Insider Threat Center (NITC) at Carnegie Mellon University's Software Engineering Institute.

- Serves as the Chair of the Open Source Insider Threat (OSIT) information sharing group for industry insider threat practitioners.
- Develops detection and mitigation strategies for insider threat programs.
- Collaborate on insider threat program building for customers.
- Teaches public and custom insider threat courses.
- Conducts sector-specific, supply chain, cybersecurity best practices, collusion, kinetic threats, privacy, and other insider threat research.

#### Education

- MS in Information Security Policy and Management, Heinz College, Carnegie Mellon University
- MA in Rhetoric, Carnegie Mellon University
- BA in English and Psychology, McDaniel College



# The CERT Division's National Insider Threat Center (NITC)



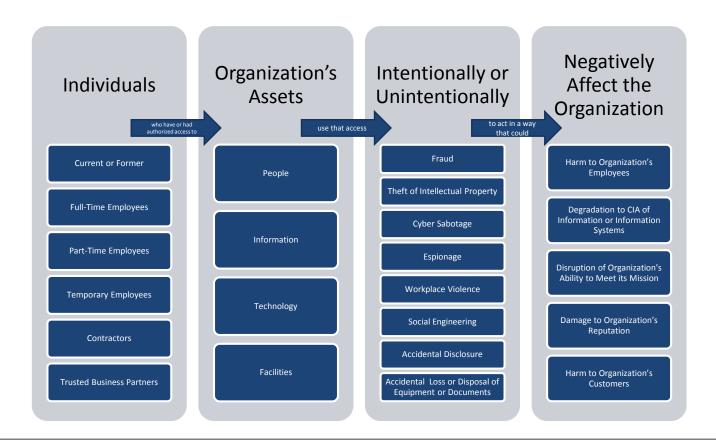
- Focus: Providing insider threat expertise across sectors
- History: Launched work in 2001 with the U.S. Secret Service and formalized as NITC in 2017
- Mission: Enable effective insider threat mitigation, incident management practices, and develop capabilities for deterring, detecting, and responding to evolving cyber and physical threats
- Action and Value: Conduct research, modeling, analysis, and outreach to develop and transition sociotechnical solutions to combat insider threats

#### The NITC Definition of Insider Threat



The potential for an individual who has or had authorized access to an organization's assets to use their access, either maliciously or unintentionally, to act in a way that could negatively affect the organization.

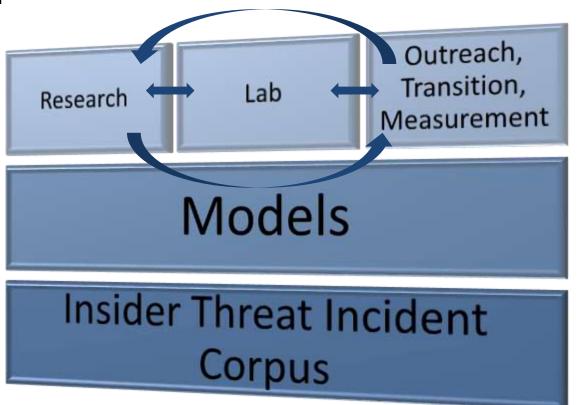
#### What / Who Is an Insider Threat?



# Collaborations (Past, Current, Future)

Organizations	Focus Areas
Domain experts	<ul><li>Psychology (Secret Service, FBI, DoD, NITC Visiting Scientists)</li><li>Espionage (DoD)</li></ul>
Interagency working group	<ul> <li>Espionage case collection and analysis</li> <li>Identification of patterns of espionage indicators</li> <li>Counterintelligence</li> </ul>
Federal law enforcement	<ul> <li>Case analysis and information from victim organizations and perpetrators</li> <li>Organizational vulnerabilities</li> <li>Effective countermeasures</li> </ul>
National labs, FFRDCs, critical infrastructure providers	<ul> <li>Automated detection enhancements</li> <li>Sector-specific assessments</li> </ul>
Tool vendors, infrastructure providers	<ul> <li>Automated detection enhancements</li> <li>Emerging technologies (e.g., cloud computing)</li> </ul>
Large auditing/consulting firms	Assessments/follow-on guidance

The CERT National Insider Threat Center Approach to the Problem

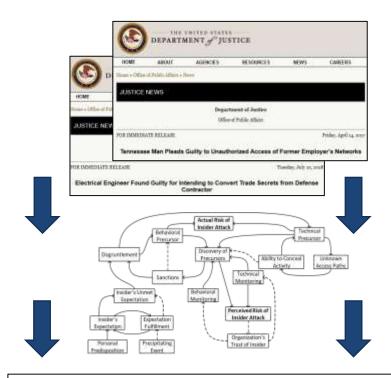


## NITC Incident Corpus

Collection of over 1600 analyzed insider threat incidents, with hundreds more identified

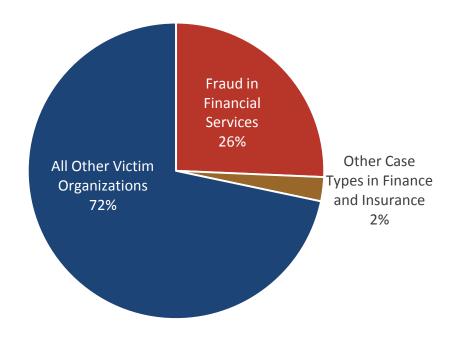
Standardized incident coding methodology allows analysis of technical actions and observable behaviors

Body of empirical data provides a basis for threat models, technical and administrative control development, and risk quantification



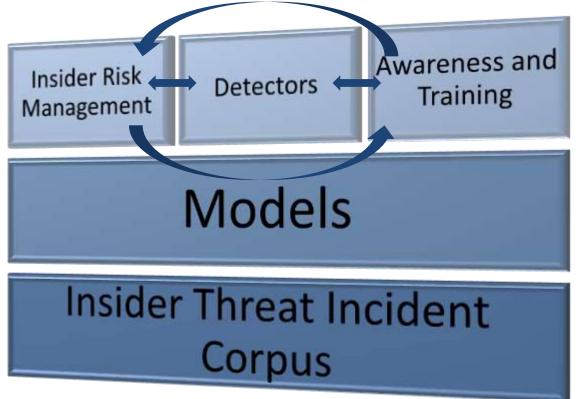
'host=HECTOR [search host="zeus.corp.merit.lab" Message="A user account was disabled. \*" | eval Account\_Name=mwindex(Account\_Name, -1) | fields Account\_Name | strcat Account\_Name "@corp.merit.lab" sender\_address | fields - Account\_Name] total\_bytes > 50000 AND recipient\_address!="\*corp.merit.lab" startdaysago=30 | fields client\_ip, sender\_address, recipient\_address, message\_subject, total\_bytes'

# Representation of Financial Services in Incident Corpus

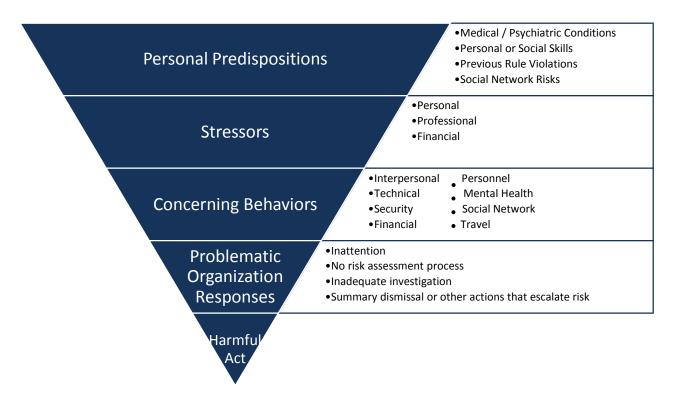


Over 1 in 4 victim organization records in the CERT Insider Threat Incident Corpus involves Fraud in the Financial Services sector.

Adapting the CERT National Insider Threat Center Approach to Insider Threat Program Operations



#### NITC's Critical Path to Insider Risk



Source: Shaw, Sellers (2015); Carnegie Mellon University (2006)



#### Fraud -1

A foreign currency trader took advantage of both administrative and technical vulnerabilities in order to conceal their declining work performance. The insider was ordered to pay \$700 million in restitution and sentenced to 7.5 years in prison. The insider was required to pay the victim organization \$1,000 a month during 5 years of probation.

The victim organization undergoes an acquisition.

- The insider's supervision becomes ambiguous.
- •The insider begins losing money on trades.
- •Though the start time was unknown, the insider began developing a drug problem.

Fearing job-related consequences of their declining performance, the insider executed a complex fraud scheme.

- Convinced co-workers not to track the insider's trades and validate them
- Exploited that the organization did not record trading phone calls
- Used remote access to continue the fraud

The insider threatened to quit when their victim organization questioned their practices.

- Internal audit performed by victim organization
- External observation of the insider's activities
- •The victim organization identified that the insider made \$650,000 in bonuses through the fraud scheme

The insider was

responsible for

assets for a profit.

collecting and trading

#### Fraud -2

A manager and at least 9 unwitting accomplices enable the theft of almost \$50 million over almost 20 years from the employer.

# Insider social engineered management

- New computer system with improved controls
- Convinced management they should keep using old computer system

# Issued fraudulent refunds to fake companies

- Almost 20 years
- Nearly 250 fraudulent checks
- Totaled nearly \$50 million

# Liked helping people

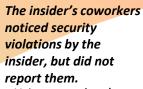
- Gave coworkers money for tuition, funerals, clothing, etc.
- Told coworkers they had received inheritance
- Owned multiple homes valued at several million dollars
- Owned luxury cars, expensive jewelry, ...

#### Background

- Drug and alcohol abuse
- Substantial gambling habit

#### Fraud -3

A manager at a small, local bank engaged in a lapping scheme over the course of five years. The damages caused by the insider were estimated to be as high as \$1 Million. The insider was sentenced to 30 months in prison and restitution.



- Using coworkers' computers
- Teller drawers out of balance

# The insider took efforts to conceal their theft.

- Stealing money from one account to pay back the other (i.e., lapping)
- Created and directly sent false bank statements of victim's accounts
- Modified victim accounts to have legitimate bank statements sent elsewhere

# The insider was discovered through an audit.

- The insider fell ill and had to be hospitalized, making them unable to keep up with their concealment.
- A customer that had a compromised account lodged a concern.
- In response, the bank conducted an audit and discovered the insider's activity.

# The insider experienced personal issues.

- Grief related to death of a relative
- Other relatives began observing a "spending problem" in the insider after this loss

# Sabotage and Fraud

A systems administrator at a financial services firm distributed a logic bomb on their employer's systems. The victim organization never fully recovered from the insider's actions. The insider was sentenced to more than 90 months imprisonment.

The insider built and distributed a logic bomb on one of the organization's networks.

- •2.000 servers at HQ impacted
- •370 servers at branch offices impacted
- Used VPN from home

Before the logic bomb's planned detonation, the insider purchased put options (an option to sell assets at an agreed price on or before a particular date) on the company.

•The insider expected the subsequent detonation of the logic bomb would drive stock prices down.

Although stock prices did not drop, the victim organization lost over \$3 million in reports and loss of operations.

- •The victim organization began to suspect the insider.
- •The insider then resigned.
- A forensic investigation revealed the insider's involvement.

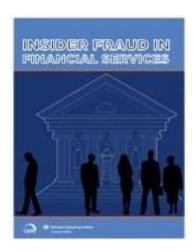
The organization announced to employees that bonuses would be half of what they normally were.

•The insider had complained about the lower bonus to their supervisor.

Insider Fraud Study and Updated **Statistics** Carnegie Mellon University Spotlight on Insider Fraud in the Financial Services Industry [Distribution Statement A] Approved for public release and unlimited distribution.

# Insider Fraud Study

- Funded by U.S. Department of Homeland Security (DHS) Science and Technology Directorate (S&T) (2012)
- Conducted by the NITC in collaboration with the U.S. Secret Service (USSS)
- Resulted in the report: Cummings, A.; Lewellen, T.; McIntire, D.; Moore, A.P.; & Trzeciak, R. (2012).
   Insider Threat Study: Illicit Cyber Activity Involving Fraud in the U.S. Financial Services Sector.
   CMU/SEI-2012-SR-004. Software Engineering Institute, Carnegie Mellon University.



#### Low and Slow

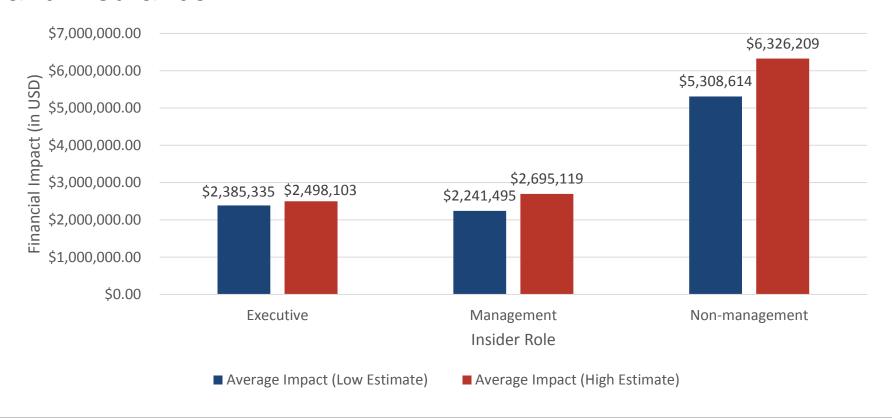
Criminals who executed a "low and slow" approach accomplished more damage and escaped detection for longer.



Windows of opportunity exist during which fraud can be prevented or disrupted

There are, on average, approximately 5 years between a subject's hiring and the start of the fraud. There are 42 months between the beginning of the fraud and its detection.

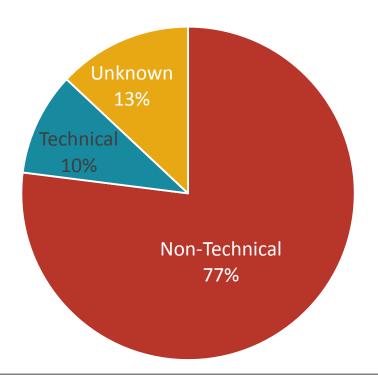
# Average Financial Impact by Position Type in Finance and Insurance





#### Non-Technical Positions

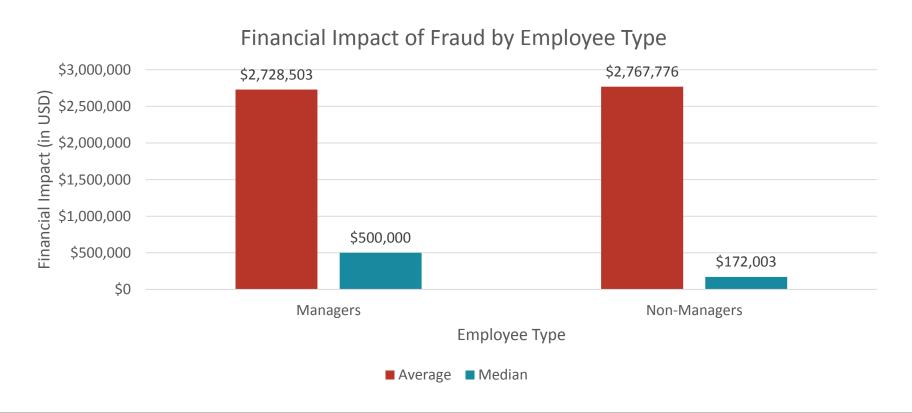
#### Positions Held by Insiders



Over three-quarters of fraudsters occupied non-technical positions, such as

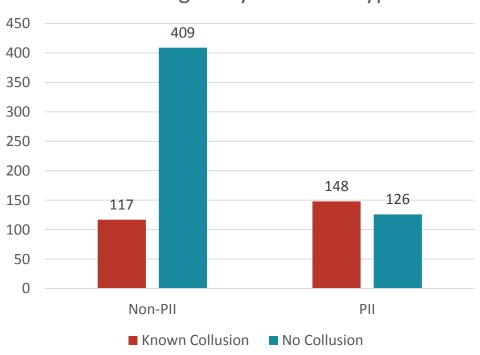
- Bank teller
- Bookkeeper
- Cashier
- Clerk
- Receptionist
- Secretary

# Fraud by Non-Managers vs. Managers



#### Fraud and PII

#### Fraud Targets by Collusion Type

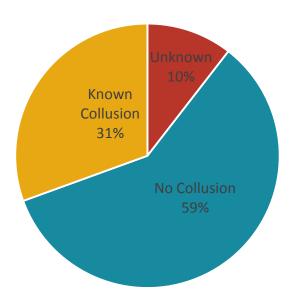


Personally identifiable information (PII) is a prominent target of those committing fraud.

Non-PII targets primarily involved money, accounting records, and payment systems.

#### Fraud and Collusion – 1

### Fraud Incidents by Collusion



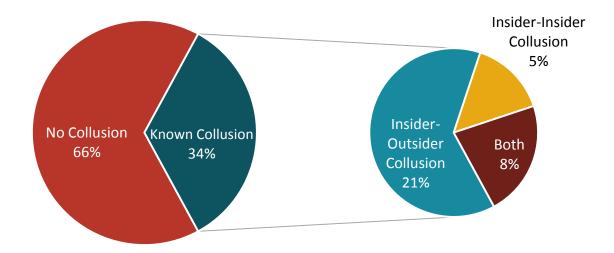
Most fraud cases do not involve collusion.

However, it is important to note that

- Approximately 31% of fraudsters do collude.
- Fraud involves collusion more often than other cases.

#### Fraud and Collusion – 2

External collusion is most common in fraud cases, i.e., a bank insider colluding with an external party to facilitate the crime.



# Audits, Complaints, and Suspicions

Most incidents were detected through an audit, customer complaints, or co-worker suspicions.

- The most common way attacks were detected was through routine or impromptu audits.
- Over half of the insiders were detected by other victim organization employees, though none of the employees were members of the IT staff.
- As expected, most initial responders to the incidents were managers or internal investigators (75 percent).

© 2021 Carnegie Mellon University

### Who were the Fraudsters?

Insider Demographics		
Position	Current employees in nontechnical positions	
Tenure	Typically 5 years or more	
Age Range	Two-thirds are between the ages of 31 and 40	
Gender	Fairly even split between male and female	
Marital Status	Fairly even split between single and married	
Attack Metrics		
Target(s)	Personally Identifiable Information (PII), Customer Information (CI), Accounting and Payment Systems	
Method(s)	Authorized access	
Location	On-site	
Time	During normal working hours	
Average Length	38.1 months	
Impact	Average between \$2 Million and \$2.8 Million	

#### Countermeasures for Fraud

- Clearly document and consistently enforce policies and controls.
- Institute periodic security awareness training for all employees.
- Include unexplained financial gain in any periodic reinvestigation of employees.
- Log, monitor, and audit employee online actions.
- Pay special attention to accountants and managers.
- Restrict access to personally identifiable information.
- Develop an insider incident response plan.
- Provide an Employee Assistance Program or other recourse for employees experiencing personal or financial problems

Spotlight on Insider Fraud in the Financial Services Industry



#### Theft of IP

The insider had violated policies regarding data exfiltration, encryption, and password settings at a financial firm. The victim organization had over \$1 million in damages, but was only awarded \$750,000 in restitution.

The insider was authorized to access sensitive trading data at a financial firm.

The insider planned to take trade secrets to either start a new financial firm or work for a competitor.

- The insider methodically bypassed the organization's network security controls.
- Installed multiple virtual machines to send data outside of the network

The IT department discovers unusual amounts of files on and transfers from the insider's machine.

- Copied sensitive information to a local hard drive
- Copied data to multiple removable media devices
- Sent data to personal email

The IT department works with management and legal to confront the insider.

- The organization performs a forensic analysis.
- The insider tried to erase multiple hard drives.
- The insider attempted to have an accomplice dispose of the hard drives.

# Sabotage

The insider was motivated by revenge against the victim organization and made no attempt to conceal their activity. Nearly all of the victim organization's domestic networks had a loss of availability as the result of the insider's actions. The insider was sentenced to 21 months in prison and ordered to pay nearly \$80,000 in restitution.

The insider was a contract employee before being promoted to full-time.

The insider reached out to management about receiving additional training and resources on how to take leave for stress.

•The insider's requests were rebuffed by the victim organization's management.

Ten months after their promotion, the insider had a discussion with their supervisor discussing the insider's work performance.

- The discussion took place shortly before a major holiday.
- •The supervisor indicated to the insider that their termination was probable.

The same evening that they were warned of their pending termination, the insider committed sabotage.

- Used on-site access outside of work hours
- Transmitted malicious code to 10 routers, erasing configuration files in nine
- •Estimated to have taken less than 2 minutes

# Programs Typically Focus on Insider Incident Management

Enginee	ering	Operat	ions
ADM	Asset Definition and Management	AM	Access Management
CTRL	Controls Management	EC	Environmental Control
RRD	Resilience Requirements Development	EXD	External Dependencies Management
RRM	Resilience Requirements Management	ID	Identity Management
RTSE	Resilient Technical Solution	IMC	Incident Management and Control
sc	Engineering Service Continuity	KIM	Knowledge and Information Management
		PM	People Management
Enterpri	ise Management	TM	Technology Management
СОММ	Communications	VAR	Vulnerability Analysis and Resolution
COMP	Compliance		
EF	Enterprise Focus	Process Management	
FRM	Financial Resource Management	MA	Measurement and Analysis
HRM	Human Resource Management	MON	Monitoring
OTA	Organizational Training and Awareness	OPD	Organizational Process Definition
RISK	Risk Management	OPF	Organizational Process Focus

# Programs Need To Develop Insider Risk Management Capabilities

Engine	ering	Operation	ons
ADM	Asset Definition and Management	AM	Access Management
CTRL	Controls Management	EC	Environmental Control
RRD	Resilience Requirements Development	EXD	External Dependencies Management
RRM	Resilience Requirements Management	ID	Identity Management
RTSE	Resilient Technical Solution	IMC	Incident Management and Control
sc	Engineering Service Continuity	KIM	Knowledge and Information Management
	30 a	PM	People Management
Enterpr	ise Management	тм	Technology Management
СОММ	Communications	VAR	Vulnerability Analysis and Resolution
COMP	Compliance		
EF	Enterprise Focus	Process	Management
FRM	Financial Resource Management	MA	Measurement and Analysis
HRM	Human Resource Management	MON	Monitoring
ОТА	Organizational Training and Awareness	OPD	Organizational Process Definition
RISK	Risk Management	OPF	Organizational Process Focus

# Recommended Best Practices for Insider Threat Mitigation

1 - Know and protect your critical assets.	12 - Deploy solutions for monitoring employee actions and correlating information from multiple data sources.		
2 - Develop a formalized insider threat program.	13 - Monitor and control remote access from all endpoints, including mobile devices.		
3 - Clearly document and consistently enforce policies and controls.	14 - Establish a baseline of normal behavior for both networks and employees		
4 - Beginning with the hiring process, monitor and respond to suspicious or disruptive behavior.	15 - Enforce separation of duties and least privilege.		
5 - Anticipate and manage negative issues in the work environment.	16 - Define explicit security agreements for any cloud services, especially access restrictions and monitoring capabilities.		
6 - Consider threats from insiders and business partners in enterprise-wide risk assessments.	17 - Institutionalize system change controls.		
7 - Be especially vigilant regarding social media.	18 - Implement secure backup and recovery processes.		
8 - Structure management and tasks to minimize unintentional insider stress and mistakes.	19 - Close the doors to unauthorized data exfiltration.		
9 - Incorporate malicious and unintentional insider threat awareness into periodic security training for all employees.	20 - Develop a comprehensive employee termination procedure.		
10 - Implement strict password and account management policies and practices.	21 - Adopt positive incentives to align the workforce with the organization.		
11 - Institute stringent access controls and monitoring policies on privileged users.	Upcoming: 22 – Learn from insider threat incidents.		

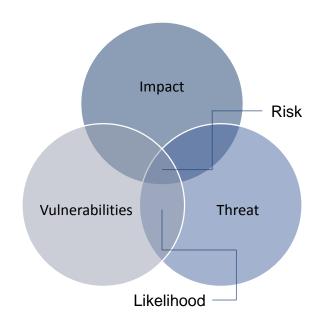
### Acceptable Levels?

Risks can be expressed as a function of **impact** and **likelihood** 

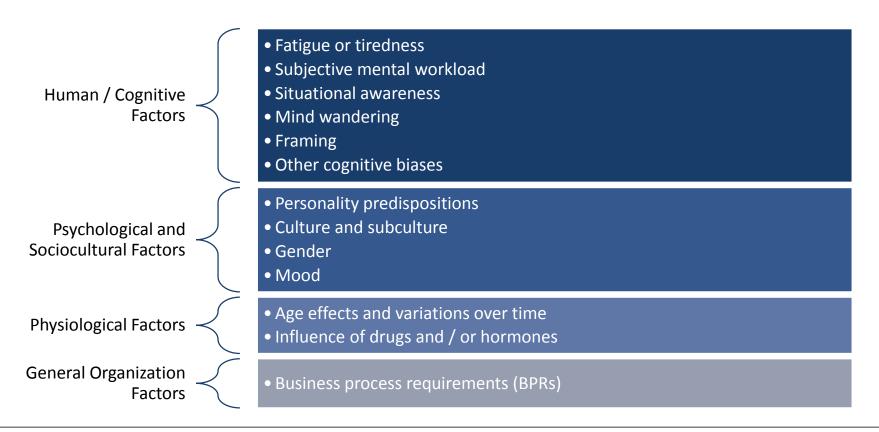
Deploying controls doesn't necessarily reduce the likelihood of a threat occurring, especially for insider threats.

How much insider risk is our organization willing or able to withstand while still carrying out its mission?

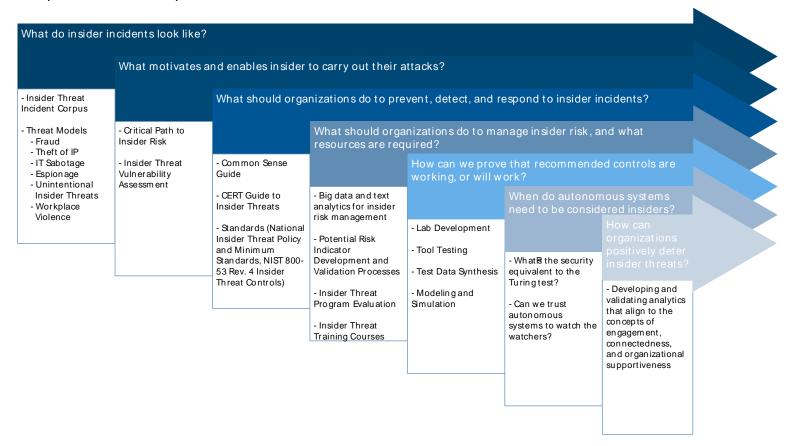
- To begin to answer this question, we need quantifiable and actionable risk appetite statements
  - To do this, we need reliable, sound methods for measuring the likelihood and impact of insider threats



# Contributing Factors in Risk Perception



### Past, Present, and Future Research



#### NITC Publications and References

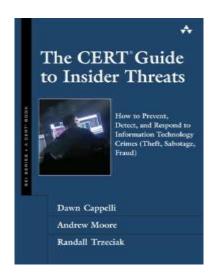
Kessel, E. <u>"Benford's Law: Potential Applications for Insider Threat Detection."</u> (2020). Insider Threat Blog. Software Engineering Institute, Carnegie Mellon University.

Theis, M.; Trzeciak, R.; Costa, D.; Moore, A.; Miller, S.; Cassidy, T.; & Claycomb, W. (2019). Common Sense Guide to Mitigating Insider Threats, Sixth Edition. Pittsburgh: Software Engineering Institute.

Miller, S. <u>"Insider Threats in Finance and Insurance (Part 4 of 9: Insider Threats Across Industry Sectors)."</u> (2018). Insider Threat Blog. Software Engineering Institute, Carnegie Mellon University.

Moore, A.; Savinda, J.; Monaco, E.; Moyes, J.; Rousseau, D.; Perl, S.; Cowley, J.; Collins, M.; Cassidy, T.; VanHoudnos, N.; Buttles-Valdez, P.; Bauer, D.; & Parshall, A. (2016). The Critical Role of Positive Incentives for Reducing Insider Threats. CMU/SEI-2016-TR-014. Software Engineering Institute, Carnegie Mellon University.

Cappelli, D. M., Moore, A. P., & Trzeciak, R. F. (2012). <u>The CERT® Guide to Insider Threats: How to Prevent, Detect, and Respond to Information Technology Crimes (Theft, Sabotage, Fraud)</u>. Addison-Wesley Professional.



## Open Source Insider Threat (OSIT) Information Sharing Group



- Community of Interest for insider threat program practitioners across industry organizations
- Over 550 members from over 220 organizations
- Supports volunteer-run special interest groups
  - Data Analytics (DA SIG)
  - Financial Services (FinSer SIG)
- Launched a "partner" community of interest, the Privacy Special Interest Group (PSIG)



#### **Contact Information**

Sarah Miller

Insider Threat Researcher

CERT® National Insider Threat Center

Email: <a href="mailto:semiller@cert.org">semiller@cert.org</a>

osit-forum-support@cert.org

privacy-sig-owner@cert.org

Software Engineering Institute
Carnegie Mellon University
4500 Fifth Avenue
Pittsburgh, PA 15213-3890

