

Pages: 15

Words: 2843

Tables: 4

Figures: 1

Appendices: 0

References: 25

Contact: Xandria E. Gutierrez

Email: Xandria.e.gutierrez.ctr@mail.mil

Patients with traumatic brain injury (TBI) transported by Critical Care Air Transport

Teams (CCATT): The influence of altitude and oxygenation during transport

Short Title: CCATT Altitude TBI

Lt Col Joseph K Maddry, MC, USAF^{1, 2}

Allyson A. Araña, PhD¹

Lauren K. Reeves, MsPH¹

Alejandra G. Mora, MS¹

Xandria E. Gutierrez¹

Crystal A. Perez, BSN, RN¹

Capt Patrick C. Ng, MC, USAF^{1,2}

Capt Sean A. Griffiths, MC, USAF²

Col Vikhyat S. Bebarta, MC, USAF Reserves³

¹United States Air Force En route Care Research Center/59th MDW/ST, San Antonio, TX

²Department of Emergency Medicine, San Antonio Military Medical Center, San Antonio, TX

³Department of Emergency Medicine, University of Colorado School of Medicine, Aurora, CO

Keywords: Traumatic Brain Injury; Hypoxia; Intensive Care Units; Altitude

Presentation: Presented as a podium presentation at 2019 Military Health System Research Symposium, August 2019, Kissimmee, FL. Presented as an oral presentation at 2019 American College of Emergency Physicians Scientific Assembly, October 2019, Denver, CO.

Funding sources: Air Force Medical Service (AFMS) grant #AC18EC03.

Disclaimers: The opinions of authors do not reflect that of the US Air Force, US Army, Department of Defense, or the US Government. The voluntary, fully informed consent of the subjects used in this research was obtained as required by 32 CFR 219 and DODI 3216.02_AFI 40-402. The experiments reported herein were conducted according to the principles set forth in the National Institute of Health Publication No. 80-23, Guide for the Care and use of Laboratory Animals and the Animal Welfare Act of 1966, as amended.

Acknowledgements: None

1 Introduction

2 In the course of the Global War on Terror, the high prevalence of traumatic brain injury
3 (TBI) has led to an intense focus on the effects of transport out of the combat zone on the
4 injured.¹⁻⁴ Survivability of previously devastating injuries has been increased by bringing highly
5 trained US Air Force Critical Care Air Transport Teams (CCATT) in theater to evacuate the
6 warfighters.⁵⁻⁷ However, the long-term effects of TBI can significantly impact the injured
7 warfighter's quality of life. Management of TBI patients focuses on minimizing secondary
8 cerebral insults, to include the prevention of hypoxia and hypotension.² Aeromedical evacuation
9 brings into question multiple variables, such as altitude and oxygenation levels, and their effects
10 on TBI patient outcomes.²

11 Theoretically, patients may be at increased risk of secondary brain injury when
12 transported at altitude.¹⁻⁴ The combat injured are moved within the continuum of military care on
13 various platforms—often via air—and the threat this poses for secondary insult to patients with
14 TBI is poorly understood. In rat models with simulated TBI, hypobaria and hyperoxia were
15 associated with worse neurologic outcome.⁸ Swine models with TBI have shown decreased
16 cerebral perfusion pressure, mean arterial pressure, and brain oxygenation levels in subjects
17 exposed to a hypobaric environment versus controls.⁹ Civilian studies have evaluated the
18 effects of oxygenation alone on the outcomes of patients with TBI. In one study of 1,547
19 patients with severe TBI, it was found that hyperoxia and hypoxia were equally harmful to short
20 term outcomes.¹⁰ In a multi-center retrospective study (n=1,212) of ventilated TBI patients,
21 arterial hyperoxia was independently associated with higher in-hospital case fatality.¹¹ Our study
22 of ventilated CCATT patients found few instances of hypoxia; however, the majority of patients
23 received oxygen in excess of the Joint Trauma System Clinical Practice Guidelines.¹²

24 During pressurized cabin fixed wing aeromedical evacuation, the standard practice is to
25 transport with a cabin altitude pressure of 8000 feet. Given the concern that this relative

26 hypobaric and hypoxia may result in secondary brain injury, some patients are transported at a
27 lower cabin altitude, referred to as a cabin altitude restriction (CAR), at the discretion of the
28 CCATT, flight surgeon, and pilots.¹³ However, whether or not this practice impacts patient
29 outcomes is unknown. We conducted a retrospective study evaluating the impact of CAR during
30 fixed wing aeromedical evacuation on patient oxygenation and outcomes in patients with
31 moderate to severe traumatic brain injury.

32 **Methods**

33 We performed a retrospective chart review of CCATT patients with TBI transported out
34 of the combat theater between January 2007 and May 2014. This study was approved by the
35 U.S. Air Force 59th Medical Wing Institutional Review Board.

36 We queried the Department of Defense Trauma Registry (DoDTR), a database of
37 medical charts of combat casualties treated in military medical treatment facilities (MTFs), to
38 obtain a list of patients who suffered a moderate to severe TBI and were transported out of
39 combat theater to LRMC between January 2007 and May 2014. We defined moderate to severe
40 TBI as an Abbreviated Injury Scale (AIS) severity score of the head/neck body region of 3 or
41 greater with an ICD-9-CM diagnosis code for TBI from the CDC's Borell Matrix classification
42 scheme.¹⁴ We excluded those patients who were younger than 18 years of age, did not have a
43 CCATT medical record, or suffered a catastrophic brain injury (i.e., were on the levodopa/T4
44 protocol for organ donors, were being flown for organ donation, or were being flown home for
45 family visitation).

46 From the remaining patients' CCATT medical records, trained research nurses
47 abstracted demographics, flight information, injury description, oxygenation, medications,
48 procedures, vital signs, and laboratory values. Topography and starting altitudes prior to flight
49 differ between Iraq and Afghanistan; therefore, we collected origination location. We excluded

50 patients who did not have altitude or CAR data in their record. Data collected were based on
51 provider documentation. We implemented routine quality control measures to ensure accuracy
52 and consistency of data collection.^{12,15} We also queried the Theater Medical Data Store
53 (TMDS), a web-based platform containing electronic health records collected at theater-based
54 MTFs, to obtain TBI-specific information for the eligible patients and reconcile data.¹⁶ The initial
55 DoDTR query provided additional injury information as well as outcome measures including
56 mortality, discharge disposition, total days on a ventilator, total days in an intensive care unit
57 (ICU), and total days in a hospital. The outcome measures obtained from DoDTR only capture
58 data for the period from injury to discharge or transfer from the last MTF (Role IV or Role V)
59 reported for each patient in the registry.

60 *Statistical Analysis*

61 We categorized patients as having a CAR if they had a documented CAR or maximum
62 cabin altitude of 5000 feet or lower in their CCATT record. We calculated descriptive statistics
63 as well as univariate comparisons between the CAR and Non-CAR groups on demographics,
64 injuries, pre-flight and in-flight interventions, in-flight events, and outcomes. We reported
65 continuous variables as medians [interquartile range (IQR)], categorical variables as
66 percentages with 95% confidence intervals, and univariate comparisons as median or
67 proportional differences with 95% confidence intervals. Due to imperfect pairing of data (i.e., not
68 all patients had pre-flight and in-flight data for all variables), we used exact conditional logistic
69 regression to determine changes in events from pre-flight to in-flight. Hospital, ICU, and
70 ventilator days were compared between groups using Kaplan-Meier survival curves and log-
71 rank tests while censoring for mortality.

72 We extended these survival analyses to Cox proportional hazards regression models to
73 determine the independent relationship of CAR with hospital, ICU, and ventilator days while
74 controlling for possible confounds. We adjusted these models for pre-flight factors that were

75 significantly associated with the outcomes or CAR grouping and clustered the analyses
76 according to theater of operations (Iraq or Afghanistan). We also clustered analyses by the final
77 MTF (Role IV or V) in the DoDTR record to account for the fact that this source of outcome data
78 could differ for each patient. The final list of covariates included time to transport (defined as the
79 days between injury and transport to the Role IV MTF), additional flights in theater, composite
80 injury severity scores (ISS), polytrauma (defined as an AIS severity score greater than 2 in an
81 additional body region), severe TBI (defined as a head AIS severity score greater than 3 and a
82 pre-flight GCS score of 8 or lower), cranial or facial fractures, bone fragments or foreign bodies,
83 pneumocephalus, ICP monitoring, and pre-flight head surgery. We evaluated the functional form
84 of the covariates using Martingale and deviance residual plots with locally weighted scatterplot
85 smoothing (LOWESS) and examined model fit using the likelihood ratio chi square and Akaike
86 Information Criterion (AIC).

87 Additionally, we constructed logistic regression models to examine the association
88 between CAR and discharge disposition (mortality, return to duty or home, ventilated at
89 discharge or transfer, and ventilated with a GCS score of 8 or lower at discharge or transfer).
90 These models included the same covariates as the proportional hazards models and were
91 clustered by theater of operations and final MTF. The set of predictors produced variance
92 inflation factors, tolerance, and condition indices that were within the recommended limits to
93 avoid collinearity (i.e., variance inflation factors <2.5, tolerance \geq 0.5, and condition indices <15).
94 We examined adjusted R^2 , chi-square p-values, and the area under the curve of the receiver
95 operating characteristic (ROC AUC) as measures of model fit.

96 We did not impute any missing data and excluded cases with missing data for any
97 covariates by listwise deletion. We conducted all statistical analyses in SAS (version 9.4, SAS
98 Institute, Inc., Cary, NC).

99 **Results**

100 We received DoDTR data for 3867 patients with TBI who were transported to LRMC
101 between January 2007 and May 2014, of which 477 patients fit the study inclusion criteria. We
102 further excluded 39 patients with a catastrophic brain injury and 3 patients who were missing all
103 CAR data, leaving a final sample of 435 patients for analysis. Of the 435 patients, 136 (31%)
104 were in the CAR group (had a CAR or maximum cabin altitude of 5000 feet or less) and the
105 remaining 299 (69%) were in the No CAR group.

106 The sample consisted of over 90% US active duty men and had a median age of 25
107 (IQR 21-30). More than half of the patients had additional flights in theater and most were
108 transported within 2 days of injury (IQR 1-3 days). About 78% of all patients were transported
109 from Afghanistan, with the remaining 22% coming from Iraq. Blast was the most common
110 mechanism of injury (70%), 65% of patients sustained a penetrating injury, and 60% of patients
111 had polytrauma. The median ISS for the sample was 29 (IQR 21-35), 60% of all patients had a
112 head/neck AIS severity score greater than 3, and 60% had a pre-flight GCS score of 8 or lower.
113 Patients with penetrating injuries, pneumocephalus, cranial or facial fractures, and bone
114 fragments or foreign bodies present were more likely to be flown with a CAR (Table 1).

115 The most common pre-flight interventions were mechanical ventilation (72% of sample),
116 blood products (50%), ICP monitoring (28%), ventriculostomy (21%), and supplementary
117 oxygen (15%). Patients who had head surgery were more likely to be flown with a CAR (Table
118 2). Most patients remained mechanically ventilated during flight (69% of all patients). Other
119 common in-flight interventions included sedation (IV infusion; 72% of all patients), anti-seizure
120 medications (36%), 3% saline infusion (26%), vasopressors (21%), and supplementary oxygen
121 (17%). The CAR and No CAR groups did not differ in any of the in-flight interventions (Table 2).

122 Sodium levels below 145 mmol/L (49% of all patients), body temperatures above 99.5°F
123 (42%), and SBP lower than 110 mm Hg (21%) were among the most common pre-flight events.
124 The most common in-flight events were body temperatures higher than 99.5°F (60% of sample),
125 sodium levels lower than 145 mmol/L (46%), and SBP lower than 110 mm Hg (44%). About
126 19% of the sample had a PaO₂ lower than 80 mm Hg and 3% of patients experienced a SpO₂
127 lower than 93% while in flight. The CAR and No CAR groups did not significantly differ in rates
128 of pre-flight or in-flight events (Figure 1).

129 When comparing pre-flight and in-flight rates of events, we found that the No CAR group
130 experienced a significant increase in the percentage of patients who had a SpO₂ of 93% or
131 lower and SBP higher than 160 mm Hg; the CAR group did not experience a significant change
132 in these variables (Figure 1). Both groups experienced significant increases in the proportion of
133 patients who had an SBP lower than 110 mm Hg and body temperature higher than 99.5°F.
134 Neither group showed a change from pre-flight to in-flight in the percentage of patients with a
135 PaO₂ lower than 80 mm Hg, sodium level lower than 145 mmol/L, or ICP greater than 20 mm
136 Hg.

137 The overall survival rate for the sample was 96%. Most patients continued to receive
138 medical care (89% of all patients) and 6% returned to duty or were discharged home. Thirteen
139 percent of the sample were ventilated with a GCS score of 8 or lower at the time of discharge or
140 transfer to another facility. Overall, survivors spent a median time of 15 days (IQR 6-33 days) in
141 the hospital, 9 days (IQR 6-15 days) in the ICU, and 6 days (IQR 2-10 days) on a ventilator. The
142 CAR and Non-CAR groups did not differ on any of these outcomes (Table 3).

143 We constructed Cox proportional hazards regression models to examine the
144 independent association between CAR (yes vs. no) and total hospital days, total ICU days, or
145 total ventilator days while adjusting for possible confounds and censoring for mortality. Being
146 flown with a CAR was not significantly associated with total hospital days, total ICU days, or

147 total ventilator days in any of these models (Table 4). Similarly, CAR was not associated with
148 returning to duty or being discharged home, mortality, and poor discharge disposition in
149 multivariable logistic regression models.

150 **Discussion**

151 We found no association between the use of CAR and patient outcomes, to include
152 hospital stay, disposition, and mortality. There was also no significant difference in oxygenation
153 between CAR and Non-CAR patients. Unlike previous animal research, our study evaluated
154 human combat casualties, often with additional injuries. Based upon our findings, we cannot
155 recommend all moderate to severe head injury patients be transported using CAR. Medical
156 personnel will need to use their clinical judgment and surrounding circumstances to determine if
157 CAR is appropriate.

158 Previous research has demonstrated the adverse impact of hypoxia on TBI.^{17,18}
159 Furthermore, evaluation of aeromedically evacuated patients has demonstrated a significant
160 rate of hypoxia during transportation.² Our study confirms this finding, as nearly one in five
161 patients experienced a PaO₂ lower than 80 mmHg and the Non-CAR group had a statistically
162 significant higher rate of SpO₂ less than 94%. However, we found no difference in clinical
163 outcomes. Our previous research has demonstrated similar findings: When evaluating the
164 impact of the time to transport out of theater we found that those patients transported over 72
165 hours after their time of injury had higher rates of mild hypoxia during transport, but superior
166 outcomes compared to those evacuated earlier.¹⁵

167 There is a growing body of evidence that hyperoxia can exacerbate TBI.^{10,11} Our
168 previous research evaluating ventilator management practices in CCATT patients identified that
169 a significant number of patients experienced hyperoxia during transport.¹² One could theorize
170 that those patients transported at a CAR are at higher risk for developing hyperoxia, due to the

171 combined effect of a less hypoxic aircraft cabin and exogenous oxygen, potentially leading to
172 secondary brain injury. However, we found no statistically significant difference in the
173 percentage of patients with a PaO₂ greater than 150 mmHg in the CAR and Non-CAR groups.

174 Animal research aimed to determine if hypobaria alone exacerbates TBI has yielded
175 conflicting results when evaluating histological evaluation.^{9,19} Skovira et al found worsening
176 cognitive deficits and neuronal loss with exposure to hypobaria.²⁰ Given the potential negative
177 impact of hypobaria on intracranial pressure and cerebral perfusion pressure, it is conceivable
178 that hypobaria may have a different impact on closed versus open skull injuries. We intend to
179 evaluate the association with hypobaria on closed versus open skull injuries in a future study.

180 In a study by Boyd et al., about 18% of the CCATT missions that involved patients with
181 moderate-to-severe TBI had altitude restrictions.²¹ While CAR may be considered for patients
182 with free air in a body cavity (i.e. pneumocephalus, ocular trauma, arterial gas embolism),
183 patients with severe lung disease, and patients at risk for decreased tissue oxygenation,
184 determination of CAR is up to flight surgeon adjudication; yet, we are unable to determine the
185 rationale for CAR based on record abstraction.²²⁻²⁴

186 Hypotension and hyperthermia have also been associated with secondary brain injury.²
187 In both the CAR and Non-CAR groups there was a significant number of patients who had an
188 SBP lower than 110 mmHg and body temperature higher than 99.5°F.²⁵ Further research is
189 warranted to determine the cause of these findings and prevent their occurrence in future
190 CCATT operations.

191 We found no association between the use of CAR and patient outcomes; however, the
192 retrospective methodology of our study does not permit us to determine causation. Therefore,
193 while we cannot recommend the use of CAR restriction, neither are we able to certainly state
194 that CAR does not provide benefit to TBI patients. In addition, there may be other types of injury

195 for which CAR may confer a benefit. A prospective study during future conflicts or in civilian
196 aeromedical evacuation may provide a clear answer. For now, we recommend that the clinician
197 consider the findings of our study, use clinical judgement, and account for the circumstances of
198 the mission to determine if CAR is indicated.

199 **Limitations**

200 Our study has limitations. The study is retrospective and therefore we are unable to
201 determine causation however the data did not suggest an association between the use of CAR
202 and patient outcomes. With the outcomes studied, multiple factors could be contributory;
203 however, we attempted to correct for any confounding by using multivariable linear regression.
204 Second, the abstracted data was dependent on documentation within the medical records,
205 leaving the potential for missing and inaccurate data due to imprecise documentation. As with
206 any retrospective study, there is the potential for subjectivity in data abstraction; however, we
207 incorporated abstractor training and periodic quality reviews in our protocol to minimize this risk.
208 With regards to the external validity of our findings, our patient population consisted
209 predominately of young male adults who were not on anticoagulation therapy at their time of
210 injury. Extrapolation of our findings to pediatric, female, and elderly patients is limited. However,
211 given the difficulty of obtaining a similarly large database, extrapolation of our findings to these
212 populations may be prudent. Finally, detailed neurocognitive outcome data of our patient
213 population is not available. Therefore, we are unable to determine the impact of CAR on
214 neurocognitive function and quality of life.

215 **Conclusion**

216 Patients with moderate or severe TBI who were evacuated with a recorded cabin altitude
217 restriction had a lower rate of hypoxia during transport; however, they did not significantly differ

218 from those who flew without a CAR with regards to mortality rates, hospital days, ICU days, or
219 ventilator days.

References

1. Grocott M, Montgomery H, Vercueil A. High-altitude physiology and pathophysiology: implications and relevance for intensive care medicine. *Critical Care*. 2007 Feb 1;11(1):203.
2. Dukes SF, Bridges E, Johantgen M. Occurrence of secondary insults of traumatic brain injury in patients transported by critical care air transport teams from Iraq/Afghanistan: 2003–2006. *Military medicine*. 2013 Jan 1;178(1):11-7.
3. McAllister TW. Neurobiological consequences of traumatic brain injury. *Dialogues in clinical neuroscience*. 2011 Sep;13(3):287.
4. Fang R, Markandaya M, DuBose JJ, Cancio LC, Shackelford S, Blackbourne LH. Early in-theater management of combat-related traumatic brain injury: A prospective, observational study to identify opportunities for performance improvement. *Journal of Trauma and Acute Care Surgery*. 2015 Oct 1;79(4):S181-7.
5. Lairet J, King J, Vojta L, Beninati W. Short-term outcomes of US Air Force Critical Care Air Transport Team (CCATT) patients evacuated from a combat setting. *Prehospital emergency care*. 2013 Oct 1;17(4):486-90.
6. Carlton PK, Jenkins DH. The mobile patient. *Critical care medicine*. 2008 Jul 1;36(7):S255-7.
7. Galvagno SM, Dubose JJ, Grissom TE, Fang R, Smith R, Bebart VS, Shackelford S, Scalea TM. The epidemiology of Critical Care Air Transport Team operations in contemporary warfare. *Military medicine*. 2014 Jun 1;179(6):612-8.
8. Skovira JW, Kabadi SV, Wu J, Zhao Z, DuBose J, Rosenthal R, Fiskum G, Faden AI. Simulated aeromedical evacuation exacerbates experimental brain injury. *Journal of neurotrauma*. 2016 Jul 15;33(14):1292-302.
9. Scultetus AH, Haque A, Chun SJ, Hazzard B, Mahon RT, Harssema MJ, Auken CR, Moon-Massat P, Malone DL, McCarron RM. Brain

hypoxia is exacerbated in hypobaria during aeromedical evacuation in swine with traumatic brain injury. *Journal of Trauma and Acute Care Surgery*. 2016 Jul 1;81(1):101-7.

10. Brenner M, Stein D, Hu P, Kufera J, Wooford M, Scalea T. Association between early hyperoxia and worse outcomes after traumatic brain injury. *Archives of Surgery*. 2012 Nov 1;147(11):1042-6.

11. Rincon F, Kang J, Vibbert M, Urtecho J, Athar MK, Jallo J. Significance of arterial hyperoxia and relationship with case fatality in traumatic brain injury: a multicentre cohort study. *J Neurol Neurosurg Psychiatry*. 2014 Jul 1;85(7):799-805.

12. Maddry JK, Mora AG, Savell SC, Perez CA, Mason PE, Aden JK, Bebartá VS. Impact of Critical Care Air Transport Team (CCATT) ventilator management on combat mortality. *Journal of Trauma and Acute Care Surgery*. 2018 Jan 1;84(1):157-64.

13. Butler WP, Steinkraus LW, Burlingame EE, Smith DE, Fouts BL, Serres JL, Burch DS. Clinical impact of cabin altitude restriction following aeromedical evacuation. *Military medicine*. 2018 Mar 1;183(suppl_1):193-202.

14. Barell V, Aharonson-Daniel L, Fingerhut LA, Mackenzie EJ, Ziv A, Boyko V, Abargel A, Avitzour M, Heruti R. An introduction to the Barell body region by nature of injury diagnosis matrix. *Injury Prevention*. 2002 Jun 1;8(2):91-6.

15. Maddry JK, Arana AA, Perez CA, Medellin KL, Paciocco JA, Mora AG, Holder WG, Davis WT, Herson P, Bebartá VS. Influence of time to transport to a higher level facility on the clinical outcomes of US combat casualties with TBI: A multicenter seven year study. *Mil Med*. 2019 Jul 23.

16. Daniele DO, Clark LL. Morbidity burdens attributable to various illnesses and injuries in deployed (per Theater Medical Data Store [TMDS]) active and reserve component service members, US Armed Forces, 2008-2014. *MSMR*. 2015 Aug;22(8):17-22.
17. Chi JH, Knudson MM, Vassar MJ, McCarthy MC, Shapiro MB, Mallet S, Holcroft JJ, Moncrief H, Noble J, Wisner D, Kaups KL. Prehospital hypoxia affects outcome in patients with traumatic brain injury: a prospective multicenter study. *Journal of Trauma and Acute Care Surgery*. 2006 Nov 1;61(5):1134-41.
18. Chang JJ, Youn TS, Benson D, Mattick H, Andrade N, Harper CR, Moore CB, Madden CJ, Diaz-Arrastia RR. Physiologic and functional outcome correlates of brain tissue hypoxia in traumatic brain injury. *Critical care medicine*. 2009 Jan 1;37(1):283-90.
19. Skovira JW, Wu J, Matyas JJ, Kumar A, Hanscom M, Kabadi SV, Fang R, Faden AI. Cell cycle inhibition reduces inflammatory responses, neuronal loss, and cognitive deficits induced by hypobaric exposure following traumatic brain injury. *Journal of neuroinflammation*. 2016 Dec;13(1):299.
20. Skovira J, Fang R, Rosenthal R, Fiskum G, Faden AI. Prolonged hypobaric during aeromedical evacuation exacerbates cognitive deficits following traumatic brain injury. *JOURNAL OF NEUROTRAUMA* 2013 Aug 1 (Vol. 30, No. 15, pp. A154-A154).
21. Boyd LR, Borawski J, Lairet J, Limkakeng AT. Critical care air transport team severe traumatic brain injury short-term outcomes during flight for operation Iraqi freedom/operation enduring freedom. *Journal of the Royal Army Medical Corps*. 2017 Oct 1;163(5):342-6.
22. Borden Institute: Walter Reed Medical Center. In: U.S. Department of the Army: *Emergency War Surgery*, ed 3, pp 47–59. Fort Sam Houston, TX, Military Bookshop, 2004.

23. Pollan WA, Fisher C: Hear ye, hear ye noble physicians! Anemia and air evac: how low can we go? TRAC2 ES Times 2006; 1(8): 5–6. 20.
24. Butler WP: Clinician's corner – hemoglobin and air evacuation. TRAC2 ES Times 2007; 2(4): 7–12
25. David Van Wyck DO, Friedline N, Stephens D, Rush S, Keenan S, Powell D, Shackelford S. Traumatic Brain Injury Management in Prolonged Field Care (CPG ID: 63).

Table 1. Patient characteristics and injuries

Variable	No CAR (n=299)	CAR (n=136)	Difference (95% CI)
Age	25 [21-30]	24 [21-29]	-1 (-2 to 0)
Male gender	97 (95-99)	99 (97-101)	-2 (-4 to 1)
US active duty	91 (88-95)	97 (94-100)	-6 (-10 to -1)*
Theater of operations			
Afghanistan	78 (74-83)	77 (69-84)	1 (-7 to 10)
Iraq	22 (17-26)	24 (16-31)	-2 (-10 to 7)
Additional flight(s) in theater	56 (51-62)	54 (45-62)	2 (-8 to 13)
Time to transport, days	2 [1-3]	2 [1-2]	0 (0 to 0)
Mechanism of injury			
Blast	69 (63-74)	74 (67-82)	-5 (-15 to 3)
GSW	14 (10-18)	13 (7-18)	1 (-5 to 8)
MVC	8 (5-12)	5 (1-9)	3 (-2 to 8)
Other	9 (6-12)	8 (3-13)	1 (-5 to 7)
Type of injury			
Penetrating	62 (56-67)	72 (64-80)	-10 (-20 to -1)*
Blunt	38 (32-43)	27 (20-35)	11 (1 to 20)*
Burn	1 (0-2)	1 (-1-2)	0 (-2 to 2)
Polytrauma	59 (54-65)	60 (52-69)	-1 (-11 to 9)
Composite ISS	27 [21-35]	29 [21-38]	0 (-2 to 3)
Head/neck AIS severity score >3	59 (54-65)	62 (54-70)	-3 (-12 to 7)
Pre-flight GCS score ≤8	52 (46-58)	49 (41-58)	3 (-8 to 13)
Severe TBI [†]	33 (28-39)	35 (27-43)	-2 (-12 to 7)
Intracranial hemorrhage	47 (41-53)	47 (39-56)	0 (-10 to 10)
Cranial or facial fractures	61 (56-67)	79 (73-86)	-18 (-27 to -9)*
Pneumocephalus	15 (11-19)	31 (23-39)	-16 (-25 to -7)*
Bone fragments or foreign bodies present	17 (13-21)	32 (24-40)	-15 (-24 to -6)*
Contusion	19 (14-23)	15 (9-22)	4 (-4 to 11)
Midline shift	10 (7-13)	15 (9-22)	-5 (-12 to 2)
Mass effect	8 (5-11)	9 (4-14)	-1 (-7 to 5)

Values given are median [interquartile range] or column percent (95% confidence interval).

*The difference is significant if its confidence interval does not include or cross zero.

[†]Severe TBI is defined as head/neck AIS >3 and pre-flight GCS ≤8.

Table 2. Pre-flight and in-flight interventions

Variable	No CAR (n=299)	CAR (n=136)	Difference (95% CI)
Pre-flight			
Mechanical ventilation	72 (66-77)	73 (65-80)	-1 (-10 to 8)
Any blood products	51 (45-57)	49 (40-57)	2 (-7 to 13)
ICP monitoring	25 (20-30)	33 (25-41)	-8 (-17 to 1)
Ventriculostomy	20 (16-25)	24 (17-32)	-4 (-13 to 4)
Supplementary oxygen	14 (10-18)	16 (10-22)	-2 (-9 to 6)
Craniotomy	11 (7-15)	17 (11-23)	-6 (-13 to 1)
Craniectomy	9 (6-13)	13 (7-18)	-4 (-10 to 3)
Massive transfusion	9 (5-12)	8 (3-13)	1 (-5 to 6)
Globe Repair	7 (4-10)	10 (5-15)	-3 (-9 to 3)
Hematoma Evacuation	6 (4-9)	10 (5-15)	-4 (-10 to 2)
Fragment Removal	5 (3-8)	8 (3-13)	-3 (-8 to 3)
Any surgery - head	51 (45-57)	68 (60-76)	-17 (-26 to -7)*
Any surgery - extremities	49 (43-55)	51 (42-59)	-2 (-12 to 9)
Any surgery - abdomen	21 (17-26)	26 (18-33)	-5 (-13 to 4)
Any surgery - neck	12 (8-15)	16 (10-22)	-4 (-12 to 3)
In-flight			
Sedation (IV drip)	72 (66-77)	74 (66-81)	-2 (-11 to 7)
Mechanical ventilation	69 (64-74)	71 (63-78)	-2 (-11 to 8)
Anti-seizure medications	34 (28-39)	42 (34-50)	-8 (-2 to 18)
Acetaminophen	30 (25-36)	23 (16-30)	7 (-1 to 16)
3% saline infusion	25 (20-30)	30 (22-38)	-5 (-15 to 4)
Vasopressors	21 (16-26)	21 (14-27)	0 (-8 to 9)
Any blood products	16 (12-20)	17 (11-23)	-1 (-9 to 6)
Supplementary oxygen	17 (13-21)	15 (9-22)	2 (-6 to 9)
Sedation (IV push)	16 (12-20)	11 (6-16)	5 (-2 to 11)
Paralytics	9 (5-12)	10 (5-15)	-1 (-7 to 5)
Mannitol	4 (2-6)	4 (1-8)	0 (-5 to 4)
Steroids	4 (2-6)	3 (0-6)	1 (-3 to 5)

Values given are column percent (95% confidence interval).

*The difference is significant if its confidence interval does not include or cross zero.

Table 3. Outcomes

Variable	No CAR (n=299)	CAR (n=136)	Log-rank p-value or difference (95% CI)
Total ventilator days*	6 [2-10]	5 [2-10]	0.8847
Total ICU days*	9 [6-15]	8 [5-14]	0.6247
Total hospital days*	16 [6-35]	11 [5-30]	0.2293
Mortality	3 (1-5)	5 (1-9)	-2 (-6 to 2)
Returned to duty or discharged home	7 (4-10)	4 (1-8)	3 (-2 to 7)
Continued medical care	89 (85-92)	89 (84-94)	0 (-7 to 6)
Ventilated at discharge or transfer	23 (19-28)	24 (16-31)	-1 (-9 to 8)
GCS score \leq 8 at discharge or transfer	15 (11-19)	12 (6-17)	3 (-3 to 10)
Ventilated and GCS \leq 8 at discharge or transfer	14 (10-18)	12 (6-17)	2 (-4 to 9)

Values given are median [interquartile range] or column percentage (95% confidence interval).

*Values are for survivors only. Log-rank p-values are from survival analysis censored by mortality.

Table 4. Results of multivariable models

Variable	Cox proportional hazards models Adjusted hazard ratio (95% confidence intervals)			Logistic regression models Adjusted odds ratio (95% confidence interval)			
	Hospital days	ICU days	Ventilator days	Mortality	Return to duty or discharged home [†]	Ventilated at discharge or transfer [†]	Ventilated with GCS <8 at discharge or transfer [†]
CAR (vs. No CAR)	1.2 (0.9-1.5)	1.1 (0.9-1.4)	1.1 (0.9-1.4)	1.3 (1.0-1.7)	0.8 (0.4-1.5)	0.9 (0.4-1.9)	0.7 (0.4-1.4)
Time to transport, days	0.8 (0.8-0.9)*	0.9 (0.8-1.0)	1.0 (0.9-1.0)	0.9 (0.8-1.0)	1.1 (1.0-1.2)	0.9 (0.9-1.0)	0.9 (0.7-1.2)
Additional flights in theater (vs. no)	1.0 (0.8-1.3)	1.1 (0.9-1.3)	1.1 (0.9-1.4)	0.7 (0.1-3.9)	2.1 (1.5-2.8)*	0.9 (0.4-2.2)	0.6 (0.3-1.3)
Composite ISS	1.0 (1.0-1.0)	1.0 (1.0-1.0)	1.0 (1.0-1.0)	1.1 (1.0-1.1)	1.0 (0.9-1.0)	1.0 (1.0-1.0)	1.0 (0.9-1.0)
Polytrauma (vs. isolated TBI)	0.7 (0.5-0.9)*	0.8 (0.6-1.1)	0.7 (0.6-1.0)	0.5 (0.1-1.9)	1.0 (0.5-2.1)	0.8 (0.4-1.6)	1.5 (1.2-1.7)*
Severe TBI (vs. no)	0.9 (0.7-1.2)	0.9 (0.7-1.2)	0.7 (0.6-0.9)*	3.0 (0.6-14.2)	0.4 (0.0-3.9)	3.3 (2.7-4.2)*	4.5 (3.0-6.5)*
Penetrating injury (vs. no)	0.8 (0.6-1.0)	0.9 (0.7-1.1)	0.8 (0.6-1.0)	1.8 (0.5-6.1)	1.1 (0.7-1.6)	1.1 (0.8-1.5)	1.1 (0.7-1.8)
Cranial/facial fractures (vs. no)	1.2 (0.9-1.5)	1.2 (0.9-1.5)	1.0 (0.8-1.3)	1.4 (0.3-6.4)	1.6 (1.3-1.9)*	0.9 (0.8-1.1)	0.8 (0.6-0.9)*
Bone fragments/foreign bodies (vs. no)	1.2 (0.9-1.7)	1.2 (0.9-1.6)	1.4 (1.0-1.9)	1.4 (0.3-5.9)	0.3 (0.2-0.4)*	1.1 (0.4-3.0)	0.7 (0.6-0.9)*
Pneumocephalus (vs. no)	0.9 (0.7-1.2)	0.9 (0.7-1.2)	0.8 (0.6-1.1)	1.8 (0.6-5.1)	0.3 (0.1-0.7)*	1.3 (0.9-1.9)	1.4 (1.2-1.7)*
ICP monitoring (vs. no)	0.9 (0.7-1.2)	0.7 (0.5-0.9)*	0.6 (0.5-0.8)*	0.4 (0.1-1.4)	2.5 (0.5-13.9)	2.1 (0.8-5.5)	4.9 (2.5-9.4)*
Pre-flight head surgery (vs. no)	0.9 (0.7-1.1)	0.9 (0.7-1.2)	0.9 (0.7-1.2)	0.6 (0.3-1.0)	0.7 (0.3-1.7)	1.1 (0.8-1.6)	1.5 (1.0-2.2)

Hazard and odds ratios are adjusted for all other covariates listed, and all models are clustered by theater operations and final MTF (source of outcome data).

*The hazard ratio or odds ratio is significant if its confidence interval does not include or cross 1.

[†]Models for these outcomes only include surviving patients (n=418).

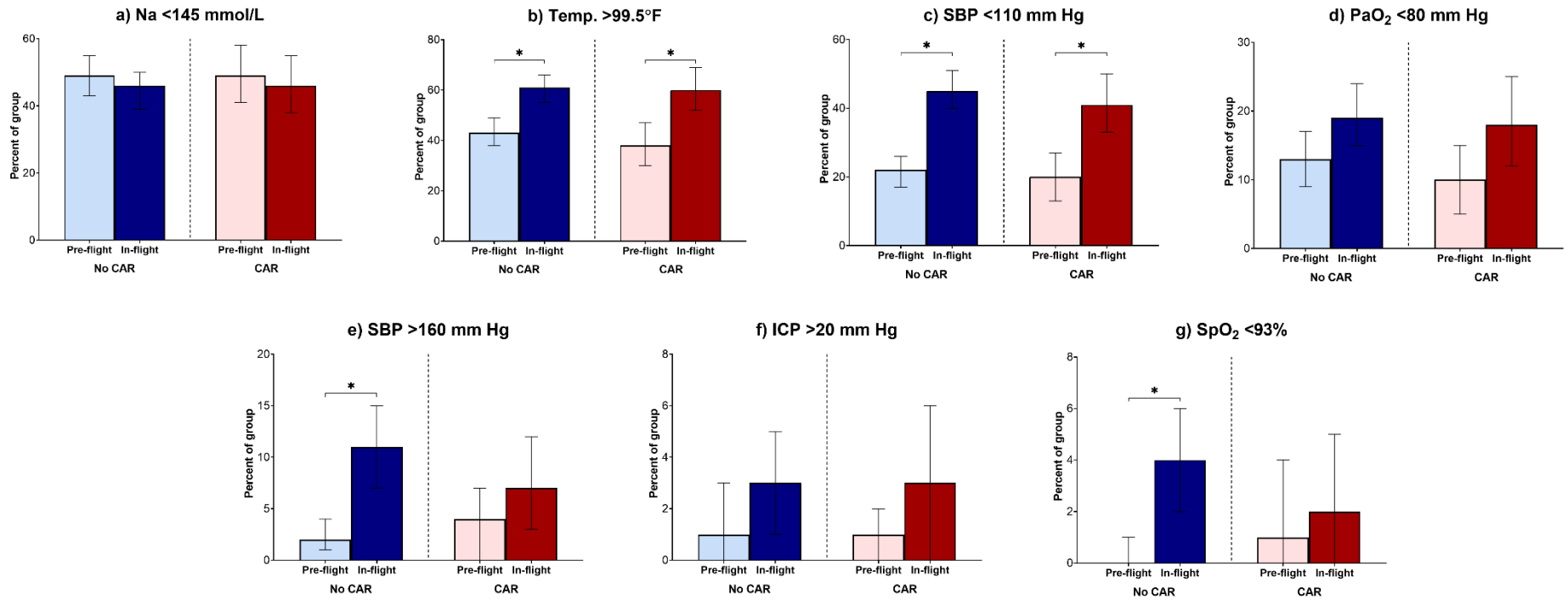


Figure 1a-g. Comparison of events for CAR and No CAR groups from pre-flight to in-flight. Error bars represent 95% confidence intervals. Brackets and asterisks (*) represent significant differences in an exact conditional logistic regression at $p < 0.025$ after correction for multiple comparisons.