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The goal of this research project wa	s to develop a novel method for mechanical ventil	ation, termed 'Multi-Frequency Oscillatory	
Ventilation' (MFOV), which optimizes gas exchange in the acute respiratory distress syndrome (ARDS) and other forms of combat-related			
lung injury, while simultaneously preserving mechanical protection of the lung. We hypothesized that lung function and gas exchange			
would be significantly improved if small volume oscillations are applied at multiple frequencies simultaneously, rather than at a single			
	frequency, due to more even distribution of ventilation to different lung regions in accordance with local mechanical properties. In Specific		
	waveforms for the acutely injured lung, using struc		
	imulations demonstrated that MFOV waveforms are ca		
strain rate in healthy and injured lungs.	In Specific Aim 2, we used dynamic Xenon-enhanced	CT imaging and registration to establish that	

The results obtained from these studies demonstrate that MFOV has a high likelihood of yielding a new, viable mode of ventilation for use in both military and civilian populations with ARDS.

15. SUBJECT TERMS

Acute lung injury, Acute respiratory distress syndrome, Blast lung injury, Combat-related lung injury, Multifrequency oscillatory ventilation, Oleic acid lung injury, computed tomography

MFOV improves ventilation distribution and gas exchange in a porcine model of ARDS, compared to conventional modes of ventilation.

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1.0 INTRODUCTION

Respiratory failure from acute lung injury, now termed the acute respiratory distress syndrome (ARDS), accounts for 4 million ICU days annually in the U.S., and is associated with high mortality (up to 40%) in both military and civilian populations. Survivors may also have substantial morbidity, with long-term physical and mental health impairments. ARDS thus places significant burdens on military and public health resources. Since ventilation distribution in ARDS is governed by a heterogeneous distribution of regional mechanics, the most appropriate distending pressure, ventilation frequency, or tidal volume for one lung region may not necessarily be the same for another, even in the same patient. This may result in large portions of an injured lung being simultaneously under-ventilated or over-ventilated, with poor ventilation-to-perfusion matching and increased dead space. The goal of this research project is to develop a novel method for mechanical ventilation, 'Multi-Frequency Oscillatory Ventilation' (MFOV) that optimizes gas exchange in ARDS, while preserving lung protective ventilation. We hypothesize that lung function and gas exchange will be significantly improved if small volume oscillations are applied at multiple frequencies simultaneously, rather than at a single frequency, due to more even distribution of ventilation to different lung regions in accordance with local mechanical properties. The purpose of this research project is to design candidate MFOV waveforms for the acutely injured lung, using structurally explicit computational models of the mammalian respiratory system. We then use dynamic computed tomographic (CT) imaging to determine whether MFOV improves ventilation distribution and gas exchange in a porcine model of ARDS. Regional ventilation is quantified using Xenon-enhanced CT in these pigs, while regional mechanical properties are assessed using image registration and measures of lung impedance. We expect our results to be ultimately translatable and testable in human clinical trials, with potential to reduce morbidity and mortality associated with ARDS and other heterogeneous lung diseases.

2.0 KEYWORDS

Acute lung injury Acute respiratory distress syndrome Blast lung injury Combat-related lung injury High frequency oscillatory ventilation Multi-frequency oscillatory ventilation Oleic acid lung injury Porcine Mechanical ventilation Computed tomography Xenon Image registration Ventilator-induced lung injury

3.0 ACCOMPLISHMENTS

3.1 Goals of Project

The **overall goal** of this research project was to develop a novel method for mechanical ventilation, "Multi-Frequency Oscillatory Ventilation" (MFOV) that optimizes gas exchange in ARDS and other forms of combat-related lung injury, while preserving lung protective ventilation. We hypothesized that lung function and gas exchange would be significantly improved if small volume oscillations were applied to the lung at multiple frequencies simultaneously, rather than at a single frequency, due to more even distribution of ventilation to different lung regions in accordance with local mechanical properties. The **goals of our Specific Aims** were: 1) to design candidate MFOV

waveforms for the acutely injured lung, using structurally explicit computational models of the mammalian respiratory system; and 2) to use dynamic CT imaging to establish that regional heterogeneity is the mechanism by which MFOV improves ventilation distribution and gas exchange in a porcine model of ARDS.

3.2 Goal Accomplishments

During the course of this award we were overwhelmingly successful with regard to our research plan, both in the development of computational models for the design MFOV waveforms in acutely lung injury, as well as in the performance of the confirmatory animal experiments to assess

regional ventilation distribution and strain during MFOV. This progress report details our accomplishments during this award for both Specific Aims 1 and 2 below.

3.2.1 Specific Aim 1

With regard to the computational modeling of Specific Aim 1, we completed the development of a three-dimensional computational model of the canine lung to simulate gas distributed flow and CO_2 elimination during oscillatory Consistent with our ventilation. hypothesis, our simulations from this model demonstrated that ventilation distribution in a heterogeneous lung is spatially clustered and dependent on oscillatory frequency. Such regional differences in gas exchange, as a frequency, function of further confirmed our notion that use of MFOV is ideally suited for the heterogeneously injured lung. Even more importantly, we demonstrated superposition that of two simultaneous oscillatory frequencies achieves more uniform distributions of ventilation and strain. and therefore lessens the potential for ventilator-induced lung injury (VILI), compared to traditional singlefrequency HFOV (Figure 1). These results were published in two peerreviewed papers in the Journal of Applied Physiology (17, 18).



Figure 1: Distributions of acinar peak volumetric strain in our canine computational model (18), for "dual-frequency" MFOV waveforms constructed according to the equation $\Psi_{euc}[\beta sin(2\pi f_1 t)+(1-\beta)sin(2\pi f_2 t+\phi)]$, where $0 \le \beta \le 1$ is a scaling factor adjusting the relative contributions of f_1 vs. f_2 , using oscillations at either (A) $f_1 = 0.3$ and $f_2 = 12$ Hz or (B) $f_1 = 12$ and $f_2 = 26$ Hz. The phase parameter $0 \le \phi \le 2\pi$ is the relative offset between the flow oscillations, and $\Psi_{euc} > 0$ is a scaling factor used to adjust the flow amplitudes delivered by the MFOV waveform. Distributions are represented by the median (solid line) and full range between minimum and maximum value (shaded regions). Normalized distributions are shown with the mean value normalized to unity (dotted line). Modified from (17).

To determine whether such a computational model could be used to design candidate MFOV waveforms for the acutely injured lung, we developed a Monte Carlo optimization algorithm for tuning the spectral content of broadband oscillatory flow waveforms according to regional mechanical properties, in order to minimize parenchymal strain heterogeneity. Optimal combinations of frequencies, amplitudes, and phases in our MFOV waveforms were determined according to frequency-dependent distributions of ventilation throughout the heterogeneous periphery of our model. We found that the superposition of multiple simultaneous frequencies provided more uniform ventilation distribution in our model compared to single frequency oscillatory ventilation, again with less potential for VILI. These results were presented at the 2016 Annual Meeting of the Biomedical Engineering Society in Minneapolis, Minnesota (9).

For consistency with our animal experiments of Specific Aim 2 (below), we extended these computational modeling and optimization techniques to the unique anatomy of the porcine lung, to investigate the potential for minimizing distributed acinar strains and strain rates during oscillatory ventilation. Again, our simulations demonstrated that MFOV waveforms are superior to traditional single-frequency HFOV for minimizing strain and strain rate in both healthy and injured pig lungs. More importantly, we found that an MFOV waveform consisting of uniform flow amplitudes across frequency (i.e., hyperbolically decreasing volume amplitudes with increasing frequency) achieved an appropriate balance between minimizing parenchymal strain vs. strain rate in the porcine lung (Figure 2). These results were presented in poster format at the 2017 American Society of Anesthesiologists Meeting in Boston, Massachusetts (25).

We also applied our computational techniques to simulate the effects of a very specific form of lung injury with military relevance: primary blast-lung injury. A computational model of a human airway network was generated using central airways obtained from segmented X-ray computed tomographic scans, and algorithmically generated peripheral airways (28). The model consisted of 60,494 cylindrical airway segments, with 30,243 terminal bronchi subtended by viscoelastic acini. Distributed mechanical properties of tissues and airways were simulated to represent typical healthy and blast-injured lungs, the latter characterized by bilateral derecruitment and increased tissue stiffness, focusing on the perihilar regions of the model. We found that delivered gas flow was heterogeneously distributed in the blast-injured lung during both conventional mechanical ventilation and high-frequency oscillatory ventilation. During conventional mechanical ventilation, flow was distributed primarily according to local tissue stiffness. At higher frequencies, the distribution of flow became increasingly heterogeneous and frequency-dependent, with some regions being under-ventilated while other regions experienced substantially greater distension. These results were presented in poster format at the 2017 Military Health System Research Symposium (MHSRS) in Kissimmee, Florida (14), and have now been accepted as an article in press to the 2017 MHSRS Supplement to the Journal of Military Medicine (doi: 10.1093/milmed/usy305).

Finally, we extended this human computational model to address another important clinical question: namely, why does HFOV remains a mainstay of management in acute respiratory failure in neonates and pediatric patients, yet appears to offer no benefit in adults (1, 2, 19, 26, 29)? We hypothesized that conflicting reports of HFOV outcomes in neonates vs. adults arise from relative differences in deadspace (V_D) and total lung volume (V_L), resulting in variations of the distribution

of parenchymal strain. Using our computational model with isometric reductions in lung size and preserved $V_D:V_L$ ratio, we showed that flow heterogeneity at 5 and 10 Hz was 14% and 24% lower, respectively, in neonates compared to adults (Figure 3). Scaling V_D and V_L according to actual values for healthy neonates resulted in even greater reductions in flow heterogeneity compared to adults: 26% at 5 Hz vs. 32% at 10 Hz. Thus, our simulations indicate that HFOV may be more protective in neonates compared to adults. These results were presented at a poster discussion



Fig 2: (A) Computational lung model used to simulate distributed flow and gas transport in an anatomic airway network based on a 15 kg pig in supine orientation. The model consisted of 30,959 airway segments and 15,479 terminal acini. (B) and (C) Optimal MFOV waveforms consisting of 5, 10, 15, and 20 Hz oscillatory flow. Optimal distributions of volume amplitudes are shown below by the relative fraction of stacked blue bars, and several examples of optimal waveforms are shown above (black lines). Results for simulated healthy lungs are shown in (B), and results for a simulated heterogeneous lung injury are shown in (C). Optimal waveforms are selected to minimize VILI risk according to either: a weighted combination of acinar strain and strain rate, whereby the relative contributions of strain vs. strain rate to VILI are determined by the weighting parameter α ; or the mechanical power dissipated in the parenchymal tissues. Modified from (16).



session at the 2018 meeting of the American Thoracic Society (15), with a manuscript currently in preparation.

Ultimately, the unique modeling and optimization approaches we developed for this project allow for the selection of subject-specific MFOV waveforms, especially when combined with the experimental evidence of Specific Aim 2 (below), to justify physiologically-relevant emphasis on strain vs. strain rate to minimize risk for VILI. More importantly, these models can be further extended to address important physiological and clinical problems regarding ventilator management in many different respiratory pathologies of pediatric and adult patients.

3.2.2 Specific Aim 2

We enrolled 14 porcine subjects in total for the experiments of Specific Aim 2, compare conventional mechanical ventilation (CMV), traditional single-frequency HFOV, and MFOV in anesthetized and paralyzed pigs before and after acute lung injury across several physiologic, imaging, and gas exchange metrics. All experiments were approved by the University of Iowa Institutional Animal Care and Use Committee (Protocol number 5031314). Of those 14 pigs, 11 survived the entire protocol, yielding a mortality rate of about 20%, consistent with our previous canine oleic acid experiments (22, 24). Measurements of oscillatory input impedance (23) were obtained under baseline conditions and immediately following lung injury. All pigs received: 1) CMV at a rate of 20 min⁻¹ and tidal volume between 10-12 mL kg⁻¹; 2) HFOV delivered at 5 Hz; and 3) MFOV delivered using uniform flow amplitudes at 5, 10, 15, and 20 Hz. Each ventilatory / oscillatory modality was applied in random order, under baseline conditions and following lung injury. At the end of each modality period, arterial blood gases were obtained. CT scans were acquired using a Siemens Somatom Force scanner. Figure 4 shows example transverse, coronal,

and sagittal CT images in a representative pig before and after oleic acid-induced lung injury. Similar to clinical ARDS, our injury model was characterized by patchy alveolar edema and increased CT density, especially in the dependent lung regions.

As detailed in our previous progress report (20), our group developed a revolutionary dynamic CT image reconstruction algorithm during the course of these experiments, to assess intratidal derecruitment and overdistention over 5.8 cm of z-axial coverage during CMV, HFOV, and This frequency-selective MFOV. CT (FSCT) reconstruction *identified* and tracked regions of the lung at *high risk for additional injury* due to atelectrauma or volutrauma during lung injury, with unparalleled spatiotemporal resolution. Figure 5 shows variation in regional aeration over the course of a positive pressure



CMV breath. Our technique was published in IEEE Transactions on Medical Imaging (7). In an ongoing collaboration with Drs. Gary E. Christensen and Joseph M. Reinhardt at the University of Iowa, we have applied a novel 4-D image registration technique to our unique FSCT image sequences, to reconstruct temporally-resolved structural deformations during periodic ventilation, along with regional maps of parenchymal expansion and contraction (30). Periodic expansion and contraction were assessed by the discrete Fourier transform of the normalized time-varying Jacobian determinants. Figure 6 shows the distribution of strain amplitudes in a representative pig during HFOV delivered at 5 Hz, as well as during MFOV. These distributions tended to vary primarily in the ventral-dorsal direction, in accordance with the gravitational field in supine position. Regional strain amplitudes during MFOV varied with frequency, with different lung regions selectively filtering the harmonic frequency content of the broadband oscillatory flow. Of note, the total volumetric strain (peak-to-peak mean \pm standard deviation) during HFOV (7.9% \pm 3.1%) and MFOV ($6.9\% \pm 2.5\%$) were substantially lower than during CMV ($31.3\% \pm -11.6\%$). Figure 7 shows the spatial maps of original CT intensities, absolute and relative changes in air fraction, and peak strain in another representative pig during CMV, HFOV, and MFOV. Both HFOV and MFOV demonstrate reduced intratidal variations in air fraction and strain compared to conventional mechanical ventilation. Our results indicate that parenchymal stretch during oscillatory ventilation is regionally heterogeneous and frequency-dependent. In addition, the



broadband spectral content associated with MFOV appears to enhance gas transport in the presence of periodic parenchymal deformation with higher harmonics. Such behavior may be further adjusted to compensate for patient-specific regional heterogeneity. We then applied CMV, HFOV, and MFOV in randomized order to 10 pigs before and after lung injury induced with intravenous





fraction, and peak strain for a representative pig following acute lung injury. Changes in air fraction F are computed based on Hounsfield intensities, assuming air and tissues have intensities -1000 HU and 0 HU, respectively. Note: Infinite or divide-by-zero values for relative air fraction are possible when the minimum air fraction is zero (i.e., completely derecruited). Peak strain is computed by change in Jacobian determinant |J| of the registration deformation matrix (22). Modified from (12).

oleic acid infusion. Dynamic 4D CT scans (Siemens SOMATOM Force) were continuously acquired over 30 seconds during each mode of ventilation. Automatic lung segmentations were performed using a convolutional neural network as described below. The tissue-volume preserving image registration algorithm was then used to assess regional volumetric strains throughout the parenchyma. Spatial gradients of intratidal strain were determined by linear regression with respect to right-left, dorsal-ventral, and caudal-rostral position. We found that regardless of condition (baseline vs. injured, p = 0.70), *MFOV produced significantly lower mean* values of regional strain (Figure 8) compared to CMV (176% higher, p < 0.001) and HFOV (38% higher, p = 0.007). Furthermore, HFOV produced significantly lower mean values of regional strain compared to CMV (100% higher, p < 0.001). The coefficient of variation in regional strain (Figure 9) was larger in injured lungs compared to baseline (43% increase, p = 0.01), but did not differ across ventilation modalities (p = 0.60). Spatial gradients of regional strain were highly variable. In particular, the dorsal-ventral gradient, aligned with the gravitational field in supine subjects, there was a significant main effect of condition (p=0.008) with the injured condition (0.49%) more positive than baseline condition (-0.55\%). The signification interaction (p=0.020) between the factors showed significantly more positive gradients in the Injured condition compared to the Baseline condition for CMV (Baseline =-1.09%, Injured = 0.57%, p=<0.001) and HFOV (Baseline = -0.53%, Injured = 0.61%, p=0.01), but not MFOV (Baseline = -0.01, Injured =



0.28, p=0.47). Thus in our oleic acid model of combat-related lung injury, *MFOV reduces the spatial gradient of regional intratidal strain compared to CMV or HFOV*. It follows from this data that MFOV may potentially be a *more protective ventilation strategy* for heterogeneously injured lungs. Preliminary results from this unique registration technique were presented at the 2017 meeting of the Biomedical Engineering Society in Phoenix, Arizona (11), as well as the 2018



meeting of the American Thoracic Society in San Diego, California (12). A summary of these final results will be presented at the 2019 meeting of the American Thoracic Society in Dallas, Texas.

In conjunction with the FSCT imaging described above, we also acquired timed sequences of CT images during xenon wash-in and wash-out (Xe-CT) in 13 healthy pigs and 9 injured pigs, to assess regional ventilation distribution. Image acquisitions were gated to the periodic mechanical ventilation cycle during CMV, HFOV, or MFOV. All images in each sequence were pairwise registered to their respective initial images, to compensate for non-respiratory sources of motion such as cardiogenic oscillations. Regions of interest were defined as cubes spanning four voxels on each side. Within each region of interest, nonlinear regression was used to fit exponential saturation or decay curves to a time series of spatially-averaged voxel intensities during xenon wash-in or wash-out, respectively. Shown are the representative slices from xenon wash-in image analysis performed in 13 healthy pigs under baseline conditions during CMV, HFOV, and MFOV at a single transverse slice (Figure 10), as well as example distributions of xenon time constants (τ) from a representative pig over the entire 5.8 cm length of z-axial coverage (Figure 11). These results demonstrated the feasibility of our Xe-CT imaging protocol in healthy subjects, and furthermore suggested noticeable quantitative differences in the distribution of xenon equilibration time constants between the ventilation modalities. Specifically, xenon equilibration rates are



Figure 10: Distributions of xenon wash-in time constants (τ) in thirteen pigs under baseline conditions during mechanical ventilation using either CMV, HFOV, or MFOV. Nonlinear regression was used to fit parameters of exponential saturation to respiratory-gated CT image sequences. Modified from (10).



Figure 11: Distributions of Xenon wash-in time constants (τ) in a representative pig during conventional mechanical ventilation (CMV, blue), traditional high-frequency oscillatory ventilation (HFOV, orange), or multi-frequency oscillatory ventilation (MFOV, yellow). Modified from (10).

comparable between CMV and MFOV, but appear to be slower for traditional HFOV (Figure 12-A). Additionally all three modalities exhibit similar degrees of gas transport heterogeneity (Figure 12-B), however gas transport during traditional HFOV appears to be more affected by gravitational forces (Figures 13 and 14).



Figure 12: Summary of distributions of xenon wash-in time constants (τ , panel A) for thirteen pigs under baseline conditions during conventional mechanical ventilation (CMV, blue), traditional high-frequency oscillatory ventilation (HFOV, orange), or multi-frequency oscillatory ventilation (MFOV, yellow). Data are expressed at the 25th, 50th, and 75th percentiles (left panel) and the coefficient of dispersion (CD, panel B). Modified from (10).



Figure 13: Illustration of the determination of spatial gas transport gradients for Xenon wash-in time constants $(\partial \tau / \partial x)$ in a representative pig. Gradients were determined in the dorsal-ventral, left-right, and rostral-caudal orientations over 5.8 cm of z-axial coverage. Modified from (10).



Figure 14: Summary of spatial gas transport gradients for Xenon wash-in time constants $(\partial \tau / \partial x)$ for thirteen pigs during conventional mechanical ventilation (CMV, blue), traditional high-frequency oscillatory ventilation (HFOV, orange), or multi-frequency oscillatory ventilation (MFOV, yellow). Gradients were determined in the dorsal-ventral (left panel), left-right (middle panel), and rostral-caudal (right panel) orientations over 5.8 cm of z-axial coverage. Modified from (10).

We have now completed the analysis of the dynamic CT and Xe-CT imaging data during lung injury. As noted in our previous progress report (20), a very time consuming process was the segmentation of dynamic CT images of the injured lungs, since the Hounsfield density of parenchymal consolidation and edema fluid are difficult to distinguish from other chest wall structures. This makes semiautomatic segmentation algorithms ineffective, and until recently we have relied on manual segmentation of the images before applying our registration algorithm. However in collaboration with Dr. Reinhardt and his graduate student Ms. Sarah E. Gerard, we developed a novel and efficient "deep learning" approach for segmentation of the injured lungs using a convolutional neural network. We took advantage of a specialized "transfer learning" technique to circumvent the problem of training neural networks with a relatively small sample of manually labeled images. This network was initially trained on thousands of lung segmentations from human thoracic CT images (27), then subsequently fine-tuned using our limited dataset of manual segmentations from animals with lung injury, including porcine experiments, as well as earlier canine experiments (22). This automated, deep learning approach has been remarkably successful in distinguishing consolidated lung tissue from the surrounding chest wall structures (Figure 15). These results were presented at the 2018 meeting of the Biomedical Engineering Society (Atlanta, GA, 17-20 Oct 2018), as well as 21st International Conference on Medical Image Computing and Computer Assisted Intervention (Granada, Spain, 16-20, 2018), and ultimately resulted in a book chapter (3). This novel deep learning technique thus holds promise for parenchymal segmentation in the presence of other pathophysiologic processes, such as pulmonary edema, atelectasis, or pneumonia - conditions for which manual segmentation is prohibitively tedious and expensive.



Figure 15: Visualization of segmentation for one phase of a 4D CT scan of porcine subject with lung injury: (1A) transverse section of CT image with segmentation contour depicted in magenta; (1B) 3-D surface rendering of segmentation; (1C and 1D) minimum and maximum intensity projections, respectively, of masked CT image. Projection images emphasize the diffuse opacification in the dependent regions of the lung.

3.3 Opportunities for Training and Professional Development

Jacob Herrmann, M.S., is completing his Ph.D. in Biomedical Engineering at the University of Iowa, and has been working under the direct supervision of Dr. Kaczka on all aspects of this project. Mr. Herrmann has assisted with all animal experiments, and has been managing the ongoing analyses for the CT imaging and impedance data in pigs. As a part of his Ph.D. research, he developed the dynamic FSCT image reconstruction algorithm to quantify lung parenchymal motion during mechanical ventilation and oscillation (7), as well as 4-D image registration to assess mechanical strain heterogeneity in the injured porcine lungs (11, 12). Along with our consultant Dr. Merryn Tawhai of the University of Auckland, Mr. Herrmann has developed a three-dimensional computational model of a porcine lung with high anatomic fidelity, based on a central airway tree segmented from a CT image of a supine pig (25). Simulations of ventilation distribution using this model have been crucial to our understanding of how MFOV enhances gas exchange in the injured lung, and how spectral content of MFOV waveforms can be further optimized according to the relative contributions of acinar strain vs. strain rate. During the course of this award, Mr. Herrmann has been the first author of four peer-reviewed journal publications (7, 13, 17, 18), and has three more manuscripts in preparation.

3.4 How were the results disseminated to the communities of interest?

We have published two articles (17, 18) in the *Journal of Applied Physiology*. The audience for this journal consists mostly of organ-level physiologists and biomedical engineers. Our paper focusing on the FSCT technique (7) was published in *IEEE Transactions on Medical Imaging*, with an audience of clinical radiologists, imaging scientists, and medical physicists. We have one manuscript on blast lung injury accepted and in press in *Military Medicine*. Our work from this contract has also been presented at meetings of the Biomedical Engineering Society (4, 11, 16), the American Thoracic Society (6, 10, 12, 15), the Association of University Anesthesiologists (8), the International Flow-Volume Underworld Meeting (5, 21) and the Military Health System Research Symposium (14). More recent results from this work was presented at meetings of the Biomedical Engineering Society in Atlanta, GA (17-20 Oct 2018) and the New Zealand Medical Sciences Congress in Queenstown, NZ (27-29 Aug 2018). Finally, we are in the process of

drafting three manuscripts on algorithmic MFOV optimization, Xenon-enhanced CT, and 4-D image registration based on these results.

3.5 What do you plan to do during the next reporting period to accomplish the goals?

Nothing to Report.

4.0 IMPACT

4.1 What was the impact on the development of the principal discipline of the project?

MFOV is a promising and innovative approach to lung protective ventilation, and its use in patients will require considerable work to understand its application in pathophysiologies relevant to ARDS and other forms of combat-related lung injury. The mechanical heterogeneity of the injured lung has important implications for optimal ventilation protocols and treatment strategies. The novel modeling, experimental, and imaging techniques detailed in this progress report address fundamental questions regarding the mechanism by which MFOV improves gas exchange compared to CMV or traditional HFOV. *The immediate, short-term impact of this project was the development of MFOV waveforms that have far more potential to reduce the risk of ventilator-associated lung injury* compared to CMV, as well as a mechanistic understanding of gas transport during oscillatory ventilation. Our work also provided a requisite, scientific basis for the eventual use of MFOV will have *long-term impact on guiding therapeutic and technological developments for future research in ARDS and other forms of combat-related lung injury*, with potential to significantly impact the morbidity and mortality.

4.2 What was the impact on other disciplines?

As detailed in Section 3.0 of this progress report, our new frequency-selective CT (FSCT) dynamic image reconstruction algorithm enables imaging of both low- and high-frequency dynamic periodic motions at specified frequencies, with minimal extraneous motion artifact. This FSCT approach offers improved imaging fidelity of dynamic subject motion compared to more conventional prospective or retrospective gating approaches. The characterization of dynamic deformations of thoracic structures will have *enormous impact in the fields of clinical radiology and cardiac imaging*. When combined with image registration techniques, FSCT may provide detailed four-dimensional information of distributed tissue deformation of anatomic structures previously inaccessible using standard reconstruction approaches.

4.3 What was the impact on technology transfer?

Based on the data obtain from this DoD CDMRP award, we started a small company, OscillaVent, Inc., to develop and commercialize a prototype ventilator/oscillator capable for delivering MFOV waveforms in adult human patients. Given the promising results shown here, OscillaVent was recently awarded a \$225,000 Phase I Small Business Technology Transfer grant from NIH (R41 HL140640) to develop this new device, along with a \$50,000 matching award from the Iowa Innovation Corporation.

4.4 What was the impact on society beyond science and technology?

ARDS has a major impact in the United States, with an estimated 190,000 cases and 74,000 deaths annually. Significant reductions in mortality have been realized by the use of lung protective mechanical ventilation protocols in which PEEP is used to recruit the lung and prevent repetitive end-expiratory opening and closing of airspaces, and smaller tidal volumes prevent end-inspiratory over-distension. MFOV represents a promising and innovative approach to lung protective ventilation, although its use in patients will require considerably more work to understand its application in pathophysiologies relevant to ARDS and combat-related lung injury. This project will ultimately provide a solid, scientific basis for the rational use of this MFOV in critically ill patients. The thrust of this DoD CDMRP contract is to demonstrate that MFOV results in improved gas exchange while minimizing additional injury in an animal model of combat-related lung injury. However, MFOV may have more far-reaching implications for both pulmonary medicine and anesthesia. For example, MFOV may not be limited to a treatment solely for ARDS, but may be utilized in the ventilator management of other heterogeneous lung diseases, such as asthma, COPD, or pneumonia. The possibility that MFOV can more efficiently penetrate 'difficult-toreach' regions of the lung also has implications for the *optimal delivery of aerosols and drugs*. such as beta agonists, steroids, or even inhaled volatile anesthetics.

5.0 CHANGES / PROBLEMS

5.1 Changes in approach and reasons for change

Our original experimental protocol indicated that four ventilatory / oscillatory modalities would be used in each animal: 1) CMV; 2) single-frequency HFOV; 3) a generic MFOV consisting of uniform flow amplitudes (or hyperbolically-decreasing volume amplitudes); and 4) a customdesigned MFOV waveform based on the modeling and simulation results of Specific Aim 1. However, our computer modeling results indicated that an MFOV waveform consisting of hyperbolically-decreasing volume amplitudes provided a near-optimal solution for most levels of lung injury (Figure 2). Thus, we were able to simplify our experimental protocol using only three modalities, since our original generic MFOV waveform was found to be optimal. This was a relatively minor change to our initial experimental design.

5.2 Actual or anticipated problems or delays and actions or plans to resolve them

Nothing to report

5.3 Changes that had a significant impact on expenditures

Nothing to report.

5.4 Significant changes in the use or care of human subjects, vertebrate animals, biohazards, and/or select agents

Nothing to report.

6.0 PRODUCTS

6.1 Journal Publications

Herrmann J, Tawhai MH, and **Kaczka DW**. Regional gas transport in the heterogeneous lung during oscillatory ventilation. *Journal of Applied Physiology* 121: 1306-1318, 2016; Acknowledgement of federal support: yes

Herrmann J, Hoffman EA, and **Kaczka DW**. Frequency-Selective Computed Tomography: Applications During Periodic Thoracic Motion. *IEEE Trans Med Imaging* 36: 1722-1732, 2017; Acknowledgement of federal support: yes

Herrmann J, Tawhai MH, and **Kaczka DW**. Parenchymal strain heterogeneity during oscillatory ventilation: why two frequencies are better than one. *J Appl Physiol (1985)* 124: 653-663, 2018. Acknowledgement of federal support: yes

Herrmann J, Tawhai MH, and **Kaczka DW**. Computational modeling of primary blast lung injury: implications for ventilator management. *Military Medicine* (in press). Acknowledgement of federal support: yes

Cereda M, Xin Y, Goffi A, Hermann J, **Kaczka DW**, Kavanagh B, Perchiazzi G, Yoshida T, Rizi RR. Imaging the injured lung. *Anesthesiology* (in press). Acknowledgement of federal support: yes

Submitted Manuscripts

Herrmann J, Liliwat W, Tawhai MH, Kaczka DW. High-Frequency Oscillatory Ventilation and Ventilator-Induced Lung Injury: Size Does Matter. Submitted to Critical Care Medicine.

6.2 Books or other non-periodical, one-time publications

Nothing to report

6.3 Other Publications, Conference Papers, and Presentations

Herrmann J, and **Kaczka DW**. Optimization of Spectral Content in Oscillatory Ventilator Waveforms. In: *2016 Annual Meeting of the Biomedical Engineering Society*. Minneapolis, MN: 2016. Acknowledgement of federal support: yes

Herrmann J. What can frequency-selective CT imaging show us about regional lung deformation? *Flow-Volume Underworld*, Boston, MA, 2017. Acknowledgement of federal support: yes

Kaczka DW. Parenchymal Strain During Oscillatory Ventilation: Why Two Frequencies are Better than One. *Flow-Volume Underworld*, Boston, MA, 2017. Acknowledgement of federal support: yes

Herrmann J, and **Kaczka DW**. Minimizing Parenchymal Strain Heterogeneity During Oscillatory Ventilation. In: *Association of University Anesthesiologists 64th Annual Meeting*. Washington, D.C.: 2017. Acknowledgement of federal support: yes

Herrmann J, Fuld MK, Hoffman EA, and **Kaczka DW**. Temporally Resolved Computed Tomographic (CT) Imaging to Assess Regional Parenchymal Strain during Oscillatory Ventilation. 2017 *Meeting of the American Thoracic Society. American Journal of Respiratory and Critical Care Medicine* 2017; 195:A6522. Acknowledgement of federal support: yes

Herrmann J, Tawhai MH, and **Kaczka DW**. Computational Modeling of Primary Blast Lung Injury: Implications for Ventilator Management. In: *Military Health System Research Symposium*. Kissimmee, FL: 2017. Acknowledgement of federal support: yes

Herrmann J, Shao W, Reinhardt J, Hoffman E, Christensen G, and Kaczka DW. Frequency-Selective CT Image Registration for Assessment of Regional Periodic Lung Deformation. 2017 *Meeting of the Biomedical Engineering Society*, Phoenix AZ, Acknowledgement of federal support: yes

Herrmann J, Tawhai M, and **Kaczka DW**. Multi-Objective Optimization of Multi-Frequency Oscillatory Ventilation. 2017 Meeting of the Biomedical Engineering Society, Phoenix AZ, Acknowledgement of federal support: yes

Hadjarevic B, Herrmann J, **Kaczka DW**. Modeling the Frequency Response of a Proportional Solenoid Valve for Oscillatory Ventilation. *2017 Meeting of the Biomedical Engineering Society*, Phoenix AZ, Acknowledgement of federal support: yes

Herrmann J, Tawhai MH, and **Kaczka DW**. Lung size and ventilation heterogeneity: A comparison of high-frequency oscillatory ventilation in neonates and adults. 2018 Meeting of the American Thoracic Society. *American Journal of Respiratory and Critical Care Medicine* 197: A4663, 2018. Acknowledgement of federal support: yes

Herrmann J, Reinhardt JM, Hoffman EA, and **Kaczka DW**. Xenon-enhanced CT for measurement of regional gas transport during oscillatory ventilation. 2018 Meeting of the American Thoracic Society. *American Journal of Respiratory and Critical Care Medicine* 197: A4477, 2018. Acknowledgement of federal support: yes

Herrmann J, Shao W, Reinhardt JM, Hoffman EA, Christensen GE, and **Kaczka DW**. Timevarying regional aeration and strain in the acutely injured lung assessed with 4-D CT image registration. 2018 Meeting of the American Thoracic Society. *American Journal of Respiratory and Critical Care Medicine* 197: A7227, 2018. Acknowledgement of federal support: yes

Kaczka DW. Regional Aeration and Strain in the Heterogeneous Lung: Implications for Ventilator Management. Invited Keynote Talk at 2018 *Meeting of the American Thoracic Society*. Acknowledgement of federal support: yes

Kaczka DW, Herrmann J. Optimizing Ventilation in the Injured Lung Using Multi-Frequency Oscillation. Presented at the New Zealand Medical Sciences Congress, August 27-29, Queenstown, NZ.

Gerard, SE, Herrmann J, **Kaczka DW**, Reinhardt JM. Transfer Learning for Desegmentation of Injured Lungs Using Course-to-Fine Convolutional Neural Networks. Presented at 21st International Conference on Medical Image Computing and Computer Assisted Intervention (Granada, Spain, September 16-20, 2018)

Herrmann J, Tawhai MH, Bates JHT, **Kaczka DW**. Effects of Parenchymal Interdependence on Lung Derecruitment During Mechanical Ventilation. Presented at the *October 17-20, 2018 Meeting of the Biomedical Engineering Society*, Atlanta, GA.

Gerard SE, Herrmann J, **Kaczka DW**, Reinhardt JM. Transfer Learning for Segmentation of Injured Lungs in Computed Tomography. Presented at the *October 17-20 2018, Meeting of the Biomedical Engineering Society*, Atlanta, GA.

Kaczka DW. What about impedance oscillometry (IOS)? Presented at CHEST 2018, the Meeting of the American College of Chest Physicians, San Antonio, TX, October 5-9, 2018.

Upcoming Conferences:

Herrmann J, Gerard SE, Shao W, Reinhardt JM, Christensen GE, Hoffman EA, Hawley ML, Kaczka DW. Multi-frequency oscillatory ventilation minimizes the spatial gradient of regional strain using 4D CT image registration in porcine lung injury. To be presented at the Meeting of the American Thoracic Society, May 17-22, 2019.

Kaczka DW. Co-organizer of symposium on Physiologically-guided mechanical ventilation at the Meeting of the American Thoracic Society, May 17-22, 2019.

6.4 Website or other Internet site

https://www.researchgate.net/project/Optimizing-Ventilation-Distribution-and-Gas-Exchange-in-Combat-Related-Lung-Injury-Using-Multi-Frequency-Oscillation

6.5 Technologies or techniques

Nothing to report

6.6 Inventions, patent applications and/or licenses

Nothing to report

6.7 Other Products

Nothing to Report

7.0 PARTICIPANTS & OTHER COLLABORATING ORGANIZATIONS

7.1 What individuals have worked on the project?

Name:	David W. Kaczka, M.D., Ph.D.
Project Role:	Principal Investigator
Researcher Identifier (ORCID ID):	0000-0003-4378-5242
Nearest person month worked:	3.2
Contribution to Project:	Dr. Kaczka is responsible for the overall
	direction of the project as well as the
	experimental measurements of lung
	impedance and CT imaging. Dr. Kaczka is

	responsible for oversight of all publications and presentations related to the project. Dr. Kaczka supervised and participated in the animal experiments with Mr. Jacob Herrmann (Ph.D. student).
Other Funding Support:	NIH

Name:	Jacob Herrmann, M.S.
Project Role:	Graduate Student
Researcher Identifier (ORCID ID):	0000-0001-5046-5592
Nearest person month worked:	12
Contribution to Project:	Mr. Herrmann has performed the computational modeling for assessment of gas transport and exchange in porcine lungs in collaboration with Dr. Kaczka and Dr. Tawhai. He has also assisted in the animal experiments and analysis of the imaging and impedance data.
Other Funding Support:	University of Iowa, Department of Anesthesia

Name:	Merryn Tawhai, Ph.D.
Project Role:	Consultant
Researcher Identifier (ORCID ID):	0000-0002-3211-6337
Nearest person month worked:	160 hours over Year 1 (1.0 person month)
Contribution to Project:	Advisor for modeling projects in Year 1,
	completed
Other Funding Support:	NIH, Royal Society of New Zealand, Health
	Research Council of New Zealand, The
	Tertiary Education Commission of New
	Zealand

Name:	Eric Hoffman, Ph.D.
Project Role:	Co-Investigator
Researcher Identifier (ORCID ID):	0000-0001-8456-9437
Nearest person month worked:	0.6
Contribution to Project:	Dr. Hoffman closely collaborated in all aspects of the computational modeling, animal experiments, CT scanning and image processing
Other Funding Support:	NIH

7.2 Has there been a change in the active other support of the PI or key personnel since the last reporting period?

The PI, David Kaczka, MD, PhD, has added effort on two projects, however overall research effort is unchanged from 60% research effort, 40% clinical effort. There is no overlap between the current project and these projects.

2015-2019	NIH/NHLBI 1R01HL126838
	"Defining the Role of Early Pulmonary Vascular Disease in COPD"
	Role: <u>Co-Investigator 10% FTE</u>
	This project evaluates the role of imaging-based measures of pulmonary vascular structure and function to identify smokers at risk of rapid emphysema progression and/or at risk of having frequent acute
	exacerbations of their COPD.
2012-2018	NIH 5R01HL112986
	"Multi-Center Structural & Functional Quantitative CT Pulmonary
	Phenotyping"
	Role: Co-Investigator 10% FTE
	This bioengineering research partnership takes advantage of emerging
	acquisition technique of multi-spectral computed tomography (dual energy
	CT: DECT), careful evaluation of dose lowering methods, and novel approaches to statistical cluster analysis to expand the biomarkers used in

The Co-I, Eric Hoffman, PhD, has modified his effort on various NIH projects. There is no overlap between the current project and any of his other projects.

multi-center studies to identify sub-populations of lung disease.

7.3 What other organizations were involved as partners?

Organization Name: University of Auckland Location of Organization: Auckland, New Zealand Partner's contribution to the project: Consultant, Merryn Tawhai, Ph.D. Dr. Tawhai advised Dr. Kaczka and Mr. Herrmann on aspects of the modeling that was completed in Year 1. Her commitment was as expected and the full budget of \$11,840 had been paid.

8.0 SPECIAL REPORTING REQUIREMENTS

Nothing to report

9.0 REFERENCES

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3. **Gerard SE, Herrmann J, Kaczka DW, and Reinhardt JM**. Transfer Learning for Segmentation of Injured Lungs Using Coarse-to-Fine Convolutional Neural Networks. In: *Image Analysis for Moving Organ, Breast, and Thoracic Images*, edited by Stoyanov D TZ, Kainz B, Maicas G, Beichel R, Martel A, Maier-Hein L, Kanwal B, Vercauteren T, Ozan O, Carneiro G, Bradley AP, Nascimento J, Min H, Brown MS, Jacobs C, Lassen-Schmidt B, Mori K, Petersen J, San Jose Estépar R, Schmidt-Richberg A, Veiga C. Switzerland: Springer-International Publishing, 2018, p. 191-201.

4. **Hajdarevic B, Herrmann J, and Kaczka DW**. Modeling the Frequency Response of a Proportional Solenoid Valve for Oscillatory Ventilation. *2017 Meeting of the Biomedical Engineering Society* 2017.

5. **Herrmann J**. What can frequency-selective CT imaging show us about regional lung deformation? *2017 Meeting of the Flow-Volume Underworld Boston, MA* 2017.

6. Herrmann J, Fuld MK, Hoffman EA, and Kaczka DW. Temporally Resolved Computed Tomographic (CT) Imaging to Assess Regional Parenchymal Strain during Oscillatory Ventilation. *American Journal of Respiratory and Critical Care Medicine* 195: A6522, 2017.

7. Herrmann J, Hoffman EA, and Kaczka DW. Frequency-Selective Computed Tomography: Applications During Periodic Thoracic Motion. *IEEE Transactions on Medical Imaging* 36: 1722-1732, 2017.

8. **Herrmann J, and Kaczka DW**. Minimizing Parenchymal Strain Heterogeneity During Oscillatory Ventilation. In: *Association of University Anesthesiologists 64th Annual Meeting*. Washington, D.C.: 2017.

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11. Herrmann J, Shao W, Reinhardt J, Hoffman EA, Christensen G, and Kaczka DW. Frequency-Selective CT Image Registration for Assessment of Regional Periodic Lung Deformation. 2017 Meeting of the Biomedical Engineering Society, Phoenix AZ 2017.

12. Herrmann J, Shao W, Reinhardt JM, Hoffman EA, Christensen GE, and Kaczka DW. Time-varying regional aeration and strain in the acutely injured lung assessed with 4-D CT image registration. *American Journal of Respiratory and Critical Care Medicine* 197: A7227, 2018.

13. Herrmann J, Tawhai MH, and Kaczka DW. Computional Modeling of Primary Blast Lung Injury: Implications for Ventilator Management. *Mil Med* in press: 2018.

14. **Herrmann J, Tawhai MH, and Kaczka DW**. Computational Modeling of Primary Blast Lung Injury: Implications for Ventilator Management. In: *Military Health System Research Symposium*. Kissimmee, FL: 2017.

15. **Herrmann J, Tawhai MH, and Kaczka DW**. Lung size and ventilation heterogeneity: A comparison of high-frequency oscillatory ventilation in neonates and adults. *American Journal of Respiratory and Critical Care Medicine* 197: A4663, 2018.

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10.0 APPENDICES

Page	From Reference List
N/A	 3. Gerard SE, Herrmann J, Kaczka DW, and Reinhardt JM. Transfer Learning for Segmentation of Injured Lungs Using Coarse-to-Fine Convolutional Neural Networks. In: <i>Image Analysis for Moving Organ, Breast, and Thoracic</i> <i>Images</i>, edited by Stoyanov D TZ, Kainz B, Maicas G, Beichel R, Martel A, Maier-Hein L, Kanwal B, Vercauteren T, Ozan O, Carneiro G, Bradley AP, Nascimento J, Min H, Brown MS, Jacobs C, Lassen-Schmidt B, Mori K, Petersen J, San Jose Estépar R, Schmidt-Richberg A, Veiga C. Switzerland: Springer- International Publishing, 2018, p. 191-201. https://books.google.com/books?hl=en&lr=&id=kDBuDwAAQBAJ
27	4. Hajdarevic B, Herrmann J, and Kaczka DW. Modeling the Frequency Response of a Proportional Solenoid Valve for Oscillatory Ventilation. 2017 Meeting of the Biomedical Engineering Society 2017.
N/A	5. Herrmann J. What can frequency-selective CT imaging show us about regional lung deformation? 2017 Meeting of the Flow-Volume Underworld Boston, MA 2017.
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41	 9. Herrmann J, and Kaczka DW. Optimization of Spectral Content in Oscillatory Ventilator Waveforms. In: 2016 Annual Meeting of the Biomedical Engineering Society. Minneapolis, MN: 2016.
42	10. Herrmann J, Reinhardt JM, Hoffman EA, and Kaczka DW. Xenon- enhanced CT for measurement of regional gas transport during oscillatory ventilation. American Journal of Respiratory and Critical Care Medicine 197: A4477, 2018.
44	11. Herrmann J, Shao W, Reinhardt J, Hoffman EA, Christensen G, and Kaczka DW. Frequency-Selective CT Image Registration for Assessment of Regional Periodic Lung Deformation. 2017 Meeting of the Biomedical Engineering Society, Phoenix AZ 2017.
45	12. Herrmann J, Shao W, Reinhardt JM, Hoffman EA, Christensen GE, and Kaczka DW. Time-varying regional aeration and strain in the acutely injured lung assessed with 4-D CT image registration. American Journal of Respiratory and Critical Care Medicine 197: A7227, 2018.
47	14. Herrmann J, Tawhai MH, and Kaczka DW. Computational Modeling of Primary Blast Lung Injury: Implications for Ventilator Management. In: Military Health System Research Symposium. Kissimmee, FL: 2017.

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99	18. Herrmann J, Tawhai MH, and Kaczka DW. Regional gas transport in the heterogeneous lung during oscillatory ventilation. J Appl Physiol (1985) 121: 1306-1318, 2016.
N/A	21. Kaczka DW. Parenchymal strain during oscillatory ventilation: why two frequencies are better than one. 2017 Meeting of the Flow-Volume Underworld, Boston MA 2017.
144	25. Kaczka DW, Herrmann J, and Tawhai MH. Parenchymal Strain Versus Strain Rate During Multi-Frequency Oscillatory Ventilation. In: American Society of Anesthesiologists. Boston, MA: 2017.

Refs. 5 and 21 are from a conference that does not publish abstracts.

Modeling the Frequency Response of a Proportional Solenoid Valve for Oscillatory Ventilation Bakir Hajdarevic¹, Jacob Herrmann¹, and David Kaczka¹ ¹University of Iowa, Iowa City, IA

Introduction: Proportional solenoid (PSOL) valves are an important component of modern mechanical ventilators^[1]. However the use of PSOL valves in high frequency oscillators is limited due to incomplete characterization of their dynamic responses, as well as the necessity to incorporate them into sophisticated closed-loop systems for precise airway pressure control and patient safety^[2]. The goal of this study was to characterize the dynamic response of high-flow PSOL valve using a linear transfer function, which may allow for robust simulation and design of closed-loop controllers for various ventilatory and oscillatory modalities in patients.

Materials and Methods: Measurements were made in an ASCO PosiflowTM PSOL valve (Model SD8202G027V) connected in series to a Bellofram Type 70 Air Regulator (960-131-010). Maximum orifice diameter of the valve was 7 mm, allowing for a steady peak flow delivery of 4.7 L sec⁻¹. Pulse width modulated (PWM) current to the PSOL coil was provided by ASCO's Electronic Control Unit (ECU Model 8908A001) at a frequency of 300 Hz. A digital-to-analog (D/A) converter (USB-6008, National Instruments) was used to generate bandlimited white noise (0.01-40 Hz), as well as three different pseudorandom signals consisting of discrete sinusoids at mutually prime frequencies (0.195-37.4 Hz). The output of the D/A converter was low pass filtered at 40 Hz (8-pole Butterworth), and presented as the input control voltage to the ECU. Output flow from the PSOL valve was measured with a pneumotachograph (Hans Rudolph 4700A) coupled to a 0-2 cmH₂O differential pressure transducer (Celesco LCVR-0002). Both the input voltage and output flow waveforms were low pass filtered at 40 Hz, and sampled by an analog-to-digital converted at 100 Hz. The voltage-flow transfer function of the combined ECU-PSOL system was determined using an overlap-average periodogram technique, which was then fitted to a generalized parametric transfer function of the form:

$$T(s) = K \prod_{m=1}^{M} \left(s + \alpha_m \right) / \prod_{n=1}^{N} \left(s + \beta_n \right)$$
⁽¹⁾

where α_m and β_n denote the zeroes and poles, respectively, of T(s), and $M \le N$. The parameters K, α_m , and β_n were estimated using a nonlinear gradient search technique (MATLAB v9.0, The Mathworks Inc.). The optimal number of zeros and poles for the ECU-PSOL system (M, N) were determined based on the Akaike information criterion (AIC).

Results and Discussion: The PSOL valve exhibited a steady-flow hysteresis of ~18%, while its dynamic magnitude and phase responses were flat out to 10 Hz (Figure 1). Broadband measurement of total harmonic flow distortion^[3] was approximately 11%. The frequency response of the ECU-PSOL system was adequately described by Equation 1 with M = 3 and N = 5.

Conclusions: The dynamic frequency response of a high-flow PWM PSOL valve can be adequately described using a linear polynomial transfer function. Such a characteristic will allow for robust simulation and design of a closed-loop controller in a device capable of generating various ventilatory and oscillatory modalities in patients with acute respiratory failure.

Acknowledgements: Work supported in part by U.S. Department of Defense grant PR151761

References:

[1] Lua AC, Shi KC, and Chua LP. *Med Eng Phys* 23: 381-389, 2001.
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Figure 1 Frequency response of PSOL valve driven with white noise (gray symbols) and pseudorandom signal (black symbols) inputs, along with corresponding fit of Equation 1 to pseudorandom data (solid lines).

#6518: Temporally-Resolved Computed Tomographic (CT) Imaging to Assess Regional Parenchymal Strain...

2017 Meeting of the American Thoracic Society

Abstract 6518

Temporally-Resolved Computed Tomographic (CT) Imaging to Assess Regional Parenchymal Strain during Oscillatory Ventilation

Type: Scientific Abstract

- Topic: 20. Mechanical Ventilation (Invasive, Non-Invasive) / Adult / Translational Science / Respiratory Structure and Function (RSF)
- Authors: <u>J. Herrmann</u>¹, M.K. Fuld², E.A. Hoffman³, D.W. Kaczka¹; ¹University of Iowa Iowa City, IA/US, ²Siemens Medical Solutions USA, Inc. Malvern, PA/US, ³University of Iowa Carver College of Medicine Iowa City, IA/US

Abstract Body

Rationale:

We have recently proposed the use of multi-frequency oscillatory ventilation (MFOV) as a modification of high frequency oscillatory ventilation (HFOV) for improving ventilation distribution and minimizing ventilator-induced lung injury (Kaczka et al., Anesthesiology 123(6):1394-1403, 2015). Direct observation of dynamic regional strain during MFOV is not possible using conventional X-ray CT imaging, due to motion artifact blurring and extraneous cardiogenic disturbances. These artifacts are especially problematic during oscillation at frequencies greater than the rotation frequency of the X-ray source and detector array. In this study, we developed a reconstruction algorithm for spatial and temporal resolution of periodic lung motion during CT scanning, enabling quantification of regional parenchymal strain during HFOV or MFOV.

Methods:

Sedated and paralyzed pigs received mechanical ventilation (conventional, HFOV, or MFOV) using ventilatory frequencies between 0.4 to 20 Hz (i.e., 24 to 1200 min⁻¹). CT projections were acquired continuously for 30 to 100 seconds using a SOMATOM Force scanner (Siemens Healthineers, Forchhiem, Germany) rotating at 4 Hz, using 80 kVp and 150 mA×s (total dose per acquisition between 345 to 1152 mGy). CT projections were reorganized according to oscillatory frequency before cone-beam reconstruction, yielding a series of volumetric images (isotropic 0.3 mm voxel size, 192 slices, 240 mm field-of-view) at 10 distinct time-points during periodic motion, with minimal extraneous motion artifact. Piecewise four-dimensional image registration was used to determine spatial parenchymal deformation between consecutive time-points.

Results:

Our reconstruction algorithm produced image sequences of clearly defined lung structure at distinct time points throughout the oscillatory ventilation cycle (Figure 1). Substantial reductions in reconstruction error were achieved for the longest scanning durations. Cardiogenic oscillations resulted in minor motion artifact due to the oscillatory frequency not being an integer multiple of heart rate. Image registration revealed heterogeneous distributions of parenchymal strain magnitudes and phases during oscillatory ventilation.

Conclusions:

We have developed a novel method for reconstructing temporally resolved images of oscillatory lung deformation during continuous X-ray CT acquisition, with minimal distortion from extraneous motion. Our method, coupled with image registration techniques, enables direct, non-invasive quantification of regional parenchymal strain in vivo during high frequency and multi-frequency oscillatory ventilation.

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Reconstructed images of a pig during post-mortem oscillatory ventilation at 5 Hz.



Frequency-Selective Computed Tomography: Applications During Periodic Thoracic Motion

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Abstract-We seek to use computed tomography (CT) to characterize regional lung parenchymal deformation during highfrequency and multi-frequency oscillatory ventilation. Periodic motion of thoracic structures results in artifacts of CT images obtained by standard reconstruction algorithms, especially for frequencies exceeding that of the X-ray source rotation. In this study, we propose an acquisition and reconstruction technique for high resolution imaging of the thorax during periodic motion. Our technique relies on phase-binning projections according to the frequency of subject motion relative to the scanner rotation, prior to volumetric reconstruction. The mathematical theory and limitations of the proposed technique are presented, and then validated in a simulated phantom as well as a living porcine subject during oscillatory ventilation. The four-dimensional image sequences obtained using this frequency-selective reconstruction technique yielded high spatio-temporal resolution of the thorax during periodic motion. We conclude that frequency-based selection of CT projections is ideal for characterizing dynamic deformations of thoracic structures that are ordinarily obscured by motion artifact using conventional reconstruction techniques.

Index Terms—Heart, Image acquisition, Image reconstruction – analytical methods, Lung, Motion compensation and analysis, Tracking (time series analysis), X-ray imaging and computed tomography.

I. INTRODUCTION

SEVERAL imaging modalities are available to provide fourdimensional descriptions of transient tissue deformations (i.e., three spatial dimensions, one temporal dimension) [1]. Xray computed tomography (CT) is often used in this regard due to its excellent spatial resolution, despite the risks associated with the use of ionizing radiation [2]. However scanner rotation speed limits temporal resolution using standard image reconstruction algorithms [3]. This may limit the quality of images during dynamic subject motion, especially for deformations at high frequencies. As a result, temporallyresolved imaging during rapid, periodic motion, e.g., highfrequency and multi-frequency oscillatory ventilation [4],[5], is difficult to acquire. Especially with faster rotation times, larger

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axial coverage, and the ability to significantly reduce radiation exposure utilizing newly emerging CT technologies [6],[7], there is a renewed interest in assessing dynamic physiologic phenomena *via* CT.

With CT imaging, the X-ray source and detector array rotate about the subject, while X-rays are projected at varying angles. The resulting projections on the opposing detector array are characterized by linear attenuation coefficients, representing the tendency of various biological tissues to absorb or scatter X-rays [8]. The raw data acquired by the scanner comprises projections at multiple angles. A two-dimensional image of the spatially-distributed linear attenuation coefficients can then be obtained by reconstruction of the projection data.

Various reconstruction algorithms are available for clinical purposes, such as filtered back-projection or iterative reconstruction [9], with each achieving a particular balance between image quality and computational cost. Standard reconstruction algorithms assume that the subject is stationary during scanner rotation, such that each acquired projection captures the same spatial orientation through a different angle. However if the subject is moving during image acquisition, the projection data will contain multiple spatial orientations and projection angles [10]. In such situations, standard reconstruction algorithms will blur the resulting image due to motion artifact [11]. This becomes especially problematic during repetitive periodic motion of anatomic structures at rates equal to or faster than the scanner rotation frequency [4],[12]. Motion artifact mitigation and/or temporally resolved image reconstruction in three dimensions is possible using appropriate gating or triggering techniques [12]. However such techniques selectively target image acquisition at the same subject state repeatedly over the course of multiple motion cycles, rather than acquiring multiple transient states within one cycle.

Image acquisition during periodic subject motion has been well-described in the fields of cardiac and thoracic imaging, for which cardiogenic motion (in the frequency range of 1 to 2 Hz) and spontaneous breathing (0.1 to 0.7 Hz) present sources of motion artifact. Gating techniques for such applications may

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utilize external signals for either retrospective gating or prospective triggering of the image acquisition cycle. In thoracic CT, a variety of external signals including respiratory flow, pressure, or abdominal motion may be used to target image timing according to lung volume or respiratory phase (i.e., end-expiration and end-inspiration) [13]-[15]. In cardiac CT, an electrocardiogram (EKG) may be used to target image timing according to cardiac phase and heart rate, identifying a period for which the mediastinal contents remain relatively stationary (i.e., diastole) [12],[16]-[18]. However conditions involving highly-dynamic subject states, such as highfrequency oscillatory ventilation (HFOV), do not provide comparable motionless time windows. HFOV is an alternative form of mechanical ventilation that may be used during severe refractory hypoxemia in the Acute Respiratory Distress Syndrome (ARDS). In contrast to conventional forms of mechanical ventilation, HFOV delivers tidal volumes that may be smaller than anatomic dead space, at rates of 2 to 20 Hz [19]. Thus imaging during HFOV has been limited to planar views [20] or phase-averaged volumetric images [4],[21]-[23], resulting in poor spatio-temporal resolution.

To achieve high-resolution CT images during such highly dynamic states, an alternative approach must be implemented that does not rely on the reconstruction of sequentially acquired projections triggered by physiological events [24],[25]. In this study, we propose the use of frequency-selective 4D-CT (FSCT) for capturing periodic subject motion with both high spatial and temporal resolutions. Our approach relies on the continuous acquisition of many projections during multiple scanner rotations over a specified length of axial coverage, followed by a retrospective analysis of the resulting phase distribution of subject motion obtained from projection data.

II. METHODS

A. Theory

Consider an X-ray source rotating through a circular trajectory at frequency f_{rot} , with an opposing detector array acquiring projections at varying angles, during periodic subject motion at frequency f_{sub} . The phase of subject motion ϕ_{sub} can be expressed as a function of time:

$$\phi_{\text{sub}}(t) = (2\pi f_{\text{sub}}t) \mod 2\pi, \quad t \ge 0 \tag{1}$$

where each distinct value of ϕ_{sub} between 0 and 2π corresponds to a particular spatial orientation, cyclically repeated during the periodic motion. Similarly, the phase of the scanner rotation is:

$$\phi_{\text{rot}}(t) = (2\pi f_{\text{rot}}t) \mod 2\pi, \quad t \ge 0 \tag{2}$$

where ϕ_{rot} is equivalent to the projection angle relative to the initial projection angle at time t = 0. To reconstruct a "still" image of the subject at one particular phase ϕ_{rec} , projections must be acquired at times t_k such that $\phi_{sub}(t_k) = \phi_{rec}$:

$$t_k = \frac{\phi_{\rm rec} + 2\pi k}{2\pi f_{\rm sub}}, \quad \text{where} \quad k = 0, 1, 2, \dots$$
(3)

The relative X-ray projection angle at each t_k is given by:

$$\phi_{\rm rot}(t_k) = \left[\left(\frac{f_{\rm rot}}{f_{\rm sub}} \right) (\phi_{\rm rec} + 2\pi k) \right] \mod 2\pi,$$
(4)
where $k = 0, 1, 2, ...$

Multiple distinct "still" images of the subject throughout the periodic motion may be reconstructed by first partitioning subject phase into N_{bin} equally spaced bins on the interval 0 to 2π :

$$n_{\rm bin} = \begin{cases} 0 & , & 2\pi \frac{0}{N_{\rm bin}} \le \phi_{\rm sub} < 2\pi \frac{1}{N_{\rm bin}} \\ 1 & , & 2\pi \frac{1}{N_{\rm bin}} \le \phi_{\rm sub} < 2\pi \frac{2}{N_{\rm bin}} \\ \vdots & \vdots & \vdots \\ N_{\rm bin} - 1 & , & 2\pi \frac{N_{\rm bin} - 1}{N_{\rm bin}} \le \phi_{\rm sub} < 2\pi \frac{N_{\rm bin}}{N_{\rm bin}} \end{cases}$$
(5)

and then grouping the sequentially acquired projections according to the corresponding subject phase bin:

$$n_{\rm bin}(t) = \left| \left(\frac{\phi_{\rm sub}(t) N_{\rm bin}}{2\pi} \right) \bmod N_{\rm bin} \right|, \quad t \ge 0 \tag{6}$$

where [] denotes rounding the enclosed argument to the largest integer less than or equal to itself. Equation (6) can be rewritten as:

$$n_{\rm bin}(t) = \lfloor (f_{\rm sub}tN_{\rm bin}) \bmod N_{\rm bin} \rfloor, \quad t \ge 0$$
(7)

Binning the acquired projections according to subject phase yields $N_{\rm bin}$ sinograms, each containing a sufficient number of angles required for image reconstruction. The phase-binned sinograms may then be reconstructed independently to produce $N_{\rm bin}$ images in a sequence representing dynamic subject state during periodic motion. Each image represents subject state over a limited range of motion characterized by the size of each phase bin. Increasing $N_{\rm bin}$ reduces the size of each phase bin, thereby reducing motion artifact in the reconstructed images.

Fig. 1a shows an example of transient variations in subject motion phase during scanner rotation, according to (1) and (2). Standard CT reconstruction is performed on sequentially acquired projections, resulting in variable subject motion phase obtained during one scanner rotation, illustrated in Fig. 1b. FSCT reconstruction is instead performed on subsets of projection data binned according to subject motion phase. Fig. 1c illustrates more uniform subject motion phase obtained in each binned subset of projection data using the FSCT approach described in (5).

B. Feasible Sampling Criterion

In practical applications, the number of unique projection angles is given by the number of projections acquired per scanner rotation N_{pro} . Projections are acquired at a fixed rate



Fig. 1. Illustration of FSCT concept for arbitrarily selected parameters. (a) Scanner phase ϕ_{rot} as a function of time for a 2.0 Hz rotation frequency, with 25 projections acquired per rotation as indicated by numbered asterisks. Projections are numbered according to chronological order of acquisition. Subject phase ϕ_{sub} as a function of time for a 13.13 Hz periodic motion cycle. Subject phase is labeled according to 3 equally sized bins, indicated by color (red, orange, yellow). (b) Standard CT reconstruction is performed on sequentially acquired projections, averaging together variable subject phase acquired throughout one scanner rotation. (c) FSCT reconstruction is performed on phase-binned subsets of projections, each containing a limited range of subject phase.

and with equal angular spacing throughout each scanner rotation. Therefore projection angle ϕ_{rot} may be considered a discrete variable rather than a continuous function of time, such that ϕ_{rot} for the p^{th} sequentially acquired projection is given by:

$$\phi_{\rm rot}(p) = \frac{2\pi p}{N_{\rm pro}} \mod 2\pi, \quad p = 0, 1, 2, \dots$$
 (8)

Each unique value of $\phi_{rot}(p)$ may be indexed by n_{pro} such that:

$$n_{\rm pro}(p) = p \mod N_{\rm pro}, \quad p = 0, 1, 2, \dots$$
 (9)

Acquisition of the p^{th} projection occurs at time point t_p :

$$t_p = \frac{p}{N_{\rm pro} f_{\rm rot}}, \qquad p = 0, 1, 2, \dots$$
 (10)

with subject motion phase:

$$\phi_{\text{sub}}(p) = p \frac{2\pi f_{\text{sub}}}{N_{\text{pro}} f_{\text{rot}}} \mod 2\pi, \quad p = 0, 1, 2, \dots$$
 (11)

and subject phase bin index n_{bin} :

$$n_{\rm bin}(p) = \left[p \frac{N_{\rm bin} f_{\rm sub}}{N_{\rm pro} f_{\rm rot}} \bmod N_{\rm bin} \right].$$
(12)

Each projection is therefore assigned a pair of indexes

 $\langle n_{\rm pro}, n_{\rm bin} \rangle$ characterizing the associated projection angle and subject motion phase bin. All unique combinations of $n_{\rm pro}$ and $n_{\rm bin}$ must be sampled to appropriately reconstruct the complete image sequence with minimal spatial aliasing, although it is possible to poorly select $f_{\rm sub}$, $f_{\rm rot}$, and $N_{\rm bin}$ such that the acquired projections repeat non-unique pairs $\langle n_{\rm pro}(p), n_{\rm bin}(p) \rangle$ before complete sampling. The relative periodicity between scanner rotation and subject motion is determined by the number of projection acquisitions which may occur before a repetition in the pair $\langle \phi_{\rm rot}(p), \phi_{\rm sub}(p) \rangle$, hereafter referred to as $R_{\rm pro}$. Projection angle index $n_{\rm pro}$ is periodic in p with period $N_{\rm pro}$, therefore $R_{\rm pro}$ must be an integer multiple of $N_{\rm pro}$:

$$R_{\rm pro} = R_{\rm rot} N_{\rm pro} \tag{13}$$

where R_{rot} is the smallest integer number of rotations which may complete before a repetition in $\langle \phi_{rot}(p), \phi_{sub}(p) \rangle$ occurs. Substituting this expression for R_{pro} for p in (11) yields:

$$\phi_{\rm sub}(R_{\rm pro}) = \frac{R_{\rm rot} 2\pi f_{\rm sub}}{f_{\rm rot}} \mod 2\pi \tag{14}$$

Thus the pair $\langle \phi_{rot}(p), \phi_{sub}(p) \rangle$ repeats non-unique combinations when an integer number of scanner rotations have completed such that:

$$R_{\rm sub} = R_{\rm rot} \frac{f_{\rm sub}}{f_{\rm rot}} \tag{15}$$



Fig. 2. The space of feasible sampling, showing the combinations of N_{bin} and frequency ratio $(f_{\text{sub}}/f_{\text{rot}})$ for which the projection angles and subject phase bins are either completely (white) or incompletely (black) sampled before repetitious sampling. Parameter selection along the black lines may not provide sufficient sampling for image reconstruction. Typical ranges of f_{sub} and f_{rot} corresponding to conventional mechanical ventilation (CMV), spontaneous breathing, cardiogenic motion, and high-frequency oscillatory ventilation (HFOV) are shown.

where R_{sub} is the smallest integer number of motion cycles that may complete before a repetition in $\langle \phi_{rot}(p), \phi_{sub}(p) \rangle$ occurs. If f_{sub} and f_{rot} are incommensurable, then no finite values of R_{rot} and R_{sub} exist. Instead, both R_{rot} and R_{sub} will be infinite, since an exact repetition in $\langle \phi_{rot}(p), \phi_{sub}(p) \rangle$ will never occur. However if f_{sub} and f_{rot} are commensurable, then R_{rot} may be found by continued fraction expansion [26].

Finally the number of unique pairs $\langle \phi_{rot}(p), \phi_{sub}(p) \rangle$ for a given f_{rot} and f_{sub} is limited by an upper bound, determined as the number of projections acquired per scanner rotation N_{pro} multiplied by the number of scanner rotations which may occur before repetition R_{rot} . To ensure that undersampling does not occur, the product $N_{pro} \cdot R_{rot}$ must be greater than the total number of samples to be acquired, which is given by the product $N_{pro} \cdot N_{bin}$:

$$\frac{N_{\rm pro}R_{\rm rot}}{N_{\rm pro}N_{\rm bin}} = \frac{R_{\rm rot}}{N_{\rm bin}} \ge 1$$
(16)

Note that this feasible sampling criterion does not depend on N_{pro} , but rather only on N_{bin} , f_{rot} , and f_{sub} . Fig. 2 illustrates the space of feasible sampling, given a selection of N_{bin} and frequency ratio $(f_{\text{sub}}/f_{\text{rot}})$. This fractal-like criterion is characterized by the Thomae function, a modified Dirichlet function that is non-zero only at rational values of its argument.

C. Optimal Sampling Condition

The minimum scanning duration for a feasible selection of $N_{\rm bin}$ and frequency ratio $(f_{\rm sub}/f_{\rm rot})$ depends on the length of time required to completely sample all unique pairs of phase bin and projection angle. Under ideal circumstances, each newly acquired projection corresponds to a previously unsampled pair $\langle n_{\rm pro}(p), n_{\rm bin}(p) \rangle$, i.e., with minimal redundancy. In this case, the scanning duration measured in number of scanner rotations $(N_{\rm rot})$ is lower-bounded by the number of motion phase bins:

$$\frac{N_{\rm rot}}{N_{\rm bin}} \ge 1 \tag{17}$$

However (17) assumes that the acquired projections uniformly sample both subject phase bins and projection angle bins without redundancy. More generally, the degree of redundant sampling depends on the frequency ratio (f_{sub}/f_{rot}) , as indicated by Fig. 2. Due to the discrete nature of phase-binning, redundant sampling of indices $\langle n_{pro}(p), n_{bin}(p) \rangle$ may occur before an exact repetition of phases $\langle \phi_{rot}(p), \phi_{sub}(p) \rangle$ is encountered. For any choice of N_{bin} , the ideal sampling condition given by (17) is ensured with equality when:

$$\frac{f_{\rm sub}}{f_{\rm rot}} = \frac{c}{N_{\rm bin}} \tag{18}$$

where *c* is any positive integer such that *c* and N_{bin} are coprime. If (18) is satisfied, then N_{bin} scanner rotations may be used to reconstruct N_{bin} motion phase bins. Some examples of optimal frequency ratios for desired N_{bin} values are provided in Table I, according to (18). Deviating from the frequency ratios given by (18) may result in substantially increased scanning duration required to properly reconstruct the image sequence.

	TABLE I		
OPTIMAL SAMPLING CONDITIONS TO MINIMIZE SCANNING DURATION			
$N_{ m bin}$	Optimal f_{sub}/f_{rot} ratio		
1	Any		
2	1/2, 3/2, 5/2, 7/2, 9/2,		
3	1/3 , 2/3 , 4/3 , 5/3 , 7/3 ,		
4	1/4,3/4,5/4,7/4,9/4,		
5	1/5 , 2/5 , 3/5 , 4/5 , 6/5 ,		
:	:		
N _{bin}	$c/N_{\rm bin}$, with <i>c</i> and $N_{\rm bin}$ coprime		

Under such conditions, required scanning duration $N_{rot} = N_{bin}$.

D. Simulated Phantom

An oscillating imaging phantom was simulated using a Shepp-Logan design [27], with two ellipses modified by sinusoidal oscillations in size, intensity, and/or centroid position at a rate of 9.924 Hz, as shown in Fig. 3. Image size was 256 by 256 pixels. An X-ray CT scanner was simulated with 1000 detectors, 1600 projections per rotation, and 3.509



throughout a continuous and periodic deformation cycle. Two ellipses of the standard Shepp-Logan phantom [27] were modified with sinusoidal oscillations in size, intensity, and/or centroid position. Image size was 256 x 256 pixels.

Hz rotation frequency (285 ms period). These frequencies were chosen to maximize the number of feasible choices for $N_{\rm bin}$. Projection acquisition was performed using the Radom transform in MATLAB (The Mathworks Inc., Natick, MA), assuming parallel beam projection and a flat detector array. A total of 224,000 projections over 140 scanner rotations were acquired during continuous phantom oscillation.

Image reconstruction was performed by filtered backprojection using the inverse Radon transform, with linear interpolation and Ram-Lak ramp filtering. Standard reconstruction was performed using either 1 complete rotation (1600 sequentially acquired projections), or 140 rotations acquired (224,000 sequentially projections). FSCT reconstruction was performed by phase-binning the projection data according to the 9.924 Hz phantom cycle, using a range of $N_{\rm rot}$ between 1 and 140 rotations, and a range of $N_{\rm bin}$ between 1 and 100 motion phase bins¹. FSCT reconstruction error was computed as the mean and standard deviation of voxel-wise absolute intensity difference between the reconstructed image and the phantom image across all reconstructed phase bins. The reference phantom image for each phase bin was selected at the motion phase corresponding to the midpoint of the phase bin.

E. Thoracic Imaging in vivo

One pig weighing 45 kg was scanned with approval from the University of Iowa Institutional Animal Care and Use Committee (Protocol number 5031314). The animal was sedated using an intravenous infusion of propofol at 9 mg kg⁻¹ hr⁻¹, and paralyzed with intermittent doses of rocuronium at 1 mg kg⁻¹. EKG waveforms were obtained using a Philips patient monitor equipped with the M3001A measurement module (Philips Healthcare, Andover, MA). The animal was ventilated by a FabianHFO ventilator/oscillator (Acutronic Medical Systems AG, Hirzel, Switzerland) using pressure-controlled ventilation at a rate of 24 min⁻¹ with 5 cmH₂O positive endexpiratory pressure, 20 cmH₂O peak inspiratory pressure, and I:E ratio 1:2. The animal was positioned in the gantry of a SOMATOM Force CT scanner (Siemens Healthineers, Forchheim, Germany) such that the axial field of view was centered approximately 3 cm caudal to the carina. Scanning was





Fig. 4. Comparison between standard CT reconstruction (e,g) and FSCT reconstruction (c) of the simulated phantom oscillating at 9.924 Hz (a). A transient profile shown through a single row (white dashed line) is provided for the simulated phantom (b) and FSCT reconstructed image (d), resolving periodic motion over multiple 9.924 Hz oscillation cycles. A static profile through the same row is provided for the standard reconstructed images (f,h).

performed during 1) ventilation with pressure-controlled conventional mechanical ventilation (CMV); 2) high-frequency oscillatory ventilation (HFOV) set at 5 Hz; 3) HFOV set at 20 Hz; and 4) multi-frequency oscillatory ventilation (MFOV) using a broadband excitation waveform containing energy set at 5 Hz, 10 Hz, 15 Hz, and 20 Hz [5]. Each of the oscillatory waveforms was delivered at 10 cmH₂O mean airway pressure, 100 cmH₂O peak-to-peak pressure, and 10 L min⁻¹ bias flow. The animal was continuously scanned at 80 kVp tube voltage and 150 mA tube current for a total duration of approximately 30 seconds, at a 4.0 Hz scanner rotation frequency (250 ms period). The Force scanner acquired 1120 projections per rotation using 920 detectors per row and 96 detector rows. Transverse beam width was 0.48 mm at the isocenter, with 0.6 mm spacing between detector rows. As part of another study under this protocol, a total of 177 mL Isovue-370 contrast agent (Bracco Diagnostic Inc., Monroe Township, NJ) was given over approximately one hour. Scanning for this study was performed
20 minutes following the final 54 mL dose.

The ventilatory and cardiac frequencies were estimated from the ventilator settings and EKG heart rate monitor, however these estimates lacked sufficient precision for the FSCT reconstruction technique. Since the in vivo projection data contained substantial frequency content at both ventilatory and cardiac frequencies, temporal variations in each set of projection data were examined to determine frequency content prior to selection of FSCT reconstruction frequencies. The acquired projections were re-sampled at intervals of 2π radians in projection angle, producing subsets of the projection data containing transient variations in subject position sampled at the frequency of the scanner rotation (f_{rot}) . In the twodimensional discrete Fourier transform (2D-DFT) of this subset of projection data, the dimensions of the transformed projection data correspond to detector position and time. Integrating the magnitude of the 2D-DFT along the dimension corresponding to detector position produced a spectrum of oscillatory energy in the projection data as a function of temporal frequency, relative to scanner rotation frequency (i.e., frequencies greater than $0.5 f_{rot}$ will be aliased). Spectral peaks identified in the oscillatory energy spectrum correspond to either ventilatory or cardiogenic sources of motion. Thus ventilatory and cardiac frequencies were determined from the projection data, using a priori knowledge obtained from physiologic monitors (e.g., ventilator settings, EKG-derived heart rate) to determine dealiased frequency content.

FSCT reconstruction was performed by first phase-binning the projection data according to either ventilatory or cardiac cycle as described in the Theory section, and subsequently reconstructing each phase-binned sinogram using a Feldkamptype cone-beam reconstruction algorithm [28] (Michigan Image Reconstruction Toolbox, J. A. Fessler, University of Michigan, Ann Arbor, MI) and MATLAB (The Mathworks Inc., Natick, MA).

III. RESULTS

Fig. 4 shows the simulated phantom at time t = 0 seconds, alongside standard CT reconstructions and FSCT reconstruction of projection data acquired over 140 scanner rotations. The FSCT image is only shown at the first of 10 motion phase bins. A transient profile is shown through a single row from the phantom and FSCT images, resolving the periodic motion of the phantom over multiple 9.924 Hz oscillation cycles. A static profile through the same row is provided for the standard reconstructed images. The standard reconstructions are affected by motion artifacts that obscure finer details in lung structure, whereas the FSCT reconstruction yields crisp spatial boundaries within each bin and smooth transient motion between bins.

Fig. 5 shows the error of FSCT reconstruction performed using varying subsets of the total acquired projection data and varying phase bin sizes. Error was assessed by the mean and standard deviation of voxel-wise intensity difference between each reconstructed image compared to the reference phantom images. The lower bound for adequate scanning duration given by (17) is indicated by the dashed line, delineating two domains with different behavior of the reconstruction error with respect to the amount of sampling and number of bins. The minimum sampling criterion is not satisfied at short scanning durations and large number of bins, thus aliasing and streak artifact caused by undersampling produce substantial reconstruction errors. The minimum sampling criterion is satisfied at long scanning durations and small number of bins, with mean voxelwise intensity difference converging with increased sampling. However when N_{bin} becomes too small, the reconstruction error increases as a result of the increased bin size and motion artifact. For reference, the standard reconstruction using 1 rotation, shown in Fig. 4e, corresponds to the location $N_{\rm bin} = 1$ and $N_{\rm rot} = 1$ in the bottom-left corner of Figs. 5a and 5b. Likewise, the standard reconstruction using 140 rotations, shown in Fig. 4g, corresponds to the location $N_{\rm bin} = 1$ and $N_{\rm rot} = 140$ in the top-left corner of Figs. 5a and 5b.

A. Thoracic Imaging in vivo

Fig. 6 shows frequency content in the projection data acquired during in vivo mechanical ventilation. The spectral peaks correspond to either cardiogenic or ventilatory



Fig. 5. Contours of error in FSCT reconstructed image of simulated phantom for varying selection of scanning duration $N_{\rm rot}$ and number of bins $N_{\rm bin}$. Error was assessed by (a) mean and (b) standard deviation of voxel-wise absolute intensity difference between the reconstructed image and the phantom image across all reconstructed phase bins. The lower bound for adequate sampling given by (17), is indicated by the dashed line, using $N_{\rm det} = 1000$, $N_{\rm pro} = 1600$, $f_{\rm rot} = 3.509$ Hz, $f_{\rm sub} = 9.924$ Hz.



Fig. 6. Frequency content in the projection data acquired during in vivo mechanical ventilation of a pig, using either conventional mechanical ventilation (a), high-frequency oscillatory ventilation (b,c), or multi-frequency oscillatory ventilation (d). Frequency on the horizontal axis obtained from discrete Fourier transform using the scanner rotation frequency $f_{\rm rot} = 4$ Hz as the sampling frequency. Thus subject motion frequencies greater than $0.5f_{\rm rot}$ are aliased. Spectral peaks correspond to either ventilatory motion or cardiogenic motion. Spectral peaks corresponding to heart rate are indicated by asterisks.

oscillations, potentially aliased relative to the scanner rotation frequency. FSCT reconstruction frequencies were chosen for each set of projection data based on the spectral peaks, using *a priori* knowledge to de-alias higher frequency content. Fig. 7 shows example images reconstructed at both cardiac and ventilatory frequencies using the FSCT approach. Transient profiles from each image are presented through a single slice from the transverse plane, resolving the motions of various intrathoracic organs and tissues across subject phase bins, equally spaced throughout the periodic motion cycle.² Motion artifact is present in each image wherever extraneous motion occurs at non-harmonic frequencies relative to the reconstruction frequency—for example, cardiogenic motion produces blurring in images reconstructed at the ventilatory frequency, and *vice versa*.

It should be emphasized that each pair of ventilatory and cardiac reconstructions presented in Fig. 7 were obtained from the same projection data. Furthermore the transient profiles are shown through the same spatially-oriented slice. Therefore, any differences in image quality or structural clarity between these paired reconstructions are a direct consequence of modulating the reconstruction frequency and/or number of phase bins.

IV. DISCUSSION

In this study, we have presented an algorithm for reconstructing temporally-resolved CT images of periodic subject motion. This frequency-selective 4D-CT (FSCT) imaging technique involves continuously acquiring X-ray projections during multiple rotations of the source around the oscillating subject, then sorting the acquired projections into multiple subject phase bins, each yielding a complete sinogram for reconstruction of an image sequence.

Respiratory-gated and non-gated 4D-CT are suitable for use during irregular, spontaneous breathing with low subject motion frequency compared to scanner rotation frequency [10],[29]. FSCT extends 4D-CT imaging across a much wider range of application in terms of subject motion frequencies, yet imposes a restricting assumption of regular, periodic motion. Nevertheless, the limitations imposed by the feasible sampling criterion (16) do not restrict practical 4D-CT reconstruction at low frequencies such as spontaneous breathing. This is indicated in Fig. 2 by the available selection of $N_{\rm bin}$ up to 20 for low $f_{\rm sub}$ relative to $f_{\rm rot}$. However at high frequencies of subject motion, the choice of $N_{\rm bin}$ may be infeasible depending on (16).

Traditional retrospective gating for cardiac CT can be performed by continuously acquiring both EKG and X-ray projections as the subject slowly translates through the scanner [30]. The projection data is then selectively filtered prior to reconstruction, retaining projections corresponding to the diastolic phase and discarding the rest. Despite the potential for high radiation exposure during the scan, a large portion of the projection data may actually not be used for the image reconstruction. Alternatively with prospective triggering, EKG detection of diastole initiates the scanner to emit and detect Xray beams through a subset of projection angles, typically covering 180° plus half the angle of the detector array [31]. The subject is then translated to scan a different transverse plane upon the next diastolic triggering event. This type of acquisition is informally known as "step-and-shoot" in regard to the repeated process of "stepping" to the next transverse plane followed by "shooting" the X-ray beam for acquisition. Compared to retrospective gating, prospective triggering reduces the amount of ionizing radiation required for cardiac imaging. For either of these EKG-based methods, the temporal resolution of the image is determined by the duration of acquisition within each cardiac cycle [32]. In other words, temporal resolution depends on how much cardiac motion is averaged in the reconstruction: faster scanner rotation reduces the duration of acquisition within each cardiac cycle, and thus results in less motion artifact.

Multi-segment reconstruction is another effective strategy for improving the temporal resolution of a thoracic image. This approach involves reducing the duration of image acquisition each cardiac cycle by acquiring a subset of projection data (i.e., 180° plus half of the detector fan angle) over multiple cardiac cycles [33]. Multi-segment reconstruction results in a more

² Animations of subject motion are provided as supplementary materials, available online in the supporting documents / multimedia tab.



Fig. 7. Example images reconstructed from projection data acquired over 30 seconds of scanning during *in vivo* mechanical ventilation of a pig, using (a) conventional mechanical ventilation at 0.4 Hz (24 min^{-1}), (b) high-frequency oscillatory ventilation at 5 Hz (300 min^{-1}), (c) high-frequency oscillatory ventilation at 20 Hz (1200 min^{-1}), and (d) multi-frequency oscillatory ventilation using a broadband waveform containing energy at 5, 10, 15, and 20 Hz. Both ventilatory and cardiac frequencies were reconstructed from the same projection data. Transient profiles from each image are presented through a single slice from the transverse plane over 1 to 6 seconds, showing resolved motion across subject phase bins equally spaced throughout the periodic motion cycles.

consistent state of the mediastinum during each acquisition compared to standard EKG-triggering approaches. However the extended scanning protocol increases susceptibility to image corruption from other extraneous motions such as respiration [34]–[36]. Several other techniques have been developed for mitigating motion artifact and radiation exposure in cardiac imaging, such as compensation algorithms that modify the projection data to approximate a motionless image of the thorax based on estimated motion models [37]–[41].

Alternative strategies for volumetric imaging during

dynamic motion using X-ray CT, such as quasi-static [42] or temporally-averaged [4], [43] approaches, tolerate some amount of either temporal or spatial blurring when using sequential projection acquisition. FSCT fully resolves the spatio-temporal dynamics of subject motion, yet only throughout the cycle of one specified reconstruction frequency. Thus, FSCT images represent a periodic, dynamic steady state of the subject. Imaging high-frequency motions (i.e., greater than the scanner rotation frequency) is an important potential application of the FSCT technique, opening a relatively unexplored area of research in CT imaging. Reconstruction algorithms incorporating direct sinogram alterations introduce some uncertainty in the resulting image due to the use of numerically estimated motion models used to approximated the actual subject motion [37]-[41]. Motion estimation approaches maintain reasonably low exposure to ionizing radiation. Our FSCT technique is intended to provide high-fidelity images of the subject *during* actual periodic motion, albeit at the expense of increased radiation exposure. Thus at present FSCT may be more suitable for research purposes, rather than clinical diagnostic use.

The selection requirements for FSCT imaging parameters were characterized for a given subject motion frequency f_{sub} and desired number of images N_{bin}, yielding a feasible sampling condition (16) as well as an optimal sampling condition (18). The use of a circular X-ray source trajectory allows improved temporal resolution compared to similar phase-correlated reconstruction of projections acquired during a spiral or helical trajectory [24], [25]. FSCT imaging is feasible for periodic subject motions at nearly any frequency provided an appropriate frequency ratio (f_{sub}/f_{rot}) is used to ensure full sampling without repetition (Fig. 2). Thus FSCT can be used to obtain temporally-resolved image sequences of both high- and low-frequency anatomic motion. Fig. 7 demonstrates several successful reconstructions using FSCT across a wide range of frequencies (0.4 Hz to 20 Hz) relative to the scanner rotation frequency (4 Hz). Ideally, scanner parameters such as f_{rot} could be tuned to minimize feasible scanning duration given a specific subject motion frequency f_{sub} . In practical applications, most commercially available CT scanners offer a small number of choices for $f_{\rm rot}$ and $N_{\rm pro}$ preset by the manufacturer. However unlike conventional CT imaging, the temporal resolution for FSCT is determined not only by the rotation speed of the scanner, but also by a combination of imaging and reconstruction parameters.

Other potential uses of FSCT span a variety of physiologic applications involving periodic motion, including analysis of airway, lung tissue, or blood vessel deformation, tumor localization and tracking, cardiac wall motion abnormalities, as well as joint motion. Future work may also involve fourdimensional image registration to quantify regional strains of thoracic structure during periodic motion [42],[44]. Fourdimensional registration approaches identify smooth transformations between volumetric images through a temporal dimension (or in this case specifically, subject motion phase) [45],[46]. A periodic constraint may be applied to FSCTregistration, ensuring continuity and smoothness of the computed transformation throughout the entire reconstructed sequence, including the wrap-around from the final image to the initial image.

A. Limitations

Some limitations of our technique should be noted. First, the extensive scanning duration required for FSCT reconstruction exposes the subject to prohibitive radiation dosage, i.e., up to two orders-of-magnitude greater than standard X-ray CT imaging. Accordingly, clinical implementation of FSCT imaging in patients may not be warranted without substantial reductions in radiation exposure. Exact control of scanner rotation frequency f_{rot} according to (18) may allow minimization of redundant projection acquisition and thus minimization of scanning duration. Iterative reconstruction of each phase-binned sinogram may allow dose reductions at the expense of increased computational cost [47]. It may be possible to reduce radiation dose further by minimizing the number of acquired projection angles per subject phase bin using half-scan approaches for cone-beam reconstruction [48], [49]. Reductions in scanning duration may be achievable using specialized dual-source CT scanners equipped with two independent X-ray sources and corresponding detector arrays positioned at different projection angles through the subject [50], [51]. Finally, prospective triggering approaches generally reduce radiation exposure compared to retrospective gating approaches [52], [53]. Prospective FSCT imaging may also be possible by synchronizing X-ray beam actuation to specified phases of a particular periodic subject motion cycle, with frequency known a priori. In this way, prospective triggering could reduce the total radiation dose by selectively avoiding radiation exposure during non-reconstructed phases.

Although the FSCT technique was evaluated quantitatively in computational simulations, evaluation of the experimentall obtained images presented in Fig. 7 was qualitative. Quantitative assessment of anatomic structures in FSCT images, such as segmented volumes of intrathoracic structures, may require "step-and-shoot" implementation.

Finally, the FSCT technique proposed herein uses only one value of f_{sub} per image sequence. It is possible to reconstruct multiple image sequences from the same raw projection data, simply by using a different value of f_{sub} for each sequence. Fig. 7 shows several cases in which two image sequences were reconstructed: one at the ventilatory frequency and another at the cardiac frequency. However the resulting images will contain resolved motion at only the one specific reconstruction frequency, as well as any harmonics or integer multiples of the reconstruction frequency. All other extraneous motion in the subject will cause motion artifact and blurring. For this reason, blurring around the heart is apparent in images reconstructed at the ventilatory frequency, whereas blurring in the lungs is apparent in images reconstructed at the cardiac frequency. It may be possible to combine information from both reconstructed images to reduce apparent motion artifact [54]. Additionally, FSCT may not be appropriate for temporally resolving physiologic processes that are either irregular,

aperiodic, or otherwise occur on multiple time scales, such as diffusive equilibration during angiography or tracer gas washout.

V. CONCLUSION

Frequency-selective CT imaging produces a temporallyresolved volumetric image sequence of periodic subject motion at a specified reconstruction frequency. This novel technique enables imaging of both low- and high-frequency dynamic periodic motion at a specified frequency, with minimal extraneous motion artifact. The FSCT approach may offer improved imaging fidelity of dynamic subject motion compared to more conventional 'quasi-static' approaches. When combined with registration techniques [45], FSCT may provide detailed four-dimensional information of distributed tissue inaccessible deformation previously using standard reconstruction approaches.

GLOSSARY OF NOMENCLATURE

FSCT	Frequency-selective computed tomography
$f_{\rm rot}$	Frequency of scanner rotation
f_{sub}	Frequency of subject motion
k	Index
$n_{ m bin}$	Index of subject phase bin
$n_{\rm pro}$	Index of projection angle
N _{bin}	Number of subject phase bins
$N_{\rm pro}$	Number of projections acquired per scanner rotation
N _{rot}	Total scanning duration, measured in number of
	scanner rotations
p	Index of sequentially acquired projections
$R_{\rm pro}$	Number of projections acquired before repetitious
•	sampling
$R_{\rm rot}$	Number of scanner rotations completed before
	repetitious sampling

- *R*_{sub} Number of subject motion cycle completed before repetitious sampling
- t Time
- t_k Times corresponding to the same subject phase
- t_p Time of acquisition for p^{th} projection
- π Number of radians in a semi-circle
- $\phi_{\rm rec}$ Reconstructed phase of subject motion
- $\phi_{\rm rot}$ Phase of scanner rotation
- ϕ_{sub} Phase of subject motion

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Minimizing Parenchymal Strain Heterogeneity During Oscillatory Ventilation

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Introduction:

Gas flow in the lung during oscillatory ventilation is distributed in a heterogeneous and frequency-dependent manner [1]. However severe ventilation heterogeneity may contribute to impairments in gas exchange, ventilation-to-perfusion mismatch, and ventilator-induced lung injury (VILI). Minimizing acinar strain heterogeneity may reduce the risk of VILI while producing efficient carbon dioxide elimination. In this study we used a gas transport model to optimize oscillatory ventilator waveforms, in which the spectral content of each flow waveform was adjusted to minimize parenchymal strain heterogeneity during eucapnic ventilation [2,3].

Methods:

A heterogeneous canine lung model consisting of N terminal viscoelastic acini was ventilated with a simulated oscillatory flow waveform composed of M simultaneous frequencies. The relative magnitudes of flow at each frequency was numerically optimized according to a cost function Φ , defined as the coefficient of variation of acinar volumetric distension. Using a Monte Carlo technique, we estimated the optimal oscillatory waveform that produced the lowest Φ , and thus the lowest degree of parenchymal strain heterogeneity. The relative magnitudes of each oscillatory component was adjusted to achieve eucapnia.

Results:

Optimal oscillatory waveforms were characterized by flows with large amplitudes at low frequencies, combined with small amplitude flows at high frequencies. Average acinar strain during eucapnic ventilation was reduced when additional higher frequency components were included in the waveform.

Conclusion:

Superposition of multiple simultaneous oscillatory frequencies provides more uniform ventilation distribution compared to single frequency oscillatory ventilation, as well as more mechanically efficient gas exchange to achieve eucapnia. An optimal combination of frequencies, amplitudes, and phases in an oscillatory ventilator waveform may be determined according to the distribution of flows throughout the heterogeneous lung periphery. Work supported by DOD grant PR151761.

Optimization of Spectral Content in Oscillatory Ventilator Waveforms

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Introduction: Oscillatory flows, when used in a lung protective ventilation strategy, are distributed throughout the respiratory system in a heterogeneous and frequency-dependent manner [1]. Ventilation heterogeneity contributes to impairments in gas exchange and ventilator-induced lung injury (VILI), due to regional overdistention and atelectrauma. Thus minimizing acinar strain heterogeneity may also minimize the risk of VILI. In this study, we developed an optimization algorithm for tuning the spectral content of oscillatory ventilator waveforms, in order to minimize acinar strain heterogeneity in computational model. Emphasis was placed on the development of oscillatory waveforms comprised of multiple simultaneous frequencies, which may be 'tuned' to local mechanical properties [2].

Materials & Methods:

For optimization of *M* simultaneous frequencies delivered to a heterogeneous lung model with *N* terminal viscoelastic acini [1], we defined an input oscillatory waveform as a sum of sinusoids with *M* discrete frequencies and amplitudes. We further defined an objective function Φ , as the coefficient of variation of acinar root-mean-square volumes:

$$\Phi = \bar{V}_{\rm rms}^{-1} \sqrt{\frac{1}{N} \sum_{n=1}^{N} (V_{\rm rms,n} - \bar{V}_{\rm rms})^2}$$

where $V_{\text{rms},n}$ is the root-mean-square volume over time in the n^{th} acinus, and $\overline{V}_{\text{rms}}$ is the average across all N acini. Minimization of Φ therefore minimizes acinar strain heterogeneity. For each value of M (i.e. 1, 2, 3, ...), 100 randomized initial guesses based on a Monte Carlo technique were used for a numerical constrained nonlinear minimization routine (MATLAB v8.4, The Mathworks Inc., Natick MA).

Results & Discussion: The optimal solution for small numbers of frequencies (i.e. $M \le 4$) was easily determined using a random search over the design variable space. Figure 1 shows the optimal solution found using random search over 3 frequencies. The optimal solution for M > 4 frequencies became a poorly defined problem due to the presence of many local minima in Φ . Nonetheless, the optimal solution for M + 1 frequencies generally

included the same frequencies found in the unique solution for M frequencies, with a similar amplitude distribution.

Conclusions: Superposition of multiple simultaneous frequencies provides more uniform ventilation distribution compared to single frequency oscillatory ventilation, with less potential for VILI. An optimal combination of frequencies, amplitudes, and phases in an oscillatory ventilator waveform may be determined according to the frequency-dependent distribution of flows throughout a heterogeneous lung periphery.

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Figure 1. Convergence of the minimization algorithm from randomized initial guesses (indicated by grey lines) to local minima (colored spheres). In this case, the optimal solution (red sphere) for M = 3 frequencies $(f_1, f_2, f_3$ shown in Hz) yielded 27% reduction in Φ compared to the optimal solution for M = 1 frequency. The resulting optimized flow waveform over one second is shown.

Xenon-Enhanced CT for Measurement of Regional Gas Transport During Oscillatory Ventilation

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Rationale: We have recently proposed the use of an alternative ventilatory modality, termed multifrequency oscillatory ventilation (MFOV), as a more efficacious approach to lung protection compared to conventional mechanical ventilation (CMV) with low tidal volumes or traditional single-frequency oscillatory ventilation (SFOV). MFOV waveforms consist of multiple sinusoidal flows delivered simultaneously, allowing mechanically heterogeneous lung regions to receive selectively 'tuned' harmonics of the broadband oscillatory flows. In this study, we quantified regional rates of gas transport in healthy pigs during CMV, SFOV, and MFOV using contrastenhanced computed tomography (CT) with xenon (Xe). Methods: Six healthy porcine subjects were sedated and mechanically ventilated using CMV at rates of 20 min⁻¹, HFOV at 5 Hz, and MFOV consisting of 5, 10, 15, and 20 Hz oscillatory flows. During each ventilatory modality, the gas mixture was switched from 40% O2 and 60% N2 to 40% O2 and 60% Xe while X-ray CT scans were acquired at timed intervals synchronized with the ventilatory cycle. Exponential regression was performed on regions-of-interest (1.5x1.5x1.5 mm) within the CT image time-series to determine the distribution of regional equilibration time constants. Repeated measures analysis of variance was used to test for differences in the median values of the spatially-distributed time constants for each pig. Results: Xe equilibration time constants were regionally heterogeneous and dependent on ventilation modality (Figure). Ventilation modality was a significant predictor of the median value of the spatially-distributed time constant (P < 0.05). Compared to the median time constant across subjects during SFOV (32.3 s ± 6.2 s), outcomes were on average 51% lower during CMV (15.9 s ± 5.7 s), and 44 % lower during MFOV (18.2 s ± 12.2 s). Conclusions: MFOV yields comparable Xe equilibration time constants compared to CMV. However SFOV yields twofold slower equilibration of Xe. Thus MFOV may provide additional lung protection compared to SFOV, by using smaller volume amplitudes than CMV yet maintaining similar rates of gas transport.



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Frequency-Selective CT Image Registration for Assessment of Regional Periodic Lung Deformation Jacob Herrmann¹, Wei Shao¹, Joseph Reinhardt¹, Eric Hoffman¹, Gary Christensen¹, and David Kaczka¹ ¹University of Iowa, Iowa City, IA

Introduction: Mechanical ventilation is a life-sustaining intervention delivering flow and pressure to maintain gas exchange in patients with acute respiratory failure. Regional maldistribution of ventilation may unintentionally result in ventilation-toperfusion mismatching or ventilator-induced lung injury (VILI), especially in mechanically-heterogeneous injured lungs. Highfrequency oscillatory ventilation (HFOV) is an alternative ventilation modality designed to minimize VILI through the delivery of small tidal volumes at high instantaneous flow rates. However, the distribution of flow throughout the lung during HFOV may be heterogeneous and frequency-dependent. Multi-frequency oscillatory ventilation (MFOV) has been recently proposed to enhance lung-protective ventilation by delivering flow at multiple frequencies simultaneously [1]. In this study, we used Frequency-Selective CT (FSCT) imaging [2] combined with four-dimensional (4D) image registration [3] to compare the regional distributions of periodic structural deformation during HFOV and MFOV.

Materials & Methods: Experiments were approved by the University of Iowa Institutional Animal Care and Use Committee (Protocol number 5031314). Sedated and paralyzed pigs were ventilated using conventional mechanical ventilation (CMV) at a rate of 20 min⁻¹ and tidal volume between 10-12 mL kg⁻¹, HFOV delivered at 5 Hz, and MFOV delivered using uniform flow amplitudes at 5, 10, 15, and 20 Hz, and scanned using a Siemens Somatom Force. FSCT was used to reconstruct temporally-resolved image sequences of structural deformations during periodic ventilation [2]. A 4D tissue-volume preserving image registration technique was then used to obtain regional maps of expansion and contraction relative to a single arbitrarily-selected reference image [3]. Within each region-of-interest in the reference image, periodic expansion and contraction were assessed by the discrete Fourier transform of the normalized time-varying Jacobian determinants.

Results & Discussion: Total volumetric strain (peak-to-peak mean \pm standard deviation) during HFOV (7.9% \pm 3.1%) and MFOV (6.9% \pm 2.5%) were substantially lower than during CMV (31.3% +/- 11.6%). The distribution of strain amplitudes during HFOV delivered at 5 Hz tended to vary primarily in the ventral-dorsal direction, in accordance with the gravitational field in supine position (Figure 1). Regional strain amplitudes during MFOV varied with frequency, with different lung regions selectively filtering the harmonic frequency content of the broadband oscillatory flow.



Figure 1: Regional distributions of volumetric strain amplitudes during HFOV and MFOV shown in transverse crosssection, using discrete Fourier transform of normalized time-varying Jacobian determinants.

Conclusion: Parenchymal stretch during oscillatory ventilation is regionally heterogeneous and frequency-dependent. The broadband spectral content of multi-frequency oscillatory ventilation may enhance gas transport in the presence of periodic parenchymal deformation with higher harmonics, which may be further adjusted to compensate for patient-specific regional heterogeneity.

References:

- [1] DW Kaczka et al. Anesthesiology 123(6):1394-1403, 2015.
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2018 Meeting of the American Thoracic Society

Time-Varying Regional Aeration and Strain in the Acutely Injured Lung Assessed with 4-D CT Image Registration

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Rationale: Ventilator-induced lung injury (VILI) may inadvertently harm mechanically-ventilated patients with acute respiratory distress syndrome (ARDS) due to cyclic recruitment/derecruitment and overdistension. High-frequency oscillatory ventilation (HFOV) and multi-frequency oscillatory ventilation (MFOV) have been proposed as alternative lung-protective strategies that may minimize VILI using positive mean airway pressures and small volumes oscillated at supraphysiologic rates. However, quantifying the regional distribution of dynamic intratidal recruitment/derecruitment and overdistension during mechanical ventilation of injured lungs is challenging, especially during rapid thoracic motion such as HFOV/MFOV. In this study, we use four-dimensional computed tomography (4-D CT) and image registration techniques to assess time-varying regional aeration and strain in acutely injured lungs during conventional mechanical and oscillatory modes of ventilation. Methods: CT imaging (Siemens SOMATOM Force) was performed dynamically during mechanical ventilation in sedated porcine subjects, with lung injury induced by intravenous infusion of oleic acid. 4-D image sequences were reconstructed using a retrospective gating technique, according to periodic ventilatory phase during conventional mechanical ventilation (CMV) at rates of 32 min⁻¹, HFOV at 5 Hz, and broadband MFOV using 5, 10, 15, and 20 Hz composite oscillatory flows. A 4-D tissue-volume-preserving image registration algorithm was used to estimate spatially and temporally smooth deformation fields to describe the periodic motion of parenchymal tissues. Regional time-varying aeration and parenchymal strains were then computed from the deformed CT images and Jacobian determinants of pairwise 3D transformations (Figure). Results: Compared to HFOV and MFOV, CMV resulted in larger intratidal changes in non-aerated and poorly-aerated fractions of the lung, larger specific air volume changes in poorly-aerated lung regions, and larger amplitudes of parenchymal strains. HFOV produced heterogeneous cyclic strains at the designated frequency of 5 Hz, whereas the distribution of strains during MFOV were strongly dependent on the spectral harmonics of the broadband volume waveform. Conclusions: Dynamic CT imaging with 4-D image registration enables quantification of intratidal changes in regional aeration and strains during periodic mechanical ventilation. We observed more than two-fold reductions in intratidal variations of both parenchymal strain and aeration during HFOV and MFOV compared to CMV, consistent with the lung-protective goals of minimizing cyclic recruitment/derecruitment and overdistension using oscillatory modes of ventilation.



Single Column of Voxels Throughout Periodic Breath Phases at 32 min⁻¹

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Online Abstracts Issue

Computational Modeling of Primary Blast Lung Injury: Implications for Ventilator Management

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Background

Primary blast lung injury (PBLI) is a potentially fatal condition affecting victims in proximity to explosive detonations in combat and terrorist attack settings. Sudden stresses and strains throughout the lung are induced by pressure waves, resulting in parenchymal tissue damage and derecruitment, alveolar hemorrhage, air emboli, and/or pneumothoraces. The resulting structural injuries may lead to severe ventilation-perfusion mismatch, hypoxia, and respiratory failure. Although mechanical ventilation is often required in blast victims, maldistribution of gas flow in a mechanically heterogeneous lung may lead to further injury. In this study, we developed a computational model of a human lung to simulate the effects of PBLI on the distribution of gas flow during mechanical ventilation.

Methods

A computational model of a human airway network was generated using central airways obtained from segmented X-ray computed tomographic scans, and algorithmically generated peripheral airways (M.H. Tawhai *et al., J Appl Physiol* 97(6):2310-2321, 2004). The model consisted of 60,494 cylindrical airway segments, with 30,243 terminal bronchi subtended by viscoelastic acini. Distributed mechanical properties of tissues and airways were simulated to represent typical healthy and blast-injured lungs, the latter characterized by bilateral derecruitment and increased tissue stiffness, focusing on the perihilar regions of the model. Gas flow delivered at the airway opening was distributed throughout the lung according to regional mechanical impedance, at frequencies ranging from conventional mechanical ventilation (0.2 Hz) to high-frequency oscillatory ventilation (2 to 20 Hz).

Results

Delivered flow was heterogeneously distributed in the blast-injured lung during both conventional mechanical ventilation and high-frequency oscillatory ventilation. During conventional mechanical ventilation, flow was distributed primarily according to local tissue stiffness. At higher frequencies, the distribution of flow became increasingly heterogeneous and frequency-dependent, with some regions being underventilated while other regions experienced substantially greater distension.

Conclusion

The distribution of parenchymal distension during mechanical ventilation depends on injury severity and ventilatory modality. Computational modeling may aid in predicting the progression of ventilator-induced lung injury, and may also provide a means for investigating alternative ventilation modalities employing lung-protective strategies.

C29 LUNG STRUCTURE AND FUNCTION: NEW INSIGHTS FROM MEASUREMENT AND MODELING / Poster Discussion Session / Tuesday, May 22/9:15 AM-11:15 AM / Pacific Ballroom 24-26 (North Tower, First Floor) - Marriott Marquis San Diego Marina

2018 Meeting of the American Thoracic Society

Lung Size and Ventilation Heterogeneity: A Comparison of High-Frequency Oscillatory Ventilation in Neonates and Adults

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Rationale: High frequency oscillatory ventilation (HFOV) is an alternative modality of mechanical ventilation relying on small volume amplitudes delivered at supraphysiologic rates. When combined with high mean airway pressures, HFOV should provide ideal lung-protective ventilation. While HFOV is a mainstay of treatment for severe hypoxic respiratory failure in many neonatal and pediatric intensive care units, its clinical use in adults has substantially declined following large clinical trials demonstrating nonsuperiority of HFOV compared to conventional mechanical ventilation. We hypothesized that conflicting reports of HFOV outcomes in neonates and adults may arise from relative differences in deadspace (V_D) and total lung volume (V_I), resulting in variations of the distribution of parenchymal strain. In this study, we used a computational model of the human lung to investigate the effect of lung size on ventilation heterogeneity during HFOV. Methods: Ventilation distribution was simulated in a threedimensional human airway network, based on segmented central airways from a thoracic CT scan. The airways and acini of an adult model were isometrically scaled to generate two neonatal models: one with the preserved ratio $V_D:V_L$ of 4.2 %, and the other with $V_D:V_L$ of 5.3 % based on reported values for healthy newborns. Oscillatory flow was distributed throughout each model according to mechanical impedances of the compliant-walled cylindrical airway segments and viscoelastic terminal acini. Simulations were performed for 200 oscillatory frequencies, spanning 0.2 Hz to 40 Hz. Acinar flow heterogeneity was determined by the coefficient of variation (CV). Results: When lung size was varied isometrically with preserved V_D:V_L, flow heterogeneity at 5 Hz was 14 % lower in neonates compared to adults, and 24 % lower at 10 Hz oscillation (Figure). Scaling V_D and V_I according to actual values for healthy neonates resulted in even greater reductions in flow heterogeneity compared to adults: 26 % at 5 Hz vs. 32 % at 10 Hz. Conclusions: Increasing frequency during HFOV results in increased flow heterogeneity in both adult-sized and neonatal-sized lungs, which may contribute to ventilator-induced lung injury and/or gas exchange deficiencies. Our model also exhibits decreasing flow heterogeneity at isometrically reduced scales, with further reductions obtained by scaling deadspace and lung volume according to neonatal proportions. Although actual adult and neonatal lung structures are dissimilar, our simulations indicate that HFOV may be more protective in neonates compared to adults.



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Online Abstracts Issue

2017 Meeting of the Biomedical Engineering Society

Multi-Objective Optimization of Multi-Frequency Oscillatory Ventilation

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Introduction: Ventilator-induced lung injury (VILI) in mechanically ventilated patients may result from extreme stresses, strains, and strain rates associated with parenchymal overdistension, as well as repetitive alveolar collapse and reopening. VILI is especially hazardous within injured lungs, in which mechanical heterogeneity leads to heterogeneous and frequency-dependent distribution of peripheral flows and pressures. Multi-frequency oscillatory ventilation (MFOV) is a novel lung-protective ventilatory modality, relying on the delivery of oscillatory flows at multiple simultaneous frequencies. With appropriate spectral energy content, MFOV waveforms can provide more even ventilation distribution compared to traditional single-frequency oscillatory ventilation (SFOV) [1]. Since the goal of MFOV is to improve morbidity and mortality in ventilated patients, we hypothesized that the spectral content of MFOV waveforms could be tuned to minimize risk for VILI. To test this hypothesis, we developed a computational lung model to optimize the spectral content of simulated MFOV waveforms. Various objective functions were used to modulate the relative contributions of strain, strain rate, and mechanical power imparted to the parencyhmal tissues [2].

Methods: The computational model consisted of a central airway tree segmented from a computed tomographic image of a supine pig, with algorithmically generated peripheral airways. The model consisted of 60,494 airway segments in total, with 30,243 viscoelastic acini. Eucapnic ventilation was simulated using a Monte Carlo technique, to choose from MFOV waveforms consisting of four frequencies (5, 10, 15, and 20 Hz) with randomized volume amplitudes and phases. Corresponding distributions of acinar strain, strain rate, and mechanical power throughout the model were determined for each MFOV waveform, and used to compute objective functions with variable emphasis on the relative percent contribution to VILI.

Results: Our simulations demonstrated that MFOV waveforms were superior to SFOV for both healthy and injured lung models. The optimized volume amplitudes at each frequency in the MFOV waveform were modulated according to the relative objective function weighting of strain vs. strain rate, as well as the degree of lung mechanical heterogeneity. Increasing contribution of strain rate to VILI, as opposed to strain, resulted in decreasing volume amplitudes at higher frequencies in the optimized MFOV waveforms. Alternatively, optimized MFOV waveforms minimizing mechanical power tended to favor increased volume amplitudes at higher frequencies (Figure 1).

Conclusion: These results in a computational lung model indicate that frequency content in MFOV waveforms may be tuned to minimize risk for VILI. Our unique modeling and optimization approaches allow for the selection of patient-specific MFOV waveforms, especially when combined with experimental evidence to justify physiologically-relevant objective emphasis on parenchymal injury.

References:

[1] DW Kaczka et al. Anesthesiology 123(6):1394-1403, 2015.

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Figure 1. Computational model of porcine lung (inset). Optimal volume amplitudes at each frequency are shown, representing the mean and standard deviation of the waveforms producing the lowest percentile of mechanical power in healthy (blue) and injured (red) conditions.

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47 ABSTRACT

48 High frequency oscillatory ventilation (HFOV) relies on low tidal volumes cycled at supraphysiologic rates, producing fundamentally different mechanisms for gas transport and 49 50 exchange compared with conventional mechanical ventilation. Despite the appeal of using low 51 tidal volumes to mitigate the risks of ventilator-induced lung injury (VILI), HFOV has not 52 improved mortality for most clinical indications. This may be due to non-uniform and 53 frequency-dependent distribution of flow throughout the lung. The goal of this study was to 54 compare parenchymal strain heterogeneity during eucapnic HFOV when using oscillatory 55 waveforms that consisted of either a single discrete frequency or two simultaneous frequencies. 56 We utilized on a three-dimensional, anatomically-structured canine lung model for simulating 57 frequency-dependent ventilation distribution. Gas transport was simulated via direct alveolar 58 ventilation, advective mixing at bifurcations, turbulent and oscillatory dispersion, and molecular 59 diffusion. Volume amplitudes at each oscillatory frequency were iteratively optimized to attain 60 eucapnia. Ventilation using single-frequency HFOV demonstrated increasing heterogeneity of 61 acinar flow and CO₂ elimination with frequency, for frequencies greater than the resonant 62 frequency. For certain pairs of frequencies, a linear combination of the two corresponding ventilation distributions yielded reduced acinar strain heterogeneity compared to either frequency 63 64 alone. Our model demonstrates that superposition of two simultaneous oscillatory frequencies 65 can achieve more uniform ventilation distribution, and therefore lessen the potential for 66 ventilator-induced lung injury, compared to traditional single-frequency HFOV.

67 (219 / 250 words)

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70 NEW & NOTEWORTHY

In this study we simulated oscillatory ventilation with multiple simultaneous frequencies using a computational lung model that includes distributed flow and gas transport. A mechanism of benefit was identified by which ventilation with two simultaneous frequencies results in reduced acinar strain heterogeneity compared to either frequency alone. This finding suggests the possibility of tuning the spectral content of ventilator waveforms according to patient-specific mechanical heterogeneity.

77 (65 / 75 words)

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Keywords: Computational models, Biological models, oscillatory ventilation, Ventilation
distribution, Disease models, Animal, Lung pathology, Respiratory mechanics

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83 NOMENCLATURE

84	A_S	Area of cross-section S
85	ARDS	Acute respiratory distress syndrome
86	CO ₂	Carbon dioxide
87	СТ	Computed tomography
88	d	Diameter of airway segment
89	D _{eff}	Effective diffusivity
90	D _{mol}	Molecular diffusivity
91	$D_{ m dis}^{ m lam}$	Laminar oscillatory dispersion coefficient
92	$D_{ m dis}^{ m turb}$	Turbulent oscillatory dispersion coefficient
93	f	Oscillation frequency in Hz
94	$f_{\rm res}$	Resonant frequency in Hz
95	F	Fluid velocity amplitude distribution
96	G	Concentration amplitude distribution
97	HFOV	High-frequency oscillatory ventilation
98	j	Unit imaginary number, equal to $\sqrt{-1}$
99	J_n	Peak volumetric strain in the n^{th} acinus
100	k	Index through oscillation frequencies
101	K	Number of discrete oscillation frequencies in multi-frequency waveform
102	l	Length of airway segment
103	MFOV	Multi-frequency oscillatory ventilation
104	$\dot{M}_n CO_2$	Molar flux of CO_2 for n^{th} acinus
105	[.] МСО ₂	Vector of acinar CO ₂ molar fluxes

106	n	Index through individual acini
107	Ν	Total number of acini
108	P _{atm}	Atmospheric pressure
109	ΔPCO_2	Vector of CO ₂ partial pressure differentials between acini and airway opening
110	r	Correlation coefficient
111	${\cal R}$	Universal gas constant
112	$\Re e\{\cdots\}$	Real part of the complexed-valued argument
113	Re	Reynolds number
114	Re _{crit}	Critical Reynolds number, transition between laminar and turbulent flow
115	$R_{\mathrm{T}}^{\mathrm{diff}}$	Diffusive transport resistance
116	$R_{\mathrm{T}}^{\mathrm{mix}}$	Diffusive transport resistance
117	$R_{\mathrm{T}}^{\mathrm{tot}}$	Total transport resistance
118	R _T	Transport resistance matrix
119	t	Time
120	Т	Temperature
121	$\overline{U}_{ m RMS}$	Root-mean-square mean-axial velocity
122	V _D	Total dead space volume
123	$ V_{\mathrm{D},n} $	Magnitude of oscillatory dead space volume delivered to n^{th} acinus
124	$ V_{\mathrm{F},n} $	Magnitude of oscillatory fresh gas volume delivered to n^{th} acinus
125	V _{mix}	Oscillatory mixing volume
126	V_n	Time-varying volume of the n^{th} acinus
127	V _{seg}	Volume of airway segment
128	V _T	Tidal volume

129	V ^{euc} _T	Eucapnic tidal volume
130	$ \dot{V}_{ m seg} $	Magnitude of oscillatory flow through airway segment
131	<i>V</i> _{ao}	Flow at the airway opening
132	$\dot{V}_{ m A}$	Eucapnic total acinar ventilation
133	$\dot{V}_{ao}^{DDM}CO_2$	CO ₂ elimination at the airway opening via diffusion, dispersion, and mixing
134	<i>V</i> _n CO₂	CO_2 elimination at acinus n
135	$\dot{V}_n^{\mathrm{DDM}}\mathrm{CO}_2$	CO_2 elimination at acinus <i>n via</i> diffusion, dispersion, and mixing
136	$\dot{V}_n^{\rm DAV}{ m CO}_2$	CO ₂ elimination at acinus <i>n via</i> direct acinar ventilation
137	<i>V</i> _{tot} CO₂	Total CO ₂ elimination at the airway opening
138	$\dot{V}_{\rm tot}^{\rm euc} {\rm CO}_2$	Eucapnic total CO ₂ elimination at the airway opening
139	${\cal S}_{\dot{V}}$	Flow distribution similarity index
140	S	Cross-section of airway
141	VILI	Ventilator-induced lung injury
142	W	Fluid velocity
143	x, y, z	Spatial coordinate axes
144	863	Conversion factor between partial pressure in mmHg and gas volume fraction,
145		accounting for the difference between standard temperature and pressure dry air,
146		and body temperature and pressure air saturated with water vapor.
147	β	Relative amplitude scaling factor for multi-frequency oscillatory ventilation
148		waveform
149	γ	Concentration gradient
150	$\epsilon_{\mathrm{V},n}$	Volumetric strain at acinus <i>n</i>
151	θ	Concentration

152	π	Radians in semi-circle
153	ν	Kinematic viscosity
154	φ	Phase offset of sinusoidal flow oscillation
155	Ψ_{euc}	Eucapnic flow amplitude scaling factor of multi-frequency oscillatory ventilation
156		waveform
157	ω	Angular frequency
158		
159		
160		

161 **INTRODUCTION**

162 High-frequency oscillatory ventilation (HFOV) relies on low tidal volumes cycled at 163 supraphysiologic rates, which produces fundamentally different mechanisms for gas transport 164 compared with conventional mechanical ventilation. Despite the appeal of using low tidal 165 volumes to mitigate the risks of ventilator-induced lung injury (VILI) in conditions such as the 166 acute respiratory distress syndrome (ARDS), HFOV has not improved mortality in most clinical 167 applications (8, 22, 23, 38). The nonsuperiority of HFOV over conventional mechanical 168 ventilation (CMV) may be due to its tendency to distribute flow throughout the lung in a non-169 uniform and frequency-dependent manner, especially in the presence of lung tissue mechanical 170 heterogeneity (4, 6). Reductions in prescribed tidal volume during HFOV may therefore be 171 counterbalanced by increased strain heterogeneity (13). That is, oscillatory ventilation at a single 172 discrete frequency may result in some lung regions being underventilated and predisposed to 173 atelectrauma, while other regions are overventilated and subject to volutrauma (3). VILI has also 174 been associated with increased strain rate (26) and mechanical power (11), which depend on both 175 frequency and amplitude of oscillatory stretch and therefore may be regionally amplified during 176 heterogeneous ventilation. Thus, maldistribution of oscillatory flow may increase the risk for 177 worsening VILI. Furthermore heterogeneous distribution of flow may contribute to ventilation-178 perfusion mismatching and inefficient gas exchange (13).

In a previous study of HFOV in preterm lambs (16), we demonstrated that oscillation with multiple *simultaneous* frequencies resulted in improved gas exchange and lung recruitment at lower distending pressures, compared to more traditional 'single-frequency' oscillatory ventilation. We hypothesized that these short-term physiologic improvements resulted from a more even distribution of ventilation throughout the heterogeneous surfactant-deficient lung. We

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184 further conjectured that during 'multi-frequency' oscillatory ventilation (MFOV), flow 185 oscillations are distributed throughout the injured lung in accordance with local mechanical 186 properties of the parenchyma and air-liquid interface. Thus particular regions of the lung may be 187 preferentially ventilated by some frequencies, yet simultaneously reject other frequencies (4, 13). 188 Such a mechanical filtering effect during MFOV waveform may maximize the participation of 189 various lung regions in gas exchange, despite different 'preferred' frequencies within each 190 region. As a result, MFOV may produce more efficient CO₂ elimination compared to traditional 191 single-frequency oscillatory ventilation, along with a possible reduction in net parenchymal 192 strain heterogeneity and less potential for VILI.

193 In this study, we hypothesized that oscillatory ventilation with two simultaneous 194 frequencies results in more uniform parenchymal strain distribution compared to oscillation with 195 either frequency alone, with a reduction in peak strains required to maintain eucapnic CO_2 196 elimination. To test this hypothesis we relied on our previously published computational model 197 of the canine lung (13), which allowed for simulated gas transport via direct alveolar ventilation, 198 mixing at bifurcations, turbulent and oscillatory dispersion, as well as molecular diffusion. We 199 compared the distributions of parenchymal strain during traditional single frequency HFOV, and 200 then selected candidate pairs of frequencies for dual-frequency oscillatory ventilation based on a 201 ventilation distribution similarity index. Finally, we assessed whether such a similarity index 202 can be an appropriate criterion for selecting complementary frequencies during dual-frequency 203 oscillatory ventilation.

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205 METHODS

206 Model Overview

A complete description of our computational lung model can be found in Herrmann et al. (13). Briefly, the model structure is based on a three-dimensional central airway tree, segmented from a computed tomographic image of a supine dog. Peripheral airways with diameters smaller than 2 mm were generated using a space-filling algorithm (34). The model consisted of 40,085 cylindrical airway segments in total, with 19,932 viscoelastic acini. Each airway segment was characterized by a unique length *l* and diameter *d*, with luminal volume given by:

$$V_{\rm seg} = \frac{1}{4}\pi d^2 l \,. \tag{1}$$

213 Regional pleural pressure was assumed to vary with gravity according to the hydrostatic weight 214 of the lung in a supine orientation by 0.25 cmH₂O per cm lung height (19, 21), with an average 215 value of -5 cmH₂O. Acinar viscoelasticity was determined according to a second-order 216 polynomial function of local transpulmonary pressure (4, 6, 18). Longitudinal and shunt 217 impedances for each airway segment accounted for pressure losses associated with oscillatory 218 flow, isothermal gas compression, as well as soft tissue and cartilaginous viscoelasticity (17). 219 Flow oscillations delivered at the trachea were distributed throughout the lung periphery using a 220 recursive flow-dividing scheme, according to the local input impedance at each node in the tree 221 (6). Flow in each segment was characterized as laminar or turbulent according to the Reynolds 222 number Re (31):

$$\operatorname{Re} = \frac{\overline{U}_{\mathrm{RMS}}d}{\nu},\tag{2}$$

where \overline{U}_{RMS} is the root-mean-square of the time-varying mean axial velocity and ν is kinematic viscosity of the gas. The transition from laminar to turbulent oscillatory flow was assumed to occur at the critical Reynolds number Re_{crit} = 30 (14, 31).

226 Gas Transport Mechanisms

The transport of CO_2 throughout the airway network was solved as a steady-state problem, being time-averaged throughout the oscillatory ventilation cycle and with total CO_2 elimination equal to metabolic CO_2 production (13). The molar flux of CO_2 through each airway segment was driven by a concentration gradient, and characterized by its effective diffusivity D_{eff} :

$$D_{\rm eff} = \begin{cases} D_{\rm mol} + \sum_{k=1}^{K} D_{\rm dis}^{\rm lam}(f_k) &, \quad {\rm Re < Re}_{\rm crit} \\ D_{\rm mol} + D_{\rm dis}^{\rm tur} &, \quad {\rm Re \ge Re}_{\rm crit} \end{cases}$$
(3)

During laminar oscillatory flow at multiple frequencies (i.e., Re < Re_{crit}), D_{eff} is equal to the sum of its molecular diffusivity D_{mol} and the laminar dispersion coefficients D_{dis}^{lam} computed at each discrete frequency f_k (Appendix A-1). However during turbulent oscillatory flow, D_{eff} is equal to the sum of D_{mol} and the frequency-independent dispersion coefficient D_{dis}^{tur} (9, 35) of the form:

$$D_{\rm dis}^{\rm tur} = 0.7 \overline{U}_{\rm RMS} d \,. \tag{4}$$

Equation (4) is consistent with previous computational studies (9, 30) based on theoretical (35) and experimental results (29). Oscillatory flows were assumed to be either fully laminar or fully turbulent, ignoring transitional flows. The resulting CO_2 transport resistance due to diffusion and dispersion is given by:

$$R_{\rm T}^{\rm diff} = \frac{4\mathcal{R}Tl}{\pi d^2 D_{\rm eff}},\tag{5}$$

241 where \mathcal{R} is the universal gas constant and *T* is absolute temperature of the gas.

In our previous model of convective gas transport (13), we described the linear transport resistance due to gas mixing (R_T^{mix}) during repeated division and recombination of oscillatory flow past airway bifurcations during oscillation at a single discrete frequency. With this approach, R_T^{mix} is characterized by the oscillation frequency, f, and the mixing volume, V_{mix} , which quantifies the volume of gas that passes completely through an airway during each period of oscillation. However during oscillation with multiple simultaneous frequencies, V_{mix} is computed over one period of the fundamental frequency (f_0) of the broadband flow waveform:

$$V_{\rm mix} = \int_{0}^{1/f_0} \dot{V}_{\rm mix}(t) \,\mathrm{d}t \,, \tag{6}$$

249 where \dot{V}_{mix} is the flow contributing to V_{mix} , given by:

$$\dot{V}_{\rm mix}(t) = \begin{cases} \dot{V}(t) &, \quad [\dot{V}(t) > 0] \text{ and } [V(t) > V_{\rm seg}] \\ 0 &, \quad \text{otherwise} \end{cases}$$
(7)

250 $\dot{V}(t)$ is the time-varying flow in an airway segment, V_{seg} is the lumenal volume of the airway 251 segment, and V(t) is the time integral of flow:

$$V(t) = \int_{0}^{t} \dot{V}(\tau) \,\mathrm{d}\tau \,. \tag{8}$$

In practice, V_{mix} may be computed using numerical integration techniques (15). An example flow waveform through a hypothetical airway segment of volume 70 mL, along with the corresponding \dot{V}_{mix} and V_{mix} for the segment, is shown in Figure 1. For the special case of single-frequency oscillation, this numerical computation of V_{mix} is consistent with the analytical expression for V_{mix} in our previous model (13). The resulting gas transport resistance due to mixing, $R_{\text{T}}^{\text{mix}}$, is then given by:

$$R_{\rm T}^{\rm mix} = \frac{\mathcal{R}T}{f_0 V_{\rm mix}}.\tag{9}$$

The total transport resistance, R_T^{tot} , in each airway segment is given by the parallel combination of diffusive/dispersive and mixing resistances:

$$R_{\rm T}^{\rm tot} = \left(\frac{1}{R_{\rm T}^{\rm diff}} + \frac{1}{R_{\rm T}^{\rm mix}}\right)^{-1}.$$
 (10)

260 $R_{\rm T}^{\rm tot}$ describes the relationship between CO₂ molar flux through an airway segment and CO₂ 261 partial pressure difference across the airway segment. Combining the transport resistances of all 262 airways in the model yields a system of equations describing the relationship between acinar CO₂ 263 partial pressure P_n CO₂ and acinar CO₂ molar flux due to diffusion, dispersion, and mixing 264 \dot{M}_n CO₂:

$$\mathbf{R}_{\mathrm{T}}\dot{\mathbf{M}}\mathbf{CO}_{2} = \mathbf{\Delta}\mathbf{P}\mathbf{CO}_{2} , \qquad (11)$$

where R_{T} is a full matrix of transport resistances, $\dot{M}CO_{2}$ is a vector of acinar CO₂ molar fluxes, and ΔPCO_{2} is a vector of CO₂ partial pressure differentials between acini and airway opening (13). After solving Equation (11) to obtain $\dot{M}CO_{2}$, acinar CO₂ elimination due to diffusion, dispersion, and mixing, $\dot{V}_{n}^{DDM}CO_{2}$, is computed as:

$$\dot{V}_n^{\text{DDM}} \text{CO}_2 = \frac{\mathcal{R}T}{P_{\text{atm}}} \dot{M}_n \text{CO}_2 \,. \tag{12}$$

During ventilation with large tidal volumes, gas transport occurs primarily via direct ventilation, whereby fresh gas is advected directly between the airway opening and acini. Under such circumstances, CO₂ elimination from the n^{th} acinus due to convective ventilation, $\dot{V}_n^{\text{DAV}}\text{CO}_2$, is determined by the rate of fresh gas delivery:

$$\dot{V}_{n}^{\text{DAV}}\text{CO}_{2} = \frac{P_{n}\text{CO}_{2}}{863} \sum_{k=1}^{K} f_{k} \cdot \left| V_{\text{F},n}(f_{k}) \right|, \qquad (13)$$

where $P_n CO_2$ is the CO₂ partial pressure of the n^{th} acinus, 863 is a conversion factor between partial pressure in mmHg and gas volume fraction (13), and $V_{\text{F},n}(f_k)$ is the fresh gas delivered to the n^{th} acinus per oscillation at the k^{th} frequency:

$$|V_{\mathrm{F},n}(f_k)| = \sum_{k=1}^{K} \max\left(0, \quad \frac{|\dot{V}_n(f_k)|}{\pi f_k} - |V_{\mathrm{D},n}^*|\right),\tag{14}$$

where $|\dot{V}_n(f_k)|$ is the magnitude of oscillatory flow delivered at the k^{th} frequency. Total CO₂ elimination for each acinus, $\dot{V}_n \text{CO}_2$, is computed as the sum of $\dot{V}_n^{\text{DDM}}\text{CO}_2$ and $\dot{V}_n^{\text{DAV}}\text{CO}_2$. Total CO₂ elimination for the entire lung model, $\dot{V}_{\text{tot}}\text{CO}_2$, is then the sum of $\dot{V}_n \text{CO}_2$ across all acini:

$$\dot{V}_{\text{tot}} \text{CO}_2 = \sum_{n=1}^{N} (\dot{V}_n^{\text{DDM}} \text{CO}_2 + \dot{V}_n^{\text{DAV}} \text{CO}_2).$$
(15)

279 Figure 2 illustrates which of the modeled gas transport mechanisms dominates overall gas 280 transport during eucapnic single-frequency ventilation between 0.3 Hz and 26 Hz. Direct acinar ventilation accounts for the majority of total respiratory gas exchange at low frequencies (i.e., 281 282 below 2 Hz), yet is entirely absent at high frequencies (i.e., above 5 Hz). The greatest 283 contribution to the overall rate of gas transport in individual airways derives from the transport 284 mechanism describing bifurcation mixing due to the repetitive division and recombination of 285 gases. The contribution of turbulent mixing to gas transport in individual airways increases at 286 higher frequencies, dominating in the larger central airways during delivery of small volume 287 amplitudes at high instantaneous flow rates. This behavior is consistent with the analysis of 288 bifurcating flow regimes by Jan et al. (14) as well as the numerical simulations performed by 289 Choi et al. (5).

290 <u>Comparison of Single-Frequency and Dual-Frequency Oscillation</u>

To identify plausible candidate frequency pairs for dual-frequency simulations, each combination of two distinct oscillatory frequencies was considered by taking the inner product between their respective normalized acinar flow distributions:

$$S_{\dot{V}}(f_1, f_2) = \frac{\sum_{n=1}^{N} |\dot{V}_n(f_1)| |\dot{V}_n(f_2)|}{\sqrt{\sum_{n=1}^{N} |\dot{V}_n(f_1)|^2} \sqrt{\sum_{n=1}^{N} |\dot{V}_n(f_2)|^2}},$$
(16)

where $S_{\dot{v}}$ —the value of the inner product—quantifies the ventilation distribution similarity. Thus $S_{\dot{v}} = 1$ implies two identical distributions, whereas $S_{\dot{v}} = 0$ implies two orthogonal distributions. Figure 3 shows a schematic lung with three mechanically heterogeneous compartments as a simplified example of quantifying ventilation distribution similarity.

298 Figure 4A shows the contours of $S_{\dot{V}}$ for each permutation of two frequencies from 0.2 299 Hz to 40 Hz, spaced over 0.2 Hz intervals. Identifying pairs of frequencies with the lowest 300 degree of similarity (i.e., the smallest values of $S_{\dot{\nu}}$) reveals the most complementary pairs, i.e., 301 those pairs which are most able to compensate for each other's respective underventilated and 302 overventilated regions. Alternatively, the Pearson correlation coefficient (r) between normalized 303 acinar flow distributions for each frequency pair can also be used to identify complementary 304 distributions. Positive values of r correspond to similar distributions, such that acini tend to 305 receive either above-average or below-average amounts of flow at both frequencies. By contrast, 306 negative values of r correspond to dissimilar distributions, such that acini tend to receive aboveaverage flow at one frequency yet below-average at the other. Figure 4B shows the contours of 307 308 r for each permutation of two frequencies between 0.2 Hz and 40 Hz. Identifying pairs of 309 frequencies with the most negative correlation coefficients reveals the most complementary 310 pairs.

Based on the contour maps shown in Figure 4, we selected a pair of frequencies representing a low value of $S_{\dot{V}}$ (i.e., dissimilar ventilation distributions) for simulation of gas transport. We selected the local minimum of the $S_{\dot{V}}$ contour map corresponding to 12 Hz and 26 Hz. For comparison, another pair of frequencies with a high value of $S_{\dot{V}}$ was also selected for simulation, at 0.3 Hz and 12 Hz. For each pair of frequencies, multiple waveforms were constructed to define flow at the airway opening (\dot{V}_{ao}) according to the following template:

$$\dot{V}_{a0}(t) = \Psi_{euc}[\beta \sin(2\pi f_1 t) + (1 - \beta) \sin(2\pi f_2 t + \phi)], \qquad (17)$$

where β is a scaling factor adjusting the relative contributions of f_1 versus f_2 such that $0 \le \beta \le$ 1, ϕ is the relative phase offset between the flow oscillations such that $0 \le \phi \le 2\pi$, and $\Psi_{euc} > 0$ is a scaling factor used to adjust the flow amplitudes delivered by the MFOV waveform. For any combination of f_1 , f_2 , β , and ϕ , the corresponding value of Ψ_{euc} was iteratively optimized to attain eucapnic CO₂ elimination, which was approximated according to the assumed weight of the animal (13). For simplicity, the value of ϕ was constrained to be zero for all simulations.

Following the determination of eucapnic scaling, the distribution of peak acinar volumetric strain ($\varepsilon_{V,n}$) was computed by calculating the range of time-varying acinar volume, $V_n(t)$, divided by the minimum value:

$$\varepsilon_{\mathbf{V},n} = \frac{\max[V_n(t)] - \min[V_n(t)]}{\min[V_n(t)]}.$$
(18)

327 The distribution of acinar root-mean-square volume ($V_{\text{RMS},n}$) was also used to assess distributed 328 ventilation heterogeneity:

$$V_{\text{RMS},n} = \sqrt{f_0 \int_0^{1/f_0} [V_n(t) - \bar{V}_n]^2 dt} , \qquad (19)$$

329 where \overline{V}_n is time-averaged acinar volume given by:

$$\bar{V}_n = f_0 \int_0^{1/f_0} V_n(t) dt \,. \tag{20}$$

330 The values of $V_{\text{RMS},n}$ and \overline{V}_n in Equations (19) and (20) were numerically approximated using 331 trapezoidal integration (15).

332 <u>Simulations</u>

The recursive algorithms for computing and storing impedances and determining advective flow division throughout the tree were written in C++. Computation time for generating advective flow distribution at each distinct f was ~3 s on a 64-bit computer with an Intel Core i7-950 processor operating at 3.07 GHz with 12 GB RAM. The gas transport model was written and executed in MATLAB (version R2016a, The Mathworks, Natick, MA). Total computation time for each distinct dual-frequency simulation was ~70 s.¹

- 339
- 340

¹ A sample MATLAB script for computing the gas transport model is available from the authors upon request.

341 **RESULTS**

342 Two pairs of frequencies were selected for gas transport simulations based on ventilation 343 distribution similarity (S_{i}) and correlation coefficient (r), as indicated by the labeled points on 344 the contour maps of Figure 4. The frequency pair with similar distributions was chosen at 0.3 Hz 345 and 12 Hz, with $S_{\psi} = 0.98$ and r = +0.69. The pair with dissimilar distributions was chosen at 12 Hz and 26 Hz, with $S_{\dot{V}} = 0.85$ and r = -0.64. Figure 5 shows the anatomic distributions of 346 347 acini receiving relatively more or less oscillatory flow at 0.3 Hz, 12 Hz, and 26 Hz compared to a 348 perfectly uniform distribution. Acinar flow magnitudes were normalized relative to their 349 corresponding values for a symmetric, homogeneous lung with rigid airway walls and no gas 350 compression (6). Figure 6 shows scatter plots comparing normalized ventilation distributions 351 between frequencies for both selected frequency pairs. The dissimilar distributions at 12 Hz and 352 26 Hz exhibit a majority of acini (72.7 %) that are preferentially ventilated by only one 353 frequency or the other, whereas the similar distributions at 0.3 Hz and 12 Hz exhibit only a 354 minority of acini (17.3 %) with the same complementary behavior.

355 Figure 7 shows the required eucapnic flow scaling for dual-frequency waveforms 356 constructed from various linear combinations of each frequency in the selected frequency pairs, 357 according to Equation (17). For all values of β , values of Ψ_{euc} were iteratively adjusted to 358 achieve total CO₂ elimination within 0.3 % error of the predicted metabolic CO₂ production of $1.93 \cdot 10^{-3}$ L s⁻¹ for a 25 kg dog. Figure 8 shows the resulting distributions of acinar peak 359 360 volumetric strain ($\varepsilon_{V,n}$), and Figure 9 shows distributions of acinar root-mean-square volume $(V_{\text{RMS},n})$. Comparing distributed ventilation using oscillations at only a single frequency (i.e., at 361 $\beta = 0$ or $\beta = 1$ only), 0.3 Hz ventilation produced the least heterogeneity in both strain and 362 $V_{\rm RMS}$, but also the largest magnitudes of strain, compared to either 12 Hz or 26 Hz. For example, 363

the range of $\varepsilon_{V,n}$, reported as median (minimum, maximum), was 15.5 % (12.3 %, 19.4 %) 364 during single-frequency ventilation at 0.3 Hz, compared to 2.8 % (6.5 %, 2.1 %) at 12 Hz or 1.6 365 % (0.5 %, 3.4 %) at 26 Hz. For the dual-frequency waveforms constructed using 0.3 Hz and 12 366 367 Hz, no improvement in ventilation heterogeneity was observed for any linear combination of the two frequencies, compared to either single frequency alone (i.e., $0 < \beta < 1$ compared to $\beta = 0$ 368 or $\beta = 1$). However for waveforms using 12 Hz and 26 Hz oscillations, an optimal value of 369 $\beta = 0.4$ was found to provide the greatest reduction in the difference between the maximum and 370 minimum values of normalized acinar strain and V_{RMS} . Specifically at $\beta = 0.4$, the range of 371 372 normalized strain was reduced by 50.8 % compared to 26 Hz ($\beta = 0$) and 37.2 % compared to 373 12 Hz ($\beta = 1$).

374
375 **DISCUSSION**

376 In this study, we extended an existing computational model of distributed flow and gas 377 transport (13) to simulate ventilation heterogeneity during oscillatory ventilation with either a 378 single frequency or two frequencies delivered simultaneously. By choosing pairs of frequencies 379 with complementary ventilation distributions, we demonstrated that regional underventilation at 380 one frequency may be compensated by regional overventilation at the other frequency. Thus, an 381 'optimal' linear combination of two frequencies can be identified that yields the least amount of 382 parenchymal stain heterogeneity compared to either single frequency alone (Figures 8B and 9B). 383 However, for a pair of oscillatory frequencies yielding similar ventilation distributions, no linear 384 combination was found to reduce ventilation heterogeneity (Figures 8A and 9A). This finding 385 suggests that it is possible to optimize the spectral content of oscillatory waveforms to achieve 386 substantial reductions in ventilation heterogeneity and parenchymal strain.

387 In these simulations of eucapnic oscillatory ventilation in a canine lung, low frequencies 388 produced the lowest degree of ventilation heterogeneity, yet the largest magnitudes of regional 389 strain. However, increasing oscillatory frequency resulted in reduced regional strain but 390 increased strain heterogeneity, especially for frequencies greater than the resonant frequency of this model, $f_{res} = 7.5 \text{ Hz}$ (13). The resonant frequency indicates the transition from flows 391 dominated by elastic forces ($f < f_{res}$) to flows dominated by inertial forces ($f > f_{res}$) (4, 6). 392 393 Thus high-frequency oscillatory ventilation (HFOV) may reduce parenchymal strain, yet 394 increase both strain rate and strain heterogeneity compared to conventional mechanical 395 ventilation (20, 25, 26). This trade-off may in part explain the nonsuperiority of HFOV over 396 conventional mechanical ventilation in patients with mechanically heterogeneous lungs (8, 22, 397 38).

398 Our computational model highlights a means by which both parenchymal strain and 399 strain heterogeneity may be minimized. If multiple frequencies are delivered simultaneously, the 400 respective contributions of each frequency to the combined distribution of parenchymal strain 401 may be tuned towards a particular objective, e.g., minimizing strain heterogeneity. By extending 402 this concept of dual-frequency oscillation to the more general case of three of more frequencies 403 (16), one may further exploit frequency-dependent ventilation distribution to mitigate adverse 404 consequences of parenchymal strain heterogeneity. This proposed mechanism of benefit may in 405 part explain improvements in oxygenation and gas exchange reported during experimental use of 406 multi-frequency oscillatory ventilation (MFOV) in surfactant-deficient preterm lungs (16). 407 These findings are also relevant to high-frequency percussive ventilation (HFPV), which 408 involves high frequency oscillations superimposed on conventional mechanical ventilation 409 waveforms (1, 7, 28). Large reductions in parenchymal strain at lower frequencies may be 410 achieved during HFPV by supplementary gas transport using a relatively small contribution of 411 superimposed high frequency oscillation.

Two criteria were proposed to evaluate candidate frequency pairs in this study: the ventilation distribution similarity ($S_{\dot{V}}$) and the correlation coefficient (r). As shown in Figure 4, $S_{\dot{V}}$ and r demonstrate close agreement with each other over the range of frequencies from 0.1 Hz to 30 Hz, suggesting that the outcome of candidate frequency pair selection may not be specific to the particular criterion used for evaluation.

417 Although peak acinar volumetric strain and specific ventilation are typically used to 418 assess regional ventilation heterogeneity during tidal breathing (2, 27), these metrics may not be 419 directly applicable during oscillation with two or more frequencies, since the corresponding 420 regional volume fluctuations will not oscillate between a consistent minimum and maximum. 421 Rather, parenchymal strain may exhibit various local minima and maxima. Thus ventilation 422 heterogeneity during multi-frequency oscillation may be more appropriately characterized by the root-mean-square of regional volume fluctuations (V_{RMS}) (16). V_{RMS} describes the variance of 423 424 regional distension about a mean lung volume, which is proportional to volume amplitude during 425 single-frequency oscillatory ventilation, yet also accounts for oscillation at multiple distinct frequencies. In Figures 8 and 9 the distributions of peak acinar volumetric strain ($\varepsilon_{V,n}$) and 426 $V_{\text{RMS},n}$ exhibited close agreement, suggesting that the analysis of ventilation heterogeneity is not 427 428 sensitive to the choice of either metric.

429 *Limitations*

430 The modeling assumptions and validation for the single-frequency gas transport model 431 have been presented in our previous study (13). Additional comparison to distributed strain 432 measured on the pleural surface of excised canine lungs is provided in Appendix A-2. Our 433 currently proposed extension to accommodate two frequencies of oscillations simultaneously has 434 been derived using a similar conceptual framework. However to our knowledge, no robust 435 experimental data is available to validate these model simulations. Specific or quantitative 436 predictions based on this model should therefore be treated with appropriate caution. 437 Particularly, our simulations assume that the mechanical behavior of the lung is linear and time-438 invariant. Thus superposition of two sinusoidal oscillations at the airway opening results in a 439 simple linear combination of the respective flow distributions at each frequency. However, 440 nonlinear mechanical properties of an actual mammalian lung may lead to unpredictable 441 distortion and interaction of superimposed oscillations (32, 33, 39). Experimental imaging 442 techniques such as frequency-selective computed tomography (12) or optical coherence

tomography (24) may be used to further assess the extent of nonlinear mechanical behavior
during multi-frequency oscillation *in situ*.

445 This particular analysis of simulated multi-frequency oscillation examined only two 446 specific pairs of frequencies, to establish the feasibility of using a multi-frequency approach to 447 reduce parenchymal strain heterogeneity compared to single-frequency oscillation in a 448 computational model. Furthermore the simulations were performed using a model of healthy 449 canine lungs, with all mechanical heterogeneity derived only from gravitational gradients in 450 transpulmonary pressure and airway network asymmetries. Nonetheless this healthy model 451 exhibited substantial ventilation heterogeneity at high frequencies (10, 20), indicating that 452 exploiting frequency-dependent ventilation heterogeneity may be possible even within lungs 453 with homogeneous tissue compliance. The particular distribution of regional strain may be 454 appreciably altered under injured conditions (13), yet the rationale for applying a multi-455 frequency approach remains the same (16). The results of these simulations warrant further 456 investigation, involving optimization of the spectral content in oscillatory waveforms, or using a 457 larger number of distinct frequencies. Such an optimization procedure may involve an 458 evaluation of the ventilation distribution similarity, similar to that presented in Figure 4. 459 However the prospect of translating these computational modeling results into a practical in vivo 460 approach for identification of optimal frequencies presents several considerable technical 461 challenges, not the least of which is non-invasive quantification of frequency-dependent 462 ventilation heterogeneity (10, 27).

463

464 **CONCLUSION**

465 Although high frequency oscillatory ventilation achieves CO₂ elimination with reduced 466 parenchymal strain compared to conventional mechanical ventilation, increased strain 467 heterogeneity during HFOV may be injurious to the lung. Heterogeneity of regional mechanical 468 properties and airway network asymmetry result in frequency-dependent distributions of 469 oscillatory flow, especially at high frequencies. Such frequency-dependent heterogeneity in 470 ventilation may be exploited by combining multiple simultaneous frequencies of oscillation. 471 Dual-frequency oscillatory ventilation may provide more uniform ventilation throughout the 472 heterogeneous lung, such that regional maldistribution of parenchymal strain can be minimized 473 by using oscillatory frequencies with dissimilar ventilation distributions. This unique oscillatory 474 modality may thus have utility for the treatment of patients with heterogeneous lung injury, by 475 minimizing the extremes of cyclic parenchymal strain and reducing the risk of ventilator-induced 476 lung injury.

477

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493

494 **DISCLOSURES**

D. W. Kaczka and J. Herrmann are co-inventors on a pending patent involving multi-frequency
oscillatory ventilation (MFOV). In addition, they are co-founders and shareholders of
OscillaVent, Inc.

498

499 AUTHOR CONTRIBUTIONS

J.H., M.H.T., and D.W.K. conception and design of research; J.H. and M.H.T. performed
experiments; J.H., M.H.T., and D.W.K. analyzed data; J.H., M.H.T., and D.W.K. interpreted
results of experiments; J.H. and D.W.K. prepared figures; J.H. and D.W.K. drafted manuscript;
J.H., M.H.T., and D.W.K. edited and revised manuscript; J.H., M.H.T., and D.W.K. approved
final version of manuscript.

505

507 FIGURE LEGENDS

Figure 1. Illustration of method for computing V_{mix} during ventilation with multiple frequencies of oscillation. In this example, two frequencies are used—3 Hz and 7 Hz—such that $f_0 = 1$ Hz. The shading indicates where the conditions of $\dot{V}(t) > 0$ (light and dark) and $V(t) > V_{\text{seg}}$ (dark) are satisfied. V_{mix} can be calculated from the sum of flow integrals indicated by dark shading for which both conditions are satisfied. Equivalently, V_{mix} can be calculated from the sum of the lengths of the dark lines denoting the local maxima of $V(t) - V_{\text{seg}}$.

Figure 2. Airway segments and acini labeled according to gas transport mechanisms. (A) Decision trees used for labeling airway segments according to the dominant gas transport mechanism contributing to the overall rate of gas transport within each individual airway. Acini are labeled if fresh gas is advected via bulk flow directly into the acinar space. (B) Airways and acini colored according to gas transport mechanisms during eucapnic ventilation at various frequencies using the tidal volumes indicated in mL. Acini that do not receive fresh gas ventilation are not shown. Gravitational direction (g) is indicated for a supine orientation.

521 Figure 3. Two examples of ventilation distribution similarity (S_{ψ}) and correlation coefficient (r) 522 in a schematic lung with three mechanically heterogeneous compartments. The frequency-523 dependent fraction of oscillatory flow received by each compartment is indicated for two frequencies f_1 and f_2 . In the case of similar distributions (A), the central compartment receives 524 525 the greatest proportion of oscillatory flow at both frequencies, and the corresponding value of S_{ψ} 526 is close to unity whereas r is close to +1. In the case of dissimilar distributions (B), the compartments underventilated at f_1 are overventilated at f_2 , and vice versa—thus the value of $S_{\dot{V}}$ 527 is close to zero and r is close to -1. See text for definitions of $S_{\dot{V}}$ and r. 528

Figure 4. Contours of (A) ventilation distribution similarity $(S_{\dot{V}})$, and (B) correlation coefficient (r), in the canine lung model for pairs of frequencies between 0.1 and 40 Hz. The line of identity (dotted line) represents comparisons between each frequency and itself, such that $S_{\dot{V}}(f_1, f_1) = 1$ and $r(f_1, f_1) = +1$. The contours of $S_{\dot{V}}$ are symmetric about the line of identity, such that $S_{\dot{V}}(f_1, f_2) = S_{\dot{V}}(f_2, f_1)$ and $r(f_1, f_2) = r(f_2, f_1)$. Labeled points correspond to frequency pairs selected for further examination: 12 Hz and 26 Hz (circle), 0.3 Hz and 12 Hz (triangle). See text for definitions of $S_{\dot{V}}$ and r.

536 Figure 5. Acini labeled according to relative share of delivered oscillatory flow during 0.3 Hz, 537 12 Hz, and 26 Hz ventilation. Acinar flow is normalized by the flow amplitude delivered at the 538 trachea divided by the total number of acini, such that values above or below 1 represent acini 539 receiving more (red) or less (blue) than their respective shares of uniformly distributed flow, 540 respectively. Note that color bars are scaled differently for each frequency to emphasize the 541 regional distributions of relative over- and under-ventilation. Various view angles are provided, 542 with gravitational direction (g) indicated for a supine orientation (directed downwards, out of the 543 page, or upwards).

Figure 6. Scatter plots comparing normalized acinar flow distributions at two frequencies, where each point represents a single acinus, and horizontal or vertical position correspond to normalized flow amplitude in each acinus at either frequency. Two examples are shown: (A) similar distributions at 0.3 Hz vs. 12 Hz with $S_{\dot{V}} = 0.98$ and r = +0.69 (left), and (B) dissimilar distributions at 12 Hz vs. 26 Hz with $S_{\dot{V}} = 0.85$ and r = -0.64 (right). The four quadrants delineate acini that receive either above-average (i.e., greater than 1.0) or below-average (i.e., less than 1.0) amounts of oscillatory flow at one or both frequencies. Figure 7. Eucapnic flow scaling (Ψ_{euc}) for dual-frequency waveforms constructed according to Equation (17) using $0 \le \beta \le 1$ to scale the contribution of each frequency, using oscillations at either 0.3 Hz and 12 Hz (A), or 12 Hz and 26 Hz (B). Each point represents a single simulation. Corresponding volume waveforms at the airway opening are shown for each frequency pair at select values of β .

Figure 8. Distributions of acinar peak volumetric strain (ε_{V}) for dual-frequency waveforms constructed according to Equation (17) using $0 \le \beta \le 1$ to scale the contribution of each frequency, using oscillations at either 0.3 Hz and 12 Hz (A), or 12 Hz and 26 Hz (B). Distributions are represented by the median (solid line) and full range between minimum and maximum value (shaded region). Normalized distributions are shown with the mean value normalized to unity (dotted line).

Figure 9. Distributions of acinar root-mean-square volume (V_{RMS}) for dual-frequency waveforms constructed according to Equation (17) using $0 \le \beta \le 1$ to scale the contribution of each frequency, using oscillations at either 0.3 Hz and 12 Hz (A), or 12 Hz and 26 Hz (B). Distributions are represented by the median (solid line) and full range between minimum and maximum value (shaded region). Normalized distributions are shown with the mean value normalized to unity (dotted line).

568 Figure A-1. Comparison between experimental and simulated acinar area strains. Experimental 569 data for pleural surface area strain reported by Lehr et al. (20) is indicated by mean (black 570 circles) and standard deviation (error bars) at 1 Hz, 15 Hz, and 30 Hz. Equivalent area strain for 571 our model assuming isotropic deformation during simulated ventilation is shown as mean 572 (dashed grey line) and standard deviation (solid grey lines). (A) Area strain amplitude is 573 reported during oscillation using a constant ratio of 7.6 % oscillatory volume amplitude relative 574 to total lung volume (see text for additional experimental details). (B) Area strain phase is 575 reported relative to volume phase measured at the airway opening.

576

578 APPENDIX

579

580 A-1. Laminar Oscillatory Dispersion

581 In this analysis of laminar oscillatory dispersion during flow with multiple simultaneous 582 frequencies, we follow the reasoning and nomenclature of Watson (37). Consider multi-583 frequency oscillatory flow in a tube with velocity profile:

$$w(x, y, t) = \sum_{k=1}^{K} \operatorname{\mathfrak{Re}}\left\{F_k(x, y)e^{j\omega_k t}\right\},\tag{A-1}$$

where k denotes the angular oscillation frequencies $\omega_k = 2\pi f_k$ from 1 to K, j is the unit imaginary number, and $F_k = F_k(x, y)$ is velocity amplitude distribution over the cross-section in the x-y plane, which is periodic in time t. The operator $\Re\{\cdots\}$ denotes the real part of the complex-valued argument within the brackets. The concentration profile of a contaminant species contained in the carrier gas will then be of the form (37):

$$\theta(x, y, z, t) = -\gamma z + \sum_{k=1}^{K} \mathfrak{N}e\{\gamma G_k(x, y)e^{j\omega_k t}\}, \qquad (A-2)$$

where z is the axial direction, γ is a constant corresponding to a linear concentration gradient in the axial direction, and $G_k = G_k(x, y)$ is the modulated amplitude distribution over the crosssection in the x-y plane and is periodic in time t with angular frequency ω_k , such that the concentration amplitude distribution is given by γG_k . The rate of molar flux of the contaminant has advective and diffusive terms integrated over the cross-section S is given by (37):

$$\iint_{S} \left[w\theta - D_{\text{mol}} \frac{\partial \theta}{\partial z} \right] dxdy, \qquad (A-3)$$

which expands to:

$$\iint_{S} \left[\gamma D_{\text{mol}} + \frac{1}{2} \left\{ \sum_{k=1}^{K} \left(F_{k} e^{j\omega_{k}t} + F_{k}^{*} e^{-j\omega_{k}t} \right) \right\} \left(-\gamma z + \frac{1}{2} \gamma \left\{ \sum_{k=1}^{K} \left(G_{k} e^{j\omega_{k}t} + G_{k}^{*} e^{-j\omega_{k}t} \right) \right\} \right) \right] dxdy , \qquad (A-4)$$

where the asterisks denote complex conjugates. The expansion of the product produces oscillatory terms (i.e. terms preceding $e^{j\omega_k t}e^{j\omega_k t} = e^{2j\omega_k t}$ or preceding $e^{j\omega_k t}e^{-j\omega_i t} =$ $e^{j(\omega_k - \omega_i)t}$ with $i \neq k$) and steady terms (i.e. terms preceding $e^{j\omega_k t}e^{-j\omega_k t} = 1$). The mean rate of flux, averaged over time, is:

$$\iint_{S} \left[\gamma D_{\text{mol}} + \frac{1}{4} \gamma \left\{ \sum_{k=1}^{K} (F_k G_k^* + F_k^* G_k) \right\} \right] dx dy , \qquad (A-5)$$

wherein all oscillatory terms are reduced to zero in the time-averaging, and only the steady termsremain (37). The effective diffusivity is:

$$D_{\rm eff} = D_{\rm mol}(1+R_D), \qquad (A-6)$$

600 where R_D is the relative increase in diffusivity compared to molecular diffusivity, given by:

$$R_{D} = -\frac{1}{4D_{\text{mol}}A_{S}} \iint_{S} \left[\sum_{k=1}^{K} (F_{k}G_{k}^{*} + F_{k}^{*}G_{k}) \right] dxdy, \qquad (A-7)$$

601 which rearranges to:

$$R_{D} = \sum_{k=1}^{K} \left(\frac{1}{4D_{\text{mol}}A_{\text{S}}} \iint_{S} [F_{k}G_{k}^{*} + F_{k}^{*}G_{k}] dx dy \right),$$
(A-8)

where $A_{\rm S}$ is the area of the cross-section *S*, and the term inside the summation is identical to the relative increase in diffusivity for any individual frequency of oscillation (37). Thus the effective diffusivity is given by:

$$D_{\rm eff} = D_{\rm mol} + \sum_{k=1}^{K} D_{\rm dis}^{\rm lam}(f_k) \,.$$
 (A-9)

Equation (A-9) relies on the reduction of time-averaged oscillatory terms to zero over a long period of oscillation, i.e., the elimination of $e^{2j\omega_k t}$ and $e^{j(\omega_k - \omega_i)t}$ terms in the transition from Equation (A-4) to Equation (A-5). Therefore, this model of dispersion during simultaneous multiple frequencies may not apply when the beat frequency (i.e., the difference between any two frequencies) is small.

610

611 A-2. Comparison with Experimental Strain Measurements

612 In our previous work (13), we demonstrated that the tidal volume required for eucapnic 613 ventilation during single-frequency oscillatory ventilation was consistent with the experimental 614 findings of Venegas et al. (36). The distribution of volumetric strain within lungs in vivo is 615 difficult to quantify experimentally, especially during rapid motion such as during high-616 frequency oscillatory ventilation. Lehr et al. (20) used stroboscopic photography to capture 617 time-varying motion of grid points marked on the pleural surface of an excised canine lung. 618 They reported area strain measurements during oscillations at 1 Hz, 15 Hz, and 30 Hz. We may 619 compare our simulated distributions of volumetric strain to the area strain distributions reported 620 by Lehr et al. by first adjusting the simulated volume oscillations to achieve the same ratio of 621 volume amplitude to total lung volume. Lehr et al. reported using 100 mL volume oscillations 622 applied to a lung of total volume 1320 mL, expecting volumetric strains of approximately 7.6 %. 623 Assuming isotropic expansion and contraction, they expected the corresponding area strains to 624 be two-thirds of the volumetric strain, or approximately 5.1 %. Figure A-1 shows the mean and 625 standard deviation of pleural surface area strain amplitudes and phases reported by Lehr et al., as

well as the equivalent acinar area strain amplitudes and phases computed from our simulations (assuming isotropic deformation). Both acinar strain amplitude heterogeneity and phase heterogeneity increase at high oscillation frequencies above resonant frequency (7.5 Hz in our model). This trend is also consistent with increasing heterogeneity in alveolar pressure amplitudes and phases measured by Fredberg et al. (10), although pressure measurements alone cannot be used to infer volumetric strain.

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3 4 5 6	REGIONAL GAS TRANSPORT IN THE HETEROGENEOUS LUNG DURING OSCILLATORY VENTILATION		
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41 ABSTRACT

42 Regional ventilation in the injured lung is heterogeneous and frequency-dependent, making it 43 difficult to predict how an oscillatory flow waveform at a specified frequency will be distributed 44 throughout the periphery. To predict the impact of mechanical heterogeneity on regional 45 ventilation distribution and gas transport, we developed a computational model of distributed gas flow and CO₂ elimination during oscillatory ventilation from 0.1 to 30 Hz. The model consists 46 47 of a three dimensional airway network of a canine lung, with heterogeneous parenchymal tissues to mimic effects of gravity and injury. Model CO₂ elimination during single frequency 48 49 oscillation was validated against previously published experimental data (Venegas et al., J. Appl. 50 Physiol. 60:1025-1030, 1986). Simulations of gas transport demonstrated a critical transition in 51 flow distribution at the resonant frequency, where the reactive components of mechanical 52 impedance due to airway inertia and parenchymal elastance were equal. For frequencies above 53 resonance, the distribution of ventilation became spatially clustered and frequency-dependent. 54 These results highlight the importance of oscillatory frequency in managing the regional 55 distribution of ventilation and gas exchange in the heterogeneous lung.

56 KEY TERMS

57 High frequency oscillatory ventilation; gas exchange; lung injury; respiratory mechanics;58 computational model

60 NEW & NOTEWORTHY

Regional ventilation in the injured lung is heterogeneous and frequency-dependent, making it difficult to predict how an oscillatory flow waveform at a specified frequency will be distributed throughout the periphery. In this study, we developed a computational model of distributed gas flow and CO_2 elimination during oscillatory ventilation. Our simulations indicate that ventilation distribution in a heterogeneous lung is spatially clustered and frequency-dependent, indicating that oscillatory frequency is an important factor in regional gas exchange.

67

69 GLOSSARY

70	а	Exponent of frequency, in proportional relationship to total CO ₂ elimination
71	ARDS	Acute respiratory distress syndrome
72	b	Exponent of tidal volume, in proportional relationship to total CO ₂ elimination
73	CO ₂	Carbon dioxide
74	СТ	Computed tomography
75	$C_n CO_2$	Concentration of CO_2 for n^{th} acinus
76	d	Diameter of airway segment
77	D _{eff}	Effective diffusivity
78	$D_{ m mol}$	Molecular diffusivity
79	$D_{\rm dis}^{\rm lam}$	Laminar oscillatory dispersion coefficient
80	$D_{ m dis}^{ m turb}$	Turbulent oscillatory dispersion coefficient
81	HFOV	High frequency oscillatory ventilation
82	f	Oscillation frequency in Hz
83	$f_{\rm res}$	Resonant frequency in Hz
84	f_{\min}	Frequency in Hz of local minimum normalized acinar flow magnitude
85	f_{\max}	Frequency in Hz of local maximum normalized acinar flow magnitude
86	${\cal F}$	Normalized frequency
87	l	Length of airway segment
88	$\dot{M}_n \text{CO}_2$	Molar flux of CO_2 for n^{th} acinus
89	$\dot{M}_{\rm seg}^{\rm diff} {\rm CO}_2$	Diffusive component of molar flux of CO ₂ through an airway segment
90	MCO 2	Vector of acinar CO ₂ molar fluxes

91	n	Index through individual acini
92	Ν	Total number of acini
93	$P_{ao}CO_2$	Partial pressure of CO ₂ at airway opening
94	$P_{\overline{a}}CO_2$	Partial pressure of CO ₂ in mixed arterial blood
95	$P_n CO_2$	Partial pressure of CO ₂ for n^{th} acinus
96	ΔPCO_2	Vector of partial pressure differentials between acini and airway opening
97	Q	Normalized flow cost
98	r^2	Coefficient of determination
99	${\cal R}$	Universal gas constant
100	Re	Reynolds number
101	Re _{crit}	Critical Reynolds number, transition between laminar and turbulent flow
102	$R_{\mathrm{T}}^{\mathrm{diff}}$	Diffusive transport resistance
103	$R_{\mathrm{T}}^{\mathrm{mix}}$	Diffusive transport resistance
104	$R_{\mathrm{T}}^{\mathrm{tot}}$	Total transport resistance
105	R _T	Transport resistance matrix
106	Т	Temperature
107	$\overline{U}_{ m RMS}$	Root-mean-square mean-axial velocity
108	V _D	Total dead space volume
109	$ V_{\mathrm{D},n} $	Magnitude of oscillatory dead space volume delivered to n^{th} acinus
110	$ V_{\mathrm{F},n} $	Magnitude of oscillatory fresh gas volume delivered to n^{th} acinus
111	V _{mix}	Oscillatory mixing volume
112	V _{seg}	Volume of airway segment
113	V _T	Tidal volume

114	V _T ^{euc}	Eucapnic tidal volume
115	$ \dot{V}_{\rm seg} $	Magnitude of oscillatory flow through airway segment
116	$\dot{V}_{ m A}$	Eucapnic total acinar ventilation
117	$\dot{V}_{ao}^{DDM}CO_2$	CO ₂ elimination at the airway opening via diffusion, dispersion, and mixing
118	<i>V</i> _n CO₂	CO_2 elimination at acinus n
119	$\dot{V}_n^{\mathrm{DDM}}\mathrm{CO}_2$	CO_2 elimination at acinus <i>n via</i> diffusion, dispersion, and mixing
120	$\dot{V}_n^{\rm DAV}{ m CO}_2$	CO ₂ elimination at acinus <i>n via</i> direct acinar ventilation
121	<i>V</i> _{tot} CO₂	Total CO ₂ elimination at the airway opening
122	$\dot{V}_{tot}^{euc} CO_2$	Eucapnic total CO ₂ elimination at the airway opening
123	VILI	Ventilator-induced lung injury
124	863	Conversion factor between partial pressure in mmHg and gas volume fraction,
125		accounting for the difference between standard temperature and pressure dry air,
126		and body temperature and pressure air saturated with water vapor.
127	eta_0,eta_1,eta_2	Power-law regression coefficients
128	π	Radians in semi-circle
129	E	Constant of proportionality for mixing transport resistance
130	ν	Kinematic viscosity
131		
132		

INTRODUCTION

134 For patients with the acute respiratory distress syndrome (ARDS), flow is distributed 135 throughout the lung periphery in a nonuniform and frequency-dependent manner due to 136 mechanical heterogeneity (3, 10). Patients with ARDS are particularly susceptible to the harmful processes of cyclic overdistension and derecruitment, collectively termed ventilator-induced lung 137 138 injury (VILI). The ensuing mechanical stresses associated with these processes result in the 139 release of inflammatory mediators that may contribute significantly to multiple organ failure and 140 death (37). Intratidal overdistension and derecruitment often occur simultaneously in different 141 regions of injured lung due to non-uniform distribution of flow (8). Thus optimizing the 142 magnitude and distribution of flow to mitigate VILI is a critical objective of mechanical 143 ventilation in ARDS.

144 Lung-protective ventilation significantly reduces mortality in patients with ARDS, using high 145 positive end-expiratory pressures to prevent derecruitment and small tidal volumes to avoid 146 overdistension (1). High frequency oscillatory ventilation (HFOV) is an alternative modality 147 that applies ventilatory rates greater than 2 Hz, and is used as a rescue therapy for ARDS patients 148 whose condition is refractory to conventional or lung-protective ventilation (31). Despite the use 149 of smaller tidal volumes compared to lung-protective ventilation, multi-center clinical trials of 150 HFOV in adult ARDS patients failed to demonstrate improvements in mortality (12, 56). This 151 may be due to heterogeneous and frequency-dependent distributions of flow in the periphery, 152 which may contribute to regional lung injury that is not easily observed in patients.

153 There are several mechanisms by which gas transport occurs during oscillatory flow: direct 154 alveolar ventilation, asymmetric velocity profiles, inspiratory-expiratory differences in velocity
155 profiles, turbulent and oscillatory dispersion, pendelluft phenomenon, cardiogenic mixing, 156 collateral ventilation, and molecular diffusion (9, 31). The relative magnitude of each 157 mechanism's effect within any particular region of the lung may depend on the combination of 158 velocity profile, oscillatory frequency, or airway geometry (9, 30). Computational modeling of 159 gas transport in the lung allows for useful predictions of the impact of frequency and tidal 160 volume on regional gas transport in critically ill patients. Such predictions may provide insight 161 into derangements of gas exchange in mechanically heterogeneous lungs. Computational models 162 exist for predicting effects of specific gas transport mechanisms on total gas exchange during 163 either conventional mechanical ventilation (32) or high frequency oscillatory ventilation (14). 164 Few models are applicable to gas transport in a branching airway structure over a wide range of 165 frequencies (25, 33), yet these are limited by assumptions of symmetrical airway networks and 166 uniform distributions of flow. Current computational models are limited in their ability to 167 simulate heterogeneous gas transport (e.g. CO₂ elimination) spanning a range of frequencies and 168 tidal volumes encompassing conventional mechanical ventilation and high frequency oscillatory 169 ventilation.

The goal of this study was to develop a computational model of regional flow and gas exchange in a three dimensional airway network during oscillatory ventilation. Specifically, our objectives were: 1) to generate frequency-dependent distributions of advective flow throughout an anatomically structured airway network, imposing either homogeneous or heterogeneous distributions of tissue elastance to reflect healthy and injured parenchymal mechanics; 2) to simulate gas exchange for any given tidal volume, oscillatory frequency, and flow distribution, based on models of diffusive and advective gas transport phenomena; and finally 3) to assess the 177 frequency-dependence of tidal volumes required for eucapnic ventilation, as well as ventilation178 heterogeneity for healthy and injured lungs.

179 METHODS

180 Model Structure

181 The model structure is based on a three-dimensional network of a canine airway tree shown 182 in Figure 1, in which each airway segment was assumed to be an ideal cylinder with dimensions 183 and spatial position based on a thoracic CT scan of a supine dog inflated to total lung capacity 184 (22). Airways less than 2 mm diameter were algorithmically generated within the constrained 185 boundaries of segmented lung lobes (38). The length (l) and diameter (d) of each segment were 186 then scaled down from total lung capacity to a mean airway opening pressure of 10 cmH₂O, 187 where the size scaling for each airway was determined according to its time-averaged local 188 transmural pressure, defined as the difference between mean lumenal pressure and local pleural 189 pressure (3, 41). Local pleural pressure in the model was assumed to vary with gravity by 0.25 cmH₂O cm⁻¹ according to the hydrostatic weight of pleural fluid in a supine dog (26), with an 190 191 average value of -5 cmH₂O. Airway dimensions defined longitudinal and shunt impedances to 192 oscillatory flow, which are briefly summarized here from Colletti et al. (10). Airway segment 193 longitudinal impedance was determined assuming Womersley-type oscillatory flow in a cylinder 194 (42, 54). Airway segment shunt impedance was given by a parallel combination of isothermal 195 gas compression compliance, soft tissue viscoelasticity, and cartilaginous viscoelasticity (10, 24). 196 Each terminal airway in the tree was subtended by a viscoelastic 'constant-phase' element 197 representing acinar wall distensibility (17) in parallel with gas compression compliance (10, 24). 198 The arrangements of all longitudinal and shunt impedances in the model were defined according to Kaczka *et al.* (24). Flow oscillations at the airway opening were distributed throughout the
lung periphy using a recursive flow-dividing scheme, apportioning flows at each topological
branching point among parallel pathways according to their respective total input impedances
(10).

203 Acinar viscoelasticity was determined according to a second-order polynomial function of 204 local transpulmonary pressure (3). Heterogeneous injury was simulated by modulating acinar 205 tissue elastance according to a gravitationally-weighted gradient noise distribution using a Perlin 206 method (11), which produces a textured distribution that is smoother and more natural compared 207 to purely random variations in tissue properties (10). Gravitational weighting increased the 208 magnitude of the noise distribution towards the dependent regions of the model, loosely 209 mimicking the effects of fluid accumulation in injured lungs. The resulting distribution of injured acinar tissue elastance demonstrated a mean \pm standard deviation of 1.93 \pm 1.19 cmH₂O 210 μ L⁻¹, compared to the healthy case of 0.31 ± 0.02 cmH₂O μ L⁻¹. Cross-sectional views of acinar 211 212 tissue elastance are provided in Figure 2.

Intratidal variations in model structure or mechanical properties were not considered in order to simplify computation of mechanical impedance and flow distribution in the frequency-domain (2). Additionally, CO_2 transport throughout the airway network was solved as a steady-state problem, i.e., time-averaged throughout the oscillatory ventilation cycle and with CO_2 elimination equal to CO_2 production.

218 Diffusive Transport

To approximate CO₂ diffusion in the tree, we assumed that molar flux of CO₂ in the axial direction of each airway segment due only to diffusive phenomena ($\dot{M}_{seg}^{diff}CO_2$) was proportional to its axial partial pressure difference ($\Delta P_{seg}CO_2$):

$$\dot{M}_{\rm seg}^{\rm diff} \rm CO_2 = \frac{1}{R_{\rm T}^{\rm diff}} \Delta P_{\rm seg} \rm CO_2 \tag{1}$$

222 where $R_{\rm T}^{\rm diff}$ is the diffusive transport resistance:

$$R_{\rm T}^{\rm diff} = \frac{4\mathcal{R}Tl}{\pi d^2 D_{\rm eff}} \tag{2}$$

The \mathcal{R} parameter is the universal gas constant, T is body temperature, and D_{eff} the effective diffusivity constant for CO₂ contained in the airway segment. Under zero-flow conditions, D_{eff} is equal to the molecular diffusivity D_{mol} . However during advective flow, the effective diffusivity D_{eff} includes dispersive components to account for enhanced diffusion resulting from transient velocity profile changes during laminar oscillatory flow (50) or the mixing of eddies during turbulent oscillatory flow (14, 40):

$$D_{\rm eff} = \begin{cases} D_{\rm mol} + D_{\rm dis}^{\rm lam} &, \quad {\rm Re < Re_{\rm crit}} \\ D_{\rm mol} + D_{\rm dis}^{\rm turb} &, \quad {\rm Re \ge Re_{\rm crit}} \end{cases}$$
(3)

where D_{dis}^{lam} and D_{dis}^{turb} are the laminar and turbulent oscillatory dispersion coefficients, respectively, and Re is the Reynolds number given by the airway segment diameter *d*, kinematic gas viscosity *v*, and root-mean-square mean-axial velocity \overline{U}_{RMS} :

$$\operatorname{Re} = \frac{\overline{U}_{\mathrm{RMS}}d}{\nu} \tag{4}$$

The critical Reynolds number ($\text{Re}_{\text{crit}} = 30$) characterizes the transition from laminar to turbulent oscillatory flow (35). While $D_{\text{dis}}^{\text{lam}}$ is dependent on oscillatory frequency (35, 50), $D_{\text{dis}}^{\text{turb}}$ depends only on the root-mean-square mean-axial velocity that characterizes eddy mixing strength (14). To account for additional advective gas mixing at airway bifurcations, we developed a mixing transport resistance ($R_{\text{T}}^{\text{mix}}$) for each segment:

$$R_{\rm T}^{\rm mix} = \frac{\mathcal{R}T}{fV_{\rm mix}} \tag{5}$$

where *f* is the oscillatory frequency of the advective flow waveform in Hz, and V_{mix} is the amplitude of volume flux through the airway segment. Thus, R_T^{mix} characterizes net gas transport from mixing the volume of gas passing completely through an airway segment during each period of oscillatory flow. Therefore R_T^{mix} will be nonzero *only* when this oscillating volume exceeds the volume of the airway segment, V_{seg} , given by:

$$V_{\rm mix} > V_{\rm seg} = \frac{1}{4}\pi d^2 l \tag{6}$$

242 where $V_{\rm mix}$ is:

$$V_{\rm mix} = \frac{\left|\dot{V}_{\rm seg}(f)\right|}{\pi f} - V_{\rm seg} \tag{7}$$

and $|\dot{V}_{seg}(f)|$ is the magnitude of oscillatory flow in the airway segment at frequency f. The mixing transport resistance is derived in more detail in Appendix A-1.

245 The total transport resistance for each airway (R_T^{tot}) is the parallel combination of diffusive 246 and mixing transport resistances:

$$R_{\rm T}^{\rm tot} = \frac{1}{\frac{1}{R_{\rm T}^{\rm diff} + \frac{1}{R_{\rm T}^{\rm mix}}}} = \frac{R_{\rm T}^{\rm diff} R_{\rm T}^{\rm mix}}{R_{\rm T}^{\rm diff} + R_{\rm T}^{\rm mix}}$$
(8)

An upper bound on R_T^{tot} is obtained in the limiting case when $V_{\text{mix}} \to 0$ and $R_T^{\text{mix}} \to \infty$. In this case $R_T^{\text{tot}} = R_T^{\text{diff}}$ and $D_{\text{eff}} = D_{\text{mol}}$.

Once R_T^{tot} is computed for each airway in the network, a mesh analysis (Appendix A-2) forms a system of equations for solving the molar flux of CO₂ at each acinus, given the partial pressure differential between each acinus and the airway opening:

$$\boldsymbol{R}_{\mathrm{T}} \boldsymbol{M} \mathbf{C} \mathbf{O}_{2} = \boldsymbol{\Delta} \boldsymbol{P} \mathbf{C} \mathbf{O}_{2} \tag{9}$$

where \mathbf{R}_{T} is a full matrix of transport resistances (Appendix A-2), $\dot{\mathbf{M}}\mathbf{CO}_{2}$ is a vector of acinar 252 CO₂ molar fluxes (i.e. for the n^{th} acinus: \dot{M}_n CO₂), and ΔP CO₂ is a vector of CO₂ partial pressure 253 differentials between acini and airway opening (i.e. for the n^{th} acinus: $\Delta P_n \text{CO}_2 = P_n \text{CO}_2 - P_n \text{CO}_2$ 254 $P_{ao}CO_2$). Each row of the system corresponds to the mesh formed by the airways connecting a 255 single acinus to the airway opening. The partial pressure of CO2 at the airway opening was 256 assumed to be zero. After solving the system of equations, the CO₂ elimination due to diffusion, 257 dispersion, and mixing $(\dot{V}_n^{\text{DDM}}\text{CO}_2)$ for each acinus can be converted from the molar flux using 258 259 the ideal gas law:

$$\dot{V}_n^{\text{DDM}} \text{CO}_2 = \frac{\mathcal{R}T}{P_{\text{atm}}} \dot{M}_n \text{CO}_2 \tag{10}$$

260 The mesh analysis ensures conservation of mass between CO₂ elimination at the airway opening 261 $(\dot{V}_{ao}^{DDM}CO_2)$ and the sum of $\dot{V}_n^{DDM}CO_2$ across all acini.

262 Advective Transport

263 The distribution of advective flow throughout the airway tree was computed using a recursive flow divider algorithm (10). Direct acinar ventilation occurs when volume amplitudes 264 265 at the airway opening are sufficiently large to allow fresh gas mixing directly with acinar gas during inspiration, effectively bypassing R_T^{diff} and R_T^{mix} in Equation 8. To model this mechanism 266 267 of gas transport, we assume that the volume of fresh gas delivered to each acinus is completely 268 mixed during inspiration, and that the same volume of mixed gas is completely removed during 269 expiration, according to Figure 3. CO₂ elimination due to direct acinar ventilation is computed 270 according to the concept of 'personal dead space', apportion an amount of inspired fresh gas to 271 each individual acinus (13).

In this manner, the dead space of all conducting airways was successively distributed in proportion to the flow distribution through subtending airways until reaching the terminal acini. Thus the distribution of personal dead space is dependent on frequency, in accordance with the distribution of flow. The CO₂ elimination due to direct acinar ventilation $(\dot{V}_n^{\text{DAV}}\text{CO}_2)$ for a particular acinar compartment was determined by comparing its received dead space volume $(V_{\text{D},n}(f))$ to the total volume delivered to that acinus over one period of oscillation:

$$\dot{V}_{n}^{\text{DAV}}\text{CO}_{2} = \frac{P_{n}\text{CO}_{2}}{863}f|V_{\text{F},n}|$$
(11)

where 863 is a conversion factor between partial pressure in mmHg and gas volume fraction¹, $P_n CO_2$ is the partial pressure of acinar CO₂, and $|V_{F,n}|$ is the magnitude of frequency-dependent fresh gas volume delivered to the acinus given by:

$$|V_{F,n}| = \begin{cases} \frac{|\dot{V}_n(f)|}{\pi f} - |V_{D,n}(f)| &, & \frac{|\dot{V}_n(f)|}{\pi f} > |V_{D,n}(f)| \\ 0 &, & \text{otherwise} \end{cases}$$
(12)

281 $|\dot{V}_n(f)|$ is the magnitude of oscillatory flow at frequency *f* in the terminal acinus. Note that if 282 the total volume of inspired gas delivered to an acinus over one period of oscillation is less than 283 the personal dead space of that acinus, there will be no contribution of direct acinar ventilation to 284 CO₂ elimination from that particular acinus. Total dead space volume (*V*_D) was calculated as the 285 sum of all cylindrical airway segment volumes.

286 Total Transport and Eucapnia

Total CO₂ elimination ($\dot{V}_{tot}CO_2$) for the model at a specified frequency was computed from the sum of CO₂ elimination across all *N* acini:

$$\dot{V}_{tot}CO_2 = \sum_{n=1}^{N} \dot{V}_n CO_2$$
 (13)

where *n* indexes individual acini, and the CO₂ elimination in each acinus (\dot{V}_n CO₂) is determined by the sum of CO₂ elimination *via* direct acinar ventilation and by solving the system of transport resistances:

$$\dot{V}_{n} \text{CO}_{2} = \dot{V}_{n}^{\text{DAV}} \text{CO}_{2} + \dot{V}_{n}^{\text{DDM}} \text{CO}_{2} = \frac{P_{n} \text{CO}_{2}}{863} f \left| V_{\text{F},n} \right| + \frac{R_{\text{gas}}T}{P_{\text{atm}}} \dot{M}_{n} \text{CO}_{2}$$
(14)

Equation 14 assumes that each acinar CO₂ partial pressure is equal to its corresponding endcapillary CO₂ partial pressure. Mixed-venous blood was assumed to enter each capillary with 46 mmHg CO₂ partial pressure. However end-capillary CO₂ partial pressure for each acinus is determined by the rates of acinar CO₂ elimination and perfusion. Thus the distribution of P_n CO₂ is dependent on the distribution of acinar CO₂ elimination, and Equation 14 for total CO₂ elimination must be solved iteratively. An optimization routine minimized the error in conservation of mass for each acinar compartment, such that CO_2 elimination *via* ventilation (i.e. Equation 14) was equal to the product of perfusion rate and CO_2 content difference between endcapillary and mixed-venous blood (53). Eucapnic ventilation was assumed to occur when total CO_2 elimination for the model approximately equaled the predicted metabolic CO_2 production for a 25 kg dog $(1.93 \cdot 10^{-3} \text{ L s}^{-1})$ (18).

303 Simulations

The recursive algorithms for computing and storing impedances, and determining advective flow division throughout the tree were written in C++. Computation time for generating advective flow distribution at each distinct f was approximately 3 seconds on a 64-bit computer with an Intel Core i7-950 processor operating at 3.07 GHz with 12 GB RAM. The gas transport model was written and executed in MATLAB (version 7.13, The Mathworks, Inc., Natick, MA). Total computation time for each distinct f and $V_{\rm T}$ gas transport simulation was approximately 300 seconds.

311 The mechanical impedance and ventilation distribution for the model were computed at 115 distinct frequencies, spanning 0.1 Hz to 100 Hz. The resonant frequency ($f_{\rm res}$), at which the 312 313 reactive component of total lung impedance is zero, was determined by interpolation. Gas 314 transport distributions were computed for a range of volume amplitudes at each frequency 315 between 0.1 Hz and 30 Hz, with emphasis on smaller volume amplitudes at higher frequencies. 316 Volume amplitudes were selected between 5 to 600 mL, chosen to ensure that a simulation 317 representative of eucapnic ventilation was computed at each frequency. The tidal volume required for eucapnic ventilation (V_T^{euc}) as a function of frequency was regressed to a power-law 318 319 (47):

$$V_{\rm T}^{\rm euc}(f) = \beta_0 + \beta_1 f^{\beta_2} \tag{15}$$

320 The parameters β_0 , β_1 , and β_2 were estimated using a nonlinear least-squares technique 321 (MATLAB v7.13).

322 To quantify the heterogeneity of ventilation distribution, we examined the amplitude and 323 phase histograms of acinar flows as functions of oscillatory frequency for both health and injured 324 conditions, along with the histograms for acinar CO₂ elimination. Acinar flow magnitudes were 325 normalized relative to the theoretical values obtained for a perfectly symmetric, homogeneous 326 lung with rigid airway walls and no gas compression (i.e., perfectly uniform ventilation 327 distribution). Acinar flow phases were normalized relative to the tracheal flow phase, constrained to be within ± 180 degrees. Bin sizing for normalized acinar flow magnitudes, phases, and $\dot{V}_n CO_2$ 328 329 were 167 per decade, 1.39 per degree, and 167 per decade, respectively.

330 **RESULTS**

331 Validation

332 Figure 4 shows simulation results for $\dot{V}_{tot}CO_2$ as a function of V_T and f during oscillatory 333 ventilation with a single frequency. Simulations are shown for each frequency with increasing $V_{\rm T}$ increments of 5 mL, until $\dot{V}_{\rm tot}CO_2$ exceeded the predicted value for eucapnia. The required 334 CO_2 elimination to maintatin eucapnia ($\dot{V}_{tot}^{euc}CO_2$) is also indicated, as well as $\dot{V}_{tot}CO_2$ produced 335 336 by molecular diffusion only (i.e. zero-flow conditions) which establishes the lower bound of CO₂ elimination regardless of $V_{\rm T}$ or f. There are noticeably different behaviors for $\dot{V}_{\rm tot}CO_2$ with 337 338 respect to $V_{\rm T}$ and f. Specifically, there are certain ranges of volume amplitudes for which 339 certain gas transport mechanisms dominate the others: starting from the lower bound molecular diffusion, there are dramatic increases in $\dot{V}_{tot}CO_2$ with the advent of oscillatory dispersion, followed by turbulent dispersion, advective mixing at bifurcations, and finally direct acinar ventilation. These ranges were identified by iteratively eliminating specific gas transport mechanisms from the model, and then resimulating $\dot{V}_{tot}CO_2$.

Figure 5 shows V_T^{euc} as a function of frequency over localized frequency domains 0.1 Hz < 344 f < 1 Hz and 2 Hz < f < 30 Hz. Regression curves are extended beyond the fit domains to 345 346 demonstrate the relative reductions in required volume amplitudes that occur inside each range 347 compared to the extrapolated fit of the other range. Parameter estimates are provided in Tables 1 348 and 2. Expected values for low-frequency gas exchange (i.e., 0.1 Hz < f < 1 Hz) are derived 349 from standard equations of gas exchange during conventional mechanical ventilation and 350 spontaneous breathing (Appendix A-3). Expected values for high frequency gas exchange (i.e., 351 2 Hz < f < 30 Hz) are obtained from previous experimental studies.

Figure 6 shows a comparison between these interpolated eucapnic simulation results and experimental data from Venegas *et al.*, converted to dimensionless equations of gas exchange (47):

$$Q = \frac{f V_{\rm T}^{\rm euc}(f)}{\dot{V}_{\rm A}} \tag{16}$$

$$\mathcal{F} = \frac{fV_{\rm D}}{\dot{V}_{\rm A}} \tag{17}$$

where Q and \mathcal{F} are the normalized flow cost and normalized frequency, respectively, and \dot{V}_A is the total acinar ventilation required for eucapnia:

$$\dot{V}_{\rm A} = \left(863 \frac{\dot{V}_{\rm tot}^{\rm euc} \rm CO_2}{P_{\bar{a}} \rm CO_2}\right) \tag{18}$$

where $P_{\bar{a}}CO_2$ is the eucapnic partial pressure of CO_2 in mixed arterial blood. The low-frequency relationship $Q = 1 + \mathcal{F}$ corresponds to theoretical gas exchange primarily *via* direct acinar ventilation, whereas the high-frequency relationship $Q = 0.40\mathcal{F}^{0.54}$ is a regression to experimentally acquired data (47). The model accurately predicts the transition from lowfrequency to high-frequency gas exchange behavior, and simulation results demonstrate close qualitative and quantitative agreement with the experimental data of Venegas *et al.* (47), deviating at the highest frequencies ($\mathcal{F} > 60$, or f > 12.8 Hz).

364 Impact of Heterogeneity

365 Figure 7 shows five transverse model cross sections that are color-coded to depict the 366 distribution of normalized acinar flows, along with acinar CO₂ elimination rates, for frequencies 367 between 0.2 Hz and 30 Hz. Acinar flow magnitudes were normalized relative to their 368 corresponding values for a perfectly symmetric, homogeneous lung with rigid airway walls and 369 no gas compression. The distribution of acinar CO₂ elimination was normalized to the total CO₂ 370 elimination divided by the number of acini. The coefficients of determination between acinar flow magnitude and CO₂ elimation (r^2) at each frequency and condition is also shown. Acinar 371 CO2 elimination was positively correlated with acinar flow magnitude for either condition, 372 373 although the correlation tended to decrease with increasing frequency. Gravitational gradients 374 are apparent at low frequencies for the healthy condition, which diminish with increasing frequency. For the injured condition, the distributions of both flow and CO₂ elimination were 375 spatially concordant with the distribution of acinar tissue stiffness (Figure 2) for the frequencies 376 377 shown.

378 Figure 8 shows two-dimensional histograms of normalized acinar flow magnitude and phase 379 distributions for healthy and injured conditions, along with the acinar CO₂ elimination 380 distribution from 0.1 Hz to 100 Hz. Acinar flow phase was normalized relative to the 381 corresponding tracheal flow phase, constrained to be within $\pm 180^{\circ}$. The histograms are color-382 coded based on the percentage of acini in the model. For frequencies less than resonance, 383 ventilation distribution is largely frequency-independent. However when the oscillatory 384 frequency exceeds the resonance, ventilation distribution becomes both frequency-dependent and 385 heterogeneous, even for the mechanically homogeneous healthy case. The low-frequency 386 ventilation distribution is much more homogeneous for the healthy case compared to the injured 387 case, as expected. However the effect of high frequency on ventilation heterogeneity is 388 comparable between the two conditions, in both cases increasing heterogeneity with increasing 389 $f > f_{res}$. Above f_{res} the mean normalized acinar flow magnitude exceeded unity, indicating that 390 the sum of acinar flow magnitudes was greater than the tracheal flow magnitude. The increase in mean acinar flow magnitudes above f_{res} is coincident with increased acinar phase variance. 391 392 Multi-modal patterns were also visible in histograms, reflecting large groups of acini with similar 393 frequency-dependent behavior.

To determine whether such multi-modality in ventilation distribution was consistent with anatomic grouping, we color coded individual acini according to the frequency at which they experienced either a local minimum (f_{min}) or maximum (f_{max}) normalized flow magnitude. Figure 9 shows the spatial anatomic distributions of f_{min} and f_{max} for the three-dimensional model. Spatially-organized clusters of acini with the same f_{min} or f_{max} values are immediately apparent, implying that over-ventilation and under-ventilation may manifest simultaneously in clusters of the lung, in a frequency-dependent manner. The particular pattern of clustering was 401 similar between the healthy and injured conditions, despite substantial differences in the402 distribution of tissue elastance (Figure 2).

403 **DISCUSSION**

404 In this study, we developed an anatomic computational model of gas exchange during 405 oscillatory ventilation by incorporating mechanical impedance and pertinent gas transport 406 mechanisms over a wide range of frequencies. The dominant mechanism of gas transport 407 exhibits strong scaling dependence on $V_{\rm T}$, with transitions from molecular diffusion near zero-408 flow conditions to laminar oscillatory dispersion, then turbulent dispersion, then advective 409 mixing at bifurcations, and finally direct acinar ventilation at the largest $V_{\rm T}$. The transition from 410 laminar dispersion to turbulent dispersion is determined by a critical Reynolds number, which was set at $\text{Re}_{\text{crit}} = 30$ (35). Values of Re are proportional to the root-mean-square axial flow 411 412 velocity, which implies dependence on both volume amplitude and oscillatory frequency. 413 Therefore, the transition from laminar to turbulent dispersion will occur at different volume 414 amplitudes for each frequency. Laminar oscillatory dispersion alone is not sufficient to provide 415 eucapnic ventilation at a reasonably small $V_{\rm T}$ for any f in the simulated range between 0.1 Hz 416 and 30 Hz. By contrast, the transition to turbulence yields about an order-of-magnitude increase in $\dot{V}_{tot}CO_2$, such that for high frequencies (f > 10 Hz), adequate $\dot{V}_{tot}CO_2$ is achieved primarily 417 418 via dispersion.

For intermediate frequencies (between 1 Hz to 10 Hz), mixing at bifurcations contributes the most to eucapnic ventilation, nearly doubling $\dot{V}_{tot}CO_2$ compared to dispersion alone. The transition from dispersion-dominated to bifurcation-mixing-dominated gas transport occurs at a constant V_T between 50 mL and 60 mL across all frequencies. The trachea of our canine model has a lumenal volume of 56.3 mL, which is by far the largest volume of any airway in the tree: the next largest is 6.5 mL, followed by 2.2 mL. Thus we may safely assume that advective mixing at airway bifurcations in the model has the greatest effect on total gas transport for $V_{\rm T}$ larger than tracheal volume.

427 The final transition in dominant gas transport mechanisms is attributable to the increasing prevalence of direct acinar ventilation. Occurring only at the largest $V_{\rm T}$, this mechanism requires 428 429 a front of fresh gas to move directly between the airway opening and the acinar compartments, 430 producing substantial gas transport via advection. The transition to direct acinar ventilation 431 occurs more over a wider range of $V_{\rm T}$ compared to the other mechanisms, due to differences in 432 the ventilation distribution as well as the distribution of path lengths. The impact of direct acinar 433 ventilation on gas transport is also much larger than that of any other mechanism for CO₂ 434 elimination by almost an order-of-magnitude.

The last two transitions seem to have constant $V_{\rm T}$ thresholds, whereas the diffusion and dispersion transitions are *f*-dependent as well as $V_{\rm T}$ -dependent. This can be explained by the physical dependence of direct acinar ventilation and bifurcation mixing on the size and arrangement of dead space in the conducting airways, whereas dispersion depends more strongly on the magnitude, frequency, and cross-sectional profile of the flow waveform.

Pendelluft occurs when lung regions with differing mechanical time constants oscillate outof-phase with respect to each other, resulting in increased intrapulmonary gas mixing and homogenization (16, 29). In this model of time-averaged gas transport, pendelluft manifests as increased acinar phase variance and flow magnitude, as shown in Figure 8. Gas mixing is increased between lung regions oscillating out-of-phase, due to increased flow magnitude in each region. The simulations performed in this study indicate that pendelluft occurs primarily above the resonant frequency, consistent with experimental findings of phase variance usingstroboscopic measurements of the lung surface (27) and alveolar pressure capsules (15).

448 Validation

449 Simulations from this canine lung model, under healthy conditions with near homogeneous 450 mechanical properties, exhibit agreement with experimental results regarding the behavior of $\dot{V}_{tot}CO_2$ with respect to f, V_T , and V_D (47). Low-f gas exchange is dominated by direct acinar 451 452 ventilation. The personal dead space and alveolar mixing models demonstrate concordance with 453 expected behavior of CO₂ elimination during conventional mechanical ventilation and 454 spontaneous breathing. Theoretical predictions and empirical findings for power-law behavior of 455 high- $f CO_2$ elimination are relatively more inconsistent by comparison. In general it is accepted 456 that $\dot{V}_{tot}CO_2$ depends more strongly on V_T than on f according to:

$$\dot{V}_{\text{tot}} \text{CO}_2 \propto f^a V_{\text{T}}^b$$
 (19)

457 with a < b (31). The exponent values obtained from these simulations are within the range of 458 values provided in the literature (9, 47).

459 Considering the normalized representation of flow cost vs. frequency used by Venegas et al. 460 (47), the simulation results are in close qualitative and quantitative agreement with experimental 461 results. However our simulations underestimated the normalized flow $\cot Q$ at the highest 462 frequencies (i.e. $\mathcal{F} > 60$, or f > 12.8 Hz) in animals. This discrepancy may be attributed to an 463 overemphasized effect of turbulent dispersion in the model, and may be improved by the finetuning of a scaling parameter used to calculate D_{dis}^{turb} . In previous studies, Fredberg used an 464 465 order of magnitude approximation to set the scaling parameter equal to unity (14), while Slutsky 466 et al. used an average value obtained from inspiratory and expiratory flows in a mechanical 467 model (34, 35). It is possible that more accurate values of the scaling parameter during the 468 turbulent flows of high frequency oscillatory ventilation may be obtained through either 469 experiment or through computational fluid dynamics (CFD) simulation.

470 Impact of Heterogeneity and Frequency Selection during HFOV

471 We can make several predictions about the impact of frequency selection on ventilation 472 heterogeneity during HFOV, by jointly observing the frequency-dependence of the acinar flow distribution, acinar $\dot{V}_n CO_2$ distribution, and total eucapnic volume amplitude. The resonant 473 frequency f_{res} marks the transition from elastically-dominated to inertially-dominated flow. For 474 475 frequencies less than f_{res} , flow distribution heterogeneity is frequency-independent, and 476 determined primarily by the distribution of resistive and elastic properties. For frequencies 477 greater than f_{res} , the transition to frequency-dependent flow heterogeneity suggests that local 478 transitions from elastically-dominated to inertially-dominated flow occur at different frequencies 479 throughout the lung, depending on local mechanical, geometrical, and topological properties. 480 The multi-modal behavior of the flow heterogeneity (Figure 8) and the spatial distributions of 481 f_{\min} and f_{\max} (Figure 9) suggest that frequency-dependent behavior of the flow distribution is regionally clustered. Note that two acini sharing the same value of f_{max} does not imply also 482 sharing the same value of f_{\min} , suggesting that subtle differences between mechanical properties 483 484 of neighboring acini produce noticeable differences in frequency-dependence of ventilation 485 distribution. Furthermore the healthy and injured conditions exhibited similar clustering, 486 suggesting that the frequency-dependent behavior of ventilation distribution is largely 487 determined by airway properties affecting inertance (i.e. airway size, path-length between airway 488 opening and acinus, airway network topology) rather than tissue properties in this particular 489 model of injury.

490 The transition from low-f to high-f gas exchange, which occurs between 0.5 Hz and 5 Hz in our canine model, is associated with increased acinar $\dot{V}_n CO_2$ heterogeneity despite no change in 491 492 flow distribution heterogeneity. This can be explained by the non-uniform distribution of 493 personal dead space across the acini. Even if flow is distributed uniformly, differences in path-494 length, airway network symmetry, and airway sizes cause some acini to receive less fresh gas per 495 oscillatory period than others. As the rate of ventilation increases, the tidal volume required for 496 eucapnia decreases, and the acini with large personal dead space do not participate in direct 497 acinar ventilation. A bimodal distribution of acinar CO₂ elimination exists over the transition 498 range 0.5 Hz < f < 5 Hz, with one mode corresponding to acini receiving direct acinar 499 ventilation and the other mode correspond to acini eliminating CO₂ only via mixing and 500 dispersion. For example, the fraction of acini receiving direct acinar ventilation in the healthy 501 simulations reduced to 50% at 1.6 Hz, and 0% at 5 Hz. In this range of frequencies, increased acinar $\dot{V}_n CO_2$ heterogeneity gives the appearance of increased ventilation-to-perfusion 502 mismatching. The effects of frequency-dependent transitioning from direct acinar ventilation to 503 504 mixing and dispersion observed in these simulations are consistent with the results of washout imaging reported by Venegas et al. (49), whose findings were supported by a simplified model 505 506 with heterogeneous dead space. Achieving increased direct acinar ventilation at higher 507 frequencies, and thereby reducing the tidal volume required for eucapnia, may be possible 508 through the use of specialized ventilation apparatus designed to minimize dead space of the 509 ventilator tubing and upper respiratory tract (44).

510 The selection of an optimal frequency for delivering HFOV may be described as a multi-511 objective optimization problem, wherein one objective is to minimize the volume amplitude and 512 another objective is to minimize ventilation heterogeneity. Lower frequencies ($f < f_{res}$) require greater volume amplitudes, thus increasing the risk of overdistension in the presence of lung injury. High frequencies ($f > f_{res}$) minimize the volume amplitude required for eucapnia, yet increase acinar flow heterogeneity and consequently acinar $\dot{V}_n CO_2$ heterogeneity. Based on these simulations, we predict that optimal HFOV for this canine model is delivered using frequencies slightly less than f_{res} . This range provides the best compromise between minimizing both volume amplitude and ventilation heterogeneity in the simulated canine lungs.

519 The spatial distributions shown in Figure 7 demonstrate spatial concordance between 520 regional acinar flow and CO₂ elimination, consistent with experimental studies combining 521 positron emission and X-ray computed tomographies (21, 43, 55). The positive correlation 522 between flow and CO₂ elimination decreased at higher frequencies, likely due to the diminishing 523 influence of direct acinar ventilation and bulk transport on CO₂ elimination. Simulations from 524 the healthy condition demonstrate a transition from elastically-dominated flow and CO₂ 525 elimination at low frequencies (as indicated by the influence of gravity on these distributions), to variable regional ventilation at higher frequencies. That is, the same lung region can experience 526 527 a larger share of total ventilation at one particular frequency, yet smaller shares at others. This phenomenon yields the clustering of regionally preferred frequencies f_{max} as shown in Figure 9. 528 529 This finding suggests that a combination of multiple frequencies delivered simultaneously may 530 produce more uniform overall ventilation (23).

531 Limitations

Despite the complexity of our model in terms of structural geometry, topology, fluid flow, and gas transport, there are numerous assumptions and simplifications that limit the physiologic interpretation of these results. The pathophysiologic features of ARDS are not realistically described by a simple altered distribution of tissue elastances. The model also does not account 536 for derecruitment, perfusion shunting, or any changes in airway mechanics. Furthermore the 537 model ignores intratidal variations in mechanics, which are especially relevant to overdistension 538 and cyclic derecruitment (2, 5).

539 Another assumption, that mixed-venous blood has a constant partial pressure of CO₂ in all 540 simulations, restricts the applicability of these simulations to eucapnic conditions and short time scales; that is, all simulations are executed to calculate an instantaneous $\dot{V}_{tot}CO_2$ under the 541 542 premise that mixed-venous CO₂ partial pressure is uniformly 46 mmHg throughout the lung. If the value of instantaneous $\dot{V}_{tot}CO_2$ calculated in this manner for any waveform is equal to the 543 544 rate of CO₂ production by metabolism, then that waveform will maintain equilibrium of arterial 545 CO₂ partial pressures. Also the assumed boundary condition used at the airway opening (i.e., $P_{ao}CO_2 = 0$ mmHg) neglects the additional dead space of the upper airways or an endotracheal 546 547 tube. Thus we expect our results to slightly underestimate the volume amplitudes required for 548 eucapnic ventilation. The close agreement between simulation results and the experimental data 549 of Venegas et al. (47) may be due in part to the latter's use of specialized oscillatory apparatus 550 that delivered fresh gas directly to the trachea, bypassing the dead space upper airways (44). 551 Boundary conditions at the acinar level do not include the effects of acinar interdependence (28), 552 collateral ventilation (4), or pleural surface interactions at the chest wall, diaphragm, or between 553 lobes (48).

The model of airway segment impedance used in this study (10) was intended to characterize flow phenomena up to the lower end of the acoustic range (*i.e.* up to 100 Hz), assuming Womersley-type oscillatory flow (42, 54) and isothermal gas compression. Admittedly, the lumped longitudinal and shunt airway segment impedances are simplifications of actual fluid mechanical descriptions of oscillatory flow. The isothermal gas compression compliance used in 559 our model is also a limiting case of the full thermodynamic expression (6). The model is also 560 limited in that it does not include other potentially influential gas transport mechanisms, such as 561 asymmetric velocity profiles at bifurcations, differences between inspiratory and expiratory 562 velocity profiles, or cardiogenic mixing (9). Furthermore the included transport mechanisms are 563 assumed to superimpose linearly, except for direct acinar ventilation (which is inherently non-564 linear due to complete CO_2 removal at the airway opening). Despite limiting the scope of these 565 modeled mechanisms for the sake of parsimony, this work does provide comparable results to 566 previous experimental work using HFOV in dogs (15, 27, 45).

567 Aside from these limitations, there are several important considerations regarding the 568 applicability of these canine simulations to mechanical ventilation in humans. Differences in 569 anatomic structure of the canine airway tree compared to that of humans, such as increased 570 branching asymmetry and dead space relative to body weight, will also yield differences in 571 airway resistance, resonant frequency, and the transition frequency from conventional ventilation 572 to HFOV (47). Moreover the influence of frequency on the pressure cost of ventilation, as well 573 as on the distribution of gas transport, may be altered in humans compared to dogs particularly at 574 high frequencies (46). Clinically relevant predictions for optimal frequency selection during 575 HFOV may be obtained using this gas transport model in airway structures based on human 576 anatomy.

577 Conclusion

578 Oscillatory frequency has a substantial impact on ventilation distribution. The total tidal 579 volume required to maintain eucapnia decreases with frequency. Thus increasing oscillatory 580 frequency may minimize the risks associated with excessive volume distension. However 581 increasing frequency may not be a universally appropriate ventilator management strategy, since frequency-dependent transitions from elastically-dominated to inertially-dominated ventilation distribution results in over-ventilation and under-ventilation simultaneously in different lung regions. Transitions in gas transport mechanisms also induce frequency-dependent heterogeneity in ventilation distribution, which may result in ventilation-to-perfusion mismatching and impairments in gas exchange. Thus it is essential to consider these multiple interdependent factors when selecting frequency during oscillation of the injured lung.

589 APPENDIX

590 A-1. Derivation of Mixing Transport Resistance

591 Consider an example bifurcation given by three cylindrical airway segments meeting at a central node. The CO₂ concentration at the central node is given by C_0CO_2 , with concentrations 592 593 at the distal end of each of the three adjoining airway segments (i = 1, 2, 3) given by $C_1 CO_2$, C_2CO_2 , and C_3CO_2 . In the absence of diffusion and dispersion, the time-averaged value of 594 C_0CO_2 is given by a weighted average of the neighboring concentrations C_iCO_2 , for i = 1, 2, 3. 595 596 Also assume that the weighting of each neighboring CO₂ concentration is proportional to the rate 597 at which the mixing volume $(V_{\min,i})$ passes completely through its respective airway segment. The $V_{\text{mix},i}$ is given by the (strictly) positive difference between the magnitude of total oscillating 598 volume in the segment $|V_{\text{osc},i}|$ and the segment lumenal volume itself $(V_{\text{seg},i})$: 599

$$V_{\text{mix},i} = \max(|V_{\text{osc},i}| - V_{\text{seg},i}, 0)$$
(A-1)

600 where max(...) indicates the maximum value of the enclosed arguments. The weighted 601 averaged concentration at the central node is then:

$$C_0 \text{CO}_2 = \frac{\sum_{i=1}^3 f V_{\text{mix},i} C_i \text{CO}_2}{\sum_{i=1}^3 f V_{\text{mix},i}}$$
(A-2)

where f is the oscillation frequency. This weighting scheme ensures that: (1) airway segments receiving *greater* proportions of incoming oscillatory gas flow provide *greater* contributions to mixing at the bifurcation, and (2) airway segments receiving oscillatory gas volumes *less* than their respective lumenal volumes do *not* contribute to mixing at the bifurcation. Converting CO₂ concentrations to partial pressures based on the ieal gas law, we obtain:

$$P_0 \text{CO}_2 = \frac{\sum_{i=1}^3 \frac{f V_{\text{mix},i}}{\mathcal{R}T} P_i \text{CO}_2}{\sum_{i=1}^3 \frac{f V_{\text{mix},i}}{\mathcal{R}T}}$$
(A-3)

where \mathcal{R} is the universal gas constant and T is the gas temperature. We assume that this mixing transport mechanism can be characterized by a transport resistance, such that the CO₂ molar flux in any airway segment ($\dot{M}_i^{mix}CO_2$) is proportional to the mixing transport resistance for that airway ($R_{T,i}^{mix}$). The axial CO₂ partial pressure difference from the distal end of each airway segment to the central node is given by $P_iCO_2 - P_0CO_2$. Since each CO₂ partial pressure differential is defined relative to the central node, conservation of mass of the CO₂ molar flux at the central node yields:

$$\sum_{i=1}^{3} \dot{M}_{i}^{\text{mix}} \text{CO}_{2} = \sum_{i=1}^{3} \frac{P_{i} \text{CO}_{2} - P_{0} \text{CO}_{2}}{R_{\text{T},i}^{\text{mix}}} = 0$$
(A-4)

614 Rearranging Equation A-4 to solve for the CO₂ partial pressure at the central node yields:

$$P_0 \text{CO}_2 = \frac{\sum_{i=1}^3 \left[\left(\frac{1}{R_{\text{T},i}^{\text{mix}}} \right) P_i \text{CO}_2 \right]}{\sum_{i=1}^3 \left(\frac{1}{R_{\text{T},i}^{\text{mix}}} \right)}$$
(A-5)

615 Combining Equations A-3 and A-5, it can be demonstrated that $R_{T,i}^{mix}$ is inversely proportional to 616 the weighting factor:

$$R_{\mathrm{T},i}^{\mathrm{mix}} = \epsilon \frac{\mathcal{R}T}{fV_{\mathrm{mix},i}} \tag{A-6}$$

617 where ϵ is a constant of proportionality characterizing the completeness with which $V_{\text{mix},i}$ is 618 homogenized between neighboring nodes. Very large ϵ yields $R_{\text{T},i}^{\text{mix}}$ approaching infinity, 619 resulting in no mixing and no transport. In the current study we have assumed complete 620 homogenization of $V_{\text{mix},i}$ such that ϵ is unity, and Equation A-6 becomes:

$$R_{\mathrm{T},i}^{\mathrm{mix}} = \frac{\mathcal{R}T}{fV_{\mathrm{mix},i}} \tag{A-7}$$

621

622 A-2. Mesh Analysis of Transport Resistance Network

The transport resistance R_T^{tot} of an airway segment relates the molar flux \dot{M} and CO₂ partial pressure differential ΔPCO_2 in the axial direction. For a network of branching airways, a system of linear ordinary differential equations can be easily solved. A mesh analysis of the system ensures conservation of mass, such that the sum of molar fluxes through the airway opening and every terminal airway segment is zero. The molar fluxes at the proximal node of every acinus are chosen as state variables, and the system of equations is expressed in matrix notation as:

$$R_{\rm T}\dot{M}{\rm CO}_2 = \Delta P{\rm CO}_2 \tag{A-8}$$

where each row of the system corresponds to the mesh formed by the airways connecting a single acinus to the airway opening. Accordingly, each term in ΔPCO_2 corresponds to total CO₂ partial pressure loss between an n^{th} acinus and the airway opening $P_nCO_2 - P_{ao}CO_2$, and the corresponding n^{th} row of the matrix product $R_T \dot{M}CO_2$ corresponds to the sum of partial pressure losses due to transport resistance in each airway between that n^{th} acinus and the airway opening.

The matrix \mathbf{R}_{T} is completely dense, because the transport resistance of the trachea $R_{T,\text{trachea}}^{\text{tot}}$ is included in every mesh. In other words, every path from an acinus to the airway opening includes the same partial pressure loss over the trachea, which is equal to $R_{T,\text{trachea}}^{\text{tot}} \sum_{n=1}^{N_{\text{acn}}} \dot{M}_n \text{CO}_2$ where *n* indexes all individual acini. A simple example of an airway network and corresponding 638 system of equations is provided in Figure A-1. Because matrix R_T is completely dense, memory 639 cost may be substantial for large numbers of airways. However R_T is symmetric and can be 640 stored and solved efficiently using dedicated algorithms for symmetric matrices.

An alternative to mesh analysis is nodal analysis, which involves choosing the state variables as the partial pressures at the proximal node of every airway segment. Nodal analysis forms a system of equations using conservation of mass applied to each individual node, which produces a sparse coefficient matrix. However, small numerical inaccuracies at each node can result in substantial discrepancies between the flux at the airway opening and the total flux across the acini. Thus, mesh analysis is preferred.

647 A-3. Expected Low-Frequency Gas Exchange Behavior

Expected values for low-frequency gas exchange (i.e. 0.1 Hz < f < 1 Hz) are derived from standard equations of gas exchange physiology during conventional mechanical ventilation and spontaneous breathing. Given the assumption that CO₂ elimination is dominated by direct alveolar ventilation and is therefore proportional to alveolar ventilation, we have:

$$\dot{V}_{\text{tot}}^{\text{euc}} \text{CO}_2 \propto f(V_{\text{T}}^{\text{euc}} - V_{\text{D}})$$
 (A-9)

The PCO₂ equation relates the eucapnic alveolar ventilation (\dot{V}_A) and CO₂ elimination rate ($\dot{V}_{tot}^{euc}CO_2$) to alveolar CO₂ partial pressure, assumed equal to arterial CO₂ partial pressure ($P_{\bar{a}}CO_2$):

$$\frac{\dot{V}_{\text{tot}}^{\text{euc}}\text{CO}_2}{\dot{V}_A} = \frac{\dot{V}_{\text{tot}}^{\text{euc}}\text{CO}_2}{f(V_T^{\text{euc}} - V_D)} = \frac{P_{\bar{a}}\text{CO}_2}{863}$$
(A-10)

where 863 is a conversion factor between partial pressure in mmHg and gas volume fraction, accounting for the difference between $\dot{V}_{tot}^{euc}CO_2$ in L s⁻¹ at standard temperature and pressure dry 657 air, and \dot{V}_A in L s⁻¹ at body temperature and pressure air saturated with water vapor. Equation A-658 10 can be rearranged in the form of the power-law regression in Equation 15, such that:

$$V_{\rm T}^{\rm euc} = V_{\rm D} + \left(\frac{863}{P_{\bar{\rm a}}{\rm CO}_2}\dot{V}_{\rm tot}^{\rm euc}{\rm CO}_2\right)f^{-1} \tag{A-11}$$

659 Thus, the expected values for the power-law regression parameters for Equation 15 are $\beta_0 = V_D$,

660
$$\beta_1 = \left(\frac{863}{P_{\overline{a}}CO_2}\dot{V}_{tot}^{euc}CO_2\right)$$
, and $\beta_2 = -1$.

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671

673 FOOTNOTES

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¹ The conversion factor accounts for the difference between standard temperature and pressure dry (STPD) air and body temperature and pressure air saturated with water vapor (BTPS).

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810 FIGURE CAPTIONS

Figure 1: Central airways of a canine lung as segmented from an X-ray computed tomographic scan in a supine dog (left) and resulting anatomically-based three-dimensional airway network (right) generated using a space-filling algorithm (38, 39).

814 Figure 2. Transverse cross sections of simulated regional acinar tissue stiffness for healthy 815 (upper) and injured (lower) conditions, spatially interpolated between acinar elements for 816 visualization.

Figure 3: Direct acinar ventilation is modeled by assuming complete mixing within each n^{th} terminal acinus of inspired fresh gas $(V_{\text{F},n})$, inspired dead space gas $(V_{\text{D},n})$, and residual volume $(V_{\text{A},n})$. The concept of "personal dead space" is used to distribute the total dead space (V_{D}) throughout all acini in proportion to the magnitude of the ventilation distribution (13).

Figure 4: Simulation results for $\dot{V}_{tot}CO_2$ as a function of V_T and f. Solid black horizontal line represent the lower bound of total CO₂ elimination due solely to molecular diffusion (i.e., zeroflow conditions), while the dashed horizontal line represents total CO₂ elimination to achieve eucapnea for a 25 kg dog. Text labels indicate dominant gas transport mechanism during 0.1 Hz oscillation.

Figure 5: Simulation results representing model predictions for eucapnic ventilation at various single frequencies of oscillation (dashed black lines). Dotted vertical black lines represent the resonant frequency (f_{res} : elastic and inertial components of impedance equal and opposite). Model predictions of tidal volume required for eucapnic ventilation derived from power-law regressions over low frequencies (purple: $0.1 \le f \le 1$ Hz) and high frequencies (blue: $2 \le f \le 30$ Hz).

Figure 6: Comparison between simulation results and experimental data of Venegas *et al* (47). The axes are dimensionless variables of frequency (\mathcal{F}) and flow (\mathcal{Q}). The black lines correspond to theoretical predictions of low-frequency gas exchange (dashed) and regression to experimental HFOV data (solid). The red line represents the simulations results interpolated at eucapnic conditions.

Figure 7. Transverse cross sections of simulated regional acinar flow magnitude (left) and CO₂ elimination (right) at selected oscillatory frequencies, for healthy (upper) and injured (lower) conditions, spatially interpolated between acinar elements for visualization. Coefficients of determination (r^2) between acinar flow magnitude and CO₂ elimination are shown at the far right.

Figure 8: Simulation representing model predictions for eucapnic ventilation versus oscillatory frequency. Horizontal axes are aligned, dashed black lines represent the resonant frequency $(f_{res}: elastic and inertial components of impedance equal and opposite).$ Acinar flow magnitude, flow phase, and CO₂ elimination are normalized as described in the text.

Figure 9: (A) Frequencies of maximum and minimum normalized flow magnitude, shown for clarity in the context of a single acinus. (B) Frequencies of maximum (top) and minimum (bottom) normalized flow magnitude, represented spatially for every acinus, using consistent coloring according to the scale provided in (A). Acinar flow magnitude is normalized to the uniform distribution (unity corresponds to tracheal magnitude divided by total number of acini). Acini which do not exhibit a local minimum or maximum within the range of frequencies 852 simulated are shown in black. The gravitational vector points out of the page, towards the853 reader.

- 854 Figure A-1: Example airway network and corresponding system of equations for solving molar
- 855 flux of CO₂ out of each acinus, according to Equation A-8. This network comprises 5 airways,
- 856 terminating in 3 acini.

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Parenchymal Strain vs. Strain Rate During Multi-Frequency Oscillatory Ventilation

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ABSTRACT:

Introduction: Ventilator-induced lung injury (VILI) in mechanically ventilated patients may result from extreme stresses, strains, and strain rates associated with parenchymal overdistension, as well as repetitive alveolar collapse and reopening. High frequency oscillatory ventilation (HFOV) is an alternative lung-protective ventilation strategy, which attempts to minimize VILI using small volume amplitudes delivered at high frequencies (2 to 20 Hz). However oscillatory ventilation at a single discrete frequency is distributed non-uniformly and in a frequencydependent manner, especially in the mechanically heterogeneous lung. In a previous study, we demonstrated that lung function and gas exchange can be significantly improved if volume oscillations are applied at multiple simultaneous frequencies, rather than at a single discrete frequency (Kaczka et al. Anesthesiology 123:1394-1403, 2015). We refer to this unique ventilatory modality as 'Multi-Frequency Oscillatory Ventilation' (MFOV), and propose that improved physiologic outcomes arise from the more even distribution of ventilation, in accordance with local lung mechanical properties. In the present study, we hypothesized that the spectral content of MFOV waveforms can be further tuned according to the relative contributions of acinar strain vs. strain rate to VILI. We developed a computational model of the porcine lung to investigate the potential for minimizing distributed acinar strains and strain rates during MFOV. Methods: The computational model was constructed using a central airway tree segmented from a computed tomographic image of a supine pig, with algorithmically generated peripheral airways. The model consisted of 60,494 airway segments in total, with 30,243 viscoelastic acini. Eucapnic ventilation was simulated using a Monte Carlo technique to select from over one thousand MFOV waveforms consisting of four frequencies (5, 10, 15, and 20 Hz), with randomized volume amplitudes and phases. Corresponding distributions of acinar strains and strain rates throughout the model were determined for each MFOV waveform, and used to compute a cost function defined by weighting terms to emphasize the percent contributions of parenchymal strain vs. strain rate to VILI. Results: Our simulations demonstrated that MFOV waveforms were superior to traditional singlefrequency HFOV for minimizing strain and strain rate in both healthy and injured lungs. Optimized volume amplitudes at each frequency in the

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MFOV waveform were modulated according to the relative cost function weighting of strain and strain rate, as well as the degree of lung mechanical heterogeneity (Figure 1). Increasing contribution of strain rate to VILI (as opposed to strain) resulted in decreasing volume amplitudes at higher frequencies for the optimized MFOV waveforms. **Conclusion**: These simulations indicate that frequency content in MFOV waveforms may be tuned to minimize the relative contributions of parenchymal strain and strain rate. Our unique approach may allow for the selection of patient-specific optimized MFOV waveforms, especially when combined with experimental evidence to justify physiologically-



relevant emphasis on strain vs. strain rate to minimize risk for VILI.

SUMMARY:

Multi-Frequency Oscillatory Ventilation (MFOV) has been demonstrated to improve physiologic outcomes in heterogeneous lungs, due to more even distribution of ventilation. In this computational modeling study of the porcine lung, we demonstrate that the spectral content of MFOV waveforms can be further optimized, according to the relative contributions of parenchymal strain vs. strain rate to ventilator-induced lung injury.

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