AWARD NUMBER: W81XWH-14-1-0401

**TITLE:** Topical Modulation of the Burn Wound Inflammatory Response to Improve Short and Long Term Outcomes

PRINCIPAL INVESTIGATOR: Saman Arbabi

**CONTRACTING ORGANIZATION: University of Washington Seattle, WA 98104** 

**REPORT DATE: Dec 2018** 

**TYPE OF REPORT: Final Report** 

**PREPARED FOR:** U.S. Army Medical Research and Material Command Fort Detrick, MD 21702-5012

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#### REPORT DOCUMENTATION PAGE

Form Approved OMB No. 0704-0188

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#### 1. INTRODUCTION:

Approximately 500,000 Americans suffer burn injuries with an estimated 3,500 deaths annually. Widespread makeshift bombs contribute to burns and large wounds being one of the significant causes of warfighter causalities. The magnitude and impact of burns can be devastating as large numbers causalities occur simultaneously. Secondary organ damage and failure frequently occurs after injury. Moreover, wound complications such as hypertrophic scars may cause significant morbidity, disabling loss of function, extended difficult recovery times, dramatically affecting the patient's quality of life physically. We investigated a topical therapy that is easy to apply and can be used by a wider range of health care providers in a mass-casualty incident.

#### 2. KEYWORDS:

Wounds, Burn, topical, wound healing, inflammatory signaling, Mitogen activated protein kinase, hypertrophic scar, p38, combat casualty, treatment, organ failure, systemic inflammatory response syndrome, thermal injury, wound model, intervention

#### 3. ACCOMPLISHMENTS:

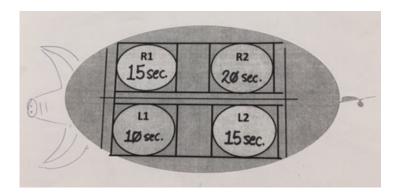
#### What were the major goals of the project?

- 1. Establish the female red Duroc pig model burn model as the appropriate wound healing model that resembles human response. At the end of the project, we will have a well-defined animal model for human wound healing. This animal model may provide a tool that other investigators can use to screen for compounds that may modify wound healing and reduce scar formation. The ability to have a standard animal model for wound healing may bring an exciting new era in the investigation and elucidating the molecular mechanisms of hypertrophic scar pathophysiology and developing therapeutic agents.
- 2. Define the inflammatory signaling post burn injury and elucidate the relationship between early inflammatory signaling, wound healing, and scar formation.
- 3. Define the role of p38MAPK in wound healing and scar formation.
- 4. Identify the wound healing response to topical p38MAPK inhibition. Demonstrate early wound healing and reduced scar formation with topical p38MAPK inhibition. Define the long-term wound outcome of topical p38MAPK inhibition post-burn injury.
- 5. Identify the optimal timing and duration of treatment for p38MAPK therapy.
- 6. By the end of the project, have a well-defined protocol and experimental plan to initiate human subject research to study topical p38MAPK inhibition as a therapy to decrease end-organ dysfunction, improve wound healing, and reduce scar formation in patients with burn injuries.

#### What was accomplished under these goals?

#### Goal 1. Establish the female red Duroc pig model as the appropriate wound healing model.

The first goal of the project was to establish the female red Duroc pig model burn model as the appropriate wound healing model that resembles human response. Our first 3 porcine experiments, porcine group (Pg) 001-003, were the dermatome model, demonstrating that the female red Duroc porcine model significantly correlates to human hypertrophic scarring. We started our experiments using the burn wound model with Pg004. In this model we use a 'hot water bottle' thermal injury device. Briefly, we use a 500 ml Pyrex laboratory Schott Duran bottle with the bottom glass removed, edges smoothed, bottom replaced with cling wrap, and secured with heat resistant tape. The bottles will be filled with 300 ml of water and then heated to the desired temperature of 92°C. We have improved our technique significantly over the period of the current grant. The initial wounds were not uniform. Starting with Pg 007 (Table 1), we have resolved the technical issues and burn wounds are uniform (Figure 1 is from Pg011 experiment, the last animal experiment).





We change the depth of the burn by changing the length of the contact for 10, 15, and 20 seconds. We have identified that all these contact times are in the range of partial thickness injury. The 20 seconds is mostly very deep partial thickness to full thickness burns (please see the Optical Coherence Tomography data in goal 2). The 15 seconds burn is our focus with partial thickness burn injury. Goal 1 is accomplished during the year 1 period September 2014- September 2015.

#### Goal 2: Define Inflammatory Signaling Post Burn Injury and Elucidate Relationship...

The second goal of the grant was to define the inflammatory signaling post burn injury and elucidate the relationship between early inflammatory signaling, wound healing, and scar formation. Rather than systemic modulation of the inflammatory response, we propose a novel approach, which calls for "inflammatory source control". We define "inflammatory source control" to be all the maneuvers that can be used to control a focus of inflammation, which is thought to be the initial source of systemic immune activation. In our burn model, we control the source of inflammation by application of a topical p38 MAPK inhibitor. The p38 MAPK pathway is the key inflammatory intracellular signaling in mammalian cells. In our previous murine models, we

demonstrated that topical application of p38MAPK inhibitors after burn injury attenuated wound inflammatory response and stress signaling, leading to reduced systemic inflammatory activation and end-organ dysfunction (these data already published and not part of the current investigation). In our porcine model, our goal was to demonstrate that topical p38 MAPK inhibitors will attenuate wound inflammation and reduce scarring in the red Duroc pig model of fibroproliferative scarring. We have done total of 11 pig experiments. The porcine group experiments are numbered 001-011 (Table 1). Therefore, the grant concluded with total of 42 pigs, which represents a reduction from the initial plan.

We have analyzed these wounds using several different methods:

- Wound character: time to wound closure, color, wound infection
- Histopathology: H&E, TUNNEL assay,
- Inflammatory and wound healing gene expression
- Custom porcine RT-qPCR Array
- Optical Coherence tomography (OCT)

Table 2 demonstrates all completed (N/A is not applicable; meaning that set of analysis will not be done; for instance, no wound closure analysis will be done in 3 day experiments).

We have used porcine RT-qPCR Array for wound healing, inflammatory, and apoptosis pathways. We have demonstrated a difference in pattern of pathway expression between the burn versus non-burn skin and burn treated with p38 inhibitor versus vehicle. In the burn wound healing, there is a portion of collagen arrangement that remains intact. In the dermatome model the line between "normal" collagen and "abnormal "collagen" is sharp and clear. In the burn model there is a large transition zone between the intact dermal architecture and damaged skin. This reflects the ongoing inflammation and apoptosis seen in burn injury. When we examined the gene expression differences in various depth of injury, an interesting pattern was observed. The deeper burns were associated with increasing number of over-expression of the regulatory genes. This internal consistancy in the model is very important (already shown in the second year report).

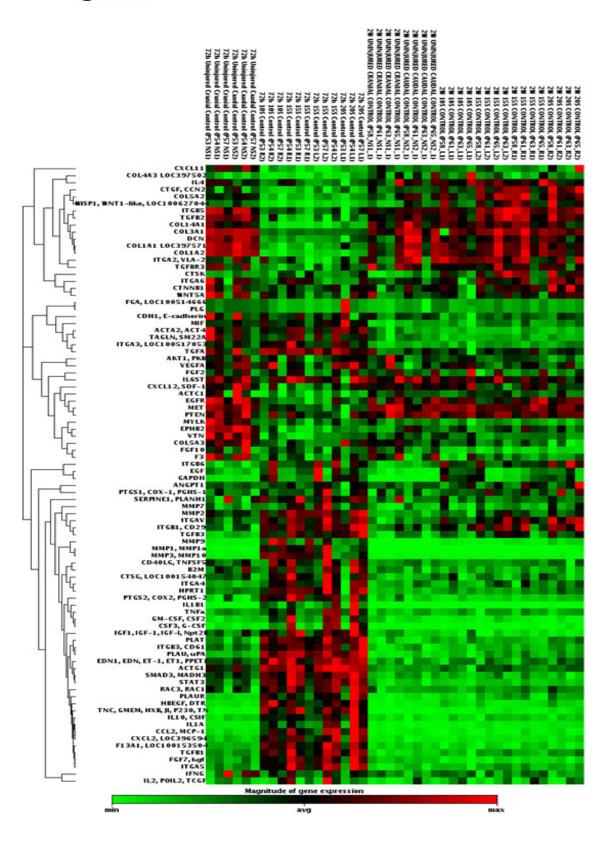
Table 1 Study ID	Wound	Dates	Treatment	Pigs #	Duration of study
Pg001	Dermatome	Feb-10	Topical p38MAPK inhibitor versus control	3	20 weeks
Pg002	Dermatome	Sep-11	Topical p38MAPK inhibitor versus control	4	20 weeks
Pg003	Dermatome	Sept 2012-Oct 2012	PGE2 agonist topical versus control	12	3 weeks
Pg004	Scald Bottle Burn	Sept 2013- Oct 2013	Topical p38MAPK inhibitor versus control	6	2 weeks
Pg005	Scald Bottle Burn	May 2014	Topical p38MAPK inhibitor versus control	6	2 weeks
DoD Grant	Funded following:				
Pg006	Scald Bottle Burn	Dec 2014	Topical p38MAPK inhibitor versus control	6	3 days
Pg007	Scald Bottle Burn	May 2015	Topical p38MAPK inhibitor versus control	6	3 days
Pg008	Scald Bottle Burn	Sept-Oct 2015	Topical p38MAPK inhibitor versus control	8	2 weeks
Pg009	Scald Bottle Burn	May 2016	Topical p38MAPK inhibitor versus control	8	3 days
Pg010	Scald Bottle Burn	May 2017	Topical p38MAPK inhibitor versus control	8	2 weeks
Pg011	Scald Bottle Burn	Oct 2017-Feb 2018	Topical p38MAPK inhibitor versus control	6	20 weeks

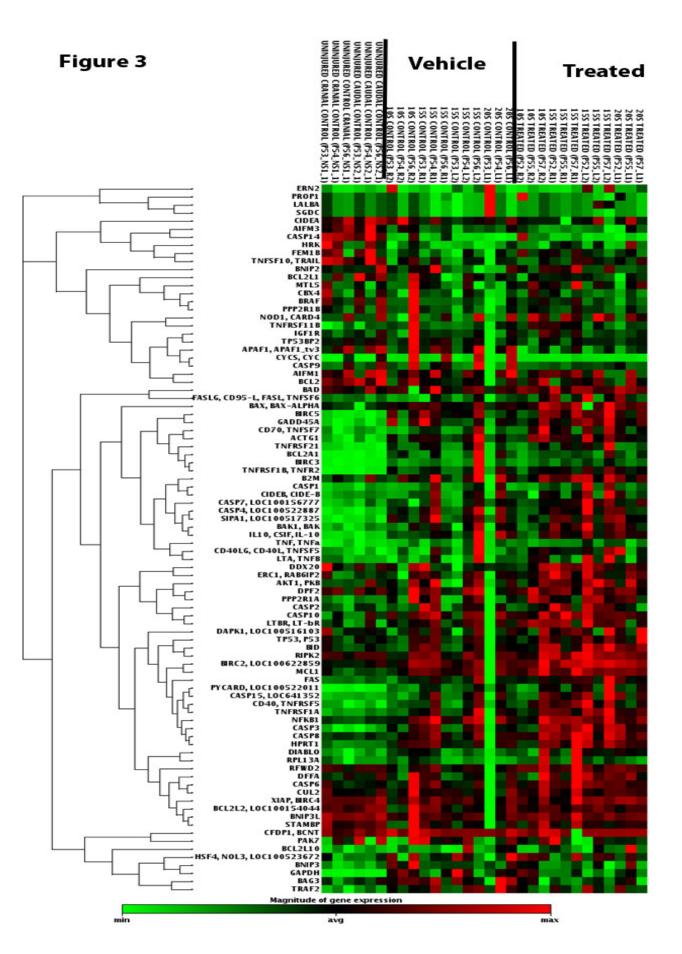
Table 2	Assay Status						
Study ID	H & E Slides	Wound Closure I mages	Itch Score	Wound Contracti on Images	Wound Healing Profiler RT2- qPCR Array	Apoptosis Profiler RT2- qPCR Array	Cleaved Caspase3 (CC3) Immuno Histo chemistry
Pg001	Completed- Analysis	n/a	n/a	n/a	n/a	n/a	n/a
Pg002	Completed- Analysis	n/a	n/a	Completed - Analysis	n/a	n/a	n/a
Pg003	Completed- Analysis	n/a	n/a	n/a	n/a	n/a	n/a
Pg004	Completed- Analysis	Completed- Analysis	n/a	n/a	Completed- Analysis	n/a	n/a
Pg005	Completed- Analysis	Completed- Analysis	subjective inconclusive	n/a	Completed- Analysis	n/a	n/a
Pg006	Completed- bx tissue processed thru H&E digital images. On hold- image measurements. Pending- western p38 activation results.	n/a	n/a	n/a	Completed- bx tissue biopulverized. On hold- pending western results	Completed- bx tissue biopulverized. On hold- pending western results	Completed- bx tissue processed thru slides On hold-pending western CC3 results
Pg007	Completed- bx tissue processed thru H&E digital images. On hold- image measurements. Pending- western p38 activation results.	n/a	n/a	n/a	Completed- Arrays. Completed- partial analysis (pending Pg009 arrays completion)	Completed- Arrays. Completed- partial analysis (pending Pg009 arrays completion)	Completed-bx tissue processed thru CC3 IHC digital images. Completed-RO1 analysis Completed- algorithm consult/design NWBS for RO1 depth analysis On hold pending- western CC3 results
Pg008	Completed bx tissue processed thru H&E digital images. In progress- image measurements.	Complete	n/a	n/a	Completed- Arrays. Pending- final analysis formatting	n/a	n/a
Pg009	Completed bx tissue processed thru H&E digital images. On hold- image measurements. Pending western p38 activation results	n/a	n/a	n/a	Completed-bx tissue biopulverized In progress- arrays	Completed-bx tissue biopulverized In progress- arrays	Completed
Pg010	Completed bx tissue processed thru H&E digital images. In progress- image measurements.	completed	n/a	n/a	Completed	n/a	n/a
Pg011	Completed bx tissue processed thru H&E digital images. In progress- image measurements.	completed	n/a	n/a	Completed	n/a	n/a

Figure 2 demonstrates a heat map difference between the burn and non-burn gene expression. The figure is using Pg008 and Pg009; therefore, we can examine the gene expression after 3 days (Pg009, 72 hours) and after two weeks (Pg008, 2 weeks). The green in heat map is low activity and red is high activity. After burn injury, there is an immediate shut down of series of genes with upregulation of inflammatory and apoptotic genes. After 2 weeks the wounds have epithelialized and many of the gene expression have returned to normal.

Figure 3 demonstrates the heat map differences between treated (topical p38 MAPK inhibitor) and not treated (vehicle) after two weeks. The three groups are unijured, burn with vehicle treatment, and burn with p38 MAPK inhibitor treatment. One pig in 20 second Vehicle is out of range and will not be used. We were expecting that the treatment group will have deactivation of set of genes in 2 weeks compared to vehicle. This is seen in certain genes such as GAPDH and BAG3. However, the data demonstrated that the treatment has more activation of a set of regulatory genes as compared to vehicle. We have not completed these analyses and the ultimate pathway analyses is pending.

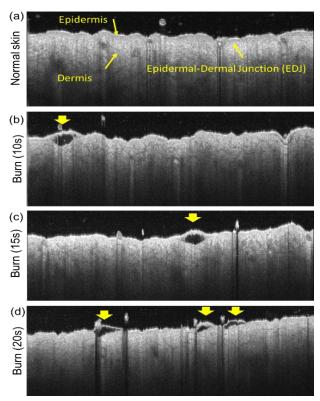
### Figure 2





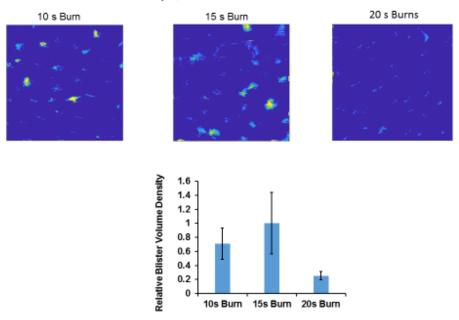
Optical coherence tomography (OCT) is a noninvasive diagnostic method that offers a view into the superficial layers of the skin in vivo in real-time. An infrared broadband light source allows the investigation of skin architecture and changes up to a depth of 2-3 mm with a resolution between 15 and 3 µm. OCT provides a quick, non-invasive and useful diagnostic imaging technique for a number of clinical questions and is a valuable addition or complement to other analyses, such as H&E. We performed OCT analyses in our model after burns. The OCT demonstrated that the relative vessel density decreased with increasing depth of burn from 10 seconds to 20 seconds. The 20 second burn has almost no vessels, suggesting deeper burns. We also had an unexpected finding. In human burn injury almost all partial thickness burns have a blister response. Using human eye or H&E studies, we did not observe any blisters in the pig model. However, the OCT demonstrated that the porcine model has blistering response, as well (Figure 4, the arrow marks the blisters).

Figure 4



In human subjects, the deeper the partial thickness burn, the bigger the blister, until it gets close to full-thickness burns. The full-thickness burns are dry and without blisters, since the dermis is dead and leathery. In the porcine model, the OCT demonstrated that the 15 second burn has the maximum amount of blisters, confirming that the 15 second wound is the deep partial thickness wound (Figure 5). The 20 second model either has the most blisters (periphery) or no blisters. This suggests that the 20 second burn is occasionally full-thickness (in the center). In our model, we created one 10 s, one 20 s and two 15 s, since the goal was to focus on deep partial thickness burns. Having blisters in the partial thickness wounds in the porcine model, demonstrates another similarity with the human subjects.

Figure 5: OCT Blister Volume Density Quantification

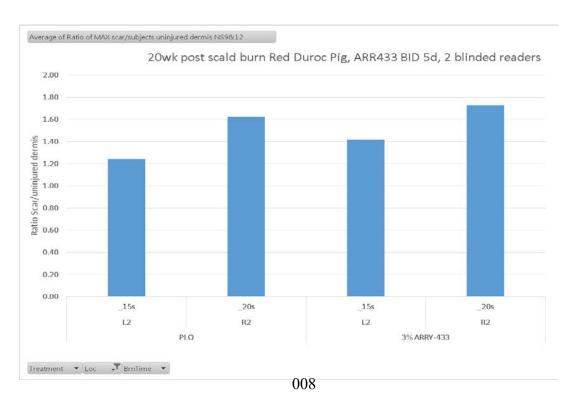


Goal 3: Define the role of p38MAPK in wound healing and scar formation.

Referring to table 2, a significant portion of goal 2 (Define the inflammatory signaling post burn injury and elucidate the relationship between early inflammatory signaling, wound healing, and scar formation) and goal 3 (Define the role of p38MAPK in wound healing and scar formation) has been done.

We completed our analyses of the last experiment (Pg011). As expected, there are hypertrophic scars in the area of deep partial thickness burns. The analyses compares the 10, 15, and 20 second wounds (the time refers to length of contact with hot water, longer contact is associated with deeper burns). We are also comparing p38MAPK inhibitor treatment (ARR433) versus vehicle (PLO) treated animals. Figure 6 represents comparison on 15 and 20 second wounds with p38 inhibitor (ARR433) and vehicle (PLO).

Figure 6



Looking at the graph on initial analyses there was not a major change between the PLO (vehicle) treated animals and 3% ARRY-433(p38 inhibitor). There is more scar with longer exposure at 20 second versus 15 second, which confirms the internal validity of the model.

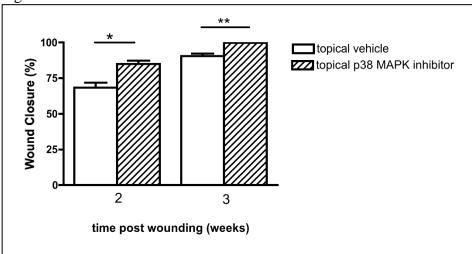
## Goal 4: Identify the wound healing response to topical p38MAPK inhibition. Demonstrate early wound healing and reduced scar formation with topical p38MAPK inhibition. Define the long-term wound outcome of topical p38MAPK inhibition post-burn injury.

We have demonstrated early wound closure with p38 MAPK inhibition. Using the dermatome model in Pg001 and Pg002, we demonstrated that wounds treated with p38MAPK inhibitor epithelialized faster than control group in 2 and 3 week time-points. Pictures of each wound were analyzed by computer and the area that were epithelialized were measured (Figure 7). The data demonstrated that there was statistical significant closure rate in wounds treated with p38MAPK inhibitor (Figure 8). The burn wound data is collected and the analyses is pending. The scar formation portion of this goal is pending.

Figure 7: Percentage closure was calculated for each individual wound







The scar formation portion of this goal was examined in the Pg011 experiment. Experiment Pg011, was the long-term outcomes portion of the project with direct analyses of the scar. The length of this experiment was 20 weeks, and the burn wounds were created based on figure 1. In Pg011, we had 3 pigs in the control arm and 3 pigs in the p38 MAPK inhibitor treatment arm. The treatment arm had p38 MAPK inhibitor twice a day for 72 hours post burn injury. Wound photographs were taken at day 0, 3, 7, and weekly thereafter. Referring to figure 6 there was no difference in scar formation between the p38MAPK group versus control vehicle.

#### Goal 5: Identify the optimal timing and duration of treatment for p38MAPK therapy

The duration of p38 MAPK treatment has been set at 72 hours. We have used topical p38 MAPK upto 3 days after injury. There has been no increase in wound infection or delayed wound closure. Therefore, we concluded that 72 hour time point remains optimal. This goal is accomplished.

#### Goal 6: By the end of the project, have a well-defined protocol and experimental plan to initiate human subject research to study topical p38MAPK inhibition as a therapy to decrease end-organ dysfunction, improve wound healing, and reduce scar formation in patients with burn injuries.

This goal is accomplished. In our previous (before current grant) animal experiments, we demonstrated that topical p38 MAPK application attenuated systemic inflammatory response in the rodent models with significant improvement in outcomes (already published papers). In the current grant, we demonstrated that inhibition of p38 MAPK in a red Duroc model modified the initial wound inflammatory response and subsequent remodeling. There was initial rapid wound closure with inhibition of inflammatory response. The wound depth was less with faster closure; however, the final scar was no different with or without treatment. It appears that the topical treatment has significant systemic effects without negatively impacting the wound healing. The human trials will have the topical p38 MAPK inhibitor applied to the burn wounds in the first 5 days post injury. The subjects will be patients with more than 20% TBSA burns.

#### What opportunities for training and professional development has the project provided?

The collaboration with NWBiospecimen (Univ. of WA) has improved the understanding of apoptotic response in burn injury with both groups.

#### How were the results disseminated to communities of interest?

We are currently writing 3 manuscripts: one will be defining our model, another will be comparing p38 MAPK to control, and the third one will be the OCT findings.

#### 4. IMPACT:

What was the impact on the development of the principal discipline(s) of the project? We are learning about expressions of genes after burns. More importantly, the reduction of normal function in cells is very interesting.

#### What was the impact on other disciplines?

The impact of understanding inflammatory response and dermal pathology may be important in treatment of dermatological pathology, such as psoriasis.

What was the impact on technology transfer? We are working with our postdoctoral bioengineering group that is developing better OCT scanner. The OCT can be used in evaluation of skin lesions, especially non-melanoma skin cancers and inflammatory diseases, quantification of skin changes, visualization of parasitic infestations, and examination of other indications such as the investigation of nails. OCT provides a quick and useful diagnostic imaging technique for a number of clinical questions and is a valuable addition or complement to other noninvasive imaging tools for evaluation of burn wounds.

#### What was the impact on society beyond science and technology?

I hope in the future, we can develop a cream for burn victims.

#### 5. CHANGES/PROBLEMS:

#### Changes in approach and reasons for change.

We had a reduction in the number of pig used to 42. The final data demonstrated that while the p38 MAPK inhibition significantly modified inflammatory response, wound healing gene expression, and apoptosis, it did not change the final scar formation.

Actual or anticipated problems or delays and actions or plans to resolve them None

#### Changes that had a significant impact on expenditures

Decreasing PI effort to increase number of people working in the lab for the analyses

### Significant changes in use or care of human subjects, vertebrate animals, biohazards, and/or select agents

No significant change in care of the porcine model. We performed appropriate reduction of animals used. There has been no animal demonstrating that their pain is not adequately treated. The veterinary team uses our laboratory as an example of an outstanding group. We only used the minimum number of animals necessary with the focus on animal welfare issues.

#### 6. PRODUCTS:

	ions	presentat	and	papers.	conference	Publications,	•
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Journal publications.

Books or other non-periodical, one-time publications.

Other publications, conference papers and presentations.

There will be three planned publications in peer review Journals. There were poster presentations at Shock Society meetings

- Website(s) or other Internet site(s)
  None
- Technologies or techniques

None

- Inventions, patent applications, and/or licenses
  No patents
- Other Products
  None

#### 7. PARTICIPANTS & OTHER COLLABORATING ORGANIZATIONS

What individuals have worked on the project?

Name: Saman Arbabi Project Role: PI 011 Nearest person month worked: 1

Contribution to Project: He provided overall supervision and directed animal studies

over all 4 years of study

Name: Adelaide Warsen, MS Project Role: Research Scientist

Nearest person month worked: 12

Contribution to Project: Directed performance of all the proposed animal research

Over all 4 years of study

Name: Carina Morningstar Project Role: Lab Technician

Nearest person month worked: 6

Contribution to Project: Research Assistance

50% from January 9, 2017 to end date

Name: Kristen Huden
Project Role: Lab Technician

Nearest person month worked: 6

Contribution to Project: Research Assistance (Hrly)

50% from March 6, 2017 to end date

Name: Anne Hocking Project Role: Co-Investigator

Nearest person month worked: 2

Contribution to Project: She provided supervision of the cellular and molecular studies

proposed in the research plan.

10% from September 15, 2014 to May 31, 2015 20% from June 1, 2015 – December 2015

Name: Noah Ogbi Project Role: Lab Technician

Nearest person month worked: 6

Contribution to Project: Research Assistance

50% from June 1, 2015 – August 2016

Name: Modou Mbowe Project Role: Lab Technician

Nearest person month worked: 1

Contribution to Project: Research Assistance

50% from August 2016 – September 2016

Has there been a change in the active other support of the PD/PI(s) or senior/key personnel since the last reporting period?

What other organizations were involved as partners?

#### 8. SPECIAL REPORTING REQUIREMENTS

**COLLABORATIVE AWARDS:** Not Applicable

**QUAD CHARTS:** Attached.

#### 9. APPENDICES:

None

# Topical modulation of the burn wound inflammatory response to improve short- and long term outcomes

2b. Accelerated wound healing PI: Sam Arbabi. MD. MPH

Award #W81XWH-14-1-0401 **Org:** University of Washington

#### **Award Amount: \$1,497,377**

#### Study/Product Aim(s)

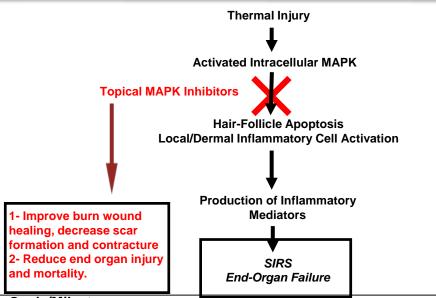
• The magnitude and impact of burns associated with warfare can be devastating. We employ a gel formulation of a powerful p38MAPK inhibitor that is ideal for early topical intervention on the battlefield, ready to use, and can be rapidly applied to wounds by self, buddy aid, and/or first responders. This topical treatment would aid in preservation and stabilization of systemic homeostasis, mitigating short and long term deleterious consequences of severe wound injuries, such as secondary organ damage, scar formation, and burn contracture.

#### **Approach**

 In the current application, we propose to continue our wound healing studies in an animal burn model that resembles human wound healing. We will use the red Duroc pig burn wound model that resembles human wound healing and scar formation.

Ti	اعمد حمناه	Coot			
Activities	reline and FY	14-15	15- 16	16- 17	17- 18
Aim 1: Determine the effect p38MAPK inhibition on wo gene expression in the fen Duroc pig model of burn in	ound healing nale red				
Aim 2: Determine the effect p38MAPK inhibition on each healing post-burn injury	•				
Aim 3: Define the long-terr outcome of topical p38MA inhibition post-burn injury	PK				
Estimated Budget (\$K)		367	373	377	381

**Updated:** December 2018



#### Goals/Milestones

#### FY 14-15 Goals -

☑ Establish the red Duroc pig burn model

#### FY 15-16 Goals-

- ☑ Define the inflammatory signaling post burn injury
- ☑ Identify the optimal timing and duration of treatment for p38MAPK.

#### FY16-17Goals -

☑ Demonstrate early wound healing, decreased burn wound depth, and reduced inflammatory response with topical p38MAPK inhibition.

#### FY 17-18 Goal-

☑ Demonstrate decreased scar formation with topical p38 MAPK inhibition.

#### Comments/Challenges/Issues/Concerns

• The experiments demonstrated no change in scar formation with p38 MAPK inhibition, a modification to the final goal.

#### **Budget Expenditure to Date**

Projected Expenditure: \$190,000 Actual Expenditure: \$187,074