

AWARD NUMBER:  
W81XWH-14-2-0019

TITLE:  
Hearing Preservation Electrodes in Veterans and Military  
Servicemembers With Noise-Induced Hearing Loss

PRINCIPAL INVESTIGATOR:  
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CONTRACTING ORGANIZATION:

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# REPORT DOCUMENTATION PAGE

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<b>13. SUPPLEMENTARY NOTES</b>						
<b>14. ABSTRACT</b> There is a very real need to provide rehabilitative options for veterans and service members with severe noise-induced hearing loss (NIHL). Recent studies indicate that hearing preservation electrodes provide much better auditory rehabilitation compared with hearing aids or traditional length cochlear implants for patients with severe-to-profound high-frequency hearing loss and useable low-frequency hearing. The effectiveness of the hybrid approach for rehabilitation of NIHL has yet to be established. The purpose of this study is to document benefit of the hybrid cochlear implant in this population. This report documents progress during year 1 of the funding period. The initial portion of the year focused on obtaining Iowa/VA IRB and DoD HRPO approval. Following that time period we have focused on recruitment.						
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**1. INTRODUCTION:** There is a very real need to provide rehabilitative options for veterans and service members with severe noise-induced hearing loss (NIHL). Recent studies indicate that hearing preservation electrodes provide much better auditory rehabilitation compared with hearing aids or traditional length cochlear implants for patients with severe-to-profound high-frequency hearing loss and useable low-frequency hearing. The effectiveness of the hybrid approach for rehabilitation of NIHL has yet to be established. The purpose of this study is to document benefit of hearing preservation in a NIHL population.

**2. KEYWORDS:** Hybrid cochlear implant, hearing preservation, noise-induced hearing loss

**3. ACCOMPLISHMENTS:**

**What were the major goals of the project?**

- A.** Recruitment and implantation
- B.** Collect pre-and post-operative hearing threshold data.
- C.** Collect pre- and post-operative speech perception data.
- D.** Collect satisfaction and quality of life measures.

**What was accomplished under these goals?**

Recruitment for newly implanted subjects under this study has previously moved slowly. We enrolled and implanted 6 newly implanted veterans with the Hybrid L24 cochlear implant at the Iowa City VA Hospital. One subject subsequently dropped out of the study following surgery as he decided that he did not want to participate in a research study. Furthermore, one subject enrolled into our study at his six-month post-operative visit. We also included other Hybrid subjects who were previously implanted at the University of Iowa that are veterans of the military. An additional seven hybrid subjects were followed under this change. We collected pre-operative data on all of our newly implanted subjects (except for the subject who enrolled at his 6 month data point). Most recently, we opened up enrollment to include individuals with NIHL as the primary indication for hearing impairment. Thus, our specific aims changed.

**Original and Revised Specific Aim 1.** Original: Evaluate the hearing benefits of hearing preservation devices in veterans and military service members with residual low-frequency hearing and high-frequency noise-induced hearing loss. Revised: *Rather than focusing on only veterans and active service members, we propose to study this question from a broader perspective using subjects with noise-induced hearing loss, regardless of current or former military service. We also propose to study this question using all current FDA approved devices that are indicated for hearing preservation (Hybrid L24, Med-EL Flex 20 and 24).* By opening this up to a broader group of patients, we will have a substantially increased number of patients to enroll in our study. This will also allow us to look at this from a perspective of age at implantation, since that has been shown to influence hearing preservation following cochlear implantation. Furthermore, by opening up candidacy to noise-induced hearing loss, we will also be able to recruit women into our study, which is also beneficial to our analysis. Finally, we may also be able to document outcomes whether the cause of hearing loss was a result of a single noise event (such as a blast) or prolonged chronic noise (such as in a shipyard).

**Original and Revised Specific Aim 2.** Original: Compare the efficacy and preservation of residual hearing in subjects that are implanted with a Hybrid S12 or L24 electrode based on their residual mid-range acoustic hearing. The Hybrid S12 (now the Hybrid SRW) is not yet FDA approved and is limited to inclusion by age. The University of Iowa is the sole site that is conducting a preliminary study with this electrode array; the study is limited to 10 subjects. Furthermore, using this device as a comparison to other now more commonly used FDA-approved devices may not help guide surgeons on which current device is the best choice for their patient. Revised: *We are proposing to study this question by comparing the efficacy and preservation of residual hearing in subjects implanted with a FDA-approved shorter electrode indicated for hearing preservation to other standard-length electrodes (e.g. Nucleus CI 522) that surgeons (such as those that at the Fort Detrick meeting) are using instead of a hearing preservation device.* Outcomes from this aim will further guide clinical practice in the noise-induced hearing loss population, which is ultimately what this study was designed to accomplish.

Thus far, we have recruited 19 subjects with standard electrodes used for hearing preservation and 33 subjects with NIHL that have been implanted with a hearing preservation electrode. These patients were recruited from our existing database of implanted patients where the subject indicated that the primary cause of their hearing loss was NIHL. All subjects recruited have registered for a cochlear implant research registry where they indicated that their data could be used for this study. The data include audiologic, speech perception, and subjective benefits of speech, spatial, and quality of sound as well as perceived handicap from hearing loss.

Hearing preservation has been maintained in 76% of the 33 patients who were implanted with a hearing preservation electrode (HPE). 93% of the 15 patients (2 have not been connected with their implant) implanted with a standard-length electrode (SE) have hearing preservation. Averaged pre and post-operative low-frequency pure-tone average (LFPTA) at 125, 250, and 500 Hz are shown in Figure 1. The averaged preoperative LFPTA for the SE group was 54 dB HL and the averaged postoperative LFPTA was 60 dB HL demonstrating no significant change in hearing ( $p=.34$ ). The averaged preoperative LFPTA for the HPE group was 41 dB HL and postoperative average was 67 dB HL, which was significantly poorer ( $p<.0001$ ). While the SE group started with a poorer LFPTA and the HPE group started with a better LFPTA (significantly different  $p<.01$ ), there is not a significant difference

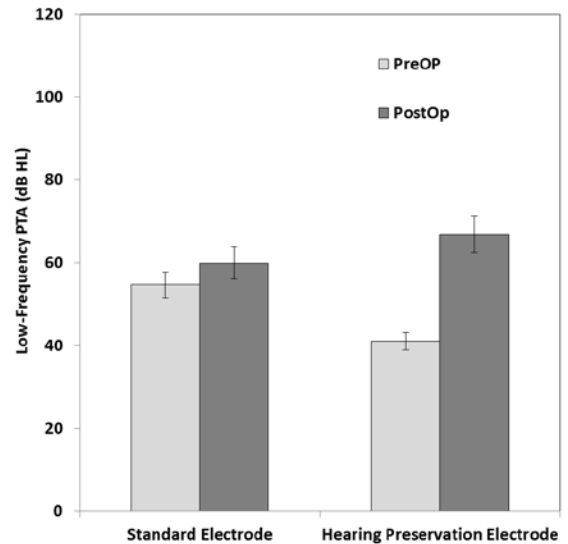


Figure 1. Averaged pre and postoperative pure-tone average thresholds (dB HL) for the Standard electrode and Hearing preservation groups.

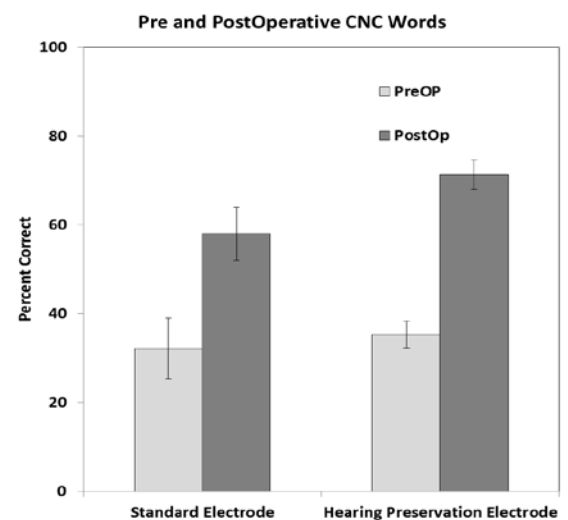


Figure 2. Averaged pre and postoperative CNC word scores (percent correct) for the Standard electrode and Hearing preservation groups.

( $p=.31$ ) in averaged LFPTA postoperatively between the two groups.

Postoperatively, as shown in Figure 2, both groups showed significant improvements in their preoperative to postoperative speech perception scores using CNC words ( $p<.05$  for SE and  $p<.01$  for the HPE group). Preoperatively, there was not a significant difference between scores for two groups ( $p=.63$ ). Averaged preoperative scores for the standard and HP group were 33% and 35%, respectively. There is no significant difference between the postoperative scores for the SE and the HPE groups ( $p=.07$ ) with the SE group scoring 59% and the HPE group scoring 71%.

**What opportunities for training and professional development has the project provided?**

This project was not intended to provide training and professional development opportunities. However, Dr. Dunn has spoken on several occasions to Nancy Cambron, who is the Chair of the VHA Cochlear Implant Advisory Board, and Maureen Wargo, who is a supervisory audiologist within the VA Pittsburgh Healthcare System. Both have had questions regarding use of the hybrid cochlear implant in veterans. Dr. Dunn also traveled to several VA attended meetings to discuss device outcomes and expectations. On September 10, 2019, Drs. Hansen, Gantz, and Dunn have invited Lina Kubli to visit the University to discuss implantation in Veteran population.

**How were the results disseminated to communities of interest?**

Nothing to report

**What do you plan to do during the next reporting period to accomplish the goals?**

Over the next year, we will analyze our data and begin working on disseminating the results both in a publication and at a conference.

**4. IMPACT:**

**What was the impact on the development of the principal discipline(s) of the project?**

Nothing to report

**What was the impact on other disciplines?**

Nothing to report

**What was the impact on technology transfer?**

Nothing to report

**What was the impact on society beyond science and technology?**

Nothing to report

**5. CHANGES/PROBLEMS:**

**Actual or anticipated problems or delays and actions or plans to resolve them**

None to report

**Changes that had a significant impact on expenditures**

Nothing to report

**Significant changes in use or care of human subjects, vertebrate animals, biohazards, and/or select agents**

Nothing to report

**Significant changes in use or care of human subjects**

Nothing to report

**Significant changes in use or care of vertebrate animals.**

Not applicable

**Significant changes in use of biohazards and/or select agents**

Not applicable

**6. PRODUCTS:**

Nothing to report

**7. PARTICIPANTS & OTHER COLLABORATING ORGANIZATIONS**

**What individuals have worked on the project?**

(1) Name: Marlan Hansen

Project Role: PI

Nearest person month worked: 1

Contribution to Project: Assisted in IRB/HRPO submission and recruitment.

(2) Name: Bruce Gantz



Project Role: Co-PI

Nearest person month worked: 1

Contribution to Project: Assisted in IRB/HRPO submission and recruitment.

(3) Name: Camille Dunn

Project Role: Investigator

Nearest person month worked: 3

Contribution to Project: Assisted in IRB/HRPO application; discussed project with VA staff; developed CRF forms; developed marketing forms for recruitment.

(4) Name: Diane Burke

Project Role: Study Coordinator

Nearest person month worked: 3

Contribution to Project: Prepared the IRB/HRPO submission; assisted in the development of marketing forms for recruitment.

(5) Name: Kate Gfeller

Project Role: Investigator

Nearest person month worked: 1

Contribution to Project: Began development on the training programs

(6) Name: Virginia Driscoll

Project Role: Research Assistant

Nearest person month worked: 1

Contribution to Project: Began development on the training programs

**Has there been a change in the active other support of the PD/PI (s) or senior/key personnel since the last reporting period?**

Nothing to report

**What other organizations were involved as partners?**

Nothing to report

**QUAD CHARTS:** Attached.

**8. SPECIAL REPORTING REQUIREMENTS:**

Nothing to report

**9. APPENDICES:**

Nothing to report

# Hearing Preservation Electrodes in Veterans and Military Service Members with Noise-Induced Hearing Loss

**Award Number: W81XWH-14-2-0019 Log Number: DM130040**



**PI:** Marlan Hansen, MD. **CO-PI:** Bruce Gantz, MD **Org:** Clinical and Rehabilitative Medicine Research Program **Award Amount:** \$2 mil

## Problem and Military Relevance

- High percentage of veterans and military service members suffer Noise-induced hearing loss (NIHL).
- HL gives rise to substantial fiscal burden for the VA
- NIHL results in significant communicative, social and economic burden to veterans and service members

## Study Aim(s)

- Evaluate the benefit of a CI indicated for hearing preservation on listeners with NIHL
- Evaluate outcomes of listeners with NIHL implanted with CIs indicated for hearing preservation vs listeners with NIHL implanted with standard-length electrodes.

## Approach

- Listeners with NIHL will receive either a hearing preservation or standard-length electrode
- Benefit will be evaluated by comparing speech perception, music recognition, localization, and quality of life prior to implantation and over the first year following implantation.
- Benefit will be assessed as a function of device length.

## Goals/Milestones

### CY18 Goal –

- ✓ IRB and HRPO approval
- ✓ Recruitment
- ✓ Collect pre-operative and post-operative data on subjects

### CY19 Goal –

- ✓ Continue Recruitment - First ½ of '19
- ❑ Finalize subject recruitment - Second ½ of '19
- ❑ Collect pre-operative and post-operative data on subjects

### CY20 Goal –

- ❑ Finish data collection
- ❑ Analyze data
- ❑ Prepare for dissemination of results
- ❑ Dissemination of results

**Updated: Y5, Annual**

## Hearing Preservation Electrodes

- Nucleus Hybrid L24
- Med-EL Flex 20
- Med-EL Flex 24
- Or other FDA-approved electrode indicated for hearing preservation

## Standard Electrode

- Nucleus 522
- Nucleus 532
- Advanced Bionics Slim J
- Med-EL Flex 28
- Or other FDA-approved device

**Table 1: Timeline and Cost**

Activities	Calendar Year					
	15	16	17	18	19	20
Prepare protocol and test measures, submit FDA IDE	[Bar spanning 2015 to 2018]					
IRB and HRPO approval	[Bar in 2015]			[Bar in 2018]		
Recruitment of subjects	[Bar spanning 2015 to 2019]					
Pre- and Post-Op data collection	[Bar spanning 2015 to 2020]					
Data analysis and dissemination of results					[Bar spanning 2019 to 2020]	
Estimated Budget (\$K)	\$500	\$500	\$500	\$500		