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RADIATION INDUCED CHANCES IN INTRA-CRANIAL PRESSURE AND ARTERIAL BLOOD PRESSURE

John W. Watters, et al

Air Force Academy Colorado

June 1974

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Editorial Review by Lt Colonel W. A. Belford, Jr. Department of English and Fine Arts USAF Academy, Colorado 80840



This research report is presented as a competent treatment of the subject, worthy of publication. The United States Air Force Academy vouches for the quality of the research, without necessarily endorsing the opinions and conclusions of the author.

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## CERTIFICATE

The animals involved in this study were maintained in accordance with the "Guide For Laboratory Animal Facilities and Care" as published by the National Academy of Sciences, National Research Council.

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John W. Watters, Major, USAF, VC

#### INTRODUCTION

Many of the symptoms which follow high doses of radiation have been attributed to increased cerebrospinal fluid pressure<sup>1</sup>. Herniation of the brain through the foramen magnum has been observed in monkeys dying between 6 and 55 hours following 4500-6000 R of x-irradiation to the head, and moderate edema was seen in the brains of animals receiving 3000  $R^2$ . A study of human patients demonstrated that changes in cerebrospinal fluid pressure had no direct effect on cerebral function, possibly because there are no absolute pressure receptors in the numan brain<sup>3</sup>. It was concluded that when symptoms of cerebral dysfunction are associated with a change in cerebrospinal fluid pressure, the association results from the effect of factors common to both the pressure and the dysfunction. No abnormal elevation in CSF pressure was observed in 20 mongrel dogs that had been exposed to 1000-4000 R x-irradiation to the head only<sup>4</sup>.

The head exposure of rats to 10,000 R of x-irradiation produced only subtle changes in the permeability properties of the blood brain

- P. Bailey <u>Intracranial tumors</u> (Springfield, Ill. 2nd Ed., Charles C. Thomas, 1948).
- J.A.T. Ross, S.R. Leavitt, E.A. Holst, and C.D. Clemente, Neurological and EEG effects of x-irradiation of the head of monkeys. <u>Arch. Neurol. & Psychiat.</u> (1954) p.238.
- H.W. Ryder, A. Rosenauer, E.J. Penka, F.F. Espey, and J.P. Evans. Failure of abnormal cerebrospinal fluid pressure to influence cerebral function. Arch. Neurol. & Psychiat. 70 (1953) p.563.
- D.E. Redmond, Jr., R.H. Rinderknecht, and P.T. Hudgins. The effects of total-brain irradiation on cerebrospinal fluid pressure. <u>Radiol</u>. (1967) p.727.

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barrier<sup>b</sup> while other investigators have reported that the reaction of the cerebral blood vessels to ionizing radiation in monkeys is characterized by blood vessel fragility, brain edema, and general vasculitis<sup>6</sup>. Circulatory disturbances which result in increased capillary permeability and protein leakage in some instances initiates edema and in most cases aggravates or perpetuates it<sup>7</sup>. The whole-body exposure of monkeys to x-irradiation has been shown to produce a precepitous drop in blood pressure a few minutes postexposure, and transient performance decrement has also been demonstrated during this time period<sup>8</sup>. Since it has been shown in baboons that intracranial pressure changes induced by certain drugs may be much longer lasting than blood pressure and the systemic blood pressure icllowing whole-body irradiation in an effort to establish a possible physiologic cause of transient incapacitation induced by supralethal doses of gamma irradiation.

- 5. V. Nair and L.S. Rothe. Effects of x-irradiation and certain other treatments on blood brain barrier permeability. <u>Radiat. Res</u>. 23 (1964) p.249.
- 6. C.D. Clemente, J.N. Yamazaki, L.R. Bennett, P.A. McFall and E.H. Maynard. The effects of ionizing x-irradiation on the adult and immature mammalian brain. Proc. Intern. Conf. Peaceful Uses Atomic Energy, 2nd, Geneva 22 (1958) p.282.
- 7. A.E. Richardson, Some clinical aspects of cerebral edema. <u>Proc.</u> Royal Soc. Med. 58 (1965) p.604.
- 8. P.H. Chapman, Behavioral and circulatory responses to x-irradiation delivered at 200 rads per minute to whole body and trunk only. <u>SAM</u>-TR-68-111, (September 1968).
- S.J. Corne, R.J. Stephens, and L. Symon. The effects of drugs on the intracranial pressure of baboons. <u>British Pharmacol. Soc.</u> 34 (1968) p.212.

#### MATERIALS AND METHODS

Twenty monkeys (Macaca mulatta) of either sex, weighing 2.5 - 4.0 kg were anesthetized with phencyclidine HCl (2mg/kg) and pentobarbital sodium (20 mg/kg). A 5 mm hole was trephined lateral to the midline in the skull, and inreads were tapped for the plug shown in Figure 1. The dura was incised, and a polyethylene tube, Figure 2, which had been shaped to a 90° angle and perforated along two sides, was placed beneath the dura. The Teflon plug was screwed tightly into place, and the retaining plug was tightened firmly against the silastic gasket. The nolyethylene catheters were filled with physiologic saline solution prior to implantation, and a small bore water monometer was filled to 12 cm. of water and connected to the catheter adapter until the ICP stabilized. The femoral arteries were catheterized with 0.027" I.D. Intracaths (C.R. Bard, Inc., Murray Hill, N.J.) for monitoring the systemic blood pressure.

The intracranial catheter was attached to a venous transducer (Statham Model Nr. P23AA), and the pressure signals were recorded on a 6channel Dynograph (Beckman Instrument, Inc., Chicago, Illinois).

Ten of the monkeys were exposed to cobalt-60 gamma radiation at the rate of 1,000 rad/minute for an average mid-thoracic dose of approximately 1307 rad. The remaining 10 monkeys were exposed at the same rate for an average dose of 2244 rad. All of the animals were irradiated in left-lateral recumbency with the cobalt source above the right side. The cobalt-60 irradiation facility has been described elsewhere<sup>10</sup>. Each monkey had 2 dosimeters (Harshaw Type 700 LiF) attached to the thorax for measurement of entry and exit doses. These doses are listed in Table V.

10. K.A. Hardy, H.A.W. Spetzler, R.W. Cockran. The SAM high-level cobalt-60 irradiation facility. SAM-TR-65-65, (September 1965).

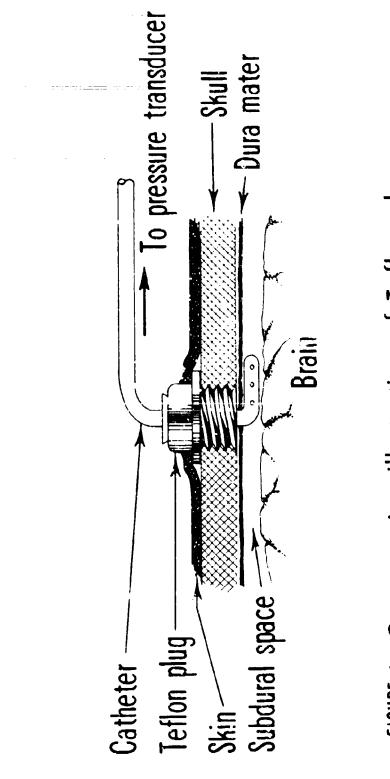
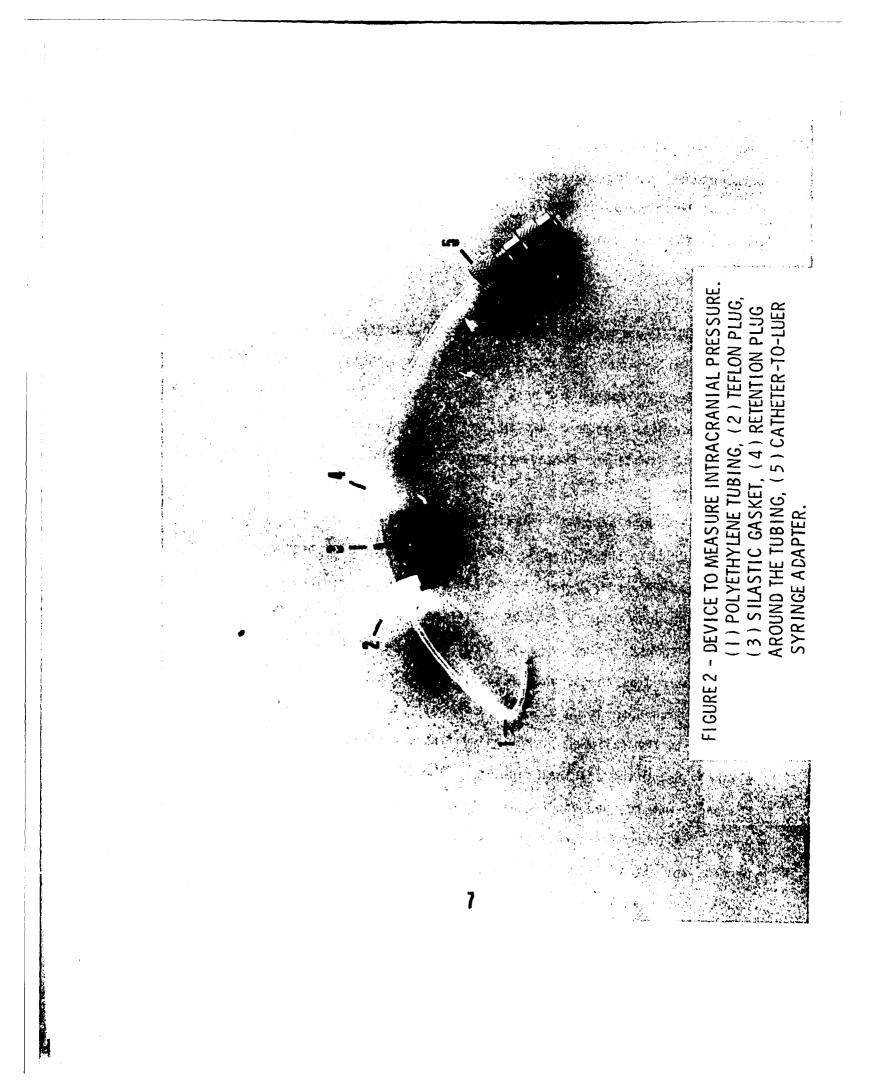


FIGURE 1-Cross-section illustration of Teflon plug and subdural catheter placement.



The intracranial and arterial pressures were monitored for approximately 45 minutes prior to irradiation or until both pressures were stabilized and the levels of anesthesia were correct. The pressures were recorded during the exposure and for a period of 90-minutes postirradiation. The postexposure times were expressed as time from the start of the exposure period. Marthu and

### RESULTS

Cubalt-60 gamma irradiation induced an average increase in the intracranial pressure beginning approximately 3 minutes after initiation of irradiation and reached the peak in 6-7 minutes. Tables 1 and 2 list the intracranial pressure readings for each individual monkey, and figures 3 and 4 illustrate the average response of the intracranial pressure to irradiation.

The low-dose group of primates exhibited slower and less extensive rise in ICP than the high-dose group, and the declining pressure did not exhibit the very slight fall below the established baseline as was noted in the high-dose group. Another variation between the 2 groups was that maximum response in the low-dose group was seen at 40-minute postexposure which appeared as the second peak of a bimodal response.

The high-dose group of monkeys demonstrated a rapid and marked increase in ICP followed by an insignificant decrease which extended slightly below the original baseline. The ICP began a gradual rise after the nadir was reached and continued upward until the end of the recording period. Although the pressures fluctuated throughout the monitoring period, and the individual responses differed, pressures were significantly higher at the end of the 90-minute observation period.

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INTRACRANIAL PRESSURE OF THE LOW-DOSE GROUP

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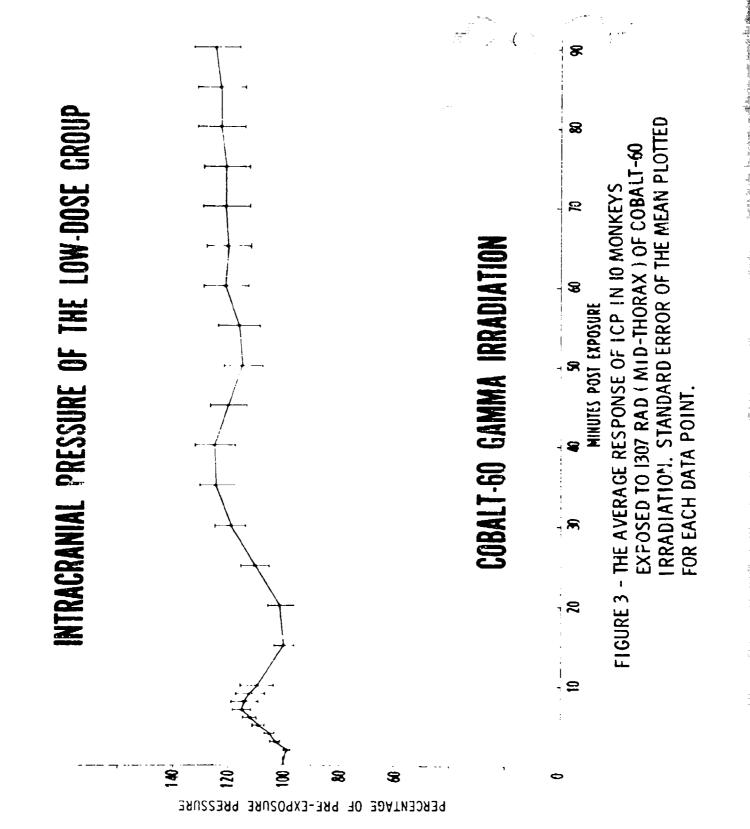
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TABLE II

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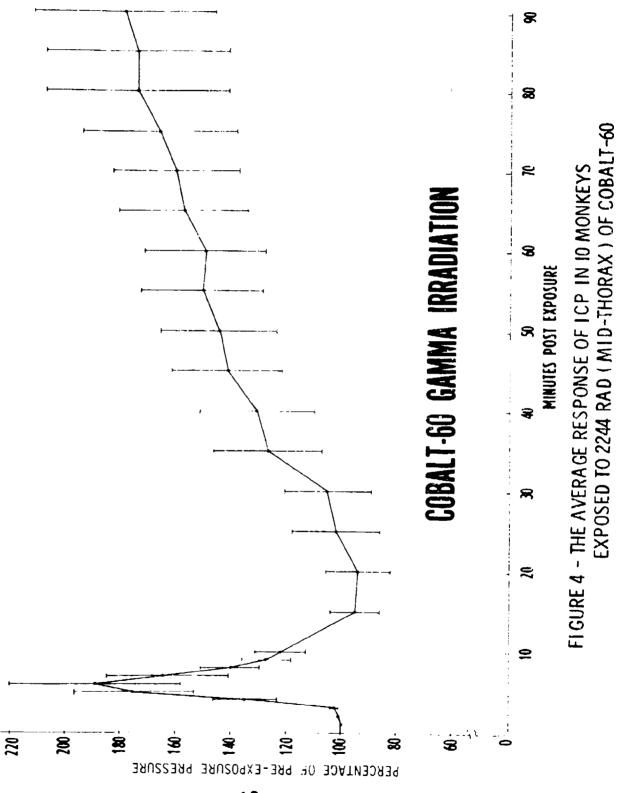
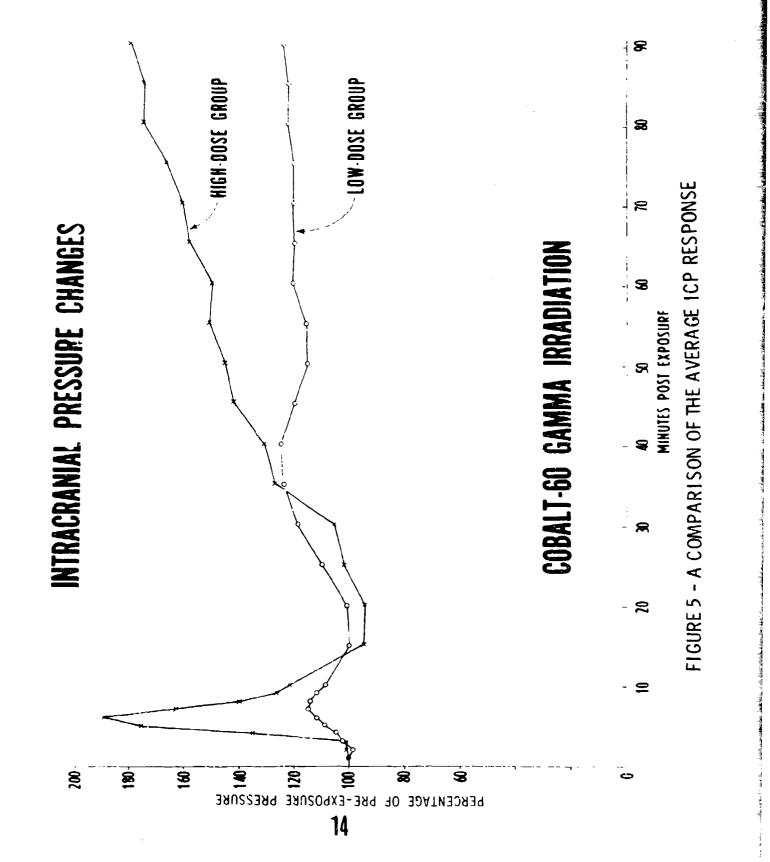


Figure 5 illustrates the relationship of the average ICP response observed in both exposure groups. The low-dose group was tested at 7 minutes postexposure and at 90 minutes by use of Student's T-Test, which indicated the values were significantly different than baseline values. The high-dose group was also significantly different from baseline recordings at 6 minutes and 90 minutes postexposure. Tests performed 6 minutes, 7 minutes, and 90 minutes indicated that responses between the two groups were significantly different at the first 2 times periods but not for the 90 minutes postexposure times.

The blood pressure response of each animal is listed in Tables III and IV. The low-dose group demonstrated maximum hypotention within 10 minutes after irradiation, as illustrated in Figure ô. The blood pressure gradually returned to the preirradiated level at 30-minutes postexposure, and then declined to 95% of baseline within the next hour; however, when tested at the 5% level, the 95% value was not significantly different from baseline.

The blood pressure of the high-dose group began a precipitous decline 2 minutes after the initiation of irradiation (Figure 7), and maximum hypotension was reached at 10 minutes postexposure; afterwhich, pressure began a gradual rise but did not attain baseline value by the end of 90 minutes.

When the nadir of both groups was statistically evaluated at 10 minutes postirradiation, both differred significantly from baseline. Differences between the two groups at 10 minutes postirradiation were significantly different, but not at 90 minutes following exposure.



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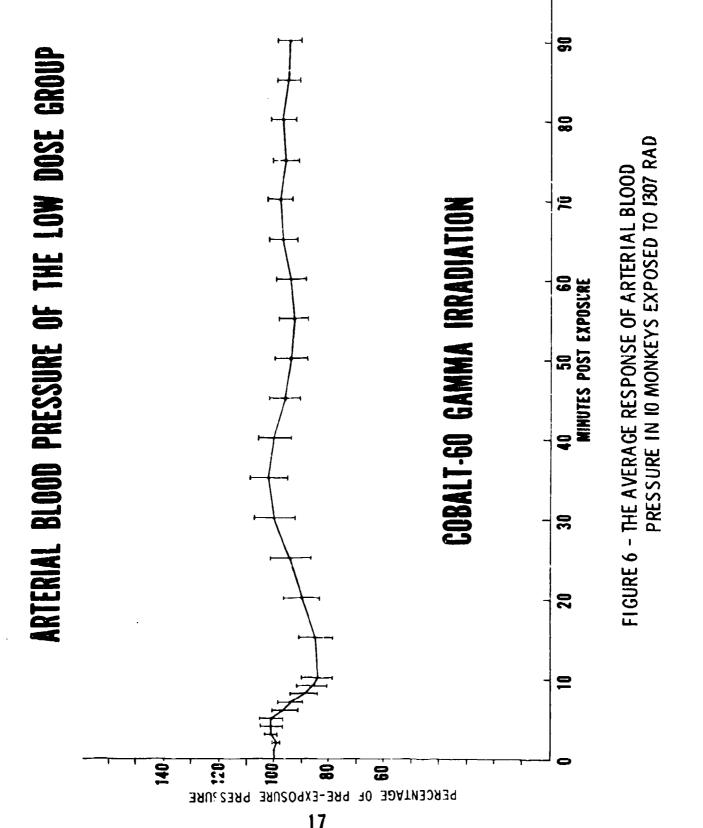
ARTERIAL BLOOD PRESSURE OF THE LOW-DOSE GROUP

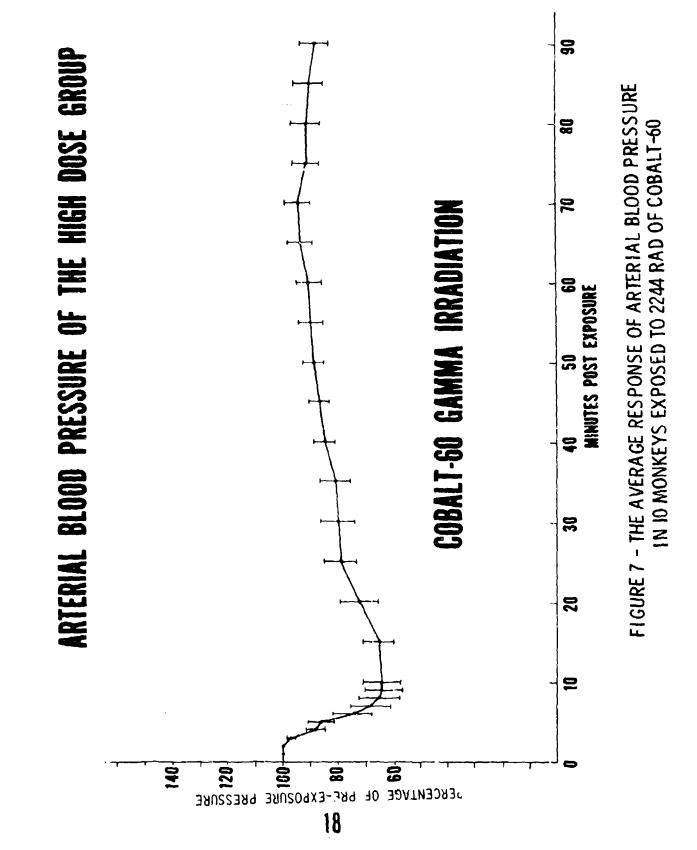
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	15	74	63	42	43	74	55	89	89	44	81	65	5.9	
	20	67	67	42	52	84	63	68	100	50	95	72	6.4	
	25	82	06	47	62	68	17	89	100	56	105	67	6.1	
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	50	93	85 28	75	78	95	6	105	100	67	100	89	3.9	
	55	93	85	82	78	89	94	116	100	67	100	90	4.3	
	60	93	85	82	78	68	94	116	100	70	100	6	4	
	65	109	83	65	80	97	98 98	121	103	70	95	94	4.8	
	70	114	83	83	80	00 L	101	116	103	70	100	95	4.8	
	75	109	8C	85	80	84	104	116	103	67	95	92	4.9	
	80	105	75	83	80	93	101	116	103	61	95	92	5.3	
	85	100	73	85	76	93 55	104	116	103	[9]	95 21	16	بر بر م	
	06	88	2	80	4/	56	106	911	103	9	с <b></b>	89	5-C	

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TABLE IV





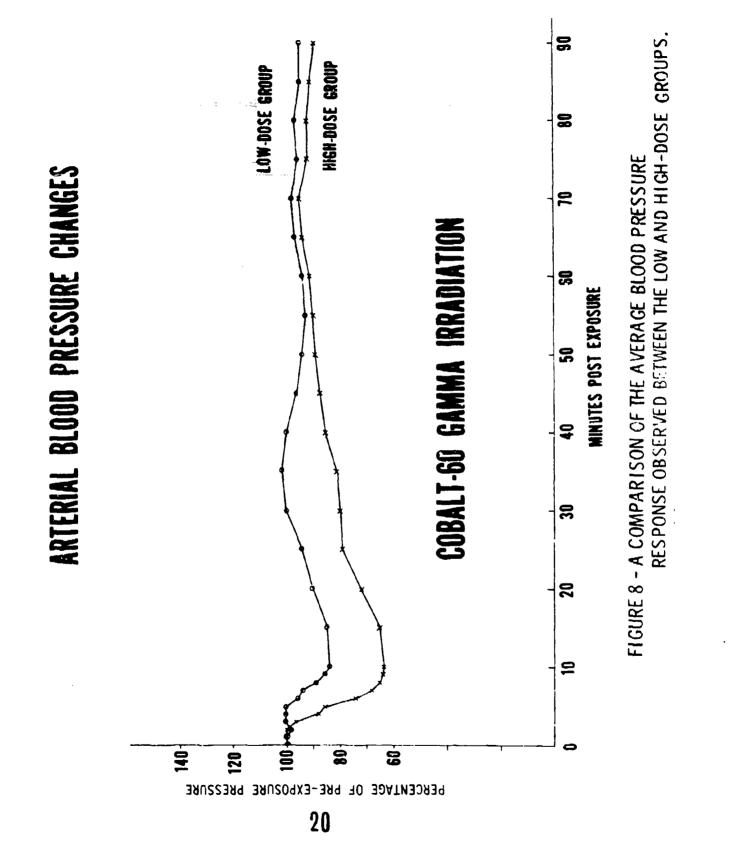
t

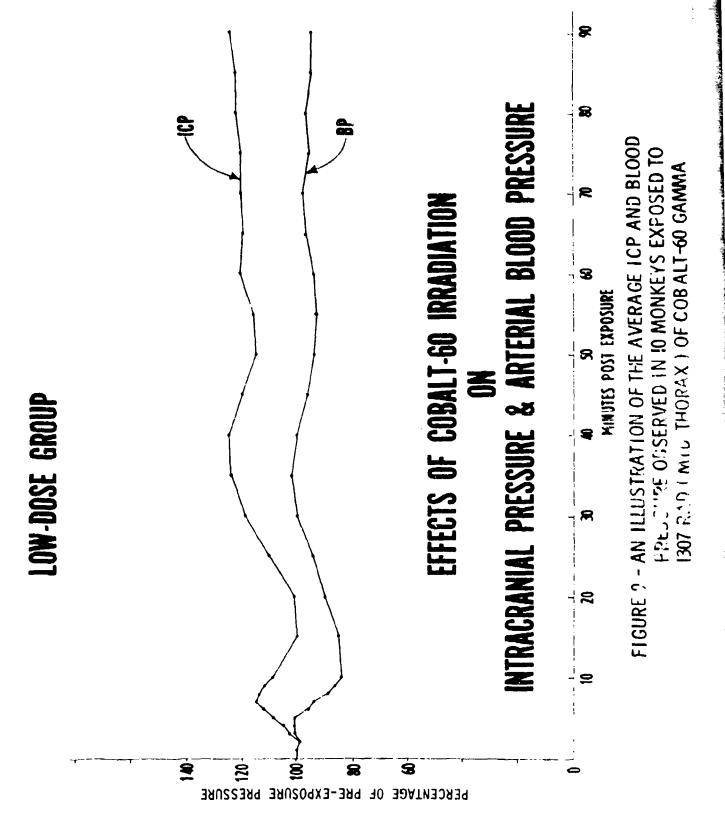
Figure 8 illustrates the average blood pressure response of both groups. Correlation of ICP and blood pressure responses observed in both groups are illustrated in Figures 9 and 10. The ICP and blood pressure fluctuated in harmony beginning approximately 20 minutes postirradiation for the low-dose group, but the ICP of the high-dose group demonstrated a much greater rate of increase than was observed for the blood pressure.

Tissue-equivalent monkey phantoms were used to measure absorbed doses in the head, thorax, and abdominal area; however, due to the great discrepancy between this dosimetry and the measured doses on the individual animals, it was felt that more confidence could be placed in results of the individual dosimetry. Listed in Table V are the entry and exit doses as well as the calculated midline doses for each monkey. Since electronic equilibrium was not established in the surface (entry) dosimeters, the mid-line exposures were calculated from the exit doses. It has been shown that calculated exposures for the chest region may be off by 25-30% if corrections are not made for the air-filled lungs<sup>11</sup>.

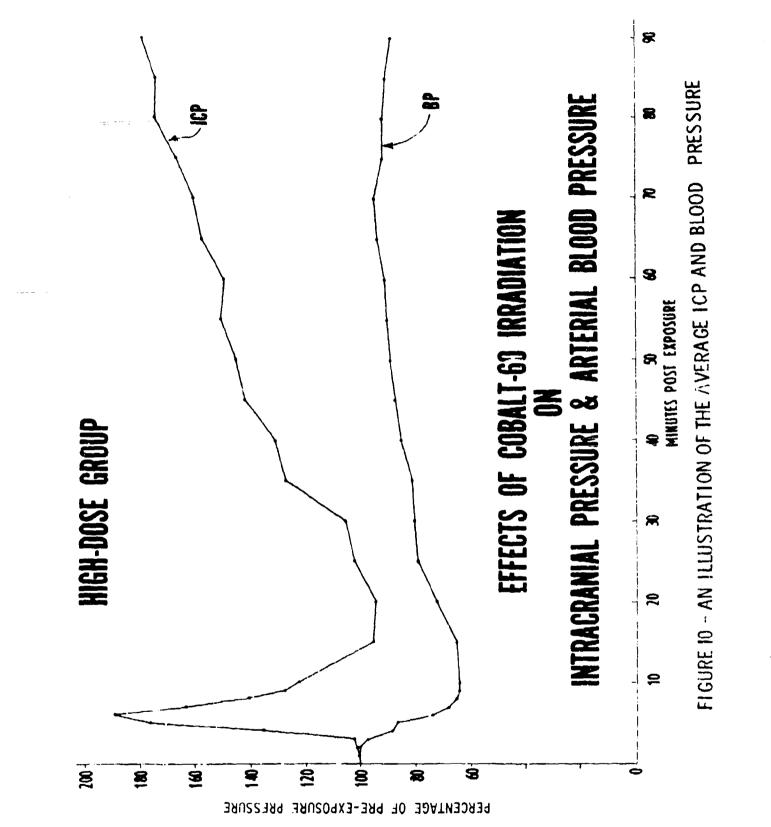
The monkeys used in this project had average chest measurements of approximately 8 cm from side-to-side. The inverse square law was applied to the exit measurements to derive the estimated mid-thoracic absorbed dose values in rad. It is conceded that such calculations will be slightly higher than the actual exposure level due to tissue absorption. But, without knowing the exact ratio of tissue to air within the thorax at the time of irradiation, it is not possible to establish an accurate absorption coefficient.

 V. Svarcer, J.F. Fowler, T.J. Deeley, E. Shuttleworth, Exit doses for lung and pharynx treatment fields measured by lithium fluoride thermoluminescence. <u>Luminescence Dosimetry</u>, (International Conference on Luminescence Dosimetry, U.S. Atomic Energy Commission/ Division of Technical Information. June 1965).





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	Calculated average mid-thoracic dose	1210 1297 1397 1329 1329 1363 1211 1501 1307		<b>2130</b> <b>2243</b> <b>2149</b> <b>2149</b> <b>2345</b> <b>2333</b> <b>2333</b> <b>2335</b> <b>2335</b> <b>2335</b> <b>2335</b> <b>2335</b> <b>2336</b> <b>2332</b> <b>2338</b> <b>2338</b> <b>2338</b> <b>2338</b> <b>2338</b> <b>2338</b> <b>2345</b> <b>2333</b> <b>2333</b> <b>2345</b> <b>2333</b> <b>2333</b> <b>2345</b> <b>2333</b> <b>2345</b> <b>2333</b> <b>2345</b> <b>2333</b> <b>2345</b> <b>2333</b> <b>2333</b> <b>2345</b> <b>2333</b> <b>2345</b> <b>2333</b> <b>2345</b> <b>2333</b> <b>2345</b> <b>2333</b> <b>2333</b> <b>2333</b> <b>2345</b> <b>2333</b> <b>2345</b> <b>2333</b> <b>2333</b> <b>2345</b> <b>2333</b> <b>2333</b> <b>2333</b> <b>2333</b> <b>2333</b> <b>2334</b> <b>2333</b> <b>2333</b> <b>2333</b> <b>2333</b> <b>2333</b> <b>2333</b> <b>2333</b> <b>2333</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2233</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2232</b> <b>2234</b> <b>2224</b> <b>222</b> <b>22</b> <b>22</b> <b>22</b> <b>22</b> <b>22</b>
	Exit Dose Xallo Entry Bose	4 4 4 8 8 8 9 7 9 4 4 4 7 9 7 9 9 9 9 9 9 9 9 9 9 9		4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4
LOW DOSE GROUP	Exit dose in rad	1052 1123 1215 1215 1215 1018 1156 1185 1185 1133 1137	HIGH DOSE GROUP	1852 1950 1869 1964 1729 2064 1729 2009 7 <u>952</u>
	Entry dose in rad	2328 2785 2640 2611 2643 2611 2643 2723 275 2753 2841 2841 2305		<b>4204</b> <b>4619</b> <b>4564</b> <b>4766</b> <b>4049</b> <b>4642</b> <u>4642</u> <u>4642</u>
	Weight in kg.	20222222222 20002222222		8.4.4.4.4.8.8.8.8 8.0.0.2.0.8.2.0.8.2.0.8.2.0.8.2.0.8.2.0.8.2.0.8.2.0.8.2.0.8.2.0.8.2.0.8.2.0.8.2.0.8.2.0.8.2.0.8.2.0.8.2.0.8.2.0
	Monkey No.	- ๛๛ <u>๛</u> ๛๛๛๐		

TABLE V

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#### DISCUSSION

The low-dose group demonstrated a slight, although not significant, rise in the blood pressure at approximately 3 minutes from the beginning of the exposure; this period corresponds to the time at which the ICP is beginning to elevate. This fact indicates that perhaps the intracranical vessels are beginning to dilate and that the ICP is increasing because the orterial pressure has not yet begun to fall. The arterial pressure begins to diminish at approximately 6 minutes and reaches the nadir at 10 minutes. Note that the ICP has begun to decrease while the blood pressure is still falling. This fact may suggest that the intracranial vessels have reached maximum dilation and that the ICP then begins to follow the blood pressure fluctuations. At the end of the 90-minute observation period, the blood pressure had returned to 95% of baseline, and the ICP was 125% of baseline.

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The ICP and blood pressure of the high-dose group begin to change at 3 minutes after the initiation of irradiation as compared to 6 minutes observed in the low-dose group. Although the pressure responses are more rapid and of greater magnitude in the high-dose group, the general trend is the same; for example, the ICP reaches maximum response and begins to decrease during the time period in which the arterial pressure is falling. At 20-minutes postirradiation the ICP begins to increase for the second time and continues to rise without regard to the blood pressure response. Ninety-minut: postexposure, the arterial pressure was 84% of baseline and the ICP was 165% of the preirradiation value. It might be concluded that in the high-dose group there has been more capillary damage and increased vessel permeability that could account for a shift in the perivascular osmotic pressure. There does appear to be two separate mechanisms affecting the intracranial pressure at different

periods of time after exposure to high doses of whole body irradiation.

The intracranial pressure increase observed an hour postirradiation may be indicative of brain edema and breakdown of the capillary integrity, but this fact does not account for the change in behavioral patterns that occur a few minutes postirradiation. It is doubtful that 75-80% increase in ICP is sufficient to induce severe cerebral dysfunction. The increase in ICP during the early stages of hypotension suggests dilation of the intracranial vessels and thereby an increase in the brain blood flow. However, there is a short period of time when both ICP and blood pressure are decreased, a period when brain ischemia could occur. At the present time this is the only explanation offered for the radiation induced cerebral depression.