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Prepared for Office of Civil Defense Department of the Army, OSA under Work Unit 1427A SRI Subcontract No. B87001(4949A-62)-US

SHELTER LIGHTING KIT

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Report 1400

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by

OCD Work Unit 1427A

January 1967

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FOREWORD

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The General American Research Division (GARD) of General American Transportation Corporation was contracted by Stanford Research Institute (SRI) for the Office of Civil Defense to design a prototype Lighting Kit for use in fallout shelters. This program was performed under SRI Subcontract B-87001(4949A-62)-US, OCD Work Unit 1427A, with Mr. James F. Halsey of SRI serving as project monitor.

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ABSTRACT

The Shelter Lighting Kit includes a manually-driven power unit and a fluorescent lighting system. Two power unit designs are presented for preproduction fabrication and evaluation. One power unit has a generator mounted on a bicycle-type frame and driven by a chain and sprocket transmission; while the other unit has a generator with an integral geared transmission mounted on a folding tripod frame. Both power units are designed for one-man operation with a power input of 0.1 horsepower at a nominal pedal speed of 55 rpm and a nominal generator output of 50 watts at 120 volts AC. The selection of either design for the production model will depend on their performance and a cost analysis. The fluorescent lighting system consists of two adjustable lamp fixtures and two 20-watt or 25-watt preheat fluorescent lamps operated in series (selected lamp wattage will depend on the overall system efficiency). The estimated production cost of the lighting kit is \$90.

An incandescent lighting system is proposed as an optional accessory for night lighting or background illumination in multi-room shelters. This lighting system consists of five 10-watt incandescent lamps with adapter sockets and five 50-foct extension cords. The estimated cost of this accessory is \$7.30.

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TABLE OF CONTENTS

SECTION		PAG	2
	FOREWORD	ii:	L
	ABSTRACT	v	
1	INTRODUCTION	1	
2	DESIGN CRITERIA AND EVALUATION	3	
	2.1 Lighting	3	
	2.1.1 Fluorescent	3	
	2.1.2 Incandescent	6	
	2.1.3 Lighting Analys	is 6	
	2.2 Generators	10	
	2.2.1 AC Alternators	10	
	2.2.2 DC Generators	11	
	2.2.3 Generator Analy	si s 12	
	2.3 Experimental Evaluation	15	
	2.3.1 Description of Unit	Experimental 15	
	2.3.2 Lighting	18	
	2.3.3 Voltage Regulat	ion 20	
3	DESIGN	21	
	3.1 Basic Lighting Kit	21	
	3.1.1 Power Unit	21	
	3.1.1.1 Roller Design	Chain Transmission 21	
	3.1.1.2 Integra Design		

GENERAL AMERICAN REBEARCH DIVISION

٢

vii

TABLE OF CONTENTS (CONT'D)

SECTION						PAGE
	3.1.:	2 Fluor	escent Li	ghting Sys	stem	2 6
	3.1.	3 Cost	Analysis			28
	3.2 Acces	ssory Incar	descent L	ighting Sy	ystem	28
	REFERENCE	5				33
APPENDIX A	Drawings Chain Tra	- Power Uni nsmission	t With an	External	Roller	
APPENDIX B	Dr awings Tr ansmiss :	- Power Uni Lon	t With an	Integral	G ea red	

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SECTION 1

INTRODUCTION

According to the Second National Fallout Shelter Survey there are 226,000 basement and special facilities (such as mines, caves, etc.) which can accommodate 55.8 million people. These facilities generally have no natural illumination and therefore require a means of artificial lighting. Approximately one-quarter to one foot candles of illumination are needed in these shelters to maintain the minimum survival requirements (Ref. 1). In addition to this background illumination, higher levels are required in the administrative, medical, and kitchen areas.

The emergency lighting systems considered to date for these shelters are:

- a 100-watt "Light Admitting Device" which uses the sun as a light source and a mirror system for distribution (Ref. 2),
- a 550-watt "Self-Contained Generator" which produces electrical power and provides oxygen and water through the decomposition of 90 percent hydrogen peroxide (Ref. 3),
- 3) a series of 0.5 to 5 KVA generators driven by four-cycle engines using liquified-petroleum gases (propane and butane) as the fuel (Ref. 4), and
- 4) an automotive generator driven either manually or by a gasoline engine (Ref. 5).

These systems are either expensive, require periodic maintenance, or are difficult to operate manually. Item 4 above consisted of both an automotive alternator and an automotive generator driven independently through a 24-inch bicycle. In this case, two methods of coupling were attempted: direct friction

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drive, which proved too difficult to operate, and belt drive. Pedaling the alternator at 60 rpm through a belt drive transmission resulted in 36 watts of power and could be sustained for a maximum of five minutes. It was also found that charging of a storage battery with this system was not practical. The maximum charge obtained was 2 amps for one minute with physical endurance being the limiting factor. These alternators and generators are specifically designed for larger loads and high speeds with power inputs of up to 4 horsepower. Since these generators are not designed for manual operation, the Office of Civil Defense initiated this program to study the design and development possibilities of an inexpensive lighting kit consisting of a fluorescent or incandescent lighting system and a power unit which can be manually driven by one person for extended periods of time. The primary function of the lighting kit is to furnish illumination with emphasis on maximum efficiency and performance at minimum costs. A secondary function of the power unit could be to furnish a means of recharging dry cell batteries, which are used in Civil Defense radiological equipment, or operating radio receivers in the shelters.

SECTION 2

DESIGN CRITERIA AND EVALUATION

The basic considerations in designing a shelter lighting kit are human factors, types of lighting, and methods of generating electrical power. An extensive amount of data concerning human factors (such as pedal speeds, optimum and maximum power inputs, and work/rest cycles) has been established in the development of the shelter Ventilation Kit as described in Specification MIL-V-40645 (Ref. 6); however, little data has been documented on the optimum types of lighting and the methods of electrical power generation for this application. This section analyzes types of lighting systems and generators for use in a shelter lighting kit, and evaluates them ty means of an experimental unit. Section 3 presents the design of a matched lighting and generator system.

2.1 Lighting

The two types of artificial illumination suitable for a shelter application are fluorescent and incardescent lighting. The type selected depends on its application (high intensity or background illumination), the lumen output, the total cost of the lighting system, and the performance characteristics of the power source.

2.1.1 Fluorescent

The fluorescent lamp is an electric discharge lamp usually in the form of a long tube coated internally with one or more fluorescent powders commonly called phosphors. Cathodes are located at each end of the tube. The lamp is filled to a low pressure with a noble gas to which usually is added a small drop of mercury. The discharge passing through this gas and mercury vapor generates ultraviolet radiation which in turn excites the phosphor to emit light.

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Since fluorescent lamps have a negative resistance characteristic, they must be operated in circuits which include current control, such as a ballast, in series with the lamp. A number of different means of lamp starting have been developed since the advent of the fluorescent lamp (Ref. 7). The first is preheat-starting using low voltage but requiring an automatic or manual starting switch. In this method of starting, a circuit which connects both cathodes of the lamp in series with the power source is closed by an automatic or manual switch. The cathodes are momentarily heated (approximately 1 second) and the immediate surrounding gas is ionized. The cathode circuit is then opened by the switch, causing a transient voltage to be built up in the ballast. This voltage is sufficient to strike the arc between the cathodes and start the lamp. Once the lamp starts, the ballast acts as a current limiting device, since there is essentially a sport circuit across the lamp. The second method is instantstarting, which requires a higher voltage, but no cathode heating. The ballast, functioning as a transformer, impresses a high voltage (400 to 1000 volts) across the cathodes of the lamp to strike the arc. The most recent method is rapidstarting, where the uso of continuously heated cathodes has resulted in lamp starting without high voltage or starting switches.

Fluorescent lamps designed for preheat and rapid starting are the most commonly used lamps in sizes 40-watt and less. Instant-start lamps are generally used in larger sizes and require more input power. Table I shows costs and performance data for typical and commercially available preheat and rapid-start fluorescent lamps.

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TABLE I

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PERFORMANCE OF FLUORESCENT LAMPS

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TYPE OF LAMP				н	PREHEAT	6					RAPID START
Nominal Rating, Watts	† 7	6	8	13	14	15	20	25	30	04	30
Actual Power Input, Watts	3.7	5.8	7.9	13.0	13.4	15.0	19.6	26.0	30.4	1+0.0	30.0
Lamp Operating Volts	32	45	56	96	37	55	55	39	98	TOT	75
Light Output, Lumens (see Note 2)	113	250	1400	735	120	850	1250	1815	2180	3250	2400
Ballast Power Loss, Watts	ъ	2	2	6	6	5	6	6	11	11	14-20
Lamp Cost, dollars	0.80	0.80	0.80	0.92	0.56	0.56	0.51	1.08	0.66	0.58	0.80
Starter Cost, dollars	0.22	0.22	0.22	0.12	0.12	0.12	टा.0	0.20	0.12	0.12	0.00
Ballast Cost, dollars	0.42	0.42	0.42	1.77	3. ¹ 47	3.47	3.47	0.64	3.47	3.47	3.87
Lamens Per Lamp Watt	30	43	50	56	53	56	1 9	02	71	81	80
Lumens Per Lamp-Starter Dollar	נננ	245	392	706	1075	1250	1985	1445	2880	4640	3000
Lumens Per Lamp-Starter- Ballast Dollar	78	173	278	262	173	205	305	946	513	780	515
NOTES: (1) Based on quantity of 100,000 units (Ref. 8). (2) White and warm white lamps. (3) Ballast with low power factor.	ty of 100,00 white lamps. w power fact	of 100,000 u ite lamps. power factor.) unit: or.	s (Ref.	. 8).						

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2.1.2 Incandescent

Incandescent lamps are available in a variety of bulb shapes, sizes, bases, filaments, and colors (Ref. 9). Each lamp is designed for a particular application, such as general illumination, infrared heating, floodlighting, and spotlighting. Lamp operating voltages range from 6 volts to 260 volts, alternating current or direct current, and the lamps are rated from 3 watts to 1,500 watts. Table II presents the performance data and costs for typical incandescent lamps with medium bases (screw-type, 120 volt).

Table II

Nominal Lamp Watts	7.5	10	15	25	40	50
Lamp Operating Volts	115- 125	115- 125	120	120	120	120
Light Output, Lumens	53	79	144	262	470	685
Lamp Cost, Dollars	0.11	0.11	0.1 1	0,12	0.12	0.12
Lumens Per Lamp Watt	7.1	7.9	9.6	10.5	11.7	13.7
Lumens Per Lamp Dollar	482	718	1310	2180	3920	5700

PERFORMANCE OF INCANDESCENT LAMPS

NOTES: 1) Based on General Electric Company data (Ref. 10). 2) Based on quantity of 100,000 units (Ref. 11)

2.1.3 Lighting Analysis

The significant advantage of fluorescent lighting is that it produces a lumen output approximately six times that of incandescent lighting for the same power input (see Tables I and II); however, using fluorescent lights in a shelter lighting kit has a few disadvantages, such as its greater cost, the power losses in the accessories, and the length of the lamps. The cost of the ballast and starter required in the standard fluorescent lighting

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circuit can be as much as seven times the cost of the lamp. For example, a 20-watt fluorescent lamp costs \$0.51, while the ballast costs \$3.47. The power consumed by the ballast is high and can be as much as one-third that consumed by the lamp. A 20-watt fluorescent lamp has an additional 6-watt loss in the ballast. Fluorescent lamps can present a safety hazard if the tubes are broken because they contain mercury vapor. This gas is noxious and if allowed to escape from a broken lamp could present a health hazard in a small closed room. Generally, shelters are large and are ventilated sufficiently so that this problem is not significant.

The advantages of incandescent lighting are its greater simplicity, lower cost, and compactness. Although the light output of an incandescent lamp is approximately one-sixth that of a fluorescent lamp, the cost of an incandescent lamp is approximately one-thirtieth. For example, the cost of a 40-watt fluorescent lamp with accessories (excluding the fixture) is \$4.17, whereas, the cost of a 40-watt incandescent lamp is only \$0.12. This large cost difference is primarily due to the cost of the ballast in the standard fluorescent lighting circuit. When comparing the light output of fluorescent and incandescent lamps on a cost basis, it can be seen that a standard fluorescent light circuit is extremely expensive (see Tables I and II). If the ballast could be deleted for a shelter lighting system, this method of illumination would be more economical. For example, the comparison of a 40-watt system is shown in Table III.

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TABLE III

CYSTEM*	· COST	LUMENS PER DOLLAR
Standard circuit with Lamp, Starter, and Ballast	\$ 4.17	780
Special circuit with Lamp and Starter. No Ballast.	0.70	4640
Incandescent Lamp.	0.12	3920

COMPARISON OF 40-WATT FLUORESCENT AND INCANDESCENT LIGHTING SYSTEMS

*Fixture costs are not included.

etsty.

It is possible to eliminate the ballast in a fluorescent lamp circuit (see Section 2.3.2) by selecting a generator which has an impedance that is matched to the characteristics of the lamp. If preheat fluorescent lamps are used, the windings of the generator can produce the transient voltage or inductive "kick" required to strike the arc when the switch in the cathode circuit is opened. The impedance of the windings will limit the current once the lamp has started. With this arrangement, the lamp ballast is essentially built into the generator and the high cost and power losses normally associated with a standard ballast are eliminated. Fluorescent lighting using the generator to provide the ballast for the lamp is ideally suited for the shelter lighting kit.

The selection of the optimum number and size of lamps to be included in a lighting kit depends on the efficiency of the power unit and the available input horsepower. Table IV shows the estimated power for a nominal 0.1

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horsepower unit using incandescent and fluorescent lamps. The 40-watt fluorescent lamp has the highest lumen per watt rating (81 lumens per watt) of all the individual lamps (see Table I); however, a lighting system using a single lamp has an undesirable effect of concentrating all the light in one location. Two 20 or 25-watt fluorescent lamps can be placed in series to provide a more even distribution of light over a larger area and in more than one room. In addition, these lamps can be readily packaged within the kit, while the 40-watt lamp (48 inches long) would require an unreasonable packaging problem. Two 25-watt lamps in series can be used with power units that have gear transmissions with mechanical efficiencies of 90 percent or higher. Two 20-watt lamps in series would be used with power units having lower efficiencies (see Section 2.2.3). Of primary importance is the reduced light output when using either five 10-watt or one 40-watt incandescent lamp. Any of these arrangements will result in a power input to the system less than 0.127 horsepower.

LAJES						Manual Horsepow			
		NATT	8	Length (inches)	Operating Volte	Light Output (lumens)	Generator 1 Input Watts	Chain Drive ²	Gear Drive ³
	10.	Montes)	Actual	(inches/	107.00	(805 Efficience	905 Efficience
	8	15	30. 0	18	סננ	1700	44.1	0.076	0.066
	2	20	39.2	24	מנ	2500	56.2	0.0 9 4	0.0 8 4
71acra	8	25	52.0	u	120	3630	75.5	0.127	0.113
-	l	ko	40. 0	48	101	3250	57.3	0.096	0.085
	5	10	50. 0		113-125	395	72.2	0. <u>191</u>	0.107
Taxada	1	40	40.0		750	470	57.3	0.096	0.085

TABLE IV POMER REQUIREMENTS FOR FLUCRESCENT LIGHTING

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Generator efficiency based on performance data an above in Figure 2.

2. See Section 2.2.3 for the estimated efficiency for the chain transmission.

3. See Section 2.2.3 for the estimated efficiency for the gear transmission.

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2.2 Generators

The selection of a generator for a manually-driven power unit depends upon its simplicity, compactness, performance characteristics (such as its efficiency and speed at which it must be driven), control, and cost. The two basic types of generators are alternating current (AC) alternators and direct current (DC) generators.

2.2.1 AC Alternators

Alternators generally have the armature as the stator or stationa y member, and the field as the rotating member. These alternators are categorized according to the method of field excitation; such as (1) externally excited, (2) selfexcited, and (3) permanently excited.

The externally excited alternator is generally designed for power plants. The excitation current, which is low voltage DC, is carried through slip rings which are easily insulated at these voltages. The power required to excite the field windings is less than 1-1/2 percent of the rated power of the machine. The simplest manner of achieving control is through a rheostat in the field circuit. The rheostat controls the field current, and thus the magnetic flux-density.

The self-excited generator is designed for the intermediate power range, the smallest being rated at approximately 200 watts. This machine uses a portion of the output voltage, which is carried through slip rings, although residual magnetism in the field is required to initially induce a voltage in the armature at start-up.

The permanently excited alternator has magnets in the field which produce a magnetic field of constant strength. These alternators are normally designed for the low power output range (up to 250 watts) and have linear speed-voltage

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characteristics. Since the field is permanently excited, these machines have no slip rings and the output voltage is solely dependent on the speed at which the alternator is driven. There are two types of permanently excited alternators. One type has a rotor containing permanent magnets with the armature windings located in the stator; while the second type, called a flux switch alternator, has both the permanent magnets and the armature windings located in the stator. The rotor in this case merely provides the magnetic flux path between the positive and negative poles of the magnets. This flux path also passes through the armature windings. As the angular position of the rotor is changed, the flux alternately passes through the rotor from one set of poles to the next set of poles. As the flux alternates between the magnetic poles of the stator, a reversal of the direction of the flux through the armature windings occurs, thereby inducing a voltage in these windings. The flux switch alternator is primarily designed for high speed, high frequency applications, and is most efficient under these conditions.

2.2.2 DC Generators

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The construction of the DC generator is somewhat different than the AC alternator. In this case, the armature is the rotating member and the field is located in the stator or stationary member. The DC generator, however, operates in the same manner as the AC alternator; i.e., a voltage is generated in the armature windings with an alternating waveform. The distinct difference in the two machines is in the delivery of the voltage to the load. In the AC machine, the waveform appearing at the load is the same as that in the winding, but in the DC machine, one-half of the wave is reversed by the commutator. With sufficient coils spaced around the armature, the ripple in the voltage is reduced to an insignificant quantity in the practical machine. There are

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three standard types of DC generators: the shunt generator, the series generator, and the compound generator.

The field of the shunt generator in series with its rheostat is connected directly across the armature. The rheostat, or voltage regulator, controls the strength of the field in order to regulate the output terminal voltage. Shunt generators are commonly used in city power substations. This type of generator, in addition to an AC alternator with a built-in rectifier, also has wide application in the automotive and truck industry and is designed for 6, 12, and 32 volt systems.

In the series generator, the entire load flows through the field winding, which consists of relatively few turns of wire of sufficient size to carry the entire load current without undue heating. This generator supplies constant current, and has been used to operate series arc lamps.

By addition of a series winding to the shunt generator, a constant terminal voltage may be automatically maintained. This generator is known as a compoundwound generator and is chiefly used to supply a pure motor load subject to rapid fluctuations, such as in railway work.

2.2.3 Generator Analysis

The permanently excited alternator is best suited for the power unit of a shelter lighting kit since this machine is inexpensive, compact, requires the least maintenance, and can be used on fluorescent lighting systems. The impedance of the armature windings can be designed to provide both the necessary cathode heating amperage for starting fluorescent lamps, and the required operating amperage after starting, without changing the speed of the alternator. This alternator can also be short-circuited repeatedly without damage to the armature windings.

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The permanent magnet rotor alternator is best for a manually-powered application. This type of alternator is designed for slower speeds; whereas the flux switch alternator is designed for high speeds.(2,000 to 100,000 rpm), and requires complex transmissions and speed increasers. The optimum trade-off speed for a permanent magnet rotor alternator and its transmission is approximately 1800 to 2100 rpm. Higher speeds reduce the cost of the alternator, but increase the transmission costs. Slower speeds result in a larger, more expensive and less efficient alternator. Considering a pedal speed of 55 rpm, an alternator speed of 2,000 rpm would require a transmission speed ratio of 36.4 to 1.

The four basic types of transmissions that can achieve this 36.4 to 1 speed ratio are belt-drives, friction drives, chain drives, and gear drives. The belt and friction drives are too inefficient for a manually-driven application with low power inputs (Ref. 12); therefore, the transmission is limited to either gear or chain drives. The efficiency of a 36.4 to 1 chain transmission driven at 2,000 rpm is approximately 80 percent (Ref. 13); while the efficiency of a similar gear transmission is estimated to be at least 90 percent. The overall efficiency of the alternator and transmission must be determined by test. After prototypes have been built, the transmission should be selected based on cost and the overall size and volume of the lighting kit package.

Although the shunt-wound DC generator, which is mass-produces for vehicle manufacturers, costs less than a permanent magnet generator produced in small quantities, the disadvantages of using this type of generator in a lighting kit are: 1) the lighting system would be limited to incandescent lamps which produce

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approximately one-sixth the light output of fluorescent lamps, 2) larger capacity wiring looms would be required to carry the high currents of a low voltage system, 3) the transmission would be more expensive since these generators are designed to operate at speeds from 2,000 to 10,000 rpm, and 4) the power losses in the generator windings and the voltage regulator are comparatively high due to the large currents. It is possible to operate fluorescent lamps from a DC circuit; however, a polarity reversing switch, a special ballast, a resistor, and a transformer are required. These accessories would consume a substantial amount of power. For instance, a 40-watt lamp would have an additional 44 watt power loss in the accessories for a total required power input of 84 watts.

The single advantage of a low voltage DC system is that electrical energy can be stored in a battery so that power is available at all times. The significance of this method is that lighting can be provided at night and other times when it is not desirable to operate the generator. The disadvantages of interposing a lead-acid battery between a DC generator and the load, or a battery and battery charger between an AC generator and the load, are as follows:

(1) The efficiency of either system is reduced since the watt-hour efficiency of lead-acid batteries is approximately 77 percent. Normally, the rated discharge for a battery is based on eight hours; therefore, a 40 ampere-hour battery (typical 12 volt automobile battery) would deliver approximately 60 watts for 8 hours until completely discharged and require a recharge rate of 71 watts for 8.8 hours. Increased discharge rates would

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reduce the ampere-hour rating and the watt-hour efficiency of the battery.

The use of a battery charger in conjunction with a 120 volt AC generator will further reduce the system efficiency. Battery chargers have an efficiency of 65 to 75 percent; thus, producing an overall efficiency for the battery/battery charger combination of 50 to 55 percent.

- (?) As stated previously, the typical automobile generator is not practical for a manually-powered application, since it is designed for large power outputs at high speed and is relatively inefficient, particularly with light loads or low speed. For example, the Leece-Neville type A001-6000 generator has an output of 54 watts at 1000 rpm with an input of 0.37 horsepower. The generator for a manually-powered application would therefore have to be specially designed and would cost more than a similar 120 volt AC generator.
- (3) The cost of the components for the low voltage DC system will be substantially increased due to the special DC generator, the leadacid battery, battery charger, and the increased wire size necessary to carry the current at this low voltage.

2.3 Experimental Evaluation

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An experimental power unit was fabricated to evaluate the concepts of manually generating electrical power with a permanent magnet generator for operation of fluorescent lamps, incandescent lamps, and other accessories.

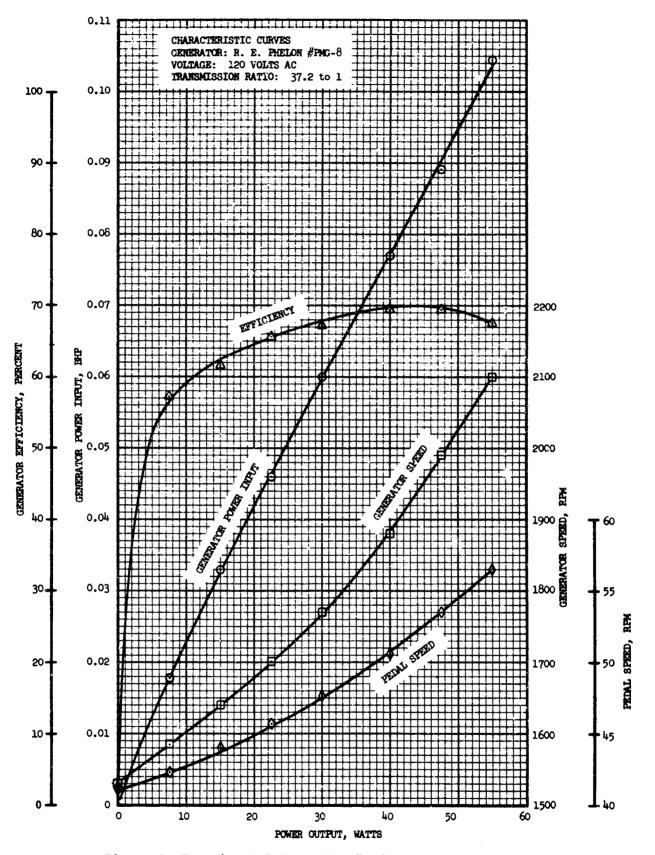
2.3.1 Description of Experimental Unit

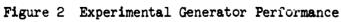
The experimental unit consisted of a commercially available generator mounted to a VK (Ventilation Kit) frame and transmission (see Figure 1).

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The generator was an eight pole, alternating current (AC), alternator with a permanent magnet rotor containing stabilized Alnico magnets and a stator wound specially for a 120 volt output (see Section 2.3.2) at 50 watts and 2000 rpm. The performance of this generator at a constant voltage output of 120 volts for various generator loads is shown in Figure 2. Since the standard generator was furnished with a pedestal mount, an adapter bracket was fabricated for mounting the generator to the frame of the VK assembly. The original VK transmission was modified to increase the speed ratio from 19.46/1 to 37.20/1 in order to obtain pedal speeds between 40 and 54 rpm at corresponding power outputs of 0 and 50 watts.

2.3.2 Lighting

The preheat fluorescent lamps from 4 through 40 watts and the 30 watt rapid-start lamp were operated individually without standard ballasts by using the experimental power unit as the power source and as the circuit ballast (see Figure 3).

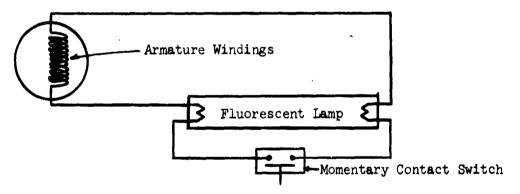


Figure 3 Experimental Power Circuit, 1 Lamp

A momentary contact-type manual switch was used to start the lamps. With the switch closed, a heating current passes through the cathodes at each end of

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the lamp, heating them, and causing electrons to be ejected from the cathode by thermionic emission. Upon opening the switch, a transient voltage provided by the armature windings of the generator is impressed across the cathodes of the lamp causing an electric discharge through the tube to start the lamp. The lamps were also started with either the thermal-switch or the glow-switch automatic starters. The glow-switch starter is preferred for the lighting kit, since this starter consumes no power, while the thermal-switch starter consumes 1/2 to 1-1/2 watts during lamp operation. The voltages required to sustain operation of the lamps are indicated in Table I.

Pairs of 4, 6, 8, 14, 20 and 25 watt preheat lamps were operated in series utilizing the glow-switch automatic starters (see Figure 4). With this circuit, the terminal voltage of the generator is the summation of the individual lamp operating voltages; for example, in the case of the 20-watt lamps, the terminal voltage would be 110 volts.

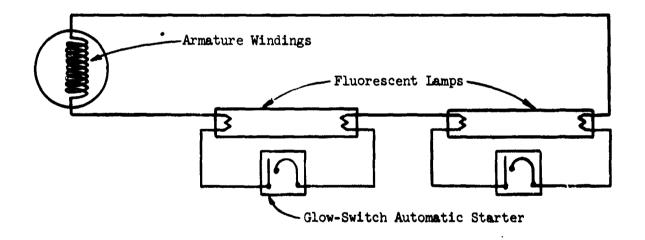


Figure 4 Experimental Power Circuit, 2 Lamps in Series

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Pairs of 13, 30, and 40-watt preheat lamps could not be operated in series, since the necessary operating voltages are approximately 200 volts. This voltage is beyond the capability of the experimental power unit. In addition, the 30-watt rapid-start lamps could not be operated for the same reason. This lamp requires an operating voltage greater than 150 volts.

Since the generator output voltage is the summation of the individual lamp voltages when operating fluorescent lamps in series, two 20-watt lamps or two 25-watt lamps in series would require operating voltages of 110 volts and 120 volts, respectively, which are approximately the same as the voltage required for operating incandescent lamps, which can be readily operated with the experimental unit. Therefore, the recommended design voltage for the power unit is 120 volts.

2.3.3 Voltage Regulation

Fluorescent lamps that were operated with the experimental unit at power inputs less than their rated values showed a distinct "flicker". It is possible to operate a lamp at a point at which the flicker just becomes apparent. This provides the operator with a visual indication of the pedal speed necessary to keep the lamp operating. A simpler and more direct method, however, is the use of a voltmeter to maintain the correct output voltage. A voltmeter calibrated between 0 and 150 volts AC was, therefore, attached to the experimental power unit to provide a direct readout to the operator of the generator terminal voltage. This method of voltage control allows the operator to readily change pedal speed to compensate for fluctuations in output voltage due to changing loads. Therefore, a voltmeter is recommended for the power unit of the lighting kit. The significance of the voltmeter is increased if an optional incandescent lighting system is included in the kit.

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SECTION 3

DESIGN

The basic lighting kit includes a power unit and a fluorescent lighting system. An incandescent lighting system is proposed as an optional accessory which may be used to provide night lighting or background illumination in multi-room shelters. The output voltage of the power unit is 120 volts AC which is the standard household current, thus permitting operation of not only fluorescent and incandescent lighting sytems, but also equipment such as radio receivers and dry-cell battery chargers which may be included in future shelter supplies.

3.1 Basic Lighting Kit

3.1.1 Power Unit

Two power unit designs are : ecommended for further development to establish which unit should be used in the shelter lighting kit. The development of both designs is necessary to determine their overall efficiency and performance, and to finalize their costs. One unit utilizes a roller chain and sprocket transmission while the other has a generator with an integral geared transmission. Both units were designed for one-man operation at a nominal power input of 0.10 horsepower at a pedal speed of 55 rpm. These human factors data were established during the development of the shelter ventilation kit (Ref. 14).

3.1.1.1 Roller Chain Transmission Design

The power unit with an external roller chain transmission is shown in Figure 5. This design is basically a unitized version of the shelter ventilator design. The main structural member is the horizontal "spine". This beam member is fabricated from 2 inch by 3 inch rectangular steel tubing. The saddle mast and mast support are welded to the spine to provide the same saddle-to-pedal angle and dimensions as those of a standard bicycle. The rear stand consists

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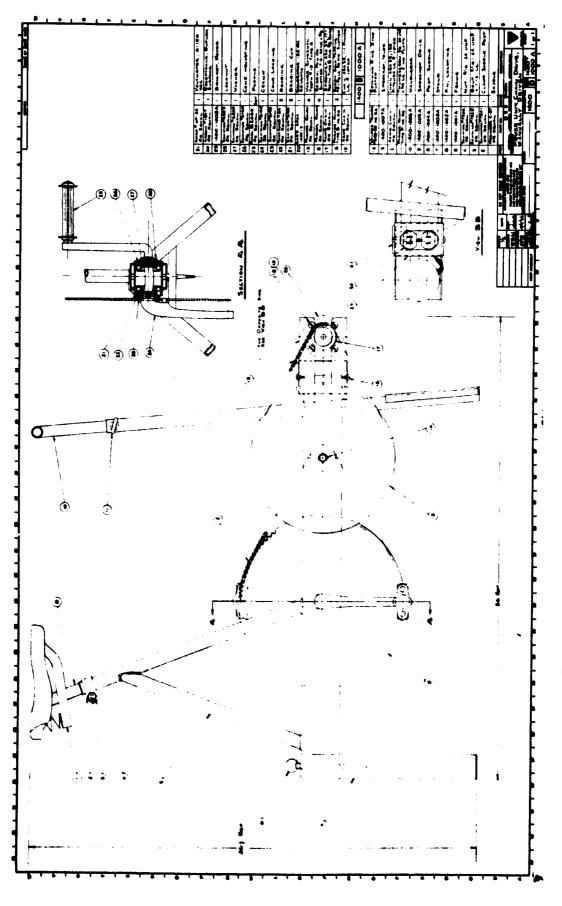


Figure 5 Power Unit With an External Roller Chain Transmission

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of a steel channel shaped in an "A" frame and attached to the spine by a removable pin. The stand is designed for removal to reduce the overall dimensions for packaging purposes. The handlebar housing provides the forward support for the frame. The handlebar slides inside this housing and can be removed for packaging purposes. Height adjustment is provided by a thumbscrew. The actual height of the saddle can be adjusted by loosening the mast clamp and moving the saddle post to the desired position.

The generator is an eight pole alternating current machine with a wound stator and a permanent magnet rotor. The generator is rated at 120 volts AC and 50 watts at a nominal speed of 2000 rpm. The stator housing is flanged for mounting to the support bracket at the end of the spine. The rotor of the generator is supported by two ball bearings which are sealed and lubricated for the life of the unit. The two output lead wires of the generator are connected to a duplex outlet receptacle through a 0-150 volt AC voltmeter. Both the receptacle and voltmeter are mounted on a bracket attached to the spine.

The transmission between the crank and the generator shaft requires a twospeed step-up. The roller chain used in the transmission is American Standards Association (ASA) No. 35 with a pitch of 3/8 inch. This chain is used rather than 1/2 inch pitch standard bicycle chain to reduce the size of the sprockets and the centerline distance between sprockets. The sprockets for the transmission are attached either directly to the crank or to an idler shaft which is welded to the spine. The crank assembly and pedals are standard bicycle parts. This crank assembly is mounted in a tubular hanger which is welded to the spine. The sprocket at the crank has 112 teeth and is coupled with a chain to a 17 tooth sprocket at the idler shaft. Welded to this 17 tooth sprocket is a 96 tooth

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second chain. This results in a transmission speed ratio of 37.2 to 1. This design requires a package size of 37 inches by 37 inches by 18 inches. The drawings required to fabricate a preproduction unit are presented in Appendix A.

3.1.1.2 Integral Transmission Design

The power unit using a generator with an integral transmission is shown in Figure 6. This design features a collapsible tripod stand, adjustable handlebar and saddle, and the generator with attached cranks and transmission. A 2 inch by 1 inch by 1/8 inch steel channel provides the forward leg and main structural member of the tripod frame. Welded to the top of this channel is a 3/16 inch thick steel plate which contains the hinges for the rear support legs and the mast for the saddle post. Hinged steel pads are provided at the base of all three legs to distribute the downward force. The generator mounting bracket and the handlebar housing are welded to the forward leg or channel. All three legs are connected with a wire cable to limit the spread of each leg and to add rigidity to the framework.

The generator and gear transmission are contained in one housing which is provided with a pedestal mount. The generator is rated at 120 volts AC and 50 watts at a 55 rpm input to the transmission shaft. The transmission requires no lubrication after assembly and the complete unit has a storage life of at least ten years. Two standard "3-piece" bicycle cranks are attached to the transmission input shaft.

The generator lead wires are connected to the voltmeter and duplex receptacle which are both mounted on the meter bracket. The voltmeter is calibrated between 0 and 150 volts AC and the duplex receptacle provides two separate circuits for parallel operation.

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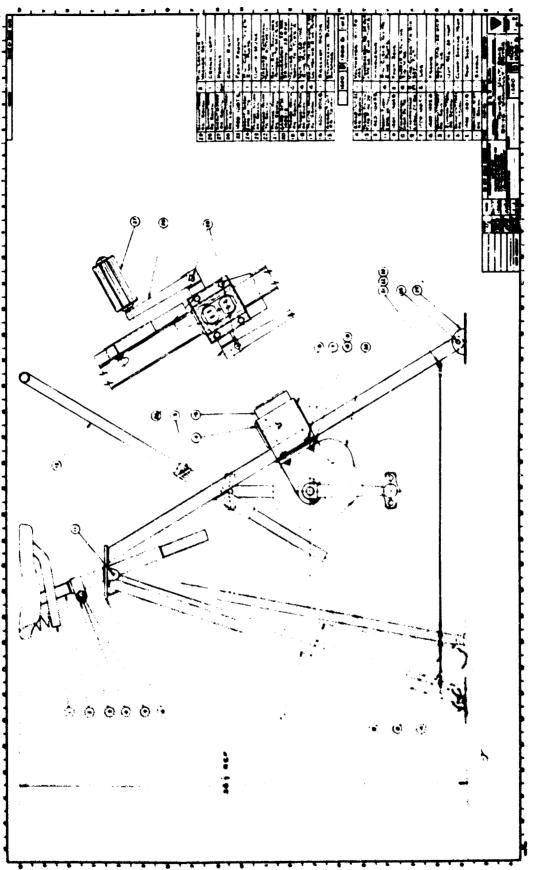


Figure & Power Unit With an Integral Geared Transmission

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This design requires a package size 45 inches by 18 inches by 14 inches. The drawings required to fabricate a preproduction unit are presented in Appendix B.

3.1.2 Fluorescent Lighting System

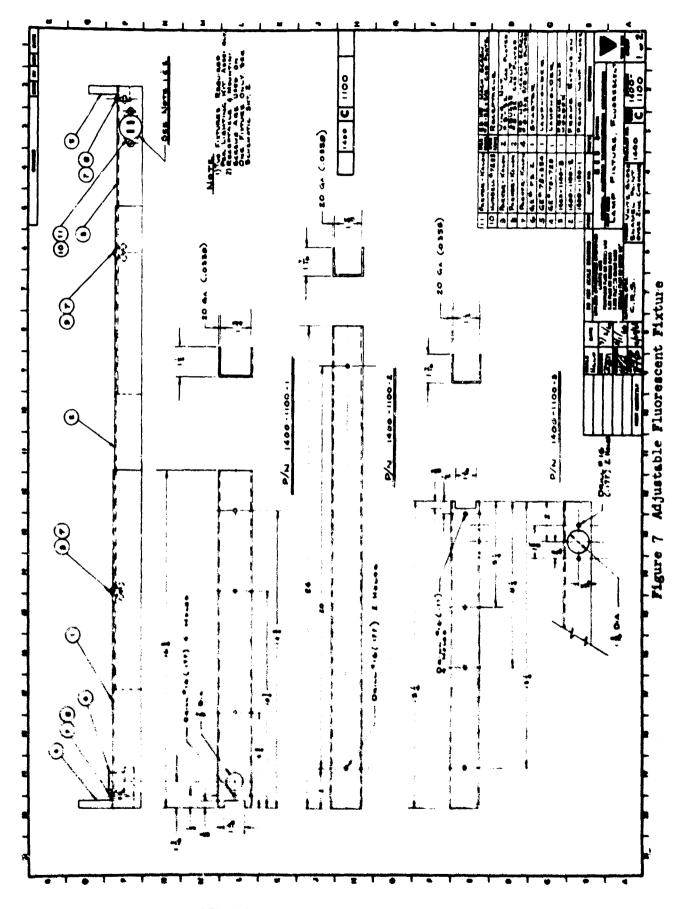
The fluorescent lighting system consists of two preheat fluorescent lamps and two lamp fixtures. The rating of the lamps to be furnished with the kit is subject to verification of the transmission efficiency of the selected power unit. It is expected that two 20-watt lamps would be furnished for the power unit with a roller chain and sprocket transmission, and two 25-watt lamps for the power unit, which has a generator with an integral geared transmission.

Two adjustable fixtures with cords are furnished with each kit. The fixtures, shown in Figure 7, can be adjusted to accept 15 through 40 watt lamps, which range in length from 18 to 48 inches. Each fixture contains an automatic starter of the glow-switch type. One fixture has a female receptacle at one end, for connecting the second fixture in series, and a 20-foot long cord with a molded male plug at the other end. This fixture is only used when operating two fluorescent lamps in series. The second fixture has a 100-foot electrical cord with a molded male plug. This fixture has no female receptacle and is used either singly or in series (see Figure 3). The fixture is designed to accommodate a 40-watt lamp, since in most cases, this size lamp is more likely to be found in the shelters if the stocked lamps are broken. The lengths of the cords attached to each fixture should be verified by additional analysis of shelter sizes and configurations (Ref. 15). Both electrical cords are 2-wire, 18 gage, SPT type which is the minimum wire gage suitable for these lengths and connections. The fixture with the 20-foot cord is intended for use at the ceiling of the room in which the power unit is located. The other fixture with the 10%-foot

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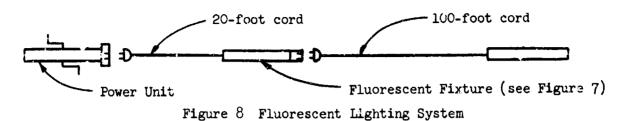


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cord is intended for use in an adjacent room in the shelter.



3.1.3 Cost Analysis

The cost of the basic lighting kit using a power unit with a roller chain transmission is \$90, based on a production of 100,000 units (see Table V). The cost of a lighting kit with a power unit having a generator with an integral geared transmission ranges from \$88 to \$111 (see Table VI). This variation is due to the estimated production cost of the generator with an integral geared transmission. Based on firm quotations from manufacturers (Refs. 16 and 17), this cost is between \$30 and \$50 depending on whether economical production techniques such as powdered-metal gears, nylon gears, sleeve bearings, etc. can be used. A closer estimate is not possible at this time without a complete engineering design and production cost evaluation by the generator manufacturers.

3.2 Accessory Incandescent Lighting System

An analysis of shelter sizes, configurations, and human factors should be conducted to determine if an incendescent lighting system is warranted as an accessory of the lighting kit, since this type of lighting might be used advantageously in multi-room shelters as background illumination. This type of lighting can also be used to supply low level night illumination for sleeping at a very minimum cost. The incandescent lighting system is therefore proposed as an optional accessory. and, if adopted, would consist of the following items in addition to the fluorescent lighting system (see Figure 9):

(1) Five (5) extension cords, type SPT, 2-wire, 18 gage, with molded male

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TABLE V

Cost Analysis of Lighting Kit Using a Power Unit With

A Roller Chain Transmission

Purchased Parts & Material:							
Drawing No. & Ites	Description	Cost					
1400-1 00A Item 1	Saddle	\$0.87					
Item 2	Clamp, Saddle Post	0.09					
Item 3	Bolt	0.04					
Item 4	Nut	0,02					
Item 11	Thumbscrew	0.022					
Item 12 Item 14	Chain, 130 Pitches Retaining Ring	2,25 0,005					
Item 15	Chain, 111 Pitches	1.92					
Item 16	Screv	0.02					
Item 17	Sprocket	0.42					
Item 18	Screws	بان•0					
Item 19	Washers	0.02					
Item 20	Generator Bearing Our	ೆರಿ.00 ರಿ.22					
Item 21 Item 22	Bearing Cup Bearing	0.094					
Item 23	Cone, Locking	0.128					
Item 24	Crank	1,40					
Item 25	Pedals	0.46					
Item 26	Cone, Adjusting	7,12 8					
Item 27	Washer	0.011					
Item 28	Locknut	0.048					
Item 30 Item 31	Receptacle Voltmeter	0.38 1.44					
1400-1001A	Nut, Weld	0.034					
1400-10054	Sprocket	2.91					
1400-1007A	Sprocket	3.14					
1400-1001A (material)	Frame	2.65					
1400-1002A (material)	Pin, Locating	0.22					
1400-1003A (material) 1400-1004A (material)	Stand Beat Saddle	0.49 0.29					
1400-1006A (material)	Post, Saddle Handlebar	0.82					
1400-1006A (material)	Bracket, Meter	0.14					
	Lamp Fixtures (2)	1.80					
	Lamps, Fluorescent (2)	1.02					
	Starters (2)	0.24					
	Wiring Loom, 20 Feet	0.65					
	Wiring Loom, 100 Feet	2.25					
Packaging:		••••••••••••••					
	Triple-Wall (PPP-B-640)	3.80					
	r (MIL-B-131, Class 1) ntainer (PPP-B-636)	3• }, :•83					
Finishing:		••••••••••••••••••••••••••••••••••••••					
1400-1005A	Sprocket	0.40					
1400-1007A	Sprocket	C.40					
1400-1001A	Frame	3.50					
1400-1002A	Pin, Locating	0.05					
1400-100 3A	Stand	Q.6 0					
1400-1004A	Post, Saddle	0.20					
1400-1006A 1400-1008A	Handlebar Bracket, Meter	0.50 0.05					
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MEDUT: ,		• • • • • • • • • • • • • • • • • • •					
	Arc Welding Machining & Assembly	5.75 2.37					
Labor Overhead: (100%)							
General & Administrativ	ve Services: (8%)	Sub-Total					
		Sub-Total					
<u>Profit</u> : (7%)	••••	••••• 5.87					
		TOTAL					
	n 100,000 units. Tht costs included.						

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TABLE VI

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Cost Analysis of Lighting Kit Using a Power Unit With A Generator Having an Integral Geared Transmission

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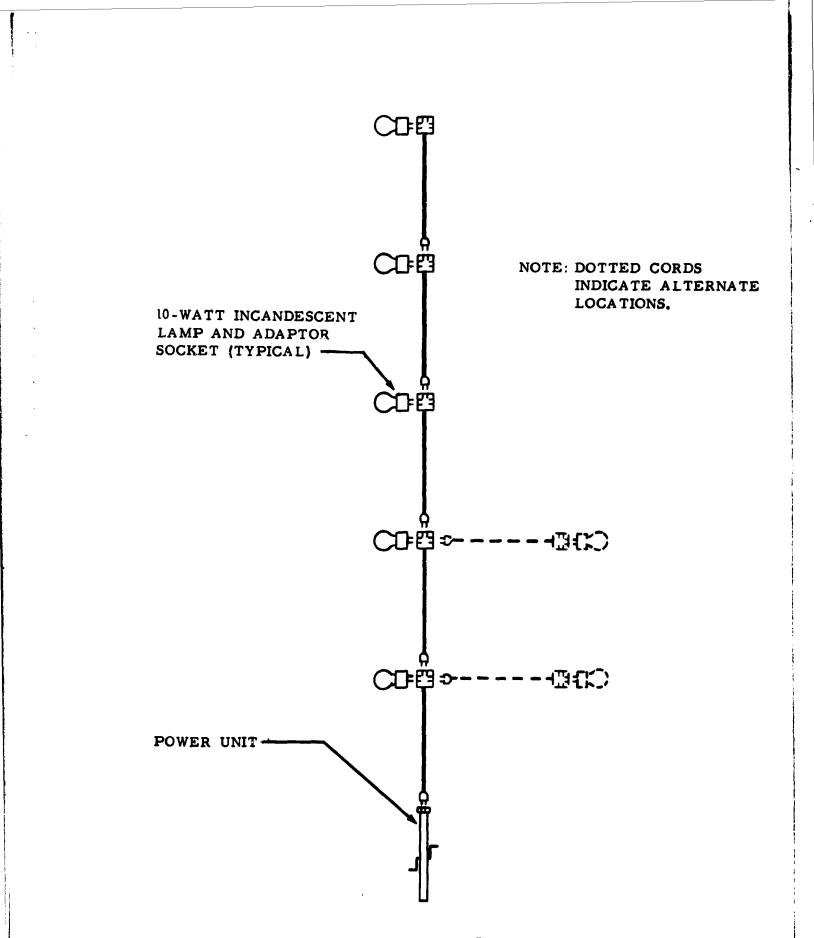


Figure 9 Incandescent Lighting System

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plug, 115 volt, 15 ampere at one end, and a cube tap, molded, 125 volt, 15 ampere at the other end. The length of the cords is subject to an analysis of shelter sizes and configurations (Ref. 15).

- (2) Five (5) bakelite adaptor sockets, 660 watt, 125 volt, medium base.
- (3) Five (5) 10-watt incandescent lamps.

The electrical ratings for the cords and adaptors are minimum for the possible lengths of wire and connections as shown in Figure 9.

The estimated cost of this system is \$7.30 based on original equipment manufacturer's cost for 100,000 units of the following items.

Item	Quantity Required	Total Cost
Extension Cord, 50 feet	5	\$ 6.25
Adapter Socket	5	0.50
Incandescent Lamp, 10-watt	5	0.55
	Total	\$ 7.30

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APPENDIX A

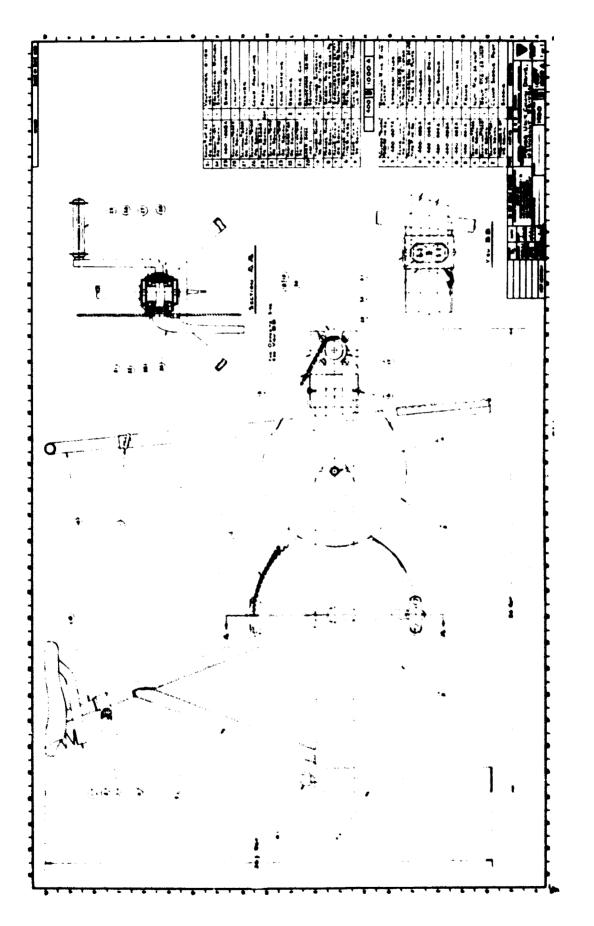
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POWER UNIT WITH AN EXTERNAL ROLLER CHAIN TRANSMISSION

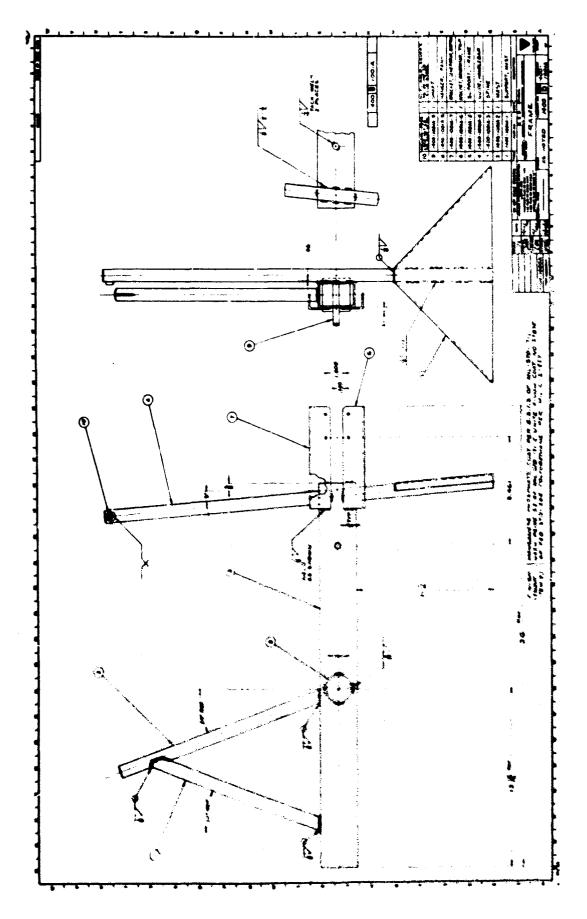
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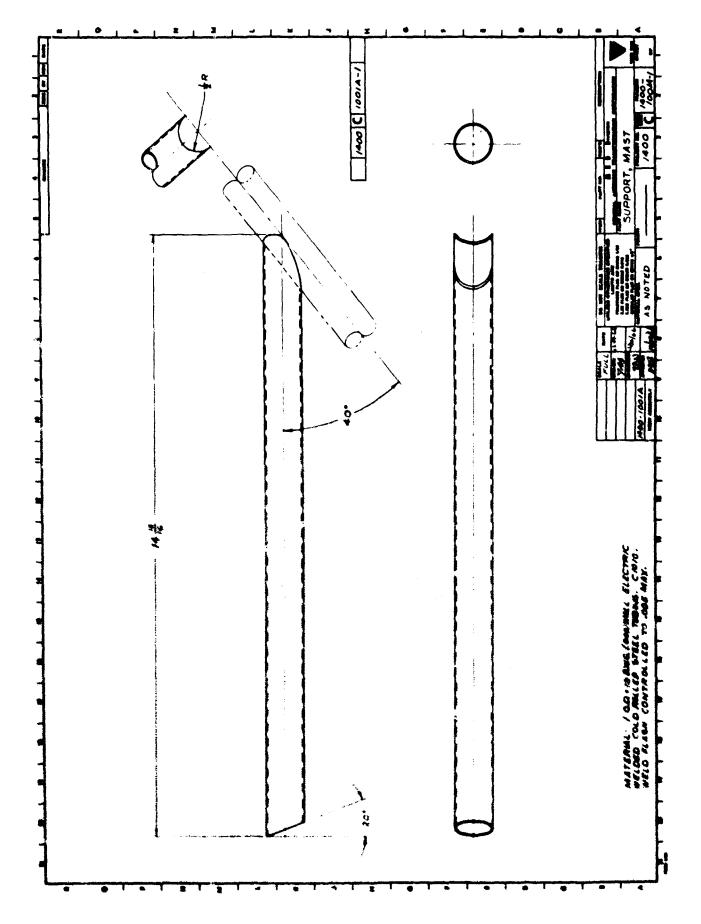
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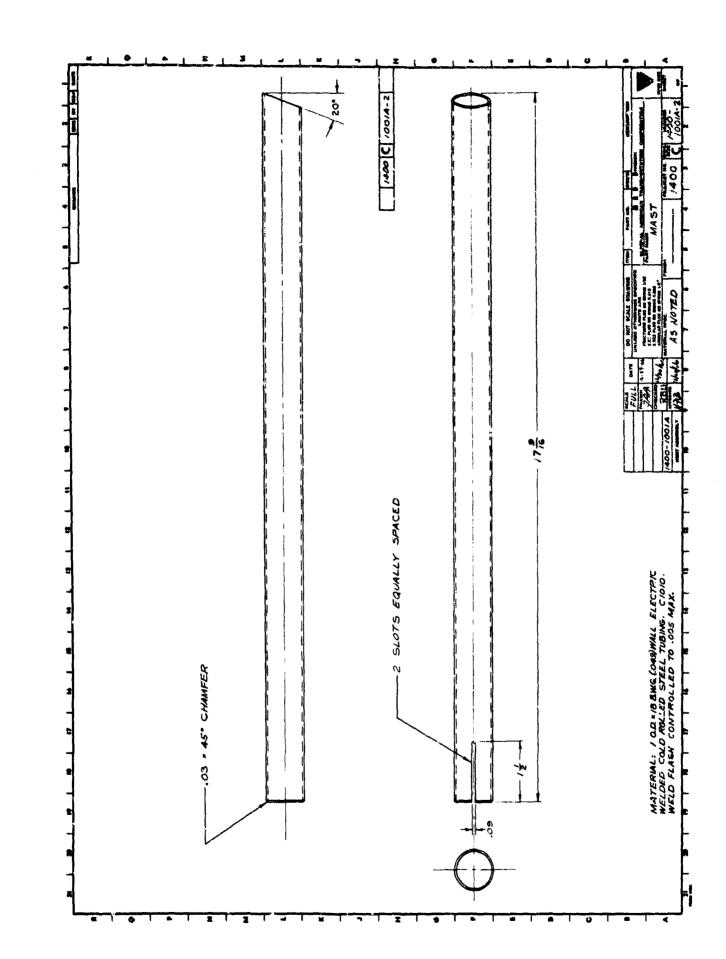
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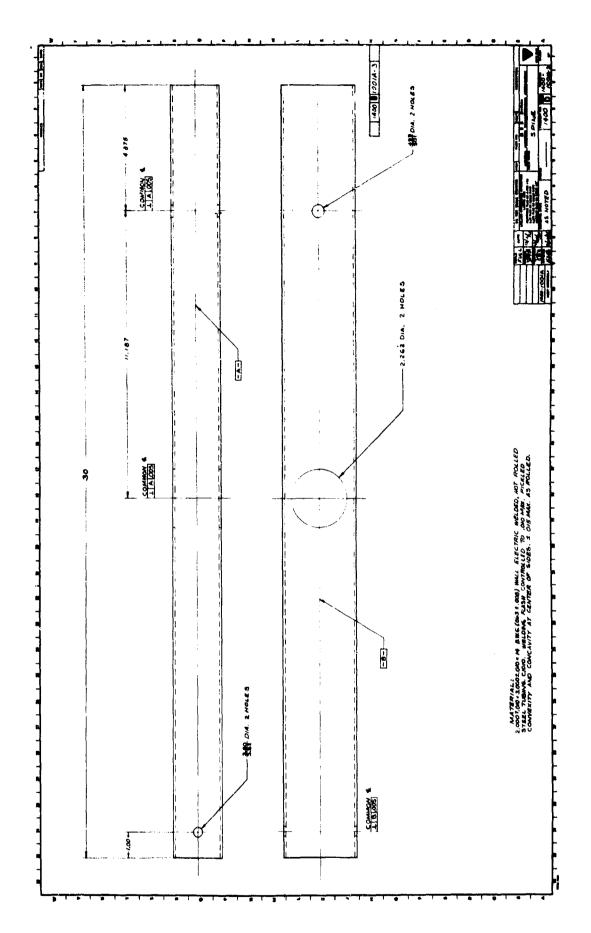
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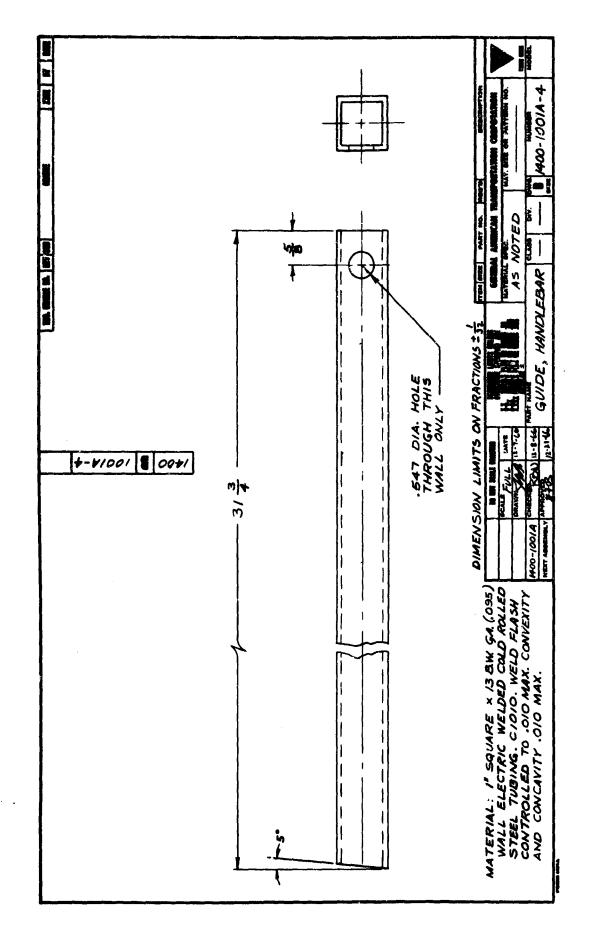


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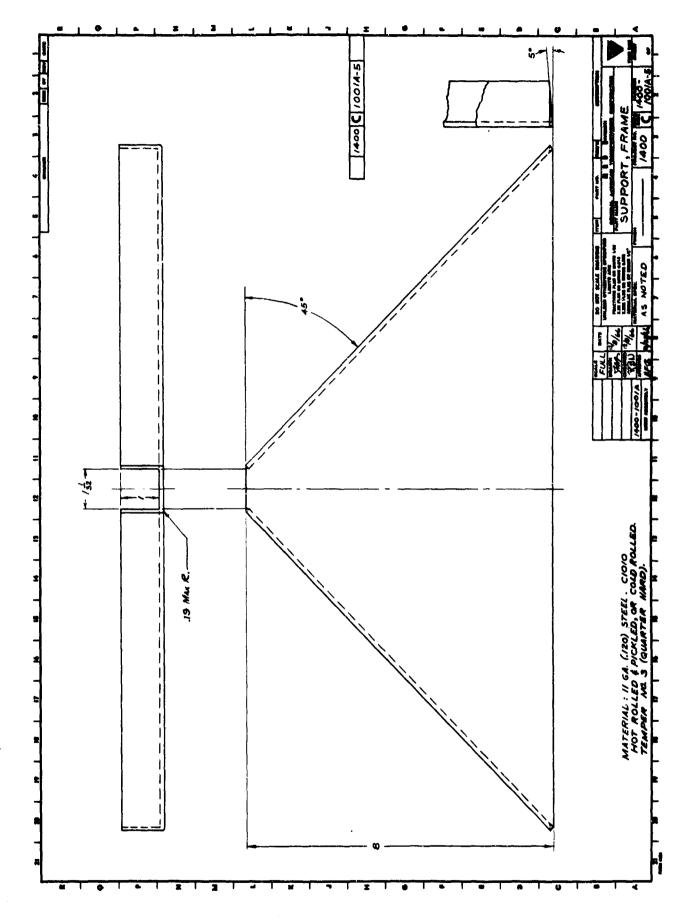
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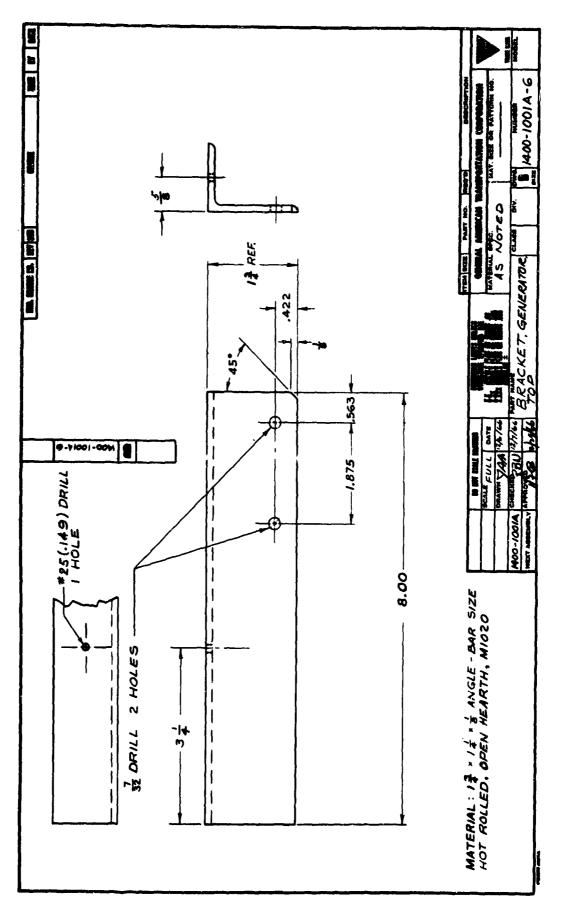
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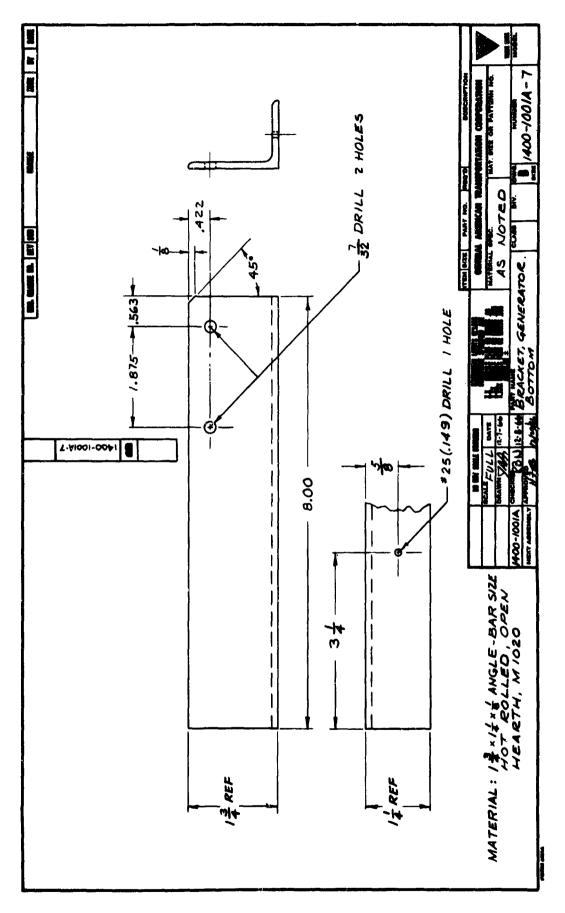
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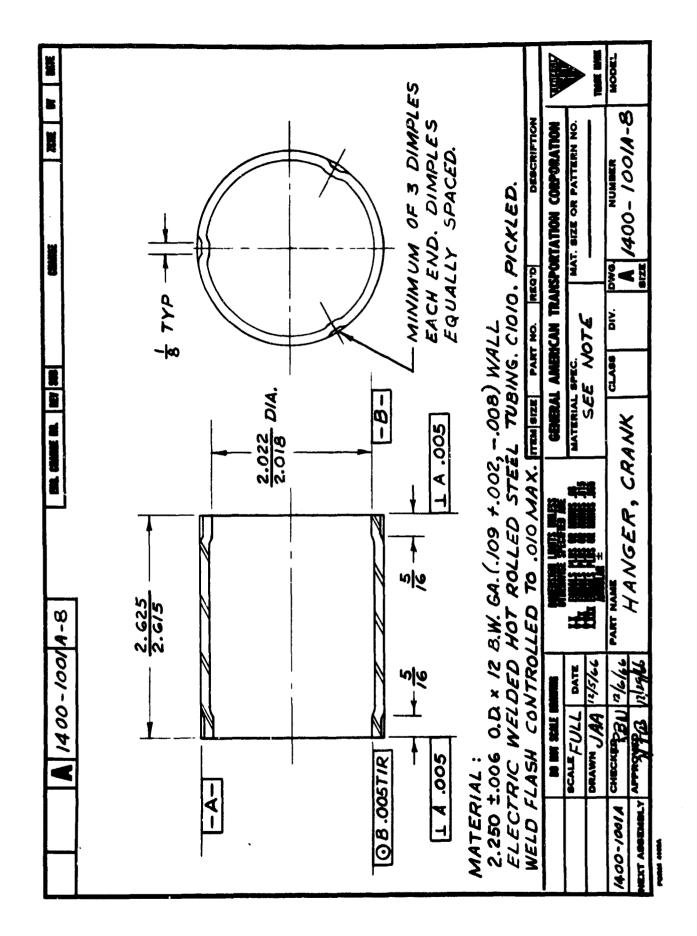


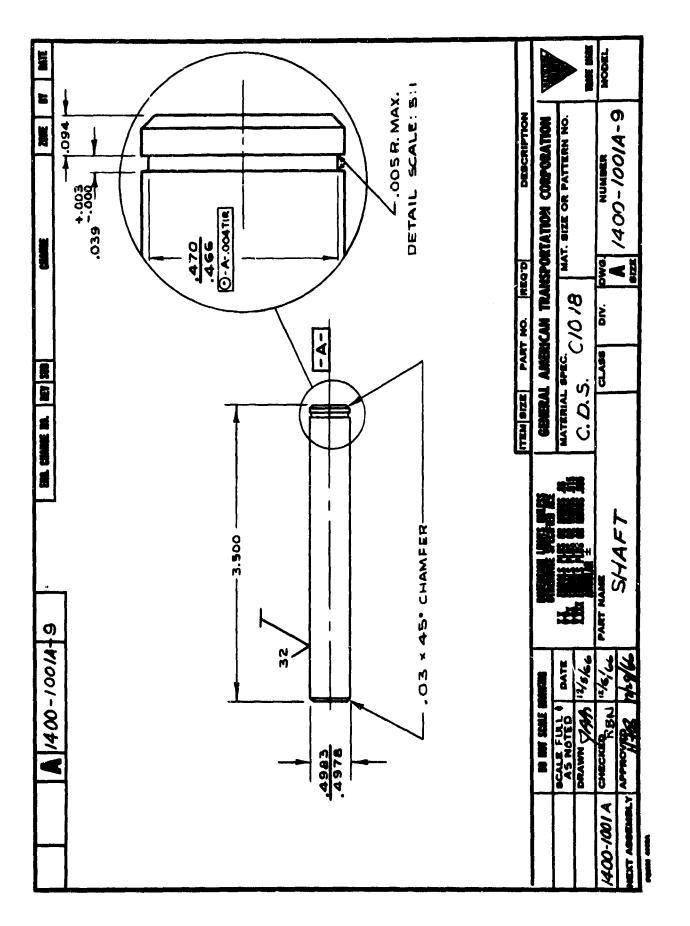
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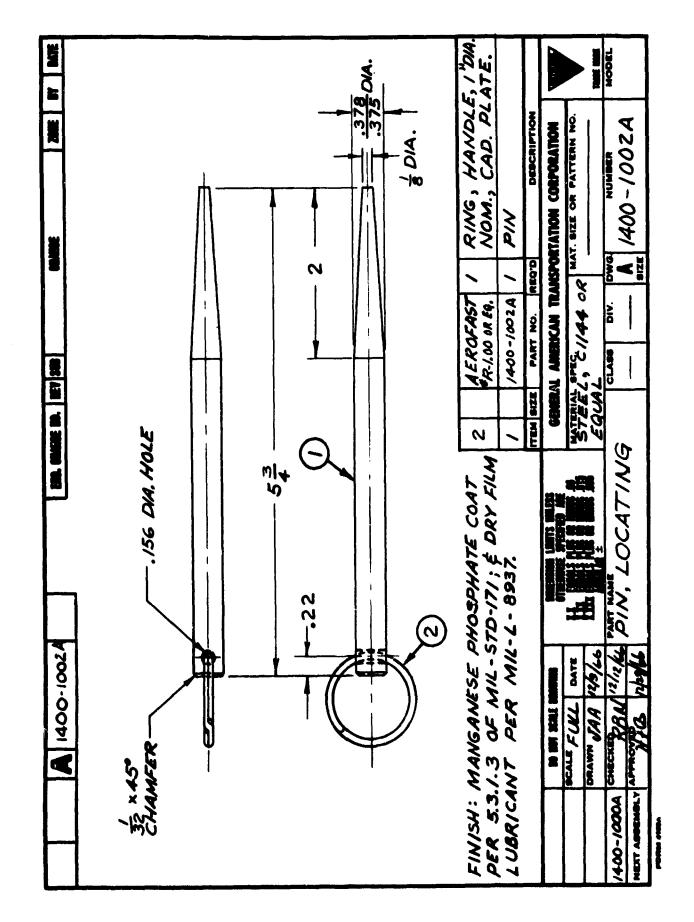
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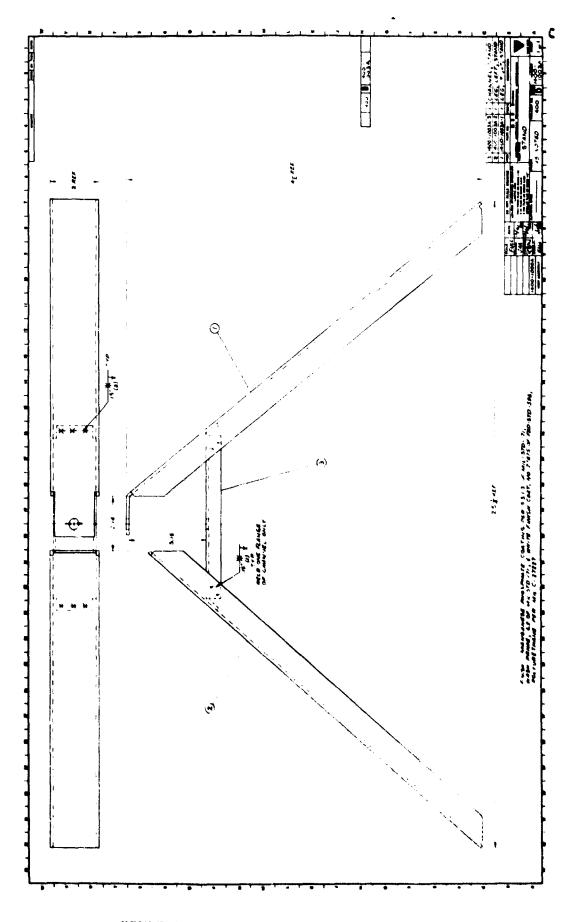
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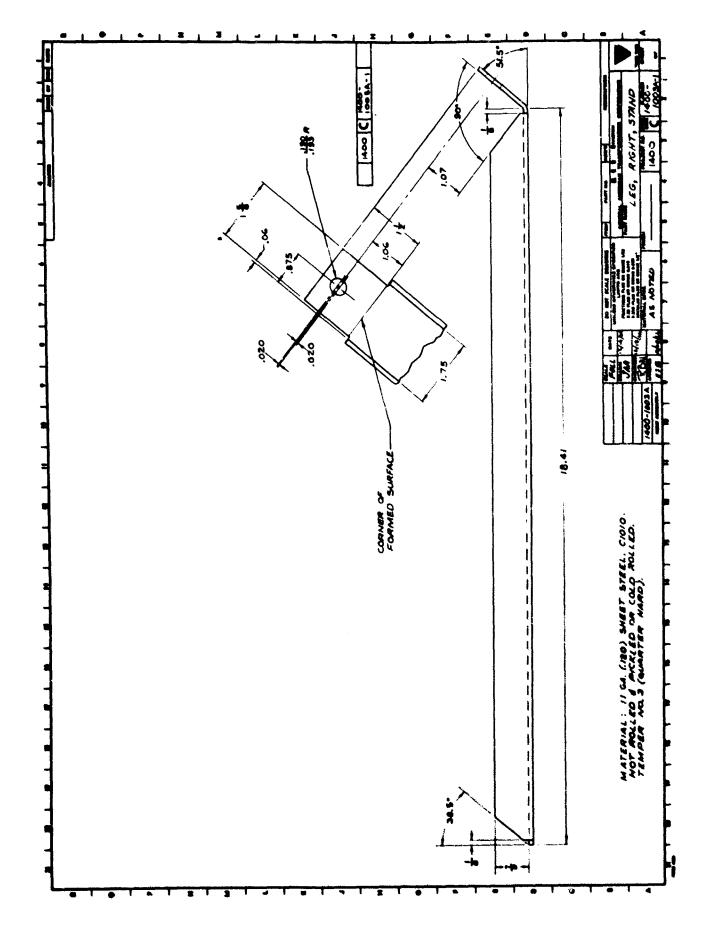




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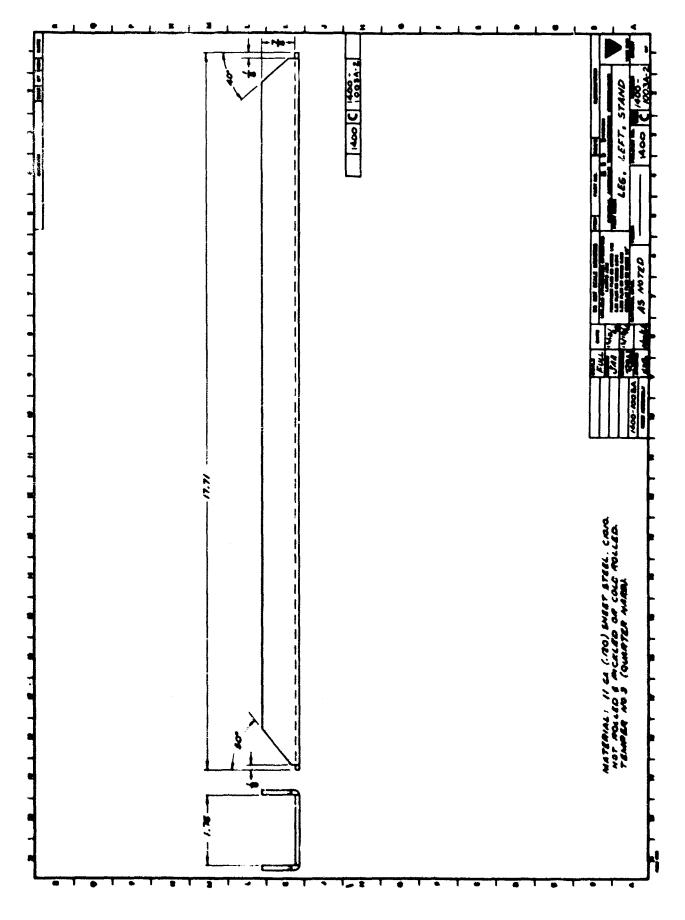
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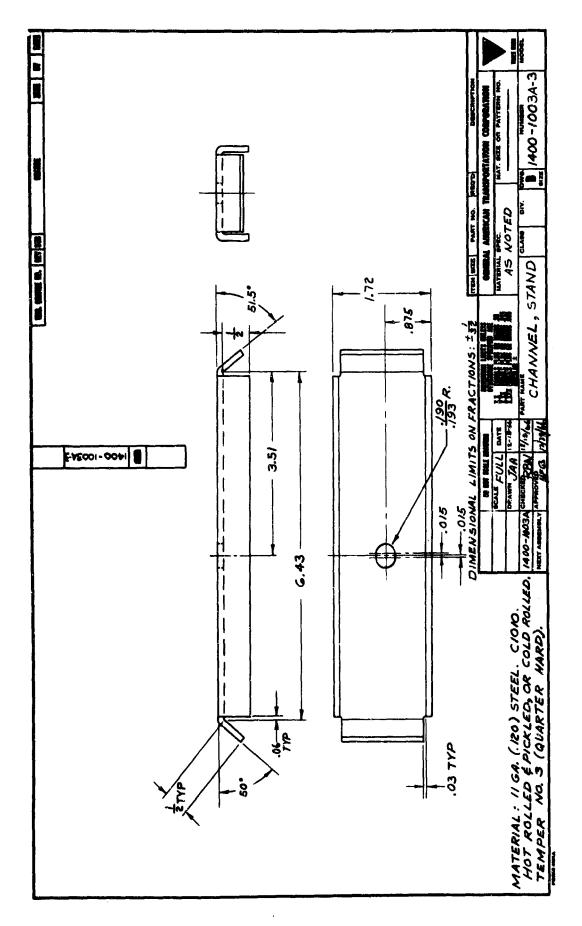
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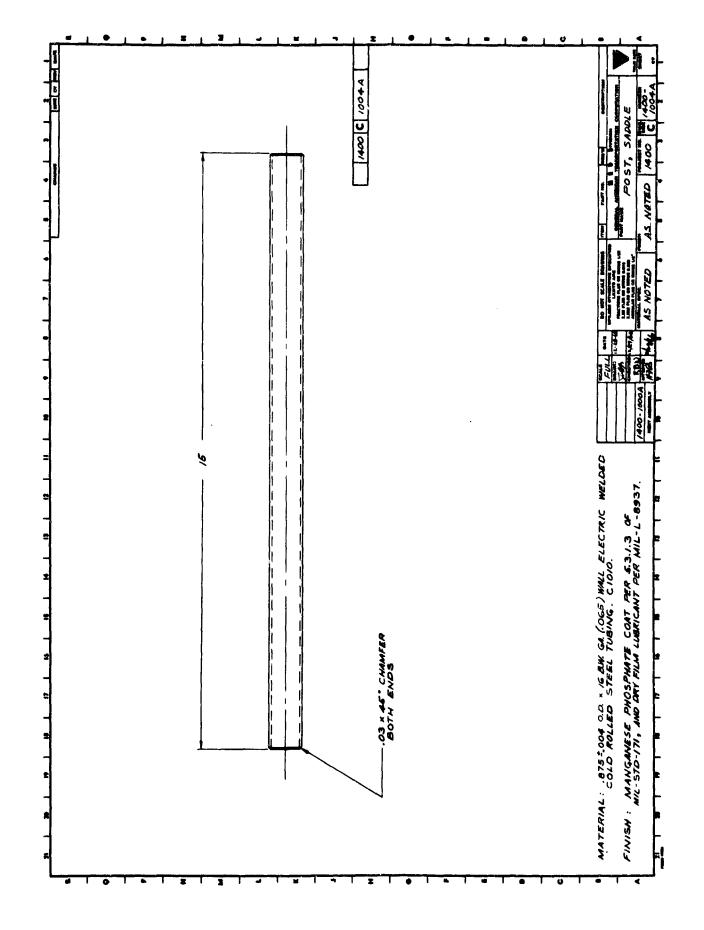
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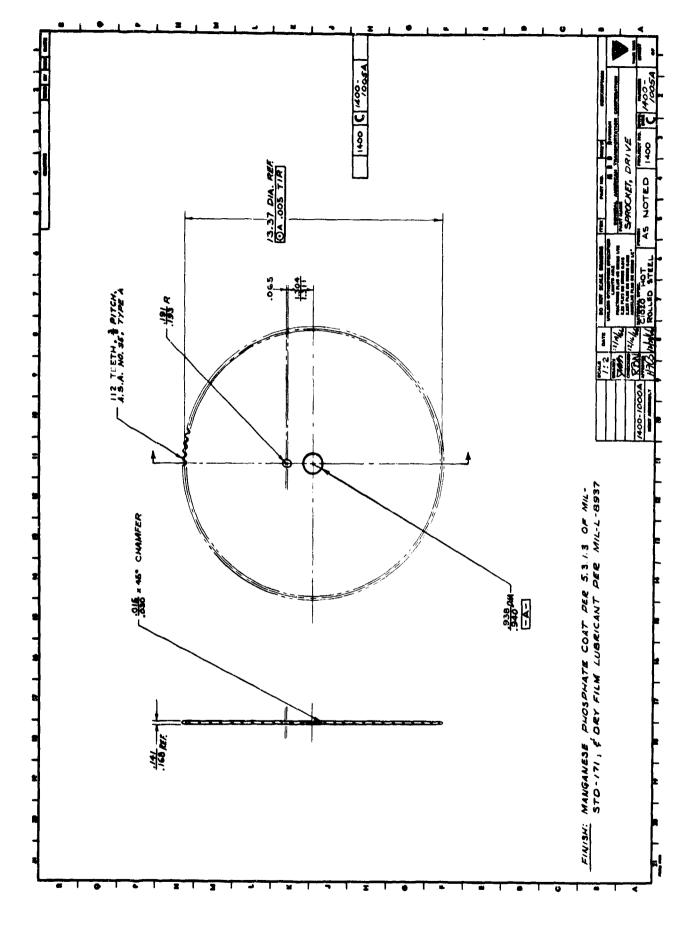


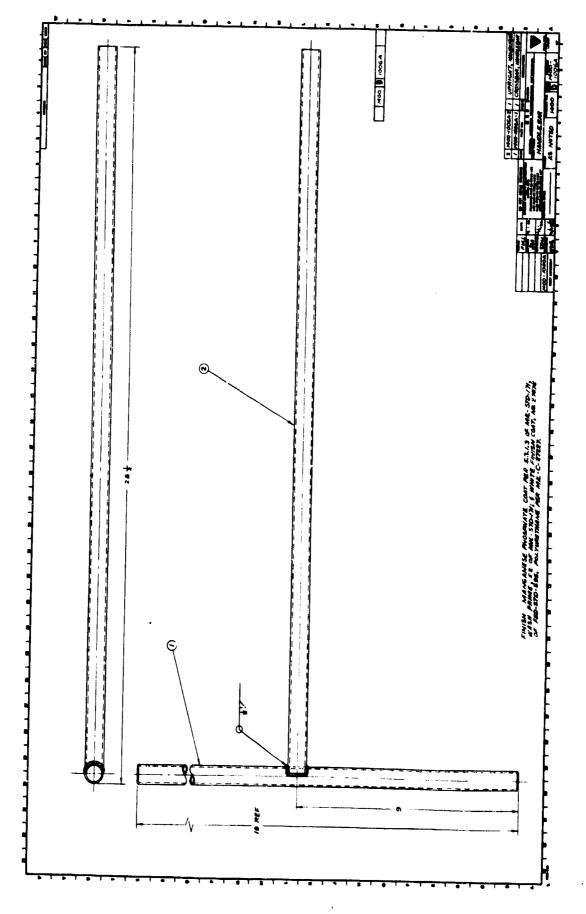
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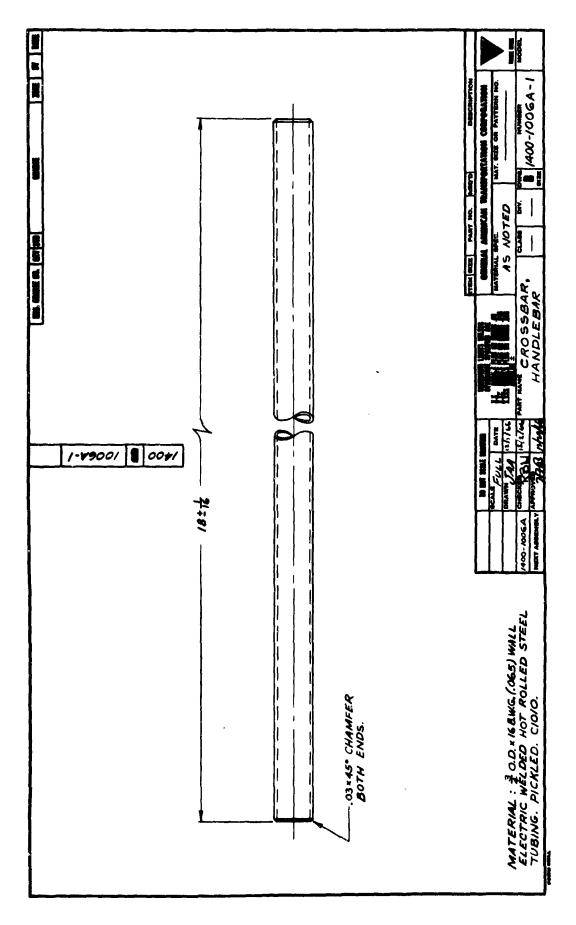




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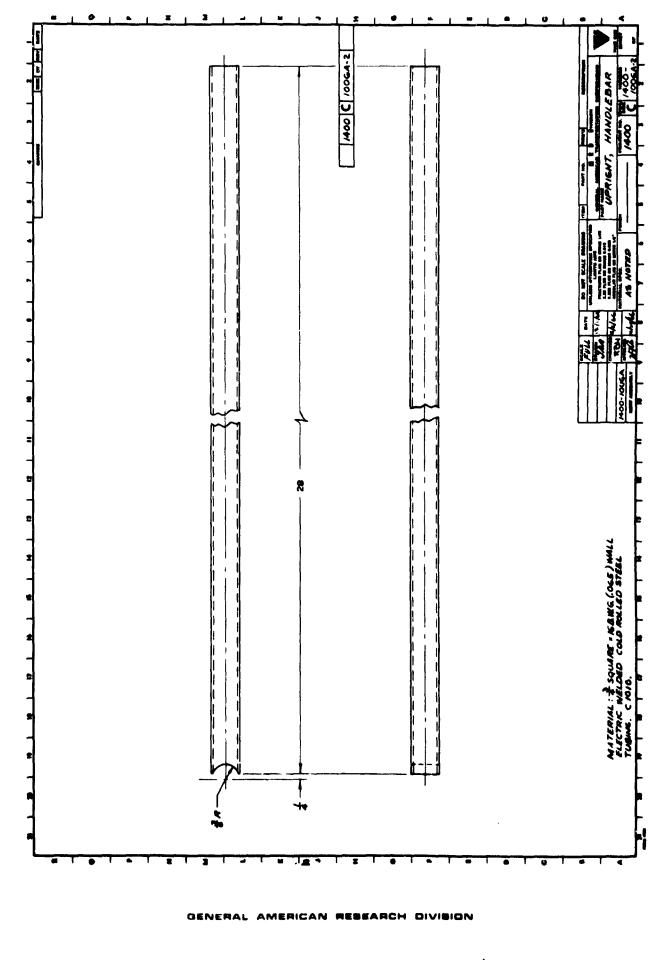
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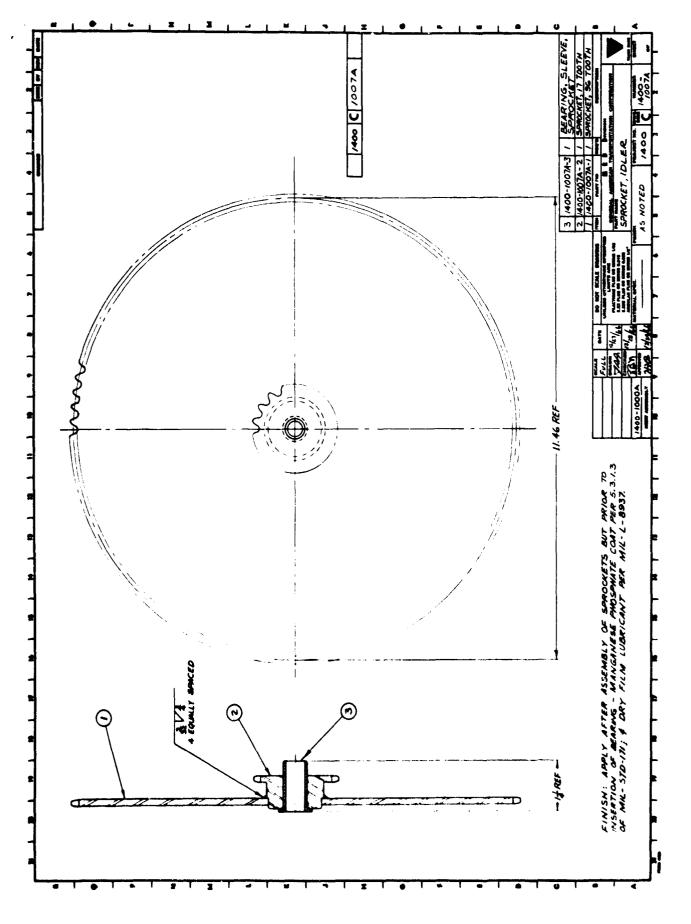


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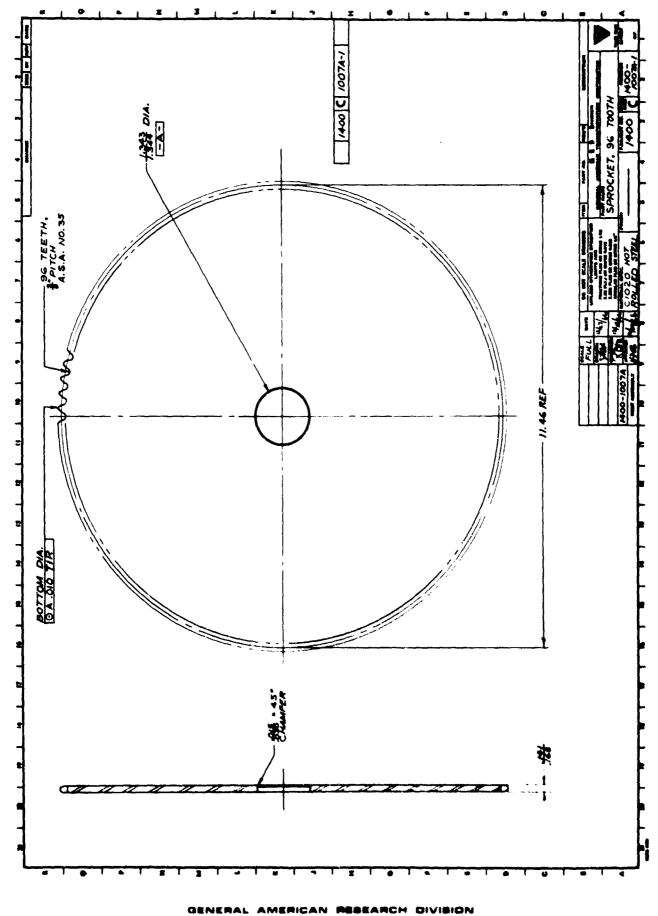
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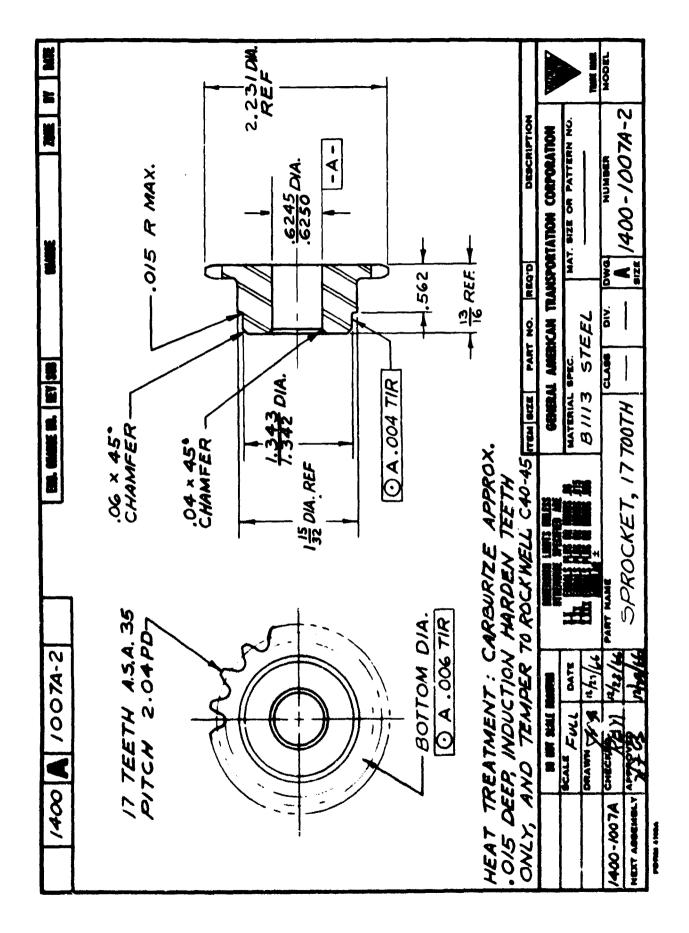


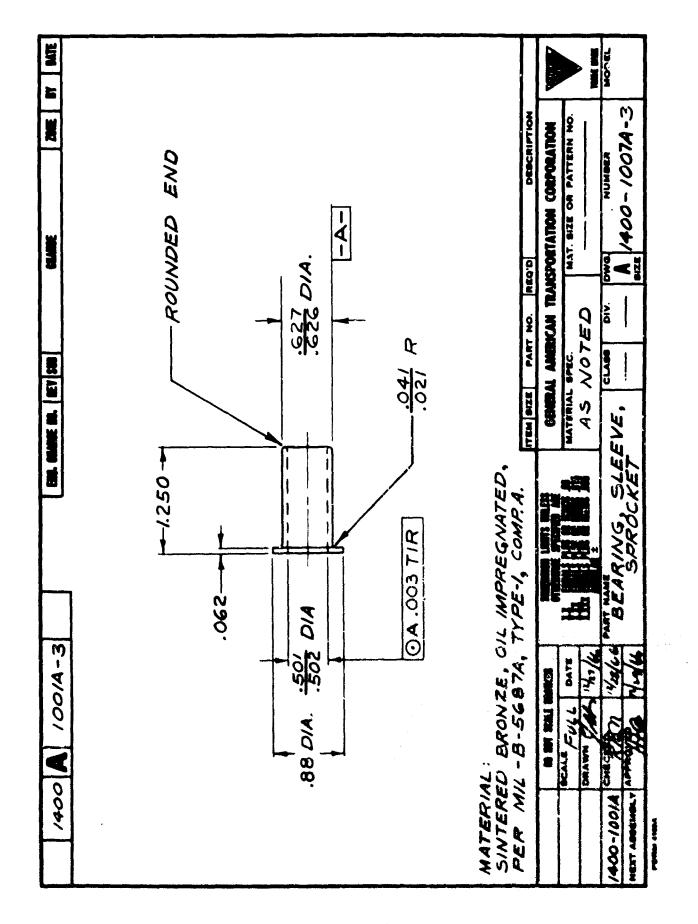
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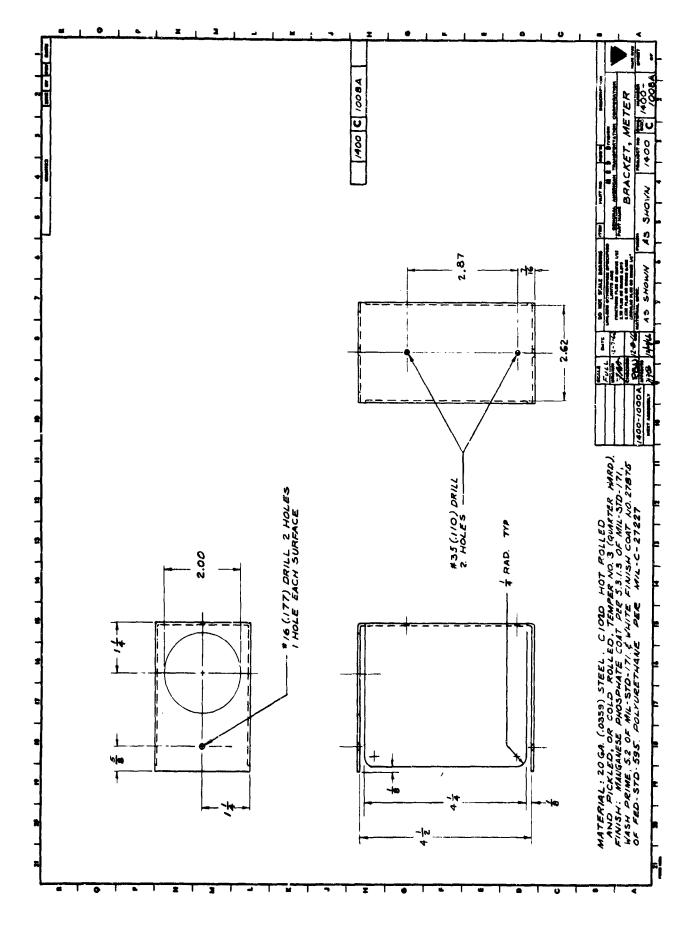
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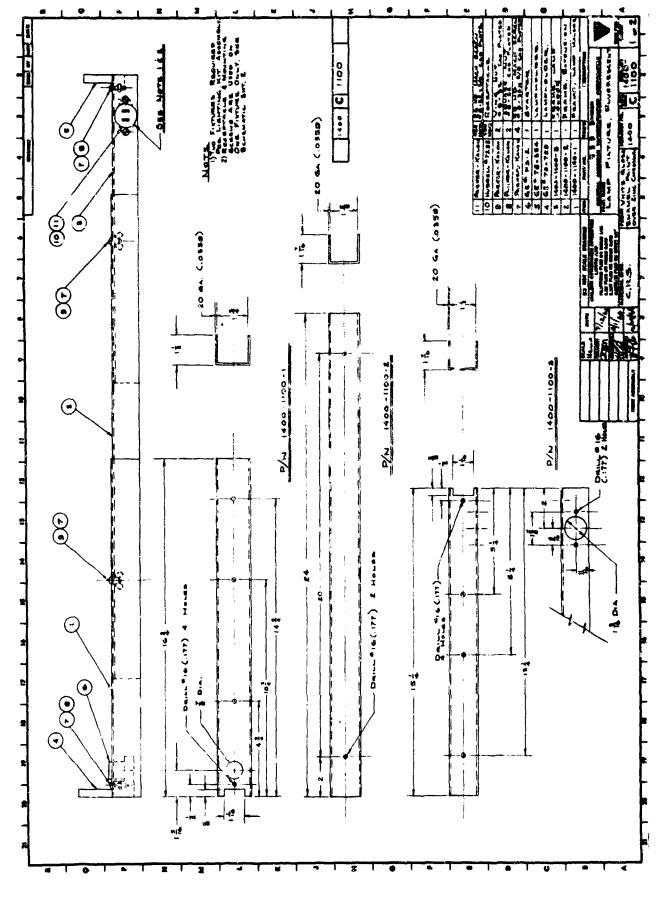


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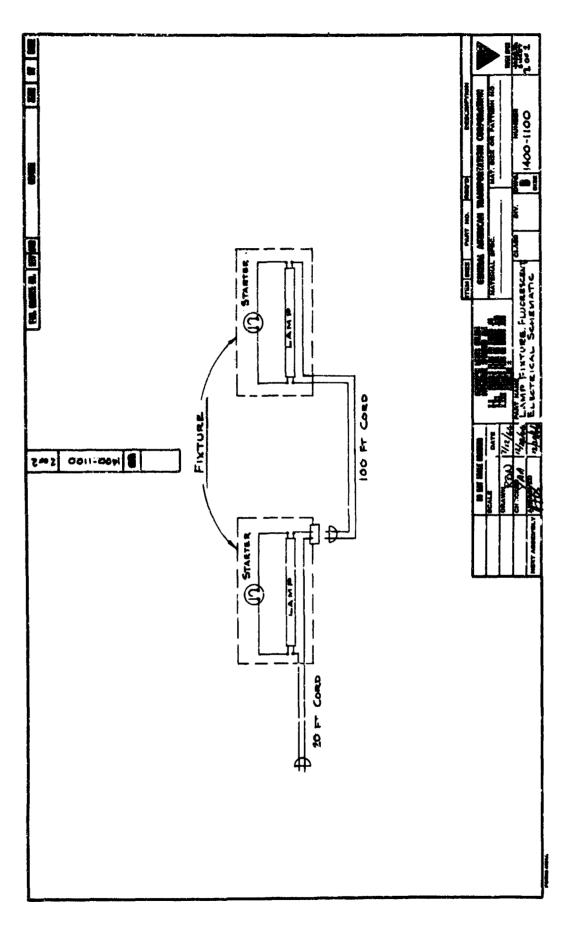
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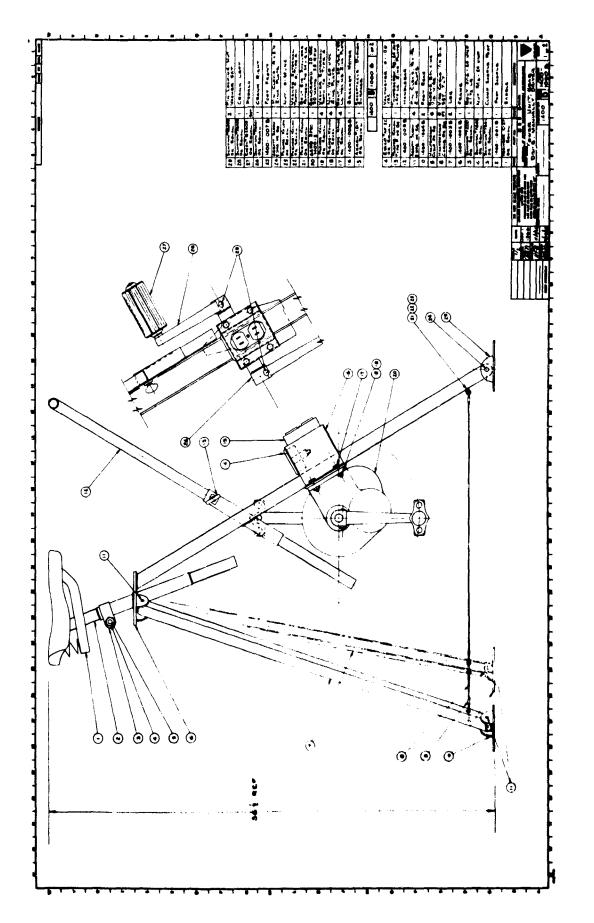
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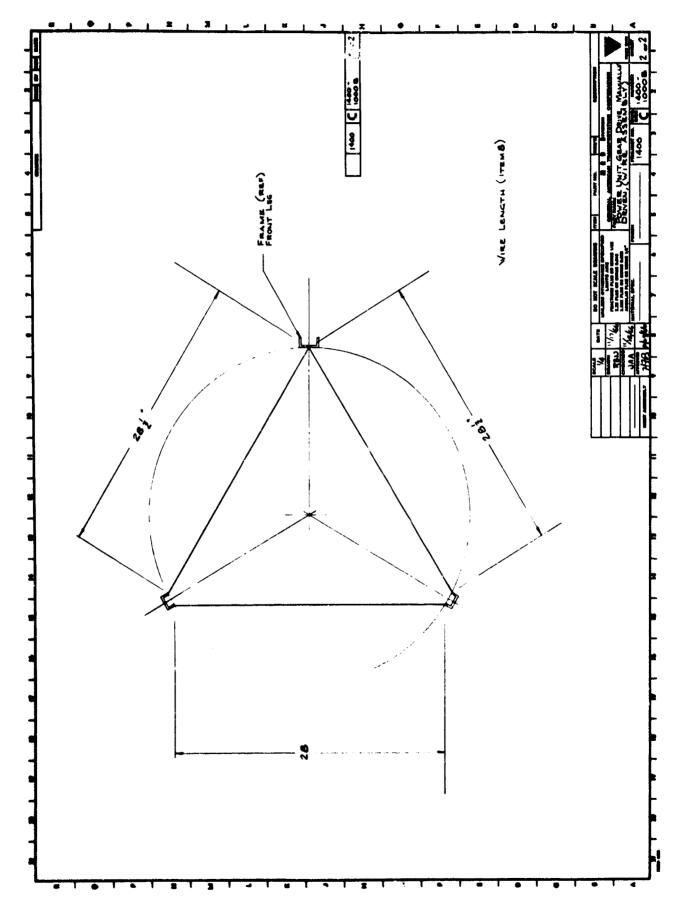


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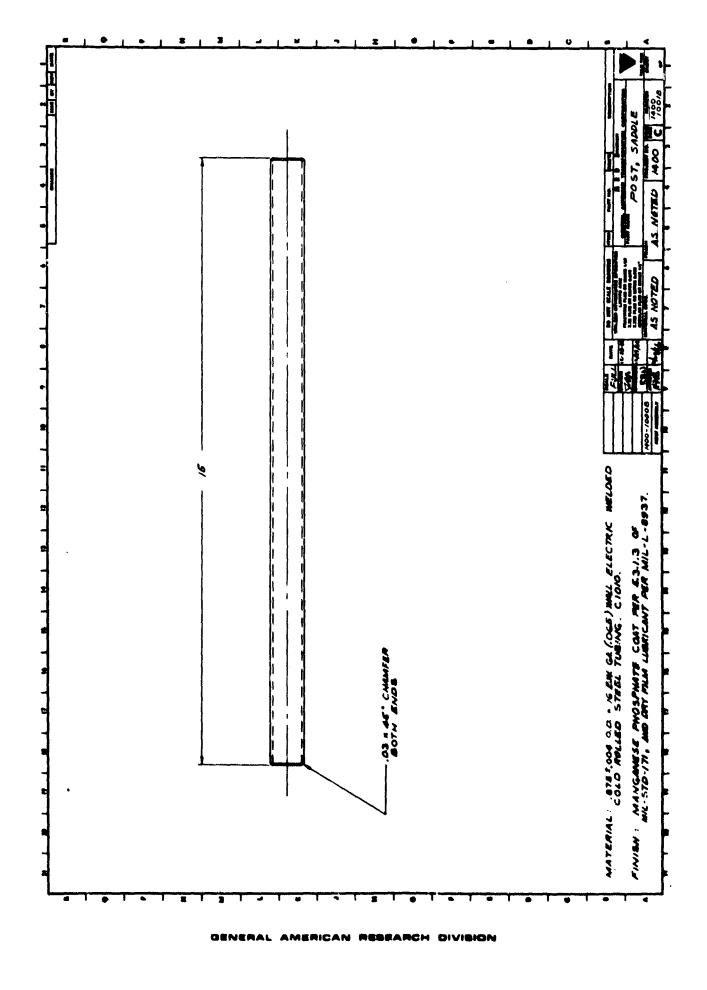
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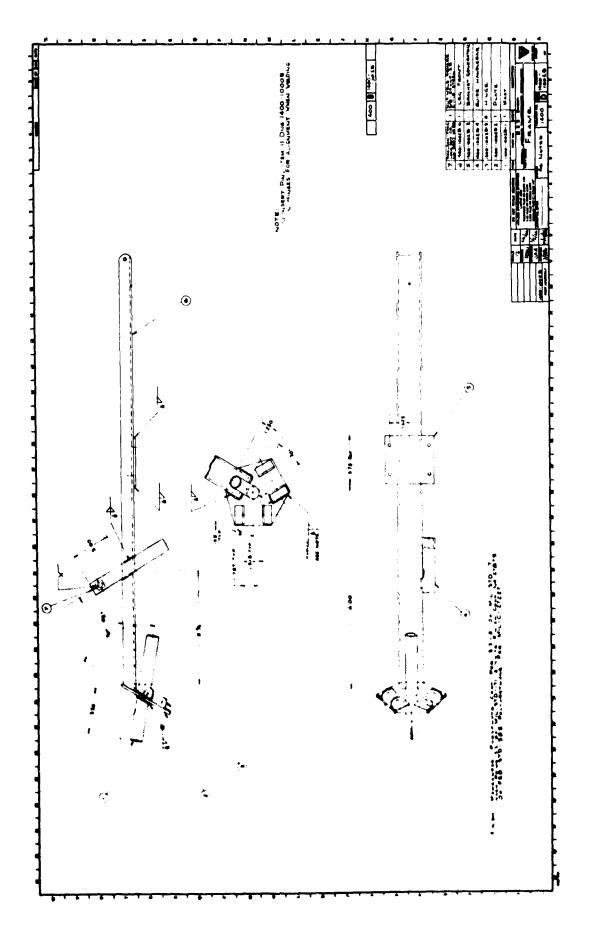


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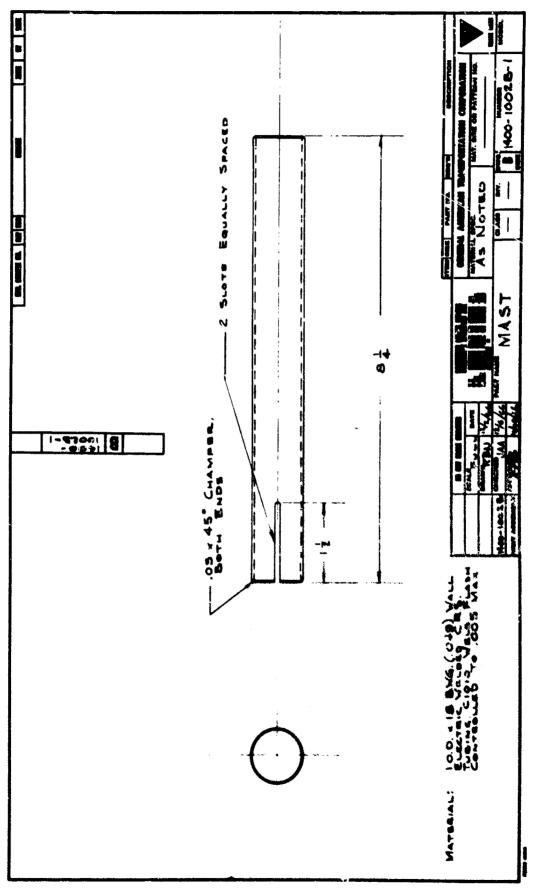
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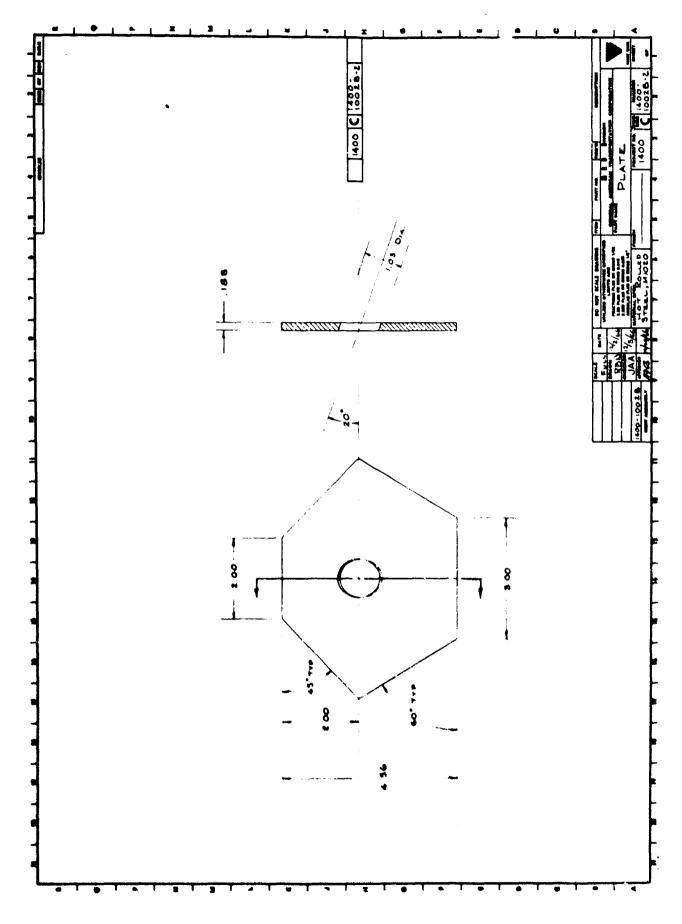
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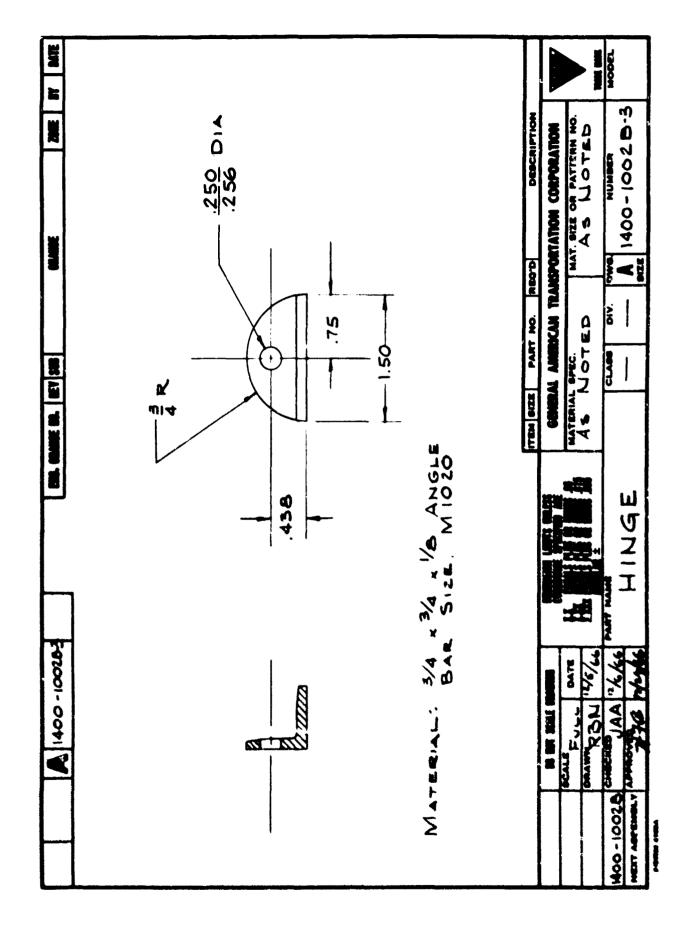
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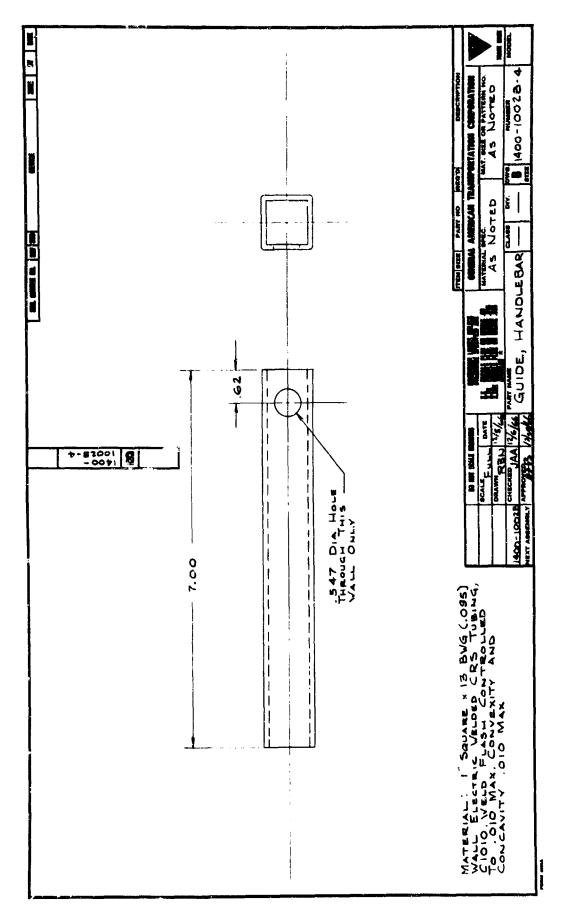
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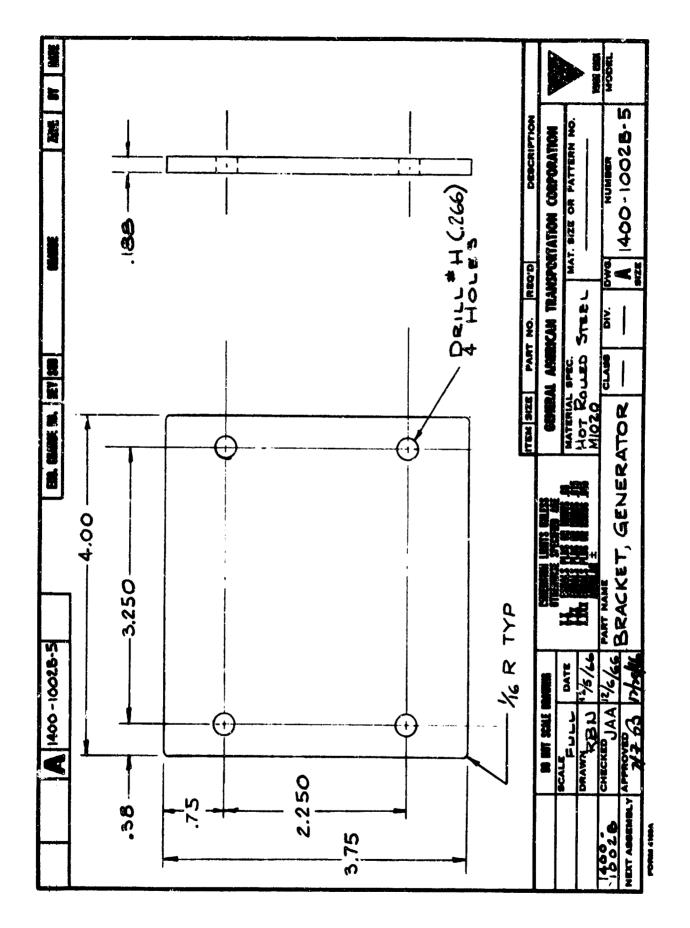
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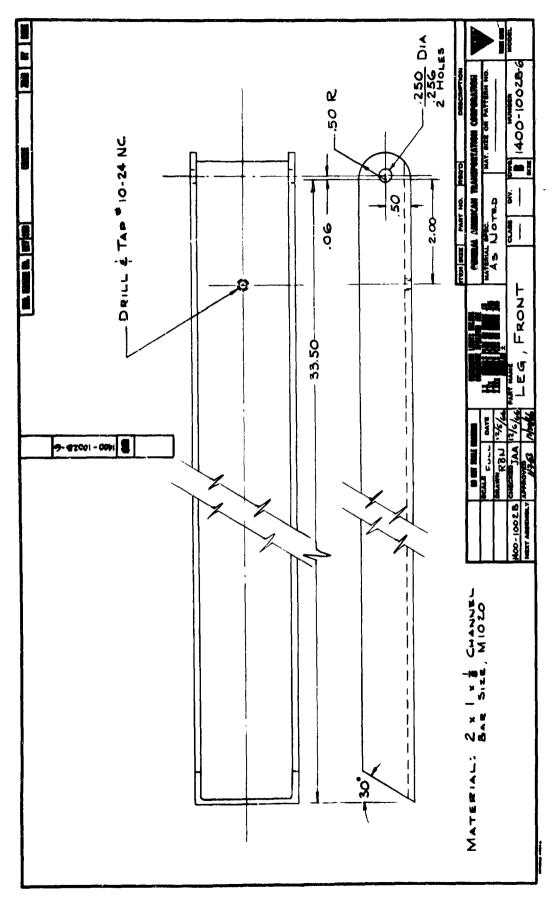
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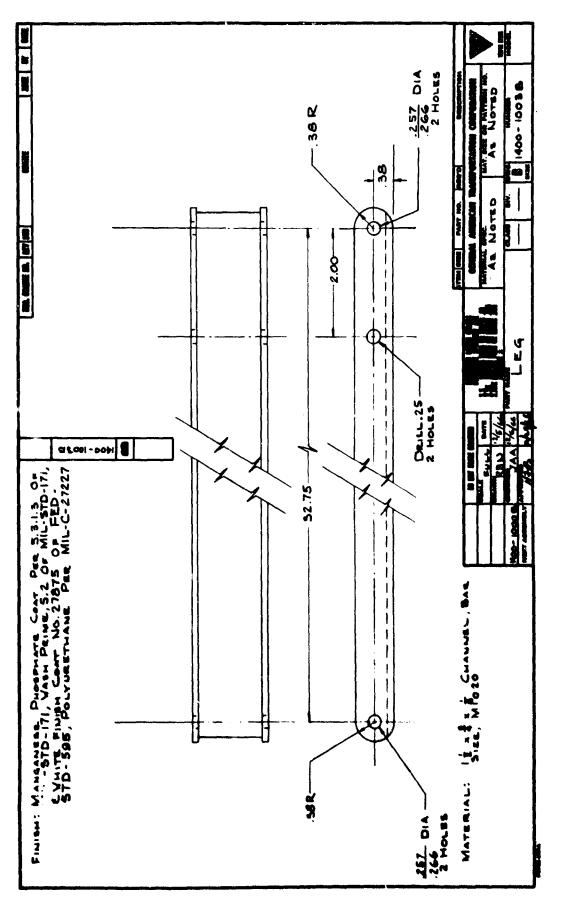
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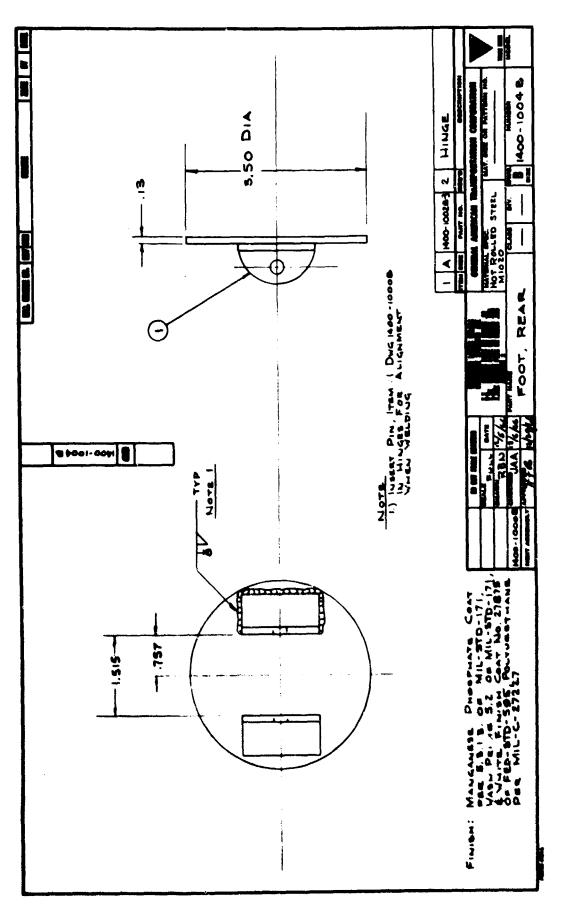
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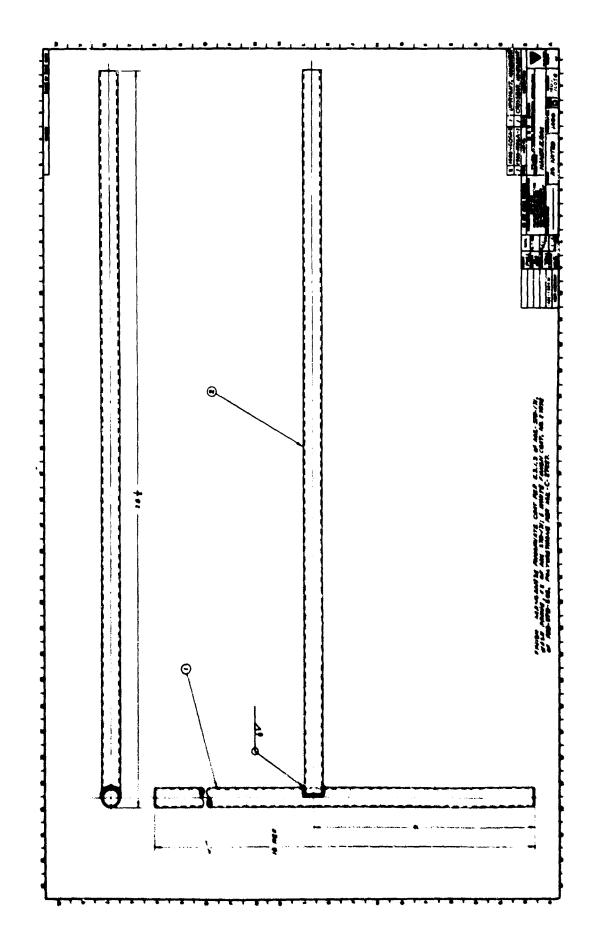
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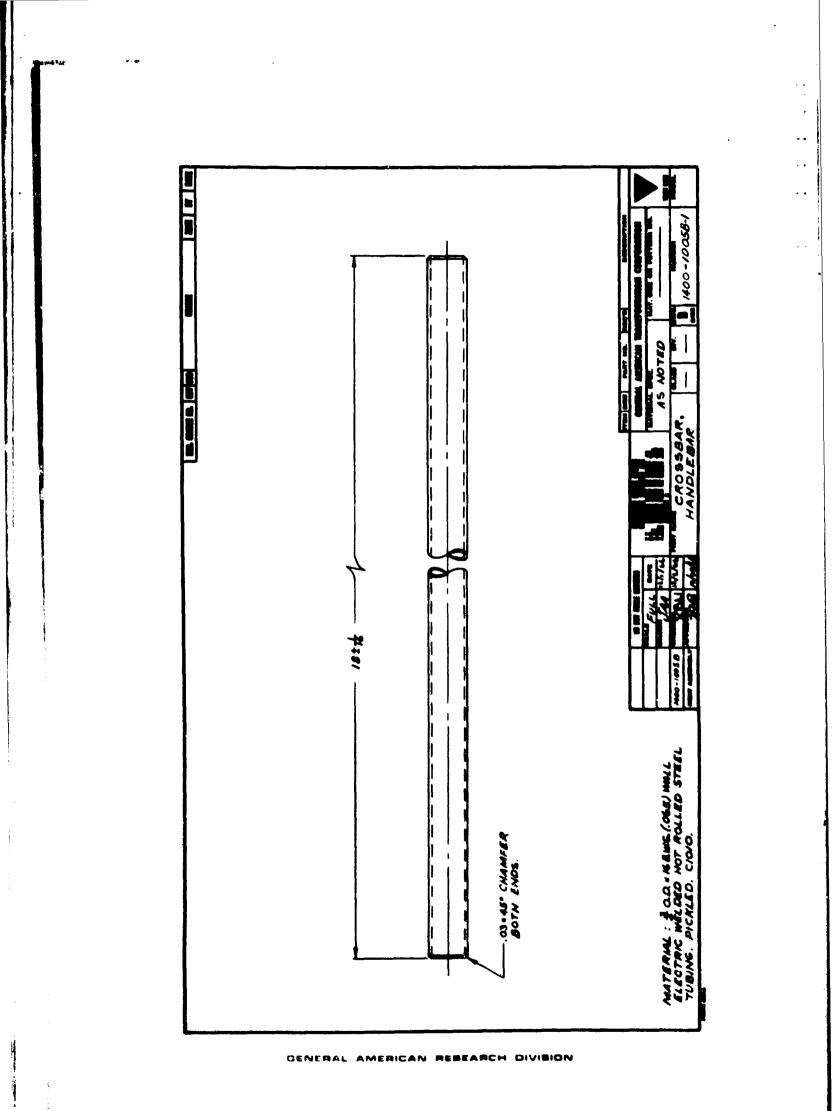


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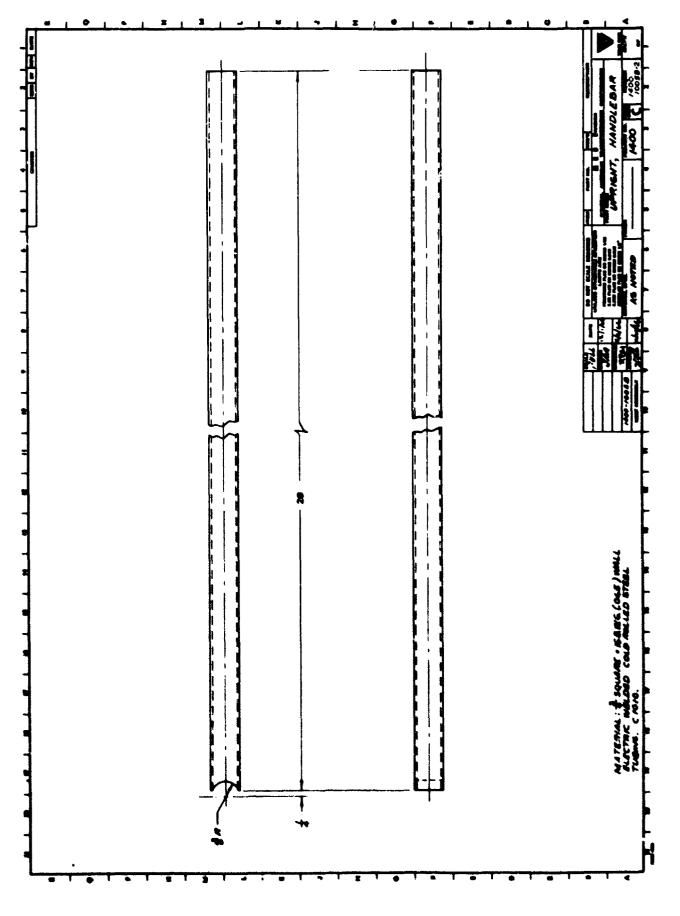
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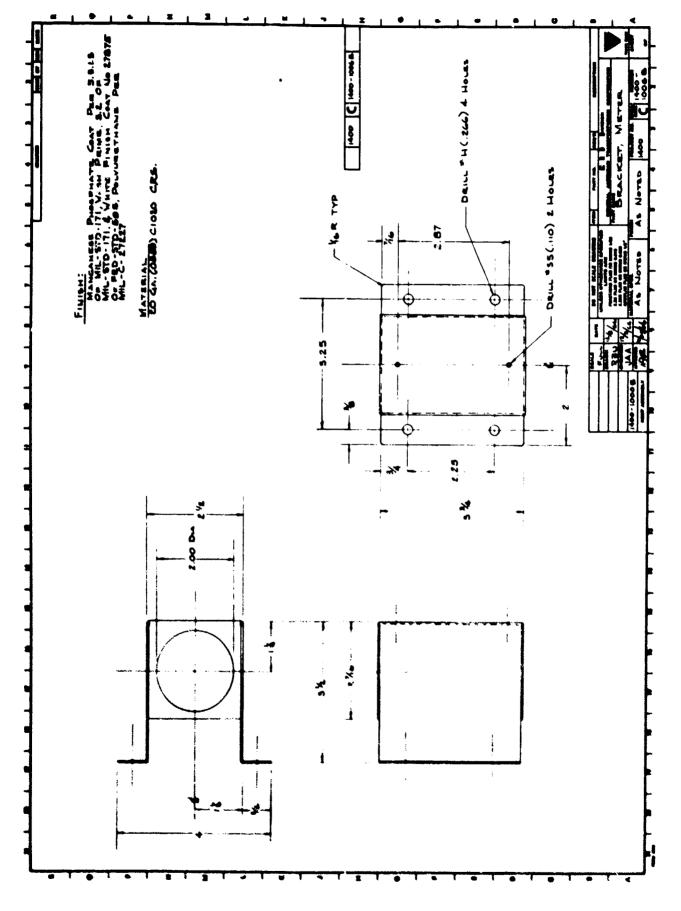
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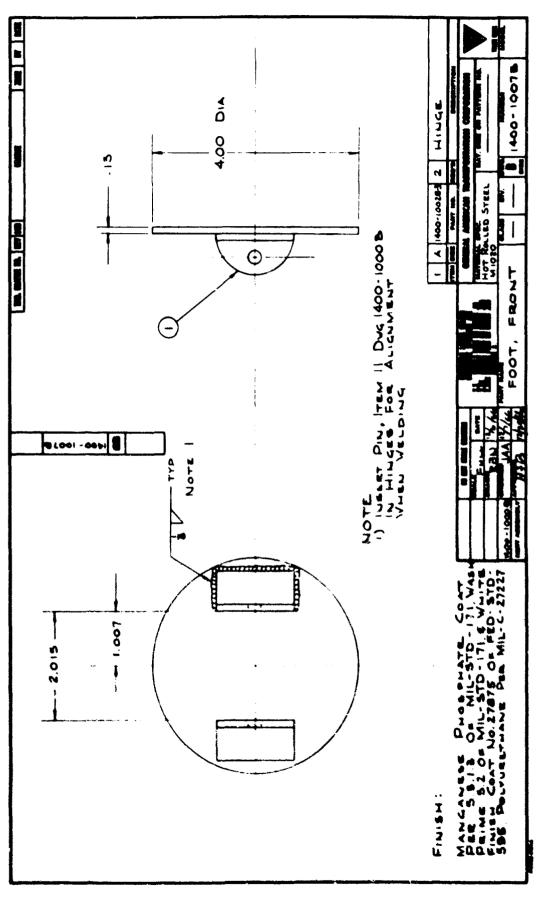


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