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Year four involved completion of one project and the initiation of additional projects. The remaining projects continued with their progress. Collaboration with the MIRECC site and its Directors was ongoing. The website received further improvements. Additional administrative tasks were added, such as quarterly meetings with the PIs.
# Annual Report to Department of Defense

"Military Suicide Research Consortium"

DoD Award: W81XWH-10-2-0181

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Introduction:

The Military Suicide Research Consortium's (MSRC) continued goal (as stated in prior reports) is suicide prevention in the military, through research, including on primary, secondary, and tertiary interventions, as well as through information management/scientific communications (cataloguing and disseminating knowledge on military suicide). Specifically, suicidal personnel compromise force readiness, place a strain on the healthcare resources of the military, impact unit morale, and take a large emotional toll on the involved friends, family, and commanders. As noted before with continued affirmation, these points still have not changed and continue to direct how MSRC progresses in its mission. The stigma associated with being suicidal, which limits the extent to which at-risk individuals are willing to seek help, continues to be present and can be heightened by media focus. As was stated in prior reports, MSRC continues to progress in the development of its tools, it is now an established go-to resource for decision-makers to obtain accurate and efficient answers regarding suicidal behavior, with the continued emphasis on the military perspective. MSRC continues with and has not changed its design, to facilitate information management/scientific communications for the DoD and to maximize research efforts at understanding and improving suicide risk screening and assessment, interventions, and population-level prevention programs. With overlapping stages (some early, others mid and a few in/near completion), the programs and projects conducted by the Consortium continue to provide significant assistance to those involved and continue to ensure that information management/scientific communications occur seamlessly, and that screening and assessment, intervention, and prevention efforts are based on the best possible scientific evidence, specific to military personnel. Again, we will try to convey in the following sections, MSRC and its associates have increased their level of involvement and dissemination of information. (Note the new updates on studies, outcomes, publications, conferences, white papers and other activities. These are different from those presented in the prior report.) Again, MSRC continues to receive acknowledgement for its work and its contributions. This has come from peers, other research entities, respected trade publications and people in senior level positions. MSRC was also cited in the National Research Action Plan (NRAP), which was developed due to an Executive Order from the White House. MSRC has once again stayed true to its goal: expanding knowledge, understanding, and capacity to prevent, treat, and enhance the quality of life of persons in military communities who are affected by suicide-related problems. Again, these statements are somewhat duplicative from previous years but it continues to enforce the adherence to the initial purpose for MSRC.

The Consortium's overall mission has not changed and continues to be summarized as follows; again, with each function developed to have clear military relevance:

1. Produce new scientific knowledge about suicidal behavior in the military that will improve mental health outcomes for our men and women in uniform.

2. Use high quality research methods and analyses to address problems in policy and practice that will have a direct impact on suicide-related and other mental health outcomes for military personnel.
3. Disseminate Consortium knowledge, information, and findings through a variety of methods appropriate for decision makers, practitioners, and others who are accountable for ensuring the mental health of military personnel. This will include a rapid response function so that queries from decision makers and others to the Consortium will be answered with speed and efficiency. Technical assistance and support for decision makers and others is an integral aspect of this Consortium function. This aspect of the Consortium will warehouse knowledge about suicidal behavior in general (e.g., from civilian and international sources as well as from military sources), so that military issues can be informed in a comprehensive manner.

4. Train future leaders in military suicide research through experience within a multi-disciplinary setting for Ph.D. students and postdoctoral scholars interested in research questions on military suicide of both a basic and applied nature.

Once again, the inter-relations and flow of information between the Cores and the research program continues to be an important component of the Consortium. The Executive Management Core (Core A) continues to be involved with all other Cores and the research program, to exert vision, oversight, leadership and quality control over them including the external advisory board, public relations, training, and the operation of all other Cores and the intramural and extramural research programs. In its capacity as knowledge warehouse/communication center, the Information Management/Scientific Communications Core (Core B) receives data and materials from all elements of the Consortium, and continues to generate information to military decision makers and others. We still strive for efficiency, rapid response and the search for improvements to processes. The MIRECC site PI continues to provide additional administrative oversight. The Database Management/Statistical Core (Core C) is becoming an even greater asset to the Consortium - it still provides world-class data management and analysis infrastructure and consulting – as it increases its data set quantities and sizes. The intramural and extramural research programs are still focusing on doing cutting-edge empirical studies and continue to further the knowledge base on topics such as risk assessment, treatment, and prevention, all as pertain to suicidal behavior in the military.

**Body:**

_Statement of Work_

**Task 1. Project Start-up** (months 1-3)

1a. Create infrastructure for all Cores (month 1)
   - This task is fully in place and functioning.
1b. Hire and train staff (month 2)
   - All Cores are fully staffed and progressing.
1c. Core C conduct first comprehensive literature review (month 3)
   - This task was completed on schedule.

**Task 2. Plan research projects** (months 4-9)

2a. Establish intramural research priorities in consultation with External Advisory Board (month 4)
   - The initial priorities were established in conjunction with the Military External Advisory Board (MEAB).
• The MEAB and Core A met with additional potential research teams and selections were made.

2b. Assemble research teams (months 5-6)
• The research teams have been selected.

2c. Continue creation of Core B infrastructure (months 4-9)
• The infrastructure is developed and functioning.
• Continue to maintain two websites. The MSRC site (msrc.fsu.edu) continues to be for general user information, public interaction and for overall updates. The dashboard site (msrc.idiginfo.org) is for repository research, technical review and related functions.
• The expected transition of basic system administration and website maintenance to be managed by Core A staff is expected to be completed in October 2014.
• The webmaster continues to do site reviews and provides improvements as needed.
• A new web page entry for PIs is being implemented and improvements will be done as feedback is received from the users.
• Some of the staff is testing the usage of Drupal for web content.
• Continue to provide materials to the military resources via the MSRC website.
• Increased the available documents in the bibliographical digital repository to over 8,240 items.

2d. Core C review protocols to ensure proper military relevance (month 9)
• Core C is fully operational.

Task 3. Implement intramural research projects (months 10-12)
3a. Preliminary study information submitted to core B (month 12)
• The preliminary study information was submitted to Core B and added to the Consortium’s website.

Task 4. Initial Consortium review by External Advisory Board (month 12)
• The Military External Advisory Board completed their reviews on a timely manner.
• Core A reviewed the progress of the Consortium with their senior advisors.

Task 5. Preparing year one quarterly reports (months 3, 6, 9, 12)
• These tasks were fully completed on time.

Task 6. Continue intramural research projects (months 13-24)
• MEAB completed their reviews of presented research projects and provided their recommendations for funding.
• Both sites (FSU and MIRECC) have their complete set of approved and funded research projects.
• LOI/proposals continue to be accepted – they are notified that the current funds have been allocated.
• See sub-section “FSU Funded Projects” under “Key Research Accomplishments” for a more detailed update on the FSU studies underway.

Task 7. Establish pre-doctoral and postdoctoral training experiences at FSU and MIRECC (month 24)
• Pre-doctoral and post-doctoral training experiences are in-place and fully operational.
• Graduate students continue to receive awards, stipends and recognitions for their contributions and research results.
• As in last year, we held a pre-conference training program geared for graduate students in conjunction with the AAS annual conference. Again, it was a full day event and it was very well received.
• See the sub-section “Pre-doctoral and postdoctoral training experiences at FSU and Denver” under the “Reportable Outcomes” section for more details.

Task 8. Consortium review by External Advisory Board (month 24)

Task 9. Preparing year two quarterly reports (months 15, 18, 21, 24)
• The 1st, 2nd, 3rd and 4th quarter reports were prepared and distributed on time.

Task 10. Establish extramural research priorities (months 25-36)
• 10a. The requests for proposals were published.
• 10b. Additional projects were selected to be funded by FSU.
• 10c. The projects received their contracts and have initiated their tasks.

Task 11. Consortium review by External Advisory Board (month 36)
• A meeting was held in May 2013.
• Senior military personnel determined that a meeting in November was not needed.
• Core A reviewed the progress of the Consortium with the senior advisors by way of meetings and conference calls.

Task 12. Preparing year three quarterly reports (months 27, 30, 33, 36)
• The 1st, 2nd, 3rd and 4th quarter reports were prepared and distributed on time.

Task 13. Consortium review by External Advisory Board (month 48)
• A meeting was held in May 2014.
• Core A continues to review the progress of the Consortium with their senior advisors by way of meetings and conference calls.
• The next meeting is scheduled for May 2015.

Task 14. Preparing year four quarterly reports (months 39, 42, 45, 48)
• The 1st, 2nd and 4th quarter reports were prepared and distributed on time. The 3rd quarter report was waived.

Task 15. Preparing year five quarterly reports (months 51, 54, 57, 60)
Task 16. Preparing final project report (months 52-60)

Overall project timeline:
Year 1- Complete Tasks 1, 2, 3, 4, and 5
• Tasks 1, 2, 3, 4, and 5 were completed. Tasks 6 and 7 were initiated.
Year 2 - Complete Tasks 6, 7, 8, and 9
• Tasks 7, 8 and 9 were completed. Task 6 is continuing. Task 10 was initiated.
Year 3 - Complete Tasks 6, 10a, 10b, 10c, 11, and 12
• Tasks 10a, 10b, 10c, 11 and 12 were completed. Task 6 is continuing.
Year 4 – Complete tasks 6, 13 and 14.
• Tasks 13 and 14 were completed. Task 6 is continuing with good progress.
Year 5 – Complete tasks 6, 15 and 16.
Key Research Accomplishments:

FSU Funded Projects (material gleaned from other reports)

Currently, FSU has funded nine projects with eight still in progress and one has completed its tasks.

Brief Interventions for Short Term Suicide Risk Reduction in Military Populations -- PI: Craig J. Bryan, PsyD

- This study has been re-reviewed by the Madigan IRB and has been tabled pending minor stipulations including the identification of a second site PI and a letter of support from the clinic commander. We have identified a second site PI and are awaiting the completion of CITI training to add him to the study.
- The scheduled staff meetings continue as planned.
- The Madigan IRB suspended the study in December 2013 and intake evaluations were discontinued due to the study’s suspension.
- The next annual investigator’s meeting is planned for the spring of 2015, to be held in Ft. Carson, CO.
- To date, 106 Soldiers have been screened and invited to participate, of which 55 have agreed to enroll and been randomized to one of the three interventions. No additional participants have been enrolled because the Madigan IRB has not yet reopened the study.
- Preliminary data analyses have been initiated and several peer-reviewed publications and presentations have resulted and/or are under review.

Military Continuity Project (MCP) -- PI: Kate Comtois, Ph.D.

- The Military Continuity Project (MCP) is a brief suicide prevention contact intervention being evaluated at two Marine Corps and one Army installation as an adjunct to standard care. To date, 233 suicidal active duty Marines and Soldiers have been recruited. Participants complete baseline assessments and will be followed up at 12 months by interview and administrative data. Twelve-month follow ups began being collected in April 2014.
- We continue working on executing a CRADA between the University of Washington (UW) and the Naval Hospital Camp Lejeune (NHCL) and Naval Medical Center Portsmouth (NMCP). We have identified site PIs and a Subject Matter Expert. The UW and NMCP are actively reviewing and negotiating the language on the CRADA. Ms. Megan Muzychka, continuity clinician at Camp Lejeune is working with NHCL and the Geneva foundation to ensure she has the proper credentialing to work within the hospital.
- In late May 2014, the Continuity Clinician for the TwentyNine Palms installation resigned her position on the project. In June, Ms. Kerbrat travelled to the installation to close down the study office, collect study materials, and speak to the installations POCs.
- This summer, we switched our texting platform from Talaria, Inc. to LifeWIRE Corp. In December 2013, Talaria’s CEO contacted Dr. Comtois to inform us the company was going out of business. After much research, programming, and testing, the LifeWIRE system went live in June 2014.
• We are actively working on a data application from Dr. Cost and MAJ Patricia Rohrbeck, who are our POCs for Armed Forces Health Surveillance Center (AFHSC). Once the AFHSC reviews the amendment, we will submit it to WAMC in order to access the participants’ medical records information.
• As of August 30th, of 242 consented participants, 233 participants have been enrolled (randomized), i.e., consented, assessed, and assigned to treatment condition. Recruitment will continue.

Development and Evaluation of a Brief, Suicide Prevention Intervention Reducing Anxiety Sensitivity -- PI: Brad Schmidt, Ph.D.

• The recruitment and data management for the CAST project was completed in June of 2013. Final analysis was completed last quarter.
• Results for major findings:
  o The aim of this investigation was to design and evaluate the efficacy of an AS treatment more specifically focused on its cognitive component. Non-treatment seeking participants (N = 108) with elevated AS were randomly assigned to a one-session intervention utilizing psychoeducation and interoceptive exposure techniques to target AS or a health information control intervention and assessed posttreatment and at one-month follow-up.
  o The active treatment condition produced significantly greater reductions in AS at posttreatment. Group differences persisted at one-month follow-up that were specific to AS cognitive concerns. Moreover, changes in cognitive AS mediated symptom change at follow-up including suicide outcomes.
  o Despite the brevity of the treatment intervention, findings demonstrate that it resulted in substantial reductions in AS cognitive concerns that were linked with symptom improvement.

Identifying factors associated with future self-directed violence within a sample of Mississippi National Guard personnel -- PI: Michael D. Anestis, Ph.D.

• We have begun work on 6-month follow-up. Early results indicate that our methods may yield high impact predictive power, enabling us to detect risk in soldiers who might not otherwise be categorized as such. We look forward to exploring our ability to predict future risk in addition to differentiating those with from those without a prior history of suicidal behavior.
• We enrolled 1,000 soldiers and approximately 100 collateral reporters. Consistent with other studies, Qualtrics did not capture data for a small portion of the sample, resulting in 935 full or partial data points in the final baseline dataset for the soldiers. We have begun analyses based upon major hypotheses. Data from our implicit association task is still being cleaned and entered; however, from the self-report measures we have found that the 2-way interaction of perceived burdensomeness and thwarted belongingness predicts both suicidal ideation and resolved plans and preparations for suicidal behavior. Additionally, the three-way interaction of perceived burdensomeness, thwarted belongingness, and the acquired capability for suicide predicts a greater number of lifetime suicide attempts as measured by two separate measures. We have also begun
work on utilizing zero-inflated models to differentiate “true zeroes” (individuals with no suicidal ideation) from potential underreporters (individuals who report having no suicidal ideation in an effort to appear healthier than reality).

• We have completed baseline data collection and have begun 6-month follow-up data collection. The vast majority of the 6-month follow-ups will occur between August and December 2014.

• One of our RAs, Brittney Assavedo, is now a first year doctoral student in the clinical program at USM. She is now funded as a graduate student (Maren Hankey has transferred to another university). Rachel Martin – formerly an undergraduate with David Jobes at Catholic University, is now employed as an RA on the grant.

• USM has been somewhat slow to process participant payments and several soldiers either listed incorrect mailing addresses or provided addresses that were difficult to read. Our two RAs are working with USM and the soldiers to resolve all such issues and seem to have developed an effective system for doing so. That being said, participant payments are likely to appear low due to slow processing for the remainder of the grant.

• In additional papers, we have found that the relationship between hopelessness and both suicidal ideation and resolved plans and preparations for suicide is only significant at low levels of grit. Grit thus appears to be a protective factor against suicidal thoughts amongst at risk soldiers. We have also found that soldiers were significantly more willing to report current suicidal ideation on a measure not included in our safety protocol than in a measure that was, indicating that fears of consequences for endorsing ideation may be preventing military personnel from being able to detect risk amongst soldiers. We have also found that different coping styles (e.g., avoidant) are more strongly associated with suicide risk and that vulnerable but not grandiose narcissism predicts suicidal desire. Most recently, we provided data for a confirmatory factor analysis examining the psychometric properties of the Moral Injury Events Scale.

• Have had 8 posters and 1 paper accepted for presentation at major conferences (ABCT, APS). We have also submitted several manuscripts based upon major hypotheses for baseline data. Active and submitted papers include (1) a test of the interpersonal-psychological theory of suicidal behavior in the prediction of suicidal ideation and behavior (2) the use of zero-inflated modeling to differentiate between “true zeroes” and individuals likely to be underreporting suicidal ideation and (3) a test of the utility of an implicit association task in predicting suicidal behavior above and beyond gold standard self-report indices of risk (4) the impact of varying levels of confidentiality in soldiers’ willingness to report current suicidal ideation (5) the impact of various coping styles on suicide risk (6) the relationship between aspects of narcissism and the components of the interpersonal-psychological theory of suicidal behavior (7) the psychometric properties of the moral injury events scale and (8) the protective value of grit in the relationship between hopelessness and suicidal ideation/resolved plans and preparations for suicide.

Controlled evaluation of a computerized anger-reduction treatment for suicide prevention -- PI: Jesse Cougle Ph.D.

• This study is progressing well. Study recruitment and data collection is moving along at an adequate rate. Several participants have completed their 3-month and 6-month follow-up questionnaires this quarter, with more to be completed this coming quarter.
• After receiving HRPO approval in April, we contacted all participants that had enrolled in the study and completed baseline questionnaires to have them sign an updated consent form (i.e., participants that were previously consented but did not complete any additional steps in the study were not reconsented). 2 participants refused to sign the new consent form after learning about the source of funding, and 2 participants never responded to multiple requests to fill out the new consent form. There have been no problems or challenges since the new consent form was sent to participants back in April. Our research team did not submit a quarterly report back in June, otherwise this information would have been submitted last quarter.

• At this time, 278 participants have been screened, 184 have been eligible, 143 have completed consent, 65 have completed the diagnostic interview, 61 have been eligible following the interview, 60 have completed baseline questionnaires, 34 have completed treatment as well as post-treatment questionnaires, 16 have completed 3-month follow-up questionnaires, and 12 have completed 6-month follow-up questionnaires.

• This quarter, participant recruitment and data collection have continued to be our primary focus. We have recruited community participants and veterans throughout the country through various online methods. We have also continued to recruit participants in the northern Florida area through community flyering and local online advertisements.

• In the next quarter, we will continue to recruit participants for the study, continuing to use extensive advertisements, both in print and online media. Several participants recruited in the last quarter will be asked to submit their 3-month and 6-month follow-up questionnaires in the coming quarter.

New approaches to the measurement of suicide-related cognition -- PI: Matthew K. Nock, Ph.D.

• To date, we have run 60 participants through Study I (Boston VA site) and 95 participants through Study II (Harvard University site) and are in the process of conducting follow-up assessments. Continue to expand recruitment efforts and plan on continuing to recruit, run, and conduct follow-up assessments.

Harvard University site:

• Expanded recruitment efforts:
  o In addition to posting ads on Craigslist, Facebook, the mass.gov Veterans webpage, and posting flyers at/around the Boston VA, we expanded recruitment by reaching out to the Massachusetts National Guard. Research Assistant, Julia Harris gave a presentation to approximately 30 National Guard Lieutenants on September 2nd 2014 to advertise the study so the Lieutenants could pass study information along to their brigade members.
  o Re-sent emails to advertise study to local universities (Bunker Hill Community College, North Shore Community College, Roxbury Community College, U Mass Boston, U Mass Amherst, Suffolk University, and the Massachusetts School of Professional Psychology), Veteran Centers (locations including: Boston Seaport, MA; Lowell, MA; Brockton, MA; and Worcester, MA), homeless shelters (New England Center for Homeless Veterans, Pine Street Inn, St. Francis House), and Veteran of Foreign War Posts (Boston, MA and Allston, MA locations) and posting study flyers on bulletin boards.

• Continued data collection
Continued phone screening, enrolling qualified subjects in the study, and running subjects through the 4-hour lab visit protocol.

To date, we have 95 subjects enrolled in the study; 93 who have completed the lab visit.

Continued the follow-up portion of the study by conducting 1-month and 3-month follow up calls. To date, 76 subjects have completed the 1-month follow up call (9 still in process of follow-up) and 57 subjects have completed the 3-month follow up call (12 still in process of follow-up).

• Continued data entry
  o Trained volunteer research assistants to accurately enter all study data, including the MSRC Common Data Elements and relevant demographic data.

Boston VA site:
• Continued data collection, enrolling qualified subjects in the study, and running subjects through the protocol.
  o To date, we have 60 subjects enrolled in the study; 58 who have completed the first meeting of the study. 1 subject withdrew (due to personal reasons not related to the study) and 1 subject was discharged before completing the study protocol.
  o Continued the follow-up portion of the study by conducting 1-month and 3-month follow up calls. To date, 27 subjects have completed the 1-month follow up call and 20 subjects have completed the 3-month follow up call. 16 subjects are still in the process of follow-up.
    ▪ Electronic medical record data will be gathered on all subjects to supplement low follow-up retention
    ▪ Follow-up call compensation was increased in the hopes of improving retention rates
    ▪ An IRB amendment is currently being drafted to mail subjects reminder letters about follow-up calls (as email contact is prohibited at the VA)
• Established a referral process through the Jamaica Plain Urgent Care Center
  o Research assistant, Jaclyn Kearns met with a VA behavioral emergencies specialist and the lead psychiatrist in the Urgent Care Center to establish a referral process and private space with which a potentially qualified Veteran may be approached.
• Continued data entry and transcription
  o Trained a volunteer research assistant to accurately enter all study data and transcribe one of the computer-based tasks.

• Continue data collection at both study sites by continuing to recruit and enroll subjects.
• Continue the follow-up portion of the studies by administering 1-month and 3-month follow-up phone calls.
• Continuing to expand recruitment efforts and study advertising as opportunities arise.

Development and Evaluation of a Brief, Suicide Prevention Intervention Targeting Anxiety and Mood Vulnerabilities -- PI: Norman B. Schmidt, Ph.D.

• We have successfully developed an innovative and portable computerized intervention targeting several risk factors relevant for the development of suicidal ideation and suicide
attempts. Currently this protocol is being evaluated in an at-risk sample which includes military veterans (31.3% of current sample). Should this intervention prove to be successful it could be used as a primary, secondary, or tertiary intervention for a variety of mental health outcomes that are relevant to military populations.

- Consistent with our project milestones we have since initiated the short-term (one month), mid-term (three month), and long-term (six month) follow-up phases.
- With regard to our recruitment initiatives, we have received 333 inquiries for the DARTS project. Based on the screening process, 146 of these individuals met the eligibility criteria. To date, 112 individuals have been consented and completed their baseline appointment, 100 individuals have completed session one, 92 individuals have completed session two, 89 individuals have completed session three, 74 individuals have completed their month one follow-up, 60 individuals have completed their month three follow-up, and 20 individuals have completed their month six follow-up.
- In terms of race/ethnicity 52.7% of the sample self-identified as Caucasian, followed by African American (31.3%), Hispanic (5.4%), Other (e.g., biracial; 8.8%), and Asian (1.8%). In addition, 31.3% of the current sample is veterans.
- In addition, we successfully developed a brief, computer-based intervention aimed at reducing cognitive bias modification. With the help of our Co-Investigator, Dr. Edward Bernat, we were also able to finalize and test the suicidal biomarker protocol.
- Plan to continue recruiting and randomizing participants to the treatment trial and following them through the follow-up phase.

Using Evaluative Conditioning to Improve Marriage -- PI: James K. McNulty, Ph.D.

- Development is going very smoothly so far. As expected, this procedure to potentially improve marriage, especially for people spending extended time apart, appears to be one that can be easily implemented on any computer connected to the internet.
- We have established a contract with Inquisit and they are currently programming our evaluative conditioning procedure. This company can both program the evaluative conditioning procedure in an acceptable manner and allow us to collect reaction time data over the internet.
- We plan to begin data collection next month. By the end of next quarter, we hope to have run at least 10 couples (20 people) through the baseline procedure and several home trials. At that point, we will be in a position to evaluate the feasibility of the procedure and study.

A Taxometric Investigation of Suicide -- PI: Jill Holm-Denoma, Ph.D.

- This study will help determine whether suicide among military personnel is taxomic (i.e., categorical) or dimensional in nature. Results will have important implications for future research and clinical work.
- Train GRAs on suicide lethality coding system and family history of suicide coding system.
- Work with MSRC staff and PIs to obtain complete list of all measures administered and ascertain the time intervals at which they were administered.
• To date, we have CDEs available for 1,977 subjects, 44% of whom were selected for elevated suicide risk. Data analyses have not yet been performed.
• Must identify most appropriate validity indicators to be used during validation phase of the analytic process.
• Must train GRAs on taxometric plot rating system.
• Data have come in from primary study site PIs more slowly than we had anticipated, typically due to delays in recruitment at the primary sites. This has resulted in our project timeline being somewhat delayed.
• We have worked with Drs. Joiner, Gutierrez, and Plant to encourage primary site PIs to upload data as efficiently as possible. We have also personally described the importance of data uploads to PIs at the In-Progress Review Meeting (June, 2014) and will describe it again on a quarterly phone call that will occur in October, 2014.
**Reportable Outcomes:**

**Leveraging**

The Consortium continues to leverage its existing materials and tasks into projects and resources for other entities. The MSRC collaborates in leveraging funds that include an increase of grant funds, time, and infrastructure support. Below are some of the most noteworthy leveraging funds efforts:

Drs. Gutierrez and Joiner are consultants on the Man Therapy project. It is going international and various versions will be needed.

Dr. Joiner presented/consulted on the following: brief consult with the Canadian military, attended meetings in Northern Ireland, presented in Chicago at Northwestern, presented at Columbus, Indiana to the Centerstone Group - a large behavioral health organization, lectured to Warrior Resiliency program, attended the Zero Suicide meeting with Mike Hogan and David Covington, and attended the ABCT conference in Nashville. The Chair of Psychiatry at Northwestern discussed the Columbia assessment with Dr. Joiner. They discussed the merits of different risk assessment approaches and how clinicians and researchers find the Columbia assessment to be onerous. (Side note - This is another good reason for the Gold Standard Study.)

Dr. Joiner attended various events: August – Texas Suicide Prevention Symposium, European Symposium on Military Suicide in Estonia; September – presentation at the Louisville VA, other events in Idaho, Chicago and Atlanta VA.

Drs. Gutierrez and Joiner continue to try to work with Army STARRS. Dr. Joiner attended a conference call that included NIMH. Dr. Gutierrez is trying to assist with various work groups. They are both trying to assist with incorporating the data with VA and other national databases.

Dr. Gutierrez has confirmed a meeting with Trina Metson from the Center of Psychology for Denmark (VA equivalent). She is a Danish psychologist who is considering sharing data and research ideas with MSRC (longitudinal data on deployed soldiers). This is a possible collaboration and validation of a cross national and simultaneous research at both countries. The “Military to Civilian Scale” is part of the review – designed by a Minneapolis VA psychologist. Trina is reviewing the adjustment to civilian life after military service separation. Part of the plan would be to share their respective data and do follow up updates at a later time, as this would be a multi-national psychometric study of the adjustment questionnaire. This could be a landmark study with lots of extended potential.

Dr. Gutierrez is assisting some colleagues at the University of Western Ontario (in Canada). The group is applying for a research grant from the Canadian Institute for Health. They are developing a three study proposal that will refine a multi-dimensional theory on suicide for middle aged and older men. If approved, one of the projects will be run in Denver. It will include inter-personal psychological theory and some of the common assessment tools. This is another possible cross-national collaboration project.

A T-32 grant was awarded to Lindsay Bodell (NIH training grant at FSU Psychology for pre-doctoral students, two people receive per year). The support the MSRC provided to her with grant knowledge was a key part.
Collin Davidson (second year MIRECC postdoc fellow) received an ASFP young investigator grant, on positive psychology and upstream suicide prevention. He received support from MSRC in preparing the pilot grant. Dr. Gutierrez was his mentor on the grant.

Drs. Castro, Gutierrez, and Joiner presented in Oslo at the IASP World Congress, a suicide prevention conference on global suicide research. Dr. Castro chaired the presentation on military suicide research and they had quite the turnout for attendees. The next International Association for Suicide Prevention Conference may be held in New York; this is a chance to present at an international conference that is stateside.

Dr. Schmidt and his assistant have received additional funds from two sources to expand their work: National Institute of Mental Health, Computerized Intervention for Anxiety Sensitivity Cognitive Concerns, in the amount of $68,012, (Daniel Capron): and, American Foundation for Suicide Prevention, Suicide Risk Prevention among Patients with Anxiety Psychopathology, in the amount of $99,996.71, (Norman B. Schmidt, Ph.D.)

Dr. Anestis was approached by congressional staffers within Mississippi regarding funding necessary for developing a subsequent study in the National Guard building off of his project. These discussions are preliminary in nature and may not yield additional funding; however, the MSRC project made this potential opportunity possible.

Doctoral student Nicholas Paul Allen at Florida State University received a NIMH National Research Service Award (NRSA Fellowship). His project title is: Efficacy of an Anxiety Sensitivity Physical Concerns Intervention on Biomarkers. His professor is Dr. Schmidt, the award is for a two year period and the amount is $75,248.

Dan Capron received an internship at the Mississippi consortium and the Jackson VA. He also received a dissertation award from FSU for his “Evaluation of a Personal Augmented Interpretation Biased Modification for Anxiety Suicidal Ideation” paper.

Jen Hames received an internship at the Minneapolis VA.

Lindsay Bodell received and internship at the Western Psychiatric Institute in Pittsburgh.

[The three above examples are important steps as it shows that participation in MSRC is providing future researchers and leaders. This is very compatible with the MSRC training mission. It is also beneficial to note that two of the sites are VA facilities, thus the direct involvement with military areas.]

MSRC Member, Dr. Pam Keel (FSU) was noted for her mentoring of student Tiffany Brown as they received an 18 month $50,000 grant by the Global Foundation for Eating Disorders for their project titled "Dissonance-Based Eating Disorder Prevention Program for Men".

Pre-doctoral and postdoctoral training experiences at FSU and Denver

- MSRC offered dissertation awards of $2,000 and there were 3 finalists.
- The second annual MSRC Pre-Conference Training Day was held in April 2014 in conjunction with the AAS annual conference in Los Angeles, CA. The MSRC provided financial support to graduate/medical students, postdoctoral fellows, or residents to attend the American Association of Suicidology’s annual conference and participate in the MSRC pre-conference training day. Again, the aims of the pre-conference training day were to educate advanced students and fellows in state-of-the-art research techniques, including grant writing, research design, and regulatory issues. There were 28 participants.
Another successful Training Day has led to placing a request for next year to again host it in conjunction with the AAS conference.

Research and review on various manuscript projects continues

- Mike Anestis (lead) provided updates on the impulsivity manuscript. It is now in reprint.
- Lindsay Bodell (lead) provided updates on the eating disorders and suicide review paper. Waiting for a final review by Dr. Gutierrez.
- Mike Anestis (with assistance from Jetta Hanson) provided updates on the BAC (blood alcohol content) meta-analysis paper. Has been resubmitted.

Possible new entries for manuscripts:
- Possible white paper on “Social Media”. This would consist of various students/staff from both sites.

Other

The initial MSRC IPR meeting was held in Denver in June 2014. “The intention of the meeting is for investigators to provide an update on the status of their study, discuss challenges and successes, and benefit from the combined wisdom/experience of the group.” It was well received, had participation from all the currently funded projects and overall met the participant’s expectations. The next meeting was held via conference call in October 2014. Additional conference call meetings will be scheduled every three months (quarterly). The agenda will be created based on current needs and pressing issues.

DOD requested quarterly executive summaries starting in the first quarter of this report. The initial one was provided and new updates (of a significant nature) will be included in the following summaries. The summary report is provided soon after the quarterly reports are submitted. Each study should present a few sentences in their quarterly report and those of outstanding value will be included in the summary.

A study funded by the Denver MSRC office has progressed vastly with its results. The Virtual Hope Box application will be released by the Apple Store and the Android version was released earlier. They will do an advertisement push when both versions are readily available. The PI, Nigel Bush, did an interview with Colorado Public Radio on the study, which received interest from other areas.

Dr. Michael Anestis has received an endowed professorship and his additional title is - Nina Bell Suggs Professor of Psychology. Dr. Elizabeth “Ashby” Plant from FSU (Professor of Psychology) has taken over the responsibilities of Dr. Maner for managing Core C. (This took effect in August 2014). Another white paper for the Suicide Prevention Office was provided to Col. McGurk.

Drs. Cerel and Castro completed their white paper on Bereavement. It included recommendations for military leadership. They want to emphasize that framing suicide loss as a bereavement issue is missing a large component and that the focus should be on suicide exposed
individuals. This is a major shift from focusing on bereavement and towards exposure. This paper could affect DOD policy and may be presented to the Army Surgeon General.

The “References” section contains a listing of the many conference presentations, publications and white papers that are directly or indirectly associated with MSRC.
**Conclusion:**

The Military Suicide Research Consortium at Florida State University has again reached its annual goals and research aims. Florida State University has eight active subcontracts with various institutions and a ninth one in completion. Another review will be done to see if any of the previously submitted requests can be funded. The three Cores continue to collaborate, working toward the same ultimate goals of suicide prevention in the military and information dissemination to affected parties who are accountable and/or involved in ensuring the mental health of military personnel. The training to future leaders and researchers has been exceptional and having quarterly PI meetings was well received.
References:

Conferences/Presentations/Publications/White Papers

Dr. Brad Schmidt had the following presented:


Dr. Craig Bryan had the following publications and scientific presentations published or accepted:


Dr. Kate Comtois has a number of manuscripts under development based on the symposium presentation at the 47th Annual Conference of the American Association of Suicidology (AAS) in April 2014 in Los Angeles, CA. Additional information will be made available as soon as the manuscripts have been submitted for publication.

Dr. Michael Anestis had the following publications, presentations, and media requests:


Appendices:

CURRICULUM VITAE

September 1, 2014

Personal Data

Name: Thomas Ellis Joiner, Jr.                     Date and Place of Birth:

Marital/Family Status:                            Social Security Number: xxx-xx-xxxx

Psychologist Licensure and Credentials: Florida License

Work Address: Department of Psychology, Florida State University, Tallahassee, Florida 32306-4301
(850) 644-1454; FAX (850) 644-7739; e-mail: joiner@psy.fsu.edu

Home Address:

Work History

April 2010 - present                             The Robert O. Lawton Distinguished Professor of
Psychology                                         Department of Psychology, Florida State University

April 2007 - March 2010                         Distinguished Research Professor &
The Bright-Burton Professor of Psychology         Department of Psychology, Florida State University

January 2001 - March 2007                      The Bright-Burton Professor of Psychology
Department of Psychology, Florida State University

August 2000 - December 2000                    Professor
Department of Psychology, Florida State University

August 1997 - July 2000                         Associate Professor
Department of Psychology, Florida State University

August 1996 - July 1997                         Associate Professor and Director, Psychological Assessment
Department of Psychiatry and Behavioral Sciences  University of Texas Medical Branch at Galveston

1993 - 1996                                    Assistant Professor and Director, Psychological Assessment
Department of Psychiatry and Behavioral Sciences  University of Texas Medical Branch at Galveston

Education

1987 - 1993                                   University of Texas at Austin    Ph.D.
Major field: Clinical Psychology
(Major Professor: Gerald I. Metalsky, Ph.D.)
Minor field: Experimental Design and Analysis

1992 - 1993
Clinical Psychology Internship
V.A. Medical Center and Scott & White Hospital, Temple, Texas

1983 - 1987
Princeton University   Major field: Psychology   B.A., Magna Cum Laude
 honoring/Awards


Recipient of the Cottrell Family Endowed Professorship, Florida State University, 2009.


Recipient of the Graduate Faculty Mentor Award, Florida State University, 2006.

Recipient of the Mentoring Award, Section IV of APA’s Division 12 (Clinical Psychology of Women), 2006.


Recipient of the William R. Jones Most Valuable Mentor Award from the Florida Education Fund’s McKnight Doctoral Fellowship Program, 2005.


Recipient of the William R. Jones Most Valuable Mentor Award from the Florida Education Fund’s McKnight Doctoral Fellowship Program, 2002.

Named The Bright-Burton Professor of Psychology, Florida State University, 2001.

Recipient of the American Association for Suicidology’s Edwin S. Shneidman Award for Contributions to Suicide Research, 2001.


Recipient of the Developing Scholars Award, Florida State University, 1999.

Visiting Scholar Award, University of Montana, 1999.


Recipient of the Young Investigator Award, National Alliance for Research on Schizophrenia and Depression, 1994.
Publications List (overall number of books, articles, and chapters = 497; Current and former trainees’ names are italicized)

Authored Books


Edited Books


Journal Articles in Refereed Journals (listed chronologically; N = 428)

IN PRESS (N = 19)


23. Van Orden, K., Braithwaite, S., Anestis, M., Timmons, K., Fincham, F., Lewinsohn, P., & 
Joiner, T. (2012). An exploratory investigation of marital functioning and order of 
spousal onset in couples concordant for psychopathology. Journal of Marital & Family 
Therapy, 38, 308-319.


starvation and provocative behaviors: Two potential routes to extreme suicidal behavior in Anorexia Nervosa. *Behaviour Research & Therapy, 48*, 634-645.


2008 (N = 32)


2003 (N = 17)


relation of religiosity to mental health reduces to mundane mediators? Psychological Inquiry, 13, 214-216.


2000 (N = 16)


1995 (N = 11)


1994 (N = 7)


1992 (N = 2)


Workshops Conducted


4. Joiner, Jr., T. E. (1998). *You don’t have to be afraid of taxometrics*. Advanced Methodology and Statistics Seminar (AMASS) for the Association for the Advancement of Behavior Therapy (AABT), Washington, DC.

Chaired Symposia, Chaired Poster Sessions, & Chaired Grand Rounds


2. Joiner, Jr., T. E., Chair (1995, November). *Depression as a social problem: Recent advances in interpersonal approaches to depression*. Symposium for the 29th annual convention of the Association for the Advancement of Behavior Therapy (AABT), Washington, DC.


Presentations (samples from over 400)


7. Joiner, Jr., T. E. (1994, March). Depression and bulimia: The affective variant hypothesis vs. the secondary depression hypothesis. Paper presented at Grand Rounds, Department of Psychiatry and Behavioral Sciences, University of Texas Medical Branch, Galveston, TX.


**Grants**

**Completed or Ongoing Grant Projects**

1. Young Investigator Award, National Alliance for Research on Schizophrenia and Depression, $60,000 over 2 years for project entitled, “Cognitive vulnerability to depression in youth.” 1994-1996.

2. Grant, Sealy Small Grant Program, University of Texas Medical Branch at Galveston; $12,500 over 1 year for project entitled, “Testing an integrative interpersonal theory of depression among child and adolescent psychiatric inpatients.” May, 1994 - May, 1995.

3. Grant, American Suicide Foundation Institutional Program, University of Texas Medical Branch at Galveston; $8,199 over 1 year period for project entitled, “Impulsivity, hostility, and anxiety as discriminators between suicide ideators and attempters.” December, 1994 - December, 1995.


**Completed or Ongoing Grant Projects (continued)**

5. Grant, American Suicide Foundation Institutional Program, University of Texas Medical Branch at Galveston; $5,002 over 1 year period for project entitled, “Impulsivity, hostility, and anxiety: Predicting long-term response and attrition.” January, 1996 - December, 1996.


8. Grant, National Institute of Mental Health (R03MH56912); $25,000 over 1 year, entitled, “Stability and Structure of Bulimotypic Indicators.” January, 1997 - December, 1997.

9. Grant, Committee on Faculty Research Support (COFRS), Florida State University; $8,000 over three months for project entitled, “Taxometrics of mood disorder nosology.” June, 1998 - August 1998.

10. Grant, American Psychological Association, $7,585 over 1 year to support conference entitled,

11. Grant, Developing Scholars Award, Florida State University, $6,000 for general research, 1999.

12. Planning Grant, Florida State University, $6,000 over 1 year for planning a larger grant on the serotonin transporter gene and suicidal symptoms, 2000.


14. Planning Grant, Florida State University, $10,000 over 1 year for planning a larger grant on the possible dopaminergic basis of positive emotion - broad-minded coping inter-relations, 2001.


20. Grant, Rockefeller Foundation Bellagio Fellowship, ~$10,000, 2006.


**Editing, Editorial Boards, Academic Consulting, and Reviewing of Grants**

<table>
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<tr>
<th>Role</th>
<th>Journals</th>
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<tr>
<td>Editor</td>
<td>Suicide &amp; Life-Threatening Behavior, 2009-</td>
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<tr>
<td></td>
<td>Journal of Social &amp; Clinical Psychology, 2008-</td>
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<tr>
<td></td>
<td>Clinician’s Research Digest, 2006-</td>
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<tr>
<td></td>
<td>Journal of Abnormal Psychology (invited, 2000; declined).</td>
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<tr>
<td></td>
<td>Journal of Adolescence (invited, 2001; declined).</td>
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<tr>
<td>Board of Advisors</td>
<td>Men’s Health</td>
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<tr>
<td></td>
<td>The Scientific Review of Mental Health Practice, appointed 2002.</td>
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<td>Suicide &amp; Life-Threatening Behavior, appointed 2003.</td>
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<td></td>
<td>Revista de Psicopatologia y Psicologia Clinica (Review of Psychopathology &amp; Clinical Psychology), Spain, appointed 1995.</td>
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<td>Behavior Therapy, appointed 2005.</td>
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<tr>
<td>Guest Editor</td>
<td>Special Issue on Adolescent Suicide Risk, Journal of Adolescence, appeared August, 1998 (Volume 21).</td>
</tr>
<tr>
<td></td>
<td>Psychological Review, since 2003.</td>
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<td></td>
<td>Journal of Consulting and Clinical Psychology, since 1996.</td>
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<td></td>
<td>Cognitive Therapy and Research, since 1993.</td>
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<tr>
<td></td>
<td>Behavior Genetics, 1999.</td>
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<td></td>
<td>Journal of Personality, since 1994.</td>
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Cognition and Emotion, since 1996.
Behaviour Research and Therapy, since 1997.
Social Science and Medicine, since 2002.
Ambulatory Child Health, since 1998.
Psychological Reports, since 1997.
Social Behavior & Personality, since 1996.
Professional Psychology: Research & Practice, since 1999.
The Scientific Review of Mental Health Practice, since 2002.
Clinical Psychology Review, since 2000.
Journal of Affective Disorders, since 2001.
Psychotherapy Research, since 2001.
Circulation, since 2003.
Editing, Editorial Boards, Academic Consulting, and Reviewing of Grants (continued)

Book Publishers: Guilford; Academic Press; American Psychological Association; Erlbaum; Oxford; Harvard; Brooks/Cole; W.W. Norton; Wiley.

NASA Standing Review Panel Member, Human Research Program (Behavioral Health and Performance), 2012-


Consultant, National Institute of Mental Health grant #NIMH R18 48097, entitled “Problem-solving factors in suicide,” awarded to David Rudd, Ph.D. 1993 to 1997.

Consultant, National Institute of Mental Health grant #NIMH R15 55870-01, entitled “Predictors of Negative Mood Intensity and Recovery,” awarded to Sam Catanzaro, Ph.D. 1996 to 1999.

NIMH Study Section Member, F12B[20], 2004.

NIMH Study Section Member, ZMH1 ERB-L [03], 2005.

NIMH Study Section Member, Adult Psychopathology (BBBP-5), 2000; 2006-7.

NIMH B/START Reviewer, April, 2001.


Grant Reviewer, The Hospital for Sick Children Foundation, Toronto, Canada, Fall, 1997.

Grant Reviewer, Sealy Endowment for Biomedical Research, UTMB-Galveston, 1996.

Grant Reviewer, Dissertation Award, American Psychological Association, Fall, 1996.

Grant Reviewer, Student Travel Award, American Psychological Association, Spring, 1997.

**Professional Affiliations and Memberships**

- Elected Member, Society for Research in Psychopathology.
- Elected Member, International Society for Research in Child and Adolescent Psychopathology.
- Member, Society for the Science of Clinical Psychology (SSCP).
- Member, Association for the Advancement of Behavior Therapy (AABT).

**Leadership, Committees, and Administrative Service**

- Chair, Faculty Development Committee, FSU Psychology, 2002, 2004, 2006-present.
- Chair, Selection Committee for the Aaron T. Beck Award, given by the Across Species Comparison and Psychopathology (ASCAP) Society, Spring, 1997; Spring, 1998.
- Chair, Grants Committee, Society for the Science of Clinical Psychology Dissertation Award, American Psychological Association, Fall, 1997.
- Graduate Training Committee, Department of Psychology, Florida State University, 1997 - 1998.
- Host for Post-Doctoral Scholars, Drs. Tulin and Faruk Gencoz, Middle East Technical University, Ankara, Turkey, at Florida State University, Summer - Fall, 1999.
- Host for Visiting Scholar, Dr. Lourdes Lostao, Universidad Publica de Navarra, Pamplona, Spain, at the University of Texas Medical Branch at Galveston, Summer, 1997.
- Director and Founder, Behavioral, Social, and Cognitive Sciences Faculty Interest Group, University of Texas Medical Branch at Galveston, Spring, 1995 - Spring, 1996.
- Member, Board of Directors, Interpsych Internet Research Forum, 1994 - 1996.
- Training Team Member, Psychology Internship Training Program, University of Texas Medical Branch at Galveston, Fall, 1994 - present.

Member, Undergraduate Education Committee, Department of Psychiatry and Behavioral Sciences, University of Texas Medical Branch at Galveston, Fall, 1995 - present.

Member, Committee to Reduce Length of Patient Stay, Department of Psychiatry and Behavioral Sciences, University of Texas Medical Branch at Galveston, Summer, 1994 - Fall, 1995.

Member, Committee to Establish Guidelines for Teaching Effectiveness, Department of Psychiatry and Behavioral Sciences, University of Texas Medical Branch at Galveston, 1994.

Member, Ad Hoc Committee on Staff - Patient Boundary Issues, Department of Psychiatry and Behavioral Sciences, University of Texas Medical Branch at Galveston, Fall, 1996.

Member, Ad Hoc Committee on Sexual Abuse of Psychiatric Patients, Department of Psychiatry and Behavioral Sciences, University of Texas Medical Branch at Galveston, Spring, 1994.

**Community Service**

Participant, National Depression Screening Day, developed to educate public about depression and refer depressed people to treatment, October 6, 1994.


Presentation, “Depression in Adults and Youngsters: A Research Update,” Invited address at the annual convention of the Texas Alliance for the Mentally Ill, Corpus Christi, Texas, 1995.


Teaching/Supervisory Experience

Educational Materials Developed


Masters Thesis and Critical Review Paper Committees

1. Ivonne Indrikovs, “Eating attitudes, self-esteem and body image in males,” School of Allied Health Sciences, University of Texas Medical Branch at Galveston, 1996.
2. Lorraine MacLean, “The effects of mood and sex-role beliefs on interpersonal responses to depressed persons,” Lakehead University, Thunder Bay, Ontario, Canada, Fall, 1996.
11. [Chair], Jeremy Pettit, “Negative events, self-esteem, and self-verification strivings,” Florida State University, Tallahassee, FL, Fall, 2000.
13. [Chair], Marisol Perez, “The interpersonal consequences of positive illusory bias in inpatient psychiatric youth,” Florida State University, Tallahassee, FL, Fall, 2000.
15. [Chair], Foluso Williams, “Mood regulation and depressive subtypes.” Florida State University, Tallahassee, FL, Spring, 2003.
17. [Chair], Jessica Brown, “Meta-analysis of 5HTT gene polymorphism’s association with mental disorders.” Florida State University, Tallahassee, FL, Spring, 2003.

Masters Committees (continued)

22. [Chaired], Daniel Hollar, “Acculturative stress, ethnicity, and bulimic and suicidal symptoms.” Florida State University, Tallahassee, FL, Spring, 2005.
23. [Chaired], Katie Merrill, “Self-esteem stability, interpersonal behaviors, and depression.” Florida State University, Tallahassee, FL, Spring, 2005.
24. [Chaired], Tracy Witte, “Multiple suicide attempt status and mood lability.” Florida State University, Tallahassee, FL, Spring, 2006.
27. [Chaired], Rebecca Bernert, “Circadian rhythms and depressive symptoms,” Florida State University, Tallahassee, FL, Spring, 2006.
33. [Chaired], Mike Anestis, “Urgency and maladaptive behaviors.” Florida State University, Tallahassee, FL, Spring, 2006.
34. [Chaired], Ted Bender, “The acquired capacity for suicide.” Florida State University, Tallahassee, FL, Fall, 2007.
35. [Chaired], Scott Braithwaite, “Models of marital discord.” Florida State University, Tallahassee, FL, Fall, 2007.
36. [Chaired], Eddie Selby, “Emotion regulation and Borderline Personality Disorder.” Florida State University, Tallahassee, FL, Fall, 2007.
37. [Chaired], April Smith, “Achievement strivings and eating disorder symptoms.” Florida State University, Tallahassee, FL, Fall, 2007.
39. Ben Miller, outside member to Department of Philosophy, Florida State University, “Philosophical aspects of suicide.” Spring, 2008.
42. [Chaired], Erin Fink, “Need for cognition and eating disorder symptoms.” Florida State University, Tallahassee, FL, Fall, 2008.
Teaching/Supervisory Experience (continued)

Dissertation Committees


22. Tam Dao, outside member to Department of Counseling Psychology, “Rorschach and MMPI convergence.” Florida State University, Tallahassee, FL, 2005.
42. Lacey Sischo, outside member to Department of Sociology, “Qualitative study of women’s reactions to breast surgery.” Florida State University, Tallahassee, FL, 2006.
43. Matt Hobson, outside member to Department of Sociology, “Fiction.” Florida State University, Tallahassee, FL, 2007.
Teaching/Supervisory Experience (continued)

Dissertation Committees (continued)

48. Marissa Brattole, outside member to Department of Educational Psychology, “Factors influencing eating disorder detection, Florida State University, Tallahassee, FL, 2008.

Teaching Experience

Graduate Seminar on Prepracticum & Ethics, Summer 2003-present.

Graduate Seminar on Differential Diagnosis of Psychopathology in Works of Non-Fiction, Spring, 2010.


Graduate Seminar on Mood Disorders, Spring, 2001.

Graduate Techniques of Behavior Change, 2002-present.

Graduate Psychopathology, Florida State University, 1999-present.

Behavioral Science Research Methods (Undergraduate), Florida State University, Spring, 1999.

The Psychology of Adjustment (Undergraduate), Florida State University, 1997-2000.

Introduction to Patient Evaluation for 1st Year Medical Students, University of Texas Medical Branch at Galveston, Fall, 1994 - Spring, 1995; Fall, 1995 - Spring, 1996.

Community Continuity Experience for 1st Year Medical Students, University of Texas Medical Branch at Galveston, Fall, 1994 - Spring, 1995; Fall, 1995 - Spring, 1996.

Lecturer, Behavioral Sciences Component of Introduction to Patient Evaluation for 2nd Year Medical Students, University of Texas Medical Branch at Galveston, Summer, 1995.

Discussion Group Leader, Behavioral Sciences Component of Introduction to Patient Evaluation for Medical Students, University of Texas Medical Branch at Galveston, Summer, 1994 - 1996.

Seminar on Psychotherapy Termination for 3rd Year General Psychiatry Residents, University of Texas Medical Branch at Galveston, Spring, 1996; Spring, 1997.

Seminar on Boundaries in Psychotherapy for 2nd Year General Psychiatry Residents, University of Texas Medical Branch at Galveston, Fall, 1996.

Seminar on Diagnostic Interviewing with Adolescents, 4th Year General Psychiatry Residents, University of Texas Medical Branch at Galveston, Spring, 1997.

Seminar on School Consultation for 5th Year Child/Adolescent Psychiatry Residents, University of Texas Medical Branch at Galveston, Fall, 1996.

Continuous Case Conference on Child and Adolescent Psychotherapy for Child/Adolescent Psychiatry Residents, University of Texas Medical Branch at Galveston, 1994 - 1997.

Childhood and Adolescent Development for 4th and 5th Year Child/Adolescent Psychiatry Residents, University of Texas Medical Branch at Galveston, Spring, 1994.

Psychological Assessment for 4th and 5th Year Child/Adolescent Psychiatry Residents, University of Texas Medical Branch at Galveston, Spring, 1994; Spring, 1995.

Psychological Theories of Depression for Psychology Interns, School of Allied Health, University of Texas Medical Branch at Galveston, Fall, 1993; Fall, 1994.
Continuous Case Conference on Child and Adolescent Psychiatry for Child/Adolescent Psychiatry Residents, University of Texas Medical Branch at Galveston, 1993 - 1997.

Undergraduate Abnormal Psychology, University of Texas at Austin, and Austin Community College, Fall, 1989 - Spring, 1991.

Clinical Supervisory Experience

Primary Supervisor, Clinical Psychology Graduate Students Psychotherapy Practicum, University Psychology Clinic, Florida State University, Summer, 1998 - present.

Primary Supervisor, Clinical Psychology Graduate Students Assessment Practicum, Easter Seals Placement, Florida State University, Summer, 1998 - Fall, 1999.

Primary Supervisor, 5th Year Child/Adolescent Psychiatry Residents’ School Consultation Rotation, Department of Psychiatry and Behavioral Sciences, University of Texas Medical Branch at Galveston, Fall, 1996.

Primary Research Supervisor, 3rd Year Psychiatry Residents’ Research Paper, Department of Psychiatry and Behavioral Sciences, University of Texas Medical Branch at Galveston, Spring, 1995, 1996.

Primary Supervisor for Psychology Interns, Department of Psychiatry and Behavioral Sciences, University of Texas Medical Branch at Galveston, 1993 - 1997.

Primary Supervisor, Postdoctoral Psychology Fellows’ Psychological Assessment and Psychotherapy for Child and Adolescent Psychiatry, Department of Psychiatry and Behavioral Sciences, University of Texas Medical Branch at Galveston, 1994 - 1997.

Group Psychotherapy Supervisor for Psychiatry Residents’ and Psychology Interns’ Rotation on Child and Adolescent Psychiatry, Department of Psychiatry and Behavioral Sciences, University of Texas Medical Branch at Galveston, 1994 - 1996.

Individual Psychotherapy Supervisor for Child Psychiatry Residents, Department of Psychiatry and Behavioral Sciences, University of Texas Medical Branch at Galveston, 1995 - 1997.

Assistant Supervisor, Child and Family Psychotherapy Practicum, Learning Abilities Center, University of Texas at Austin, Austin, Texas. Spring, 1990.
Clinical and Professional Consulting Experience

Director of the University Psychology Clinic, Florida State University, Tallahassee, Florida.

Direct full-service community mental health center. Activities involve oversight of five psychologist supervisors, twenty clinical psychology graduate student therapists (who see approximately 70 patients per week), and three staff persons. 1998 to present.

Legal Consultant, Tallahassee, Florida

Case review and consultation on cases involving death by suicide. 1997 to present.

Private Practice, Tallahassee, Florida

Diagnostic evaluation and psychotherapy practice, 2003 to present.

Director of Psychological Assessment for Children and Adolescents, Department of Psychiatry and Behavioral Sciences, University of Texas Medical Branch at Galveston, Galveston, Texas.


Staff Psychologist, University Psychiatry Center, Clear Lake, Texas (a satellite clinic of the Department of Psychiatry and Behavioral Sciences, University of Texas Medical Branch at Galveston).

Activities include individual, family, and group psychotherapy, diagnostic interviews, and psychological assessments, with children, adolescents, and adults. 1993 - 1997.

Group Psychotherapist, Department of Psychiatry and Behavioral Sciences, University of Texas Medical Branch at Galveston, Galveston, Texas.


Staff Psychologist, ADHD/Depression Outpatient Clinic, Department of Psychiatry and Behavioral Sciences, University of Texas Medical Branch at Galveston.

Activities include supervision of psychoeducational testing, and collaboration on clinical research projects. March, 1995 to August, 1997.
Project Psychotherapist, Pfizer Study of Behavior Therapy vs. Pharmacotherapy for Obsessive Compulsive Disorder, Department of Psychiatry and Behavioral Sciences, University of Texas Medical Branch at Galveston.


Project Psychotherapist, Bristol-Myers Squibb Study of Combined Efficacy of Cognitive-Behavioral Therapy vs. Pharmacotherapy for Chronic Depressions, Department of Psychiatry and Behavioral Sciences, University of Texas Medical Branch at Galveston.


Staff Psychologist, University Nutrition Center, University of Texas Medical Branch at Galveston, Galveston, Texas.

Activities include group psychotherapy with obese adults. June to November, 1994.

Clinical Psychology Intern, Olin E. Teague Veterans' Administration Medical Center and Scott and White Hospital, Temple, Texas.


Staff Psychotherapist, Waterloo Counseling Center, Austin, Texas.

References

Lyn Y. Abramson, Ph.D.  
Professor  
Department of Psychology  
University of Wisconsin-Madison  
1202 W. Johnson St.  
Madison, Wisconsin  53706  
(608) 263-4965

Roy F. Baumeister, Ph.D.  
Frances Eppes Professor  
Department of Psychology  
Florida State University  
Tallahassee, FL  32306-1270  
(850) 644-2040

Aaron T. Beck, M.D.  
University Professor  
Department of Psychiatry  
University of Pennsylvania  
Room 2032  
3535 Market Street  
Philadelphia, PA  19104-3309  
(215) 898-4102

James C. Coyne, Ph.D.  
Professor  
Departments of Psychiatry & Family Medicine  
University of Pennsylvania Health System  
11 Gates, 3400 Spruce St.  
Philadelpia, PA  19104  
(215) 662-7035

Peter M. Lewinsohn, Ph.D.  
Professor & Senior Scientist  
Oregon Research Institute  
1715 Franklin Blvd.  
Eugene, Oregon  97403  
(541) 484-4421

William B. Swann, Jr., Ph.D.  
Professor  
Department of Psychology  
University of Texas at Austin  
Austin, Texas  78712  
(512) 471-1157