Radiological Dispersal Devices: Select Issues in Consequence Management

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Summary

The threat of terrorist detonation of a dirty bomb, one type of radiological dispersal device (RDD), has focused public attention on efforts to counter use of this weapon. An RDD attack might cause casualties, economic damage, and, potentially, public panic, though experts disagree on the likely magnitude of each of these effects. The impact of an RDD attack would depend on many variables, such as meteorological conditions, type and amount of radiological material, duration of exposure, and method of dispersal. Issues of potential congressional interest include the level of federal funding for research and development of medical countermeasures against RDDs and the appropriateness of current standards for environmental decontamination following an RDD attack. This report will be updated as events warrant.

Introduction

The possibility that terrorist groups might use a radiological dispersal device (RDD) in a civilian setting increased government and public concern about such weapons.¹ This report addresses the controversies surrounding the health effects of low-level radiation, concerns related to decontamination following an RDD attack, and the issue of federal research into RDD countermeasures.

RDDs are devices, other than a nuclear explosive device, designed to disseminate radioactive material in order to cause destruction, damage, or injury.² A “dirty bomb” is one type of RDD, in which explosives disperse the radioactive material, but in general RDDs do not require explosives. Research indicates that RDDs have little effectiveness

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as military weapons because of their inability to incapacitate prepared soldiers.\textsuperscript{3} RDDs may pose a greater threat in a civilian setting. While there may be few immediate health effects from the dispersed radiological material, long-term health risks, such as cancer, may increase and there may be significant economic damage if there is an unwillingness to live or work in an area with a higher radiation level. Many experts contend that there is terrorist interest in constructing and using RDDs.\textsuperscript{4} No RDD has been used by a terrorist group, so it is not known how potent an RDD might be as a terror weapon.\textsuperscript{5}

Both the threat posed by terrorist RDD use and the magnitude of impact are matters of some contention. Some experts believe that terrorists could, without great difficulty, obtain radioactive material and construct an RDD, while others assert that radiation sources intense enough to cause casualties in an RDD attack would be injurious to the terrorists during acquisition and use. Most experts agree that few casualties would be likely to result from an RDD attack, generally only among those very close to the device, but many disagree on how attractive an RDD would be to a terrorist. Some assert that the inherent difficulties of handling radioactive material combined with few direct casualties make RDDs less likely terrorist weapons.\textsuperscript{6} Other experts claim that terrorists recognize the potential economic and psychological effects of such a weapon and thus more highly value RDDs as terror weapons.\textsuperscript{7}

### Effects of Low-level Radiation

Experts disagree on the health effects of low-level radiation. This debate centers on the validity of extrapolating to low radiation levels the results from scientific studies conducted at higher radiation levels. Past and current research efforts have not yet led to a definitive conclusion regarding the health effects of low-level radiation.

The Environmental Protection Agency (EPA) supports the approach that radiation related health effects can be extrapolated, i.e. the damage caused by radiation exposure

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\textsuperscript{7} For a discussion of these issues, see CRS Report RS21528, \textit{Terrorist “Dirty Bombs”: A Brief Primer}, by Jonathan Medalia.
is linearly dependent on the intensity of the radiation and exposure to any amount of radiation causes increased health risks, such as an increased probability of developing cancer. In contrast, others, including some professional associations, believe that the linear model may overstate health risks. Some experts maintain that a threshold exists below which minimal or no ill effects occur.

Supporters of the linear model posit that this model should be used in the absence of definitive experimental evidence since it is the more cautious model. Supporters of the threshold model point out that safety and regulatory actions which apply to radiation levels below a threshold are not necessary and may greatly increase remediation costs.

As part of the effort to determine the validity of these models, the federal government funds research into the health effects of radiation exposure through the Department of Energy, the National Aeronautics and Space Administration (NASA), the Department of Defense, and the National Institutes of Health. In 1998, the National Academy of Sciences Board on Radiation Effects Research established an expert panel to assess the currently available scientific literature regarding health effects from low-dose radiation and to develop a risk estimate for exposure to low-dose radiation. The report from this study is expected to be published in December, 2004.

**Medical Countermeasures**

Currently there are few medical countermeasures against RDDs, and they are limited in scope. The Department of Defense (DOD) has identified treatments that ameliorate the symptoms arising after radiation exposure, but do not treat the radiation-exposure-related damage itself. For example, the DOD uses granisetron, an anti-vomiting drug, to allow soldiers to complete mission goals, following which medical treatment of the radiation effects can be provided. Post-exposure medical therapy is designed to treat the consequences of radiation exposure, rather than prevent the initial radiation damage.

Medications designed to ameliorate or prevent the damage caused by radiation exposure are called radioprotectants. Current radioprotectants are intended as pre-exposure treatments, and have limited application if taken after radiation exposure occurs. In clinical settings, radioprotectants may be used during radiation cancer therapy to limit damage to healthy tissue. Many compounds provide some degree of radioprotection, but

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9 For more information about the National Academy of Sciences Board on Radiation Effects Research, see online at [http://www7.nationalacademies.org/brer/].


11 For example, the drug amifostine is licensed for use in cancer radiation therapy. *Radiobiology Research: An Expert Panel Review Conducted by the National Institute of Allergy and Infectious Diseases*, National Institute of Allergy and Infectious Diseases, February 26, 2003.
those compounds with the highest protection have significant side effects.\textsuperscript{12} Also, most compounds with high radioprotection require injection for maximum efficacy. This combination of significant side effects and the need for injection has limited widespread use of these compounds as pretreatments for non-clinical radiation exposure.\textsuperscript{13}

Many current post-exposure therapies remove radioactive contaminants from the body, thereby limiting the total radiation dose. They either block absorption of radioisotopes by internal organs (for example, potassium iodide decreases radioactive iodine uptake by the thyroid gland) or enhance expulsion of radioisotopes through the gastrointestinal tract. Radioisotope scavenging compounds, such as chelators, may be given to those who are internally contaminated with a specific radioisotope to reduce the time that the radioisotope remains in the body.

\textbf{Federal Medical Countermeasure Research.} The federal government sponsors radioprotective research. The DOD has long-standing efforts to develop medications allowing soldiers to work in contaminated environments. For many years, the Walter Reed Army Institute of Research supported an anti-radiation drug development program which provided many candidate radioprotectant molecules.\textsuperscript{14} The Armed Forces Radiobiology Research Institute (AFRRI) is a focal point of defense radiobiology expertise, and performs research and testing of antiradiation drugs as one component of its mission.\textsuperscript{15}

Other federal agencies have been concerned with the development of antiradiation medications as well. The National Institutes of Health have funded research into combination therapies using radioprotective compounds to enhance radiation treatment for cancer patients. In 2003, the National Institute of Allergy and Infectious Disease organized an expert panel to review and identify areas where specific gaps in RDD-related radiation research and development occur and to generate research priorities to address these gaps.\textsuperscript{16} NASA has explored mechanisms of protecting astronauts against radiation in space.\textsuperscript{17} The Department of Energy is interested in developing treatments and

\begin{itemize}
\item \textsuperscript{12} For an overview of radioprotective compounds, see Leo I. Giambarresi and Richard I. Walker, “Prospects for Radioprotection,” in R. I. Walker and T. J. Cerveny (eds), \textit{Textbook of Military Medicine: Medical Consequences of Nuclear Warfare}, (Falls Church, VA: TMM Publications, Office of the Surgeon General, Department of the Army) 1989, Chapter 11.
\item \textsuperscript{13} For example, in 1997, it was recommended to the Department of Energy that amifostine, a radioprotectant, not be used during planned-for radiation exposures during emergencies because of its side effects. Joseph F. Weiss, “Pharmacologic Approaches to Protection against Radiation-induced Lethality and Other Damage,” \textit{Environmental Health Perspectives}, Vol. 105, Supplement 6, December 1997, pp. 1473-1478.
\item \textsuperscript{14} Leo I. Giambarresi and Richard I. Walker, \textit{op. cit.}
\item \textsuperscript{15} For more information on the Armed Forces Radiobiology Research Institute, see online at [http://www.afri.usuhs.mil/].
\item \textsuperscript{16} Division of Microbiology and Infectious Diseases, National Institute of Allergy and Infectious Diseases, \textit{Radiobiology Research: An Expert Panel Review Conducted by the National Institute of Allergy and Infectious Diseases}, February 26, 2003.
\item \textsuperscript{17} In addition to research on physical shielding of astronauts, NASA has funded research into
\end{itemize}
protector measures for DOE personnel following a radiation or radioisotope release, and maintains a select inventory of Investigational New Drug medical countermeasures.\(^\text{18}\)  

Among the research activities sponsored by the federal government are several public/private partnerships involving cooperative research and development agreements (CRADAs). These CRADAs allow for joint development of prospective medications between federal agencies and private companies. For example, Hollis-Eden Pharmaceuticals entered into a CRADA agreement with Uniformed Services University of the Health Sciences to develop a prospective radioprotectant drug.\(^\text{19}\)  

**Radiological Contamination**  

Some experts believe that the economic and psychological effects from an RDD attack would outweigh the direct medical costs. These experts, weighing the current guidelines on radiological contamination and the degree of dispersal expected with a successful RDD attack, state that an RDD attack could contaminate large areas. Because the dispersal of radiological material would likely be uneven, the level of radiation in different areas would vary depending on meteorological factors, such as wind speed and precipitation.  

Some models of an RDD event have suggested that the release of finely ground radiological material might contaminate many city blocks to a level higher than the current EPA standard.\(^\text{20}\) Other analysts suggest such models exaggerate the seriousness of such contamination because they are based on the linear, no-threshold radiation standard. They claim that this level of decontamination would not be appropriate for use following an RDD attack, and contend that some inhabited areas have naturally occurring background levels of radiation that are higher than the level that would be required under current EPA regulations.

**Oversight Issues**  

**RDD-related Research.** A matter of some contention is whether the threat of terrorist RDD use justifies an expansion of federally funded research on anti-radiation therapies. The Department of Health and Human Services has requested for FY2005 $47 million for research activities specifically targeted at medical countermeasures to nuclear

\(^{17}\) (...continued)

medical countermeasures through the Office of Biological and Physical Research, found online at [http://spaceresearch.nasa.gov/].

\(^{18}\) For more information see the Radiation Emergency Assistance Center/Training Site program, found online at [http://tis.eh.doe.gov/health/hservices/reacts.html].

\(^{19}\) Written testimony of Richard B. Hollis, Founder, Chairman and Chief Executive Officer, of Hollis-Eden Pharmaceuticals, before the House Armed Services Committee, Subcommittee on Military Research and Development, March 12, 2002.

\(^{20}\) See, for example, Testimony of Dr. Henry Kelly, President, Federation of American Scientists, before the Senate Committee on Foreign Relations, March 6, 2002.
and radiological terrorism.  

The development of effective medical countermeasures to an RDD attack might have significant health benefits by reducing the number of casualties. This might act as a disincentive to terrorist acquisition of such weapons. Health effects from radiological dispersal may vary widely and some analysts assert that the major damage from an RDD attack would likely be economic in nature. Additional investment in medical countermeasures would not necessarily reduce such damage.  

Federal efforts in developing medical RDD countermeasures might serve to reduce the psychological aspects of an RDD attack. Validated medical countermeasures might reduce public panic and concern about the exposure of first responders to radiation during treatment of casualties. Alternately, a similar reduction in the psychological impact of an RDD attack might be achieved through continuing public outreach campaigns.

**Decontamination Standards.** Whether new decontamination standards should be developed for RDD terrorist incidents may become an area of congressional interest. The Department of Homeland Security is reportedly assessing current radiological decontamination standards. Interest may center on determination of what criteria are used to evaluate existing radiological decontamination standards and what criteria might be used to establish any new standards for decontamination following an RDD attack.

Some analysts claim that the decontamination standards for radiological cleanup are too low, and that much of the cost associated with an RDD attack would come from removal of radiological material that has little health impact. They assert that the required decontamination under current standards would likely create large amounts of waste. Contaminated buildings might need to be destroyed and the rubble removed. Others view the EPA standard as ensuring that no adverse health effects arise from long-term exposure to RDD residue. Also, as experts claim an RDD attack would have a significant psychological component due to public anxiety about radiation exposure, even if the radiation exposure is so low as to not cause acute health effects, adherence to a stricter standard might be necessary for public confidence.

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24 The Committee on Science, Subcommittee on Energy and Environment, held an oversight hearing on this topic titled “Reexamining the Scientific Basis for the Linear No-Threshold Model of Low-dose Radiation” during the 106th Congress on July 18, 2000.