AWARD NUMBER: W81XWH-16-1-0521

TITLE: Treatment of Memory Disorders in Gulf War Illness with High-Definition Transcranial Direct Cortical Stimulation

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PREPARED FOR: U.S. Army Medical Research and Materiel Command
Fort Detrick, Maryland 21702-5012

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The present study consists of the application of 1 ma anodal HD tDCS over the preSMA for 20 minutes a session for 10 sessions over a two week period will lead to improvement in verbal retrieval that will be detectable in both performance measures of verbal retrieval tasks and in ERP markers of verbal retrieval processing. Our objective is to determine if 10 sessions of 1 ma anodal HD tDCS to the preSMA for 20 minutes a session are an effective treatment for verbal retrieval deficits in GWI. We have established the research team, laboratory setting, obtained approval of all regulatory documents for the study, and established recruiting procedures. We have screened 14 subjects for the study and enrolled 3 subjects in the baseline testing and treatment phase of the study.

Gulf War Illness; High Definition Transcranial Direct Current Stimulation; word finding; semantic memory
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1. **INTRODUCTION:** Narrative that briefly (one paragraph) describes the subject, purpose and scope of the research.

The present study consists of the application of 1 ma anodal HD tDCS over the preSMA for 20 minutes a session for 10 sessions over a two week period will lead to improvement in verbal retrieval that will be detectable in both performance measures of verbal retrieval tasks and in ERP markers of verbal retrieval processing. Our objective is to determine if 10 sessions of 1 ma anodal HD tDCS to the preSMA for 20 minutes a session are an effective treatment for verbal retrieval deficits in GWI. The target number of subjects to enroll is 80.

2. **KEYWORDS:** Provide a brief list of keywords (limit to 20 words).

Gulf War Illness; High Definition Transcranial Direct Current Stimulation; word finding; semantic memory

3. **ACCOMPLISHMENTS:** The PI is reminded that the recipient organization is required to obtain prior written approval from the awarding agency Grants Officer whenever there are significant changes in the project or its direction.

**What were the major goals of the project?**

*List the major goals of the project as stated in the approved SOW. If the application listed milestones/target dates for important activities or phases of the project, identify these dates and show actual completion dates or the percentage of completion.*

- Approval of Regulatory Documents for use of HD tDCS in Therapeutic Setting (1 year). This has been 100% completed.
- Recruiting and Screening Patients for the Study (3.5 years to complete starting in second half of first year). This has been 10% completed.
- Performing Pre-Treatment Assessments (3.5 years to complete starting in second half of first year). This has been 4% completed.
- Performing HD tDCS vs. Sham HD tDCS Treatment (3.5 years to complete starting in second half of first year). This has been 4% completed.
- Perform Follow-up Neuropsychological and EEG Studies of Treatment Effect (2.5 years to complete starting in year 2). This has not started yet, but we have one subject completed.
- Data Analyses (1.5 years to complete starting in second half of year 3). This has not started yet.
- Dissemination of Findings - Manuscript and Report Preparation (1.5 years to complete starting in second half of year 3). This has not started yet.

**What was accomplished under these goals?**

*For this reporting period describe: 1) major activities; 2) specific objectives; 3) significant results or key outcomes, including major findings, developments, or conclusions (both positive and negative); and/or 4) other achievements. Include a discussion of stated goals not met. Description shall include pertinent data and graphs in sufficient detail to explain any significant results achieved. A succinct description of the methodology used shall be provided. As the project progresses to completion, the emphasis in reporting in this section should shift from reporting activities to reporting accomplishments.*
1. Approval of Regulatory Documents for use of HD tDCS in Therapeutic Setting (1 year). This has been **100% completed**.
2. Recruiting and Screening Patients for the Study (3.5 years to complete starting in second half of first year). This has been **10% completed**.
3. Performing Pre-Treatment Assessments (3.5 years to complete starting in second half of first year). This has been **4% completed**
4. Performing HD tDCS vs. Sham HD tDCS Treatment (3.5 years to complete starting in second half of first year). This has been **4% completed**

**What opportunities for training and professional development has the project provided?**
*If the project was not intended to provide training and professional development opportunities or there is nothing significant to report during this reporting period, state “Nothing to Report.”*

Describe opportunities for training and professional development provided to anyone who worked on the project or anyone who was involved in the activities supported by the project. “Training” activities are those in which individuals with advanced professional skills and experience assist others in attaining greater proficiency. Training activities may include, for example, courses or one-on-one work with a mentor. “Professional development” activities result in increased knowledge or skill in one’s area of expertise and may include workshops, conferences, seminars, study groups, and individual study. Include participation in conferences, workshops, and seminars not listed under major activities.

Under 1. Approval of Regulatory Documents for use of HD tDCS in Therapeutic Setting, Tasks 3-5 consisted of training of staff in EEG and HD tDCS usage as well as training in recruiting procedures and regulatory issues. Training in these tasks has been successfully completed.

**How were the results disseminated to communities of interest?**
*If there is nothing significant to report during this reporting period, state “Nothing to Report.”*

Describe how the results were disseminated to communities of interest. Include any outreach activities that were undertaken to reach members of communities who are not usually aware of these project activities, for the purpose of enhancing public understanding and increasing interest in learning and careers in science, technology, and the humanities.

Nothing to Report.
What do you plan to do during the next reporting period to accomplish the goals?
If this is the final report, state “Nothing to Report.”

Describe briefly what you plan to do during the next reporting period to accomplish the goals and objectives.

Continue to 2. Recruit and Screen Patients, 3. Perform Pre-Treatment Assessments, 4. Perform HD tDCS vs. Sham HD tDCS Treatment, and 5. Perform Follow-up Neuropsychological and EEG Studies of Treatment Effects. These will all be performed to meet target recruitments.

4. IMPACT: Describe distinctive contributions, major accomplishments, innovations, successes, or any change in practice or behavior that has come about as a result of the project relative to:

What was the impact on the development of the principal discipline(s) of the project?
If there is nothing significant to report during this reporting period, state “Nothing to Report.”

Describe how findings, results, techniques that were developed or extended, or other products from the project made an impact or are likely to make an impact on the base of knowledge, theory, and research in the principal disciplinary field(s) of the project. Summarize using language that an intelligent lay audience can understand (Scientific American style).

Nothing to Report

What was the impact on other disciplines?
If there is nothing significant to report during this reporting period, state “Nothing to Report.”

Describe how the findings, results, or techniques that were developed or improved, or other products from the project made an impact or are likely to make an impact on other disciplines.

Nothing to Report
What was the impact on technology transfer?
If there is nothing significant to report during this reporting period, state “Nothing to Report.”

Describe ways in which the project made an impact, or is likely to make an impact, on commercial technology or public use, including:
- transfer of results to entities in government or industry;
- instances where the research has led to the initiation of a start-up company; or
- adoption of new practices.

Nothing to Report

What was the impact on society beyond science and technology?
If there is nothing significant to report during this reporting period, state “Nothing to Report.”

Describe how results from the project made an impact, or are likely to make an impact, beyond the bounds of science, engineering, and the academic world on areas such as:
- improving public knowledge, attitudes, skills, and abilities;
- changing behavior, practices, decision making, policies (including regulatory policies), or social actions; or
- improving social, economic, civic, or environmental conditions.

Nothing to Report

5. CHANGES/PROBLEMS: The Project Director/Principal Investigator (PD/PI) is reminded that the recipient organization is required to obtain prior written approval from the awarding agency Grants Officer whenever there are significant changes in the project or its direction. If not previously reported in writing, provide the following additional information or state, “Nothing to Report,” if applicable:
Changes in approach and reasons for change
Describe any changes in approach during the reporting period and reasons for these changes. Remember that significant changes in objectives and scope require prior approval of the agency.

We will continue expansion of our recruitment efforts to VSOs and social media websites in effort to increase the number of individuals screened. These efforts so far have led to a notable increase in individuals screened. What has been noted as an impediment to enrolling in the treatment phase of the study by those screened who have not yet enrolled is the number of consecutive daily sessions of the HD tDCS treatments. Ten sessions on consecutive weekdays for 2 weeks has been cited as an obstacle to enrollment. Additionally, with the number of sessions, travel time has also been noted as an issue. We are now offering flexible scheduling (including after-work hours scheduling) to facilitate ease of participation.

Actual or anticipated problems or delays and actions or plans to resolve them
Describe problems or delays encountered during the reporting period and actions or plans to resolve them.

Recent moving of the laboratory to a new space has led to a slight delay in recruitment and enrollment. In addition, the original coordinator for the project choose to leave the project and a new coordinator had to be recruited and trained. He also revised and improved on the recruiting procedures for study participants that has led to a notably increased rate of screening and enrollment. With the new laboratory established, coordinator in place, and new recruiting procedures, we are now effectively screening and enrolling subjects.

Changes that had a significant impact on expenditures
Describe changes during the reporting period that may have had a significant impact on expenditures, for example, delays in hiring staff or favorable developments that enable meeting objectives at less cost than anticipated.

Nothing to Report

Significant changes in use or care of human subjects, vertebrate animals, biohazards, and/or select agents
Describe significant deviations, unexpected outcomes, or changes in approved protocols for the use or care of human subjects, vertebrate animals, biohazards, and/or select agents during the reporting period. If required, were these changes approved by the applicable institutional review board or equivalent, and reported to the agency? Also specify the applicable institutional review board/institutional animal care and use committee approval dates.
6. **PRODUCTS:** List any products resulting from the project during the reporting period. If there is nothing to report under a particular item, state “Nothing to Report.”

- **Publications, conference papers, and presentations**
  Report only the major publication(s) resulting from the work under this award.

  **Journal publications.** List peer-reviewed articles or papers appearing in scientific, technical, or professional journals. Identify for each publication: Author(s); title;
journal; volume; year; page numbers; status of publication (published; accepted, awaiting publication; submitted, under review; other); acknowledgement of federal support (yes/no).

Nothing to Report

Books or other non-periodical, one-time publications. Report any book, monograph, dissertation, abstract, or the like published as or in a separate publication, rather than a periodical or series. Include any significant publication in the proceedings of a one-time conference or in the report of a one-time study, commission, or the like. Identify for each one-time publication: Author(s); title; editor; title of collection, if applicable; bibliographic information; year; type of publication (e.g., book, thesis or dissertation); status of publication (published; accepted, awaiting publication; submitted, under review; other); acknowledgement of federal support (yes/no).

Nothing to Report

Other publications, conference papers, and presentations. Identify any other publications, conference papers and/or presentations not reported above. Specify the status of the publication as noted above. List presentations made during the last year (international, national, local societies, military meetings, etc.). Use an asterisk (*) if presentation produced a manuscript.

Nothing to Report
• **Website(s) or other Internet site(s)**  
  *List the URL for any Internet site(s) that disseminates the results of the research activities. A short description of each site should be provided. It is not necessary to include the publications already specified above in this section.*

  Nothing to Report

• **Technologies or techniques**  
  *Identify technologies or techniques that resulted from the research activities. In addition to a description of the technologies or techniques, describe how they will be shared.*

  Nothing to Report

• **Inventions, patent applications, and/or licenses**  
  *Identify inventions, patent applications with date, and/or licenses that have resulted from the research. State whether an application is provisional or non-provisional and indicate the application number. Submission of this information as part of an interim research performance progress report is not a substitute for any other invention reporting required under the terms and conditions of an award.*

  Nothing to Report

• **Other Products**  
  *Identify any other reportable outcomes that were developed under this project. Reportable outcomes are defined as a research result that is or relates to a product, scientific advance, or research tool that makes a meaningful contribution toward the understanding, prevention, diagnosis, prognosis, treatment, and/or rehabilitation of a disease, injury or condition, or to improve the quality of life. Examples include:*
- data or databases;
- biospecimen collections;
- audio or video products;
- software;
- models;
- educational aids or curricula;
- instruments or equipment;
- research material (e.g., Germplasm; cell lines, DNA probes, animal models);
- clinical interventions;
- new business creation; and
- other.

7. PARTICIPANTS & OTHER COLLABORATING ORGANIZATIONS

What individuals have worked on the project?
Provide the following information for: (1) PDs/PIs; and (2) each person who has worked at least one person month per year on the project during the reporting period, regardless of the source of compensation (a person month equals approximately 160 hours of effort). If information is unchanged from a previous submission, provide the name only and indicate “no change.”

Example:

<table>
<thead>
<tr>
<th>Name:</th>
<th>Mary Smith</th>
</tr>
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<tbody>
<tr>
<td>Project Role:</td>
<td>Graduate Student</td>
</tr>
<tr>
<td>Researcher Identifier (e.g. ORCID ID):</td>
<td>1234567</td>
</tr>
<tr>
<td>Nearest person month worked:</td>
<td>5</td>
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Contribution to Project: Ms. Smith has performed work in the area of combined error-control and constrained coding.

Funding Support: The Ford Foundation (Complete only if the funding support is provided from other than this award).

Nothing to Report
Name: John Hart, Jr.
Project Role: PI
Research Identifier: 3-3919-8125 (Orcid)
Nearest person month worked: 1
Contribution to Project: Oversees the project.

Name: Robert Haley
Project Role: Sub-contract PI
Research Identifier: 1-8849-9579 (Orcid)
Nearest person month worked: 1
Contribution to Project: Subject classification and recruitment.

Name: Sven Vanneste
Project Role: Co-I
Research Identifier: 2-9906-1836 (Orcid)
Nearest person month worked: 2
Contribution to Project: He oversees the HD tDCS stimulation aspects of the study.

Name: Jeffrey Spence
Project Role: Co-I
Nearest person month worked: 2
Contribution to the Project: Statistical support

Name: Michael Motes
Project Role: Co-I
Nearest person month worked: 3
Contribution to the Project: Oversees EEG aspects of the study.

Name: Julie Frattoni
Project Role: Graduate Research Assistant
Nearest person month worked: 6
Contribution to Project: Assists in the administration of testing and assessments, EEG studies, and HD tDCS administration.

Name: Matthew Martin
Project Role: Study Co-ordinator
Nearest person month worked: 5
Contribution to Project: He performed with Drs. Hart and Vanneste the HD tDCS administration, performed the testing of the subjects (with the assistance of the graduate student), and assisted with EEGs.

Scott Shakal
Project Role: Study Co-ordinator
Nearest person month worked: 2
Contribution to Project: He performed with Drs. Hart and Vanneste the HD tDCS administration, performed the testing of the subjects (with the assistance of the graduate student), and assisted with EEGs.

Name: Deborah Modesette
Project Role: Study Co-ordinator
Nearest person month worked: 3
Contribution to Project: Located current telephone numbers, contacted, and monitored the enrollment process for the subjects.
If the active support has changed for the PD/PI(s) or senior/key personnel, then describe what the change has been. Changes may occur, for example, if a previously active grant has closed and/or if a previously pending grant is now active. Annotate this information so it is clear what has changed from the previous submission. Submission of other support information is not necessary for pending changes or for changes in the level of effort for active support reported previously. The awarding agency may require prior written approval if a change in active other support significantly impacts the effort on the project that is the subject of the project report.

| Nothing to Report |

What other organizations were involved as partners?
If there is nothing significant to report during this reporting period, state “Nothing to Report.”

Describe partner organizations – academic institutions, other nonprofits, industrial or commercial firms, state or local governments, schools or school systems, or other organizations (foreign or domestic) – that were involved with the project. Partner organizations may have provided financial or in-kind support, supplied facilities or equipment, collaborated in the research, exchanged personnel, or otherwise contributed.

Provide the following information for each partnership:

- **Organization Name:**
- **Location of Organization:** (if foreign location list country)
- **Partner’s contribution to the project** (identify one or more)
  - Financial support;
  - In-kind support (e.g., partner makes software, computers, equipment, etc., available to project staff);
  - Facilities (e.g., project staff use the partner’s facilities for project activities);
  - Collaboration (e.g., partner’s staff work with project staff on the project);
  - Personnel exchanges (e.g., project staff and/or partner’s staff use each other’s facilities, work at each other’s site); and
  - Other.

| UTSW Department of Epidemiology  
6000 Harry Hines Blvd.  
Dallas, TX 75235  
Collaboration: Subject recruiting and enrollment |

8. **SPECIAL REPORTING REQUIREMENTS**

**COLLABORATIVE AWARDS:** For collaborative awards, independent reports are required from BOTH the Initiating PI and the Collaborating/Partnering PI. A duplicative report is acceptable; however, tasks shall be clearly marked with the responsible PI and research site. A report shall be submitted to [https://ers.amedd.army.mil](https://ers.amedd.army.mil) for each unique award.
QUAD CHARTS: If applicable, the Quad Chart (available on https://www.usamraa.army.mil) should be updated and submitted with attachments.

9. APPENDICES: Attach all appendices that contain information that supplements, clarifies or supports the text. Examples include original copies of journal articles, reprints of manuscripts and abstracts, a curriculum vitae, patent applications, study questionnaires, and surveys, etc.